

T01 60mH U15G Heat 1

Posn	Name	Club	Perf
1	Emma Douras	Wolves & Bilston	10.12
2	Keziah Rust	Cheltenham & C H	10.24
3	Sara Bobash	Wolves & Bilston	10.53
4	Victoria Stokes	Cannock & Stafford	10.59

T01 60mH U15G Heat 2

Posn	Name	Club	Perf
1	Sarah Douras	Wolves & Bilston	10.45
2	Liberty Thornton	Cannock & Stafford	10.55
3	Simone Thompson-Smith	Cannock & Stafford	11.26
4	Amandeep Nagra	B'ham Rowheath	12.38

T02 60mH U17W Heat 1

Posn	Name	Club	Perf
1	Molly Bagworth	Coventry Godiva	9.53

T04 60mH U17M Heat 1

Posn	Name	Club	Perf
1	David Guest	Bridgend AC	8.34

T05 60mH U20M Heat 1

Posn	Name	Club	Perf
1	Ryan Farrington	Birchfield H	9.21

T06 60mH SM Heat 1

Posn	Name	Club	Perf
1	Darren Lewis	Wolves & Bilston	8.64

T07 60m U15B Heat 1

Posn	Name	Club	Perf
1	Nathan Wade	Birchfield H	7.55

T08 60m U15G Heat 1

Posn	Name	Club	Perf
1	Ann Ika-Oqua	Wolves & Bilston	8.11
2	Jodie Harrison	Wolves & Bilston	8.66
3	Antonia Vidal	Wolves & Bilston	8.71
4	Amy Jones Morris	Wolves & Bilston	9.19

T08 60m U15G Heat 2

Posn	Name	Club	Perf
1	Sadie Forrester-Hayles	Tipton H	8.53
2	Keziah Rust	Cheltenham & C H	8.56
3	Daisy Perrey	Cannock & Stafford	8.61
4	Victoria Stokes	Cannock & Stafford	9.14

T08 60m U15G Heat 3

Posn	Name	Club	Perf
1	Megan Humphreys	Cannock & Stafford	8.90
2	Hayley Flavell	Tipton H	9.25
3	Liberty Thornton	Cannock & Stafford	9.38
4	Simone Thompson-Smith	Cannock & Stafford	9.68

T09 60m U17W Heat 1

Posn	Name	Club	Perf
1	Milly Kellyman	Tamworth AC	8.19
2	Karina Jakovenko	Birchfield H	8.23
3	Gemma Smith	Cannock & Stafford	8.31
4	Kirstie Overfield	Dudley & S'bridge	8.38

T10 60m U17M Heat 1

Posn	Name	Club	Perf
1	David Guest	Bridgend AC	7.5
2	Nvetey Ayeh	B'ham Rowheath	7.7
3	Jordan Russell	B'ham Rowheath	7.7
4	Shane Henry	Birchfield H	7.9

T10 60m U17M Heat 2

Posn	Name	Club	Perf
1	Peter Watling	Wolves & Bilston	7.46
2	Adam Foxall	Dudley & S'bridge	7.54
3	Zac Jarvis	Chelteneham	7.82
4	Jake Clowsley	Wolves & Bilston	7.96

T11 60m U20W Heat 1

Posn	Name	Club	Perf
1	Shelley Went	Leamington AC	7.96
2	Sarah Weaver	Hereford & Co AC	8.12
3	Leyoni Massop	Wolves & Bilston	8.51
4	Nadia Bobash	Wolves & Bilston	8.71
5	Hardeep Koonar	Wolves & Bilston	9.27

T12 60m U20M Heat 1

Posn	Name	Club	Perf
1	Ryan Farrington	Birchfield H	7.05
2	Matthew Parnell	Birchfield H	7.30
3	Tino Dummett	Telford AC	7.43
4	Colaine McLeish	Wolves & Bilston	7.53
5	James Traves	Telford AC	7.93

T13 60m SM Heat 1

Posn	Name	Club	Perf
1	Antoe Walters	Birchfield H	7.11
2	Stewart Marshall	Coventry Godiva	7.19
3	Jeremy Odametey	Herne Hill H	7.39
4	Jeavon Nicely	Birchfield H	7.70

T13 60m SM Heat 2

Posn	Name	Club	Perf
1	Konrad Katarzynski	Birchfield H	7.44
2	Darren Lewis	Wolves & Bilston	7.49
3	Martin White	Mansfield H	7.61

T16 60mH U17M Heat 1

Posn	Name	Club	Perf
1	David Guest	Bridgend AC	8.33

T19 60mH U15G Heat 1

Posn	Name	Club	Perf
1	Emma Douras	Wolves & Bilston	9.98
2	Keziah Rust	Cheltenham & C H	10.34
3	Sarah Douras	Wolves & Bilston	10.72

T19 60mH U15G Heat 2

Posn	Name	Club	Perf
1	Sara Bobash	Wolves & Bilston	10.45
2	Liberty Thornton	Cannock & Stafford	10.96
3	Simone Thompson-Smith	Cannock & Stafford	11.44

T20 60m SM Heat 1

Posn	Name	Club	Perf
1	Stewart Marshall	Coventry Godiva	7.19
2	Antoe Walters	Birchfield H	7.19

T20 60m SM Heat 2

Posn	Name	Club	Perf
1	Jeremy Odametey	Herne Hill H	7.37
2	Konrad Katarzynski	Birchfield H	7.40

T20 60m SM Heat 3

Posn	Name	Club	Perf
1	Martin White	Mansfield H	7.57
2	Jeavon Nicely	Birchfield H	7.85

T21 60m U20M Heat 1

Posn	Name	Club	Perf
1	Ryan Farrington	Birchfield H	6.97
2	Matthew Parnell	Birchfield H	7.25

T21 60m U20M Heat 2

Posn	Name	Club	Perf
1	Tino Dummett	Telford AC	7.39

T21 60m U20M Heat 3

Posn	Name	Club	Perf
1	Colaine McLeish	Wolves & Bilston	7.49
2	James Traves	Telford AC	7.66

T22 60m U20W Heat 1

Posn	Name	Club	Perf
1	Leyoni Massop	Wolves & Bilston	8.59
2	Nadia Bobash	Wolves & Bilston	8.62
3	Hardeep Koonar	Wolves & Bilston	9.36

T23 60m U17M Heat 1

Posn	Name	Club	Perf
1	Peter Watling	Wolves & Bilston	7.39
2	David Guest	Bridgend AC	7.56
3	Nvetey Ayeh	B'ham Rowheath	7.74

T23 60m U17M Heat 2

Posn	Name	Club	Perf
1	Jordan Russell	B'ham Rowheath	7.67
2	Shane Henry	Birchfield H	7.76
3	Zac Jarvis	Chelteneham	7.85

T24 60m U17W Heat 1

Posn	Name	Club	Perf
1	Milly Kellyman	Tamworth AC	8.20
2	Karina Jakovenko	Birchfield H	8.21
3	Gemma Smith	Cannock & Stafford	8.34
4	Kirstie Overfield	Dudley & S'bridge	8.37

T25 60m U15B Heat 1

Posn	Name	Club	Perf
1	Nathan Wade	Birchfield H	7.57

T26 60m U15G Heat 1

Posn	Name	Club	Perf	
1	Ann Ika-Oqua	Wolves & Bilston	8.18	
2	Keziah Rust	Cheltenham & C H	8.64	pb
3	Sadie Forrester-Hayles	Tipton H	8.65	
4	Daisy Perrey	Cannock & Stafford	9.01	pb

T26 60m U15G Heat 2

Posn	Name	Club	Perf
1	Jodie Harrison	Wolves & Bilston	8.67
2	Megan Humphreys	Cannock & Stafford	8.81
3	Antonia Vidal	Wolves & Bilston	8.92
4	Hayley Flavell	Tipton H	9.26

F01 LJ SW Final

Posn	Name	Club	Perf
1	Linzi Robinson	Nuneaton H	5.47

F02 LJ U20W Final

Posn	Name	Club	Perf
1	Racene Reid	Wolves & Bilston	5.05
2	Hardeep Koonar	Wolves & Bilston	4.35

F03 LJ U17W Final

Posn	Name	Club	Perf	
1	Karina Jakovenko	Birchfield H	5.16	pb
2	Gemma Smith	Cannock & Stafford	4.86	

F04 LJ U15G Final

Posn	Name	Club	Perf
1	Sarah Douras	Wolves & Bilston	4.53
2	Amy Jones Morris	Wolves & Bilston	4.49
3	Jodie Harrison	Wolves & Bilston	4.24

F05 PV U17M Final

Posn	Name	Club	Perf
1	Mark Cooper	City of Stoke	3.60

F06 PV U15B Final

Posn	Name	Club	Perf
1	Adam Cooper	City of Stoke	2.10

pb

F07 PV U15G Final

Posn	Name	Club	Perf
1	Rhianydd Llewellyn	Bridgend AC	2.90

W40

F08 PV SW Final

Posn	Name	Club	Perf
1	Jo Isbill	Ryston Runners	2.40

F10 HJ U20M Final

Posn	Name	Club	Perf
1	Mark Brown	Coventry Godiva	1.90

F11 HJ U17M Final

Posn	Name	Club	Perf
1	Jite Okoro	Birchfield H	1.90

F16 LJ SM Final

Posn	Name	Club	Perf
1	Konrad Katarzynski	Birchfield H	6.83
2	Jeremy Odametey	Herne Hill H	6.71
3	Michael McKernan	Birchfield H	6.38
4	Anthony Stewart	Birchfield H	6.14
5	Jeavon Nicely	Birchfield H	6.13

F17 LJ U20M Final

Posn	Name	Club	Perf
1	Matthew Parnell	Birchfield H	6.43

F18 LJ U17M Final

Posn	Name	Club	Perf
1	David Guest	Bridgend AC	6.48
2	Daniel Wilson	Nuneaton H	5.60

F20 Discus SM Final

Posn	Name	Club	Perf
1	John Twiddle	K'ston upon Hull	36.02

F21 Discus U17W Final

Posn	Name	Club	Perf
1	Jane Bourne	Cannock & Stafford	24.24
2	Charlotte Russell	Wolves & Bilston	16.71

F22 Shot SM Final

Posn	Name	Club	Perf
1	Alex Berrow	Tamworth AC	10.90
2	John Twiddle	K'ston upon Hull	10.04

F23 Shot U17M Final

Posn	Name	Club	Perf
1	Reece Thomas	Birchfield H	15.87

F24 Shot U20W Final

Posn	Name	Club	Perf
1	Rachel Wallader	Rugby & N	12.71

F25 Shot U17W Final

Posn	Name	Club	Perf
1	Jane Bourne	Cannock & Stafford	7.93