

**Men 100m (A string)**

1	Joel Fearon	Coventry	10.9
2	Sam Cordin	Mansfield	11.2
3	Richard Porter	City of Stoke	11.5
4	Adam Storer	Rugby/North	11.6
5	Simon Plaskitt	Cheltenham	11.6
6	Greg Richards	Tamworth	11.7

**Men 100m (B string)**

1	Stewart Marshall	Coventry	11.1
2	Matthew Woolley	Mansfield	11.5
3	Adam Smith	Tamworth	11.5
4	Martin Chomanicz	City of Stoke	11.6
5	William Merrett	Cheltenham	11.8
6	Tobias White	Rugby/North	12.0

**Men 200m (A string)**

1	Sam Cordin	Mansfield	22.0
2	Stewart Marshall	Coventry	22.1
3	Simon Plaskitt	Cheltenham	22.6
4	Richard Porter	City of Stoke	22.6
5	Adam Storer	Rugby/North	22.7
6	Greg Richards	Tamworth	22.9

**Men 200m (B string)**

1	Joel Fearon	Coventry	22.4
2	William Merrett	Cheltenham	23.3
3	Martin White	Mansfield	23.6
4	Martin Chomanicz	City of Stoke	23.8
5	Neil Rudd	Tamworth	24.6
6	Tobias White	Rugby/North	25.1

**Men 400m (A string)**

1	John Merrett	Cheltenham	50.5
2	Paul Wright	Mansfield	50.5
3	Jamie Downes	Rugby/North	50.7
4	Liam Tracy	City of Stoke	51.1
5	Thomas Challis	Tamworth	53.5
6	Robert Barker-Davies	Coventry	55.0

**Men 400m (B string)**

1	Martin Cook	Mansfield	50.9
2	Ian Barough	Cheltenham	51.5
3	Chris Lamb	Rugby/North	53.7
4	Andrew Boon	Coventry	53.8
5	Matthew Sinclair	City of Stoke	57.8
6	Matthew James	Tamworth	59.8

**Total Scores**

Position	Team	Points
1	City of Stoke	356.7
1	Mansfield	356.7
3	Coventry	336
4	Rugby/North	285.7
5	Tamworth	269.7
6	Cheltenham	163

**Mens Scores**

Position	Team	Points
1	Mansfield	180
2	Coventry	179
2	Rugby/North	179
4	City of Stoke	178
5	Tamworth	125
6	Cheltenham	101

**Womens Scores**

Position	Team	Points
1	City of Stoke	163.7
2	Mansfield	161.7
3	Coventry	142
4	Tamworth	129.7
5	Rugby/North	101.7
6	Cheltenham	47

**Officials Points**

Team Name	Points
City of Stoke	15
Mansfield	15
Coventry	15
Rugby/North	5
Tamworth	15
Cheltenham	15

**Men 110m H (A string)**

1	James Dohnal	City of Stoke	15.9
2	Stefan Wilcockson	Mansfield	16.0
3	Andrew Reeves	Rugby/North	19.0
4	Matthew James	Tamworth	20.5
5	Michael Thompson	Coventry	24.3
6	Tony Noel	Cheltenham	26.2

**Men 110m H (B string)**

1	Ian Gidley	Rugby/North	18.7
2	Neil Rudd	Tamworth	20.7
3	Atsuo Nakagawa	Coventry	21.1

**Men 400m H (A string)**

1	Stefan Wilcockson	Mansfield	56.6
2	John Bell	Rugby/North	57.1
3	Robert Barker-Davies	Coventry	57.5
4	Matthew James	Tamworth	61.9
5	Tony Noel	Cheltenham	70.0
6	Liam Tracy	City of Stoke	71.7

**Men 400m H (B string)**

1	Andrew Boon	Coventry	58.5
2	James Eaton	Rugby/North	59.1
3	Neil Rudd	Tamworth	66.6
4	Matthew Sinclair	City of Stoke	70.3

**Men 800m (A string)**

1	Stephen Emery	Rugby/North	1:56.1
2	Simon King	Tamworth	1:57.7
3	Andy Prophet	Cheltenham	2:00.8
4	Michael Mumford	Mansfield	2:05.5
5	Harvey Speed	Coventry	2:10.2
6	Josh Berrisford	City of Stoke	2:18.1

**Men 800m (B string)**

1	Chris Lamb	Rugby/North	2:00.6
2	Carl Shubotham	City of Stoke	2:01.8
3	Tom Grimley	Coventry	2:02.5
4	Corin Hughes	Cheltenham	2:03.3
5	Paul Tasker	Tamworth	2:07.9

**Men 1500m (A string)**

1	Henry Hammond	Coventry	4:04.1
2	Stephen Emery	Rugby/North	4:06.6
3	Jonathan Norris	Cheltenham	4:08.1
4	Rob Cook	City of Stoke	4:21.1
5	Douglas Ross	Mansfield	4:43.0

**Men 1500m (B string)**

1	Alistair Smith	Coventry	4:12.6
2	Mark Norris	Cheltenham	4:16.7
3	Carl Shubotham	City of Stoke	4:25.3
4	Michael Mumford	Mansfield	4:26.3
5	Marcin Sankiewicz	Rugby/North	4:30.3

**Men 5000m (A string)**

1	Matthew Lole	Coventry	15:01.3
2	Jeremy Bradley	Cheltenham	15:23.1
3	Stuart Nelson	Rugby/North	16:12.5
4	Steven Bazell	City of Stoke	16:18.0
5	Thomas Orton	Tamworth	16:59.6
6	Doug Ross	Mansfield	17.17.7

**Men 5000m (B string)**

1	Ryan Keeny	Coventry	15:25.5
2	Russell Forsbrook	Cheltenham	16:14.2
3	Paul Birch	Rugby/North	16:20.7
4	David Lee	City of Stoke	18:09.8
5	Steve Davies	Mansfield	18:25.5

**Men 2000m s/c (A string)**

1	Steven Bazell	City of Stoke	6:46.8
2	Steve Grainger	Mansfield	7:02.0
3	Michael Peters	Coventry	7:05.0
4	Stephen Milner	Rugby/North	7:06.5

**Men 2000m s/c (B string)**

1	Gavin Walters	City of Stoke	6:46.9
2	Harvey Rose	Coventry	7:14.4

**Men Long Jump (A string)**

1	Matthew Woolley	Mansfield	7.05
2	Samuel Bishop	City of Stoke	6.53
3	Michael Thompson	Coventry	6.43
4	Adam Smith	Tamworth	6.15
5	Ian Gidley	Rugby/North	5.64
6	Tom Thatcher	Cheltenham	5.14

**Men Long Jump (B string)**

1	James Dohnal	City of Stoke	6.18
2	Martin Browne	Coventry	5.53
3	Chris Ashmore	Mansfield	5.32
4	John Illingworth	Rugby/North	5.30

**Men Triple Jump (A string)**

1	John Illingworth	Rugby/North	13.86
2	Tom Bell	Mansfield	13.60
3	Adam Smith	Tamworth	13.47
4	Martin Bartholomew	City of Stoke	12.51
5	Mark Brown	Coventry	12.50
6	Tom Thatcher	Cheltenham	11.66

**Men Triple Jump (B string)**

1	Stefan Wilcockson	Mansfield	12.02
2	Michael Thompson	Coventry	11.94
3	Ian Gidley	Rugby/North	11.84
4	James Dohnal	City of Stoke	11.82
5	Gavin Showell	Tamworth	11.05

**Men High Jump (A string)**

1	Mark Brown	Coventry	1.90
2	Samuel Bishop	City of Stoke	1.90
3	Andrew Reeves	Rugby/North	1.85
4	Jordan Roach	Tamworth	1.70
5	Paul Wright	Mansfield	1.65

**Men High Jump (B string)**

1	Ian Gidley	Rugby/North	1.75
2	Adam Smith	Tamworth	1.65
3	Matthew Sinclair	City of Stoke	1.50

**Men Pole Vault (A string)**

1	Martin Vincent	Rugby/North	4.20
2	Gavin Showell	Tamworth	4.00
3	Greg Murrow	Mansfield	3.20

**Men Pole Vault (B string)**

1	Chris Shelton	Rugby/North	2.20
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**Men Shot Putt (A string)**

1	Martin Bartholomew	City of Stoke	13.47
2	Matthew Woolley	Mansfield	12.45
3	Glyn Hollingworth	Coventry	11.10
4	Alexander Berrow	Tamworth	10.24
5	Kevin Murch	Rugby/North	9.20
6	Simon Plaskitt	Cheltenham	7.96

**Men Shot Putt (B string)**

1	Gregg Nixon	City of Stoke	13.33
2	Steve Woolley	Mansfield	10.13
3	Gavin Showell	Tamworth	9.19
4	John Gercs	Rugby/North	8.19
5	Martin Browne	Coventry	7.33
6	Martin Gurr	Cheltenham	7.06

**Men Discus (A string)**

1	Gregg Nixon	City of Stoke	44.86
2	Glyn Hollingworth	Coventry	42.09
3	Matthew Woolley	Mansfield	34.15
4	Kevin Murch	Rugby/North	28.83
5	Gavin Showell	Tamworth	25.62
6	Martin Gurr	Cheltenham	14.72

**Men Discus (B string)**

1	Martin Bartholomew	City of Stoke	42.75
2	Paul Gair	Mansfield	28.77
3	Christopher Smith	Tamworth	23.82
4	John Bell	Rugby/North	23.27
5	Martin Browne	Coventry	14.83

**Men Hammer (A string)**

1	Alexander Berrow	Tamworth	46.35
2	Neil Bulman	Rugby/North	42.39
3	Paul Gair	Mansfield	41.35
4	Gregg Nixon	City of Stoke	39.80
5	Martin Gurr	Cheltenham	25.32
6	Martin Browne	Coventry	19.34

**Men Hammer (B string)**

1	Glenn Unsworth	City of Stoke	35.49
2	Kevin Murch	Rugby/North	25.86
3	Gavin Showell	Tamworth	22.24
4	Martin White	Mansfield	17.89
5	Atsuo Nakagawa	Coventry	5.15

**Men Javelin (A string)**

1	Glyn Hollingworth	Coventry	64.23
2	Lee Peters	Mansfield	54.30
3	Kevin Murch	Rugby/North	53.46
4	Christopher Smith	Tamworth	47.66
5	Samuel Bishop	City of Stoke	41.46

**Men Javelin (B string)**

1	Matthew Woolley	Mansfield	49.85
2	James Dohnal	City of Stoke	39.43
3	Paul Tasker	Tamworth	33.31
4	Andrew Reeves	Rugby/North	32.64
5	Martin Browne	Coventry	24.59

**Mens 4x100m**

1	Mansfield	44.0
2	Cheltenham	44.8
3	City of Stoke	45.1
4	Rugby/North	45.8
5	Coventry	46.0
6	Tamworth	50.0

**Mens 4x400m**

1	Mansfield	3:21.8
2	Cheltenham	3:24.8
3	City of Stoke	3:27.0
4	Coventry	3:38.1
5	Tamworth	3:43.0
6	Rugby/North	3:44.1

**Women 100m (A string)**

1	Morgan Brown	City of Stoke	12.6
2	Hollie Owen	Tamworth	13.1
3	Laura Bennett	Mansfield	13.2
4	Emma Cluley	Rugby/North	13.4

**Women 100m (B string)**

1	Sophie Taylor	Tamworth	13.1
2	Laura Gibson	City of Stoke	13.7
3	Victoria Nealon	Rugby/North	13.7
4	Claire Beaumont	Mansfield	13.9

**Women 200m (A string)**

1	Ashleigh Nelson	City of Stoke	23.8
2	Sophie Taylor	Tamworth	26.8
3	Kellie Bewick	Coventry	27.5
4	Emma Cluley	Rugby/North	28.4
5	Claire Beaumont	Mansfield	28.8

**Women 200m (B string)**

1	Jazmine Rowe	City of Stoke	25.1
2	Jessica Grieves	Mansfield	28.0
3	Davina Cole	Coventry	28.7

**Women 400m (A string)**

1	Rowena Cole	Coventry	57.3
2	Hollie Owen	Tamworth	59.0
3	Kate Anderson	City of Stoke	59.5
4	Jane Horder	Cheltenham	62.8
5	Emily Reeve	Mansfield	62.8
6	Madeleine Smith	Rugby/North	67.3

**Women 400m (B string)**

1	Chelsea Cooper	City of Stoke	60.0
2	Kellie Bewick	Coventry	60.2
3	Hannah Keight	Tamworth	61.0

**Women 100m H (A string)**

1=	Laura Bennett	Mansfield	1	)Race
1=	Hannah Sargeant	Tamworth	1	)
1=	Victoria Nealon	Rugby/North	1	)Void
1=	Alice Lennox	City of Stoke	1	)

**Women 400m H (A string)**

1	Jane Horder	Cheltenham	67.2
2	Jessica Grieves	Mansfield	69.9
3	Hannah Sargeant	Tamworth	74.5

**Women 400m H (B string)**

1	Amie Grainger	Mansfield	82.6
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**Women 800m (A string)**

1	Davina Cole	Coventry	2:21.3
2	Amy Frith	Tamworth	2:22.8
3	Kate Anderson	City of Stoke	2:25.6
4	Jodie Bestwick	Mansfield	2:30.4
5	Madeleine Smith	Rugby/North	2:30.8
6	Joyce Barrus	Cheltenham	2:51.4

**Women 800m (B string)**

1	Sally Olorenshaw	Coventry	2:24.1
2	Emma Wilkinson	Mansfield	2:48.1

**Women 1500m (A string)**

1	Samantha Anderson	Coventry	5:21.4
2	Clare Booker	City of Stoke	5:29.7
3	Jodie Bestwick	Mansfield	5:53.1
4	Joyce Barrus	Cheltenham	6:07.7

**Women 1500m (B string)**

1	Christa James	Coventry	5:22.8
2	Amie Grainger	Mansfield	5:54.5

**Women 3000m (A string)**

1	Kate Holt	City of Stoke	9:55.7
2	Sarah Simmons	Coventry	9:59.6
3	Jo Emily	Rugby/North	10:18.4
4	Kirsty Huntingdon	Mansfield	11:26.0
5	Emily Field-Lucas	Tamworth	11:43.8
6	Joyce Barrus	Cheltenham	12:52.8

**Women 3000m (B string)**

1	Zahara Hyde-Peters	Coventry	10:09.2
2	Clare Booker	City of Stoke	10:54.2
3	Amie Grainger	Mansfield	11:37.3
4	Amy Williams	Tamworth	13:55.9

**Women Long Jump (A string)**

1	Alice Lennox	City of Stoke	5.83
2	Laura Bennett	Mansfield	4.92
3	Sarah Williams	Tamworth	4.62
4	Tracey Morris	Coventry	4.04

**Women Long Jump (B string)**

1	Chelsea Cooper	City of Stoke	5.75
2	Emily Reeves	Mansfield	3.98

**Women Triple Jump (A string)**

1	Emma Wilkinson	Mansfield	8.46
2	Tracey Morris	Coventry	8.33
3	Amy Williams	Tamworth	8.10

**Women Triple Jump (B string)**

1	Claire Beaumont	Mansfield	8.29
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**Women High Jump (A string)**

1	Hannah Keight	Tamworth	1.60
2	Alice Lennox	City of Stoke	1.55
3	Jessica Grieves	Mansfield	1.40
4	Jodie Barber	Rugby/North	1.35

**Women High Jump (B string)**

1	Hannah Sargeant	Tamworth	1.50
2	Pam Garvey	Mansfield	1.25
3	Debbie Murch	Rugby/North	1.20

**Women Pole Vault (A string)**

1	Tracey Morris	Coventry	2.70
2	Sarah Williams	Tamworth	2.60
3	Kirsty Bale	Rugby/North	2.20

**Women Shot Putt (A string)**

1	Rachel Wallader	Rugby/North	13.93
2	Carol Parker	Coventry	12.72
3	Jade Weston	City of Stoke	11.67
4	Rachel Gair	Mansfield	8.56
5	Linsey Hutchins	Cheltenham	6.90
6	Claire Perry	Tamworth	6.75

**Women Shot Putt (B string)**

1	Cathrine McBeth	Coventry	11.31
2	Jade Moore	City of Stoke	10.29
3	Laura Bennett	Mansfield	8.47
4	Debbie Murch	Rugby/North	8.41
5	Joyce Barrus	Cheltenham	3.87

**Women Discus (A string)**

1	Carol Parker	Coventry	38.28
2	Jade Moore	City of Stoke	35.71
3	Rachel Wallader	Rugby/North	34.29
4	Charlotte Gair	Mansfield	34.29
5	Linsey Hutchins	Cheltenham	19.70
6	Claire Perry	Tamworth	19.68

**Women Discus (B string)**

1	Zoe Ash	Rugby/North	33.79
2	Jade Weston	City of Stoke	29.24
3	Cathrine McBeth	Coventry	26.90
4	Rachel Gair	Mansfield	18.43
5	Amy Frith	Tamworth	15.49
6	Joyce Barrus	Cheltenham	11.87



**Women Hammer (A string)**

1	Rachel Gair	Mansfield	58.26
2	Zoe Ash	Rugby/North	43.92
3	Carol Parker	Coventry	36.65
4	Jade Weston	City of Stoke	26.73
5	Linsey Hutchins	Cheltenham	23.29
6	Claire Perry	Tamworth	16.22

**Women Hammer (B string)**

1	Lorraine Garvey	Mansfield	35.09
2	Debbie Murch	Rugby/North	21.14
3	Jade Moore	City of Stoke	20.34
4	Sarah Williams	Tamworth	14.39
5	Joyce Barrus	Cheltenham	12.81

**Women Javelin (A string)**

1	Olga Ketmilosi	City of Stoke	45.44
2	Cathrine McBeth	Coventry	35.21
3	Samantha Cullinane	Rugby/North	34.48
4	Claire Perry	Tamworth	24.98
5	Linsey Hutchins	Cheltenham	18.27
6	Rachel Gair	Mansfield	14.39

**Women Javelin (B string)**

1	Laura Gibson	City of Stoke	32.15
2	Madeleine Smith	Rugby/North	21.22
3	Sarah Williams	Tamworth	14.33
4	Sandra Gair	Mansfield	12.09
5	Carol Parker	Coventry	11.60
6	Joyce Barrus	Cheltenham	10.57

**Womens 4x100m**

1		City of Stoke	49.4
2		Tamworth	53.1
3		Mansfield	53.6
4		Rugby/North	55.4

**Womens 4x400m**

1		Coventry	4:06.8
2		City of Stoke	4:08.0
3		Tamworth	4:08.5
4		Mansfield	4:24.6