

Total Scores

Position	Team	Points
1	Sutton in Ashfield	397
2	Notts AC B	363
3	OWLS	294
4	Harborough	279.5
5	Bristol & West B	266
6	Tamworth B	242
7	Bridgnorth	178.5
8		0

Mens Scores

Position	Team	Points
1	OWLS	222
2	Bristol & West B	198.5
3	Sutton in Ashfield	191
4	Notts AC B	178
5	Harborough	156.5
6	Tamworth B	84
7	Bridgnorth	67
8		0

Womens Scores

Position	Team	Points
1	Sutton in Ashfield	191
2	Tamworth B	173
3	Notts AC B	170
4	Harborough	118
5	Bridgnorth	96.5
6	Bristol & West B	82.5
7	OWLS	57
8		0

Officials Points

Team Name	Points
Sutton in Ashfield	15
Notts AC B	15
OWLS	15
Harborough	5
Bristol & West B	-15
Tamworth B	-15
Bridgnorth	15

Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Kasim Adesanya	Notts AC B	11.7	10
2	Daniel Stevens	Sutton in Ashfield	11.9	8
3	Alex Moody	OWLS	11.9	7
4	Ben Storey	Tamworth B	12.0	6
5	Jonathan Lieberman	Bristol & West B	12.3	5
6	C Astley	Harborough	12.4	4
7	Shaun McCarthy	Bridgnorth	18.1	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Peter Sserunkuma	Notts AC B	12.2	8
2	Steven Chillingworth	Sutton in Ashfield	12.4	6
3	Sean Hazell	Bristol & West B	12.7	5
4	Jamie Astley	Harborough	12.9	4
5	Thomas Meakin	OWLS	13.4	3
6	Matthew Bartlett	Tamworth B	dnf	0

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Stevens	Sutton in Ashfield	23.5	10
2	Alex Moody	OWLS	24.0	8
3	Jonathan Lieberman	Bristol & West B	24.6	7
4	Kasim Adesanya	Notts AC B	24.6	6
5	Ben Storey	Tamworth B	26.1	5
6	Jamie Astley	Harborough	26.5	4

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Luis Alves	Notts AC B	25.2	8
2	Ben Harvey	OWLS	25.5	6
3	Bruce Coram	Bristol & West B	26.7	5
4	Shae Chauhan	Harborough	27.1	4
5	Robert Starr	Sutton in Ashfield	39.0	3

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Luis Alves	Notts AC B	53.4	10
2	Thomas Meakin	OWLS	53.6	8
3	Sam Gear	Sutton in Ashfield	57.3	7
4	Bruce Coram	Bristol & West B	59.2	6
5	Steven Astley	Harborough	61.4	5
6	Daniel Fleming	Tamworth B	66.4	4

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Daniel Stevens	Sutton in Ashfield	53.7	8
2	Ben Harvey	OWLS	56.0	6
3	Sam Micklewright	Tamworth B	58.2	5
4	C Astley	Harborough	59.0	4
5	Bruno Lassna	Bristol & West B	64.5	3
6	Cameron Sealy	Notts AC B	71.9	2

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Steven West	Bristol & West B	22.4	10
2	Andrew Wilkinson	Harborough	23.8	8
3	Richard Belton	Notts AC B	23.9	7

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Martin Davies	Bristol & West B	24.1	8

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Richard Belton	Notts AC B	67.2	10
2	Andrew Wilkinson	Harborough	67.9	8
3	Ben Harvey	OWLS	71.3	7
4	Connor Bailey	Sutton in Ashfield	73.6	6
5	Bruno Lassna	Bristol & West B	74.4	5

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Jason Williams	OWLS	74.4	8
2	Dean Rushby	Harborough	84.3	6
3	Cameron Sealy	Notts AC B	84.9	5
4	Martin Davies	Bristol & West B	89.1	4

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Thomas Mahon	OWLS	2:02.8	10
2	Andrew Warburton	Notts AC B	2:09.1	8
3	Matthew Hargreaves	Tamworth B	2:09.4	7
4	Matthew Hart	Bristol & West B	2:10.5	6
5	Alexander Brewer	Sutton in Ashfield	2:34.4	5
6	Adam Brooks	Harborough	2:35.2	4

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Edward Highton	OWLS	2:01.7	8
2	Jeremy Hogan	Bristol & West B	2:26.2	6
3	Scott Speller	Harborough	2:31.5	5
4	Peter Robinson	Notts AC B	2:39.3	4
5	Andy Mitchell	Sutton in Ashfield	3:15.4	3

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Paul Miles	OWLS	4:15.2	10
2	Matthew Hargreaves	Tamworth B	4:35.6	8
3	Paul Whittingham	Sutton in Ashfield	4:49.1	7
4	Rick Wallis	Bristol & West B	4:53.6	6
5	Josh Hall	Notts AC B	4:59.9	5
6	Scott Speller	Harborough	5:16.1	4

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Sam Stabler	OWLS	4:17.1	8
2	Jeremy Hogan	Bristol & West B	4:55.5	6
3	Brian Bailey	Sutton in Ashfield	5:19.7	5
4	Adam Brooks	Harborough	5:35.0	4
5	Peter Robinson	Notts AC B	5:48.8	3

Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Jason Williams	OWLS	16:19.0	10
2	Matthew Hart	Bristol & West B	17:07.9	8
3	William Clapp	Harborough	17:09.0	7
4	Paul Whittingham	Sutton in Ashfield	17:49.0	6
5	Michael Benford	Notts AC B	17:59.8	5
6	Sam Micklewright	Tamworth B	18:17.8	4

Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Geraint Davies	OWLS	16:19.9	8
2	Ken Allen	Notts AC B	18:37.9	6
3	Robert Starr	Sutton in Ashfield	19:49.8	5
4	Dean Rushby	Harborough	21:54.0	4
5	Peter Skinner	Bristol & West B	dnf	0

Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Sean Hazell	Bristol & West B	6:38.8	10
2	Geraint Davies	OWLS	6:42.6	8
3	Robert Starr	Sutton in Ashfield	8:40.5	7
4	Adam Brooks	Harborough	8:54.0	6

Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Joshua Norman	OWLS	8:03.9	8
2	Dean Rushby	Harborough	9:21.1	6

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Neville Hamilton	Notts AC B	5.65	10
2	Steven Chillingworth	Sutton in Ashfield	5.60	8
3	David Boden	Bridgnorth	5.21	7
4	Jonathan Lieberman	Bristol & West B	5.07	6
5	Ben Storey	Tamworth B	4.67	5
6	Dean Rushby	Harborough	4.28	4
7	Ben Harvey	OWLS	4.06	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Daniel Stevens	Sutton in Ashfield	4.86	8
2	Luke Bailey	Bristol & West B	4.84	6
3	Daniel Fleming	Tamworth B	3.98	5
4	Thomas Meakin	OWLS	3.70	4
5	Peter Sserunkuma	Notts AC B	3.66	3
6	Shaun McCarthy	Bridgnorth	3.00	2
7	Shae Chauhan	Harborough	2.99	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Steven Chillingworth	Sutton in Ashfield	11.11	10
2	Jonathan Lieberman	Bristol & West B	10.86	8
3	Alex Moody	OWLS	10.38	7
4	Richard Belton	Notts AC B	9.66	6

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Sean Hazell	Bristol & West B	10.82	8
2	Connor Bailey	Sutton in Ashfield	9.53	6
3	Cameron Sealy	Notts AC B	8.03	5
4	Thomas Meakin	OWLS	7.31	4

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	David Boden	Bridgnorth	1.73	10
2	Luke Bailey	Bristol & West B	1.70	8
3	Peter Sserunkuma	Notts AC B	1.65	7
4	Ben Storey	Tamworth B	1.55	6

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Richard Belton	Notts AC B	1.50	8
2=	Steven West	Bristol & West B	1.40	5.5
2=	Andrew Wilkinson	Harborough	1.40	5.5

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1=	Steven West	Bristol & West B	3.30	9
1=	Andrew Wilkinson	Harborough	3.30	9

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Martin Davies	Bristol & West B	2.20	8

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Nick Fogg	OWLS	11.45	10
2	Steven Chillingworth	Sutton in Ashfield	10.70	8
3	Darren Tucker	Harborough	10.02	7
4	Matthew Bartlett	Tamworth B	9.87	6
5	Shaun McCarthy	Bridgnorth	8.50	5
6	Martin Davies	Bristol & West B	7.41	4
7	James Davis	Notts AC B	6.96	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Paul Gibson	Sutton in Ashfield	10.04	8
2	Ben Wells	OWLS	8.13	6
3	Jack Matthews	Bridgnorth	7.94	5
4	Shae Chauhan	Harborough	7.43	4
5	Steven West	Bristol & West B	6.95	3
6	Philip Clayton	Notts AC B	6.56	2
7	Sam Micklewright	Tamworth B	5.18	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Paul Gibson	Sutton in Ashfield	32.53	10
2	Darren Tucker	Harborough	31.75	8
3	Nick Fogg	OWLS	30.45	7
4	Shaun McCarthy	Bridgnorth	28.82	6
5	Matthew Bartlett	Tamworth B	25.37	5
6	Martin Davies	Bristol & West B	21.06	4
7	James Davis	Notts AC B	20.07	3

Men Discus (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Steven Chillingworth	Sutton in Ashfield	30.81	8
2	Jack Matthews	Bridgnorth	28.43	6
3	Ben Wells	OWLS	21.84	5
4	Matthew Hargreaves	Tamworth B	20.17	4
5	Steven West	Bristol & West B	17.53	3
6	Philip Clayton	Notts AC B	17.27	2
7	Scott Speller	Harborough	13.23	1

Men Hammer (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Nick Fogg	OWLS	36.73	10
2	Paul Gibson	Sutton in Ashfield	24.65	8
3	Shaun McCarthy	Bridgnorth	23.30	7
4	Martin Davies	Bristol & West B	20.03	6
5	Graham Hillier	Harborough	19.64	5
6	James Davis	Notts AC B	16.71	4

Men Hammer (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Ben Wells	OWLS	24.59	8
2	Andy Mitchell	Sutton in Ashfield	23.24	6
3	Richard Eastman	Bridgnorth	17.92	5
4	Cameron Sealy	Notts AC B	14.13	4
5	S Peller	Harborough	13.56	3
6	Steven West	Bristol & West B	12.77	2

Men Javelin (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Nick Fogg	OWLS	38.03	10
2	Matthew Bartlett	Tamworth B	37.46	8
3	David Boden	Bridgnorth	36.18	7
4	Darren Tucker	Harborough	34.21	6
5	Paul Gibson	Sutton in Ashfield	27.92	5
6	Philip Clayton	Notts AC B	20.96	4
7	Matt Hart	Bristol & West B	20.03	3

Men Javelin (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Paul Miles	OWLS	29.00	8
2	Andy Mitchell	Sutton in Ashfield	27.09	6
3	Jamie Astley	Harborough	23.89	5
4	Shaun McCarthy	Bridgnorth	23.56	4
5	Rick Wallis	Bristol & West B	19.42	3
6	Richard Belton	Notts AC B	18.33	2
7	Sam Micklewright	Tamworth B	16.56	1

Mens 4x100m

Posn	Name	Club	Perf	<i>Pts</i>
1		Notts AC B	49.3	10
2		Sutton in Ashfield	50.5	8
3		OWLS	51.8	7
4		Harborough	51.8	6
5		Bristol & West B	52.5	5
6		Tamworth B	52.6	4

Mens 4x400m

Posn	Name	Club	Perf	<i>Pts</i>
1		OWLS	3:44.1	10
2		Notts AC B	3:49.6	8
3		Bristol & West B	3:54.5	7
4		Sutton in Ashfield	4:22.7	6
5		Harborough	4:30.4	5

Women 100m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Michelle Keight	Tamworth B	14.4	10
2	Francesca Meakin	Sutton in Ashfield	14.7	8
3	Helen Porter-Brown	OWLS	15.4	7
4	Laura Boultyby	Notts AC B	17.6	6
5	Margaret Linington-Payne	Bridgnorth	26.4	5

Women 100m (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Muriel Storey	Tamworth B	16.8	8
2	Gemma Hull	Notts AC B	17.1	6
3	Alison Whittingham	Sutton in Ashfield	17.6	5
4	Jayne McCarthy	Bridgnorth	19.6	4

Women 200m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Francesca Meakin	Sutton in Ashfield	29.6	10
2	Michelle Keight	Tamworth B	29.7	8
3	Helen Porter-Brown	OWLS	31.3	7
4	Caroline McCarthy	Bridgnorth	32.1	6
5	Gemma Hull	Notts AC B	35.7	5
6	Lianne Brooks	Harborough	36.5	4

Women 200m (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Alison Whittingham	Sutton in Ashfield	36.5	8
2	Laura Boultbody	Notts AC B	36.8	6
3	Muriel Storey	Tamworth B	38.0	5
4	Margaret Linington-Payne	Bridgnorth	59.9	4

Women 400m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Elizabeth Checkley	Tamworth B	61.7	10
2	Jenny Evans	Notts AC B	68.8	8
3	Kinga Zajac	OWLS	68.9	7
4	Brittany Elliott	Sutton in Ashfield	69.2	6
5	Margaret Linington-Payne	Bridgnorth	2:10.3	5

Women 400m (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Georgia Loraine	Tamworth B	67.3	8
2	Helen Porter-Brown	OWLS	73.3	6
3	Elizabeth Barrett	Notts AC B	74.8	5
4	Jacqueline Robson	Sutton in Ashfield	1:47.8	4

Women 100m H (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Michelle Keight	Tamworth B	18.5	10
2	Jenny Evans	Notts AC B	22.0	8
3	Lianne Brooks	Harborough	27.2	7

Women 100m H (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Faye Palmer	Tamworth B	20.1	8
2	Elizabeth Barrett	Notts AC B	25.7	6

Women 400m H (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Jenny Evans	Notts AC B	73.1	10
2	Michelle Keight	Tamworth B	74.2	8
3	Lianne Brooks	Harborough	97.8	7

Women 400m H (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Elizabeth Barrett	Notts AC B	94.9	8

Women 800m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Suzanne Harding	Bristol & West B	2:26.3	10
2	Francesca Meakin	Sutton in Ashfield	2:27.1	8
3	Kinga Zajac	OWLS	2:38.2	7
4	Keely Simone Thorne	Tamworth B	2:46.6	6
5	Rhianon Linington-Payne	Bridgnorth	2:53.9	5
6	Karen Brooks	Harborough	2:57.1	4
7	Gemma Hull	Notts AC B	3:03.0	3

Women 800m (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Caroline McCarthy	Bridgnorth	2:52.3	8
2	Elizabeth Barrett	Notts AC B	2:59.7	6
3	Alison Whittingham	Sutton in Ashfield	3:11.4	5
4	Lianne Brooks	Harborough	3:19.3	4

Women 1500m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Francesca Meakin	Sutton in Ashfield	5:11.1	10
2	Suzanne Harding	Bristol & West B	5:12.8	8
3	Karen Brooks	Harborough	5:55.6	7
4	Wendy Kane	Notts AC B	6:35.0	6
5	Margaret Linington-Payne	Bridgnorth	9:23.1	5

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Alison Whittingham	Sutton in Ashfield	6:29.7	8
2	Ruby Juan	Bristol & West B	6:42.3	6
3	Lianne Brooks	Harborough	6:44.4	5
4	Janine Burton	Notts AC B	7:28.9	4

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Brittany Elliott	Sutton in Ashfield	11:49.4	10
2	Karen Brooks	Harborough	11:52.0	8
3	Tracey Hallam	Notts AC B	11:55.1	7
4	Margaret Lington-Payne	Bridgnorth	19:20.3	6

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Alison Whittingham	Sutton in Ashfield	14:03.1	8
2	Laura Boulty	Notts AC B	15:08.3	6

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Faye Palmer	Tamworth B	4.03	10
2	Caroline McCarthy	Bridgnorth	3.74	8
3	Jillian Roginski	Harborough	3.39	7
4	Suzanne Harding	Bristol & West B	3.14	6
5	Laura Boulty	Notts AC B	2.52	5

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Muriel Storey	Tamworth B	3.80	8
2	Lianne Brooks	Harborough	3.13	6
3	Jayne McCarthy	Bridgnorth	3.02	5
4	Alison Bailey	Bristol & West B	2.88	4

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alison Whittingham	Sutton in Ashfield	8.38	10
2	Jillian Roginski	Harborough	7.83	8
3	Laura Boulty	Notts AC B	5.48	7

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Brittany Elliott	Sutton in Ashfield	5.89	8

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jillian Roginski	Harborough	1.20	10
2	Elizabeth Checkley	Tamworth B	1.15	8
3=	Alison Bailey	Bristol & West B	1.10	6.5
3=	Caroline McCarthy	Bridgnorth	1.10	6.5

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lianne Brooks	Harborough	1.15	8

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Ruby Juan	Bristol & West B	2.10	10

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Checkley	Tamworth B	6.97	10
2	Susan Alcock	Sutton in Ashfield	6.97	8
3	Lynda Hallam	Notts AC B	6.53	7
4	Jillian Roginski	Harborough	6.40	6
5	Kaytlin McCarthy	Bridgnorth	6.07	5
6	Linda Fogg	OWLS	5.79	4
7	Suzanne Harding	Bristol & West B	5.77	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Muriel Storey	Tamworth B	6.49	8
2	Alison Whittingham	Sutton in Ashfield	5.37	6
3	Ruby Juan	Bristol & West B	5.16	5
4	Caroline McCarthy	Bridgnorth	4.77	4
5	Julie Lambourne	Notts AC B	4.76	3
6	Karen Brooks	Harborough	3.97	2

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton in Ashfield	25.56	10
2	Lynda Hallam	Notts AC B	20.97	8
3	Jillian Roginski	Harborough	18.83	7
4	Kaytlin McCarthy	Bridgnorth	16.50	6
5	Linda Fogg	OWLS	15.16	5
6	Faye Palmer	Tamworth B	13.09	4
7	Alison Bailey	Bristol & West B	12.96	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Susan Alcock	Sutton in Ashfield	19.03	8
2	Faye Palmer	Tamworth B	13.04	6
3	Julie Lambourne	Notts AC B	12.60	5
4	Ruby Juan	Bristol & West B	12.21	4

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton in Ashfield	40.02	10
2	Linda Fogg	OWLS	19.09	8
3	Lynda Hallam	Notts AC B	18.62	7
4	Jillian Roginski	Harborough	16.06	6
5	Elizabeth Checkley	Tamworth B	14.74	5
6	Jayne McCarthy	Bridgnorth	12.74	4
7	Ruby Juan	Bristol & West B	12.52	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Susan Alcock	Sutton in Ashfield	15.83	8
2	Helen Porter-Brown	OWLS	13.07	6
3	Alison Bailey	Bristol & West B	11.14	5
4	Kaytlin McCarthy	Bridgnorth	11.00	4
5	Julie Lambourne	Notts AC B	9.56	3

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton in Ashfield	35.26	10
2	Jillian Roginski	Harborough	20.54	8
3	Muriel Storey	Tamworth B	15.91	7
4	Alison Bailey	Bristol & West B	12.76	6
5	Julie Lambourne	Notts AC B	11.65	5

Women Javelin (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Susan Alcock	Sutton in Ashfield	15.80	8
2	Elizabeth Checkley	Tamworth B	13.37	6
3	Janine Burton	Notts AC B	9.02	5
4	Karen Brooks	Harborough	8.78	4
5	Ruby Juan	Bristol & West B	7.37	3

Womens 4x100m

Posn	Name	Club	Perf	<i>Pts</i>
1		Tamworth B	58.5	10
2		Sutton in Ashfield	69.4	8
3		Notts AC B	70.2	7
4		Bridgnorth	78.2	6

Womens 4x400m

Posn	Name	Club	Perf	<i>Pts</i>
1		Tamworth B	4:34.1	10
2		Notts AC B	5:10.0	8
3		Sutton in Ashfield	5:40.2	7