

MIDLAND LEAGUE DIVISION 7  
TELFORD 2 AUGUST 2008

Total Scores

Position	Team	Points
1	Tamworth AC B	448
2	Sutton in Ashfield	322
3	Notts AC B	318
4	Bridgnorth	274
5	Bristol & West B	225
6	OWLS	210
7	Harborough	203

Mens Scores

Position	Team	Points
1	Tamworth AC B	226
2	OWLS	189
3	Sutton in Ashfield	178
4	Bristol & West B	162
4	Harborough	162
6	Notts AC B	157
7	Bridgnorth	82

Womens Scores

Position	Team	Points
1	Tamworth AC B	217
2	Bridgnorth	177
3	Notts AC B	156
4	Sutton in Ashfield	129
5	Bristol & West B	68
6	Harborough	61
7	OWLS	31

Officials Points

Team Name	Points
Tamworth AC B	5
Sutton in Ashfield	15
Notts AC B	5
Bridgnorth	15
Bristol & West B	-5
OWLS	-10
Harborough	-20

**Men 100m (A string)**

Posn	Name	Club	Perf	Pts
1	Adam Smith	Tamworth AC B	11.3	10
2	Kasim Adesanya	Notts AC B	11.4	8
3	Dan Stevens	Sutton in Ashfield	11.6	7
4	Alex Fields	Bristol & West B	11.8	6
5	Luke Pryor	OWLS	11.9	5
6	Daniel Boden	Bridgnorth	12.0	4
7	Tony Harrison	Harborough	14.9	3

**Men 100m (B string)**

Posn	Name	Club	Perf	Pts
1	Steve Spiers	Bristol & West B	11.9	8
2	Alex Moody	OWLS	11.9	6
3	Matthew Bartlett	Tamworth AC B	11.9	5
4	Steven Chillingworth	Sutton in Ashfield	12.0	4
5	Peter Sserunkuma	Notts AC B	12.1	3
6	Christopher Astley	Harborough	12.4	2

**Men 200m (A string)**

Posn	Name	Club	Perf	Pts
1	Dan Stevens	Sutton in Ashfield	23.0.	10
2	Alex Fields	Bristol & West B	23.8	8
3	Neil Rudd	Tamworth AC B	23.9	7
4	Luis Alves	Notts AC B	23.9	6
5	Luke Pryor	OWLS	24.0	5
6	Daniel Boden	Bridgnorth	24.2	4
7	Tony Harrison	Harborough	25.3	3

**Men 200m (B string)**

Posn	Name	Club	Perf	Pts
1	Alex Moody	OWLS	23.6	8
2	Peter Sserunkuma	Notts AC B	23.7	6
3	Simon Park	Bristol & West B	24.63	5
4	Christopher Astley	Harborough	27.3	4
5	Richard Catley	Bridgnorth	28.0	3
6	Daniel Fleming	Tamworth AC B	28.2	2
7	Paul Whittingham	Sutton in Ashfield	29.9	1

**Men 400m (A string)**

Posn	Name	Club	Perf	Pts
1	Jack Johnson	Notts AC B	54.4	10
2	Alex Moody	OWLS	55.4	8
3	Nicholas Wilkins	Tamworth AC B	57.9	7
4	Tony Harrison	Harborough	61.5	6
5	Alexander Brewer	Sutton in Ashfield	61.5	5
6	Richard Catley	Bridgnorth	71.2	4

**Men 400m (B string)**

Posn	Name	Club	Perf	Pts
1	Nathan Woodward	Tamworth AC B	49.1	8
2	Tom Meakin	OWLS	53.0	6
3	Dan Stevens	Sutton in Ashfield	53.6	5
4	Luis Alves	Notts AC B	54.2	4
5	Simon Park	Bristol & West B	56.1	3
6	Christopher Astley	Harborough	58.9	2
7	Richard Cotham	Bridgnorth	61.6	1

**Men 110m H (A string)**

Posn	Name	Club	Perf	Pts
1	Andrew Wilkinson	Harborough	20.5	10
2	Neil Rudd	Tamworth AC B	21.1	8
3	Martin Davies	Bristol & West B	28.4	7

**Men 110m H (B string)**

Posn	Name	Club	Perf	Pts
1	Daniel Worley	Harborough	22.8	8
2		Bristol & West B	23.0	6
3	Dave Williams	Tamworth AC B	23.5	5

**Men 400m H (A string)**

Posn	Name	Club	Perf	Pts
1	Jack Johnson	Notts AC B	62.5	10
2	Neil Rudd	Tamworth AC B	64.6	8
3	Andrew Wilkinson	Harborough	70.1	7
4	B Harvey	OWLS	72.5	6
5	Connor Bailey	Sutton in Ashfield	77.9	5

**Men 400m H (B string)**

Posn	Name	Club	Perf	Pts
1	Daniel Worley	Harborough	68.4	8
2	Dave Williams	Tamworth AC B	70.7	6
3	Philip Clayton	Notts AC B	73.2	5
4	Jason Williams	OWLS	78.2	4

**Men 800m (A string)**

Posn	Name	Club	Perf	Pts
1	Tom Meakin	OWLS	2.02.4	10
2	Christopher Boden	Tamworth AC B	2.04.1	8
3	Andrew Warburton	Notts AC B	2.06.4	7
4	Robert Whitham	Bristol & West B	2.06.9	6
5	Alexander Brewer	Sutton in Ashfield	2.21.0	5
6	Tony Harrison	Harborough	2.24.8	4
7	Mark Mitchell	Bridgnorth	2.49.9	3

**Men 800m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	B Harvey	OWLS	2.06.5	8
2	Matthew Hargreaves	Tamworth AC B	2.10.1	6
3	Christopher Keenan	Notts AC B	2.11.2	5
4	Daniel Worley	Harborough	2.17.6	4
5	Jonathan Shepstone	Sutton in Ashfield	2.18.2	3
6	Rick Wallis	Bristol & West B	2.21.7	2

**Men 1500m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Paul Miles	OWLS	4.15.6	10
2	Andy Wetherill	Sutton in Ashfield	4.30.7	8
3	Jeremy Hogan	Bristol & West B	4.32.2	7
4	Matthew Hargreaves	Tamworth AC B	4.33.6	6
5	David Oxland	Notts AC B	4.40.7	5
6	Scott Speller	Harborough	5.07.6	4

**Men 1500m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Jason Williams	OWLS	4.40.8	8
2	Paul Whittingham	Sutton in Ashfield	4.44.7	6
3	Richard Darling	Notts AC B	4.46.1	5
4	Rick Wallis	Bristol & West B	4.46.2	4
5	Daniel Worley	Harborough	5.02.8	3
6	David Eastland	Tamworth AC B	5.05.03	2

**Men 3000m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Sam Stabler	OWLS	9.36.6	10
2	Andy Wetherill	Sutton in Ashfield	9.36.7	8
3	Jeremy Hogan	Bristol & West B	10.32.4	7
4	Michael Benford	Notts AC B	10.49.9	6
5	Nigel Fisher	Tamworth AC B	11.03.8	5
6	Scott Speller	Harborough	12.15.2	4

**Men 3000m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Patrick Radley	OWLS	9.58.5	8
2	Abdullah Nur	Notts AC B	10.08.9	6
3	Rick Wallis	Bristol & West B	10.15.5	5
4	Alexander Brewer	Sutton in Ashfield	10.50.8	4
5	John Jenkins	Tamworth AC B	11.45.9	3
6	Daniel Worley	Harborough	11.50.7	2

**Men 3000m s/c (A string)**

Posn	Name	Club	Perf	Pts
1	Jason Williams	OWLS	11.09.5	10
2	Dave Williams	Tamworth AC B	11.37.5	8
3	Daniel Worley	Harborough	12.07.0	7
4	Robert Starr	Sutton in Ashfield	13.18.2	6

**Men Long Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Adam Smith	Tamworth AC B	6.27	10
2	Luke Pryor	OWLS	6.20	8
3	Andrew Holgate	Notts AC B	6.00	7
4	Robert Whitham	Bristol & West B	5.68	6
5	Steven Chillingworth	Sutton in Ashfield	5.63	5
6	Daniel Boden	Bridgnorth	5.26	4
7	Mark Lawton	Harborough	4.84	3

**Men Long Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Nikita Shelyakin	Tamworth AC B	5.66	8
2	Dan Stevens	Sutton in Ashfield	5.08	6
3	Tony Harrison	Harborough	4.39	5
4	Paul Miles	OWLS	4.38	4
5	Shaun McCarthy	Bridgnorth	3.83	3

**Men Triple Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Adam Smith	Tamworth AC B	13.69	10
2	Jack Johnson	Notts AC B	12.04	8
3	Robert Whitham	Bristol & West B	11.92	7
4	Steven Chillingworth	Sutton in Ashfield	11.78	6
5	Luke Pryor	OWLS	11.66	5
6	Daniel Worley	Harborough	9.68	4

**Men Triple Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Nikita Shelyakin	Tamworth AC B	11.09	8
2	Connor Bailey	Sutton in Ashfield	9.88	6
3	Peter Sserunkuma	Notts AC B	8.70	5
4	Steven West	Bristol & West B	8.42	4
5	Sam Stabler	OWLS	7.63	3

**Men High Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Daniel Boden	Bridgnorth	1.85	10
2	Adam Smith	Tamworth AC B	1.70	8
3	Luke Bailey	Bristol & West B	1.60	7
4	Peter Sserunkuma	Notts AC B	1.50	6
5	Sam Gear	Sutton in Ashfield	1.45	5
6	Daniel Worley	Harborough	1.40	4

**Men High Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Nikita Shelyakin	Tamworth AC B	1.60	8
2	Andrew Holgate	Notts AC B	1.50	6
3	Steven West	Bristol & West B	1.40	5
4	Jonathan Shepstone	Sutton in Ashfield	1.40	4

**Men Pole Vault (A string)**

Posn	Name	Club	Perf	Pts
1	Steven West	Bristol & West B	3.35	10
2	Ian Chick	Harborough	2.40	8

**Men Pole Vault (B string)**

Posn	Name	Club	Perf	Pts
1	Martin Davies	Bristol & West B	3.20	8
2	Andrew Wilkinson	Harborough	2.10	6

**Men Shot Putt (A string)**

Posn	Name	Club	Perf	Pts
1	Ben Wells	OWLS	11.45	10
2	Paul Gibson	Sutton in Ashfield	10.25	8
3	Darren Tucker	Harborough	10.24	7
4	Matthew Bartlett	Tamworth AC B	8.81	6
5	Shaun McCarthy	Bridgnorth	8.41	5
6	Steven West	Bristol & West B	7.97	4
7	Philip Clayton	Notts AC B	7.00	3

**Men Shot Putt (B string)**

Posn	Name	Club	Perf	Pts
1	Steven Chillingworth	Sutton in Ashfield	10.18	8
2	James Bartlett	Tamworth AC B	7.62	6
3	Martin Davies	Bristol & West B	6.93	5
4	Scott Speller	Harborough	6.90	4
5	B Harvey	OWLS	6.13	3
6	Richard Cotham	Bridgnorth	6.01	2
7	Cameron Sealy	Notts AC B	5.99	1

**Men Discus (A string)**

Posn	Name	Club	Perf	Pts
1	Darren Tucker	Harborough	32.62	10
2	Paul Gibson	Sutton in Ashfield	32.20	8
3	Liam Wheeler	Tamworth AC B	28.22	7
4	Ben Wells	OWLS	28.01	6
5	Philip Clayton	Notts AC B	25.30	5
6	Shaun McCarthy	Bridgnorth	24.19	4
7	Steven West	Bristol & West B	18.85	3

**Men Discus (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Steven Chillingworth	Sutton in Ashfield	27.77	8
2	Liam Wheeler	Tamworth AC B	25.09	6
3	Richard Eastman	Bridgnorth	21.69	5
4	Martin Davies	Bristol & West B	18.28	4
5	Tony Harrison	Harborough	17.72	3
6	Y McKensie	Notts AC B	15.51	2

**Men Hammer (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Paul Gibson	Sutton in Ashfield	25.85	10
2	Ben Wells	OWLS	25.06	8
3	Shaun McCarthy	Bridgnorth	24.09	7
4	Liam Wheeler	Tamworth AC B	23.95	6
5	Y Mckensie	Notts AC B	20.95	5
6	Martin Davies	Bristol & West B	18.13	4
7	Tony Harrison	Harborough	15.15	3

**Men Hammer (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Andy Mitchell	Sutton in Ashfield	24.07	8
2	Richard Eastman	Bridgnorth	18.98	6
3	James Bartlett	Tamworth AC B	18.78	5
4	Wayne Walker	OWLS	15.25	4
5	Scott Speller	Harborough	14.66	3
6	Cameron Sealy	Notts AC B	13.36	2
7	Simon Park	Bristol & West B	8.58	1

**Men Javelin (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Darren Tucker	Harborough	38.74	10
2	Matthew Bartlett	Tamworth AC B	38.37	8
3	Daniel Boden	Bridgnorth	35.26	7
4	Paul Miles	OWLS	34.36	6
5	Luke Bailey	Bristol & West B	32.74	5
6	Andy Mitchell	Sutton in Ashfield	28.12	4
7	Philip Clayton	Notts AC B	22.87	3

**Men Javelin (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Liam Wheeler	Tamworth AC B		8
2	Wayne Walker	OWLS	27.43	6
3	Andy Weatherill	Sutton in Ashfield	24.82	5
4	Ian Chick	Harborough	24.50	4
5	Shaun McCarthy	Bridgnorth	22.11	3
6	Rick Wallis	Bristol & West B	22.01	2
7	Cameron Sealy	Notts AC B	15.79	1

**Mens 4x100m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1		Notts AC B	46.1	10
2		Tamworth AC B	46.9	8
3		Bristol & West B	47.1	7
4		OWLS	51.1	6
5		Sutton in Ashfield	52.7	5
6		Bridgnorth	53.3	4
7		Harborough	57.6	3

**Mens 4x400m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1		Tamworth AC B	3.40.7	10
2		OWLS	3.41.0	8
3		Notts AC B	3.41.5	7
4		Bristol & West B	4.04.0	6
5		Sutton in Ashfield	4.08.9	5
6		Harborough	4.12.3	4
7		Bridgnorth	4.21.2	3

**Women 100m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Amy Frith	Tamworth AC B	13.2	10
2	Rhianon Linington-Payne	Bridgnorth	13.3	8
3	Chloe Fletcher	Bristol & West B	14.2	7
4	E Meakin	Sutton in Ashfield	14.3	6
5	Helen Porter-Brown	OWLS	14.8	5
6	B Wyer	Notts AC B	15.7	4

**Women 100m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Caroline McCarthy	Bridgnorth	14.8	8
2	Muriel Storey	Tamworth AC B	15.6	6
3	Gemma Hull	Notts AC B	16.4	5
4	Alison Whittingham	Sutton in Ashfield	18.2	4

**Women 200m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Katherine Snowden	Tamworth AC B	28.1	10
2	H Meakin	Sutton in Ashfield	30.5	8
3	Caroline McCarthy	Bridgnorth	30.9	7
4	B Wyer	Notts AC B	32.7	6
5	Lianne Brooks	Harborough	35.1	5

**Women 200m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Fiona Meldrum	Tamworth AC B	29.7	8
2	Gemma Hull	Notts AC B	34.8	6
3	Jill Wilson	Bridgnorth	40.3	5
4	Jane Bailey	Sutton in Ashfield	44.2	4
5	Helen Porter-Brown	OWLS	DQ	0



**Women 400m (A string)**

Posn	Name	Club	Perf	Pts
1	Rhianon Linington-Payne	Bridgnorth	60.8	10
2	Katherine Snowden	Tamworth AC B	62.4	8
3	Kinga Zajac	OWLS	68.8	7
4	Wendy Kane	Notts AC B	86.7	6

**Women 400m (B string)**

Posn	Name	Club	Perf	Pts
1	Georgia Loraine	Tamworth AC B	68.5	8
2	Helen Porter-Brown	OWLS	71.2	6

**Women 100m H (A string)**

Posn	Name	Club	Perf	Pts
1	Lucy Johnson	Notts AC B	21.4	10
2	Lianne Brooks	Harborough	25.2	8

**Women 400m H (A string)**

Posn	Name	Club	Perf	Pts
1	Rhianon Linington-Payne	Bridgnorth	70.6	10
2	Lucy Johnson	Notts AC B	70.8	8
3	Fiona Meldrum	Tamworth AC B	86.6	7
4	Lianne Brooks	Harborough	95.1	6

**Women 800m (A string)**

Posn	Name	Club	Perf	Pts
1	Amy Frith	Tamworth AC B	2.27.4	10
2	Kinga Zajac	OWLS	2.35.4	8
3	Gemma Hull	Notts AC B	3.05.5	7
4	Jill Wilson	Bridgnorth	3.39.6	6

**Women 800m (B string)**

Posn	Name	Club	Perf	Pts
1	Keely Simone Thorne	Tamworth AC B	2.45.0	8
2	Wendy Kane	Notts AC B	3.16.5	6
3	Margaret Linington-Payne	Bridgnorth	4.37.2	5

**Women 1500m (A string)**

Posn	Name	Club	Perf	Pts
1	Rachael Eastland	Tamworth AC B	5.41.2	10
2	Karen Brooks	Harborough	5.47.4	8
3	Alison Whittingham	Sutton in Ashfield	6.24.2	7
4	Gemma Hull	Notts AC B	6.36.7	6
5	Jill Wilson	Bridgnorth	7.37.3	5

**Women 1500m (B string)**

Posn	Name	Club	Perf	Pts
1	Laura Lewis	Tamworth AC B	6.31.8	8
2	Lianne Brooks	Harborough	6.38.8	6
3	Margaret Linington-Payne	Bridgnorth	9.05.1	5

**Women 3000m (A string)**

Posn	Name	Club	Perf	Pts
1	Karen Brooks	Harborough	11.57.6	10
2	Rachael Eastland	Tamworth AC B	12.31.3	8
3	Wendy Kane	Notts AC B	13.52.0.	7
4	Margaret Linington-Payne	Bridgnorth	19.01.8	6

**Women 3000m (B string)**

Posn	Name	Club	Perf	Pts
1		Notts AC B		8
2	Amy Williams	Tamworth AC B		6

**Women Long Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Charlotte Berrington	Bridgnorth	4.62	10
2	Muriel Storey	Tamworth AC B	3.98	8
3	B Wyer	Notts AC B	3.46	7
4	Ruby Juan	Bristol & West B	3.40	6
5	Jane Bailey	Sutton in Ashfield	3.10	5
6	Lianne Brooks	Harborough	3.09	4

**Women Long Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Philippa Madden	Bridgnorth	4.25	8
2	Fiona Meldrum	Tamworth AC B	3.75	6
3	Gemma Hull	Notts AC B	2.95	5
4	A Bailey	Bristol & West B	2.72	4
5	Francesca Meakin	Sutton in Ashfield	2.54	3

**Women Triple Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Hannah Mitchell	Sutton in Ashfield	9.97	10
2	Philippa Madden	Bridgnorth	9.52	8
3	Amy Frith	Tamworth AC B	9.44	7

**Women Triple Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Fiona Meldrum	Tamworth AC B		8

**Women High Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Charlotte Berrington	Bridgnorth	1.50	10
2	Amy Frith	Tamworth AC B	1.50	8
3	Lianne Brooks	Harborough	1.20	7
4	Ruby Juan	Bristol & West B	1.10	6

**Women High Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Amy Williams	Tamworth AC B	1.25	8

**Women Pole Vault (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Ruby Juan	Bristol & West B	2.10	10
2	Amy Frith	Tamworth AC B	2.00	8

**Women Shot Putt (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Hannah Mitchell	Sutton in Ashfield	9.59	10
2	Rebecca Johnstone	Notts AC B	7.36	8
3	Caroline McCarthy	Bridgnorth	6.29	7
4	Muriel Storey	Tamworth AC B	5.76	6
5	Ruby Juan	Bristol & West B	5.03	5

**Women Shot Putt (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Bethany Mitchell	Sutton in Ashfield	8.75	8
2	Justine Payne	Notts AC B	6.91	6
3	Charlotte Berrington	Bridgnorth	5.69	5
4	Sally Warren	Tamworth AC B	5.37	4
5	A Bailey	Bristol & West B	4.68	3

**Women Discus (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Hannah Mitchell	Sutton in Ashfield	24.17	10
2	Rebecca Johnstone	Notts AC B	22.53	8
3	Philippa Madden	Bridgnorth	22.25	7
4	A Bailey	Bristol & West B	14.48	6
5	Muriel Storey	Tamworth AC B	11.52	5

**Women Discus (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Caroline McCarthy	Bridgnorth	18.16	8
2	Ruby Juan	Bristol & West B	13.95	6
3	Jane Bailey	Sutton in Ashfield	11.67	5
4	Justine Payne	Notts AC B	9.83	4
5	Sally Warren	Tamworth AC B	9.65	3

**Women Hammer (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Bethany Mitchell	Sutton in Ashfield	37.32	10
2	Sally Warren	Tamworth AC B	23.99	8
3	Rebecca Johnstone	Notts AC B	22.77	7
4	Caroline McCarthy	Bridgnorth	15.30	6
5	Helen Porter-Brown	OWLS	13.67	5
6	Ruby Juan	Bristol & West B	12.86	4

**Women Hammer (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Hannah Mitchell	Sutton in Ashfield	27.87	8
2	Justine Payne	Notts AC B	15.11	6
3	Caroline McCarthy	Bridgnorth	12.27	5
4	A Bailey	Bristol & West B	10.67	4

**Women Javelin (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Bethany Mitchell	Sutton in Ashfield	35.75	10
2	Charlotte Berrington	Bridgnorth	20.86	8
3	Justine Payne	Notts AC B	18.21	7
4	Muriel Storey	Tamworth AC B	14.72	6
5	Lianne Brooks	Harborough	13.26	5
6	A Bailey	Bristol & West B	12.02	4

**Women Javelin (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Hannah Mitchell	Sutton in Ashfield	23.62	8
2	Philippa Madden	Bridgnorth	20.32	6
3	Katherine Snowden	Tamworth AC B	12.54	5
4	Wendy Kane	Notts AC B	11.51	4
5	Ruby Juan	Bristol & West B	11.25	3
6	Lianne Brooks	Harborough	6.60	2

**Womens 4x100m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1		Tamworth AC B	56.9	10
2		Notts AC B	64.1	8
3		Sutton in Ashfield	67.1	7
4		Bridgnorth	67.8	6

**Womens 4x400m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1		Tamworth AC B	4.22.0	10
2		Bridgnorth	5.03.2	8
3		Notts AC B	5.05.3	7
4		Sutton in Ashfield	5.23.8	6