

T1 400H U20W Final

Posn	Name	Club	Perf
1	Hayley Pitman	Bristol & West AC	65.85
2	Lucy Ferguson	Telford AC	66.92
3	Leyoni Massop	Wolves & Bilston	69.35
4	Emma Titcomb	Stratford-on-Avon	69.97
5	Jasmine Christian	RSC	70.02
6	Zoe Brown	Cheltenham & C H	73.19

T2 400mH SW Final

Posn	Name	Club	Perf
1	Justine Kinney	RSC	59.39
2	Sarah Adams	Trafford AC	59.81
3	Michelle Thomas	Birchfield H	62.56
4	Leila Corfield	Bristol & West AC	63.36
5	Samantha Day	Birchfield H	64.73
6	Bev Hawkins	Cheltenham & C H	70.72

T3 400H U20M Heat 1

Posn	Name	Club	Perf
1	Nathan Woodward	Tamworth AC	54.07
2	Christian Rees-Cooke	Birchfield H	58.06
3	Richard Curl	Solihull & S H	58.07
4	Calum Hutchman	Charnwood AC	61.08
5	Adam Smith	Cannock & Stafford	62.31

T3 400H U20M Heat 2

Posn	Name	Club	Perf
1	Tom Moakes	Notts AC	55.72
2	Tom Offler	Notts AC	56.22
3	Leon Simpson	Birchfield H	60.52
4	Matt Mayor	Rushcliffe AC	61.29

T4 400mH SM Heat 1

Posn	Name	Club	Perf
1	Darren Lewis	Wolves & Bilston	55.58
2	Daniel Everett	City of Norwich	57.36
3	Brenton Hardware	Birchfield H	58.67
4	Andrew Boon	Coventry Godiva	59.49

5	Philip Nation	Dudley & S'bridge	61.71
6	Ian Emery	B'ham Rowheath	62.00

T4 400mH SM Heat 2

Posn	Name	Club	Perf
1	Tom Burton	Tamworth AC	56.02
2	Callem Forde	Charnwood AC	56.35
3	Justin Grimes	Birchfield H	57.00
4	Stefan Wilcockson	Mansfield H	59.67
5	Jonathan Newell	Mansfield H	62.50

T5 800m SW Final

Posn	Name	Club	Perf
1	Rhianna Parker-Simpson	Halesowen AC	2.10.59
2	Victoria Owen	Sale Harriers	2.10.63
3	Ejiro Okoro	Birchfield H	2.12.45
4	Anouska McConnell	Birchfield H	2.12.69
5	Ruth Mitchell	Bristol & West AC	2.18.07
6	Rebecca Hall	Kettering Town	2.21.76
7	Aimee Booth	Birchfield H	2.22.78
8	Katherine Snowden	Tamworth AC	2.24.56
9	Suzanne Harding	Bristol & West AC	2.25.37

T6 800m U20M Heat 1

Posn	Name	Club	Perf
1	Ciaran Axford	Birchfield H	2.00.42
2	Simon King	Tamworth AC	2.00.43
3	Matthew Bayliss	B'ham Rowheath	2.00.77
4	Michael Mumford	Mansfield H	2.05.39
5	Lewis Bostock	Notts AC	2.05.47
6	Scott Baxter	Charnwood AC	2.05.49
7	Michael Brind	Charnwood AC	2.09.32

T6 800m U20M Heat 2

Posn	Name	Club	Perf
1	Peter Whitehouse	Birchfield H	2.01.67
2	Richard de-Camps	Gloucester AC	2.02.05
3	Richard O'Donnell	Birchfield H	2.02.16
4	Ian Goldsmith	Yate & D	2.05.13
5	Robert Cook	City of Stoke	2.06.39
6	Lee Norman	Coventry Godiva	2.09.26

T7 800m SM Final

Posn	Name	Club	Perf
1	James Miller	Cheltenham & C H	1.57.24
2	Marc Turner	Birchfield H	1.57.32
3	Stephen Emery	Rugby & N	1.57.88
4	Thomas Meakin	OWLS AC	1.58.57
5	Tom Causebrook	Rugby & N	2.00.40
6	Luke Sebit-Berridge	Leicester Coritanian	2.02.95
7	Chris Gallagher	Birmingham Uni	2.04.56
8	Jonathan Cullen	B'ham Rowheath	2.06.30
9	David Nation	Dudley & S'bridge	2.07.52
10	Kevin Pye	Charnwood AC	2.16.59

T8 100m U20W Final w/s 1.3

Posn	Name	Club	Perf
1	Shelley Went	Leamington AC	12.34
2	Kerry Salter	Bedford & County	12.74
3	Jade Peak	Birchfield H	12.75
4	Kimi Moncrieffe	Birchfield H	12.94
5	Sarah Weaver	Hereford & County	12.95
6	Emma Hourd	Notts AC	13.15
7	Caera Cheetam	Leicester Coritanian	13.36
8	Emma Cluley	Rugby & N	13.39
	Laura Samuel	Leicester Coritanian	DNS

T9 100m SW Heat 1 w/s 0.7

Posn	Name	Club	Perf
1	Amy Woodman	Birchfield H	12.11
2	Meghan Beesley	Birchfield H	12.17
3	Kylie Russell	Team Bath	12.22
4	Hannah Ingram	Loughborough St	12.59
	Heidi Jarosinski	Halesowen AC	DNS

T9 100m SW Heat 2 w/s 2.0

Posn	Name	Club	Perf
1	Ellena Ruddock	Rugby & N	11.88
2	Emma Bailey	Rugby & N	12.02
3	Sinead Johnson	Telford AC	12.39
4	Joanne Frost	Broms & Redd	12.48
5	Wendy Morant	Birchfield H	14.59

T10 100m U20M Heat 1 w/s 0.8

Posn	Name	Club	Perf
1	Antoe Walters	Birchfield H	11.15
2	Paul Jones	Halesowen AC	11.30
3	Edirin Okoro	Birchfield H	11.31
4	Santino Dummett	Telford AC	11.51
5	Matt Mayor	Rushcliffe AC	11.52
6	Sean Linnie	Worcester AC	11.72
	Ryan Farrington	Birchfield H	DNF

T10 100m U20M Heat 2 w/s 2.6

Posn	Name	Club	Perf
1	Erik Aselius	Corby AC	11.32
2	Sean Duffill	Broms & Redd	11.37
3	Jamie Brock	Yate & D	11.42
4	Guy Mayer	Cannock & Stafford	11.48
5	Aiden Twomey	Coventry Godiva	11.57
6	Dale Jacob	Mansfield H	11.61
7	Karl Ledington	Coventry Godiva	11.84

T10 100m U20M Heat 3 w/s 1.0

Posn	Name	Club	Perf
1	Jamie Blundell	Coventry Godiva	11.07 pb
2	Brentton Smith	Birchfield H	11.08
3	Nick Frodsham	Leamington AC	11.18
4	Steven Horton	Tipton Harriers	11.20
5	Mitchel Kirby	Leicester Coritanian	11.82
	Sam Harding	Birchfield H	DNF

T11 100m SM Heat 1 w/s 1.4

Posn	Name	Club	Perf
1	Fitzroy Falconer	Birchfield H	10.92
2	Justin Thompson	Birchfield H	10.97
3	Jermaine Downie	Birchfield H	11.01
4	Leroy Phillips	Leicester Coritanian	11.19
5	Luke Stott	Havering M	11.32
6	Sean Taylor	Corby AC	11.36
7	Kasim Adesanma	Notts AC	11.60
8	Dalton Powell	Notts AC	11.92

T11 100m SM Heat 2 w/s 2.7

Posn	Name	Club	Perf
1	Ryan Scott	Yate & D	10.37
2	Somto Eruchie	Birchfield H	10.64 pb

3	Joel Fearon	Coventry Godiva	10.68
4	Mark Dunwell	Notts AC	10.96
5	Jamie Gill	Derby AC	11.09
6	Aaron Aplin	Notts AC	11.31
7	Martin White	Mansfield H	11.78
8	Edward Dunford	Birchfield H	15.06

T11	100m SM		Heat 3	
				w/s 1.1
Posn	Name	Club	Perf	
1	Lloyd Rice	Bristol & West AC	10.77	
2	Paul Judson	Notts AC	10.89	
3	Andre Whyte	Halesowen AC	11.15	
4	Richard Rubenis	Telford AC	11.30	pb
5	Carl Mason	Birchfield H	11.51	
6	Andrew Shepherd	Charnwood AC	11.62	
7	Adam Hughes	Birchfield H	11.76	
8	Alastair McDonald	Bedford & County	11.85	

T12	3000m U20W		Final	
Posn	Name	Club	Perf	
1	Sarah Davis	RSC	10.41.64	
2	Clare Hodgson	RSC	10.53.85	
3	Johanna Gurney	Charnwood AC	11.05.47	

T13	3000m U20M		Final	
Posn	Name	Club	Perf	
1	Matthew Clowes	Staffs Moorlands	8.41.28	
2	Greg Divall	Birchfield H	8.42.83	
3	Josh Norman	OWLS AC	9.22.88	pb
	James Mee	Mansfield H	DNF	

T14	100H U20W		Final	w/s 0.6
Posn	Name	Club	Perf	
1	Chelsea Cooper	City of Stoke	14.59	pb
2	Lucy Ferguson	Telford AC	14.67	
3	Leila Armstrong-Green	Oswestry O	15.67	
4	Emma Titcomb	Stratford-on-Avon	16.28	
5	Laura Bennett	Mansfield H	16.37	

T15	100mH SW		Final	w/s 2.8
Posn	Name	Club	Perf	

1	Phyllis Agbo	Thames Valley H	13.87
2	Nicola Robinson	Coventry Godiva	14.16
3	Meghan Beesley	Birchfield H	14.26
4	Amy Fendley	Newark AC	15.52
	Joanna Eaton	Yate & D	DNF

T16 110H U20M Final w/s 1.6

Posn	Name	Club	Perf	
1	Edirin Okoro	Birchfield H	13.84	
2	Callum Priestley	Birchfield H	14.01	
3	Andrew Pozzi	Stratford-on-Avon	14.18	(U17)
4	Curtis Holmes	Birchfield H	15.09	
5	James Eaton	Rugby & N	15.37	pb
6	Oliver Knight	Charnwood AC	15.74	

T17 110mH SM Final w/s 1.3

Posn	Name	Club	Perf	
1	Robert James	Birchfield H	14.77	pb
2	Simon Wombwell	Herts Phoenix	15.39	

T18 400m U20W Final

Posn	Name	Club	Perf
1	Ese Okoro	Birchfield H	57.07
2	Hollie Owen	Tamworth AC	58.81
3	Chantelle Stanley	Nuneaton H	59.48
4	Kellie Bewick	Coventry Godiva	59.96
5	Nadia Bobash	Wolves & Bilston	64.13

T19 400m SW Heat 1

Posn	Name	Club	Perf
1	Laura Langowski	Coventry Godiva	55.65
2	Emma Williams	Coventry Godiva	57.35
3	Gemma Elliott	Kettering Town	59.27
4	Amy Frith	Tamworth AC	60.35
5	Louise Webster	Wolves & Bilston	61.82
6	Caroline Powell	Bristol & West AC	62.34

T19 400m SW Heat 2

Posn	Name	Club	Perf
1	Seemita Gumbs	Birchfield H	55.24
2	Melinda Cooksey	Tipton Harriers	56.29

3	Charmaine Riley	RSC	57.57
4	Hannah Keight	Tamworth AC	60.89
5	Paula Hill	Yate & D	61.84
	Sarah Rhodes	Coventry Godiva	DNF

T20 400m U20M Heat 1

Posn	Name	Club	Perf	
1	Robert Davis	Birchfield H	50.47	
2	Abdillah Nassir	Charnwood AC	50.64	
3	Charlie Burn	Stratford-on-Avon	50.89	
4	James Lea	Tipton Harriers	51.34	
5	Ross Allen	Rugby & N	52.77	pb
6	Jamie Graham	Cannock & Stafford	57.79	

T20 400m U20M Heat 2

Posn	Name	Club	Perf	
1	Luke Lennon-Ford	Birchfield H	49.39	
2	Ross McDonald	Birchfield H	49.57	
3	Michael Warner	Notts AC	49.63	
4	Luke Gibson	RSC	50.00	pb
5	Ian Goldsmith	Yate & D	54.89	

T21 400m SM Heat 1

Posn	Name	Club	Perf
1	Shem Nelson	Birchfield H	50.28
2	Lloyd Zvasiya	Birchfield H	50.60
3	Thomas Bryans	Rugby & N	51.14
4	Martin Aspley-Davis	Broms & Redd	51.21
5	Paul Wright	Mansfield H	51.52
6	Michael Gardiner	Cheltenham & C H	51.82
7	Jamie Fletcher	Burton AC	53.44

T21 400m SM Heat 2

Posn	Name	Club	Perf
1	Martin Cook	Mansfield H	49.71
2	Patrick Palmer-Junior	Birchfield H	49.72
3	Andrew Dean-Young	Birmingham Uni	49.92
4	Jamie Downes	Rugby & N	50.52
5	James Whitehouse	Birchfield H	51.65
6	Ian Barough	Cheltenham & C H	52.48
7	Kevin Pye	Charnwood AC	59.27

T22	2000m s/c SW		Final	
Posn	Name	Club	Perf	
1	Megan Jacobs	Birchfield H	8.54.79	
T23	2000m s/c U20M		Final	
Posn	Name	Club	Perf	
1	Jonathan Goringe	Kettering Town	6.48.49	
T24	200m U20W		Heat 1	w/s 2.9
Posn	Name	Club	Perf	
1	Emily Diamond	Bristol & West AC	25.4	
2	Shelley Went	Leamington AC	26.5	
3	Sarah Weaver	Hereford & County	27.1	
4	Hannah Greaves	Cannock & Stafford	27.2	
	Emma Cluley	Rugby & N	dns	
T24	200m U20W		Heat 2	w/s 1.7
Posn	Name	Club	Perf	
1	Chelsea Cooper	City of Stoke	25.3	
2	Jade Peak	Birchfield H	26.0	
3	Emma Hourd	Notts AC	26.7	
4	Beckie Houston	Bridgnorth AC	27.8	
	Kellie Bewick	Coventry Godiva	dns	
T25	200m SW		Heat 1	w/s 1.8
Posn	Name	Club	Perf	
1	Nadine Okyere	Birchfield H	24.63	pb
2	Ellena Ruddock	Rugby & N	25.05	
3	Nicola Robinson	Coventry Godiva	25.50	
4	Hannah Ingram	Loughborough St	25.63	
5	Michelle Thomas	Birchfield H	25.65	
6	Louise Webster	Wolves & Bilston	27.63	
	Sarah Rhodes	Coventry Godiva	dns	
T25	200m SW		Heat 2	w/s 0.2
Posn	Name	Club	Perf	
1	Kylie Russell	Team Bath	24.85	pb
2	Amy Woodman	Birchfield H	24.87	pb
3	Kayo Titiloye	Birchfield H	24.99	
4	Claire Burgoyne	Shrewsbury AC	25.45	

5	Caroline Watterson	Stafford Harriers	27.72
6	Wendy Morant	Birchfield H	30.74
	Gemma Elliott	Kettering Town	dns

T26 200m U20M Heat 1 w/s 2.5

Posn	Name	Club	Perf
1	Erik Aselius	Corby AC	22.58
2	Jamie Brock	Yate & D	22.78
3	Oliver Knight	Charnwood AC	22.95
4	Aeden Heath	Rugby & N	23.16
5	Santino Dummett	Telford AC	23.50
6	Ross Allen	Rugby & N	23.65
7	Sean Duffill	Broms & Redd	23.70
	Ryan Farrington	Birchfield H	dns

T26 200m U20M Heat 2 w/s 2.0

Posn	Name	Club	Perf
1	Luke Lennon-Ford	Birchfield H	21.97
2	Brentton Smith	Birchfield H	22.01
3	Steven Horton	Tipton Harriers	22.62
4	Martin Browne	Coventry Godiva	22.79
5	Ben Riekstins	Telford AC	22.93
6	Luke Evans	Broms & Redd	23.45
7	Jamie Graham	Cannock & Stafford	26.41

T26 200m U20M Heat 3 w/s 1.3

Posn	Name	Club	Perf
1	Samuel Cordin	Mansfield H	22.06
2	Nick Frodsham	Leamington AC	22.16
3	Ben Morris	Leicester Coritanian	22.89
4	Antoe Walters	Birchfield H	23.10
5	Dale Jacob	Mansfield H	23.35
6	Karl Ledington	Coventry Godiva	23.75
	Robert Davis	Birchfield H	dns

T27 200m SM Heat 1 w/s 2.3

Posn	Name	Club	Perf
1	Somto Eruchie	Birchfield H	21.38
2	Aaron Aplin	Notts AC	22.71
3	Dalton Powell	Notts AC	23.23
4	Andrew Shepherd	Charnwood AC	23.57
5	Adam Hughes	Birchfield H	23.94
	Shem Nelson	Birchfield H	dns

Jermaine Downie	Birchfield H	dns
Alastair McDonald	Bedford & County	dns

T27 200m SM Heat 2 w/s 1.3

Posn	Name	Club	Perf	
1	Paul Judson	Notts AC	21.73	
2	Stewart Marshall	Coventry Godiva	22.08	
3	Jim Tipper	Telford AC	22.12	pb
4	Jamie Gill	Derby AC	22.13	
5	Luke Stott	Havering M	22.15	pb
6	Martin White	Mansfield H	23.42	
7	Brian Darby	Coventry Godiva	23.64	

T27 200m SM Heat 3 w/s 1.6

Posn	Name	Club	Perf	
1	Fitzroy Falconer	Birchfield H	21.70	
2	Dwayne Lewis	Birchfield H	21.94	
3	Sean Taylor	Corby AC	22.57	
4	Tim Howells	Team Bath	22.70	
5	Anthony Mattis	Bristol & West AC	22.74	
6	Jamie Fletcher	Burton AC	23.84	
7	Isaac Eneche	Birchfield H	23.92	

T28 1500m SM Final

Posn	Name	Club	Perf	
1	Thomas Russell	Stroud & D	3.55.10	
2	Paul Miles	OWLS AC	3.55.17	
3	Jean Ndayisenga	Birchfield H	3.58.42	
4	Alexander Russell	Stroud & D	3.59.53	
5	John Millington	Tipton Harriers	4.01.45	
6	Dominik Morton	Halesowen AC	4.03.80	
7	Stuart King	Mansfield H	4.06.55	
8	Phil Clamp	Tipton Harriers	4.08.18	
9	Nick Hazelwood	Halesowen AC	4.12.81	
10	Andrew Kaar	Solihull & S H	4.21.56	
11	Jonathan Cullen	B'ham Rowheath	4.22.60	pb

T29 400H U20M Final

Posn	Name	Club	Perf	
1	Nathan Woodward	Tamworth AC	53.06	
2	Tom Moakes	Notts AC	55.17	pb
3	Richard Curl	Solihull & S H	57.26	
4	Christian Rees-Cooke	Birchfield H	57.41	

5	Leon Simpson	Birchfield H	60.54
6	Calum Hutchman	Charnwood AC	61.47
	Matt Mayor	Rushcliffe AC	dns
	Tom Offler	Notts AC	dnf

T30 400mH SM Final

Posn	Name	Club	Perf	
1	Darren Lewis	Wolves & Bilston	53.68	
2	Tom Burton	Tamworth AC	54.27	pb
3	Callem Forde	Charnwood AC	55.13	pb
4	Justin Grimes	Birchfield H	55.48	
5	Brenton Hardware	Birchfield H	56.54	
6	Daniel Everett	City of Norwich	57.20	
7	Stefan Wilcockson	Mansfield H	57.55	
8	Andrew Boon	Coventry Godiva	60.43	

T31 800m U20W Final

Posn	Name	Club	Perf	
1	Cally Read	Cannock & Stafford	2.14.80	pb
2	Georgia Milton	Mansfield H	2.19.29	
3	Bethan Roberts	Bridgnorth AC	2.29.20	
4	Jodie Bestwick	Mansfield H	2.29.95	

T33 800m U20M Final

Posn	Name	Club	Perf
1	Peter Whitehouse	Birchfield H	1.56.46
2	Simon King	Tamworth AC	1.57.41
3	Richard O'Donnell	Birchfield H	1.58.86
4	Ciaran Acford	Birchfield H	2.00.11
5	Matthew Bayliss	B'ham Rowheath	2.00.36
6	Richard de-Camps	Gloucester AC	2.03.60
7	Michael Mumford	Mansfield H	2.06.99
	Ian Goldsmith	Yate & D	dns

T36 5000m SM Final

Posn	Name	Club	Perf
1	Martin Williams	Tipton Harriers	14.54.35
2	Jeremy Bradley	Cheltenham & C H	14.55.32
3	Steven Marriott	Tipton Harriers	15.04.48
4	Philip Hinch	Tipton Harriers	15.21.29
5	Vincent O'Sullivan	Uni of Warwick	15.31.11
6	Daniel Woolford	Bristol & West AC	15.37.53
7	Tim Doran	OWLS AC	15.55.97

8	James Douglas	Charnwood AC	15.58.97
9	Stuart Nelson	Rugby & N	16.17.62
	Jason Williams	OWLS AC	dnf

T38 100m SW Final w/s 0.7

Posn	Name	Club	Perf	
1	Emma Bailey	Rugby & N	11.80	pb
2	Ellena Ruddock	Rugby & N	11.85	
3	Amy Woodman	Birchfield H	12.00	pb
4	Kylie Russell	Team Bath	12.13	
5	Sinead Johnson	Telford AC	12.31	
6	Joanne Frost	Broms & Redd	12.55	
	Hannah Ingram	Loughborough St	dns	
	Meghan Beesley	Birchfield H	dns	

T39 100m U20M Final w/s 0.9

Posn	Name	Club	Perf	
1	Brentton Smith	Birchfield H	10.87	
2	Jamie Blundell	Coventry Godiva	11.06	
3	Antoe Walters	Birchfield H	11.09	
4	Nick Frodsham	Leamington AC	11.12	
5	Erik Aselius	Corby AC	11.23	
6	Steven Horton	Tipton Harriers	11.30	
7	Paul Jones	Halesowen AC	12.43	
	Sean Duffill	Broms & Redd	dns	

T40 100m SM Final w/s 2.9

Posn	Name	Club	Perf	
1	Ryan Scott	Yate & D	10.36	
2	Lloyd Rice	Bristol & West AC	10.60	pb
3	Somto Eruchie	Birchfield H	10.70	
4	Fitzroy Falconer	Birchfield H	10.79	
5	Paul Judson	Notts AC	10.83	
6	Mark Dunwell	Notts AC	10.84	
7	Justin Thompson	Birchfield H	10.89	
	Joel Fearon	Coventry Godiva	dnf	

T42 400m SW Final

Posn	Name	Club	Perf	
1	Laura Langowski	Coventry Godiva	55.04	
2	Seemita Gumbs	Birchfield H	55.97	
3	Emma Williams	Coventry Godiva	56.65	
4	Melinda Cooksey	Tipton Harriers	57.61	

5	Charmaine Riley	RSC	58.05
6	Gemma Elliott	Kettering Town	60.00
7	Amy Frith	Tamworth AC	61.31
	Hannah Keight	Tamworth AC	dns

T43 400m U20M Final

Posn	Name	Club	Perf
1	Robert Davis	Birchfield H	48.32
2	Michael Warner	Notts AC	49.09
3	Ross McDonald	Birchfield H	49.48
4	Luke Lennon-Ford	Birchfield H	50.48
5	Luke Gibson	RSC	50.53
6	Abdillah Nassir	Charnwood AC	51.04
7	Charlie Burn	Stratford-on-Avon	51.81
8	James Lea	Tipton Harriers	52.19

T44 400m SM Final

Posn	Name	Club	Perf
1	Andrew Dean-Young	Birmingham Uni	50.14
2	Shem Nelson	Birchfield H	50.24
3	Martin Cook	Mansfield H	50.28
4	Thomas Bryans	Rugby & N	50.82
5	Patrick Palmer-Junior	Birchfield H	50.93
6	Martin Aspley-Davis	Broms & Redd	51.60
7	Jamie Downes	Rugby & N	51.93
	Lloyd Zvasiya	Birchfield H	dns

T45 1500m U20W Final

Posn	Name	Club	Perf
1	Olivia Larcombe	RSC	4.43.26
2	Hayley Munn	Kettering Town	4.44.49
3	Cerian Lancaster	Telford AC	4.46.54
4	Zara Farnell	RSC	4.53.69
5	Amber Magee	Charnwood AC	4.57.38
6	Hayley Richards	Wolves & Bilston	5.16.92

T46 1500m SW Final

Posn	Name	Club	Perf
1	Rachel Felton	Shaftsbury Barnet	4.22.85
2	Clare Mensley	Charnwood AC	4.34.07
3	Deborah Niccol	Bristol & West AC	4.40.96
4	Joanna Emery	Rugby & N	4.46.09
5	Alison Lavender	Oswestry O	4.53.28

6	Lucy Flanner	Solihull & S H	5.00.85
7	Sarah Hanley	Stroud & D	5.02.91
8	Sally Percival	Halesowen AC	5.26.83

T47 1500m U20M Final

Posn	Name	Club	Perf	
1	Daniel Cotterill	Tipton Harriers	4.00.69	pb
2	Ben Sharman	Kettering Town	4.02.64	
3	Ben Lacey	Charnwood AC	4.09.74	
4	James Mee	Mansfield H	4.12.95	
5	Chris Carter	Telford AC	4.21.67	
5	Tom Mahon	OWLS AC	4.21.76	
6	Lee Norman	Coventry Godiva	4.37.38	
7	Zabie Hassan	Tipton Harriers	4.44.64	
	Richard O'Donnell	Birchfield H	dns	

T49 200m U20W Final w/s 1.1

Posn	Name	Club	Perf
1	Chelsea Cooper	City of Stoke	24.58
2	Emily Diamond	Bristol & West AC	25.28
3	Shelley Went	Leamington AC	25.70
4	Jade Peak	Birchfield H	26.06
5	Emma Hourd	Notts AC	26.72
	Sarah Weaver	Hereford & County	dns
	Beckie Houston	Bridgnorth AC	dns
	Hannah Greaves	Cannock & Stafford	dns

T50 200m SW Final w/s 1.7

Posn	Name	Club	Perf
1	Ellena Ruddock	Rugby & N	24.54
2	Nadine Okyere	Birchfield H	24.60
3	Kayo Titiloye	Birchfield H	24.76
4	Amy Woodman	Birchfield H	24.86
5	Kylie Russell	Team Bath	24.93
6	Claire Burgoyne	Shrewsbury AC	25.25
7	Nicola Robinson	Coventry Godiva	25.84
8	Hannah Ingram	Loughborough St	26.06

T51 200m U20M Final w/s 1.4

Posn	Name	Club	Perf
1	Brentton Smith	Birchfield H	21.93
2	Luke Lennon-Ford	Birchfield H	21.95
3	Samuel Cordin	Mansfield H	22.18

4	Nick Frodsham	Leamington AC	22.33
5	Erik Aselius	Corby AC	22.66
6	Jamie Brock	Yate & D	22.84
7	Martin Browne	Coventry Godiva	22.88
8	Steven Horton	Tipton Harriers	23.24

T52 200m SM Final w/s 2.0

Posn	Name	Club	Perf	
1	Somto Eruchie	Birchfield H	21.36	
2	Paul Judson	Notts AC	21.55	
3	Dwayne Lewis	Birchfield H	21.80	
4	Fitzroy Falconer	Birchfield H	21.87	
5	Jim Tipper	Telford AC	22.13	pb
6	Stewart Marshall	Coventry Godiva	22.27	
7	Jamie Gill	Derby AC	22.46	
8	Aaron Aplin	Notts AC	22.85	

F01 Hammer SM Final

Posn	Name	Club	Perf
1	Matthew Bell	Birchfield H	61.76
2	Chris Shorthouse	Notts AC	59.04
3	John Pearson	Charnwood AC	58.84
4	Wayne Powell	Gloucester AC	56.36
5	Martin Roberts	Cannock & Stafford	43.33
6	Gregg Nixon	City of Stoke	41.55
7	Paul Gair	Mansfield H	39.05
8	Nigel Winchcombe	Notts AC	0.53

F02 Long Jump SW Final

Posn	Name	Club	Perf		
1	Phyllis Agbo	Thames Valley H	6.14	w/s 1.4	
2	Amy Harris	Birchfield H	6.03	w/s 3.6	5.96m w/s 1.6
3	Amy Woodman	Birchfield H	5.95	w/s 2.1	5.76m w/s 1.8
4	Aimee Palmer	Birchfield H	5.75	w/s 2.0	
5	Louise Hazel	Birchfield H	5.62	w/s 3.8	
6	Amy Fendley	Newark AC	5.47	w/s 3.1	
7	Heidi Jarosinski	Halesowen AC	5.33	w/s 1.8	
8	Sarah Rossiter	WSE & Hounslow	5.23	w/s 2.4	
9	Joanne Frost	Broms & Redd	5.04	w/s 2.2	4.83m w/s 1.8

F03 Long Jump U20W Final

Posn	Name	Club	Perf		
1	Chelsea Cooper	City of Stoke	5.81	w/s 4.1	5.77m w/s 1.4

2	Leila Armstrong-Green	Oswestry O	5.62	w/s 2.9	5.55m w/s 2.0
3	Laura Samuel	Leicester Coritanian	5.55	w/s 1.7	
4	Fiona Hunter-Johnston	Forest of Dean	5.29	w/s 3.7	5.17m w/s 1.7
5	Kate Birks	Leicester Coritanian	5.14	w/s 2.2	5.08m w/s 1.0
6	Amanda Evans	Stratford	4.62	w/s 2.8	4.51m w/s 1.8

F04 Pole Vault SW Final

Posn	Name	Club	Perf
1	Emma Lyons	Sale Harriers	3.80
2	Irie Hill	WSE & Hounslow	3.50
3	Hilary Williams-Smith	Birchfield H	3.20

F06 High Jump SM Final

Posn	Name	Club	Perf
1	Tom Parsons	Birchfield H	2.25
2	Matt Roberts	Newham & Essex B	2.05
3	Jamie Thomas	Birchfield H	1.95
4	Mitchell Simms	Tipton Harriers	1.90
5	Steven Ridgway	Trafford AC	1.85

F07 High Jump U20M Final

Posn	Name	Club	Perf
1	Matthew Ashley	Notts AC	1.95
2	Edward Mason	Team Bath	1.90
3	Phineas Stewart	Birchfield H	1.90
4	Richard Calado	Worcester AC	1.85
5	Max Clayton	Worcester AC	1.85
6	Adam Rigby	Cannock & Stafford	1.85
7	Martin Cherrington	Tipton Harriers	1.85
8	Edwin Elmhirst	Worcester AC	1.75

F08 Hammer SW Final

Posn	Name	Club	Perf	
1	Zoe Derham	Birchfield H	65.64	CBP
2	Rachel Gair	Mansfield H	57.07	
3	Hayley Murray	Birchfield H	49.89	
4	Beth Sewell	Cardiff AAC	45.10	
5	Nikita Morgan	Gloucester AC	44.23	
6	Jenny Cooper	Wolves & Bilston	36.00	

F09 Long Jump SM Final

Posn	Name	Club	Perf		
1	Jonathan Moore	Birchfield H	7.67	w/s 3.1	7.50m w/s 1.7
2	Ryan James	Birchfield H	7.42	w/s 3.9	
3	Leigh Smith	Birchfield H	7.37	w/s 1.5	
4	Andre Whyte	Halesowen AC	7.01	w/s 4.9	6.60m w/s 1.3
5	Andrew Jones	Shrewsbury AC	6.82	w/s 0.0	
6	Thomas Dunn	Loughborough St	6.41	w/s 1.4	
7	Oliver Armstrong	Birmingham Uni	4.37	w/s 3.9	

F10 Long Jump U20M Final

Posn	Name	Club	Perf		
1	Jamie Blundell	Coventry Godiva	7.31	w/s 4.4	
2	Matthew Parnell	Birchfield H	6.83	w/s 3.5	6.77m w/s 2.0
3	Sean Linnie	Worcester AC	6.21	w/s 4.0	
4	Michael Fenn	Daventry AAC	6.18	w/s 4.3	4.73m w/s 0.0
5	Jamie Batten	Stroud & D	5.96	w/s 3.1	
6	Matt Mayor	Rushcliffe AC	5.92	w/s 3.2	5.37m w/s 1.8

F11 Discus SW Final

Posn	Name	Club	Perf
1	Eden Francis	Birchfield H	44.84
2	Navdeep Dhaliwal	Shaftsbury Barnet	41.23
3	Jenny Scott	B'ham Rowheath	41.19
4	Nicola Talbot	Birchfield H	40.04
5	Rachel Backhouse	Corby AC	39.15
6	Jenny Cooper	Wolves & Bilston	33.10
7	Sally Percival	Halesowen	28.18

F12 Discus SM Final

Posn	Name	Club	Perf
1	Daniel Greaves	Charnwood AC	44.90
2	Elliot Price	Birchfield H	44.88
3	Gregg Nixon	City of Stoke	42.74
4	Christopher Horne	North Devon AC	39.21
5	John Twiddle	K'ston upon Hull	36.27
6	Richard Woodhall	Dudley & S'bridge	34.55

F13 Pole Vault SM Final

Posn	Name	Club	Perf
1	Christian North	Woodford G & EL	5.00
2	Oliver McNeillis	Birchfield H	4.80
	Martin Vincent	Rugby & N	nht

F14 Pole Vault U20M Final

Posn	Name	Club	Perf
1	Nick Cruchley	Halesowen AC	4.80
2	Jason Green	Shrewsbury AC	3.50
	Cameron Walker-Shepherd	Bristol & West AC	nht

F15 High Jump SW Final

Posn	Name	Club	Perf
1	Julie Crane	Sale Harriers	1.75

F16 High Jump U20W Final

Posn	Name	Club	Perf
1	Bethan Partridge	Telford	1.70
2	Hayley Pitman	Bristol & West AC	1.70
3	Sade Thompson	Birchfield H	1.70
4	Charlotte Parry	Solihull & S H	1.65
5	Katherine Connolly	Sphinx AC	1.60

F17 Triple Jump SW Final

Posn	Name	Club	Perf	
1	Linzi Robinson	Nuneaton H	12.35	w/s 2.0

F18 Triple Jump U20W Final

Posn	Name	Club	Perf		
1	Jenneice Birmingham	Birchfield H	12.17	w/s 2.6	11.85m w/s 1.5
2	Tamara Longwe	Leicester Coritanian	11.93	w/s 3.2	
3	Fiona Hunter-Johnston	Forest of Dean	11.55	w/s 3.2	11.40m w/s 1.6
4	Bethan Partridge	Telford	11.39	w/s 3.2	
5	Jade Ellans	Yate	11.37	w/s 2.7	11.30m w/s 1.06
6	Laura Keeley	Coventry Godiva	11.18	w/s 0.1	
7	Hannah Walsh	Charnwood AC	11.03	w/s 3.4	10.88m w/s 1.1
8	Kate Birks	Leicester Coritanian	10.62	w/s 4.2	9.78m w/s 1.5
9	Amanda Evans	Stratford	10.53	w/s 2.5	9.96m w/s 1.6
10	Rachel Spooner	Yate & D	10.15	w/s 1.3	

F19 Javelin SM Final

Posn	Name	Club	Perf
1	Glyn Hollingworth	Coventry Godiva	63.29
2	Christopher Eden	Notts AC	60.23
3	Richard Woolley	Mansfield H	59.14

4	Brett Byrd	Tamworth AC	57.84
5	Neil Crossley	Cheltenham & C H	56.17
6	Richard Woodhall	Dudley & S'bridge	52.85
7	Oliver Wright	Swansea H	46.06

F20 Javelin SW Final

Posn	Name	Club	Perf
1	Phyllis Agbo	Thames Valley H	39.00
2	Louise Hazel	Birchfield H	36.95
3	Anna Price	RSC	35.33
4	Bev Hawkins	Cheltenham & C H	35.28

F21 Shot SM Final

Posn	Name	Club	Perf
1	Gregg Nixon	City of Stoke	13.27
2	John Twiddle	K'ston upon Hull	11.87

F22 Shot SW Final

Posn	Name	Club	Perf
1	Eden Francis	Birchfield H	15.26
2	Rachel Wallader	Rugby & N	14.12
3	Julie Hollman	Birchfield H	13.06
4	Laura Gomery	Birchfield H	11.31

F23 Triple Jump SM Final

Posn	Name	Club	Perf	
1	Michael McKernan	Birchfield H	15.25	w/s -3.1
2	Konrad Katarzynski	Birchfield H	14.76	w/s -3.1
3	James Townsend	Sale Harriers	14.43	w/s-2.8
4	Anthony Mattis	Bristol & West AC	13.50	w/s -2.0

F24 Triple Jump U20M Final

Posn	Name	Club	Perf	
1	Tom Bell	Mansfield H	13.61	w/s -3.1
2	Mitchel Kirby	Leicester Coritanian	12.67	w/s-1.9