

T1 400mH U20W Final

Posn	Name	Club	Perf
1	Rhiannon Linington-Payne	Bridgnorth AC	65.79
2	Laura Pacey	Wolves & Bilston	68.63
3	Clare Ashley	Notts AC	68.94

T2 400mH SW Final

Posn	Name	Club	Perf
1	Michelle Thomas	Birchfield H	64.47
2	Hayley Pitman	Bristol & West AC	66.23
3	Lucy Spray	Mansfield H	70.28

T3 400mH U20M Final

Posn	Name	Club	Perf
1	Ashley Hill	Cheltenham & C H	55.30
2	Adam Sansom	Mansfield H	56.24
3	Tom Moakes	Notts AC	57.11
4	Phil Shotton	Telford AC	57.98
5	Adam Smith	Cannock & Stafford	62.59
	Ciaran Donnelly	Birchfield H	DNF

T4 400mH SM Heat 1

Posn	Name	Club	Perf
1	Lloyd Gumbs	Shaftsbury Barnet	55.42
2	Daniel Everett	Notts AC	55.85
3	Callem Forde	Charnwood AC	56.43
4	Diego Martin	Coventry Godiva	56.66
5	Steve Parker	Bristol & West	59.98
6	Ian Emery	B'ham Rowheath	61.74

T4 400mH SM Heat 2

Posn	Name	Club	Perf
1	Tom Burton	Tamworth AC	54.30
2	Darren Lewis	Wolves & Bilston	55.33
3	Brenton Hardware	Birchfield H	57.14
4	Stefan Wilcockson	Mansfield H	58.03
5	Jonathan Newell	Mansfield H	60.52
6	Andrew Freeman	Broms & Redd	64.93

T5 800m U20M Final

Posn	Name	Club	Perf
1	Adam Cotton	Birchfield H	1.52.64
2	Nico Constanti	Gloucester AC	1.54.83
3	Jarryd Dunn	Birchfield H	1.55.68
4	Charlie Eastaugh	Leamington AC	1.56.59
5	Chris Carter	Telford AC	1.57.08
6	Matthew Bayliss	Birm Rowheath	1.58.39
7	Toby Griffiths	Oswestry O	1.59.98
8	Tom Nutt	OWLS AC	2.00.65
9	Manzulyn Cain	Tipton Harriers	2.02.91
10	Amardeep Sangha	Tipton Harriers	2.03.84

T6 800m SM Heat 1

Posn	Name	Club	Perf
1	Joe Brocklehurst	Stratford-on-Avon	1.54.68
2	Oliver Blake	Oswestry O	1.54.71
3	Stephen Mitchell	Bristol & West AC	1.55.54
4	James Ansell	Newquay & Par	1.56.88
5	Luke Sebit-Berridge	Leicester Coritanian	2.05.23
6	Jonathan Cullen	Birchfield H	2.06.46
7	Kevin Pye	Charnwood AC	2.15.99

T6 800m SM Heat 2

Posn	Name	Club	Perf
1	Chris Brown	Mansfield H	1.55.39
2	Ben Sharman	Birchfield H	1.55.48
3	James Hood	Broms & Redd	1.55.58
4	Paul Harmer	Charnwood AC	1.59.14
5	James Miller	Cheltenham & C H	2.00.05
6	Richard de-Camps	Gloucester AC	2.03.50
7	David Nation	Dudley & S'bridge	2.09.30
	Ian Ashaill	RAF	DNS

T6 800m SM Heat 3

Posn	Name	Club	Perf
1	Andrew de-Camps	Gloucester AC	1.56.63
2	Daniel Barkes	Mansfield H	1.57.16
3	Adam Watt	Birchfield H	1.57.64
4	Tom Holden	Tipton Harriers	1.58.88
5	Matthew Emery	Rugby & N	2.03.74
6	Andy Poppleton	Worcester AC	2.03.76
7	Matthew Baldock	Birchfield H	2.05.05

T7 100m U20W Heat 1 w/s 1.2

Posn	Name	Club	Perf
1	Emily Diamond	Bristol & West AC	11.93
2	Laura Samuel	Leics C	12.07
3	Laura Haslam	Charnwood AC	12.34
4	Kimi Moncrieffe	Birchfield H	13.09
5	Isobel Rogers	Cannock & Stafford	13.23

T7 100m U20W Heat 2 w/s 1.1

Posn	Name	Club	Perf
1	Jor'dan McIntosh	Charnwood AC	12.81
2	Kerry Salter	Bedford & County	12.81
3	Emma Cluley	Rugby & N	13.29
4	Eleanor Russon	Tipton Harriers	13.64
5	Becky Donnelly	Worcester AC	13.85

T8 100m SW Heat 1 w/s 2.7

Posn	Name	Club	Perf
1	Emma Bailey	Rugby & N	12.33
2	Kayo Titiloye	Birchfield H	12.36
3	Nicola Robinson	Coventry Godiva	12.41
4	Anja Meyer	Birmingham Uni	12.80
5	Gia Skervin	Notts AC	12.85
6	Charmaine Riley	RSC	12.99

T8 100m SW Heat 2 w/s 1.0

Posn	Name	Club	Perf
1	Bernice Wilson	Birchfield H	12.09
2	Ellena Ruddock	Rugby & N	12.17
3	Charnia Weightman	Yate & D	12.45
4	Shelley Went	Leamington AC	12.57
5	Hannah Williams	Birmingham Univ	12.58

T9 100m U20M Heat 1 w/s 1.3

Posn	Name	Club	Perf
1	Martin Browne	Coventry Godiva	11.08
2	Andy Brookes	Dudley & S'bridge	11.14
3	Curtis Holmes	Birchfield H	11.14 pb
4	Santino Dummett	Telford AC	11.23
5	Nuetey Ayeh	B'ham Rowheath	11.72
6	Rajan Parmar	Leicester Coritanian	11.74

T9 100m U20M Heat 2 w/s 0.5

Posn	Name	Club	Perf
1	Alex Nwenwu	Wolves & Bilston	11.15
2	Daniel Dennis	Wolves & Bilston	11.16
3	Aidan Twomey	Coventry Godiva	11.26
4	Jonathan Timmins	Tipton Harriers	11.47
5	James Lea	Tipton Harriers	11.48
6	Sam Hampton	Birchfield H	11.59

T9 100m U20M Heat 3 w/s 0.9

Posn	Name	Club	Perf
1	Antoe Walters	Birchfield H	10.88
2	Elijah Skervin	Notts AC	11.15
3	Giziel Lima	B'ham Rowheath	11.39 pb
4	Tom Wilson	Notts AC	11.43
5	Peter Shand	Tipton Harriers	11.65
	Jamie Brock	Yate & D	DNS

T10 100m SM Heat 1 w/s 1.1

Posn	Name	Club	Perf
1	Joel Fearon	Coventry Godiva	10.67
2	Ryan James	Birchfield H	10.83 pb
3	Ben Simons	Telford AC	10.96
4	Leroy Phillips	Leicester Coritanian	11.07
5	Andre Whyte	Halesowen AC	11.12
6	Ansell Maxwell	Mansfield H	11.58
7	Carl Mason	Birchfield H	11.61
8	Ashleigh Naylor	Gloucester AC	11.61

T10 100m SM Heat 2 w/s 1.5

Posn	Name	Club	Perf
1	Andrew Jones	Shrewsbury AC	10.98
2	Somto Eruchie	Birchfield H	10.99
3	Brentton Smith	Birchfield H	11.03
4	Cloron Hylton	Birchfield H	11.09
5	Robert James	Birchfield H	11.09
6	Edirin Okoro	Birchfield H	11.24
7	Steven Dealtry	Leamington AC	11.44
8	Martin White	Mansfield H	11.68

T10 100m SM Heat 3 w/s 0.6

Posn	Name	Club	Perf
1	Justin Thompson	Birchfield H	10.82
2	Julian Thomas	Birchfield H	10.95
3	Ryan Farrington	Birchfield H	11.08
4	John Ofori-Baffoe	Leamington AC	11.15
5	Adam Thomas	Birchfield H	11.18
6	Dwight Fenton	Coventry Godiva	11.35
7	Adam Hughes	Birchfield H	11.84
8	Peter Clarke	Coventry Godiva	11.98

T11 3000m U20W Final

Posn	Name	Club	Perf
1	Sophie Lynch	Tipton Harriers	11.10.92
2	Louisa Monk	Leicester Coritanian	11.30.76

T12 3000m U20M Final

Posn	Name	Club	Perf
1	Josh Norman	OWLS AC	8.45.17
2	Ben Norris	Notts AC	8.45.45
3	Sam Stabler	OWLS AC	8.48.87
4	Joe Dagleish	Yate & D	9.04.09
5	Kyle Fowler	Staffs Moorlands	9.17.91
6	William Neil	Staffs Moorlands	9.25.18
7	Michael Brind	Charnwood AC	9.34.52
8	Jack Mee	Leamington AC	9.37.53
9	Chris Cooper	Nene Valley H	9.43.34

T13 100mH U20W Final w/s 1.4

Posn	Name	Club	Perf
1	Molly Bagworth	Coventry Godiva	15.55
2	Laura Bennett	Mansfield H	15.72
3	Emma Cluley	Rugby & N	16.26
4	Amanda Evans	Stratford-on-Avon	16.60 pb

T14 100mH SW Final w/s 1.4

Posn	Name	Club	Perf	
1	Nicola Robinson	Coventry Godiva	14.23	
2	Joanna Eaton	Yate & D	14.40	pb
3	Jade Surman	Birchfield H	14.44	

T15 110mH U20M Final w/s 0.4

Posn	Name	Club	Perf	
1	Andrew Pozzi	Stratford-on-Avon	13.83	
2	Orie Lawrence	Birchfield H	14.18	pb
3	Curtis Holmes	Birchfield H	14.24	
4	James Hardy	Mansfield H	14.40	
5	Alex Nwenwu	Wolves & Bilston	14.49	
6	James Eaton	Rugby & N	15.60	
	Ciaran Donnelly	Birchfield H	DNS	
	Brad Garside	City of Stoke	DNS	

T16 110mH SM Final w/s 0.9

Posn	Name	Club	Perf	
1	Callum Priestley	Woodford G & EL	13.83	
2	Edirin Okoro	Birchfield H	14.48	
3	Robert James	Birchfield H	15.19	
	Joseph Hylton	Birchfield H	DNF	

T17 400m U20W Heat 1

Posn	Name	Club	Perf	
1	Rowena Cole	Coventry Godiva	56.37	pb
2	Jenny White	Worcester AC	61.12	
3	Beckie Houston	Shrewsbury AC	63.89	
4	Lauren Quenby	Charnwood AC	65.31	pb
	Hanifa Greenwood	Birchfield H	DNF	

T17 400m U20W Heat 2

Posn	Name	Club	Perf	
1	Ejiro Okoro	Birchfield H	57.81	
2	Sophie Clark	Birchfield H	59.26	pb
3	Kellie Bewick	Coventry Godiva	60.18	
4	Emma Hourd	Notts AC	60.66	
5	Hannah Godrich	Charnwood AC	62.49	

T18 400m SW Final

Posn	Name	Club	Perf	
1	Laura Langowski	Coventry Godiva	55.29	
2	Emma Williams	Coventry Godiva	56.63	
3	Seemita Gumbs	Birchfield H	56.84	
4	Gemma Elliott	Kettering Town	59.21	
5	Louise Webster	Wolves & Bilston	61.93	
6	Vicky King	Birchfield H	64.68	
7	Wendy Morant	Birchfield H	78.15	

T19 400m U20M Heat 1

Posn	Name	Club	Perf
1	Ross McDonald	Birchfield H	49.82
2	Gary Coleman	Yate & D	49.95
3	Abdillah Nassir	Charnwood AC	51.15
4	Toby Birtwhistle	Telford AC	52.20
5	Sam Hampton	Birchfield H	53.77
6	Ben Riekstins	Telford AC	54.04
7	Michael West	N V H	55.95
	Nuetey Ayeh	B'ham Rowheath	DNS

T19 400m U20M Heat 2

Posn	Name	Club	Perf
1	Efekemo Okoro	Birchfield H	50.10
2	Phinehas Stewart	Birchfield H	50.12 pb
3	Phillip Berners	Charnwood AC	50.35
4	Tom Hinton	Birchfield H	50.41
5	Sam Peters	Erme Valley H	51.04
6	Joseph Mellor	Notts AC	52.22 pb
7	Matthew Timothy	Coventry Godiva	52.83

T20 400m SM Heat 1

Posn	Name	Club	Perf
1	Luke Lennon-Ford	Birchfield H	48.42 pb
2	Paul Judson	Notts AC	49.36 pb
3	Patrick Palmer	Birchfield H	50.17
4	Michael Gardiner	Cheltenham & C H	52.65
5	Adrian Newall	Birchfield H	52.68
6	Ian Ashaill	RAF	54.04
	Jamie Downes	Rugby & N	DNS

T20 400m SM Heat 2

Posn	Name	Club	Perf
1	Shem Nelson	Birchfield H	49.87
2	Martin Cook	Mansfield H	50.06
3	James Whitehouse	Birchfield H	50.22
4	Richard Rubenis	Telford AC	50.26 pb
5	Ashleigh Naylor	Gloucester AC	51.04
6	John Merrett	Cheltenham & C H	52.16

T20 400m SM Heat 3

Posn	Name	Club	Perf
1	Jonathan Hornblow	Derby AC	49.39
2	Paul Wright	Mansfield H	49.82 pb
3	Daniel Cash	Tamworth AC	50.02
4	Andrew Dean-Young	Bristol & West AC	50.66
5	Ian Barough	Cheltenham & C H	52.07
6	Jamie Fletcher	Derby AC	53.65

T21 2000m S/C SW Final

Posn	Name	Club	Perf
1	Amber-Sian Magee	Charnwood AC	7.31.85 CBP
2	Louise Durman	Stroud & D	7.34.69
3	Kathryn Stuart	Sphinx AC	8.00.88
4	Megan Jacobs	Birchfield H	9.26.67

T22 2000m S/C U20M**Final**

Posn	Name	Club	Perf
1	Simon Lanckham	Broms & Redd	6.46.13
2	Liam Phelan	Leicester Coritanian	6.49.35

T23 3000m S/C SM**Final**

Posn	Name	Club	Perf
1	Steve Millward	Gloucester AC	9.24.99
2	Ed Womersley	Stroud & D	9.37.31
3	Colin Lancaster	Telford AC	11.52.52

T24 200m U20W**Final** w/s 0.7

Posn	Name	Club	Perf
1	Chelsea Cooper	City of Stoke	24.96
2	Laura Haslam	Charnwood AC	25.24 pb
3	Jor'dan McIntosh	Charnwood AC	26.01 pb

T25 200m SW**Heat 1** w/s 1.8

Posn	Name	Club	Perf
1	Melinda Cooksey	Tipton Harriers	24.37
2	Kayo Titiloye	Birchfield H	25.45
3	Laura Langowski	Coventry Godiva	25.72
4	Gia Skervin	Notts AC	27.23
5	Louise Webster	Wolves & Bilston	27.89

T25 200m SW**Heat 2** w/s 1.9

Posn	Name	Club	Perf
1	Bernice Wilson	Birchfield H	24.74
2	Ellena Ruddock	Rugby & N	25.16
3	Joanna Patterson	University of Bath	25.22
4	Anja Meyer	Birmingham Uni	26.71
5	Joanne Brooke	Shrewsbury AC	27.37

T26 200m U20M**Heat 1** w/s 1.2

Posn	Name	Club	Perf
1	Ashley Hill	Cheltenham & C H	22.24
2	Elijah Skervin	Notts AC	22.76
3	Jonathan Timmins	Tipton Harriers	22.76
4	James Lea	Tipton Harriers	23.07
5	Peter Shand	Tipton Harriers	23.48
6	James Hardy	Mansfield H	24.03

T26 200m U20M**Heat 2** w/s 1.6

Posn	Name	Club	Perf
1	Daniel Dennis	Wolves & Bilston	22.23
2	Martin Browne	Coventry Godiva	22.73
3	Tom Wilson	Notts AC	22.73
4	Toby Birtwhistle	Telford AC	23.90
	Ross McDonald	Birchfield H	DNS
	Jamie Brock	Yate & D	DNS

T26 200m U20M Heat 3 w/s 1.9

Posn	Name	Club	Perf
1	David Lima	B'ham Rowheath	21.99 pb
2	Adam Sansom	Mansfield H	22.65
3	Lewis Summer-Rell	Notts AC	23.14
4	Sam Hampton	Birchfield H	23.27
5	Nuetey Ayeh	B'ham Rowheath	23.78
6	Alexander Betteridge	Worcester AC	23.90

T27 200m SM Heat 1 w/s 1.1

Posn	Name	Club	Perf
1	Somto Eruchie	Birchfield H	21.72
2	Dwayne Lewis	Birchfield H	21.97
3	Ryan Farrington	Birchfield H	22.30
4	Dwight Fenton	Coventry Godiva	22.85
5	Anthony Mattis	Bristol & West AC	23.01
6	Martin White	Mansfield H	23.61
7	Jamie Fletcher	Derby AC	23.89

T27 200m SM Heat 2 w/s 2.6

Posn	Name	Club	Perf
1	Paul Judson	Notts AC	21.51
2	Joel Fearon	Coventry Godiva	21.67
3	Nick Kanonik	Birchfield H	22.00
4	John Ofori-Baffoe	Leamington AC	22.45
5	Leroy Phillips	Leicester Coritanian	22.74
6	Ansell Maxwell	Mansfield H	23.25
7	Steven Dealtry	Leamington AC	23.36

T27 200m SM Heat 3 w/s 2.8

Posn	Name	Club	Perf
1	Samuel Cordin	Mansfield H	22.09
2	Luke Stott	Havering M	22.12
3	Nick Little	Gateshead H	22.18 pb
4	Brentton Smith	Birchfield H	22.37
5	Simon Bennett	Leamington AC	22.81
6	Jim Tipper	Telford AC	23.37

T28 1500m SM Final

Posn	Name	Club	Perf
1	Paul Richardson	OWLS AC	3.55.69
2	Thomas Gayle	City of Stoke	3.56.00
3	Gareth Allott	Staffs Moorlands	3.56.24
4	Matthew Clowes	Staffs Moorlands	3.56.42
5	Matthew Almond	Coventry Godiva	3.58.24
6	Stuart King	Mansfield H	4.00.73
7	Ryan Kenny	Coventry Godiva	4.01.33
8	Andrew Prophet	Cheltenham & C H	4.02.51
9	Greg Divall	Birchfield H	4.03.61
10	James Mee	Mansfield H	4.04.71
11	Chris Lamb	Rugby & N	4.05.13
12	Adam Watt	Birchfield H	4.05.72
13	Simon O'Meara	Birchfield H	4.06.08
14	Stephen Mears	Charnwood AC	4.07.78
15	Dominik Morton	Halesowen AC	4.09.42
16	Craig Walker	Wolves & Bilston	4.09.46
17	Martyn Gibbons	Notts AC	4.13.50
18	Andrew Kaar	Solihull & SH	4.24.9

T29 400mH SM Final

Posn	Name	Club	Perf	
1	Tom Burton	Tamworth AC	51.53	pb
2	Darren Lewis	Wolves & Bilston	53.60	
3	Daniel Everett	Notts AC	55.54	pb
4	Brenton Hardware	Birchfield H	55.88	
5	Callem Forde	Charnwood AC	56.13	
6	Diego Martin	Coventry Godiva	57.54	
7	Stefan Wilcockson	Mansfield H	61.36	
	Lloyd Gumbs	Shaftsbury Barnet	DNF	

T30 800m U20W Final

Posn	Name	Club	Perf
1	Cerian Lancaster	Telford AC	2.34.30

T31 800m SW Final

Posn	Name	Club	Perf
1	Celia Brown	Coventry Godiva	2.07.77
2	Anouska McConnell	Birchfield H	2.13.14
3	Ruth Mitchell	Bristol & West AC	2.15.11
4	Joanna Emery	Coventry Godiva	2.18.03
5	Deborah Niccol	Bristol & West AC	2.18.55
6	Emma Day	Leamington AC	2.24.54
7	Charlotte Livingstone	Birmingham Uni	2.35.40

T33 800m SM Final

Posn	Name	Club	Perf
1	Joe Brocklehurst	Stratford-on-Avon	1.52.88
2	Chris Brown	Mansfield H	1.53.24
3	Daniel Barks	Mansfield H	1.53.39
4	Oliver Blake	Oswestry O	1.53.59
5	Stephen Mitchell	Bristol & West AC	1.54.11
6	Andrew de-Camps	Gloucester AC	1.54.43
7	James Hood	Broms & Redd	1.55.55
8	Ben Sharman	Birchfield H	1.57.40

T34 5000m SW Final

Posn	Name	Club	Perf
1	Claire Hallissey	Bristol & West AC	16.24.27
2	Sophie Williams	Birchfield H	18.23.35

T35 5000m SM Final

Posn	Name	Club	Perf
1	Josh Lilly	Severn AC	14.36.24
2	Jonathan Thewlis	Notts AC	14.36.60
3	Steven Marriott	Tipton Harriers	14.50.40
4	Sebastian Duffy	City of Stoke	15.01.96
5	Daniel Woolford	Bristol & West AC	15.59.94
6	Frank Handy	Birchfield H	17.36.00
	Phil Hinch	Tipton Harriers	DNF

T36 100m U20W Final w/s 1.7

Posn	Name	Club	Perf	
1	Emily Diamond	Bristol & West AC	11.80	pb
2	Laura Samuel	Leics C	12.08	
3	Laura Haslam	Charnwood AC	12.28	
4	Kerry Salter	Bedford & County	12.64	pb
5	Jor'dan McIntosh	Charnwood AC	12.65	pb
6	Emma Cluley	Rugby & N	13.05	
7	Kimi Moncrieffe	Birchfield H	13.08	
	Isobel Rogers	Cannock & Stafford	DNS	

T37 100m SW Final w/s 1.9

Posn	Name	Club	Perf	
1	Bernice Wilson	Birchfield H	11.86	
2	Ellena Ruddock	Rugby & N	12.04	
3	Emma Bailey	Rugby & N	12.18	
4	Kayo Titiloye	Birchfield H	12.31	
5	Charnia Weightman	Yate & D	12.31	
6	Hannah Williams	Birmingham Univ	12.46	
7	Shelley Went	Leamington AC	12.54	
	Nicola Robinson	Coventry Godiva	DNS	

T38 100m U20M Final w/s 1.0

Posn	Name	Club	Perf	
1	Antoe Walters	Birchfield H	10.71	
2	Alex Nwenwu	Wolves & Bilston	10.95	
3	Elijah Skervin	Notts AC	10.98	
4	Andy Brookes	Dudley & S'bridge	11.02	
5	Daniel Dennis	Wolves & Bilston	11.02	
6	Curtis Holmes	Birchfield H	11.15	pb
7	Santino Dummett	Telford AC	11.27	
	Martin Browne	Coventry Godiva	DQ	

T39 100m SM Final w/s 1.5

Posn	Name	Club	Perf	
1	Joel Fearon	Coventry Godiva	10.60	
2	Ben Simons	Telford AC	10.78	
3	Ryan James	Birchfield H	10.80	
4	Justin Thompson	Birchfield H	10.83	
5	Somto Eruchie	Birchfield H	10.91	
6	Brentton Smith	Birchfield H	11.01	
7	Andrew Jones	Shrewsbury AC	11.09	
	Julian Thomas	Birchfield H	DNS	

T40 400m U20W Final

Posn	Name	Club	Perf	
1	Rowena Cole	Coventry Godiva	55.72	
2	Ejiro Okoro	Birchfield H	57.16	
3	Sophie Clark	Birchfield H	59.73	
4	Emma Hourd	Notts AC	62.64	
5	Beckie Houston	Shrewsbury AC	63.71	
	Hannah Godrich	Charnwood AC	DNS	
	Jenny White	Worcester AC	DNS	
	Kellie Bewick	Coventry Godiva	DNS	

T42 400m U20M Final

Posn	Name	Club	Perf
1	Ross McDonald	Birchfield H	48.71
2	Efekemo Okoro	Birchfield H	49.27
3	Gary Coleman	Yate & D	49.42
4	Phillip Berners	Charnwood AC	49.86
5	Tom Hinton	Birchfield H	50.16
6	Abdillah Nassir	Charnwood AC	50.42
7	Sam Peters	Erme Valley H	51.60
	Phinehas Stewart	Birchfield H	DNS

T43 400m SM Final

Posn	Name	Club	Perf
1	Luke Lennon-Ford	Birchfield H	48.6
2	Shem Nelson	Birchfield H	49.7
3	Jonathan Hornblow	Derby AC	49.7
4	Paul Judson	Notts AC	49.8
5	Paul Wright	Mansfield H	50.0
6	Daniel Cash	Tamworth AC	50.1
7	Martin Cook	Mansfield H	50.4
8	Patrick Palmer	Birchfield H	50.5

T44 1500m U20W Final

Posn	Name	Club	Perf
1	Sarah Hopcroft	Birchfield H	4.41.3
2	Nicole Roberts	Winchester & D	4.49.6
3	Rachel Atherton	Cannock & Stafford	4.54.4

T45 1500m SW Final

Posn	Name	Club	Perf
1	Hannah Whitmore	Charnwood AC	4.20.2
2	Tina Brown	Coventry Godiva	4.21.4
3	Lucy Flanner	Solihull & S H	4.34.5
4	Emma Langdell	RSC	4.45.0
5	Sarah Rowton	Coventry Godiva	4.49.8
6	Catherine Veysey	Tipton Harriers	4.51.0
7	Rachel Buxton	Coventry Godiva	4.51.7

T46 1500m U20M Final

Posn	Name	Club	Perf
1	Sam Evans	Cannock & Stafford	3.56.8
2	Christopher Harvey	Cannock & Stafford	3.58.3
3	Paul Thompson	B'ham Rowheath	4.02.6
4	Daniel Cotterill	Tipton Harriers	4.04.1
5	Sean Bowden	Broms & Redd	4.04.3
6	Ben Coldray	Stroud & D	4.06.3
7	Matthew Allott	Staffs Moorlands	4.06.8
8	Jonathan Turnock	Staffs Moorlands	4.14.8
9	Tom Mahon	OWLS AC	4.19.9
10	Daniel Lismore	Birchfield H	4.30.9
11	Tom Delaney	Sphinx AC	4.33.3

T49 200m SW Final w/s 0.1

Posn	Name	Club	Perf	
1	Melinda Cooksey	Tipton Harriers	23.8	pb
2	Bernice Wilson	Birchfield H	24.4	
3	Ellena Ruddock	Rugby & N	24.8	
4	Joanna Patterson	University of Bath	24.9	
5	Laura Langowski	Coventry Godiva	25.4	
6	Kayo Titiloye	Birchfield H	25.4	
7	Anja Meyer	Birmingham Uni	26.7	
8	Gia Skervin	Notts AC	27.1	

T50 200m U20M Final w/s 1.8

Posn	Name	Club	Perf
1	David Lima	B'ham Rowheath	22.0
2	Ashley Hill	Cheltenham & C H	22.2
3	Martin Brown	Coventry Godiva	22.4
4	Daniel Dennis	Wolves & Bilston	22.6
5	Jonathan Timmins	Tipton Harriers	22.7
6	Tom Wilson	Notts AC	22.7
7	Adam Sansom	Mansfield H	22.8
	Elijah Skervin	Notts AC	DNS

T51 200m SM Final w/s 1.7

Posn	Name	Club	Perf	
1	Joel Fearon	Coventry Godiva	21.4	pb
2	Dwayne Lewis	Birchfield H	21.9	
3	Samuel Cordin	Mansfield H	22.0	
4	Nick Kanonik	Birchfield H	22.0	
5	Nick Little	Gateshead H	22.2	
	Luke Stott	Havering M	dns	
	Paul Judson	Notts AC	DNS	
	Somto Eruchie	Birchfield H	DNF	

F01 Hammer SW Final

Posn	Name	Club	Perf
1	Rachel Gair	Mansfield H	56.87
2	Lucy Marshall	Woodford G & EL	51.87
3	Hayley Murray	Birchfield H	51.31
4	Kate Yhnell	Gloucester AC	49.97
5	Beth Sewell	Cardiff AAC	43.77
6	Christina Jones	Bristol & West AC	43.73
7	Zoe Ash	Rugby & North	42.35
8	Lynette Bristow	Kidd/Stourport	40.06
9	Anna Robertson	Hereford & County	37.18
10	Marion Loveridge	Gloucester AC	33.20
11	Nicola Long	Burton AC	25.68
12	Laura Radburn	Birchfield H	16.88
	Jenny Cooper	Wolves & Bilston	NVT

F02 Long Jump SW Final

Posn	Name	Club	Perf	w/s		
1	Sonia Crawley	Birchfield H	5.46	1.5		
2	Amy Fendley	Newark AC	5.23	2.6	5.21	1.8
3	Heidi Jarosinski	Halesowen AC	5.22	2		
4	Megan Evans	RSC	4.96	1.6		

F03 Long Jump U20W**Final**

Posn	Name	Club	Perf	w/s		
1	Chelsea Cooper	City of Stoke	5.82	2.2	5.58	1.3
2	Karina Jakovenko	Birchfield H	5.34	3.6	no legal jump	
3	Natasa Zebroski	Swindon H	4.91	0.6		
4	Isobel Rogers	Cannock & Stafford	4.80	3.0	4.76	1.9

F04 Pole Vault SW**Final**

Posn	Name	Club	Perf
1	Bryony Raine	Cardiff AAC	3.70
2	Emily Taylor	Notts AC	3.40

F05 Pole Vault U20W**Final**

Posn	Name	Club	Perf
1	Becky Donnelly	Worcester AC	2.60

F06 High Jump SM**Final**

Posn	Name	Club	Perf
1	Tom Parsons	Birchfield H	2.27
2	Karl Robbins	Coventry Godiva	1.90
3	Steven Ridgway	Trafford AC	1.85
4	Martin Cherrington	Tipton Harriers	1.75
5	Andrew Reeves	Rugby & N	1.75

F07 High Jump U20M**Final**

Posn	Name	Club	Perf
1	Onajite Okoro	Birchfield H	1.96
2	Max Clayton	Worcester AC	1.96
3	Phinehas Stewart	Birchfield H	1.95
4	Mark Brown	Coventry Godiva	1.90
5	Romeo Sithole	Charnwood AC	1.85

F08 Hammer SM**Final**

Posn	Name	Club	Perf
1	Matthew Bell	Birchfield H	62.25
2	Chris Shorthouse	Notts AC	59.64
3	Alex Warner	Cheltenham & C H	58.64
4	Justin Sysum	Gloucester AC	57.76
5	Mark Allen	Belgrave Harriers	57.30
6	Alex Berrow	Tamworth AC	48.38
7	Russell Payne	Birchfield H	44.37

F09 Long Jump SM**Final**

Posn	Name	Club	Perf	w/s		
1	Leigh Smith	Birchfield H	7.60	3.5	7.42	1.7
2	Jamie Blundell	Coventry Godiva	7.27	2.8	7.23	2.0
3	Andre Whyte	Halesowen AC	6.82	2.3	6.74	1.8
4	Matthew Parnell	Birchfield H	6.59	2.6	6.51	1.8
5	Kevin Hibbins	Notts AC	6.40	1.5		
6	Ben Cocker	Telford AC	6.38	3.3	6.25	1.5

F10 Long Jump U20M**Final**

Posn	Name	Club	Perf	w/s		
1	Matthew Rollings	City of Stoke	6.72	2.2	6.61	1.5
2	Griffin O'Rourke	Coventry Godiva	6.34	2.4	5.96	2.0
3	Jamie Hammond	Cannock & Stafford	6.13	3.1	5.96	1.8
4	Sam Edwards	Shrewsbury AC	6.09	3.2	no legal jump	
5	William Jenkins	Halesowen AC	6.03	3.3	5.89	1.7

F11 Discus SW**Final**

Posn	Name	Club	Perf
1	Rachel Backhouse	Corby AC	41.14
2	Jenny Scott	B'ham Rowheath	39.67
3	Jade Moore	Birchfield H	38.99
4	Jenny Cooper	Wolves & Bilston	33.41
5	Lynette Bristow	Kidd/Stourport	28.20

F12 Discus SM**Final**

Posn	Name	Club	Perf
1	Elliot Price	Birchfield H	46.19
2	Gregg Nixon	City of Stoke	43.71
3	Gareth Winter	Severn AC	38.12

F13 Pole Vault SM**Final**

Posn	Name	Club	Perf
	Martin Vincent	Rugby & N	NH

F14 Pole Vault U20M**Final**

Posn	Name	Club	Perf	
1	Cameron Walker-Shepherd	Bristol & West AC	4.60	U17
2	Nick Cruchley	Halesowen AC	4.50	

F15 High Jump SW**Final**

Posn	Name	Club	Perf	
1	Jessica Leach	Birchfield H	1.86	pb
2	Sophie Hine	Rugby & North	1.75	
3	Julie Crane	Sale Harriers	1.75	
4	Hayley Pitman	Bristol & West AC	1.40	

F16 High Jump U20W**Final**

Posn	Name	Club	Perf
1	Bethan Partridge	Telford AC	1.75
2	Zoey Phillips	Birchfield H	1.65
3	Charlotte Berrington	Bridgnorth AC	1.55
4	Chloe Boulter	Cannock & Stafford	1.55

F17 Triple Jump SW**Final**

Posn	Name	Club	Perf	w/s		
1	Denae Matthew	Leicester Coritanian	12.51	2.35	no legal jump	
2	Tamara Longwe	Leicester Coritanian	11.75	2.53	11.65	0.77

F18 Triple Jump U20W**Final**

Posn	Name	Club	Perf	w/s			
1	Laura Samuel	Leicester Coritanian	12.72	3.32	12.48	1.4	CBP
2	Bethan Partridge	Telford AC	11.56	1.46			
3	Laura Keeley	Coventry Godiva	11.16	2.09	11.06	1.55	
4	Amanda Evans	Stratford-on-Avon	11.01	2.59	10.44	1.11	
5	Kate Birks	Leicester Coritanian	10.37	1.52			

F19 Javelin SM**Final**

Posn	Name	Club	Perf
1	Brett Byrd	City of Stoke	59.62
2	Christopher Eden	Notts AC	59.61
3	Glyn Hollingworth	Coventry Godiva	59.01
4	Neil Crossley	Cheltenham & C H	58.87
5	Richard Woolley	Mansfield H	54.76
6	Ben Wilkinson	Cheltenham & C H	52.52
7	Lee Peters	Mansfield H	51.19
8	Andrew Freeman	Broms & Redd	30.36

F20 Javelin SW**Final**

Posn	Name	Club	Perf
1	Joanna Chapman	West Suffolk AC	42.18
2	Simone Huggins-Ward	Coventry Godiva	41.50
3	Sarah-Anne De Kremer	Corby AC	35.76
4	Bev Hawkins	Birchfield H	30.58
5	Laura Radburn	Birchfield H	23.43

F21 Shot SM**Final**

Posn	Name	Club	Perf
1	Gregg Nixon	City of Stoke	13.61
2	Gareth Winter	Severn AC	12.78
3	John Twiddle	K'ston upon Hull	12.67

F22 Shot SW**Final**

Posn	Name	Club	Perf
1	Rachel Wallader	Rugby & N	14.57
2	Laura Gomery	Birchfield H	10.70
3	Christina Jones	Bristol & West AC	10.57
4	Lynette Bristow	Kidd/Stourport	9.57

F23 Triple Jump SM**Final**

Posn	Name	Club	Perf	w/s			
1	Konrad Katarzynski	Birchfield H	14.80	2.1	14.54	1.5	
2	Lawrence Harvey	Trafford AC	14.53	3.0	14.47	1.8	
3	David Mountford	City of Stoke	14.22	1.6			
4	Tom Bell	Mansfield H	13.55	1.8			

F24 Triple Jump U20M**Final**

Posn	Name	Club	Perf	w/s			
1	Benjamin Williams	City of Stoke	14.07	1.0			
2	Matthew Madden	Notts AC	13.77	4.9	13.27	1.8	
3	Stephen Prosser	Halesowen AC	12.75	2.2	12.72	1.8	