

**T1 400mH SW Final**

Posn	Name	Club	Perf
1	Tamsyn Lewis	Sandringham AC	57.06
2	Hannah Douglas	Marshals M Keynes	59.33
3	Emma Peters	Cardiff AAC	60.59
4	Michelle Thomas	Birchfield H	61.87
5	Katie Sockett	City of Sheffield	63.12
6	Laura Affeld	Edmonton Harriers	63.56
7	Emily Moss	Peterborough AC	64.47
8	Chloe Whalley	Marshals M Keynes	66.51

**T2 400mH SM Heat 1**

Posn	Name	Club	Perf
1	Jeremy Lyons	Clonliffe Harriers	53.41
2	Bradley Yiend	Birchfield H	54.00
3	Richard Yates	Trafford AC	54.49
4	Joe Lloyd	Midland Masters AC	54.79
5	Daniel Everett	Notts AC	55.00
6	Callem Forde	Charnwood AC	56.55
7	Jamie Horder	Cheltenham & C H	57.61

pb

**T2 400mH SM Heat 2**

Posn	Name	Club	Perf
1	Joseph Abraham	India	53.39
2	Avin A Thomas	India	53.89
3	Jonathan Lodowski	Enfield & Haringey	54.67
4	Tom O'Brien	Sale Harriers	55.15
5	John Fagan	Clonliffe Harriers	55.33
6	Daniel Eckersley	Burnley AC	55.92

**T3 200m SW Final w/s 1.6**

Posn	Name	Club	Perf
1	Helen Pryer	WSE & Hounslow	23.55
2	Monique Williams	Bays Cougars	23.56
3	Kylie Russell	Team Bath	24.82
4	Kayo Titiloye	Birchfield H	25.38
5	Seemita Gumbs	Birchfield H	25.55

pb

**T4 200m SM Heat 1 w/s 1.4**

Posn	Name	Club	Perf
1	Julian Thomas	Birchfield H	21.70
2	Somto Eruchie	Birchfield H	21.94
3	Ollie King	Woking AC	22.32
4	Martin Browne	Coventry Godiva	22.58
5	Daniel Taylor	Birchfield H	22.59

**T4 200m SM Heat 2** w/s 0.1

Posn	Name	Club	Perf
1	David Lima	B'ham Rowheath	21.93
2	Luke Stott	Havering M	22.08
3	Nick Kanonik	Birchfield H	22.16
4	Nengi Ossai	Shaftsbury Barnet	22.21
5	Paul Egboh	Kent AC	23.22

**T5 400m SW Heat 1**

Posn	Name	Club	Perf
1	Vicky Barr	Rugby & N	53.30
2	Laura Langowski	Coventry Godiva	56.11
3	Emma Williams	Coventry Godiva	56.80
4	Priyanka Panwar	India	57.34
5	Ruth Brereton	Woodford G & EL	57.87
6	Tara Marie Norum	Steinkjer F	58.67

**T5 400m SW Heat 2**

Posn	Name	Club	Perf
1	Donna Fraser	Croydon H	54.12
2	Kelly Massey	Sale Harriers	54.80
3	Dawn Hunt	WSE & Hounslow	55.19
4	Joanne Patterson	University of Bath	56.82
5	Emma Paton	Epsom & Ewell H	57.59
6	Jauna Murmu	India	58.34

**T6 400m SM Heat 1**

Posn	Name	Club	Perf
1	Richard Davenport	Gloucester AC	47.92
2	Brian Murphy	UCC	48.33
3	Maurice Campbell	Kent AC	49.20
4	K Binu	India	49.32
5	Shem Nelson	Birchfield H	49.40
6	Abdillah Nassir	Charnwood AC	49.59
7	Nathan Felvus	Cardiff AAC	49.74
8	James Whitehouse	Birchfield H	53.02

**T6 400m SM Heat 2**

Posn	Name	Club	Perf
1	Jonathan Hormblow	Derby AC	48.63
2	Shake Mortaza	India	48.65
3	Rick Beardsell	Trafford AC	48.86
4	Daniel Barry	Trafford AC	48.98
5	Nick Hogan	Dundrum SD	49.04
6	Andy Wilkinson	Sale Harriers	49.62
7	Patrick Palmer	Birchfield H	50.44

**T7 100mH SW Final w/s 1.1**

Posn	Name	Club	Perf
1	Helen Asher	Liverpool Harriers	13.80
2	Lucy Boggis	Shaftsbury Barnet	13.85
3	Kylie Robilliard	Channel Island	14.52
4	Chloe Whalley	Marshals M Keynes	14.57
5	Joanna Eaton	Yate & D	14.73
6	Lucy Lougher	Cardiff AAC	14.74

**T8 110H SM Final w/s 1.9**

Posn	Name	Club	Perf
1	Nicholas Gayle	Sale Harriers	13.94
2	Edirin Okoro	Birchfield H	13.94
3	Matt Hudson	Leeds City AC	14.24
4	Alex Al-ameen	Newham & Essex B	14.26
5	Dominic Bradley	Birchfield H	14.53
6	Richard Baderin	Liverpool Harriers	14.92
7	Ciaran O'Caithain	Roscommon AC	15.63
	Robert James	Birchfield H	DNS

**T9 100m SW Heat 1 w/s 1.1**

Posn	Name	Club	Perf
1	Monique Williams	Bays Cougars	11.77
2	Bernice Wilson	Birchfield H	11.84
3	Tunrayo Nubi	Enfield & Haringey	12.00
4	Natalie Jowett	Marshals M Keynes	12.17
5	P K Priya	India	12.48
6	Mandeep Kaur	India	12.54

**T9 100m SW Heat 2 w/s 2.0**

Posn	Name	Club	Perf
1	Helen Pryer	WSE & Hounslow	11.86
2	Kylie Russell	Team Bath	12.07
3	Shayone Simao	South London H	12.21
4	Nidhi Singh	India	12.37
5	Namita Samal	India	12.50
6	Kayo Titiloye	Birchfield H	12.67

**T10 100m SM Heat 1 w/s -0.5**

Posn	Name	Club	Perf
1	Joel Fearon	Coventry Godiva	10.76
2	Somto Eruchie	Birchfield H	10.79 pb
3	Robert Graham	Herne Hill H	10.81
4	Leroy Slue	Harrow AC	10.96
5	Isaiah Adekanmbi	Enfield & Haringey	11.08
	Ryan James	Birchfield H	DNS

**T10 100m SM Heat 2** w/s -0.7

Posn	Name	Club	Perf
1	Suresh Sathya	India	10.78
2	Julian Thomas	Birchfield H	10.87
3	Visahal Saxena	India	10.92
4	Jamie Brock	Yate & D	11.05
5	Paul Egboh	Kent AC	11.11
6	Luke Stott	Havering M	11.13

**T10 100m SM Heat 3** w/s 1.4

Posn	Name	Club	Perf
1	Andrew Matthews	WSE & Hounslow	10.65
2	Rahamatulla Molla	India	10.85
3	Hassema Shameer Mon	India	10.88
4	Tunde Balogun	Victoria Park TH	11.01
5	Ciaran McDonagh	Fa.Murphy AC	11.02
6	Ritesh Anand	India	11.08

**T10 100m SM Heat 4** w/s 1.7

Posn	Name	Club	Perf
1	Ben Simons	Telford AC	10.92
2	G B Nagraj	India	10.95
3	Ryan Farrington	Birchfield H	11.06
4	Ollie King	Woking AC	11.06
5	William Green	Bolton United H	11.25
	Abdul Najeed Quersh	India	DNS

**T12 400mH SM Final**

Posn	Name	Club	Perf
1	Joseph Abraham	India	51.50
2	Avin A Thomas	India	52.02
3	Bradley Yiend	Birchfield H	53.39
4	Jeremy Lyons	Clonliffe Harriers	54.19
5	Jonathan Lodowski	Enfield & Haringey	55.56
6	Daniel Everett	Notts AC	57.26
	Joe Lloyd	Midland Masters AC	DNS
	Richard Yates	Trafford AC	DNS

**T14 200m SM Final** w/s 1.6

Posn	Name	Club	Perf
1	Somto Eruchie	Birchfield H	21.36
2	Julian Thomas	Birchfield H	21.73
3	David Lima	B'ham Rowheath	21.85
4	Luke Stott	Havering M	21.94
5	Nick Kanonik	Birchfield H	22.08
6	Ollie King	Woking AC	22.19
7	Nengi Ossai	Shaftsbury Barnet	22.35
8	Martin Browne	Coventry Godiva	22.50

**T15 400m SW Final**

Posn	Name	Club	Perf	
1	Donna Fraser	Croydon H	53.32	pb
2	Kelly Massey	Sale Harriers	53.85	
3	Dawn Hunt	WSE & Hounslow	54.96	
4	Emma Williams	Coventry Godiva	56.39	pb
5	Priyanka Panwar	India	57.86	
	Laura Langowski	Coventry Godiva	DNS	
	Vicky Barr	Rugby & N	DNS	
	Joanne Patterson	University of Bath	DNS	

**T16 400m SM Final**

Posn	Name	Club	Perf	
1	Brian Murphy	UCC	47.77	
2	Shake Mortaza	India	48.15	
3	Jonathan Hornblow	Derby AC	48.84	
4	Rick Beardsell	Trafford AC	49.07	
5	Maurice Campbell	Kent AC	49.21	
6	Nick Hogan	Dundrum SD	49.40	
7	Daniel Barry	Trafford AC	50.10	
	Richard Davenport	Gloucester AC	DNS	

**T17 100m SW Final w/s 0.9**

Posn	Name	Club	Perf	
1	Monique Williams	Bays Cougars	11.71	
2	Helen Pryer	WSE & Hounslow	11.75	
3	Bernice Wilson	Birchfield H	11.87	pb
4	Kylie Russell	Team Bath	12.07	pb
5	Natalie Jowett	Marshals M Keynes	12.20	
6	Shayone Simao	South London H	12.21	
7	Tunrayo Nubi	Enfield & Haringey	12.24	
8	Nidhi Singh	India	12.43	

**T18 100m SM Final w/s 0.9**

Posn	Name	Club	Perf	
1	Andrew Matthews	WSE & Hounslow	10.56	
2	Joel Fearon	Coventry Godiva	10.58	
3	Suresh Sathya	India	10.70	
4	Rahamatulla Molla	India	10.71	
5	Robert Graham	Herne Hill H	10.75	
6	Somto Eruchie	Birchfield H	11.27	
	Ben Simons	Telford AC	DNS	
	Julian Thomas	Birchfield H	DNS	

**F01 Hammer SW Final**

Posn	Name	Club	Perf	
1	Zoe Derham	Birchfield H	66.26	
2	Laura Douglas	Sale Harriers	61.12	
3	Rachel Gair	Mansfield H	57.74	
4	Aoife Hickey	Kilkenny CH	53.23	
5	Hayley Murray	Birchfield H	52.52	
6	Lucy Marshall	Woodford G & EL	50.96	
7	Vicky Johnson	Liverpool Harriers	46.92	
8	Kate Yhnell	Gloucester AC	44.68	

**F02 Pole Vault SW Final**

Posn	Name	Club	Perf
1	Zoe Brown	Shaftsbury Barnet	3.85
2	Lyndsey Maund	Swansea H	3.70
3	Michelle Sharrock	Wigan Harriers	3.70
4	Irie Hill	WSE & Hounslow	3.40

**F03 Long Jump SM Final**

Posn	Name	Club	Perf
1	Andre Fernandez	New H & E S B	7.54 w/s 2.7
2	Leigh Smith	Birchfield H	7.53 w/s 2.5
3	Jonathan Moore	Birchfield H	7.53 w/s -0.1
4	David Cook	Kingston Poly	7.11 w/s 0.7
5	Alan Kennedy	Abbey AC	7.00 w/s 2.9
6	Eoin Hannon	Tullamore H	6.96 w/s 1.2
7	Steve Small	Sale Harriers	6.93 w/s 0.6
8	Ricardo Twumasi	Loughborough St	6.68 w/s 1.6
9	Andre Whyte	Halesowen AC	6.50 w/s 1.9
10	Jody Chappell	Belgrave Harriers	5.24 w/s 0.9

**F04 Shot SM Final**

Posn	Name	Club	Perf
1	Om Prakash Karhana	India	17.39
2	Saurabh Vij	India	16.60
3	Sam Herrington	Birchfield H	15.43
4	Gregg Nixon	City of Stoke	14.40
5	Martin Bartholomew	City of Stoke	13.53

**F05 High Jump SW Final**

Posn	Name	Club	Perf
1	Vicky Hubbard	Birchfield H	1.82
2	Bethan Partridge	Telford AC	1.74
3	Sahana Kumari	India	1.70

**F06 Discus SW Final**

Posn	Name	Club	Perf
1	Krishna Poonia	India	59.63
2	Seema Antil	India	55.77
3	Kirsty Law	Shaftsbury Barnet	47.03
4	Jade Moore	Birchfield H	40.03
5	Charlotte Gair	Mansfield H	36.85 pb

**F07 Discus SM Final**

Posn	Name	Club	Perf
1	Chris Scott	Shaftsbury Barnet	49.06
2	Sam Herrington	Birchfield H	48.38
3	Martin Bartholomew	City of Stoke	45.69
4	Gregg Nixon	City of Stoke	43.63

**F08 Pole Vault SM Final**

Posn	Name	Club	Perf
1	Paul Walker	Sale Harriers	4.95

2	Robert Warensjo	Swindon Harriers	4.50
3	Matthew Cullen	Sale Harriers	4.50

**F09 High Jump SM Final**

Posn	Name	Club	Perf
1	Tom Parsons	Birchfield H	2.25
2	Jermaine Mason	Birchfield Harriers	2.25
3	Mike Edwards	Alabama University	2.11
3	Hari Sankar Roy	India	2.11
5	Benedict Starley	India	2.06
6	Jithin Thomas	India	2.06
7	Jamie Thomas	Birchfield H	2.01
8	Karl Robbins	Coventry Godiva	1.96
9	Romeo Sithole	Charnwood AC	1.96
10	Steven Ridgway	Trafford AC	1.85

**F10 Long Jump SW Final**

Posn	Name	Club	Perf	
1	Prajusha Anthony	India	6.00	w/s -0.4
2	Imogen Miles	Cardiff AAC	5.47	w/s 1.6

**F11 Javelin SM Final**

Posn	Name	Club	Perf
1	Anil Kumar Singh	India	73.47
2	Kashinath Naik	India	70.28
3	Lee Doran	City of Sheffield	67.03
4	Brett Byrd	City of Stoke	62.31
5	James Hopley	Telford AC	61.92
6	Ben Fisher	Liverpool Harriers	59.44
7	Ben Wilkinson	Cheltenham	52.33
8	Lee Peters	Mansfield H	51.20