

**Total Scores**

Position	Team	Points
1	Notts 'A'	443
2	Gloucester/Severn	332
3	Tamworth 'A'	317
4	Cheltenham & Co	307
5	Charnwood	299
6	Kettering	278

**Mens Scores**

Position	Team	Points
1	Notts 'A'	233
2	Gloucester/Severn	194
3	Cheltenham & Co	167
4	Tamworth 'A'	148
5	Charnwood	141
6	Kettering	114

**Womens Scores**

Position	Team	Points
1	Notts 'A'	200
2	Kettering	154
2	Tamworth 'A'	154
4	Charnwood	153
5	Cheltenham & Co	130
6	Gloucester/Severn	123

**Officials Points**

Team Name	Points
Notts 'A'	10
Gloucester/Severn	15
Tamworth 'A'	15
Cheltenham & Co	10
Charnwood	5
Kettering	10

**Men 100m (A string)**

Posn	Name	Club	Perf	Pts
1	Aaron Aplin	Notts 'A'	11.3	9
2	Marcel Hodge	Charnwood	11.3	7
3	Ashleigh Naylor	Gloucester/Severn	11.4	6
4	Adam Smith	Tamworth 'A'	11.6	5
5	Andy Barber	Kettering	12.0	4
6	Tony Noel	Cheltenham & Co	12.3	3

**Men 100m (B string)**

Posn	Name	Club	Perf	Pts
1	Elijah Skervin	Notts 'A'	11.2	7
2	Oliver Knight	Charnwood	11.7	5
3	Brendan Goss	Gloucester/Severn	11.9	4
4	John McLaren	Tamworth 'A'	11.9	3
5	John Merrett	Cheltenham & Co	12.7	2
6	Daniel Thompson	Kettering	13.8	1

**Men 200m (A string)**

Posn	Name	Club	Perf	Pts
1	Aaron Aplin	Notts 'A'	22.6	9
2	Ben Horsley	Tamworth 'A'	23.0	7
3	Ashleigh Naylor	Gloucester/Severn	23.2	6
4	John Merrett	Cheltenham & Co	23.5	5
5	Andy Barber	Kettering	23.8	4

**Men 200m (B string)**

Posn	Name	Club	Perf	Pts
1	Elijah Skervin	Notts 'A'	22.7	7
2	Marcel Hodge	Charnwood	22.8	5
3	Ian Barough	Cheltenham & Co	23.4	4
4	John McLaren	Tamworth 'A'	24.0	3
5	Lloyd Andrews	Gloucester/Severn	25.8	2

**Men 400m (A string)**

Posn	Name	Club	Perf	Pts
1	James Baines	Notts 'A'	51.3	9
2	John Merrett	Cheltenham & Co	51.5	7
3	Andy Barber	Kettering	51.9	6
4	Nico Constanti	Gloucester/Severn	52.0	5
5	Callem Forde	Charnwood	52.3	4
6	John Jenkins	Tamworth 'A'	53.7	3

**Men 400m (B string)**

Posn	Name	Club	Perf	Pts
1	Ian Barough	Cheltenham & Co	51.9	7
2	Luis Alves	Notts 'A'	52.9	5
3	Jake Waples	Kettering	53.7	4
4	Paul Harmer	Charnwood	54.1	3
5	Ben Horsley	Tamworth 'A'	55.2	2
6	Ben Jones	Gloucester/Severn	57.9	1

**Men 110m H (A string)**

Posn	Name	Club	Perf	Pts
1	Oliver Knight	Charnwood	16.2	9
2	Daniel Everett	Notts 'A'	18.1	7
3	Brendan Goss	Gloucester/Severn	18.6	6
4	Matthew James	Tamworth 'A'	19.8	5
5	Peter Mills	Kettering	23.1	4
6	Tony Noel	Cheltenham & Co	24.7	3

**Men 110m H (B string)**

Posn	Name	Club	Perf	Pts
1	Thomas Moakes	Notts 'A'	16.3	7
2	Jamie Dean (Milne)	Kettering	18.5	5
3	Calum Hutchman	Charnwood	18.8	4
4	Ricky Hallam	Tamworth 'A'	20.9	3
5	Lloyd Andrews	Gloucester/Severn	22.4	2

**Men 400m H (A string)**

Posn	Name	Club	Perf	Pts
1	Thomas Moakes	Notts 'A'	54.0	9
2	Callem Forde	Charnwood	54.9	7
3	Jamie Horder	Cheltenham & Co	58.3	6
4	Stephen Millward	Gloucester/Severn	60.4	5
5	Matthew James	Tamworth 'A'	61.3	4
6	Jonathen Goringe	Kettering	70.6	3

**Men 400m H (B string)**

Posn	Name	Club	Perf	Pts
1	Daniel Everett	Notts 'A'	56.4	7
2	Calum Hutchman	Charnwood	62.3	5
3	Lloyd Andrews	Gloucester/Severn	65.4	4
4	Tony Noel	Cheltenham & Co	66.0	3
5	Ricky Hallam	Tamworth 'A'	68.3	2
6	Peter Mills	Kettering	71.4	1

**Men 800m (A string)**

Posn	Name	Club	Perf	Pts
1	Martyn Gibbons	Notts 'A'	1.57.2	9
2	Andy Prohett	Cheltenham & Co	1.58.2	7
3	Nico Constanti	Gloucester/Severn	1.58.7	6
4	Paul Harmer	Charnwood	2.01.6	5
5	John Jenkins	Tamworth 'A'	2.05.6	4
6	Jake Waples	Kettering	2.12.1	3

**Men 800m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Marc Tillotson	Notts 'A'	2.03.1	7
2	Jonathan Weedon	Cheltenham & Co	2.04.4	5
3	Paul Tasker	Tamworth 'A'	2.09.6	4
4	Ben Jones	Gloucester/Severn	2.14.5	3
5	James Paramore	Charnwood	2.21.2	2
6	David Edwards	Kettering	2.23.4	1

**Men 1500m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Ben Coldray	Gloucester/Severn	4.02.6	9
2	James Miller	Cheltenham & Co	4.04.1	7
3	Stephen Mears	Charnwood	4.05.9	6
4	Marc Tillotson	Notts 'A'	4.18.9	5
5	Matthew James	Tamworth 'A'	4.39.7	4
6	Daniel Thompson	Kettering	4.52.1	3

**Men 1500m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Corin Hughes	Cheltenham & Co	4.14.4	7
2	Michael Brind	Charnwood	4.26.6	5
3	John Muddeman	Notts 'A'	4.33.9	4
4	Gareth Howells	Gloucester/Severn	4.43.4	3
5	David Edwards	Kettering	4.56.5	2

**Men 5000m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Ben Norris	Notts 'A'	14.59.3	9
2	James Douglas	Charnwood	15.30.4	7
3	Gary Hope	Gloucester/Severn	16.01.5	6
4	Jonathan Norris	Cheltenham & Co	16.07.4	5
5	Jonathen Goringe	Kettering	16.27.6	4
6	Thomas Orton	Tamworth 'A'	16.50.8	3

**Men 5000m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Luke Herbert	Gloucester/Severn	16.15.6	7
2	Andrew Hussey	Cheltenham & Co	16.22.8	5
3	Michael Benford	Notts 'A'	16.28.4	4
4	Jake Harrison	Charnwood	17.07.3	3
5	Howard Bush	Tamworth 'A'	17.41.8	2
6	Shane Smith	Kettering	20.18.9	1

**Men 2000m s/c (A string)**

Posn	Name	Club	Perf	Pts
1	Stephen Millward	Gloucester/Severn	6.01.1	9
2	Jonathen Goringe	Kettering	6.25.2	7
3	John Muddeman	Notts 'A'	6.41.8	6
4	Andrew Kaighin	Cheltenham & Co	6.49.5	5

**Men 2000m s/c (B string)**

Posn	Name	Club	Perf	Pts
1	Martyn Gibbons	Notts 'A'	6.56.3	7
2	Ian Summers	Gloucester/Severn	7.13.2	5
3	Jonathan Weedon	Cheltenham & Co	7.29.5	4
4	Andrew Mills	Kettering	9.48.0	3

**Men Long Jump (A string)**

Posn	Name	Club	Perf	Pts
1	James Baines	Notts 'A'	6.40	9
2	Jamie Courtenay	Cheltenham & Co	6.20	7
3	Adam Smith	Tamworth 'A'	6.05	6
4	Brendan Goss	Gloucester/Severn	5.83	5
5	Oliver Knight	Charnwood	5.81	4
6	Jamie Dean (Milne)	Kettering	5.39	3

**Men Long Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Matthew Madden	Notts 'A'	6.13	7
2	Nikita Shelyakin	Tamworth 'A'	5.82	5
3	Lloyd Andrews	Gloucester/Severn	5.72	4
4	Alex Poad	Cheltenham & Co	5.34	3
5	Andy Barber	Kettering	5.32	2
6	Jamie Staniforth	Charnwood	5.20	1

**Men Triple Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Adam Smith	Tamworth 'A'	13.34	9
2	Brendan Goss	Gloucester/Severn	13.02	7
3	Matthew Madden	Notts 'A'	12.71	6
4	Alex Poad	Cheltenham & Co	11.95	5
5	Jamie Dean (Milne)	Kettering	11.66	4
6	Jamie Staniforth	Charnwood	11.38	3

**Men Triple Jump (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Nikita Shelyakin	Tamworth 'A'	12.16	7
2	James Baines	Notts 'A'	11.67	5
3	Stephen Millward	Gloucester/Severn	11.49	4
4	Tony Noel	Cheltenham & Co	10.01	3
5	Andrew Mills	Kettering	9.69	2

**Men High Jump (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Jonathan Broom-Edward	Charnwood	2.00	9
2	Matthew Madden	Notts 'A'	1.80	7
3	Ben Wilkinson	Cheltenham & Co	1.75	6
4	Jamie Dean (Milne)	Kettering	1.65	5
5	Adam Smith	Tamworth 'A'	1.65	4
6	Brendan Goss	Gloucester/Severn	1.60	3

**Men High Jump (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Lee Hamilton	Charnwood	1.90	7
2	Stephen Millward	Gloucester/Severn	1.55	5
3	Peter Mills	Kettering	1.55	4
4	Adam Lyons	Notts 'A'	1.55	3
5	Gavin Showell	Tamworth 'A'	1.55	2
6	Alex Poad	Cheltenham & Co	1.45	1

**Men Pole Vault (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Gavin Showell	Tamworth 'A'	3.80	9
2	Jamie Courtenay	Cheltenham & Co	3.70	7
3	Adam Lyons	Notts 'A'	3.50	6
4	Nick Walker	Gloucester/Severn	3.20	5
5	Jonathen Goringe	Kettering	2.20	4
6	Oliver Knight	Charnwood	2.10	3

**Men Pole Vault (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Ricky Hallam	Tamworth 'A'	3.40	7
2	Matthew Madden	Notts 'A'	2.70	5
3	Brendan Goss	Gloucester/Severn	2.10	4

**Men Shot Putt (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Gareth Winter	Gloucester/Severn	13.22	9
2	Alexander Berrow	Tamworth 'A'	11.23	7
3	John Phipps	Cheltenham & Co	11.22	6
4	Tom Pearson	Charnwood	11.14	5
5	Nigel Winchcombe	Notts 'A'	11.08	4
6	Andrew Mills	Kettering	10.32	3

**Men Shot Putt (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Justin Syum	Gloucester/Severn	12.70	7
2	Christopher Shorthouse	Notts 'A'	9.96	5
3	Gavin Showell	Tamworth 'A'	9.00	4
4	Adam Rubery	Charnwood	8.42	3
5	Peter Mills	Kettering	8.11	2
6	Adrian Courtenay	Cheltenham & Co	7.97	1

**Men Discus (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Justin Syum	Gloucester/Severn	39.47	9
2	Andrew Mills	Kettering	34.36	7
3	John Phipps	Cheltenham & Co	29.87	6
4	Alexander Berrow	Tamworth 'A'	27.36	5
5	Oliver Knight	Charnwood	21.97	4
6	Christopher Eden	Notts 'A'	21.97	3

**Men Discus (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Gareth Winter	Gloucester/Severn	38.40	7
2	Peter Mills	Kettering	22.92	5
3	Adam Rubery	Charnwood	21.62	4
4	Liam Wheeler	Tamworth 'A'	20.70	3
5	Adam Lyons	Notts 'A'	20.51	2
6	Adrian Courtenay	Cheltenham & Co	19.85	1

**Men Hammer (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Justin Syum	Gloucester/Severn	60.94	9
2	Christopher Shorthouse	Notts 'A'	55.96	7
3	Alexander Berrow	Tamworth 'A'	49.95	6
4	Tom Pearson	Charnwood	41.09	5
5	John Phipps	Cheltenham & Co	25.91	4
6	Andrew Mills	Kettering	23.76	3

**Men Hammer (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Nigel Winchcombe	Notts 'A'	50.16	7
2	Michael Tommey	Gloucester/Severn	49.50	5
3	Martin Gurr	Cheltenham & Co	24.30	4
4	Gavin Showell	Tamworth 'A'	22.71	3
5	Peter Mills	Kettering	17.81	2
6	Adam Rubery	Charnwood	10.10	1

**Men Javelin (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Christopher Eden	Notts 'A'	58.29	9
2	Ben Wilkinson	Cheltenham & Co	50.81	7
3	Justin Sysum	Gloucester/Severn	46.91	6
4	Christopher Smith	Tamworth 'A'	41.91	5
5	Peter Mills	Kettering	37.48	4
6	Adam Rubery	Charnwood	33.16	3

**Men Javelin (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Ian Barough	Cheltenham & Co	42.84	7
2	Gareth Winter	Gloucester/Severn	37.96	5
3	Liam Wheeler	Tamworth 'A'	34.95	4
4	Adam Lyons	Notts 'A'	32.54	3
5	Andrew Mills	Kettering	32.18	2
6	Callem Forde	Charnwood	10.93	1

**Mens 4x100m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1		Notts 'A'	43.9	9
2		Cheltenham & Co	45.5	7
3		Charnwood	45.6	6
4		Gloucester/Severn	47.3	5
5		Tamworth 'A'	47.3	4
6		Kettering	60.0	3

**Mens 4x400m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1		Notts 'A'	3.25.6	9
2		Cheltenham & Co	3.26.0	7
3		Gloucester/Severn	3.34.1	6
4		Charnwood	3.37.7	5
5		Tamworth 'A'	3.47.5	4
6		Kettering	3.53.1	3



**Women 100m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Laura Haslam	Charnwood	12.5	9
2	Denise Barclay	Kettering	12.7	7
3	Laura Mason	Notts 'A'	12.8	6
4	Hannah Keight	Tamworth 'A'	12.9	5
5	Samantha Griffiths	Cheltenham & Co	12.9	4
6	Cleo Lambert	Gloucester/Severn	13.1	3

**Women 100m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Giare Skervin	Notts 'A'	13.0	7
2	Hannah Godrich	Charnwood	13.4	5
3	Chloe Saunders	Tamworth 'A'	13.5	4
4	Sara Horder	Cheltenham & Co	14.1	3
5	Rozalia Gombera	Gloucester/Severn	14.6	2
6	Katy Williams	Kettering	14.7	1

**Women 200m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Laura Haslam	Charnwood	25.6	9
2	Gemma Elliott	Kettering	25.9	7
3	Laura Mason	Notts 'A'	26.2	6
4	Hollie Owen	Tamworth 'A'	26.3	5
5	Jessica Lawro	Cheltenham & Co	27.0	4
6	Cleo Lambert	Gloucester/Severn	27.3	3

**Women 200m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Hannah Godrich	Charnwood	26.5	7
2	Alex Keyworth	Kettering	26.8	5
3	Lauren Saunders	Tamworth 'A'	26.8	4
4	Giare Skervin	Notts 'A'	26.9	3
5	Emily Baker	Cheltenham & Co	27.1	2
6	Kathryn Purcell	Gloucester/Severn	27.7	1

**Women 400m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Gemma Elliott	Kettering	57.7	9
2	Hollie Owen	Tamworth 'A'	59.6	7
3	Emily Baker	Cheltenham & Co	60.3	6
4	Emma Hourd	Notts 'A'	61.1	5
5	Hannah Godrich	Charnwood	62.9	4
6	Sarah Williams	Gloucester/Severn	74.2	3

**Women 400m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Alex Keyworth	Kettering	60.0	7
2	Elizabeth Checkley	Tamworth 'A'	61.8	5
3	Kathryn Purcell	Gloucester/Severn	64.9	4
4	Beth Dawson	Notts 'A'	67.1	3
5	Hannah Gladstone	Charnwood	70.6	2

**Women 100m H (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Emma Komocki	Notts 'A'	16.1	9
2	Hannah Gladstone	Charnwood	17.8	7
3	Michelle Keight	Tamworth 'A'	18.1	6
4	Sophie Munn	Kettering	21.6	5
5	Rozalia Gombera	Gloucester/Severn	22.2	4

**Women 100m H (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Hannah Sargeant	Tamworth 'A'	18.2	7
2	Beth Dawson	Notts 'A'	18.8	5
3	Sarah Williams	Gloucester/Severn	21.1	4
4	Yvonne Elliott	Kettering	22.9	3
5	Sophia Howard	Charnwood	26.3	2

**Women 400m H (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Emma Komocki	Notts 'A'	66.8	9
2	Jane Horder	Cheltenham & Co	69.5	7
3	Hannah Gladstone	Charnwood	69.5	6
4	Sophie Munn	Kettering	71.7	5
5	Michelle Keight	Tamworth 'A'	72.8	4
6	Amy Witcher	Gloucester/Severn	74.7	3

**Women 400m H (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Clare Ashley	Notts 'A'	71.4	7
2	Hannah Sargeant	Tamworth 'A'	71.8	5
3	Sara Horder	Cheltenham & Co	74.3	4
4	Kathryn Purcell	Gloucester/Severn	86.0	3
5	Sophia Howard	Charnwood	91.2	2
6	Yvonne Elliott	Kettering	118.6	1

**Women 800m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Ellen Butler	Notts 'A'	2.23.1	9
2	Danielle Smith	Kettering	2.26.7	7
3	Rebecca Summers	Gloucester/Severn	2.31.3	6
4	Rebecca Smith	Tamworth 'A'	2.52.9	5
5	Jess Collins	Cheltenham & Co	3.00.2	4
6	Sophia Howard	Charnwood	3.05.8	3

**Women 800m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Hayley Munn	Kettering	2.34.7	7
2	Emma Nutt	Charnwood	2.39.8	5
3	Claire Waring	Notts 'A'	2.42.9	4

**Women 1500m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Ellen Butler	Notts 'A'	4.52.7	9
2	Hayley Munn	Kettering	4.59.2	7
3	Rebecca Summers	Gloucester/Severn	5.03.1	6
4	Rebecca Smith	Tamworth 'A'	5.32.9	5
5	Francesca Keeble	Cheltenham & Co	6.25.1	4
6	Helen Orr	Charnwood	6.29.1	3

**Women 1500m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Lisa Morris	Notts 'A'	5.01.2	7
2	Danielle Smith	Kettering	5.32.9	5
3	Michelle Stark	Gloucester/Severn	6.04.7	4
4	Zoe Brown	Cheltenham & Co	6.27.9	3
5	Kathryn Burton	Charnwood	6.39.1	2

**Women 3000m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Rebecca Smith	Tamworth 'A'	10.36.0	9
2	Jane Pidgeon	Notts 'A'	10.59.3	7
3	Kelly Barnett	Kettering	12.22.5	6
4	Michelle Stark	Gloucester/Severn	12.38.4	5

**Women 3000m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Michelle Hooton	Notts 'A'	11.30.8	7
2	Yvonne Elliott	Kettering	16.47.9	5

**Women Long Jump (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Emma Komocki	Notts 'A'	4.88	9
2	Jess Collins	Cheltenham & Co	4.72	7
3	Sarah Williams	Tamworth 'A'	4.72	6
4	Denise Barclay	Kettering	4.43	5
5	Maria Goodwin	Charnwood	4.25	4
6	Kathryn Purcell	Gloucester/Severn	4.12	3

**Women Long Jump (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Samantha Griffiths	Cheltenham & Co	4.61	7
2	Hannah Keight	Tamworth 'A'	4.48	5
3	Laura Mason	Notts 'A'	4.37	4
4	Hannah Gladstone	Charnwood	4.12	3
5	Gemma Elliott	Kettering	3.95	2
6	Amy Whitcher	Gloucester/Severn	3.65	1

**Women Triple Jump (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Samantha Griffiths	Cheltenham & Co	9.65	9
2	Clare Ashley	Notts 'A'	9.60	7
3	Denise Barclay	Kettering	8.96	6
4	Cleo Lambert	Gloucester/Severn	8.68	5
5	Jessica Thompson	Tamworth 'A'	8.61	4
6	Danielle Stanley	Charnwood	8.16	3

**Women Triple Jump (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Jess Collins	Cheltenham & Co	9.60	7
2	Amy Whitcher	Gloucester/Severn	8.13	5
3	Gemma Elliott	Kettering	8.04	4
4	Emily Campbell	Notts 'A'	7.62	3

**Women High Jump (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Hannah Keight	Tamworth 'A'	1.60	9
2	Bryony Thurbon	Cheltenham & Co	1.45	7
3	Danielle Stanley	Charnwood	1.40	6
4	Denise Barclay	Kettering	1.40	5
5	Emma Komocki	Notts 'A'	1.35	4
6	Cleo Lambert	Gloucester/Severn	1.30	3

**Women High Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Hannah Sargeant	Tamworth 'A'	1.45	7
2	Emma Nutt	Charnwood	1.30	5
3	Danielle Smith	Kettering	1.20	4
4	Selina Walters	Notts 'A'	1.20	3
5	Francesca Keeble	Cheltenham & Co	1.20	2
6	Amy Witcher	Gloucester/Severn	1.15	1

**Women Pole Vault (A string)**

Posn	Name	Club	Perf	Pts
1	Sarah Williams	Tamworth 'A'	2.70	9
2	Helen Orr	Charnwood	2.30	7
3	Beth Dawson	Notts 'A'	2.10	6
4	Sophie Munn	Kettering	1.90	5

**Women Pole Vault (B string)**

Posn	Name	Club	Perf	Pts
1	Elizabeth Checkley	Tamworth 'A'	2.20	7
2	Kathryn Burton	Charnwood	2.20	5
3	Selina Walters	Notts 'A'	2.00	4

**Women Shot Putt (A string)**

Posn	Name	Club	Perf	Pts
1	Lorraine Shaw	Gloucester/Severn	10.82	9
2	Selina Walters	Notts 'A'	9.10	7
3	Danielle Stanley	Charnwood	8.18	6
4	Ruth Bird	Cheltenham & Co	7.65	5
5	Elizabeth Checkley	Tamworth 'A'	7.57	4
6	Gemma Elliott	Kettering	6.96	3

**Women Shot Putt (B string)**

Posn	Name	Club	Perf	Pts
1	Beverley Jones	Gloucester/Severn	8.23	7
2	Nyree James	Notts 'A'	8.19	5
3	Linsey Hutchins	Cheltenham & Co	6.84	4
4	Amber Burdett	Charnwood	6.64	3
5	Hannah Sargeant	Tamworth 'A'	6.58	2
6	Keeley Hayler	Kettering	6.20	1

**Women Discus (A string)**

Posn	Name	Club	Perf	Pts
1	Emily Campbell	Notts 'A'	27.71	9
2	Amber Burdett	Charnwood	26.14	7
3	Beverley Jones	Gloucester/Severn	24.06	6
4	Linsey Hutchins	Cheltenham & Co	18.49	5
5	Sarah Williams	Tamworth 'A'	16.60	4

**Women Discus (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Selina Walters	Notts 'A'	25.01	7
2	Ruh Bird	Cheltenham & Co	17.86	5
3	Kate Yhnell	Gloucester/Severn	17.53	4
4	Elizabeth Checkley	Tamworth 'A'	16.41	3
5	Sophie Allen	Charnwood	14.78	2

**Women Hammer (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Kate Yhnell	Gloucester/Severn	46.06	9
2	Kirsty Douglas	Charnwood	39.32	7
3	Ruth Bird	Cheltenham & Co	29.48	6
4	Selina Walters	Notts 'A'	27.40	5
5	Keeley Hayler	Kettering	19.07	4
6	Sarah Williams	Tamworth 'A'	13.16	3

**Women Hammer (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Marion Loveridge	Gloucester/Severn	34.89	7
2	Sophie Allen	Charnwood	30.58	5
3	Nyree James	Notts 'A'	24.07	4
4	Linsey Hutchins	Cheltenham & Co	22.37	3
5	Denise Barclay	Kettering	13.17	2
6	Hollie Owen	Tamworth 'A'	12.69	1

**Women Javelin (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Amber Burdett	Charnwood	39.47	9
2	Bryony Thurbon	Cheltenham & Co	23.96	7
3	Denise Barclay	Kettering	19.43	6
4	Nyree James	Notts 'A'	16.40	5
5	Hannah Sargeant	Tamworth 'A'	15.59	4
6	Paula Whitcher	Gloucester/Severn	15.10	3

**Women Javelin (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Danielle Stanley	Charnwood	32.69	7
2	Linsey Hutchins	Cheltenham & Co	21.06	5
3	Natalie Stapleton	Kettering	17.39	4
4	Alexandra Purcell	Gloucester/Severn	12.79	3
5	Sarah Williams	Tamworth 'A'	8.53	2

**Womens 4x100m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1		Notts 'A'	50.5	9
2		Kettering	52.4	7
3		Tamworth 'A'	52.5	6
4		Cheltenham & Co	52.6	5
5		Charnwood	52.7	4
6		Gloucester/Severn	53.6	3

**Womens 4x400m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1		Kettering	4.13.7	9
2		Tamworth 'A'	4.13.9	7
3		Notts 'A'	4.17.9	6
4		Cheltenham & Co	4.24.5	5
5		Charnwood	4.25.0	4
6		Gloucester/Severn	4.46.2	3