

Total Scores

| Position | Team                      | Points |
|----------|---------------------------|--------|
| 1        | Shrewsbury                | 401    |
| 2        | Kidderminster & Stourport | 338    |
| 3        | SIAH                      | 310    |
| 4        | Hereford & County         | 309    |
| 5        | Notts 'B'                 | 289    |

Mens Scores

| Position | Team                      | Points |
|----------|---------------------------|--------|
| 1        | Shrewsbury                | 204    |
| 2        | Kidderminster & Stourport | 183    |
| 3        | SIAH                      | 149    |
| 4        | Hereford & County         | 139    |
| 5        | Notts 'B'                 | 127    |

Womens Scores

| Position | Team                      | Points |
|----------|---------------------------|--------|
| 1        | Shrewsbury                | 182    |
| 2        | Notts 'B'                 | 157    |
| 3        | Hereford & County         | 155    |
| 4        | SIAH                      | 146    |
| 5        | Kidderminster & Stourport | 145    |

Officals Points

|   | Team Name                 | Points |
|---|---------------------------|--------|
| 1 | Hereford & County AC      | 15     |
| 2 | Kidderminster & Stourport | 10     |
| 3 | Notts 'B'                 | 5      |
| 4 | Shrewsbury                | 15     |
| 5 | SIAH                      | 15     |

Match Positions after 70 Events

Men 100m (A string)

| Posn | Name             | Club                      | Perf | Pts |
|------|------------------|---------------------------|------|-----|
| 1    | D Stevens        | SIAH                      | 11.9 | 9   |
| 2    | Gareth Pritchard | Kidderminster & Stourport | 12.0 | 7   |
| 3    | Sam Edwards      | Shrewsbury                | 12.1 | 6   |
| 4    | Peter Ssennkuma  | Notts                     | 12.3 | 5   |
| 5    | Alex Rumsey      | Hereford & County         | 12.4 | 4   |

Men 100m (B string)

| Posn | Name            | Club                      | Perf | Pts |
|------|-----------------|---------------------------|------|-----|
| 1    | Tom Rowlands    | Shrewsbury                | 12.6 | 7   |
| 2    | San Finney-Down | Hereford & County         | 12.9 | 5   |
| 3    | James Colclough | Kidderminster & Stourport | 13.0 | 4   |
| 4    | H Goodyear      | SIAH                      | 15.2 | 3   |

Men 200m (A string)

| Posn | Name             | Club                      | Perf | Pts |
|------|------------------|---------------------------|------|-----|
| 1    | D Stevens        | SIAH                      | 23.5 | 9   |
| 2    | Alex Soboleswski | Kidderminster & Stourport | 24.3 | 7   |
| 3    | Peter Sserunkuma | Notts                     | 25.2 | 6   |
| 4    | Alex Rumsey      | Hereford & County         | 25.4 | 5   |
| 5    | Nick Morgan      | Shrewsbury                | 25.5 | 4   |

Men 200m (B string)

| Posn | Name            | Club                      | Perf | Pts |
|------|-----------------|---------------------------|------|-----|
| 1    | Peter Wilson    | Notts                     | 23.0 | 7   |
| 2    | James Colclough | Kidderminster & Stourport | 24.2 | 5   |
| 3    | Tom Rowlands    | Shrewsbury                | 25.4 | 4   |
| 4    | Sam Finney-Down | Hereford & County         | 26.8 | 3   |
| 5    | H Goodyear      | SIAH                      | 30.7 | 2   |

Men 400m (A string)

| Posn | Name            | Club                      | Perf  | Pts |
|------|-----------------|---------------------------|-------|-----|
| 1    | D Stevens       | SIAH                      | 52.00 | 9   |
| 2    | James Colclough | Kidderminster & Stourport | 52.20 | 7   |
| 3    | Joe Mellor      | Notts                     | 52.90 | 6   |
| 4    | Nick Morgan     | Shrewsbury                | 54.30 | 5   |
| 5    | Nigel Clarke    | Hereford & County         | 63.40 | 4   |

Men 400m (B string)

| Posn | Name         | Club                      | Perf  | Pts |
|------|--------------|---------------------------|-------|-----|
| 1    | Peter Wilson | Notts                     | 52.00 | 7   |
| 2    | Tom Rowlands | Shrewsbury                | 56.00 | 5   |
| 3    | Matt Wilson  | Kidderminster & Stourport | 56.40 | 4   |
| 4    | C Goodyear   | SIAH                      | 57.70 | 3   |

Men 110m H (A string)

| Posn | Name           | Club                      | Perf | Pts |
|------|----------------|---------------------------|------|-----|
| 1    | Andrew Beeston | Shrewsbury                | 18.4 | 9   |
| 2    | Adrian James   | Kidderminster & Stourport | 21.9 | 7   |

Men 110m H (B string)

| Posn | Name         | Club                      | Perf | Pts |
|------|--------------|---------------------------|------|-----|
| 1    | Mathew Brown | Shrewsbury                | 22.2 | 7   |
| 2    | Matt Wilson  | Kidderminster & Stourport | 22.4 | 5   |

Men 400m H (A string)

| Posn | Name             | Club                      | Perf | Pts |
|------|------------------|---------------------------|------|-----|
| 1    | Gareth Pritchard | Kidderminster & Stourport | 62.0 | 9   |
| 2    | Mathew Brown     | Shrewsbury                | 69.1 | 7   |

Men 400m H (B string)

| Posn | Name           | Club                      | Perf | Pts |
|------|----------------|---------------------------|------|-----|
| 1    | Matt Wilson    | Kidderminster & Stourport | 68.6 | 7   |
| 2    | Andrew Beeston | Shrewsbury                | 90.9 | 5   |

Men 800m (A string)

| Posn | Name           | Club                      | Perf   | Pts |
|------|----------------|---------------------------|--------|-----|
| 1    | Steve Long     | Notts                     | 2.04.8 | 9   |
| 2    | Andrew Beeston | Shrewsbury                | 2.07.4 | 7   |
| 3    | Alex Hobson    | Kidderminster & Stourport | 2.08.8 | 6   |
| 4    | Jon Barnes     | Hereford & County         | 2.18.5 | 5   |
| 5    | P Whittingham  | SIAH                      | 2.28.6 | 4   |

Men 800m (B string)

| Posn | Name         | Club                      | Perf   | Pts |
|------|--------------|---------------------------|--------|-----|
| 1    | Jamie Burton | Kidderminster & Stourport | 2.14.6 | 7   |
| 2    | Tom Everitt  | Shrewsbury                | 2.23.9 | 5   |
| 3    | Nigel Barnet | Hereford & County         | 2.27.1 | 4   |
| 4    | A Wetherill  | SIAH                      | 2.29.1 | 3   |

Men 1500m (A string)

| Posn | Name         | Club                      | Perf   | Pts |
|------|--------------|---------------------------|--------|-----|
| 1    | David Oxland | Notts                     | 4.20.7 | 9   |
| 2    | Alex Hobson  | Kidderminster & Stourport | 4.30.3 | 7   |
| 3    | A Wetherill  | SIAH                      | 4.31.0 | 6   |
| 4    | Jon Barnes   | Hereford & County         | 4.43.9 | 5   |
| 5    | Tom Everitt  | Shrewsbury                | 5.02.2 | 4   |

Men 1500m (B string)

| Posn | Name          | Club                      | Perf   | Pts |
|------|---------------|---------------------------|--------|-----|
| 1    | Mike Beriford | Notts                     | 4.43.1 | 7   |
| 2    | Jamie Burton  | Kidderminster & Stourport | 4.54.2 | 5   |
| 3    | P Whittingham | SIAH                      | 4.55.3 | 4   |
| 4    | Mathew Brown  | Shrewsbury                | 5.06.0 | 3   |
| 5    | Kevin Barnes  | Hereford & County         | 6.10.3 | 2   |

Men 3000m s/c (A string)

| Posn | Name         | Club                      | Perf    | Pts |
|------|--------------|---------------------------|---------|-----|
| 1    | Ben Danvers  | Kidderminster & Stourport | 11.12.4 | 9   |
| 2    | S Kerr       | SIAH                      | 11.25.9 | 7   |
| 3    | Kevin Barnes | Hereford & County         | 14.26.1 | 6   |

Men 3000m s/c (B string)

| Posn | Name        | Club                      | Perf    | Pts |
|------|-------------|---------------------------|---------|-----|
| 1    | A Wetherill | SIAH                      | 13.04.0 | 7   |
| 2    | Mark James  | Kidderminster & Stourport | 14.15.3 | 5   |

Men 3000m (A string)

| Posn | Name           | Club                      | Perf     | Pts |
|------|----------------|---------------------------|----------|-----|
| 1    | Mike Benford   | Notts                     | 9.41.1   | 9   |
| 2    | Luke Mason     | Hereford & County         | 9.45.3   | 7   |
| 3    | A Wetherill    | SIAH                      | 10.07.9  | 6   |
| 4    | Ben Danvers    | Kidderminster & Stourport | 10.15.13 | 5   |
| 5    | Andrew Beeston | Shrewsbury                | 11.45.3  | 4   |

Men 3000m (B string)

| Posn | Name          | Club                      | Perf    | Pts |
|------|---------------|---------------------------|---------|-----|
| 1    | David Oxland  | Notts                     | 10.26.7 | 7   |
| 2    | Neil Williams | Kidderminster & Stourport | 11.01.3 | 5   |
| 3    | S Kerr        | SIAH                      | 11.16.5 | 4   |
| 4    | Kevin Barnes  | Hereford & County         | 13.18.0 | 3   |

Men Long Jump (A string)

| Posn | Name                | Club                      | Perf | Pts |
|------|---------------------|---------------------------|------|-----|
| 1    | Sam Edwards         | Shrewsbury                | 6.24 | 9   |
| 2    | Steve Chillingworth | SIAH                      | 5.64 | 7   |
| 3    | Alex Sobolewski     | Kidderminster & Stourport | 5.59 | 6   |
| 4    | Sam Finney-Down     | Hereford & County         | 5.19 | 5   |
| 5    | Peter Sserunkuma    | Notts                     | 4.44 | 4   |

Men Long Jump (B string)

| Posn | Name            | Club                      | Perf | Pts |
|------|-----------------|---------------------------|------|-----|
| 1    | Ryan Kelly      | Shrewsbury                | 6.03 | 7   |
| 2    | Daniel Stevens  | SIAH                      | 5.60 | 5   |
| 3    | James Colclough | Kidderminster & Stourport | 5.57 | 4   |

Men Triple Jump (A string)

| Posn | Name                | Club                      | Perf  | Pts |
|------|---------------------|---------------------------|-------|-----|
| 1    | Sam Edwards         | Shrewsbury                | 12.73 | 9   |
| 2    | Steve Chillingworth | SIAH                      | 10.85 | 7   |
| 3    | Gareth Pritchard    | Kidderminster & Stourport | 10.66 | 6   |

Men Triple Jump (B string)

| Posn | Name           | Club                      | Perf  | Pts |
|------|----------------|---------------------------|-------|-----|
| 1    | Ryan Kelly     | Shrewsbury                | 11.19 | 7   |
| 2    | Richard Wilson | Kidderminster & Stourport | 10.19 | 5   |

Men High Jump (A string)

| Posn | Name             | Club                      | Perf | Pts |
|------|------------------|---------------------------|------|-----|
| 1    | Jason Green      | Shrewsbury                | 1.65 | 9   |
| 2    | Adrian James     | Kidderminster & Stourport | 1.55 | 7   |
| 3    | Peter Sserunkuma | Notts                     | 1.50 | 6   |
| 4    | Daniel Stevens   | SIAH                      | 1.40 | 5   |

Men High Jump (B string)

| Posn | Name           | Club       | Perf | Pts |
|------|----------------|------------|------|-----|
| 1    | Andrew Beeston | Shrewsbury | 1.60 | 7   |

Men Pole Vault (A string)

| Posn | Name         | Club              | Perf | Pts |
|------|--------------|-------------------|------|-----|
| 1    | James McLoed | Hereford & County | 3.40 | 9   |
| 2    | Bob Brown    | Notts             | 2.60 | 7   |
| 3    | Pete Duckers | Shrewsbury        | 2.50 | 6   |

Men Pole Vault (B string)

| Posn | Name       | Club              | Perf | Pts |
|------|------------|-------------------|------|-----|
| 1    | Jon Barnes | Hereford & County | 2.60 | 7   |

Men Shot Putt (A string)

| Posn | Name             | Club                      | Perf  | Pts |
|------|------------------|---------------------------|-------|-----|
| 1    | Josh Day         | Hereford & County         | 11.23 | 9   |
| 2    | Simon Brown      | Shrewsbury                | 10.97 | 7   |
| 3    | Paul Gibson      | SIAH                      | 10.20 | 6   |
| 4    | Kevin MacPherson | Notts                     | 9.66  | 5   |
| 5    | Alex Sobolewski  | Kidderminster & Stourport | 9.57  | 4   |

Men Shot Putt (B string)

| Posn | Name                | Club                      | Perf  | Pts |
|------|---------------------|---------------------------|-------|-----|
| 1    | Jason Green         | Shrewsbury                | 10.12 | 7   |
| 2    | Tim Wilson          | Kidderminster & Stourport | 8.79  | 5   |
| 3    | Steve Chillingworth | SIAH                      | 8.33  | 4   |
| 4    | Justin Williams     | Hereford & County         | 7.75  | 3   |
| 5    | Peter Wilson        | Notts                     | 6.73  | 2   |

Men Discus (A string)

| Posn | Name                | Club                      | Perf  | Pts |
|------|---------------------|---------------------------|-------|-----|
| 1    | Simon Brown         | Shrewsbury                | 37.44 | 9   |
| 2    | Josh Day            | Hereford & County         | 35.53 | 7   |
| 3    | Steve Chillingworth | SIAH                      | 31.2  | 6   |
| 4    | Kevin MacPherson    | Notts                     | 24.35 | 5   |
| 5    | Alex Sobolewski     | Kidderminster & Stourport | 23.68 | 4   |

Men Discus (B string)

| Posn | Name            | Club                      | Perf  | Pts |
|------|-----------------|---------------------------|-------|-----|
| 1    | Jason Green     | Shrewsbury                | 33.19 | 7   |
| 2    | Paul Gibson     | SIAH                      | 30.05 | 5   |
| 3    | Justin Williams | Hereford & County         | 24.83 | 4   |
| 4    | Peter Wilson    | Notts                     | 20.44 | 3   |
| 5    | Tim Wilson      | Kidderminster & Stourport | 19.35 | 2   |

Men Hammer (A string)

| Posn | Name             | Club                      | Perf  | Pts |
|------|------------------|---------------------------|-------|-----|
| 1    | Josh Day         | Hereford & County AC      | 40.85 | 9   |
| 2    | Andrew Mitchall  | SIAH                      | 27.20 | 7   |
| 3    | Pete Duckers     | Shrewsbury                | 24.18 | 6   |
| 4    | Kevin MacPherson | Notts AC                  | 21.39 | 5   |
| 5    | Tim Wilson       | Kidderminster & Stourport | 20.58 | 4   |

Men Hammer (B string)

| Posn | Name            | Club                      | Perf  | Pts |
|------|-----------------|---------------------------|-------|-----|
| 1    | Justin Williams | Hereford & County AC      | 28.29 | 7   |
| 2    | Paul Gibson     | SIAH                      | 22.99 | 5   |
| 3    | Alex Sobolewski | Kidderminster & Stourport | 19.70 | 4   |
| 4    | Jason Green     | Shrewsbury                | 18.40 | 3   |

Men Javelin (A string)

| Posn | Name             | Club                      | Perf  | Pts |
|------|------------------|---------------------------|-------|-----|
| 1    | Alex Rumsey      | Hereford & County         | 43.69 | 9   |
| 2    | Jason Green      | Shrewsbury                | 39.93 | 7   |
| 3    | Tim Wilson       | Kidderminster & Stourport | 38.22 | 6   |
| 4    | Andy Mitchell    | SIAH                      | 30.05 | 5   |
| 5    | Kevin MacPherson | Notts                     | 25.67 | 4   |

Men Javelin (B string)

| Posn | Name            | Club                      | Perf  | Pts |
|------|-----------------|---------------------------|-------|-----|
| 1    | Simon Brown     | Shrewsbury                | 36.59 | 7   |
| 2    | Jon Barnes      | Hereford & County         | 31.13 | 5   |
| 3    | James Colclough | Kidderminster & Stourport | 26.67 | 4   |
| 4    | Andy Wetherill  | SIAH                      | 25.77 | 3   |

Men 4x100m

| Posn | Name | Club                      | Perf | Pts |
|------|------|---------------------------|------|-----|
| 1    |      | Kidderminster & Stourport | 47.3 | 9   |
| 2    |      | Shrewsbury                | 47.5 | 7   |
| 3    |      | SIAH                      | 50.4 | 6   |
| 4    |      | Notts 'B'                 | 51.0 | 5   |
| 5    |      | Hereford & County         | 52.2 | 4   |

Men 4x400m

| Posn | Name | Club                      | Perf   | Pts |
|------|------|---------------------------|--------|-----|
| 1    |      | Notts 'B'                 | 3.38.3 | 9   |
| 2    |      | Kidderminster & Stourport | 3.39.4 | 7   |
| 3    |      | Shrewsbury                | 3.58.6 | 6   |
| 4    |      | Hereford & County         | 4.25.1 | 5   |
| 5    |      | SIAH                      | 4.26.1 | 4   |

Women 100m (A string)

| Posn | Name            | Club                      | Perf  | Pts |
|------|-----------------|---------------------------|-------|-----|
| 1    | Claire Burgoyne | Shrewsbury                | 12.80 | 9   |
| 2    | Sarah Weaver    | Hereford & County         | 13.60 | 7   |
| 3    | H Butler        | SIAH                      | 14.00 | 6   |
| 4    | Fiona Palmer    | Notts                     | 14.10 | 5   |
| 5    | Chesley Kaye    | Kidderminster & Stourport | 14.40 | 4   |

Women 100m (B string)

| Posn | Name           | Club                      | Perf | Pts |
|------|----------------|---------------------------|------|-----|
| 1    | Olivia Wilding | Hereford & County         | 13.7 | 7   |
| 2    | F Meakin       | SIAH                      | 14.5 | 5   |
| 3    | Becky Smith    | Notts                     | 14.6 | 4   |
| 4    | Faye Lester    | Shrewsbury                | 14.7 | 3   |
| 5    | Rachel Heath   | Kidderminster & Stourport | 16.0 | 2   |



Women 200m (A string)

| Posn | Name          | Club                      | Perf | Pts |
|------|---------------|---------------------------|------|-----|
| 1    | Fiona Palmer  | Notts                     | 28.4 | 9   |
| 2    | Becky Houston | Shrewsbury                | 28.6 | 7   |
| 3    | H Butler      | SIAH                      | 29.1 | 6   |
| 4    | Sarah Weaver  | Hereford & County         | 29.1 | 5   |
| 5    | Chesley Kaye  | Kidderminster & Stourport | 29.3 | 4   |

Women 200m (B string)

| Posn | Name            | Club                      | Perf | Pts |
|------|-----------------|---------------------------|------|-----|
| 1    | Olivia Wilding  | Hereford & County         | 28.1 | 7   |
| 2    | Cindy Carey     | Shrewsbury                | 29.7 | 5   |
| 3    | Becky Smith     | Notts                     | 29.9 | 4   |
| 4    | S Haslam Scarle | SIAH                      | 32.6 | 3   |
| 5    | Rachel Heath    | Kidderminster & Stourport | 32.9 | 2   |

Women 400m (A string)

| Posn | Name          | Club                      | Perf  | Pts |
|------|---------------|---------------------------|-------|-----|
| 1    | Becky Houston | Shrewsbury                | 65.50 | 9   |
| 2    | Antinia Lagou | Notts                     | 66.60 | 7   |
| 3    | Clara Evans   | Hereford & County         | 66.70 | 6   |
| 4    | Jill Turner   | Kidderminster & Stourport | 70.40 | 5   |
| 5    | F Meakin      | SIAH                      | 78.60 | 4   |

Women 400m (B string)

| Posn | Name           | Club                     | Perf   | Pts |
|------|----------------|--------------------------|--------|-----|
| 1    | Cindy Carey    | Shrewsbury               | 67.8   | 7   |
| 2    | Alison White   | Kidderminste & Stourport | 83.9   | 5   |
| 3    | A Whittingham  | SIAH                     | 89.2   | 4   |
| 4    | Hannah Barnes  | Hereford & County        | 93.3   | 3   |
| 5    | Laura Boulthby | Notts                    | 1.40.9 | 2   |

Women 100m H (A string)

| Posn | Name        | Club                      | Perf | Pts |
|------|-------------|---------------------------|------|-----|
| 1    | Beth Dawson | Notts                     | 18.5 | 9   |
| 2    | Anna Kelly  | Shrewsbury                | 20.5 | 7   |
| 3    | Jill Turner | Kidderminster & Stourport | 20.5 | 6   |

Women 100m H (B string)

| Posn | Name        | Club  | Perf | Pts |
|------|-------------|-------|------|-----|
| 1    | Jenny Evans | Notts | 21.8 | 7   |

Women 400m H (A string)

| Posn | Name            | Club                      | Perf  | Pts |
|------|-----------------|---------------------------|-------|-----|
| 1    | Claire Burgoyne | Shrewsbury                | 72.8  | 9   |
| 2    | Jenny Evans     | Notts                     | 76.7  | 7   |
| 3    | Alison White    | Kidderminster & Stourport | 109.9 | 6   |

Women 400m H (B string)

| Posn | Name        | Club                      | Perf | Pts |
|------|-------------|---------------------------|------|-----|
| 1    | Cindy Pary  | Shrewsbury                | 72.8 | 7   |
| 2    | Liz Danks   | Kidderminster & Stourport | 79.5 | 5   |
| 3    | Beth Dawson | Notts                     | DSQ  |     |

Women 800m (A string)

| Posn | Name              | Club                      | Perf   | Pts |
|------|-------------------|---------------------------|--------|-----|
| 1    | F Meakin          | SIAH                      | 2.28.5 | 9   |
| 2    | Clara Evans       | Hereford & County         | 2.31.7 | 7   |
| 3    | Becky Houston     | Shrewsbury                | 2.40.1 | 6   |
| 4    | Charlotte Whorton | Kidderminster & Stourport | 2.40.9 | 5   |

Women 800m (B string)

| Posn | Name          | Club                      | Perf   | Pts |
|------|---------------|---------------------------|--------|-----|
| 1    | Naomi Prosser | Hereford & County         | 2.43.6 | 7   |
| 2    | A Whittingham | SIAH                      | 3.14.4 | 5   |
| 3    | Thersa Wilson | Kidderminster & Stourport | 3.19.0 | 4   |

Women 1500m (A string)

| Posn | Name              | Club                      | Perf   | Pts |
|------|-------------------|---------------------------|--------|-----|
| 1    | F Meakin          | SIAH                      | 5.24.0 | 9   |
| 2    | Beth Mills        | Hereford & County         | 5.35.5 | 7   |
| 3    | Charlotte Whorton | Kidderminster & Stourport | 5.37.4 | 6   |
| 4    | Clare Waring      | Notts                     | 5.39.9 | 5   |
| 5    | Olivia Barber     | Shrewsbury                | 6.05.9 | 4   |

Women 1500m (B string)

| Posn | Name               | Club                      | Perf   | Pts |
|------|--------------------|---------------------------|--------|-----|
| 1    | Wendy Kane         | Notts                     | 6.15.2 | 7   |
| 2    | Caroline Cresswell | Kidderminster & Stourport | 6.34.1 | 5   |
| 3    | A Whittingham      | SIAH                      | 6.55.4 | 4   |
| 4    | Sheryl Evans       | Hereford & County         | 7.35.1 | 3   |

Women 3000m (A string)

| Posn | Name               | Club                      | Perf    | Pts |
|------|--------------------|---------------------------|---------|-----|
| 1    | A Whittingham      | SIAH                      | 11.40.9 | 9   |
| 2    | Naomi Prosser      | Hereford & County         | 11.44.1 | 7   |
| 3    | Sarah Costin       | Notts                     | 11.53.3 | 6   |
| 4    | Olivia Barber      | Shrewsbury                | 12.54.0 | 5   |
| 5    | Caroline Cresswell | Kidderminster & Stourport | 13.16.9 | 4   |

Women 3000m (B string)

| Posn | Name           | Club                      | Perf    | Pts |
|------|----------------|---------------------------|---------|-----|
| 1    | F Meakin       | SIAH                      | 14.23.0 | 7   |
| 2    | Sheryl Evans   | Hereford & County         | 14.38.0 | 5   |
| 3    | Thersa Wilson  | Kidderminster & Stourport | 14.45.9 | 4   |
| 4    | Laura Boulthby | Notts                     | 14.50.4 | 3   |

Women Long Jump (A string)

| Posn | Name          | Club                      | Perf | Pts |
|------|---------------|---------------------------|------|-----|
| 1    | Katie Evans   | Shrewsbury                | 4.94 | 9   |
| 2    | Jill Turner   | Kidderminster & Stourport | 4.66 | 7   |
| 3    | Hannah Butler | SIAH                      | 4.27 | 6   |
| 4    | Louise Barker | Notts AC                  | 3.86 | 5   |
| 5    | Mary McLeod   | Hereford & County         | 3.61 | 4   |

Women Long Jump (B string)

| Posn | Name             | Club                      | Perf | Pts |
|------|------------------|---------------------------|------|-----|
| 1    | Fae Lester       | Shrewsbury                | 4.34 | 7   |
| 2    | Chelsey Kaye     | Kidderminster & Stourport | 4.19 | 5   |
| 3    | Bethany Mitchell | SIAH                      | 3.89 | 4   |
| 4    | Laura Boulthby   | Notts AC                  | 2.40 | 3   |

Women Triple Jump (A string)

| Posn | Name          | Club                      | Perf  | Pts |
|------|---------------|---------------------------|-------|-----|
| 1    | Anna Kely     | Shrewsbury                | 11.68 | 9   |
| 2    | Jill Turner   | Kidderminster & Stourport | 9.82  | 7   |
| 3    | Hannah Butler | SIAH                      | 8.63  | 6   |
| 4    | Jenny Evans   | Notts                     | 8.16  | 5   |

Women Triple Jump (B string)

| Posn | Name         | Club                      | Perf  | Pts |
|------|--------------|---------------------------|-------|-----|
| 1    | Katie Evans  | Shrewsbury                | 10.87 | 7   |
| 2    | Alison White | Kidderminster & Stourport | 8.10  | 5   |

Women High Jump (A string)

| Posn | Name           | Club                      | Perf | Pts |
|------|----------------|---------------------------|------|-----|
| 1    | Beckie Houston | Shrewsbury                | 1.43 | 9   |
| 2    | Alison White   | Kidderminster & Stourport | 1.30 | 7   |
| 3    | Becky Smith    | Notts                     | 1.20 | 6   |

Women High Jump (B string)

| Posn | Name          | Club                      | Perf | Pts |
|------|---------------|---------------------------|------|-----|
| 1    | Jill Turner   | Kidderminster & Stourport | 1.30 | 7   |
| 2    | Fae Lester    | Shrewsbury                | 1.25 | 5   |
| 3    | Antonia Lagou | Notts                     | 1.10 | 4   |

Women Shot Putt (A string)

| Posn | Name             | Club                      | Perf  | Pts |
|------|------------------|---------------------------|-------|-----|
| 1    | Steph McNally    | Hereford & County         | 10.41 | 9   |
| 2    | Kirsty Brown     | Shrewsbury                | 7.46  | 7   |
| 3    | Rebecca Johnston | Notts                     | 7.43  | 6   |
| 4    | Susan Alcock     | SIAH                      | 6.69  | 5   |
| 5    | Sue Saunders     | Kidderminster & Stourport | 6.31  | 4   |

Women Shot Putt (B string)

| Posn | Name             | Club                      | Perf | Pts |
|------|------------------|---------------------------|------|-----|
| 1    | Anna Robinson    | Hereford & County         | 9.39 | 7   |
| 2    | Elaine Jebb      | Shrewsbury                | 6.90 | 5   |
| 3    | Sarah Pennington | SIAH                      | 5.48 | 4   |
| 4    | Thersa Wilson    | Kidderminster & Stourport | 4.97 | 3   |
| 5    | Laura Boulthby   | Notts                     | 3.72 | 2   |

Women Pole Vault (A string)

| Posn | Name        | Club              | Perf | Pts |
|------|-------------|-------------------|------|-----|
| 1    | Sarah Jones | Hereford & County | 2.60 | 9   |
| 2    | Becky Smith | Notts             | 2.10 | 7   |

Womens Pole Vault (B string)

| Posn | Name        | Club  | Perf | Pts |
|------|-------------|-------|------|-----|
| 1    | Beth Dawson | Notts | 1.90 | 7   |

Women Discus (A string)

| Posn | Name             | Club                      | Perf  | Pts |
|------|------------------|---------------------------|-------|-----|
| 1    | Ruth Wells       | Hereford & County         | 23.83 | 9   |
| 2    | Sarah Pennington | SIAH                      | 22.79 | 7   |
| 3    | Rebecca Johnston | Notts                     | 20.98 | 6   |
| 4    | Clare Burgoyne   | Shrewsbury                | 17.59 | 5   |
| 5    | Sue Saunders     | Kidderminster & Stourport | 14.42 | 4   |

Women Discus (B string)

| Posn | Name           | Club                      | Perf  | Pts |
|------|----------------|---------------------------|-------|-----|
| 1    | Sophia Day     | Hereford & County         | 23.57 | 7   |
| 2    | Susan Allcock  | SIAH                      | 17.64 | 5   |
| 3    | Thersa Wilson  | Kidderminster & Stourport | 13.12 | 4   |
| 4    | Pat Higgins    | Shrewsbury                | 13.10 | 3   |
| 5    | Carol Robinson | Notts                     | 10.10 | 2   |

Women Hammer (A string)

| Posn | Name             | Club                      | Perf  | Pts |
|------|------------------|---------------------------|-------|-----|
| 1    | Bethany Mitchel  | SIAH                      | 41.09 | 9   |
| 2    | Anna Robinson    | Hereford & County         | 39.52 | 7   |
| 3    | Sue Saunders     | Kidderminster & Stourport | 25.92 | 6   |
| 4    | Pat Higgins      | Shrewsbury                | 22.05 | 5   |
| 5    | Rebecca Johnston | Notts                     | 21.64 | 4   |

Women Hammer (B string)

| Posn | Name             | Club              | Perf  | Pts |
|------|------------------|-------------------|-------|-----|
| 1    | Sophia Day       | Hereford & County | 30.34 | 7   |
| 2    | Becky Smith      | Notts             | 19.00 | 5   |
| 3    | Eliane Jebb      | Shrewsbury        | 16.58 | 4   |
| 4    | Sarah Pennington | SIAH              | 14.69 | 3   |

Women Javelin (A string)

| Posn | Name             | Club                      | Perf  | Pts |
|------|------------------|---------------------------|-------|-----|
| 1    | Bethany Mitchell | SIAH                      | 37.51 | 9   |
| 2    | Ruth Wells       | Hereford & County         | 25.09 | 7   |
| 3    | Anna Kelly       | Shrewsbury                | 24.98 | 6   |
| 4    | Rebecca Johnson  | Notts                     | 13.98 | 5   |
| 5    | Sue Saunders     | Kidderminster & Stourport | 12.59 | 4   |

Women Javelin (B string)

| Posn | Name           | Club                      | Perf  | Pts |
|------|----------------|---------------------------|-------|-----|
| 1    | Pat Higgins    | Shrewsbury                | 14.89 | 7   |
| 2    | Susan Allcock  | SIAH                      | 13.25 | 5   |
| 3    | Steph McNally  | Hereford                  | 12.15 | 4   |
| 4    | Wendy Kane     | Notts                     | 11.83 | 3   |
| 5    | Therasa Wilson | Kidderminster & Stourport | 10.76 | 2   |

Women 4x100m

| Posn | Name | Club                      | Perf | Pts |
|------|------|---------------------------|------|-----|
| 1    |      | Hereford & County         | 54.9 | 9   |
| 2    |      | Shrewsbury                | 55.4 | 7   |
| 3    |      | Kidderminster & Stourport | 60.6 | 6   |
| 4    |      | Notts 'B'                 | 61.3 | 5   |
| 5    |      | SIAH                      | 63.6 | 4   |

Women 4x400m

| Posn | Name | Club                      | Perf   | Pts |
|------|------|---------------------------|--------|-----|
| 1    |      | Shrewsbury                | 4.25.5 | 9   |
| 2    |      | Notts 'B'                 | 4.28.1 | 7   |
| 3    |      | Kidderminster & Stourport | 5.03.3 | 6   |
| 4    |      | Hereford & County         | 5.07.4 | 5   |
| 5    |      | SIAH                      | 5.22.0 | 4   |