



Results 3 July 2010 - MCAA Track & Field League

Division One, Match 3

Second Draft

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Total Scores

Position	Team	Points
1	Bristol & West	380
2	Charnwood	376
3	City of Stoke	358
4	Notts AC A	312
5	Birchfield	307
6	Mansfield	192

Mens Scores

Position	Team	Points
1	City of Stoke	204
2	Charnwood	203
3	Bristol & West	179
4	Birchfield	145
5	Notts AC A	136
6	Mansfield	81

Womens Scores

Position	Team	Points
1	Bristol & West	186
2	Notts AC A	171
3	Charnwood	158
4	Birchfield	147
5	City of Stoke	139
6	Mansfield	96

Officials Points

Team Name	Points
Bristol & West	15
Charnwood	15
City of Stoke	15
Notts AC A	5
Birchfield	15
Mansfield	15



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Match Position after 37 Events

Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Cloron Hylton	Birchfield	10.6	9
2	Scott Bajere	Bristol & West	10.8	7
3	Timmion Skervin	Notts AC A	10.9	6
4	Marcel Hodge	Charnwood	11.1	5
5	Alexander Hulme	City of Stoke	11.4	4
6	Thomas Walleth	Mansfield	11.8	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Leon Reid	Bristol & West	10.7	7
2	Carl Mason	Birchfield	10.9	5
3	Jarrod Skervin	Notts AC A	11.3	4
4	Scott Wilson	Charnwood	11.3	3
5	Chris Ashmore	Mansfield	12.0	2
6	Robert Lee	City of Stoke	12.3	1

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Marcel Hodge	Charnwood	22.9	9
2	Kwame Fordwor	Bristol & West	22.9	7
3	Mikail Huggins	Birchfield	23.3	6
4	Lewis Summer Rell	Notts AC A	23.6	5
5	Deo Milandu	City of Stoke	23.7	4
6	Thomas Walleth	Mansfield	24.3	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Jermain Akinbiyi	Notts AC A	23.6	7
2	Wayne Stewart	Birchfield	23.7	5
3	Andy Dobson	City of Stoke	24.4	4
4	Steve McLernon	Bristol & West	24.7	3
5	Scott Wilson	Charnwood	25.0	2
6	Chris Ashmore	Mansfield	25.7	1

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Thomas Guy	City of Stoke	49.1	9
2	Christian Byron	Birchfield	50.1	7
3	Alex Fields	Bristol & West	50.6	6
4	Abdillah Nassir	Charnwood	51.8	5
5	Joe Mellor	Notts AC A	52.2	4
6	Thomas Walleth	Mansfield	64.2	3



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Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Liam Tracey	City of Stoke	50.8	7
2	Henry Richards	Charnwood	51.7	5
3	Mike Wilsmore	Bristol & West	52.0	4
4	Leon Simpson	Birchfield	55.3	3
5	Chris Smith	Notts AC A	56.1	2
6	Steve Grainger	Mansfield	67.1	1

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Yannick Budd	Bristol & West	15.0	9
2	Callem Forde	Charnwood	15.1	7
3	Robin Smith	City of Stoke	15.3	6
4	Tom Offler	Notts AC A	15.6	5
5	Leon Simpson	Birchfield	16.8	4

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Oliver Knight	Charnwood	16.1	7
2	Steve West	Bristol & West	21.6	5

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Callem Forde	Charnwood	55.8	9
2	Tom Offler	Notts AC A	58.3	7
3	Leon Simpson	Birchfield	61.4	6
4	Yannick Budd	Bristol & West	69.7	5
5	Lewis Martin	City of Stoke	71.3	4
6	Connor McHale	Mansfield	82.7	3



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Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Lewis Golledge	Notts AC A	59.4	7
2	Andrew Lomas	Charnwood	59.8	5
3	Scott Gregory	Birchfield	63.4	4
4	Jamie Krzowski	City of Stoke	66.3	3
5	Steve Grainger	Mansfield	66.9	2
6	George Hurford	Bristol & West	69.4	1

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	James Lynch	Birchfield	1:56.0	9
2	Thomas Gayle	City of Stoke	1:56.0	7
3	Harry Webb	Bristol & West	1:57.1	6
4	Paul Harmer	Charnwood	1:57.6	5
5	Chris Smith	Notts AC A	2:00.6	4
6	Thomas O` Mara	Mansfield	2:20.4	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Andrew Young	Bristol & West	1:58.4	7
2	Joshua Lacey	Birchfield	2:00.4	5
3	Steve Long	Notts AC A	2:01.7	4
4	Abdillah Nassir	Charnwood	2:03.4	3
5	Robert Cook	City of Stoke	2:04.7	2

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Stephen Mears	Charnwood	4:05.4	9
2	Mike Wilsmore	Bristol & West	4:08.2	7
3	Sebastian Duffy	City of Stoke	4:09.2	6
4	Tom Collins	Notts AC A	4:10.2	5
5	Elliot Giles	Birchfield	4:17.4	4
6	Steve Grainger	Mansfield	4:39.3	3



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Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	David Sheldon	City of Stoke	4:14.6	7
2	Mark Crofts	Charnwood	4.23.7	5
3	Steve Long	Notts AC A	4.25.5	4
4	Samuel Bedwell	Bristol & West	4.29.9	3
5	Thomas O` Mara	Mansfield	4.43.8	2

Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Tom Merson	Bristol & West	15:27.5	9
2	Yousf Al-Lathaa	Birchfield	15:41.6	7
3	James Douglas	Charnwood	15:48.4	6
4	Thomas Gayle	City of Stoke	16:02.6	5

Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Richard Brown	Charnwood	16:28.7	7
2	Steven Bazell	City of Stoke	16:30.6	5
3	Sean Hazell	Bristol & West	17:21.3	4

Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Sean Hazell	Bristol & West	6:29.7	9
2	Samuel Densham	Charnwood	6:41.5	7
3	Simon Burton	Notts AC A	4:47.7	6
4	Joseph Broome	City of Stoke	6:51.0	5
5	Steve Grainger	Mansfield	6:57.0	4

Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	George Buttery	Charnwood	6:50.7	7
2	Liam Hendricken	City of Stoke	7:02.5	5
3	Martyn Gibbons	Notts AC A	7:11.1	4
4	George Hurford	Bristol & West	7:29.2	3
5	Connor McHale	Mansfield	9:42.6	2



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Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Matthew Rollings	City of Stoke	6.51	9
2	Nathaniel Facey	Birchfield	6.34	7
3	Steve McLernon	Bristol & West	6.22	6
4	Richard Adiyia	Charnwood	5.73	5
5	Lewis Golledge	Notts AC A	5.28	4
6	Chris Ashmore	Mansfield	5.28	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Oliver Knight	Charnwood	5.62	7
2	Rhys Jones	Birchfield	5.62	5
3	Deo Milandu	City of Stoke	4.38	4
4	Zachary Marsh	Bristol & West	3.37	3
5	David Lisgo	Mansfield	2.97	2

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Benjamin Williams	City of Stoke	15.63	9
2	Jose Martin-Fullerton	Birchfield	13.80	7
3	James Paramore	Charnwood	12.61	6
4	Martin Flynn	Notts AC A	10.69	5
5	Chris Ashmore	Mansfield	10.37	4
6	Paul Weston	Bristol & West	DNF	0

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	David Mountford	City of Stoke	13.66	7
2	Jamal Nesbitt	Birchfield	12.68	5
3	Richard Adiyia	Charnwood	11.70	4
4	Thomas Lyons	Notts AC A	10.43	3



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Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Romeo Sithole	Charnwood	1.98	9
2	Yannick Budd	Bristol & West	1.75	7
3	Jaxson Sykes	City of Stoke	1.70	6
4	Efekemo Okoro	Birchfield	1.55	5
5	Lewis Golledge	Notts AC A	1.50	4
6	Chris Ashmore	Mansfield	1.45	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Oliver Knight	Charnwood	1.70	7
2	Lewis Martin	City of Stoke	1.55	5
3	Steve McLernon	Bristol & West	1.50	4

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Deo Milandu	City of Stoke	4.10	9
2	Luke Bailey	Bristol & West	4.10	7
3	Thomas Lyons	Notts AC A	3.70	6
4	Connor McHale	Mansfield	3.00	5
5	Matthew Lee	Birchfield	2.60	4

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Steve West	Bristol & West	3.40	7
2	Adam Cooper	City of Stoke	3.10	5
3	David Lisgo	Mansfield	DNF	0

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Ben Roberts	Birchfield	15.39	9
2	Martin Bartholomew	City of Stoke	14.52	7
3	James Preston	Bristol & West	12.40	6
4	Thomas Pearson	Charnwood	11.12	5
5	Kevin MacPherson	Notts AC A	9.61	4
6	Steven Woolley	Mansfield	9.47	3



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Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Greg Nixon	City of Stoke	12.69	7
2	Oliver Knight	Charnwood	9.16	5
3	Chris Ashmore	Mansfield	7.95	4
4	Bill Kingston	Bristol & West	7.37	3
5	Lewis Summer Rell	Notts AC A	7.34	2
6	Christopher Street	Birchfield	7.27	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Martin Bartholomew	City of Stoke	46.70	9
2	James Preston	Bristol & West	38.81	7
3	Oliver Knight	Charnwood	31.45	6
4	Steven Woolley	Mansfield	27.48	5
5	Kevin MacPherson	Notts AC A	25.14	4
6	Christopher Street	Birchfield	16.57	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Robin Smith	City of Stoke	32.06	7
2	Thomas Pearson	Charnwood	31.40	5
3	Bill Kingston	Bristol & West	23.23	4
4	Ryan O'Donnell	Notts AC A	20.74	3
5	David Lisgo	Mansfield	15.20	2

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Matthew Bell	Birchfield	59.75	9
2	Andrew Windley	Charnwood	45.09	7
3	Greg Nixon	City of Stoke	41.69	6
4	James Preston	Bristol & West	33.98	5
5	Steven Woolley	Mansfield	27.97	4
6	Kevin MacPherson	Notts AC A	23.34	3



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Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Matthew Sutton	Birchfield	58.04	7
2	Thomas Pearson	Charnwood	43.64	5
3	Martin Bartholomew	City of Stoke	38.34	4
4	Bill Kingston	Bristol & West	20.87	3
5	David Lisgo	Mansfield	13.96	2
6	Lewis Summer Rell	Notts AC A	6.42	1

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Brett Byrd	City of Stoke	60.92	9
2	Charles Stocks	Charnwood	55.55	7
3	Ryan O'Donnell	Notts AC A	38.42	6
4	Steven Woolley	Mansfield	35.90	5
5	James Preston	Bristol & West	24.03	4
6	Christopher Street	Birchfield	20.20	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Robin Smith	City of Stoke	45.55	7
2	Scott Douglas	Charnwood	36.49	5
3	Chris Ashmore	Mansfield	33.77	4
4	Kevin MacPherson	Notts AC A	31.37	3
5	Steve McLernon	Bristol & West	13.25	2

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Notts AC A	44.7	9
2		Charnwood	44.8	7
3		City of Stoke	47.8	6
4		Birchfield	DQ	0
5		Bristol & West	DQ	0



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Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Bristol & West	3:25.8	9
2		Charnwood	3:26.2	7
3		Birchfield	3:29.7	6
4		Notts AC A	3:38.6	5
5		City of Stoke	3:39.0	4
6		Mansfield	5:06.2	3

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Heath	Bristol & West	12.1	9
2	Laura Haslam	Charnwood	12.1	7
3	Claudia Rogers	Mansfield	12.2	6
4	Effie Asmah	Birchfield	12.5	5
5	Laura Mason	Notts AC A	12.7	4
6	Chelsea Cooper	City of Stoke	DNF	0

Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Jor'dan Mcintosh	Charnwood	12.4	7
2	Michelle Robbins	City of Stoke	12.5	5
3	Nardhia Kidd-Walker	Birchfield	12.5	4
4	Kate Platts	Notts AC A	12.8	3
5	Valentina Santo-Fullerton	Bristol & West	13.3	2
6	Kathryn Raynor	Mansfield	21.5	1

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Chelsea Cooper	City of Stoke	24.6	9
2	Laura Haslam	Charnwood	25.5	7
3	Hannah Stevenson	Notts AC A	25.5	6
4	Seemita Gumbs	Birchfield	26.2	5
5	Claudia Rogers	Mansfield	26.8	4
6	Valentina Santo-Fullerton	Bristol & West	27.8	3

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Jor'dan Mcintosh	Charnwood	26.1	7
2	Nardhia Kidd-Walker	Birchfield	26.6	5
3	Alice Hillyer	Notts AC A	26.7	4
4	Becky Smith	Mansfield	27.2	3
5	Shelley Brace	City of Stoke	27.9	2
6	Andrea Lock	Bristol & West	33.0	1



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Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Sara Oglesby	Notts AC A	57.8	9
2	Ruth Mitchell	Bristol & West	59.3	7
3	Katie Holt	City of Stoke	59.3	6
4	Liliane Sutton	Birchfield	61.5	5
5	Lucy Arkinstall	Charnwood	64.7	4
6	Laura Brown	Mansfield	70.1	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Emma Hourd	Notts AC A	62.7	7
2	Shelley Brace	City of Stoke	63.6	5
3	Valentina Santo-Fullerton	Bristol & West	66.3	4
4	Karina Jakovenko	Birchfield	69.8	3
5	Amie Grainger	Mansfield	72.7	2
6	Sophia Howard	Charnwood	79.4	1

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	EMMA KOMOCKI	Notts AC A	14.5	9
2	Dionne Samuels	Birchfield	15.3	7
3	Katy-Louise Payne	Charnwood	15.8	6
4	Samantha Moore	Bristol & West	16.9	5
5	Becky Smith	Mansfield	21.4	4

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Karina Jakovenko	Birchfield	16.6	7
2	Selina Walters	Notts AC A	20.3	5
3	Andrea Lock	Bristol & West	20.3	4
4	Sophia Howard	Charnwood	24.1	3

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	EMMA KOMOCKI	Notts AC A	65.6	9
2	Tara Krzywicki	Charnwood	71.3	7
3	Elizabeth Billington	City of Stoke	74.9	6
4	Becky Smith	Mansfield	76.1	5
5	Naomi O'Brien	Birchfield	76.8	4
6	Andrea Lock	Bristol & West	85.7	3



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Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Amie Grainger	Mansfield	85.9	7
2	Sophia Howard	Charnwood	87.4	5
3	Ruby Juan	Bristol & West	97.7	4

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Ruth Mitchell	Bristol & West	2:13.3	9
2	Katie Holt	City of Stoke	2:13.8	7
3	Anna Simmonds	Notts AC A	2:14.8	6
4	Tara Krzywicki	Charnwood	2:18.4	5
5	Cally Read	Birchfield	2:20.5	4
6	Kate Raynor	Mansfield	3:08.8	3

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Annie Holmes	City of Stoke	2:21.8	7
2	Sian Whittingham	Birchfield	2:26.8	5
3	Lucy Arkinstall	Charnwood	2:28.2	4
4	Imogen Ainsworth	Bristol & West	2:34.6	3
5	Amie Grainger	Mansfield	2:46.9	2
6	Jessica Adcock	Notts AC A	3:35.6	1

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Jackson	City of Stoke	4:35.9	9
2	Sarah Bull	Notts AC A	4:37.6	7
3	Kate Goodhead	Bristol & West	4:43.3	6
4	Laura Muth	Birchfield	5:00.8	5
5	Lizzie Mellor	Charnwood	5:26.4	4
6	Jacqueline Massey	Mansfield	6:02.9	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Emma Reed	Bristol & West	4:49.3	7
2	Sammey Joe Daley-Davies	City of Stoke	4:59.9	5
3	Holly Climo	Birchfield	5:04.0	4
4	Jenny Reed	Notts AC A	5:06.9	3
5	Isabelle Perry	Charnwood	5:35.5	2
6	Kate Raynor	Mansfield	6:04.0	1



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Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Kate Goodhead	Bristol & West	9:56.2	9
2	Tara Krzywicki	Charnwood	10:03.5	7
3	Jacqueline Massey	Mansfield	10:04.9	6
4	Jessica Marriot	Notts AC A	11:11.4	5
5	Jessica Freeman	Birchfield	11:31.7	4
6	Sarah Lovewell	City of Stoke	11:34.7	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Imogen Ainsworth	Bristol & West	10:03.5	7
2	Jenni Muston	Charnwood	11:04.9	5
3	Clare Booker	City of Stoke	11:44.6	4
4	Lisa Morris	Notts AC A	11:44.7	3
5	Amie Grainger	Mansfield	DQ	0

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alessia Valente	Notts AC A	5.41	9
2	Shannel Hutchinson	Birchfield	5.02	7
3	Nicola Breaks	Bristol & West	5.02	6
4	Hannah Walsh	Charnwood	5.00	5
5	Laura Brown	Mansfield	4.40	4

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Laura Mason	Notts AC A	4.34	7
2	Samantha Moore	Bristol & West	4.25	5
3	Becky Woolley	Mansfield	4.15	4
4	Maria Goodwin	Charnwood	4.00	3
5	Charlotte Berringham	Birchfield	3.98	2

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Michelle Robbins	City of Stoke	11.91	9
2	Alessia Valente	Notts AC A	11.90	7
3	Nicola Breaks	Bristol & West	11.41	6
4	Hannah Walsh	Charnwood	10.99	5
5	Shannel Hutchinson	Birchfield	10.59	4
6	Laura Brown	Mansfield	10.15	3



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Posn	Name	Club	Perf	Pts
1	Eden Gibson	City of Stoke	9.87	7
2	Maria Goodwin	Charnwood	9.25	5
3	Kimi Moncrieffe	Birchfield	8.61	4
4	Becky Smith	Mansfield	8.40	3

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Hayley Pitman	Bristol & West	1.70	9
2	Alessia Valente	Notts AC A	1.55	7
3	Charlotte Berringham	Birchfield	1.45	6
4	Danielle Stanley	Charnwood	1.45	5
5	Laura Brown	Mansfield	1.35	4
6	Elizabeth Billington	City of Stoke	1.30	3

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Nicola Breaks	Bristol & West	1.60	7
2	Hannah Walsh	Charnwood	1.35	5
3	Seemita Gumbs	Birchfield	1.30	4

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Sophie Cook	Birchfield	3.10	9
2	Andrea Lock	Bristol & West	2.50	7
3	Selina Walters	Notts AC A	2.10	6
4	Becky Smith	Mansfield	2.00	5

Women Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Ruby Juan	Bristol & West	2.20	7

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Jade Weston	City of Stoke	11.47	9
2	Christina Jones	Bristol & West	10.96	7
3	Selina Walters	Notts AC A	8.97	6
4	Becky Woolley	Mansfield	8.22	5
5	Danielle Stanley	Charnwood	8.19	4
6	Laura Radburn	Birchfield	7.13	3



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Division One, Match 3 Second Draft

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Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Emily Campbell	Notts AC A	8.40	7
2	Hayley Pitman	Bristol & West	8.20	5
3	Amber Burdett	Charnwood	7.88	4
4	Emma Claydon	City of Stoke	7.77	3
5	Claire Beaumont	Mansfield	7.20	2
6	Dionne Samuels	Birchfield	6.29	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Jade Moore	Birchfield	40.08	9
2	Katy-Louise Payne	Charnwood	37.91	7
3	Jade Weston	City of Stoke	30.49	6
4	Hayley Green	Bristol & West	30.37	5
5	Selina Walters	Notts AC A	26.45	4
6	Claire Beaumont	Mansfield	14.66	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Nicholls	City of Stoke	26.91	7
2	Emily Campbell	Notts AC A	25.69	5
3	Laura Radburn	Birchfield	22.99	4
4	Christina Jones	Bristol & West	21.94	3
5	Hannah Walsh	Charnwood	17.15	2
6	Kate Raynor	Mansfield	8.50	1

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Christina Jones	Bristol & West	48.95	9
2	Kirsty Douglas	Charnwood	42.85	7
3	Emily Campbell	Notts AC A	35.09	6
4	Jade Weston	City of Stoke	24.42	5
5	Becky Smith	Mansfield	18.55	4
6	Laura Radburn	Birchfield	17.95	3



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Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Hayley Green	Bristol & West	42.09	7
2	Selina Walters	Notts AC A	33.10	5
3	Sophia Howard	Charnwood	17.37	4
4	Clare Booker	City of Stoke	12.04	3
5	Seemita Gumbs	Birchfield	7.26	2

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Amber Burdett	Charnwood	45.73	9
2	Olga Kotmilosi	City of Stoke	43.81	7
3	Christina Jones	Bristol & West	32.25	6
4	Becky Woolley	Mansfield	31.55	5
5	Charlotte Berrington	Birchfield	26.44	4
6	Jessica Adcock	Notts AC A	25.43	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Danielle Stanley	Charnwood	31.59	7
2	Chelsea Cooper	City of Stoke	30.88	5
3	Nicola Breaks	Bristol & West	29.48	4
4	Laura Radburn	Birchfield	24.22	3
5	Selina Walters	Notts AC A	18.21	2

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Birchfield	49.7	9
2		Notts AC A	50.1	7
3		Bristol & West	54.1	6
4		Charnwood	DQ	0
5		City of Stoke	DQ	0

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Notts AC A	4:03.7	9
2		City of Stoke	4:05.9	7
3		Birchfield	4:09.3	6
4		Charnwood	4:32.0	5
5		Bristol & West	4:32.7	4
6		Mansfield	4:48.2	3



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Guest Competitors

Men				
Event	No	Name	Club	Perf
100m	67	Kwame Fordwor	Bristol & West	10.7
100m	86	Shane Henry	Birchfield	11.0
100m	87	Mikail Huggins	Birchfield	11.2
100m	97	Dominic Friend	Charnwood	11.8
100m	Notts		Notts	12.1
1500m	96	Mike Harding	City of Stoke AC	4.15.10
200m	97	Dominic Friend	Charnwood	24.3
2k S/C	68	Zac Marsh	Bristol & West	7.06.0
400m	81	Robert Lee	City of Stoke AC	59.0
5000m	99	Dave lee	City of Stoke AC	17.42.5

Guest Competitors

Women				
Event	No	Name	Club	Perf
100m	69	Kimi Moncrieffe	Birchfield	12.5