37 17 7

# Overall scoring:

After 5K	
Midlands North South	
After 2K	
Midlanda	

Midlands	47
North	29
South	7

### After 3K

Midlands	63
North	34
South	24

### After 10K and final result:

Midlands	72
North	50
South	30

#### **5K results**

#### Senior Women

1.	Rachael Wooley	Midlands	26.23.1
2.	Ann Wheeler	Midlands	28.30.5
3.	Helen Middleton	South	29.19.8

### Under 20 Women

1.	Vicky Morgan	Midlands	29.03.7
2.	Alex Ross	North	29.42.2
3.	Cheyenne Taylor	Midlands	33.20.1

#### Under 17 Women

1.	Tasha Webster	Midlands	26.37.4
2.	Jasmine Nicholls	Midlands	28.43.1
3.	Danielle Oates	North	30.48.8
4.	Catherine Cotterill	South	32.04.2
5.	Hannah Kelly	North	33.36.8

#### Under 17 Men

1.	Alex Easton	North	25.17.6
2.	Daniel Waples	Midlands	27.13.0

## 2K results

Under 13 Girls

1. 2.	Niamh McKivett Danielle Gaskell	North Midlands	12.03.5 12.32.9
Under 13 Bo	oys		
1. 2.	Jack Leversidge Joe Smith	North Midlands	11.45.3 11.57.2
3K results			
Under 15 G	irls		
1. 2. 3. 4. 5.	Heather Butcher Emma Achurch Jessica Mills Becky Chambers Rebecca Greatbatch	South Midlands Midlands North North	15.47.3 16.46.8 17.30.2 17.53.3 20.45.7
Under 15 Bo	oys		
1. 2. 3. 4.	Cameron Corbishley Guy Thomas Daniel Watling Matthew Redfern	South South Midlands Midlands	14.54.1 15.33.0 16.24.6 16.42.4
10K result	S		
Under 20 M	en		
1. 2.	Nathan Duncan Adam Cowin	North North	51.12.0 56.07.7
Senior Men			
1. 2. 3. 4. 5. 6.	Ian Richards Mark Williams Andrew Miller Steve Arnold Richard Spenceley Adrian Edwards	South Midlands Midlands Midlands North North	51.07.2 52.19.7 54.04.0 54.14.0 57.00.6 57.55.1

NB Steve Arnold was the third Midland walker, not included in the scoring tables.

1K results

1.	Sam Redfern	6.10.3
2.	Laura Achurch	6.43.8
3.	Jessica Finney	6.56.6