

T1	U20 W 60mH		Heat 1
1	Imogen Green	Birchfield	9.15
2	Emma Douras	Wolves/Bilst	9.32
3	Kez Ogden	Oswestry	9.58
4	Anna Alexander Holmes	Millfield School	10.05
5	Emily Moore	City of Stoke	10.19
			Heat2
1	Madelaine Smith	Birchfield	8.94
2	Anna Davies	Notts	9.36
3	Megan Dixon	Wolves/Bilst	9.38
4	Sophie Worrall	Telford	9.44
5	Niamh Bailey	Kettering	9.82
T2	U15 Girls 60m		Heat 1
1	Emily Wright	Yate	8.16
2	Gemma Broomfield	Charnwood	8.29
3	Mia Tomlinson	Wolves/Bilst	8.44
4	Lois Nimako	Wolves/Bilst	8.55
5	Marsha Evenett	Bridgnorth	8.72
6	Tia Chandler	Wolves/Bilst	8.81
7	Harriet McKenzie	Charnwood	8.82
			Heat2
1	Simone Ager	Rugby & Nth	8.09
2	Afeni Payne	Team Bath	8.27
3	Sophie Yorke	Cheltenham	8.34
4	Ellie Corbett	Wolves/Bilst	8.69
5	Ellie Lambrou	Birchfield	8.70
6	Tia Clues	Rugby & Nth	8.94
7	Savannah Sturridge	Tamworth	9.09
			Heat3
1	Bethany Catchpowle	Solihull & SH	8.15
2	Stephanie Beardsmore	Cheltenham	8.28
3	Kinnie Songu	Bristol & West	8.43
4	Kasarn Williams	Wolves/Bilst	8.76
5	Megan Bruce	Amber Valley	8.78
6	Emma White	Nuneaton	8.96
7	Flora Courtney	Rugby & Nth	9.03
	U15 Boys 60m		Heat1
1	Owin Sinclair	Charnwood	7.33
2	Benjamin Clarke	Cheltenham	7.77
3	James Woolley	Tamworth	7.90
4	William Bradley	Sutton In Ashfield	8.02
5	Wojciech Dziemski	Stroud	8.43
6	K-Ryan Hinds	Leicester	8.73
			Heat2
1	Cadeem Gordon	Wolves/Bilst	7.63
2	Timothy Kerr-Chin	Rugby & Nth	7.68
3	Samuel Hamilton	Halesowen	7.69
4	Jordan Lloyd	Birchfield	7.95
5	Sam Preston	Halesowen	8.14
6	Cam'Ron Barrett	Coventry Godiva Godi	8.54
7	Dean Hodgson	City of Salisbury	8.74

	U17 Women 60m		Heat1
1	Tamarah Miller	BRAT	7.99
2	Heidi Jackson	City of Stoke	8.36
3	Aimi Whitehouse	Telford	8.42
4	Sophie Zgraja	Nuneaton	8.61
5	Georgia Dodd	Birchfield	8.75
6	Harriet Hunter	Gloucester	8.93
7	Rheanna Hinds	Leicester	9.03
			Heat2
1	Remy Barrett	Solihull & SH	7.91
2	Harriett Sawle	Cheltenham	8.37
3	Louisa Cooper	Charnwood	8.42
4	Alyssa Small	Bristol & West	8.45
5	Ellie Sobers	Rugby & Nth	8.60
6	Roisin Green	Coventry Godiva Godi	8.90
7	Kelly Hutchins	Team Bath	10.05
			Heat3
1	Charlotte Jones	Birchfield	7.98
2	Tamika Cain	Nuneaton	8.08
3	Amy Bowen	Telford	8.16
4	Louise Ward	Cheltenham	8.28
5	Zoe Styles	Worcester	8.30
6	Ella Forsyth	Rugby & Nth	8.38
7	Freya Espir	City of Salisbury	8.87
			Heat4
1	Julia Cook	Swindon	8.06
2	Yemma Songu	Bristol & West	8.18
3	Gabriella Burton	City of Stoke	8.35
4	Rosie Tabor	City of Salisbury	8.52
5	Karen Okpoti	Coventry Godiva Godi	8.88
6	Francesca Allen	North Somerset	8.91
	U17M 60m		Heat1
1	Jack Lawrence	Halesowen	7.14
2	Cage Boons	Rugby & Nth	7.26
3	Jordan Leith	Coventry Godiva Godi	7.57
4	Courtney Williams	Kettering	7.57
5	Cameron Skinner	Halesowen	7.67
6	Thomas Baskeyfield	City of Stoke	7.86
7	Jordan Reader	Birchfield	7.91
			Heat2
1	Fabian Batchelor	Birchfield	7.40
2	Mark Eynott	Cheltenham	7.52
3	Bradley Fox	Kettering	7.61
4	Ben Watt	Yate	7.69
5	Myles Lynch	Coventry Godiva Godi	7.76
6	Jack Bower	Shrewsbury	7.84
			Heat3
1	Ciaran Wardell	Rugby & Nth	7.26
2	Ross Tonks	Nuneaton	7.42
3	Thomas Harrington	Birchfield	7.44
4	Obuchinezia Anyanwu	Coventry Godiva Godi	7.54
5	Andrew Pryde	City of Salisbury	7.55
6	Sam Crowter	Exeter	8.35

			Heat4
1	Norton Massamba	Birchfield	7.42
2	Stefan Anderson	RSC	7.46
3	Nick Mbewe	RSC	7.54
4	Max Nethercott	Yate	7.77
5	Elliot Jones	Tamworth	7.82
6	Harry Young	Corby	7.99
	U20 Women 200m		Heat1
1	Ann Ika Oqua	Wolves/Bilst	25.19
2	Shaliece Benjamin	Wolves/Bilst	26.81
3	Mary-Ann Okpoti	Coventry Godiva Godi	27.17
4	Alvina Chen	Corby	27.66
5	Emily Moore	City of Stoke	28.14
			Heat2
1	Mellisa Hanson	Birchfield	25.96
2	Anna Alexander Holmes	Millfield School	27.01
3	Sarah Brookes	Wolves/Bilst	27.46
			Heat3
1	Niamh Bailey	Kettering	26.48
2	Heidi Brooke-Little	Banbury	26.96
3	Sadie Forrester-Hayles	Wolves/Bilst	27.00
4	Eleanor Johnston	Stratford	27.40
	U20 Men 200m		Heat1
1	Matthew Hudson-Smith	Birchfield	22.07
2	Kevin Samuels	Wolves/Bilst	22.98
3	Tom Pontin	Yate	23.02
4	Jamie Robinson	Birchfield	23.60
			Heat2
1	Leon Reid	Bristol & West	22.57
2	Aaron Bando	Wolves/Bilst	23.30
3	Mathias Francis	Birchfield	23.40
4	Hassan Hassan	Coventry Godiva Godi	23.44
5	Jakob White	Yate	23.78
			Heat3
1	Christopher Stone	Bristol & West	22.50
2	Timmion Skervin	Notts	23.07
3	Elliott Prendergast	Bristol & West	23.33
4	Peter Oliver	Dudley	23.36
5	Kevin Dzenga	Tipton	25.31
	Senior Women 200m		Final
1	Ellena Ruddock	Rugby & Nth	24.81
2	Molly Bagworth	Coventry Godiva	27.92
3	Giare Skervin	Notts	28.04
4	Rosie Kingston	Banbury	28.46
5	Caroline Powell	Bristol & West	28.76
			Open
1	Hannah Williams	Bristol & West	27.12
2	Fiona Campbell	Birmingham Uni	28.50
	Senior Men 200m		Heat1
1	Nick Kanonick	Birchfield	22.42
2	Peter Hall	Notts	22.88
3	Charlie Patrick	UWIC/Poole	23.34
4	Paul Guest	Yeovil	25.90
5	Ben Rushgrove	Team Bath	26.91

				Heat2
1	Nicholas Pryce	RSC	22.31	
2	Alec Crowter	Exeter	23.56	
3	Tom Johnson	Rugby & Nth	23.91	
4	Kelvin Callender	Newbury	24.01	
				Heat3
1	Peter Shand	Tipton	22.67	
2	Omar Simpson	Unattached	22.73	
3	Chris Kiely	Team Bath	23.10	
4	Kyle Ennis	Banbury	23.36	
5	Patrick Bass	Charnwood	25.67	
				Heat4
1	Paul Judson	Notts	22.56	
2	Peter Watling	Wolves/Bilst	22.95	
3	Jamie Vickery	Blackburn	23.12	
4	Richard Holt	City of Salisbury	23.24	
5	Daniel Large	Swindon	25.20	
				Heat5
1	Karl Leddington	Nuneaton	22.58	
2	James Whitehouse	Birchfield	22.73	
3	Ryan Farrington	Birchfield	22.84	
4	Alex Animashaun	Harrow	23.20	
				Heat6
1	Elijah Skervin	Notts	22.31	
2	Neal Baines	Mansfield	23.17	
3	Fraser Carlisle	Wycombe PH	23.76	
4	Ian Allen	Exeter	24.85	
				Heat7
1	Oliver Knight	Charnwood	22.58	
2	Jim Tipper	Telford	23.13	
3	Martin White	Mansfield	24.29	
4	Adam Hughes	Birchfield	24.31	
				Open
1	Rik Wester	Phanos Netherlands	22.31	
2	Glyn Hawkes	Cardiff	22.44	
3	Nengi Ossai	Shaftsbury	22.73	
				Senior Men 800m
				Heat 1
1	Peter Whitehouse	Birchfield	1.55.11	
2	Tom Graves	Birchfield	1.56.42	
3	Andrew Dean-Young	Bristol & West	1.58.78	
4	Richard Scott	Exeter	2.00.21	
5	David Munro	Wolves/Bilst	2.02.35	
6	Chris Hooper	OWLS	2.11.85	
				Heat2
1	Andrew Woods	Bristol & West	1.58.61	
2	Chris Lamb	Rugby & Nth	1.59.66	
3	Will Hartley	Woking	2.00.35	
4	Simon Frankling	Corby	2.00.60	
5	Dale Willis	Corby	2.02.93	
6	Peter Butler	Oswestry	2.06.24	

				Heat3	
1	Chris Dodd	Bristol & West	1.56.37		
2	Jonathon Hiorns	Notts	1.57.57		
3	Martin Flook	Bristol & West	1.58.45		
4	Callem Forde	Charnwood	2.00.67		
5	Peter Watkeys	Basingstoke	2.02.69	Open	
6	Nick Howard	Not Listed	2.04.09		
7	Thaddeus Anim-Somuah	St Helens	2.07.64	Open	
U15 Girls 60m				Final	
1	Simone Ager	Rugby & Nth	8.01		
2	Emily Wright	Yate	8.12		
3	Bethany Catchpowle	Solihull & SH	8.17		
4	Sophie Yorke	Cheltenham	8.25		
5	Afeni Payne	Team Bath	8.25		
6	Stephanie Beardsmore	Cheltenham	8.27		
7	Gemma Broomfield	Charnwood	8.28		
8	Kinnie Songu	Bristol & West	8.48		
U5 Boys 60m				Final	
1	Owin Sinclair	Charnwood	7.22		
2	Timothy Kerr-Chin	Rugby & Nth	7.50		
3	Cadeem Gordon	Wolves/Bilst	7.57		
4	Samuel Hamilton	Halesowen	7.68		
5	Benjamin Clarke	Cheltenham	7.71		
6	James Woolley	Tamworth	7.85		
7	Jordan Lloyd	Birchfield	7.88		
8	William Bradley	Sutton In Ashfield	8.03		
U17 Women 60m				Final	
1	Tamarah Miller	BRAT	7.82		
2	Remy Barrett	Solihull & SHI & SHI	7.91		
3	Charlotte Jones	Birchfield	7.99		
4	Julia Cook	Swindon	8.05		
5	Yemma Songu	Bristol & West	8.08		
6	Amy Bowen	Telford	8.11		
7	Tamika Cain	Nuneaton	8.15		
8	Louise Ward	Cheltenham	8.27		
U17 Men 60m				Final	
1	Jack Lawrence	Halesowen	7.08		
2	Ciaran Wardell	Rugby & Nth	7.19		
3	Cage Boons	Rugby & Nth	7.32		
4	Norton Massamba	Birchfield	7.35		
5	Ross Tonks	Nuneaton	7.45		
6	Thomas Harrington	Birchfield	7.45		
7	Stefan Anderson	RSC	7.45		
Open 3000m Mixed race				Open	
1	Andrew Kaar	Birchfield	8.38.92		
2	Alex Carter	Team Bath	8.45.98	U17	
3	Brett Halliwell	Stroud	8.52.10		
4	Ben Griffiths	Birchfield	9.14.52	U20	
5	Jamie Fletcher	Derby	9.20.32		
6	Alexandra Stainthorpe	Team Bath	10.06.16	U20W	

	U20 Women 60m Hurdles		Final	
1	Madelaine Smith	Birchfield	9.14	
2	Anna Davies	Notts	9.21	
3	Megan Dixon	Wolves/Bilst	9.28	
4	Kez Ogden	Oswestry	9.36	
5	Emma Douras	Wolves/Bilst	9.38	
6	Niamh Bailey	Kettering	10.47	
	Senior Women 60m Hurdles		Final	
1	Hannah Riley	Manx	9.14	Open
2	Hannah Jackson	Yate	9.28	
3	Molly Bagworth	Coventry Godiva	9.55	
4	Rosie Kingston	Banbury	9.98	
5	Helen Hanstock	Cheltenham	10.78	
	U20 Men 60m Hurdles		Final	
1	Jake Porter	Birchfield	7.90	
2	David King	Plymouth	7.96	
3	James Wright	Rugby & Nth	8.21	
4	Nick Wilson	Birchfield	8.32	
5	James Taylor	Wigan	8.45	
6	Thomas Wallett	Mansfield	8.46	
7	Jordan Mitchell	Sutton In Ashfield	9.32	
	Senior Men 60m Hurdles		Final	
1	Ingmar Vos	Birchfield	8.30	
2	Clement Petit	Birchfield	8.78	Open
3	Thomas Riley	Manx	8.78	Open
4	Stefan Wilcockson	Mansfield	9.14	
	U17 Women 300m		Heat1	
1	Amy Hillyard	Birchfield	41.78	
2	Elisabeth Clifford	City of Salisbury	42.41	
3	Jessica Strang	Plymouth	42.45	
4	Louise Ward	Cheltenham	44.68	
5	Anna Rooney	Wolves/Bilst	47.52	
			Heat2	
1	Phoebe White	Solihull & SH	42.46	
2	Kay Oakley	Wolves/Bilst	42.57	
3	Keeleigh Chapman	Swindon	42.61	
			Heat3	
1	Megan Barret	Cheltenham	42.25	
2	Charlotte Redden	Corby	44.53	
3	Jasmin Oliver	Tamworth	48.51	
	Senior Men 200m		S/F 1	
1	Nicholas Pryce	RSC	22.05	
2	Peter Shand	Tipton	22.51	
3	Karl Leddington	Nuneaton	22.54	
4	Neal Baines	Mansfield	22.77	
5	Jim Tipper	Telford	22.96	
			S/F 2	
1	Elijah Skervin	Notts	22.28	
2	Omar Simpson	Unattached	22.40	
3	Peter Watling	Wolves/Bilst	22.89	
4	Alec Crowter	Exeter	23.76	

			S/F 3	
1	Nick Kanonik	Birchfield	21.73	
2	Paul Judson	Notts	22.08	
3	Ryan Farrington	Birchfield	23.17	
	U17 Men 400m		Heat1	
1	Daniel Petty	Exeter	52.53	
2	Harry Young	Corby	54.98	
3	Antoine Farrell	Birchfield	55.22	
4	Tom Hunter	Stroud	55.28	
5	Toby	Melville	55.71	
			Heat2	
1	Jacob Ness	City of Salisbury	53.67	
2	Nathan Petherick	City of Stoke	54.84	
3	Travis Christie	Wolves/Bilst	55.32	
4	Adam Wright	Rugby & Nth	55.46	
5	Jamie Pratt	Wolves/Bilst	55.73	
			Heat3	
1	Ben Watt	Yate	52.76	
2	Jake Lacy	Sutton In Ashfield	54.12	
3	Braden Millward	City of Stoke	54.25	
4	Thomas Baskeyfield	City of Stoke	57.25	
5	Jack Cooper	Cheltenham	58.69	
	U15 Girls 800m		Final	
1	Ruby Goodall	Corby	2.26.34	
2	Chloe Wilde	Cannock	2.26.97	
3	Isobel Cotham	Bridgenorth	2.34.73	
4	Flora Courtney	Rugby & Nth	2.41.95	
5	Robyn Vickers	Telford	2.44.48	
	U20 Women 800m		Final	
1	Jodie Harrison	Wolves/Bilst	2.23.14	
2	Sian Wittingham	Birchfield	2.39.97	
	Senior Women 800m		Final	
1	Cally Read	Birchfield	2.06.92	
2	Loren Bleaken	Team Bath	2.08.08	U17W
	U20 Men 800m		Final	
1	Camron Wood	Birchfield	2.02.50	
2	Matthew Kirby	Wreake	2.02.62	
3	Jake Boat	OWLS	2.02.81	
4	Sam Lacey	Birchfield	2.03.75	
5	Anthony Parkes	Tamworth	2.04.39	
	Senior Men 800m		Final	
1	Andrew Woods	Bristol & West	1.55.23	
2	Chris Dodd	Bristol & West	1.55.75	
3	Jonathon Hiorns	Notts	1.56.76	
4	Martin Flook	Bristol & West	1.58.43	
5	Tom Graves	Birchfield	2.01.14	
	U20 Women 200m		Final	
1	Ann Ika Oqua	Wolves/Bilst	24.97	
2	Melisa Hanson	Birchfield Harriers	25.31	
3	Shalice Benjamin	Wolves/Bilst	26.25	
4	Niamh Bailey	Kettering	27.14	
5	Heidi Brooke-Little	Banbury	27.17	

	U20 Men 200m		Final	
1	Mathew Hudson-Smith	Birchfield	21.78	
2	Leon Reid	Bristol & West	22.08	
3	Christopher Stone	Bristol & West	22.34	
4	Kevin Samuels	Wolves/Bilst	22.95	
5	Tom Pontin	Yate	23.36	
	U15 Boys 400m		Final	
1	Ben Thorne	Oxford	57.90	Open
2	William Bradley	Sutton In Ashfield	58.23	
3	Lewis Thorne	Oxford	59.24	Open
4	Sam Preston	Halesowen	60.65	
	U17 Men 400m		Final	
1	Daniel Petty	Exeter	50.83	
2	Jacob Ness	Salisbury	51.37	
3	Ben Watt	Yate	54.21	
4	Nathan Petherick	City of Stoke	54.61	
5	Branden Millward	City of Stoke	55.15	
6	Jake Lacy	Sutton In Ashfield	55.16	
	U17 Women 300m		Final	
1	Amy Hillyard	Birchfield	40.43	
2	Megan Barrett	Cheltenham	41.57	
3	Kay Oakley	Wolves/Bilst	42.35	
4	Elisabeth Clifford	City of Salisbury	42.46	
5	Phoebe White	Solihull & SH	42.70	
6	Jessica Strang	Plymouth	42.92	
	Snr Men 200m		Final	
1	Nick Kanonik	Birchfield	21.86	
2	Nicholas Pryce	RSC	21.91	
3	Omar Simpson	Unattached	22.16	
4	Elijah Skervin	Notts	22.25	



Senior Men Long Jump			
1	Nick Clements	Yeovil	7.06
2	Marlon Lewis	BRAT	7.03
3	Michael Fenn	Daventry	6.76
4	Luke Pryor	Coventry	6.74
5	Richard Holt	Salisbury	6.47
6	Travis Francis	Wolves	6.15
7	Ian Allen	Exeter	5.86
8	Paul Guest	Yeovil	5.27
9	Charles Exton	Hereford	4.17
U20 Men Long Jump			
1	David King	Plymouth	6.34
2	Kieran Lee		6.16
3	Jordan Mitchell	Sutton In Ashfield	5.87
U20 Women Pole Vault			
1	Hannah Grubb	Team Bath	3.67
2	Katie Jones	Yeovil	3.52
3	Elise Gauntlett	Team Bath	3.12
Senior Women High Jump			
1	Chloe Boulter	Cannock	1.65
2	Hayley Pitman	Bristol	1.60
3	Charlotte Addis	Bath	1.55
U20 Women High Jump			
1=	Daniella Hankins	Bedford	1.60
1=	Ella Gibbons	Worcester	1.60
3	Emma Douras	Wolves	1.55
4	Nancy Ndure	Telford	1.55
U17 Women Triple Jump			
1	Georgina Greenwood	Worcester	10.76
2	Katie Yeomans	Newquay	10.39
3	Beth Mortiboy	Mansfield	10.34
4	Harriet Hunter	Gloucester	10.11
5	Ella Forsyth	Rugby	9.51
U17 Men Triple Jump			
1	Cage Boons	Rugby	13.45
2	George Speakman	Shrewsbury	12.95
3	Toby Melville	Nuneaton	12.42
4	Oliver Ward	Birchfield	11.89
5	Max Nethercott	Yate	11.74
6	Mathew Allcock	Sutton In Ashfield	11.64
7	Adam Wheeler	Cheltenham	11.54
Senior Mens Pole Vault			
1	Gavin Showell	Tamworth	3.90
2	Jamie Courtenay	Cheltenham	3.70
3	Stuart Richards	Yeovil	3.10
U20 Men Pole Vault			
1	Joseph Chesterman	Birchfield	4.40
2	Callum Court	Yate	3.70
3	Connor McHale	Mansfield	3.40

Senior Women Long Jump			
1	Joanne Frost	Bromsgrove/Redditch	5.66
2	Jade Surman	Birchfield	5.63
3	Natasha Lewis	Team Bath	5.53
4	Emma Heath	Bristol	5.30
5	Helen Hanstock	Cheltenham	4.68
6	Rosie Kingston	Banbury	4.47
U20 Women Long Jump			
1	Imogen Green	Birchfield	5.35
2	Sophie Worrall	Telford	5.19
3	Jessica Leek	Cannock & Stafford	5.13
4	Kez Ogden	Oswestry	5.04
5	Tannika Burgess	Wolves/Bilst	4.96
6	Sarah Dourass	Wolves/Bilst	4.83
7	Anna Alexander Holmes	Millfield School	4.70
Senior Men High Jump			
1	Romeo Sithole	Charnwood	2.05
2	Mark Brown	Coventry Godiva	1.95
3	Ashley Barker	Cheltenham	1.90
4	Jamie Fitzpatrick	Loughborough	1.85
5	Martin Cherrington	Tipton	1.80
6	Andy Reeves	Rugby	1.75
U20 Men High Jump			
1	Joshuah Hill	Solihull & SH	1.95
2	Nathan Petch	Coventry Godiva	1.85
U15 Girls Long Jump			
1	Annabelle Pask	Coventry Godiva	5.28
2	Emily Wright	Yate	5.11
3	Simone Ager	Rugby & Nth	4.96
4	Megan Bruce	Amber Valley	4.96
5	Grace Dempsey	Birchfield	4.63
6	Hollie Williamson	Shrewbury	4.51
7	Tia Clues	Rugby & Nth	4.40
8	Stacie Mulholland	Birchfield	4.14
9	Candy Lockett	Bromsgrove	4.09
U20 Women Shot Put			
1	Rebecca Fagan	Telford	10.56
2	Mary Donaldson	Leamington	8.76
3	Zoe Large	Swindon	7.93
4	Bethany Large	Swindon	7.62
Senior Women Shot			
1	Lydnsey Stevenson	Tipton	9.84
2	Helen Hanstock	Cheltenham	9.40
3	Laura Radburn	Birchfield	8.69
Senior Men Shot			
1	Jamie Courtenay	Cheltenham	12.60
2	Sam Cater	Bromsgrove	11.91
3	Charles Exton	Hereford	8.62

## U13 BOYS QUADRATHLON

## OVERALL RESULTS

1	Chris Osborne	Worcester	1357pts
2	Joel Khan	Worcester	1350pts
3	Luca Morgan	Worcester	1282pts
4	Oliver Morgan	Worcester	1278pts
5	Travis Bowley	Kettering	1266pts
6	Ben Burnham	Sutton In Ashfield	1256pts
7	Elijah Sawyers	City of Stoke	1170pts
8	Izaak Gilchrist	Worcester	1151pts
9	Harry Bower	Shrewsbury	998pts
10	David Allcock	Sutton In Ashfield	961pts
11	Jack Pepperell	Kettering	633pts

			60m	Heat1	Hand timing
1	Oliver Morgan	Worcester	8.9		
2	Luca Morgan	Worcester	9.1		
3	Izaak Gilchrist	Worcester	9.2		
4	Harry Bower	Shrewsbury	9.4		
5	David Allcock	Sutton In Ashfield	10.2		
6	Jack Pepperell	Kettering	10.5		
			Heat2	Hand timing	
1	Ben Burnham	Sutton In Ashfield	8.9		
2	Joel Khan	Worcester	9.0		
3	Chris Osborne	Worcester	9.0		
4	Elijah Sawyers	City of Stoke	9.4		
5	Travis Bowley	Kettering	9.4		

			High Jump	
1	Joel Khan	Worcester	1.29	
2	Luca Morgan	Worcester	1.23	
3	Izaak Gilchrist	Worcester	1.20	
4	Chris Osborne	Worcester	1.20	
5	Oliver Morgan	Worcester	1.20	
6	David Allcock	Sutton In Ashfield	1.17	
7=	Harry Bower	Shrewbury	1.14	
7=	Travis Bowley	Kettering	1.14	
7=	Elijah Sawyers	City of Stoke	1.14	
10	Ben Burnham	Sutton In Ashfield	1.14	
11	Jack Pepperell	Kettering	1.02	

## Long Jump

1	Chris Osborne	Worcester	4.30
2	Joel Khan	Worcester	4.25
3	Luca Morgan	Worcester	3.93
4	Travis Bowley	Kettering	3.84
5	Ben Burnham	Sutton In Ashfield	3.69
6	Oliver Morgan	Worcester	3.67
7	David Allcock	Sutton In Ashfield	3.57
8	Harry Bower	Shrewbury	3.55
9	Elijah Sawyers	City of Stoke	3.07
10	Izaak Gilchrist	Worcester	2.94
11	Jack Pepperell	Kettering	2.63

## Shot

1	Elijah Sawyers	City of Stoke	6.96
2	Travis Bowley	Kettering	6.78
3	Izaak Gilchrist	Worcester	5.70
4	Ben Burnham	Sutton In Ashfield	5.34
5	Chris Osborne	Worcester	5.19
6	Oliver Morgan	Worcester	5.18
7	Luca Morgan	Worcester	5.00
8	David Allcock	Sutton In Ashfield	4.70
9	Joel Khan	Worcester	4.30
10	Jack Pepperell	Kettering	3.33
11	Harry Bower	Shrewbury	3.20