

**MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION,
WOMEN'S FIVE and MEN'S SEVEN MILE ,
CROSS COUNTRY CHAMPIONSHIPS**

At Bulwell Hall Park, Nottingham, Saturday 17th November 2018

Men's Results - Individual

1	296	Sam Mitchell	Notts AC	35:41	64	244	Dan Trinham	Halesowen Tri	46:44
2	357	Jonny Morris	Wolverhampton & Bilston AC	36:32	65	271	Mark Lambert	Ilkeston RC	47:17
3	302	Cameron Smith	Notts AC	36:53	66	238	Phillip Scarr	Halesowen AC	47:27
4	201	Henry Brocklehurst	Bournville Harriers	37:19	67	290	Tim Hatton	Notts AC	47:31
5	365	Tom Mahon	Wreake & Soar Valley AC	37:23	68	237	James Parker	Halesowen AC	47:39
6	205	James Drakeford	Bournville Harriers	37:26	69	248	Dan Booth	Hermitage Harriers RC	48:12
7	309	Anthony Woodward	Notts AC	37:37	70	265	John Partridge	Holme Pierrepont RC	48:13
8	364	Jake Harrison	Wreake & Soar Valley AC	37:45	71	351	Dan Eccles	Wolverhampton & Bilston AC	48:14
9	264	Oliver Matharu	Holme Pierrepont RC	38:00	72	243	Graham Hamer	Halesowen Tri	48:22
10	284	Milan Campion	Notts AC	38:03	73	352	Rob Edwards	Wolverhampton & Bilston AC	48:29
11	319	Conall McNally	Redhill Road Runners	38:29	74	234	Alex Morgan	Halesowen AC	48:35
12	295	Steve Long	Notts AC	38:34	75	360	Lionel Spittle	Wolverhampton & Bilston AC	48:38
13	298	John Muddeman	Notts AC	38:39	76	277	Tommy Dempsey	Northbrook AC	48:42
14	228	Kristian Bayley	Halesowen AC	38:47	77	342	Robert Woodward	Stourbridge RC	48:50
15	328	Marlon Dunkley	Rushcliffe AC	38:53	78	350	David Davies	Wolverhampton & Bilston AC	48:59
16	217	Paul Thompson	Bournville Harriers	39:01	79	276	Spencer Davies	Northbrook AC	49:04
17	274	Dylan George	Mansfield Harriers	39:08	80	313	Steve Gelderd	Redhill Road Runners	49:10
18	305	Paul Thompson	Notts AC	39:14	81	340	James Bellamy	Stourbridge RC	49:20
19	349	Grant Cummings	Wolverhampton & Bilston AC	39:34	82	223	Edmund Wallace	Centurion RR	49:26
20	229	Adam Cross	Halesowen AC	40:19	83	242	Stuart Cobourne	Halesowen Tri	49:28
21	247	Gordon Smith	Heanor Rc	40:34	84	211	Dave Pownner	Bournville Harriers	49:29
22	346	Gareth Briggs	Wolverhampton & Bilston AC	41:13	85	269	Julian Bloor	Ilkeston RC	49:31
23	345	Daniel Brazier	Wolverhampton & Bilston AC	41:23	86	250	Andrew Lindley	Hermitage Harriers RC	49:34
24	215	Jon Stanforth	Bournville Harriers	42:13	87	347	Piers Butler	Wolverhampton & Bilston AC	49:42
25	233	Jonathan Lewis	Halesowen AC	42:24	88	236	Andrew Nock	Halesowen AC	49:44
26	210	Stuart Pearson	Bournville Harriers	42:35	89	267	Steve Tupholme	Holme Pierrepont RC	50:04
27	333	Graham Moffatt	Rushcliffe AC	42:40	90	341	Steve Burch	Stourbridge RC	50:05
28	227	Martin Hunt	Formula One Circuit Crew	42:44	91	254	Joe Booth	Holme Pierrepont RC	50:17
29	310	Eric Fowler	Nuneaton Harriers	42:51	92	259	Joon Wee Ho	Holme Pierrepont RC	50:21
30	321	Simon Nash	Redhill Road Runners	43:09	93	314	Paul Gibson	Redhill Road Runners	50:32
31	252	David Pallett	Hermitage Harriers RC	43:19	94	219	Timo Voegtle	Bournville Harriers	50:33
32	348	Harry Cresswell	Wolverhampton & Bilston AC	43:21	95	353	Phil Evans	Wolverhampton & Bilston AC	50:34
33	285	Anthony Carbutt	Notts AC	43:24	96	279	Martin McHugh	Northbrook AC	50:39
34	322	Paul Newton	Redhill Road Runners	43:26	97	294	Steve Leek	Notts AC	50:45
35	249	Neil Doherty	Hermitage Harriers RC	43:29	98	315	Peter Henley	Redhill Road Runners	50:54
36	232	David Lewis	Halesowen AC	43:31	99	245	Mark Turton	Halesowen Tri	51:03
37	317	Martin Lee	Redhill Road Runners	43:31	100	318	Gary Lee	Redhill Road Runners	51:10
38	255	Neil Cooper	Holme Pierrepont RC	43:33	101	339	Barry O'Neill	Sparkhill Harriers	51:14
39	311	Mark Davis	Redhill Road Runners	43:40	102	336	Andy Law	Sparkhill Harriers	51:22
40	231	James Hoult	Halesowen AC	43:43	103	312	Kevin Dickinson	Redhill Road Runners	51:29
41	320	Peter McNally	Redhill Road Runners	43:48	104	216	Antony Stewart	Bournville Harriers	51:42
42	268	Mark Wyszynski	Holme Pierrepont RC	43:59	105	257	Peter Gillespie	Holme Pierrepont RC	51:51
43	203	Tom Bunn	Bournville Harriers	44:07	106	282	Craig Slyde	Northbrook AC	51:54
44	325	Ben Wilson	Redhill Road Runners	44:12	107	337	Andy Manning	Sparkhill Harriers	51:56
45	273	David Carbutt	Knowle & Dorridge RC	44:19	108	331	Morten Hoejbjerg	Rushcliffe AC	52:29
46	261	Stephen Kirby	Holme Pierrepont RC	44:35	109	334	David Sweet	Rushcliffe AC	52:31
47	266	Chris Rhodes	Holme Pierrepont RC	44:37	110	258	Tom Gwynne	Holme Pierrepont RC	52:43
48	235	Bill Nock	Halesowen AC	44:38	111	306	Andrew Williams	Notts AC	52:47
49	280	Terry Moynihan	Northbrook AC	44:41	112	202	Gary Buckley	Bournville Harriers	52:55
50	323	Wayne Stott	Redhill Road Runners	44:51	113	251	Matthew Moore	Hermitage Harriers RC	53:01
51	326	Kevin Bowen	Rushcliffe AC	44:57	114	308	Allan Wilson	Notts AC	53:38
52	260	Richard Kelsey	Holme Pierrepont RC	44:59	115	278	Martin McCrystal	Northbrook AC	54:07
53	220	Grant Whigham	Bournville Harriers	45:14	116	281	Ragbhir Sangha	Northbrook AC	54:29
54	240	Joshua Beardsmore	Halesowen Tri	45:17	117	316	Phil James	Redhill Road Runners	54:47
55	253	James Willoughby	Hermitage Harriers RC	45:19	118	241	Steve Bridgwater	Halesowen Tri	55:03
56	275	Rob Barry	Northbrook AC	45:25	119	335	Craig Hinks	Sparkhill Harriers	55:53
57	361	Stephen Gillespie	Wrekin RR	45:43	120	362	Phillip Howarth	Wrekin RR	56:17
58	355	Mark Homer	Wolverhampton & Bilston AC	46:10	121	359	Fred Smith	Wolverhampton & Bilston AC	56:20
59	263	Anthony Madge	Holme Pierrepont RC	46:16	122	344	Nicholas Beach	Wolverhampton & Bilston AC	56:53
60	330	Paul Hendrick	Rushcliffe AC	46:20	123	270	Ed Buda	Ilkeston RC	59:14
61	329	Dave Greenwood	Rushcliffe AC	46:29	124	206	Paul Dugmore	Bournville Harriers	59:55
62	256	Gary Cragg	Holme Pierrepont RC	46:30	125	222	Adrian Lloyd	Centurion RR	01:00:43
63	287	Josh Gardiner	Notts AC	46:41	126	226	Jeff Rainbow	Formula One Circuit Crew	01:05:21