

Midland Senior & U20 Championships

Sunday 10th June 2018

Pingles Stadium, Nuneaton

		1 No.	400mH Women Final	Club	Time
U23 Women		1	44 Danel JANSEN VAN RENSBURG	Birchfield Harriers	01:02.47
Senior Women		2	1 Natalie AINGE	Cannock & Stafford AC	01:03.35
U23 Women		3	42 Hattie DENT	Yate & District AC	01:09.33
U23 Women		4	22 Caprice MILORO	Sutton in Ashfield Harriers & A	01:15.43
		2 No.	400mH U20W Final	Club	Time
U20 Women		1	37 Chloe WILDE	Cannock & Stafford AC	01:03.41
U20 Women		2	23 Isabelle NEVILLE	Tamworth AC	01:04.31
U20 Women		3	29 Louise ROBINSON	Birchfield Harriers	01:05.27
U20 Women		4	19 Katie MACKINTOSH	Newark AC	01:05.95
U20 Women		5	45 Neve GRIMES	Charnwood A C	01:07.20
		3 No.	400mH U20M & SM Final	Club	Time
U20 Men		1	174 Josh FAULDS	Rugby & Northampton AC	53.82
Senior Men		2	156 Charlie ROE	Coventry Godiva Harriers	56.52
U20 Men		3	133 Ben HIGGINS	Charnwood A C	58.33
Senior Men		4	144 Jordan MITCHELL	Sutton in Ashfield Harriers & A	58.75
		5 No.	800m SM Final	Club	Time
U23 Men		1	223 Adam WRIGHT	Rugby & Northampton AC	01:54.19
U23 Men		2	201 Luke JONES	Tamworth AC	01:55.02
Master(M40)		3	221 Charlie THURSTAN	Birchfield Harriers	01:55.31
U23 Men		4	184 Jack BONSER	Wolverhampton & Bilston	01:56.31
U23 Men		5	215 Jacob PICKERING	Cheltenham & County Harriers	01:57.83
U23 Men		6	191 Oliver FREER	Leicester Coritanian AC	01:57.93
Senior Men		7	196 Adnan HAQ	Rugby & Northampton AC	01:58.38
Senior Men		8	217 Clark ROBERTS	Coventry Godiva Harriers	01:59.91
Senior Men		9	182 Adam BARNES	Tipton Harriers	02:00.18
Senior Men	DNS		212 Anthony PARKES	Tamworth AC	
		6 No.	800m SEN & U20W Final	Club	Time
U20 Women		1	64 Katrina SIMPSON	Halesowen ACC	02:15.87
U20 Women		2	57 Katie LORD	Notts AC	02:17.49
U20 Women		3	60 Ellie MINSHULL	Coventry Godiva Harriers	02:17.54
U23 Women		4	54 Isobel COTHAM	Wolverhampton & Bilston	02:18.20
U20 Women		5	62 Selina SCOTT	Corby AC	02:20.23
U20 Women		6	65 Grace SMITH	Leicester Coritanian AC	02:22.19
Senior Women		7	51 shelley BRACE	City of Stoke AC	02:23.08
U20 Women		8	59 Caitlin MCMORROW	Birchfield Harriers	02:23.87
Senior Women		9	61 Rebecca PIERCE	Team Bath AC	02:24.74
		8 No.	800m U20M Final	Club	Time
U20 Men		1	216 Thomas RANDOLPH	Tamworth AC	01:56.13
U20 Men		2	204 Adrian LLOYD-DAVIES	Bridgnorth AC	01:57.05
U20 Men		3	183 Jack BENSTEAD	Corby AC	02:01.60
U20 Men		4	185 Reis BROOKE	Birchfield Harriers	02:08.78

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	9 No.	400m SW Final	Club	Time
U23 Women	1	34 Derrion THOMPSON	Tipton Harriers	57.09
Senior Women	2	49 Kate ANDERSON	Coventry Godiva Harriers	57.23
	10 No.	400m U20W Ht 1	Club	Time
U20 Women	1	56 Yasmin LIVERPOOL	Coventry Godiva Harriers	56.63
U20 Women	2	12 Harriet COOPER	Charnwood A C	57.69
U20 Women	3	20 Hannah MALPASS	Cannock & Stafford AC	59.05
U20 Women	4	58 Chelsey MARSDEN	Birchfield Harriers	59.46
U20 Women	5	7 Poppy CARMICHAEL	Kettering Town Harriers	01:02.39
	10 No.	400m U20W Ht 2	Club	Time
U20 Women	1	48 Esther ADIKPE	Coventry Godiva Harriers	55.96
U20 Women	2	63 Jessica SHEPPARD	Stratford Upon Avon AC	58.58
U20 Women	3	55 Megan DAVIES	Cannock & Stafford AC	58.61
U20 Women	4	66 Mary TAKWOINGI	Solihull & Small Heath AC	58.67
U20 Women	5	50 Molly ANDREWS	Wolverhampton & Bilston	01:00.59
	11 No.	400m U20M Final	Club	Time
U20 Men	1	193 Ellis GREATREX	Birchfield Harriers	47.68
U20 Men	2	218 Psalm ROBERTS-NASH	Wolverhampton & Bilston	48.52
U20 Men	3	132 Ben HAWKES	Leamington Cycling & AC	49.00
U20 Men	4	220 Henry THORNEYWORK	Solihull & Small Heath AC	50.23
U20 Men	5	113 Taran BRISSETT	Birchfield Harriers	50.94
U20 Men	6	214 Matthew PATERSON	Corby AC	51.24
	12 No.	400m SM Ht 1	Club	Time
U23 Men	1	197 Jack HOCKING	Worcester AC	49.31
Senior Men	2	210 Robert NEEDHAM	Notts AC	49.85
U23 Men	3	110 Tor BENNETT-WILLIAMS	Wolverhampton & Bilston	50.06
U23 Men	4	205 Ryan LOWE	Dudley & Stourbridge Harriers	50.57
Senior Men	5	199 Jonathan HUGHES	Leicester Coritanian AC	52.01
U23 Men	6	149 robert PEARSALL	Tipton Harriers	58.14
	12 No.	400m U20M Ht 2	Club	Time
Senior Men	1	202 Zach KING	Notts AC	49.99
U23 Men	2	219 Joseph ROGERS	Halesowen ACC	50.22
Senior Men	3	209 David MOULD	Bromsgrove & Redditch	50.48
U23 Men	4	188 Joshua CLYDESDALE	Charnwood A C	51.03
U23 Men	5	115 Niall CARNEY	Shaftesbury Barnet Harriers	51.45
Senior Men	6	222 Shem NELSON	Royal Sutton Coldfield AC	51.61
U23 Men	7	195 Scott GUNNING	Swindon Harriers	51.82
	13 No.	100m U20W Final	-2.4 M/S SW	Time
U20 Women	1	10 Cara CLARKE	Worcester AC	12.71
U20 Women	2	38 Abi WILLIAMS	Cheltenham & County Harriers	12.88
U20 Women	3	379 Heidi NORGROVE	Saffron AC	13.08
U20 Women	4	9 Mayah CHARLES	Notts AC	13.27
U20 Women	5	26 Charlie PETERS	Cannock & Stafford AC	13.27
U20 Women	6	43 Venise ELLIOTT	Birchfield Harriers	13.36
U20 Women	7	14 Zydonie FEARON	Saffron AC	13.47
U20 Women	8	17 Jordan HALL	Tipton Harriers	14.22

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	14 No.	100m SW Ht 1	-1 M/S SE	Time
Senior Women	1	15 Samantha GRIFFITHS	Cheltenham & County Harriers	12.44
Senior Women	2	31 Dionne SAMUELS	Birchfield Harriers	12.56
U23 Women	3	36 Yvette WESTWOOD	Yate & District AC	12.75
Master(W40)	4	30 Ellena RUDDOCK	Rugby & Northampton AC	12.86
U23 Women	5	13 Sandra DIKE	Notts AC	13.31
Senior Women	6	32 Joella SPENCER	Royal Sutton Coldfield AC	13.55

	14 No.	100m SW Ht 2	-1.2 M/S S	Time
Senior Women	1	21 Hayley MILLS	Notts AC	11.97
Senior Women	2	35 Bethan WAKEFIELD	Bristol & West AC	12.60
U23 Women	3	5 Amy BOWEN	Tamworth AC	12.75
Senior Women	4	39 Emma WILTSHIRE	Rugby & Northampton AC	12.90
U23 Women	5	4 Petra BEDIAKO	Birmingham Running A&TC	13.19
Master(W35)	6	47 Fleur O'DONOHUE (T20)	Nuneaton Harriers	16.61

	15 No.	100m U20M Ht 1	0.2 M/S W	Time
U20 Men	1	147 Bret OKEKE	Herts Phoenix AC	11.05
U20 Men	2	175 Franklin FENNING	Rugby & Northampton AC	11.10
U20 Men	3	121 Stefan DUPEY-WHYTE	Birchfield Harriers	11.16
U20 Men	4	107 Dan BANKS	Worcester AC	11.24
U20 Men	5	127 Oliver GOULD	Worcester AC	11.41
U20 Men	6	141 Emmanuel MBU	Kettering Town Harriers	11.56
U20 Men	7	136 Callum HOLDEN	Coventry Godiva Harriers	12.34

	15 No.	100m U20M Ht 2	-1.1 M/S S	Time
U20 Men	1	116 Kaie CHAMBERS BROWN	Birchfield Harriers	10.85
U20 Men	2	114 alwayne CAMPBELL	Birchfield Harriers	11.12
U20 Men	3	161 Jody SMITH	Charnwood A C	11.15
U20 Men	4	153 niall PRICE	Birchfield Harriers	11.37
U20 Men	5	103 Mike ARIHALAM	Leicester Coritanian AC	11.58
U20 Men	6	111 Joshua BENTLEY	Worcester AC	11.86

	15 No.	100m U20M Ht 3	-1 M/S SW	Time
U20 Men	1	143 Rio MITCHAM	Birchfield Harriers	10.96
U20 Men	2	177 Jaime NALUS	Rugby & Northampton AC	11.36
U20 Men	3	163 Ollie SPRIO	Banbury Harriers AC	11.39
U20 Men	4	173 Martin WILLIAMS	Solihull & Small Heath AC	11.46
U20 Men	5	129 Mathew HALL	Banbury Harriers AC	11.64
U20 Men	6	139 Achim LOIBL	Kettering Town Harriers	11.87

	16 No.	100m SM Ht 1	-1.6 M/S S	Time
U23 Men	1	118 Kyle DE ESCOFET	Birchfield Harriers	10.71
U23 Men	2	180 Nicholas WALSH	Sale Harriers Manchester	10.84
Senior Men	3	122 Kyle ENNIS	Rugby & Northampton AC	10.88
U23 Men	4	138 william KENNEDY	Bristol & West AC	11.21
Senior Men	5	102 Diekumo ANTHONY	Coventry Godiva Harriers	11.37
Senior Men	6	106 Jacob BAKER	Charnwood A C	11.87
U23 Men	7	172 George WHITBY-HAYES	Birchfield Harriers	12.37

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	16 No.	100m SM Ht 2	-1.6 M/S SE	Time
U23 Men	1	152 Elliott POWELL	Leicester Coritanian AC	10.90
Senior Men	2	123 Jordan FAIRCLOUGH	Liverpool Harriers & AC	11.13
Senior Men	3	159 Peter SHAND	Birchfield Harriers	11.22
Senior Men	4	126 Mathias FRANCIS	Birchfield Harriers	11.43
Senior Men	5	150 Nathan PETCH	Coventry Godiva Harriers	11.44
Master(M55)	6	125 Ricardo FERREIRA	Wolverhampton & Bilston	14.00

	16 No.	100m SM Ht 3	-1.2 M/S SW	Time
Senior Men	1	155 Dan PUTNAM	Blackheath & Bromley Harriers A	10.90
Senior Men	2	151 Yannick PHIPPEN	Birchfield Harriers	11.07
Senior Men	3	100 Joshua ABLADEY	Worcester AC	11.17
U23 Men	4	162 Jordan SPENCE	Corby AC	11.25
Senior Men	5	158 Adel SESAY	Rugby & Northampton AC	11.29
Senior Men	6	128 Andy GRIMWOOD	Worcester AC	11.40

	17 No.	110mH SM Final	-0.5 M/S S	Time
U20 Men	1	166 Tre THOMAS	Charnwood A C	13.81
U20 Men	2	165 Jack SUMNERS	Stratford Upon Avon AC	14.20
U20 Men	3	117 Oliver CRESSWELL	Stratford Upon Avon AC	14.51
Senior Men	4	104 Prince AYEYH	Birmingham Running A&TC	16.00
Senior Men	5	144 Jordan MITCHELL	Sutton in Ashfield Harriers & A	16.29
Senior Men	6	181 Dajon WRIGHT	Bristol & West AC	17.03

	19 No.	100mH SW & U20 Final	-1.1 M/S SE	Time
U20 Women	1	2 Anya BATES	Birchfield Harriers	14.53
U20 Women	2	27 Amy PYE	Cannock & Stafford AC	14.59
U20 Women	3	3 Carly BATES	Coventry Godiva Harriers	15.50
U20 Women	4	38 Abi WILLIAMS	Cheltenham & County Harriers	15.99
U20 Women	5	11 Georgia CLARKE	Stratford Upon Avon AC	17.12
U23 Women	6	22 Caprice MILORO	Sutton in Ashfield Harriers & A	18.33

	21 No.	2000mSC U20W Final	Club	Time
U20 Women	1	57 Katie LORD	Notts AC	07:19.66
U20 Women	2	372 Aimee SEAGER	Charnwood A C	07:35.12

	22 No.	2000mSC U20M Final	Club	Time
U20 Men	1	284 Bill CHESTERS	Cannock & Stafford AC	06:27.40
U20 Men	2	325 Adam WALMSLEY	Coventry Godiva Harriers	07:16.55

	23 No.	3000mSC SM Final	Club	Time
Masters (M35)	1	331 Stephen MILLWARD	Gloucester AC	09:58.75
Masters (M40)	2	293 Phil GOULD	Leamington Cycling & AC	10:39.59
Masters (M50)	3	313 Graham MOFFATT	Rushcliffe AC	11:16.48

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	24 No.	200m U20W Ht1	0.2 M/S W	Time
U20 Women	1	6 Kaisha BUCHANAN	Notts AC	25.35
U20 Women	2	8 Mia CHAPMAN	Bedford & County AC	25.56
U20 Women	3	9 Mayah CHARLES	Notts AC	26.49
U20 Women	4	37 Chloe WILDE	Cannock & Stafford AC	27.13

	24 No.	200m U20W Ht2	-1 M/S S	Time
U20 Women	1	10 Cara CLARKE	Worcester AC	25.86
U20 Women	2	27 Amy PYE	Cannock & Stafford AC	26.47
U20 Women	3	20 Hannah MALPASS	Cannock & Stafford AC	26.74
U20 Women	4	43 Venise ELLIOTT	Birchfield Harriers	27.04
U20 Women	5	14 Zydnie FEARON	Saffron AC	28.13

	25 No.	200m SW Ht1	-0.8 M/S SE	Time
U23 Women	1	34 Derrion THOMPSON	Tipton Harriers	25.57
U23 Women	2	41 Niamh BAILEY	Corby ACO	25.97
U23 Women	3	5 Amy BOWEN	Tamworth AC	26.33
Master(W35)	4	47 Fleur O'DONOHUE	Nuneaton Harriers	34.93

	25 No.	200m SW Ht2	0.4 M/S NE	Time
Senior Women	1	21 Hayley MILLS	Notts AC	24.54
Senior Women	2	35 Bethan WAKEFIELD	Bristol & West AC	25.91
Senior Women	3	15 Samantha GRIFFITHS	Cheltenham & County Harriers	26.03
Masters (W40)	4	30 Ellena RUDDOCK	Rugby & Northampton AC	26.79
U23 Women	5	13 Sandra DIKE	Notts AC	27.41

	26 No.	200m U20M Ht1	-2.5 M/S S	Time
U20 Men	1	114 alwayne CAMPBELL	Birchfield Harriers	22.37
U20 Men	2	147 Bret OKEKE	Herts Phoenix AC	22.50
U20 Men	3	163 Ollie SPRIO	Banbury Harriers AC	22.72
U20 Men	4	160 Ben SMITH	Notts AC	22.77
U20 Men	5	129 Mathew HALL	Banbury Harriers AC	23.62
U20 Men	6	139 Achim LOIBL	Kettering Town Harriers	23.84
U20 Men	7	136 Callum HOLDEN	Coventry Godiva Harriers	26.07

	26 No.	200m U20M Ht2	-1.8 M/S SE	Time
U20 Men	1	101 Morgan AMED	Coventry Godiva Harriers	22.57
U20 Men	2	187 Kyle CALHOUN	Charnwood A C	22.98
U20 Men	3	141 Emmanuel MBU	Kettering Town Harriers	23.44
U20 Men	4	380 Ebenezer NELSON	Coventry Godiva Harriers	23.71
U20 Men	5	167 Joseph THORNE	Charnwood A C	23.88

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	27 No.	200m SM Ht1	-0.9 M/S SW	Time
Senior Men	1	154 Nicholas PRYCE	Royal Sutton Coldfield AC	21.78
Senior Men	2	122 Kyle ENNIS	Rugby & Northampton AC	21.89
Senior Men	3	203 Sadam KOUMK	Birchfield Harriers	22.00
Senior Men	4	102 Diekumo ANTHONY	Coventry Godiva Harriers	23.30
U23 Men	5	142 Nyle MCINTOSH	Birchfield Harriers	24.15

	27 No.	200m SM Ht2	0.1 M/S W	Time
U23 Men	1	148 Freddie OWSLEY	Bristol & West AC	21.70
Senior Men	2	159 Peter SHAND	Birchfield Harriers	22.07
U23 Men	3	140 Mustafa MAHAMUUD	Birchfield Harriers	22.13
Senior Men	4	375 Christian BYRON	Birchfield Harriers	22.21
U23 Men	5	149 robert PEARSALL	Tipton Harriers	25.36

	27 No.	200m SM Ht3	-1.2 M/S S	Time
Senior Men	1	155 Dan PUTNAM	Blackheath & Bromley Harriers A	21.84
U23 Men	2	137 Kane HOWITT	Royal Sutton Coldfield AC	22.14
U23 Men	3	162 Jordan SPENCE	Corby AC	22.61
U23 Men	4	138 william KENNEDY	Bristol & West AC	22.87
Senior Men	5	135 Marcel HODGE	Harborough AC	23.53

	28 No.	5000m SW Final	Club	Time
Senior Women	1	68 Elsie BUTLER	Charnwood A C	18:53.80
Senior Women	2	72 Laura LEWIS	Tamworth AC	23:52.20

	29 No.	5000m Sen & U20M Final	Club	Time
Senior Men	1	253 Dan OWEN	Cheltenham & County Harriers	15:00.21
Senior Men	2	239 Jonathan GORINGE	Birchfield Harriers	15:02.85
Senior Men	3	382 Joe SMITH	Tipton Harriers	15:04.44
Masters (M40)	4	240 Stuart HAWKES	Tipton Harriers	15:05.71
Senior Men	5	225 Alex BAMPTON	Cheltenham & County Harriers	15:09.04
Senior Men	6	228 Peter BROOKES	Tipton Harriers	15:11.58
Senior Men	7	258 Ben ROBINSON	Bristol & West AC	15:19.50
Senior Men	8	230 Jonathan CARTER	Tipton Harriers	15:20.51
Senior Men	9	248 Tom MAHON	Wreake & Soar Valley	15:25.13
Senior Men	10	226 Ed BANKS	Birchfield Harriers	15:29.30
Senior Men	11	273 Philip WILSON	Tipton Harriers	15:37.01
Senior Men	12	236 Will FERGUSON	CLC Striders	15:39.08
Senior Men	13	247 Harvey MAGUIRE	Tipton Harriers	15:44.96
Senior Men	14	250 Luke MONTGOMERY	Corby AC	15:56.08
Masters (M35)	15	235 Marcus ENGLAND	Cheltenham & County Harriers	15:57.64
Masters (M50)	16	245 Gordon LEE	Leicester Coritanian AC	16:00.68
Masters (M35)	17	243 Chris JORDAN	Leicester Coritanian AC	16:06.16
Masters (M35)	18	256 Mark POWELL	Leicester Coritanian AC	16:07.60
Senior Men	19	264 Harvey SPEED	Coventry Godiva Harriers	16:08.16
Masters (M35)	20	270 KARL WELBORN	Tipton Harriers	16:28.33
U20 Men	21	231 Matthew CHRONICLE	Rugby & Northampton AC	16:28.84

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	32 No.	200m U20W Final	-1.2 M/S SW	Time
U20 Women	1	6 Kaisha BUCHANAN	Notts AC	25.29
U20 Women	2	8 Mia CHAPMAN	Bedford & County AC	25.47
U20 Women	3	10 Cara CLARKE	Worcester AC	25.57
U20 Women	4	9 Mayah CHARLES	Notts AC	26.66
U20 Women	5	43 Venise ELLIOTT	Birchfield Harriers	26.86
U20 Women	5	20 Hannah MALPASS	Cannock & Stafford AC	26.86
U20 Women	7	37 Chloe WILDE	Cannock & Stafford AC	27.02

	33 No.	200m SW Final	-1.1 M/S SW	Time
Senior Women	1	21 Hayley MILLS	Notts AC	24.30
Senior Women	2	35 Bethan WAKEFIELD	Bristol & West AC	25.06
U23 Women	3	34 Derrion THOMPSON	Tipton Harriers	25.24
Senior Women	4	15 Samantha GRIFFITHS	Cheltenham & County Harriers	25.99
U23 Women	5	5 Amy BOWEN	Tamworth AC	26.60
Masters (W40)	6	30 Ellena RUDDOCK	Rugby & Northampton AC	27.01
U23 Women	7	13 Sandra DIKE	Notts AC	27.40

	34 No.	200m U20M Final	-1.1 M/S SW	Time
U20 Men	1	101 Morgan AMED	Coventry Godiva Harriers	21.73
U20 Men	2	114 alwayne CAMPBELL	Birchfield Harriers	21.94
U20 Men	3	147 Bret OKEKE	Herts Phoenix AC	22.53
U20 Men	4	160 Ben SMITH	Notts AC	22.60
U20 Men	5	163 Ollie SPRIO	Banbury Harriers AC	22.71
U20 Men	6	187 Kyle CALHOUN	Charnwood A C	22.82
U20 Men	7	141 Emmanuel MBU	Kettering Town Harriers	23.44

	35 No.	200m SM Final	-1.1 M/S SE	Time
U23 Men	1	137 Kane HOWITT	Royal Sutton Coldfield AC	21.35
Senior Men	2	155 Dan PUTNAM	Blackheath & Bromley Harriers A	21.53
U23 Men	3	148 Freddie OWSLEY	Bristol & West AC	21.54
Senior Men	4	122 Kyle ENNIS	Rugby & Northampton AC	21.57
Senior Men	5	154 Nicholas PRYCE	Royal Sutton Coldfield AC	21.62
Senior Men	6	159 Peter SHAND	Birchfield Harriers	21.96
U23 Men	7	140 Mustafa MAHAMUUD	Birchfield Harriers	22.39

	36 No.	1500m U20W & SW Final	Club	Time
U20 Women	1	79 Rebecca TWARDCHLEB	Newcastle Staffs AC	04:41.13
U20 Women	2	80 Abbie NOLAN	Bridgnorth AC	04:41.94
U20 Women	3	71 Eleanor HERE	Charnwood A C	04:44.25
U20 Women	4	76 Amber SCOTT	Mansfield Harriers	04:46.57
U20 Women	5	69 Eloise COOMBS	Corby AC	04:48.65
U20 Women	6	77 Mollie SCOTT	Mansfield Harriers	04:49.85
Senior Women	7	73 Sarah MACKNESS	Notts AC	04:59.89
U20 Women	8	78 Allegra SOUTAR	Cannock & Stafford AC	05:03.60

	38 No.	1500m U20M Final	Club	Time
U20 Men	1	267 Joseph TUFFIN	Rushcliffe AC	04:00.57
U20 Men	2	224 Callum ABBERLEY	Burton AC	04:01.39
U20 Men	3	268 Joshua WARD	Cannock & Stafford AC	04:02.33
U20 Men	4	271 Harry WELLS	Gloucester AC	04:04.40
U20 Men	5	242 Alex JOLLY	Birchfield Harriers	04:07.50
U20 Men	6	234 Jack DOUGLAS	Charnwood A C	04:16.25
U20 Men	7	257 Ben PRINCE	Birchfield Harriers	04:22.09

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	39 No.	1500m SM Final	Club	Time
U23 Men	1	249 James MCCRAE	Nene Valley Harriers	03:54.54
Senior Men	2	233 Richard DE-CAMPS	Cheltenham & County Harriers	03:59.22
U23 Men	3	260 Alistair RUTHERFORD	Birchfield Harriers	04:03.66
U23 Men	4	261 Cameron SMITH	Notts AC	04:05.61
U23 Men	5	227 Amittai BEN-ISRAEL	Coventry Godiva Harriers	04:07.74
U23 Men	6	237 Edward FRAIN	Wellingborough & District AC	04:11.55
Senior Men	7	244 Stuart KING	Notts AC	04:12.31
U23 Men	8	252 Max O'SULLIVAN	Owls AC	04:12.77
U23 Men	9	383 Joe CONNORS	Yate & District AC	04:14.48
U23 Men	10	238 Amrik GILL	Leicester Coritanian AC	04:14.99
U23 Men	11	272 Adam WILSON	Yate & District AC	04:15.87
U23 Men	12	251 Peter MUMFORD	Notts AC	04:17.67

	40 No.	400m U20W Final	Club	Time
U20 Women	1	56 Yasmin LIVERPOOL	Coventry Godiva Harriers	55.70
U20 Women	2	48 Esther ADIKPE	Coventry Godiva Harriers	55.89
U20 Women	3	12 Harriet COOPER	Charnwood A C	56.51
U20 Women	4	55 Megan DAVIES	Cannock & Stafford AC	56.53
U20 Women	5	66 Mary TAKWOINGI	Solihull & Small Heath AC	58.36
U20 Women	6	63 Jessica SHEPPARD	Stratford Upon Avon AC	58.53

	42 No.	400m SM Final	Club	Time
U23 Men	1	197 Jack HOCKING	Worcester AC	48.66
U23 Men	2	219 Joseph ROGERS	Halesowen ACC	49.46
U23 Men	3	110 Tor BENNETT-WILLIAMS	Wolverhampton & Bilston	49.64
Senior Men	4	210 Robert NEEDHAM	Notts AC	49.70
Senior Men	5	202 Zach KING	Notts AC	49.77
Senior Men	6	209 David MOULD	Bromsgrove & Redditch	50.69
U23 Men	7	205 Ryan LOWE	Dudley & Stourbridge Harriers	50.80
U23 Men	8	188 Joshua CLYDESDALE	Charnwood A C	51.27

	44 No.	100m SW Final	-1.6 M/S SW	Time
Senior Women	1	35 Bethan WAKEFIELD	Bristol & West AC	12.41
Senior Women	2	15 Samantha GRIFFITHS	Cheltenham & County Harriers	12.57
Senior Women	3	31 Dionne SAMUELS	Birchfield Harriers	12.77
U23 Women	4	5 Amy BOWEN	Tamworth AC	12.78
Masters(W40)	5	30 Ellena RUDDOCK	Rugby & Northampton AC	12.85
Senior Women	6	39 Emma WILTSHIRE	Rugby & Northampton AC	12.93

Midland Senior & U20 Championships**Sunday 10th June 2018****Pingles Stadium, Nuneaton**

	45 No.	100m U20M Final	-1 M/S SW	Time
U20 Men	1	143 Rio MITCHAM	Birchfield Harriers	10.80
U20 Men	2	161 Jody SMITH	Charnwood A C	11.03
U20 Men	3	175 Franklin FENNING	Rugby & Northampton AC	11.07
U20 Men	4	121 Stefan DUPEY-WHYTE	Birchfield Harriers	11.18
U20 Men	5	177 Jaime NALUS	Rugby & Northampton AC	11.27
U20 Men	6	147 Bret OKEKE	Herts Phoenix AC	11.38

	46 No.	100m SM Final	-1.3 M/S SW	Time
U23 Men	1	118 Kyle DE ESCOFET	Birchfield Harriers	10.57
U23 Men	2	152 Elliott POWELL	Leicester Coritanian AC	10.73
U23 Men	3	180 Nicholas WALSH	Sale Harriers Manchester	10.76
Senior Men	4	155 Dan PUTNAM	Blackheath & Bromley Harriers A	10.85
Senior Men	5	151 Yannick PHIPPEN	Birchfield Harriers	11.09
Senior Men	6	123 Jordan FAIRCLOUGH	Liverpool Harriers & AC	11.10
Senior Men	7	122 Kyle ENNIS	Rugby & Northampton AC	11.12
Senior Men	8	100 Joshua ABLADEY	Worcester AC	11.26