



MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION,
WOMEN'S FIVE and MEN'S SEVEN MILE ,
CROSS COUNTRY CHAMPIONSHIPS

At Bulwell Hall Park, Nottingham, Saturday 30th November 2019



Womens Results - Individual

1	Gemma Steel	Charnwood A C	29:02
2	Polly Keen	Nuneaton Harriers	29:41
3	Lily Higgins	Halesowen ACC	31:00
4	Sarah Thompson	Halesowen ACC	31:26
5	Rachel See	Cheltenham And County Harriers	31:29
6	Kelly Butler	Birchfield Harriers	31:45
7	Lauren Charlton	Newcastle Staffs AC	32:07
8	Joanne Clamp	Notts AC	32:20
9	Lisa Deacon	Notts AC	32:40
10	Becca Peach	Notts AC	32:59
11	Catherine Charlton	Notts AC	33:05
12	Rhian Littlewood	Bournville Harriers	33:09
13	Monica Baptista	Bournville Harriers	33:25
14	Sarah Conway	Birchfield Harriers	34:07
15	Claire Lewis	Holme Pierrepont Rc	34:15
16	Caitlin Bradbury	Beeston AC	34:43
17	Christine Symms	Wrekin Road Runners	35:00
18	Ami Nash	Notts AC	35:33
19	Lucy Grant	Beeston AC	35:38
20	Kathryn Holliday	Bournville Harriers	36:04
21	Jackie Welburn	Beeston AC	36:16
22	Megan Thomas	Birmingham Running Athletics & TC	36:42
23	Charlie Hurd	Bournville Harriers	37:45
24	Karen Kiteley	Aldridge Rc	37:48
25	Julie McGeorge	Holme Pierrepont Rc	37:51
26	Helen Beecham	Aldridge Rc	37:55
27	Sue Chicken	Holme Pierrepont Rc	38:55
28	Rachel Brown	Birmingham Running Athletics & TC	39:30
29	Jude Glynn	Bournville Harriers	39:57
30	Susan Wheatcroft	Beeston AC	40:05
31	Claudie Combelas	Northbrook Athletic Club	40:05
32	Kirsty Bradshaw	Notts AC	40:08
33	Joan Clarke	Cobra Running & Triathlon Club	40:58
34	Marie-christine Pardon	Beeston AC	41:03
35	Lorraine Salkild	Holme Pierrepont Rc	41:31
36	Caroline Lambert	Halesowen ACC	42:21
37	Manisha Pearce	Sparkhill Harriers	42:25
38	Pauline Hygate	Sparkhill Harriers	43:03
39	Anne Kelsall	Aldridge Rc	43:21
40	Jennifer Price	Sparkhill Harriers	43:43
41	Elaine Clifford	Beeston AC	44:06
42	Anna Cosimetti	Halesowen ACC	44:27
43	Shelley Nicholls	Aldridge Rc	45:38