

SOLIHULL & SMALL HEATH ATHLETIC CLUB

www.solihullac.co.uk

KEN DARE OPEN MEETING

(UNDER THE RULES OF THE U.K.A.)

SUNDAY 13th September 2009

NORMAN GREEN SPORTS CENTRE, SOLIHULL

U11 Boys	75m	150m	600m	LJ	-	-	-	-
U13 Boys	100m	200m	800m	LJ	HJ	Shot	Discus	-
U15 Boys	100m	200m	800m	LJ	HJ	-	Javelin	Hammer
U17 Boys	100m	200m	400m	LJ	HJ	Shot	Javelin	-
U11 Girls	75m	150m	600m	LJ	-	-	-	-
U13 Girls	75m	150m	800m	LJ	HJ	Shot	Discus	-
U15 Girls	100m	200m	800m	LJ	HJ	Shot	Javelin	-
U17 Girls	100m	200m	300m	LJ	HJ	-	Discus	Hammer

U11'S, U13'S & U15'S MAY ONLY COMPETE IN A MAXIMUM OF 3 EVENTS

U11 & U13 events: medals awarded to 1st, 2nd and 3rd
U15 & U17 events: medals awarded dependent on number of entries

£2 per EVENT or £5 for 3 EVENTS

CLOSING DATE FOR ENTRIES, 25th August 2009 (NO LATE ENTRIES ACCEPTED)

Entries stating Name, Address, Date of Birth, Age Group and Events to:-
MALCOLM PAYNE, 4 KEMERTON WAY, SOLIHULL, WEST MIDLANDS B90 4XG

Cheques/P.O. payable to "Solihull and Small Heath A.C."

PLEASE ENCLOSE S.A.E. SIZE 9"X 6" FOR NUMBERS, TIMETABLE AND DIRECTIONS

SOLIHULL & SMALL HEATH A.C. KEN DARE OPEN MEETING 13th September 2009

Name: Date of Birth..... Age.....

Address:

.....Telephone:.....

E-Mail Address:

Event 1: U__ Boys / Girls..... Did you see this advertised :

Event 2: U__ Boys / Girls..... In AW

Event 3: U__ Boys / Girls..... Website

I am a member of Flyer at a meeting
(Athletic Club)

I attend (School/ College)

I enclose a 9"x 6"SAE and entry fee of £..... made payable to 'Solihull & Small Heath AC'