

---

# English Road Running Association

In association with England Athletics

## NIKE National Road Relays

---

Dear Secretary/Team Manager

Enclosed is information for the **English Road Running Association Nike National Senior Women's 6 Stage Road Relay Championship** to be held at Sutton Park, Sutton Coldfield, Birmingham on **Saturday, 18 April 2009 – start time 12:20pm.**

Please note all entries should be submitted through the online entry system at [www.race-results.co.uk/onlineentries/usre/login.php?racid=226](http://www.race-results.co.uk/onlineentries/usre/login.php?racid=226) and instructions are enclosed. Postal entries will only be accepted in the most exceptional circumstances, if for example you have not got access to the internet.

If you are not the person responsible for your club entries, could you please ensure that this letter and entry form is forwarded to the appropriate person.

This event is being held on the same day as the Men's National Road Relay's 12 Stage, which starts at 12:00 Noon

Please note you may enter a maximum of two teams per club, Athletes must be registered with your National governing body for road running.

We look forward to receiving your club's entry and hope you have an enjoyable day. If you have any enquires please contact me on my home telephone number, any evening or at weekends.

Please note the **closing date for entries is Wednesday 8 April 2009.**

Yours sincerely

**Norman Wilson**

Championship Secretary

English Road Running Association

Home Number 01452 722720



---

# English Road Running Association

In association with England Athletics

# NIKE National Road Relays

---

## NIKE Senior Women's 6 Stage (6 x 2.995 miles) National Road Relay Championship



Saturday 18 April 2009 – 12 Noon – Sutton Park

Closing Date: Wednesday 8th April 2009

**Open Relay Race:** Clubs are not allowed to enter more than THREE TIMES the number entitled to compete. A Club entering more than one team in a race shall be allowed to select their teams from the Club entry for that event. Teams must be declared before the start of the race.

Club:  Club colours:

Secretary/Team Manager:  Tel:

Address:

Postcode:

Email:  Date:

Please enter  Teams Entrance Fee £  enclosed. (Entry Fee £41:00 per team)

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the Club under the Rules governing Team and Relay Races, and that the following particulars are complete and correct.

Signed: Hon Secretary/Team Manager  Date:

To enter the National Road Relays please enter online by Sports Soft system at [www.race-results.co.uk](http://www.race-results.co.uk)  
Postal entries only will be accepted in special circumstances make cheques payable to 'English Road Running Association' and send to the Championship Secretary, with a correctly stamped return address envelope to: 34 Sunnywood Drive, Tottington, Bury, Lancashire BL8 3EN

---

### RULE 5 – FIRST CLAIM STATUS – ALL RULES APPLY

**FOREIGN ATHLETES JUNIOR/SENIOR MEN & WOMEN.** Please note, notwithstanding the above, athletes may NOT compete under these rules until they have been registered with UK Athletics, and have been resident in the UK for a minimum of two months prior to the date of competition.

**RULE 207 (iv) (v)** Junior Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior events.

### RULE 216(6) WILL APPLY

**CLOTHING:** All team runners MUST wear the same design of registered Club vest and colours, unless the Referee has given permission for a change to be made.

Any advertising or sponsorship on clothing must comply with UK Athletics Rule 16.



# English Road Running Association

In association with England Athletics

# NIKE National Road Relays

## Competitors Entry Sheet

Club:

Senior Women

Please PRINT CLEARLY and put in Alphabetical order

	Name of competitor	Date of birth	Date of election to club
1	<input type="text"/>	<input type="text"/>	<input type="text"/>
2	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	<input type="text"/>	<input type="text"/>	<input type="text"/>
5	<input type="text"/>	<input type="text"/>	<input type="text"/>
6	<input type="text"/>	<input type="text"/>	<input type="text"/>
7	<input type="text"/>	<input type="text"/>	<input type="text"/>
8	<input type="text"/>	<input type="text"/>	<input type="text"/>
9	<input type="text"/>	<input type="text"/>	<input type="text"/>
10	<input type="text"/>	<input type="text"/>	<input type="text"/>
11	<input type="text"/>	<input type="text"/>	<input type="text"/>
12	<input type="text"/>	<input type="text"/>	<input type="text"/>
13	<input type="text"/>	<input type="text"/>	<input type="text"/>
14	<input type="text"/>	<input type="text"/>	<input type="text"/>
15	<input type="text"/>	<input type="text"/>	<input type="text"/>
16	<input type="text"/>	<input type="text"/>	<input type="text"/>
17	<input type="text"/>	<input type="text"/>	<input type="text"/>
18	<input type="text"/>	<input type="text"/>	<input type="text"/>

RULE 207 (iv) (v) Junior Men & Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior events.



# English Road Running Association

In association with England Athletics

# NIKE National Road Relays

## Competitors Entry Sheet

Club:  Senior Women

Please PRINT CLEARLY and put in Alphabetical order

	Name of competitor	Date of birth	Date of election to club
1	<input type="text"/>	<input type="text"/>	<input type="text"/>
2	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	<input type="text"/>	<input type="text"/>	<input type="text"/>
5	<input type="text"/>	<input type="text"/>	<input type="text"/>
6	<input type="text"/>	<input type="text"/>	<input type="text"/>
7	<input type="text"/>	<input type="text"/>	<input type="text"/>
8	<input type="text"/>	<input type="text"/>	<input type="text"/>
9	<input type="text"/>	<input type="text"/>	<input type="text"/>
10	<input type="text"/>	<input type="text"/>	<input type="text"/>
11	<input type="text"/>	<input type="text"/>	<input type="text"/>
12	<input type="text"/>	<input type="text"/>	<input type="text"/>
13	<input type="text"/>	<input type="text"/>	<input type="text"/>
14	<input type="text"/>	<input type="text"/>	<input type="text"/>
15	<input type="text"/>	<input type="text"/>	<input type="text"/>
16	<input type="text"/>	<input type="text"/>	<input type="text"/>
17	<input type="text"/>	<input type="text"/>	<input type="text"/>
18	<input type="text"/>	<input type="text"/>	<input type="text"/>

RULE 207 (iv) (v) Junior Men & Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior events.

