

# MIDLAND COUNTIES 2010 INDOOR ENTRY FORM

[www.midlandathletics.org](http://www.midlandathletics.org)



NATIONAL INDOOR ARENA BIRMINGHAM  
COMPETITIONS HELD UNDER UK ATHLETICS RULES



**Birmingham Games 6/7 February 2010**  
**Closing Date: Monday 11 January 2010**

PLEASE COMPLETE ALL THE INFORMATION ASKED FOR

		Age Group(M/W)	Event	2009 Best
Surname				
First Name				
Club				
Date of Birth				
Address Including Post Code				
Tel No (day)		Tel No (eve)		
Mobile		Email		

Age on 31 August 2010.....Age on 31 December 2010 (U20).....

Entry fees:            Seniors        £9 per event or €10            U20's   £8 per event or €9  
                                 U17/U15       £7 per event or €6

Entry fee enclosed £.....Cheques & postal orders (in UK Sterling/Euros) to be made payable to MCAA. **Do not send cash**

Signed:.....England No.....Date.....  
Athletes under the age of 16 **MUST** have the form signed by a parent or guardian

Data Protection Act:            Please tick the box if you consent to information on this form being passed to any other Athletic Association/Body or event promoter.

A CORRECTLY STAMPED 1<sup>st</sup> Class SAE (9 x 6½") for **EACH** meeting entered **MUST** be enclosed for return of timetable and admission ticket. If this is not done then information **WILL NOT BE SENT OUT**. Send forms to the Championship Secretary (Midland Champs), MCAA, Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2LR.

We suggest that you obtain proof of posting for your entry, then should your entry get in lost in the post we will accept proof of posting and enter you in the meeting.

IF YOU HAVE NOT RECEIVED YOUR INFORMATION ONE WEEK PRIOR TO THE EVENT THEN PLEASE CONTACT THE MCAA OFFICE ON 0121 344 4201.

P.T.O

## PROGRAMME OF EVENTS

### **Birmingham Games – 6/7 FEBRUARY 2010**

**Senior Men** 60m(A), 60mH(B), 200m(B), 400m, 800m, 1500m, HJ(B)**SH:1.80**, PV(A)**SH:3.80**, LJ(A), TJ(B)**11/13m Bd**, SP(A)

**Senior Women** 60m(A), 60mH(B), 200m(B), 400m, 800m, 1500m, HJ(A)**SH:1.60**, PV(B)**SH:2.40**, LJ(A), TJ(B)**9/11 m Bd**, SP(A)

**U20 Men** 60m(A), 60mH(B), 200m(A), 400m(B), 800m(A), PV (A) **SH 3.60**

**U20 Women** 60m(A), 60mH(B), 200m(A), 400m(B), 800m(A), PV (B) **SH 2.30**

**U17 Men** 60m(A), 60mH(B), 200m(A), 400m(B), 800m(A), HJ (B) **SH 1.60**, LJ (A)

**U17 Women** 60m(A), 60mH(B), 200m(A), 300m(B), 800m(A), HJ (B) **SH 1.40**, LJ (B)

**U15 Boys** 60m(A), 60mH(B), 200m(A), 400m(A), 800m(B), HJ (A) **SH 1.40**, LJ (A)

**U15 Girls** 60m(A), 60mH(B), 200m(A), 800m(B), HJ (A) **SH 1.30**, LJ (B)

**If (A) Saturday or (B) Sunday not quoted event could be over two days. SH = Starting Height**

### **AGE GROUPS:**

**Under 20 Men/Women** Over 17 but under 20 on 31 December 2010

**Under 17 Men/Women** Over 15 but under 17 on 31 August 2010

**Under 15 Boys/Girls** Over 13 but under 15 on 31 August 2010

### **UK ATHLETICS RULE 107 APPLIES TO ALL AGE GROUPS**

**THERE MUST BE A MINIMUM OF 3 ENTRIES PER EVENT AND WE RESERVE THE RIGHT TO CANCEL AN EVENT IF ENTRIES FALL BELOW THIS NUMBER.**

**IMPORTANT: ONLY THE SENIOR EVENTS ARE RUN AS A CHAMPIONSHIP ALL OTHER EVENTS ARE RUN AS AN OPEN MEETING**

**NB: The organisers reserve the right to refuse entries and revise dates where necessary. PLEASE NOTE: ENTRIES MAY BE RESTRICTED DUE TO EXCESSIVE NUMBERS.**

### **COACHES**

**ON PRODUCTION OF A CURRENT UKA COACHING LICENCE COACHES WILL BE CHARGED A £1 ENTRANCE FEE**