

**MANSFIELD HARRIERS AND ATHLETIC CLUB**  
**(Celebrating 90 years of athletics in Mansfield 1920- 2010)**

**The Mansfield 5K Classic**  
**Road Race**

**Friday 3rd September 2010 at Berry Hill Park**

**Start 7-00 pm**

**Incorporates**

**Nottinghamshire AAA County Championship**

**And**

**Mansfield Business House and Fitness Challenge**

**Min age 14 on day of race**

**Awards**

**1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> male and female - £50, £30 and £20**

**Age group prizes to**

**1<sup>st</sup> M40, M50 and M60    1<sup>st</sup> F35, F45 and F55    1<sup>st</sup> U'17 male and female**

**(one prize only per runner)**

**Plus County medals in Notts AAA Champs**

**Trophies to the winning local business and fitness club team**

**(based on cumulative time of first 3 runners)**

**Supported by Ridgeway Textiles and SiS**

**FREE SUPPER TO ALL RUNNERS**

Accurately measured course.

Permit applied for

**Entry Fee**    £5 club runner and £7 unattached    Entry on the day additional £2

Cheques payable to Mansfield Harriers AC

**Entries to:** Open 5K, 6 Santon Road, Forest Town, Mansfield, NG19 0PR

**Postal entries close on Wed 1<sup>st</sup> Sept 2010. Race numbers to be collected on the night**

**Entry Form    Mansfield Open 5K**

<b>Name</b>		<b>Age group</b>	<b>M / F</b>	<b>Notts AAA Champs</b>
<b>Athletics club/ Business/ fitness club</b>		<b>Date of birth</b>		<b>Yes / No</b>

**DECLARATION**

I declare that I am medically fit to take part in this event and I agree that the organisers shall not be liable for any injury, illness or loss of property as a result of my participation in this race. I qualify for Notts Champs by birth / residence (delete as appropriate)

**Signature**

**(Parent or guardian if under 18)**

**Date**

**[www.mansfield-harriers.org](http://www.mansfield-harriers.org)**