



**MIDLAND COUNTIES
ATHLETIC ASSOCIATION**

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September 2011

MIDLAND WOMENS CROSS COUNTRY LEAGUE 2011/2012

Chairman	Mary Hodges	Secretary	Mrs Rita Brownlie 15 Three Oaks Road Wythall Birmingham B47 6HG Tel: 01564 824358 / 07905 063321
MCCA President	Pat Carlan		

The League will include Senior and Veteran Women with Juniors. The Juniors will not have a team race so they will be able to score as Seniors. There will be 4 races and teams must score in all 4 races to qualify for awards. Individuals must score in 3 out of 4 races. All members of affiliated Clubs are eligible to compete in the League.

We are grateful to the Men's Birmingham CC League for letting us share their venues and officials.

We decided to charge an affiliation fee (£25) at the start of the season instead of individual fees. Smaller Clubs with no team can still pay £1 per athlete on the day. **Please be aware that to compete in the League your Club needs to be affiliated to England Athletics for Cross Country.** Please send a cheque to the MCAA office or to Rita Brownlie before the first race.

N.B. All races will start at 1.45pm, and will include the junior women's race, distances will be approximately 6K.

Dates & Venues

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|---|---------------------------|---|
| 1 | Saturday 12 November 2011 | Newbold Comyn, Leamington
Hosts Leamington C & AC |
| 2 | Saturday 3 December 2011 | Abingdon Park, Northampton
Hosts Rugby & Northampton, Div 2, Mens CC League |
| 3 | Saturday 14 January 2012 | Baggeridge Country Park, near Dudley
Hosts Dudley KW & B C T Div 3, Mens CC League |
| 4 | Saturday 12 February 2012 | Pittville Park, Cheltenham
Hosts Cheltenham Harriers, Div 1 Mens CC League |

<u>Junior Women</u>	Athletes must be 17 and under 20 years of age at midnight 31 August/1 September 2011
<u>Senior Women</u>	Athletes must be over 17 years of age at midnight 31 August/1 September 2011
<u>Veteran Women</u>	Athletes must be 35 years of age on the day of the race. Veterans will be allowed to score in both senior and veteran Club teams.

There will be 3 to score in all age groups.

Entry Fees **£25 per team per season 2011/2012** – cheques payable to MCAA and to be received before 30 October. If there is no Club team, then fee is £1 per athlete each race.

Individual entries will be accepted on the day.

Discs will be used in all races – envelopes must be handed in promptly please after the finish of each race

Rita

Rita Brownlie
Secretary MWCCCL