



Senior Women 7200m				
Pos	Bib	Name	Team	Finish
1	45	Juliet Doyle	England	00:25:47
2	44	Emily Wicks	England	00:25:55
3	46	Faye Fullerton	England	00:25:58
4	43	Laura Parker	England	00:26:24
5	68	Rebekah Randall	Midlands	00:26:25
6	47	Rosie Smith	Scotland	00:26:27
7	67	Claire Martin	Midlands	00:26:33
8	40	Gladys Ganiel	Ulster	00:26:37
9	59	Sarah Tunstall	Northern England	00:26:40
10	57	Aoife Talty	Ireland	00:26:41
11	60	Joanne Maddick	Northern England	00:26:52
12	56	Eilish Kelly	Ireland	00:26:57
13	39	Julie Turley	Ulster	00:27:10
14	48	Christina Rankin	Scotland	00:27:15
15	54	Caryl Jones	Wales	00:27:21
16	50	Melissa Whyte	Scotland	00:27:35
17	53	Marilyn Kitching	Wales	00:27:37
18	70	Alison Lavender	Midlands	00:27:57
19	63	Laura Shaughnessy	Irish Universities	00:28:01
20	69	Claire Matchett	Midlands	00:28:14
21	52	Carol Glover	Wales	00:28:26
22	41	Cathy McCourt	Ulster	00:28:29
23	51	Alaw Beynon-Thomas	Wales	00:28:37
24	49	Sarah Hood	Scotland	00:28:39
25	58	Adrienne Jordan	Ireland	00:29:04
26	66	Sinead Denny	Irish Universities	00:29:48
1		England	6 pts	
2		Midlands	30 pts	
3		Scotland	36 pts	
4		Ulster	43 pts	
5		Ireland	47 pts	
6		Wales	53 pts	

Senior Men 10800m				
Pos	Bib	Name	Team	Finish
1	5	Jonathan Pepper	England	00:34:12
2	21	Andy Wiles	Northern England	00:34:25
3	6	Adam Hickey	England	00:34:27
4	38	Paul Richardson	Midlands	00:34:29
5	1	Eddie McGinley	Ulster	00:34:30
6	7	Steven Naylor	England	00:34:31
7	9	Ross Houston	Scotland	00:35:18
8	3	Andrew Agnew	Ulster	00:35:29
9	36	Rich Kay	Midlands	00:35:32
10	10	Stuart Gibson	Scotland	00:35:36
11	13	Afan Humphries	Wales	00:35:39
12	11	Michael Gillespie	Scotland	00:35:41
13	23	Richard Morrell	Northern England	00:35:45
14	15	Hywel Care	Wales	00:35:47
15	34	Paddy Brennan	Irish Universities	00:36:06
16	16	John Peters	Wales	00:36:15
17	35	James Trollope	Midlands	00:36:16
18	8	James Ellis	England	00:36:17
19	28	Matt Whitfield	Combined Services	00:36:25
20	18	Mick Clohisey	Ireland	00:36:29
21	12	Chris Wilson	Scotland	00:36:32
22	25	Matt Blunden	Combined Services	00:36:40
23	65	Brian McGinley	Irish Universities	00:37:00
24	14	Rob Samuel	Wales	00:37:04
25	37	Seb Duffy	Midlands	00:37:08
26	22	Ian Kimpton	Northern England	00:37:24
27	33	Patrick Hogan	Irish Universities	00:38:20
28	30	Oz Ellis	Combined Services	00:39:21
1		England	10 pts	
2		Scotland	29 pts	
3		Midlands	30 pts	
4		Wales	41 pts	
5		Northern England	41 pts	
6		Irish Unis	55 pts	
7		Comb Services	69 pts	