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MIDLAND CROSS COUNTRY CHAMPIONSHIPS
to be held at WOLLATON PARK, NOTTINGHAM
On 28TH JANUARY 2012



ENTRY FORM for SENIOR WOMEN

To compete in the Senior Women's race, athletes must be 20 years and over at Midnight 31st. August / 1st. September 2011. If an athlete has married in the last twelve months, please state her maiden name.

Clubs may enter as many athletes as they wish, all may run, provided their entry has been accepted.

The first Four from each Club will score for the team

ON LINE ENTRIES WILL BE AVAILABLE SOON. PLEASE CHECK OUR WEBSITE.

www.midlandathletics.org.uk

ENTRY FEES: SENIORS £7.00 (Per Individual) Cheques / P.O. payable to M.C.A.A.

OR YOU MAY PAY THE MCAA BY BACS IF YOU WISH. PLEASE TICK THIS BOX [] IF YOU ARE PAYING BY THIS METHOD. THE MCAA BANK A/C DETAILS ARE LLOYDS TSB A/C 01685720 SORT CODE 30 00 06

THE FIRST 3 SENIOR WOMEN WILL BE OFFERED £50 TOWARDS THEIR EXPENSES TO THE NATIONAL CC CHAMPIONSHIPS 2012 PROVIDED THEY COMPLETE THE RACE.

All athletes MUST have Midland eligibility to enter these Championships.

MIDLAND ELIGIBILITY - All competitors must have at least one of the following qualifications

- The athlete having been born in the Midlands. (see below).
A minimum of 9 months continuous residence in the Midlands immediately prior to the event to be competed in. NB: University Residence does not count as a Midlands qualification.
By first claim membership of an EA affiliated Club within the Midlands competition area that has registered with EA for cross country running and is a member of the EA registration scheme

Birth/Residence qualification is in one of the following:

Avon, Herefordshire, Gloucestershire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. NB: England South West (Cornwall, Devon, Dorset, Somerset, Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes BUT you can only compete in one Area Championships in a calendar year - January to December.

NB: The organisers reserve the right to refuse entries and revise dates where necessary.

Qualification for entering the Midland Team Championships.

- First Claim membership of a Club within the Midlands competition area that is affiliated to England Athletics for Cross Country.
Midland Universities / Colleges may enter and run in the team race if the University / College is affiliated for England Athletics for Cross Country and enters a team in the Championships. All athletes must pay the individual fee and can only compete for the team providing their first claim club is not also competing in the competition.
An athlete that does not have Midland eligibility, yet runs for a Midland eligible Club may run for that Club and score in the Team event, although will not be eligible for an individual award.

I hereby declare that :

- Those entered are Amateurs as defined by the uk: athletics rules for competition
All athletes entered are registered members of England Athletics
That all members are first claim members of the club, duly elected on the date shown and eligible to represent the Club according to ECCA Championship regulations.
That this Club agrees to abide by the Midland Cross Country Association Rules (Any rule not catered for in these, shall be as the ECCA and UK: athletics rules for competition).

Signed: Printed Name: Date:

Address:

Tel No: Email:

Entry Fee Enclosed: £

Please return to: MCAA, Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2LR
0121 344 4201 email: athletics@mcaa.org.uk

Closing Date for Entries : 17th January 2012- NO LATE ENTRIES.

Please enclose a return CORRECTLY Stamped Addressed Envelope.

2012 MIDLAND CROSS COUNTRY CHAMPIONSHIPS
ENTRY FORM

Name of Club :

Club Colours (which MUST BE WORN) :.....

Please complete the list below OR attach a Club generated list (e.g. from the EA database or a spreadsheet) of your entrants in the format below which contains all the entry data requested.

	Please enter by Surname ALPHABETICALLY & IN BLOCK CAPS SURNAME FORENAME		Date of Birth	EA number	Midland Qualification
1					
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PLEASE COPY THIS FORM AS REQUIRED IF MORE NAMES TO BE SUBMITTED

Please note: -

Midland Qualification please enter: B - Birth - R - Residence - or T - if only entered for the Team.