

Senior Women 1500m

1	Vicky	Fuohy	WSEH	4.30.92
2	Julia	Cooke	Cheltenham	4.38.08

Men 1500m

1	James	Trollope	Birchfield	3.54.99
2	Luke	Carroll	Cheltenham	3.57.43
3	Richard	de- Camps	Gloucester	3.58.71
4	Elliott	Jackson	New Maerske	3.59.63
5	Chris	Lamb	Rugby & Northampton	4.00.97
6	Nick	Hazelwood	Halesowen	4.02.68
7	Andrew	Kaar	Birchfield	4.04.62
8	David	Harper	Ireland	4.06.22
9	Jacob	Clark	City of Sheffield	4.13.71
10	Stephen	Smith	Preston H	4.22.78
11	Michael	Craven	Nene Valley H	4.23.36
12	Tom	Hall	Warwick Uni	5.01.91

U20 Women 200m

				Race 1
1	Jodie	Harrison	Wolves & Bilston	24.98
2	Ann	Ika Oqua	Wolves & Bilston	25.02
3	Leah	Barrow	WSEH	25.87
4	Shaliece	Benjamin	Wolves & Bilston	26.94
5	Megan	Dixon	Wolves & Bilston	27.35

Race 2

1	Milly	Kellyman	Tamworth	26.64
2	Sadie	Forrester-Hayles	Wolves & Bilston	26.98
3	Eleanor	Johnston	Stratford	27.21
4	Charlotte	Williamson	Cheltenham	28.02
5	Emily	Moore	City of Stoke	28.39

Race 3

1	Kez	Ogden	Oswestry	26.57
2	Connie	McMillan	Banbury Harriers	27.46
3	Amy	Cullen	Halesowen	28.40
4	Zoe	Webber	Oxford	29.46
5	Beverly	Newing	Not Listed	31.82

Senior Women 200m

				Race 1
1	Emma	Bailey	Rugby & N'th	24.82
2	Leah	Moore	WSEH	25.09
3	Holly	Croxford	Basingstoke	25.59
4	Leah	Haslam	Charnwood	26.17

Race 2

1	Samantha	Mills	Wolves & Bilston	26.75
2	Anna	Henden	Not Listed	26.80
3	Caroline	Waddell	Team Bath University	27.46
4	Giare	Skervin	Notts	27.51

				Race 3
1	Kathrine	Davies	Cardiff	27.50
2	Caroline	Powell	Bristol & W	29.25
3	Krisztina	Szabo	Coventry	31.30
Under 20 Men 200m				Race 1
1	Nathan	Selby	Sale	21.96
2	Zenon	Wisniewski	Sale	22.74
3	Jack	Seddon	Crew	23.06
4	Kevin	Samuels	Wolves & Bilston	23.35
				Race 2
1	Tom	Pontin	Yate	23.00
2	Aaron	Bando	Wolves & Bilston	23.02
3	Robert	Kilpatrick	Warwick Uni	23.43
4	Roy	Barber	Harborough	23.84
				Race 3
1	Jamie	Robinson	Birchfield	22.76
2	Bryn	Stretton	Stratford	23.86
3	Raphael	Lorgere	Warwick Uni	26.97
U15 Girls 60m				Race 1
1	Simi	Fajemisin	Oxford	7.94
2	Emily	Wright	Yate	8.07
3	Bethany	Catchpowle	Solihull & SH	8.14
4	Ebony	Carr	Marshall Milton Keynes	8.33
5	Mia	Tomlinson	Wolves & Bilston	8.39
6	Kinnie	Songu	Bristol & W	8.49
7	Alex	Beardmore	Halesowen	8.56
				Race 2
1	Catherine	Hardy	Gloucester	8.39
2	Kasarn	Williams	Wolves & Bilston	8.55
3	Pippa	Reilly	North Somerset	8.66
4	Hannah	Rundle	Solihull & SH	8.73
5	Stacey	Mulholland	Birchfield	8.73
6	Jessica	Doncaster	City of Norwich	8.89
7	Tia	Chandler	Wolves & Bilston	8.90
8	Gemma	Stennett	Wolves & Bilston	8.91
				Race 3
1	Rebekah	Miller	Broms/Redd	8.55
2	Kayleigh	Murray	Birchfield	8.58
3	Hannah	Young	Wigan	8.92
4	Onyedikachi	Anyanwu	Coventry G	8.94
5	Zoe	Chung	Radley	9.01
6	Hannah	Walker	Birchfield	9.04
7	Alice	Hopkins	Oxford	9.09

				Race 4
1	Sophia	Martin	Corby	8.38
2	Chantelle	Haycock	Telford	8.46
3	Lucy	Edmondson	Bridgnorth	8.66
4	Olivia	Ward	Birchfield	8.81
5	Chloe	Capponi	Dearneside	9.38
U17 Women 60m				Race 1
1	Yemma	Songu	Bristol & W	8.11
2	Lois	Waknell	Radley	8.30
3	Aimi	Whitehouse	Telford	8.32
4	Gabriella	Burton	City of Stoke	8.33
5	Harriet	Sawle	Cheltenham	8.35
6	Jade	Mills	Wigan	8.41
				Race 2
1	Kelly	Constable	Gloucester	8.23
2	Ellie	Sobers	Rugby & N'th	8.53
3	Holly	Barton	Charnwood	8.63
4	Taylor	Cleave	Exeter	8.73
5	Annmarie	Morris	Birchfield	8.99
6	Lorne	Milne	Kettering	9.02
				Race 3
1	Rebecca	Davies	Marshall Milton Keynes	8.08
2	Victoria	Kiawete	Birchfield	8.34
3	Michelle	Bailey	Halesowen	8.77
4	Rheanna	Hinds	Leicester	9.02
5	Sophie	Kamlish	Team Bath University	9.07
6	Kelly	Hutchins	Team Bath	9.95
U15 Boys 60m				Race 1
1	William	Kennedy	Team Bath	7.33
2	Samuel	Hamilton	Halesowen	7.68
3	Matthew	Miller	Dearneside	7.72
4	Christopher	Hewlett	Birchfield	8.02
5	Moses	Noxolo	Birchfield	8.04
6	Jordan	Lloyd	Birchfield	8.06
7	Sam	Preston	Halesowen	8.11
				Race 2
1	Daniel	Minamore	Birchfield	7.67
2	Alfie	Rowett	Banbury	8.10
3	Declan-John	Walters	North Somerset	8.27
4	George	Baskerville	Swindon	8.47
5	K-Ryan	Hinds	Leicester	8.89
6	Oliver Andrew	Pascoe-Jones	Radley	9.14
7	Caleb	Mason	Halesowen	9.57

U17 Men 60m

Race 1

1	Zak	Irwin	Ireland	7.26
2	Ross	Tonks	Nuneaton	7.42
3	Kaine	Walker	Nene Valley	7.44
4	Alex	Grant	Stratford	7.46
5	Michael	Pearson	Birchfield	7.49
6	Obuchinezia	Anyaanwu	Coventry G	7.50
7	Ben	Watt	Yate	7.72

Race 2

1	Matthew	Holt	Team Bath	7.71
2	Jack	Bower	Shrewsbury	7.84
3	Elliott	Jones	Tamworth	7.91
4	Samuel	Mason	Halesowen	7.93
5	James	Hoult	Halesowen	8.12
6	James	Ward	Exeter	8.40

Race 3

1	Ian	Moore	Cheltenham	7.48
2	Devonte	Mulholland	Birchfield	7.65
3	Reuben	Multilal	Birchfield	7.65
4	Myles	Lynch	Coventry G	7.82
5	Aidan	Whiting	Oxford	8.18
6	Nicholas	Holliday	Corby	8.51

Senior Men 200m

Race 1

1	David	Lima	BRAT	21.60
2	Paul	Judson	Notts	22.02
3	Oliver	Knight	Charnwood	22.83
4	James	Whitehouse	Birchfield	22.99

Race 2

1	Karl	Ledington	Nuneaton	22.51
2	Jim	Tipper	Telford	22.63
3	Darren	Lewis	Sale	22.70
4	Nengi	Ossai	Shaftesbury	22.72
5	Barry	Upton	Ireland	23.11

Race 3

1	Kyle	Ennis	Banbury	22.85
2	Santino	Dummett	Telford	22.88
3	Daniel	Yellop	Ryston	23.71
4	Alex	Currie	Solihull & SH	23.95

Race 4

1	Justin	Grimes	Birchfield	23.40
2	Michael	Dickens	Telford	23.55
3	Ben	Riektins	Bedford & Co	23.76
4	Leon	Braithwaite	Bedford & Co	23.90
5	Aaron	Mason	Thames Valley H	24.12
6	Fraser	Carlisle	Wycombe	24.14

					Race 5
1	David	Mould	Broms/Redd	23.23	
2	Thomas	Russell	Broms/Redd	23.95	
3	Martin	White	Mansfield	24.4) Hand
4	Stefan	Wilcockson	Mansfield	24.4) times
5	David	Elderfield	Unattached	25.32	
					Race 6
1	Steven	Harris	Halesowen	24.44	
2	Fausto	Furlotti	Enfield	24.83	
3	Patick	Bass	Charnwood	25.14	
4	Amanpreet	Pabla	Leeds University	25.15	
5	Matt	Petchy	Wolves & Bilston	25.38	
					Race 7
1	Kelvin	Callender	Newbury	24.39	
2	Alex	Carr	University Of Birmingham	24.63	
3	Peter	Mould	Broms/Redd	26.54	
4	Christopher	Holliday	Harborough	27.26	
5	Philip	Clayton	Notts	27.33	
					Race 8
1	Shem	Nelson	Birchfield	23.15	
2	Luke	Pryor	Coventry G	23.91	
3	Jamie	Lukins	Warwick Uni	24.21	
4	Calum	Mitchell	Leeds University	24.74	
5	Adam	Hughes	Birchfield	25.03	
U20/Senior Women 800m					
1	Cally	Read	Birchfield	2.08.49	
2	Jaunee	Cilliers	Wigan	2.12.28	
3	Jessica	Tappin	Loughborough	2.17.20	
4	June	Swift	Peterborough	2.17.76	
5	Katharine	Turner	Team Bath	2.18.43	U20
U20 Men 800m					
1	Jake	Boat	Owls	2.02.86	
2	Carsten	Adams	Cheltenham	2.09.27	
3	Aishan	Patil	Sligo	2.10.51	
4	Scott	Gregory	Birchfield	2.12.94	
5	Cameron	Hill	Warwick Uni	2.20.93	
Senior Men 800m					Race 1
1	Nathan	Woodward	Tamworth	1.51.20	
2	Dermot	McDermott	Ireland	1.53.91	
3	Nick	Bates	Not Listed	1.55.48	
4	James	Lynch	Birchfield	1.55.70	
5	Nick	Howard	Skyrac	2.01.18	

				Race 2
1	Romain	Adam	Uni Birmingham	1.57.81
2	Ryan	Cox	Birchfield	1.57.98
3	Joseph	Gill	NEB	2.00.44
4	Edward	Dawes	Telford	2.02.29
5	Peter	Watkeys	Basingstoke	2.02.40

				Race 3
1	Oliver	Ager	Taunton	2.00.96
2	Josh	Bagnall	Bristol & W	2.08.76
3	Calvin	Scoltock	Broms/Redd	2.10.38
4	Kevin	Pye	Charnwood	2.15.34
5	Tom	Hall	Not Listed	2.35.19

U20 Women 60m

1	Milly	Kellyman	Tamworth	7.96
2	Shaliece	Bejamin	Wolves & Bilston	8.07
3	Eleanor	Johnston	Stratford	8.16
4	Sadie	Forrester-Hayles	Wolves & Bilston	8.32
5	Sarah	Douras	Wolves & Bilston	8.39
6	Connie	McMillan	Banbury	8.41

Senior Women 60m

				Race 1
1	Marilyn	Nwawulor	Harrow	7.56
2	Leah	Moore	WSEH	7.74
3	Joanne	Frost	Broms/Redd	7.85
4	Giare	Skervin	Notts	8.14
5	Samantha	Mills	Wolves & Bilston	8.16
6	Claudenia	Williams	Ealing Southall	8.20
7	Hannah	Hogben	University Of Birmingham	8.23

				Race 2
1	Charmaine	Riley	RSC	8.17
2	Caroline	Waddell	Team Bath University	8.36
3	Katie	Barry	Corby	8.39
4	Amber	Bayliss	Leamington	8.39
5	Anna	Smithson	Oxford	8.73
6	Katrina	Hart	Birchfield	9.39
7	Yasmine	Al-Daftary	Broms/Redd	9.59

U20 Men 60m

				Race 1	
1	Nathan	Selby	Sale	7.17	
2	Jordan	Thurston	Hilington	7.18	
3	Johnathon	Peacock	Not Listed	7.24	T44
4	Zenon	Wisniewski	Sale	7.33	
5	Shane	Henry	Birchfield	7.36	
6	Tom	Pontin	Yate	7.39	
7	Bryn	Stretton	Stratford	7.44	

				Race 2	
1	Roy	Barber	Harborough	7.51	
2	David	Adeniji	Not Listed	7.52	
3	Kevin	Dzenga	Tipton	7.60	
4	Yesper	Adams	Cheltenham	7.62	
5	Daniel	Winmill	Doncaster	7.83	
6	Jack	Roughan	Birchfield	8.07	
7	Matty	Lattibeaudiere	Bristol & W	8.11	
8	Raphael	Lorgere	Not Listed	8.41	
Senior Men 60m				Race 1	
1	Ben	Simons	Telford	6.98	
2	Ryan	James	Birchfield	7.00	
3	Charlie	Dack	Loughborough	7.05	
4	Mark	Dunwell	Notts	7.07	
5	Nengi	Ossai	Shaftesbury	7.18	
6	Johnathon	Peacock	Not Listed	7.20	T44
7	Carl	Mason	Birchfield	7.26	
8	Chris	Charliemagne	Phanos The Netherlands	7.38	
				Race 2	
1	Gareth	Cunningham	WSEH	7.10	
2	Santino	Dummett	Telford	7.21	
3	Kyle	Ennis	Banbury	7.23	
4	Oliver	Knight	Charnwood	7.28	
5	Richard	Rubenis	Telford	7.30	
6	Kelvin	Callender	Newbury	7.40	
7	Leon	Braithwaite	Bedford	7.43	
8	David	Sadkin	Unattached	7.46	
				Race 3	
1	Jim	Tipper	Telford	7.24	
2	Karl	Ledington	Nuneaton	7.26	
3	Lewis	Harris	Birchfield	7.28	
4	Michael	Louise	WSEH	7.33	
5	Adrian	Jackman	Ireland	7.39	
6	Daniel	Yellop	Ryston	7.42	
7	Fraser	Carlisle	Wycombe	7.60	
8	Andrew	Weekes	WSEH	7.68	
				Race 4	
1	Akpoviroro	Esiekpe	Coventry G	7.30	
2	Steven	Harris	Halesowen	7.40	
3	Thomas	Russell	Broms/Redd	7.48	
4	Martin	White	Mansfield	7.67	
5	Fausto	Furlotti	Enfield	7.69	
6	Scott	Eburne	Coventry G	7.80	
7	Matt	Petchey	Wolves & Bilston	7.82	
8	Victor	Cook	Leicester	7.92	

				Race 5
1	Amanpreet	Pabla	Leeds University	7.64
2	Stefan	Wilcockson	Mansfield	7.72
3	Raphael	Smith	Notts	7.84
4	Emmanuel	Ogunfojuri	BRAT	8.01
5	Ben	Rushgrove	Team Bath	8.21
6	Philip	Clayton	Notts	8.34
7	Christopher	Holliday	Harborough	8.68
				Race 6
1	Ben	Riektins	Bedford	7.43
2	Talent	Gukwe	Cannock	7.45
3	Jamie	Lukins	Warwick Uni	7.46
4	Adam	Hughes	Birchfield	7.50
5	Calum	Mitchell	Leeds University	7.74
6	Amine	Bousslama	Oxford Brookes	7.99
7	Steve	Allen	Cannock	10.50
				Race 1
U17 Women 200m				
1	Kelly	Constable	Gloucester	26.59
2	Grace	Adeyinka	Rugby & Northampton	26.93
3	Emily	Jenkinson	Southampton	27.31
4	Lois	Waknell	Radley	27.36
				Race 2
1	Yemma	Songu	Bristol & W	26.70
2	Louise	Ward	Cheltenham	27.23
3	Katie	Debonis	Cheltenham	28.16
4	Ellie	Sobers	Rugby & Northampton	28.85
				Race 3
1	Jade	Mills	Wigan	27.98
2	Michelle	Bailey	Halesowen	28.67
3	Millie	Barker	Wolves & Bilston	29.29
4	Anna	Rooney	Wolves & Bilston	30.03
				Race 1
U17 Men 200m				
1	Daniel	Trueman	Stroud	22.71
2	Toby	Melville	Nuneaton	23.49
3	Kaine	Walker	Nene Valley	23.61
4	Michael	Pearson	Birchfield	24.09
5	Myles	Lynch	Coventry G	24.25
				Race 2
1	Zak	Irwin	Ireland	23.18
2	Antoine	Farrell	Birchfield	24.32
3	Travis	Christie	Wolves & Bilston	24.87
4	Jack	Bower	Shrewsbury	25.04
5	James	Hoult	Halesowen	26.19

				Race 3	
1	Ben	Watt	Yate	24.09	
2	Elliott	Jones	Tamworth	25.02	
3	Jordan	Reader	Birchfield	25.17	
4	Artem	Usatenko	Peterborough	26.04	
				Race 4	
1	Devonte	Mulholland	Birchfield	23.89	
2	Matthew	Holt	Team Bath	25.64	
3	Samuel	Mason	Halesowen	25.84	
				Race 1	
U15 Girls 60mH					
1	Alicia	Barrett	Chesterfield	8.97	
2	Emma	Schaanning	Chesterfield	9.29	
3	Charlotte	Williams	WSEH	9.39	
4	Felicity	Bee	Stratford	9.67	
5	Abigail	Bowers	Oswestry	9.68	
6	Alice	Hopkins	Oxford	10.10	
7	Pippa	Reilly	North Somerset	10.86	
				Race 2	
1	Grace	Dempsey	Birchfield	9.93	
2	Stacie	Mulholland	Birchfield	10.19	
3	Emma	Peters	Corby	10.39	
4	Jessica	Doncaster	City of Norwich	10.43	
5	Georgia	Parris	Nuneaton	10.52	
6	Lauren	Brown	Cannock	10.76	
7	Brittany	Wood	Rugby & N'th	10.85	
U17 Women 60mH					
1	Mollie	Courtney	Cheltenham	9.21	
2	Rebecca	Davies	Marshall Milton Keynes	9.36	
3	Gabriella	Burton	City of Stoke	9.49	
4	Emily	Heappey	Amber Valley	9.64	
5	Rhianne	Allen	Wolves & Bilston	9.78	
U15 Boys 60mH					
1	Isaac Arthur	Moodie	Mansfield	9.77	
2	Ben	Clarke	Worcs	11.01	
3	Declan John	Walters	North Somerset	12.23	
4	Caleb	Mason	Halesowen	13.31	
U20/SW 60mH					
1	Kylie	Robilliard	Channel Isles	8.45	
2	Marilyn	Nwawulor	Harrow	8.51	
3	Kez	Ogden	Oswestry	9.25	U20
4	Emma	Douras	Wolves & Bilston	9.35	U20
5	Megan	Dixon	Wolves & Bilston	9.47	U20
6	Emily	Pascoe	Cheltenham	9.83	U20

U17 Men 60mH

1	Luke	Townsend	Rugby & N'th	8.40
2	Alex	Grant	Stratford	8.46
3	Ian	Moore	Cheltenham	9.01
4	Ryan	Sproston	City of Stoke	10.05

U20/SM60mH

1	James	Gladman	Warrington	7.81	U20
2	Curtis	Holmes	Birchfield	8.06	
3	Andy	Blow	Basingstoke	8.08	
4	Ashley	Johnson	Oxford	8.35	
5	Johnathon	Newell	Mansfield	10.05	

Open Race Walk 3000m

1	Jonathon	Hobbs	Ashford	14.50.69
2	Steve	Allen	Barnet	16.22.01
3	Jasmine	Nicholls	Leicester	16.41.33
4	Judy	Howard	Abingdon Amblers	18.08.74
5	Roz	McKenzie	Abingdon AAC	20.09.84

U15 Girls 200m

				Race 1
1	Bethany	Catchpowle	Solihull & SH	26.73
2	Mia	Tomlinson	Wolves & Bilston	27.14
3	Yvette	Westwood	Yate	27.21
4	Olivia	Woodward	Tamworth	27.59

Race 2

1	Ebony	Carr	Marshall Milton Keynes	26.99
2	Rebekah	Miller	Broms/Redd	27.56
3	Gemma	Stennett	Wolves & Bilston	27.87
4	Kasarn	Williams	Wolves & Bilston	28.95
5	Candy	Lockett	Broms/Redd	30.68

Race 3

1	Tia	Chandler	Wolves & Bilston	29.00
2	Hannah	Rundle	Solihull & SH	29.62
3	Onyedikachi	Anyanwu	Coventry G	29.88
4	Hannah	Young	Wigan	30.22

Race 4

1	Sophia	Martin	Corby	27.66
2	Danielle	Miles-Ranger	Wolves & Bilston	28.84
3	Pippa	Reilly	North Somerset	29.16
4	Chloe	Capponi	Dearneside	32.76

Race 5

1	Emma	Hamplett	Cannock & Stafford	28.16
2	Georgina	Ryding	Halesowen	30.16
3	Zoe	Chung	Radley	30.17
4	Holly	Bridgman	Radley	30.82

U15 Boys 200m				Race1
1	William	Kennedy	Team Bath	23.52
2	Jaskaran	Notta	Birchfield	24.82
3	Samuel	Hamilton	Halesowen	25.06
4	Jordan	Lloyd	Birchfield	25.40

				Race 2
1	Ashley	Sandall	Nene Valley	24.15
2	Christopher	Hewlett	Birchfield	25.74
3	Sam	Preston	Halesowen	26.17
4	George	Baskerville	Swindon	27.95

				Race 3
1	Alfie	Rowett	Banbury	25.56
2	James	O'Brien	Cannock & Stafford	28.06
3	K-Ryan	Hinds	Leicester	28.23
4	Oliver Andrew	Pascoe-Jones	Radley	30.49

U17 Women 300m				Race 1
1	Amy	Hillyard	Birchfield	40.30
2	Georgina	Rogers	Birchfield	41.68
3	Emily	Jenkinson	Southampton	42.31
4	Katie	White	Tonbridge	42.83
5	Harriet	Sawle	Cheltenham	43.54

				Race 2
1	Phoebe	White	Solihull & SH	42.40
2	Amy	Greenway	Radley	42.88
3	Bronte	Senior	Birchfield	46.16
4	Emily	Heapey	Amber Valley	46.20
5	Anna	Rooney	Wolves & Bilston	47.88

				Race 3
1	Grace	Adeyinka	Rugby & N'th	43.17
2	Louise	Ward	Cheltenham	44.72
3	Rosie	Marshall	Nene Valley	45.57
4	Jasmine	Oliver	Tamworth	48.97

U17 Men 400m				Race 1
1	Theo	Blundell	Birchfield	52.40
2	Simbarashe	Rwambiwa	Birchfield	53.30
3	Kaine	Walker	Nene Valley	53.68
4	Ashley	Sandall	Nene Valley	56.42
5	Toby	Melville	Nuneaton	56.90

				Race 2
1	Travis	Christie	Wolves & Bilston	56.50
2	Nathan	Udall	Coventry G	56.67
3	Artem	Usatenko	Peterborough	56.82
4	Sam	Smith	Peterborough	56.90

U20 Women 400m				Race 1
1	Jessie	Knight	Herne Hill	57.34
2	Jodie	Harrison	Wolves & Bilston	57.57
3	Hannah	Foward	Cheltenham	60.07
				Race 2
1	Stephanie	Williams	Herts Phoenix	60.26
2	Connie	McMillan	Banbury	61.96
3	Sarah	Stuart-Smith	Kidderminster	63.03
4	Katrina	Walker	BRAT	64.33
U20 Men 400m				Race 1
1	John	Lutwyche	BRAT	49.87
2	Matthew	Constable	Ipswich	50.06
3	Jamie	Robinson	Birchfield	50.69
4	Joe	Houston	Leamington	50.70
5	Kevin	Samuels	Wolves & Bilston	52.23
6	Aaron	Bandoo	Wolves & Bilston	53.28
				Race 2
1	Andrew	Scull	Cheltenham	52.36
2	Luke	Fleming	RSC	52.97
3	Johnathon	Davies	Solihull & SH	53.93
4	Shane	Tickell	Halesowen	55.63
5	Raphael	Lorgere	Not Listed	61.32
Senior Women 400m				Race 1
1	Nicola	Sanders	WSEH	52.48
2	Marilyn	Okoro	Shaftesbury	53.33
3	Laura	Langowski	Coventry G G	53.54
4	Emily	Diamond	Bristol & W & W	53.67
5	Tara	Bird	WGEL	54.98
				Race 2
1	Mica	Nottingham	Liverpool H	53.85
2	Shelayna	Oskan	WSEH	54.48
3	Laura	Maddox	Team Bath	56.04
4	Ciara	McCallion	Ireland	56.28
5	Emily	Bonnett	Yeovil Oly	57.34
				Race 3
1	Kate	Anderson	City of City of Stoke	59.28
2	Anna	Smithson	Oxford City AC	62.32
3	Lauren	Longhurst	Chelmsford AC	62.61
4	Caroline	Powell	Bristol & W	62.79
5	Wendy	Morant	Birchfield	104.02

Senior Men 400m

Race 1

1	James	Forman	Isle of Wight AC	46.74
2	Luke	Smallwood	Blackheath & B	46.98
3	Rory	Evans	Stockport H	48.19
4	Eoin	Mulhall	Crusaders AC	48.25
5	Paul	Judson	Notts AC	49.26
6	Dan	Putnam	Blackheath & B	49.70

Race 2

1	Nicholas	Pryce	Royal Sutton Coldfield	49.33
2	Nick	Kanonik	Blrchfield	49.84
3	Stewart	Marshall	Coventry G	49.87
4	Barry	Upton	Ireland	50.65
5	Peter	Whitehouse	Birchfield	53.43

Race 3

1	Chris	Kiely	Team Bath/Tonbridge	50.12
2	Jonathan	Elderfield	Basingstoke	50.40
3	Aaron	Mason	Thames Valley H	52.78
4	Steven	Callister	Trafford AC	52.93
5	Alex	Currie	Solihull & SH & SH	53.11

Race 4

1	Ben	Gregory	Cardiff/VOAAC	51.06
2	Glen	Pascal	Luton AC	51.54
3	Edward	Dawes	Telford AC	51.72
4	Matthew	Bayliss	BRAT	51.87
5	Sam	Hadley	Kidderminster/Stour	54.71

Race 5

1	Shane	Adams	Leeds University Union	52.80
2	James	Paramore	Leeds City	53.07
3	Jonathan	Newell	Mansfield HAC	54.28
4	Thomas	Owen	Leeds University Union	58.34
5	Jamie	Graham	Cannock & Stafford	61.97

Race 6

1	Callum	Mitchell	Leeds University Union	56.32
2	Christopher	Melbourne	Warwick Uni	56.41
3	Oluwaseun	Bamgboye	Coventry G G	57.02
4	Kevin	Pye	Charnwood AC	60.89

U20 WOMEN LONG JUMP

1	Sarah	Douras	Wolves & Bilston	4.98
2	Beth	Skinner	Exeter	4.80
3	Katrina	Walker	BRAT	4.29

U20 MEN LONG JUMP

1	Yesper	Adams	Cheltenham	6.11
2	Sam	Edwards	Banbury	5.77
3	Mark	Poniatowski	Birchfield	5.47

U17 Men Long Jump

1	Stuart	Street	Notts	6.45
2	Thomas	Harrington	Birchfield	6.38
3	Haydn	Francis	Birchfield	5.53
4	Ian	Moore	Cheltenham	5.52
5	Oliver	Ward	Birchfield	5.11
6	Ryan	Sproston	City of Stoke	4.74

U15 Boys High Jump

1	Tj	McClimont	Radley	1.35
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U15 Girls High Jump

1	Grace	Dempsey	Birchfield	1.58
2	Georgia	Parris	Nuneaton	1.45
3	Susannah	Fagan	Telford	1.40
4	Holly	Bridgman	Radley	1.30
5	Polly	Summerfield	Nene Valley	1.25

U17 Women High Jump

1	Hayley	Perrin	Radley	1.60
2	Taylor	Cleave	Exeter	1.45
3=	Sofia	Fereday	Wolves & Bilston	1.40
3=	Millie	Barker	Wolves & Bilston	1.40
5	Joanna	Smerdon	Yate	1.30

U17 Men High Jump

1	Jack	Hardy	Exeter	1.68
2	James	Ward	Exeter	1.45

Senior Women Pole Vault

1	Stephanie	Smith	Crawley	3.60
2	Rachael	Arnheim	Blackheath	3.60
3	Kate	Cowley	Hav M'brook	3.60
4	Anne	Rees	Stevenage	3.20
5	Kara	Gibbs	Bedford	3.10

Senior Men Pole Vault

1	Luke	Cutts	Dearnside	5.40
2	Max	Eaves	N&E Beagles	5.20
3	Matthew	Devereux	N&E Beagles	4.80
4	Sean	Power	Dearnside	4.00
5	Simon	Eastwood	Bedford	3.50

U20 Women Pole Vault

1	Hannah	Grubb	Team Bath	3.70
2	Paige	Collins	Chesterfield	3.00

U20 Men Pole Vault

1	Nicolas	Cole	Dearnside	4.70
2	Joe	Chesterman	Birchfield	4.40
3	Jake	Devereux	Bedford	4.20
4	Nathan	Pentin	Chesterfield	3.90
5	Christopher	Price	City of Sheffield	3.80
6	Sam	Frith	Bedford	3.20
7	Jordan	Spolding	Chesterfield	3.00

U17 Women Pole Vault

1	Caitlin	Baker	Dearnside	2.80
2	Vicky	Price	Sheffield	2.80

U17 Men Pole Vault

1	Adam	Hague	Dearnside	4.30
2	Ethan	Walsh	Charnwood	3.70
3	Mark	Popkov	Shaftesbury	3.40
4	Jack	Hollingworth	Dearnside	3.10
5	Marcus	Salt	Dearnside	3.00
6	Ryan	Sproston	City of Stoke	2.90

U15 Girls Pole Vault

1	Danni	Langdale	Telford	2.60
2	Ella	Barrett	Chesterfield	2.60

U15 Boys Pole Vault

1	Matthew	Miller	Dearnside	2.80
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U17 Women Long Jump

1	Simi	Fajemisin	Oxford	5.19
2	Hayley	Perrin	Radley	4.93
3	Millie	Barker	Wolves & Bilston	4.58
4	Joanne	Smerdon	Yate	4.22
5	Sofia	Fereday	Wolves & Bilston	4.17
6	Sophie	Kamlish	Bath Uni	3.35

U15G

Senior Women High Jump

1	Emma	Perkins	Worthing	1.85
2	Isobel	Pooley	Aldershot	1.80
3	Adele	Lassu	Sale	1.75
4	Chloe	Boulter	Cannock	1.70

U20 Men High Jump

1	Sam	Edwards	Banbury	1.80
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U20 Women High Jump

1	Emma	Douras	Wolves & Bilston	1.65
2	Nancy	Ndure	Telford	1.65
3	Reagan	Dee	Enfield	1.60

U17 Men High Jump

1	Cameron	Hollingshead	Birchfield	1.90
2	Aidan	Whiting	Oxford	1.50

U15 Boys High Jump

1	Jamie	Horne	Peterborough	1.65
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Senior Men High Jump

1	Robbie	Grabarz	Woodford	2.30
2	Barry	Pender	Ireland	2.10
3=	Tom	Gardner	East Grinstead	2.00
3=	Simon	Phelan	N&E Beagles	2.00
5	Romeo	Sithole	Charnwood	2.00
6	Mitchell	Simms	Tipton	1.95
7	Ashley	Barker	Cheltenham	1.85
8	Martin	Cherrington	Tipton	1.80
9	Andy	Reeves	Rugby	1.70

U20 Men High Jump

1	Mitchell	Field	WSEH	1.90
2	Nathan	Petch	Coventry	1.85
3	Russell	Waterson	WSEH	1.85
4	Tim	Buckle	St Albans	1.80

U17 Men High Jump

1	Luke	Quinn	WSEH	1.90
2	Hakim	Shepherd	Worcs	1.80

U15 Girls Shot

1	Sophie	Merritt	Southampton	11.73
2	Olivia	Woodward	Tamworth	9.94
3	Luisa	Chantler	Oxford	9.01
4	Alice	Hopkins	Oxford	8.29
5	Candy	Lockett	B&R	7.43
6	Brittany	Wood	Rugby	7.07
7	Felicity	Bee	Stratford	6.91
8	Hannah	Rundle	Solihull	5.64

U15 Boys Shot

1	Johnathon	Briggs	BRAT	10.61
2	Declan John	Walters	N'somerset	7.73