

## Senior Ladies 6 Stage - Stage 1 - Provisional results

Pos	Runner	Team	Leg time
1	Jane Potter	Charnwood AC [A]	29:58
2	Laura-jane Day	Notts AC [A]	31:10
3	Tessa Clarke	Wolverhampton ...[A]	31:37
4	Lisa Palmer	Heanor RC [A]	32:11
5	Claire Martin	Telford AC	32:18
6	Paula Richardson	Coventry Godiva Harr	32:22
7	Mandy Vernon	Trentham RC	32:48
8	Rachel Longstaff	Cheltenham & County	33:12
9	Katie Allen	Birchfield Har...[A]	33:17
10	Sarah Rose	Kenilworth Run...[A]	33:21
11	Michelle Willcocks	Sutton In Ashfield H	34:12
12	Gabrielle Moriaty	Rugby & Northampton	34:55
13	Lynne Hill	Tipton Harriers	34:56
14	Georgina Weston	Notts AC [B]	34:57
15	Kate McBrien	Royal Sutton Coldfie	35:21
16	Jane Bartholomew	Sparkhill Harriers	35:29
17	Naomi webber	Team Bath AC	35:39
18	Clare Jolliffe	Bristol & West...[A]	35:56
19	Linda Howell	Bournville Har...[A]	36:04
20	Michelle Rushton-Fox	Stafford Harriers	37:04
21	Amy Gamble	Stone Master Maratho	37:15
22	Carolyn Hay	Redhill Road R...[A]	37:35
23	Gina Granger	Holme Pierrepont RC	37:49
24	Sarah Baxby	Corby AC	37:59
25	Monica Green	Knowle & Dorri...[A]	38:04
26	Bonita Robinson	Hermitage Harr...[A]	38:29
27	Sarah McNaney	Northbrook AC [A]	38:32
28	Theresa Woolley	Centurion RC [A]	38:33
29	Clare Rowntree	Northbrook AC [B]	38:35
30	Louise Booker	Aldridge RC	38:52
31	Courtney Thornberry	Kenilworth Run...[B]	38:53
32	Amanda Steer	CLC Striders	38:54
33	Helen Jones	Mansfield Harriers	38:58
34	Anna Midgley	Gloucester AC	38:59
35	Debbie Sorby	Charnwood AC [B]	39:14
36	Thomasina Ball	Bromsgrove & R...[A]	39:30
37	Kathryn Morgans	Wolverhampton ...[B]	39:38
38	Emily Simmonds	Wolverhampton ...[C]	39:38
39	Emma Donnelly	Knowle & Dorri...[B]	40:22
40	Sally Spencer	Halesowen A&CC [A]	40:24
41	Val Carter	Birchfield Har...[B]	40:31
42	Victoria Doran	Telford Harriers [A]	40:41
43	Heather Fooks	Solihull & Small Hea	41:22
44	Eleri Lougher	Bournville Har...[B]	41:36
45	Julie Lambourne	Notts AC [C]	42:05
46	Karen Doy	Dudley Kingswi...[A]	42:11
47	Lisa Abbott	Sphinx AC	42:33
48	Kimberley Thomas	Birchfield Har...[C]	42:34
49	Jacqueline Elson-Whi	Dudley Kingswi...[B]	42:44
50	Louise Kemp	Centurion RC [B]	42:47
51	Joanne Stocks	Redhill Road R...[B]	43:48
52	Anna Cosimetti	Halesowen A&CC [B]	46:08
53	Sarah-nicole Brookma	Heanor RC [B]	46:15
54	Philomena Williamson	Bournville Har...[C]	47:27
55	Teresa Bradshaw	Hermitage Harr...[B]	49:48
56	Gail Bates	Kenilworth Run...[C]	53:56
57	Elysia Gapper	Telford Harriers [B]	54:19

## Senior Ladies 6 Stage - Stage 2 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain				
1	Sophie Colldwell	Charnwood AC [A]	18:42	48:40 + 0	Fastest stage runners			
2	Lori Marshall	Notts AC [A]	19:06	50:16 + 0				
3	Danielle Rowlinson	Wolverhampton ...[A]	18:54	50:31 + 0	1	Charlotte Green	Bristol & West...[A]	17:55
4	Sarah MacKness	Telford AC	18:38	50:56 + 1	2	Bryony Haines	Birchfield Har...[A]	18:15
5	Bryony Haines	Birchfield Har...[A]	18:15	51:32 + 4	3	Sarah MacKness	Telford AC	18:38
6	Charlotte Green	Bristol & West...[A]	17:55	53:51 +12	4	Sophie Colldwell	Charnwood AC [A]	18:42
7	Claire Watson	Sutton In Ashfield H	20:35	54:47 + 4	5	Danielle Rowlinson	Wolverhampton ...[A]	18:54
8	Louise Andrews	Kenilworth Run...[A]	21:37	54:58 + 2	6	Lori Marshall	Notts AC [A]	19:06
9	Josephine Wilkie	Cheltenham & County	21:48	55:00 - 1	7	Claire Watson	Sutton In Ashfield H	20:35
10	Kerry Dixon	Trentham RC	22:20	55:08 - 3	8	Tamara Freeman	Bromsgrove & R...[A]	21:14
11	Zarinda Batstone	Coventry Godiva Harr	23:17	55:39 - 5	9	Anne-laure Larrivier	Notts AC [B]	21:31
12	Anne-laure Larrivier	Notts AC [B]	21:31	56:28 + 2	10	Suzanne Harding	Gloucester AC	21:36
13	Susannah Davies	Tipton Harriers	22:04	57:00 + 0	11	Louise Andrews	Kenilworth Run...[A]	21:37
14	Isabelle Morledge	Heanor RC [A]	25:09	57:20 -10	12	Josephine Wilkie	Cheltenham & County	21:48
15	Katie Ingle	Royal Sutton Coldfie	22:39	58:00 + 0	13	Mia Weston	Hermitage Harr...[A]	21:52
16	Monica Baptista	Bournville Har...[A]	23:09	59:13 + 3	14	Beverley Armstrong	Mansfield Harriers	22:00
17	Anna Hollingworth	Stone Master Maratho	22:36	59:51 + 4	15	Susannah Davies	Tipton Harriers	22:04
18	Sarah Strange	Team Bath AC	24:23	1:00:02 - 1	16	Nicola Tautscher	Bournville Har...[B]	22:06
19	Sophie King	Redhill Road R...[A]	22:32	1:00:07 + 3	17	Rachel Gibson	Wolverhampton ...[B]	22:15
20	Mia Weston	Hermitage Harr...[A]	21:52	1:00:21 + 6	18	Kerry Dixon	Trentham RC	22:20
21	Emma Cupitt	Holme Pierrepont RC	22:44	1:00:33 + 2	19	Louise Richmond	Charnwood AC [B]	22:28
22	Suzanne Harding	Gloucester AC	21:36	1:00:35 +12	20	Sophie King	Redhill Road R...[A]	22:32
23	Hayley Veasey	Corby AC	22:37	1:00:36 + 1	21	Anna Hollingworth	Stone Master Maratho	22:36
24	Tamara Freeman	Bromsgrove & R...[A]	21:14	1:00:44 +12	22	Hayley Veasey	Corby AC	22:37
25	Beverley Armstrong	Mansfield Harriers	22:00	1:00:58 + 8	23	Katie Ingle	Royal Sutton Coldfie	22:39
26	Christine Skellern	Stafford Harriers	24:13	1:01:17 - 6	24	Emma Cupitt	Holme Pierrepont RC	22:44
27	Jennifer Price	Sparkhill Harriers	26:06	1:01:35 -11	25	Sara Habib	Kenilworth Run...[B]	23:02
28	Louise Richmond	Charnwood AC [B]	22:28	1:01:42 + 7	26	Monica Baptista	Bournville Har...[A]	23:09
29	Rachel Gibson	Wolverhampton ...[B]	22:15	1:01:53 + 8	27	Zarinda Batstone	Coventry Godiva Harr	23:17
30	Sara Habib	Kenilworth Run...[B]	23:02	1:01:55 + 1	28	Becky Reynolds	CLC Striders	23:52
31	Tilly Lea	Rugby & Northampton	27:05	1:02:00 -19	29	Jane Hunt	Knowle & Dorri...[A]	24:10
32	Jane Hunt	Knowle & Dorri...[A]	24:10	1:02:14 - 7	30	Denise Fitzgerald	Centurion RC [A]	24:11
33	Denise Fitzgerald	Centurion RC [A]	24:11	1:02:44 - 5	31	Christine Skellern	Stafford Harriers	24:13
34	Becky Reynolds	CLC Striders	23:52	1:02:46 - 2	32	Sarah Strange	Team Bath AC	24:23
35	Nicola Tautscher	Bournville Har...[B]	22:06	1:03:42 + 9	33	Rachel Aston	Knowle & Dorri...[B]	24:34
36	Amy Leaver	Wolverhampton ...[C]	25:16	1:04:54 + 2	34	Marion Peak	Birchfield Har...[B]	24:39
37	Rachel Aston	Knowle & Dorri...[B]	24:34	1:04:56 + 2	35	Rebecca Warren	Dudley Kingswi...[A]	24:39
38	Sue Crinnian	Halesowen A&CC [A]	24:41	1:05:05 + 2	36	Sue Crinnian	Halesowen A&CC [A]	24:41
39	Marion Peak	Birchfield Har...[B]	24:39	1:05:10 + 2	37	Caroline Lambert	Halesowen A&CC [B]	25:02
40	Nicola Atkins	Telford Harriers [A]	25:07	1:05:48 + 2	38	Nicola Atkins	Telford Harriers [A]	25:07
41	Livia Thimmig M Muna	Solihull & Small Hea	25:15	1:06:37 + 2	39	Isabelle Morledge	Heanor RC [A]	25:09
42	Lizi Chambers	Aldridge RC	27:53	1:06:45 -12	40	Emma Perkins	Notts AC [C]	25:09
43	Rebecca Warren	Dudley Kingswi...[A]	24:39	1:06:50 + 3	41	Livia Thimmig M Muna	Solihull & Small Hea	25:15
44	Emma Perkins	Notts AC [C]	25:09	1:07:14 + 1	42	Amy Leaver	Wolverhampton ...[C]	25:16
45	Sally McConville	Dudley Kingswi...[B]	26:10	1:08:54 + 4	43	Jennifer Price	Sparkhill Harriers	26:06
46	Karon Jones	Birchfield Har...[C]	26:56	1:09:30 + 2	44	Sally McConville	Dudley Kingswi...[B]	26:10
47	Lucy McCann	Centurion RC [B]	27:08	1:09:55 + 3	45	Karon Jones	Birchfield Har...[C]	26:56
48	Caroline Lambert	Halesowen A&CC [B]	25:02	1:11:10 + 4	46	Tilly Lea	Rugby & Northampton	27:05
49	Stephanie Laythorpe	Northbrook AC [A]	33:44	1:12:16 -22	47	Lucy McCann	Centurion RC [B]	27:08
50	Tamzin Yates	Redhill Road R...[B]	28:59	1:12:47 + 1	48	Lizi Chambers	Aldridge RC	27:53
51	Sangeeta Redgrave	Northbrook AC [B]	34:18	1:12:53 -22	49	Pauline Dable	Kenilworth Run...[C]	28:17
52	Fiona Quinn	Sphinx AC	30:30	1:13:03 - 5	50	Lesley Pymm	Bournville Har...[C]	28:58
53	Karen O'Hanlon	Heanor RC [B]	29:21	1:15:36 + 0	51	Tamzin Yates	Redhill Road R...[B]	28:59
54	Lesley Pymm	Bournville Har...[C]	28:58	1:16:25 + 0	52	Karen O'Hanlon	Heanor RC [B]	29:21
55	Lisa Emery	Hermitage Harr...[B]	31:04	1:20:52 + 0	53	Fiona Quinn	Sphinx AC	30:30
56	Pauline Dable	Kenilworth Run...[C]	28:17	1:22:13 + 0	54	Lisa Emery	Hermitage Harr...[B]	31:04
57	Jennifer Robinson	Telford Harriers [B]	35:03	1:29:22 + 0	55	Stephanie Laythorpe	Northbrook AC [A]	33:44
					56	Sangeeta Redgrave	Northbrook AC [B]	34:18

## Senior Ladies 6 Stage - Stage 3 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain			
1	Magda Locker	Charnwood AC [A]	33:47	1:22:27 + 0	Fastest stage runners		
2	Ellie Stevens	Birchfield Har...[A]	32:46	1:24:18 + 3			
3	Lisa Deacon	Notts AC [A]	34:59	1:25:15 - 1	1	Ellie Stevens	Birchfield Har...[A]
4	Michelle Clarke	Telford AC	34:29	1:25:25 + 0	2	Magda Locker	Charnwood AC [A]
5	Alex Binley	Wolverhampton ...[A]	35:54	1:26:25 - 2	3	Deborah Thomas	Trentham RC
6	Deborah Thomas	Trentham RC	34:24	1:29:32 + 4	4	Michelle Clarke	Telford AC
7	Laura Fuller	Kenilworth Run...[A]	35:08	1:30:06 + 1	5	Rebecca Pierce	Team Bath AC
8	Alexa Parker	Bristol & West...[A]	36:33	1:30:24 - 2	6	Megan McBrien	Royal Sutton Coldfie
9	Victoria Wilkinson	Cheltenham & County	35:51	1:30:51 + 0	7	Lisa Deacon	Notts AC [A]
10	Mandy Carmicon	Sutton In Ashfield H	36:56	1:31:43 - 3	8	Laura Fuller	Kenilworth Run...[A]
11	Catherine Charlton	Notts AC [B]	36:13	1:32:41 + 1	9	Victoria Wilkinson	Cheltenham & County
12	Megan McBrien	Royal Sutton Coldfie	34:49	1:32:49 + 3	10	Alex Binley	Wolverhampton ...[A]
13	Myshola Kirkham	Coventry Godiva Harr	37:19	1:32:58 - 2	11	Catherine Charlton	Notts AC [B]
14	Katie Dolan	Tipton Harriers	36:33	1:33:33 - 1	12	Alexa Parker	Bristol & West...[A]
15	Rebecca Pierce	Team Bath AC	34:48	1:34:50 + 3	13	Katie Dolan	Tipton Harriers
16	Jill Burke	Heanor RC [A]	37:35	1:34:55 - 2	14	Mandy Carmicon	Sutton In Ashfield H
17	Louise Mason	Hermitage Harr...[A]	37:09	1:37:30 + 3	15	Louise Mason	Hermitage Harr...[A]
18	Laura Gale	Bournville Har...[A]	38:40	1:37:53 - 2	16	Myshola Kirkham	Coventry Godiva Harr
19	Angela Mensing	Stone Master Maratho	38:53	1:38:44 - 2	17	Cara Percival	Wolverhampton ...[B]
20	Cara Percival	Wolverhampton ...[B]	37:32	1:39:25 + 9	18	Jill Burke	Heanor RC [A]
21	Kerrie Allen	Mansfield Harriers	39:24	1:40:22 + 4	19	Helen Beecham	Aldridge RC
22	Barbra Stevens	Redhill Road R...[A]	40:16	1:40:23 - 3	20	Karlien Heyrman	CLC Striders
23	Esther Illman	Kenilworth Run...[B]	38:31	1:40:26 + 7	21	Rebecca Freeman	Solihull & Small Hea
24	Karlien Heyrman	CLC Striders	37:49	1:40:35 +10	22	Esther Illman	Kenilworth Run...[B]
25	Lorna Latimer	Rugby & Northampton	38:50	1:40:50 + 6	23	Laura Gale	Bournville Har...[A]
26	Janet Atkinson	Holme Pierrepont RC	40:40	1:41:13 - 5	24	Lorna Latimer	Rugby & Northampton
27	Claire Goodall	Corby AC	40:46	1:41:22 - 4	25	Angela Mensing	Stone Master Maratho
28	Kate Burford	Gloucester AC	41:06	1:41:41 - 6	26	Kerrie Allen	Mansfield Harriers
29	Ruth Gameson	Bromsgrove & R...[A]	41:04	1:41:48 - 5	27	Amy Burdis	Northbrook AC [A]
30	Natalie Godfrey	Stafford Harriers	41:08	1:42:25 - 4	28	Barbra Stevens	Redhill Road R...[A]
31	Clare Bovill	Sparkhill Harriers	41:38	1:43:13 - 4	29	Janet Atkinson	Holme Pierrepont RC
32	Helen Beecham	Aldridge RC	37:44	1:44:29 +10	30	Claire Goodall	Corby AC
33	Rebecca Freeman	Solihull & Small Hea	37:52	1:44:29 + 8	31	Clare Nightingale	Birchfield Har...[B]
34	Kathy Bailey	Knowle & Dorri...[A]	42:30	1:44:44 - 2	32	Ruth Gameson	Bromsgrove & R...[A]
35	Jeanette Robathan	Centurion RC [A]	42:03	1:44:47 - 2	33	Kate Burford	Gloucester AC
36	Nicola Morris	Bournville Har...[B]	42:05	1:45:47 - 1	34	Natalie Godfrey	Stafford Harriers
37	Clare Nightingale	Birchfield Har...[B]	40:55	1:46:05 + 2	35	Laura Duggins	Sphinx AC
38	Julie Dale	Halesowen A&CC [A]	41:17	1:46:22 + 0	36	Julie Dale	Halesowen A&CC [A]
39	Felicity Sharp	Knowle & Dorri...[B]	42:28	1:47:24 - 2	37	Clare Bovill	Sparkhill Harriers
40	Rae Moorhouse	Wolverhampton ...[C]	43:22	1:48:16 - 4	38	Charlotte Pollard	Hermitage Harr...[B]
41	Laura Boulby	Notts AC [C]	43:08	1:50:22 + 3	39	Claudia Combelas	Northbrook AC [B]
42	Carol Fisher	Dudley Kingswi...[A]	43:47	1:50:37 + 1	40	Jeanette Robathan	Centurion RC [A]
43	Cristina O'Brian	Telford Harriers [A]	45:36	1:51:24 - 3	41	Nicola Morris	Bournville Har...[B]
44	Amy Burdis	Northbrook AC [A]	39:37	1:51:53 + 5	42	Felicity Sharp	Knowle & Dorri...[B]
45	Sarah Cox	Dudley Kingswi...[B]	44:58	1:53:52 + 0	43	Kathy Bailey	Knowle & Dorri...[A]
46	Laura Duggins	Sphinx AC	41:15	1:54:18 + 6	44	Laura Boulby	Notts AC [C]
47	Claudia Combelas	Northbrook AC [B]	41:52	1:54:45 + 4	45	Rae Moorhouse	Wolverhampton ...[C]
48	Sarah Capewell	Birchfield Har...[C]	47:04	1:56:34 - 2	46	Carol Fisher	Dudley Kingswi...[A]
49	Stephanie Adams	Halesowen A&CC [B]	46:58	1:58:08 - 1	47	Sarah Cox	Dudley Kingswi...[B]
50	Ursula Scott	Centurion RC [B]	51:41	2:01:36 - 3	48	Cristina O'Brian	Telford Harriers [A]
51	Hayley Purdy	Redhill Road R...[B]	49:17	2:02:04 - 1	49	Stephanie Adams	Halesowen A&CC [B]
52	Charlotte Pollard	Hermitage Harr...[B]	41:51	2:02:43 + 3	50	Sarah Capewell	Birchfield Har...[C]
53	Nikki Dunbar	Heanor RC [B]	53:19	2:08:55 + 0	51	Hayley Purdy	Redhill Road R...[B]
54	Lesley Morris	Telford Harriers [B]	51:47	2:21:09 + 3	52	Ursula Scott	Centurion RC [B]
					53	Lesley Morris	Telford Harriers [B]
					54	Nikki Dunbar	Heanor RC [B]

## Senior Ladies 6 Stage - Stage 4 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain			
1	Elsie Butler	Charnwood AC [A]	19:36	1:42:03 + 0	Fastest stage runners		
2	Sarah Conway	Birchfield Har...[A]	20:28	1:44:46 + 0			
3	Hannah Robinson	Notts AC [A]	20:23	1:45:38 + 0	1	Emily Waugh	Rugby & Northampton
4	Lucie Tait-Harris	Telford AC	20:31	1:45:56 + 0	2	Elsie Butler	Charnwood AC [A]
5	Isher Mander	Wolverhampton ...[A]	20:04	1:46:29 + 0	3	Isher Mander	Wolverhampton ...[A]
6	Rachel Siggers	Kenilworth Run...[A]	21:21	1:51:27 + 1	4	Hannah Robinson	Notts AC [A]
7	Emma Jolliffe	Bristol & West...[A]	22:00	1:52:24 + 1	5	Sarah Conway	Birchfield Har...[A]
8	Natatia Williams	Notts AC [B]	20:40	1:53:21 + 3	6	Lucie Tait-Harris	Telford AC
9	Rosemary Wilson	Trentham RC	23:52	1:53:24 - 3	7	Natatia Williams	Notts AC [B]
10	Alison Whittingham	Sutton In Ashfield H	22:10	1:53:53 + 0	8	Rachel Vines	CLC Striders
11	Lucy Dowsett	Coventry Godiva Harr	21:01	1:53:59 + 2	9	Pippa Steele	Stone Master Maratho
12	Susan Mair	Cheltenham & County	23:40	1:54:31 - 3	10	Lucy Dowsett	Coventry Godiva Harr
13	Daniela Sedgley	Tipton Harriers	22:26	1:55:59 + 1	11	Rachel Siggers	Kenilworth Run...[A]
14	Anna Shipley	Heanor RC [A]	22:43	1:57:38 + 2	12	Sharon McGarry	Solihull & Small Hea
15	Rachel Thebridge	Royal Sutton Coldfie	24:54	1:57:43 - 3	13	Emma Jolliffe	Bristol & West...[A]
16	Pippa Steele	Stone Master Maratho	20:54	1:59:38 + 3	14	Alison Whittingham	Sutton In Ashfield H
17	Emily Waugh	Rugby & Northampton	18:50	1:59:40 + 8	15	Grace Vido	Gloucester AC
18	Lesley Wilkins	Hermitage Harr...[A]	23:43	2:01:13 - 1	16	Melanie Hepke	Bromsgrove & R...[A]
19	Charlotte Hall	Bournville Har...[A]	23:28	2:01:21 - 1	17	Sarah Smith	Halesowen A&CC [A]
20	Rachel Vines	CLC Striders	20:46	2:01:21 + 4	18	Daniela Sedgley	Tipton Harriers
21	Claire Riou	Team Bath AC	26:33	2:01:23 - 6	19	Anna Shipley	Heanor RC [A]
22	Hayley Richards	Wolverhampton ...[B]	22:43	2:02:08 - 2	20	Hayley Richards	Wolverhampton ...[B]
23	Sheela Hobden	Kenilworth Run...[B]	23:13	2:03:39 + 0	21	Sheela Hobden	Kenilworth Run...[B]
24	Grace Vido	Gloucester AC	22:14	2:03:55 + 4	22	Kate Jones	Northbrook AC [A]
25	Melanie Hepke	Bromsgrove & R...[A]	22:22	2:04:10 + 4	23	Charlotte Hall	Bournville Har...[A]
26	Laura Merryweather	Redhill Road R...[A]	24:16	2:04:39 - 4	24	Margaret Mulholland	Corby AC
27	Margaret Mulholland	Corby AC	23:37	2:04:59 + 0	25	Susan Mair	Cheltenham & County
28	Jackie Welburn	Holme Pierrepont RC	24:38	2:05:51 - 2	26	Lesley Wilkins	Hermitage Harr...[A]
29	Maddy Collinge	Mansfield Harriers	25:35	2:05:57 - 8	27	Rosemary Wilson	Trentham RC
30	Sharon McGarry	Solihull & Small Hea	21:39	2:06:08 + 3	28	Laura Merryweather	Redhill Road R...[A]
31	Melonie Deakin	Stafford Harriers	24:53	2:07:18 - 1	29	Louise Woolley	Redhill Road R...[B]
32	Sophie Arnold	Sparkhill Harriers	25:16	2:08:29 - 1	30	Jackie Welburn	Holme Pierrepont RC
33	Sarah Smith	Halesowen A&CC [A]	22:25	2:08:47 + 5	31	Alison Fergusson	Centurion RC [A]
34	Alison Fergusson	Centurion RC [A]	24:46	2:09:33 + 1	32	Melonie Deakin	Stafford Harriers
35	Samantha Watters	Birchfield Har...[B]	25:32	2:11:37 + 2	33	Rachel Thebridge	Royal Sutton Coldfie
36	Lorna Davies	Knowle & Dorri...[A]	27:23	2:12:07 - 2	34	Sophie Arnold	Sparkhill Harriers
37	Sharon Newman	Bournville Har...[B]	26:23	2:12:10 - 1	35	Samantha Watters	Birchfield Har...[B]
38	Abigail Wright	Aldridge RC	29:56	2:14:25 - 6	36	Maddy Collinge	Mansfield Harriers
39	Tina Smith	Wolverhampton ...[C]	26:53	2:15:09 + 1	37	Wendy Kane	Notts AC [C]
40	Kate Jones	Northbrook AC [A]	23:21	2:15:14 + 4	38	Victoria Bishop	Halesowen A&CC [B]
41	Wendy Kane	Notts AC [C]	25:45	2:16:07 + 0	39	Sharon Newman	Bournville Har...[B]
42	Sally Ann Anderson	Knowle & Dorri...[B]	29:06	2:16:30 - 3	40	Claire Riou	Team Bath AC
43	Liz Hettle	Dudley Kingswi...[A]	27:13	2:17:50 - 1	41	Tina Smith	Wolverhampton ...[C]
44	Helen King	Sphinx AC	28:27	2:22:45 + 2	42	Liz Hettle	Dudley Kingswi...[A]
45	Sonia Edmonds	Telford Harriers [A]	31:34	2:22:58 - 2	43	Lorna Davies	Knowle & Dorri...[A]
46	Victoria Bishop	Halesowen A&CC [B]	26:07	2:24:15 + 3	44	Mary Ross	Birchfield Har...[C]
47	Mary Ross	Birchfield Har...[C]	27:53	2:24:27 + 1	45	Emma Hodges	Telford Harriers [B]
48	Helen Hodge	Northbrook AC [B]	30:31	2:25:16 - 1	46	Helen King	Sphinx AC
49	Louise Woolley	Redhill Road R...[B]	24:29	2:26:33 + 2	47	Sally Ann Anderson	Knowle & Dorri...[B]
50	Leah Robbins	Dudley Kingswi...[B]	36:05	2:29:57 - 5	48	Abigail Wright	Aldridge RC
51	Kimberley Messam	Hermitage Harr...[B]	30:55	2:33:38 + 1	49	Helen Hodge	Northbrook AC [B]
52	Kirsty Hessey	Heanor RC [B]	31:39	2:40:34 + 1	50	Kimberley Messam	Hermitage Harr...[B]
53	Emma Hodges	Telford Harriers [B]	28:21	2:49:30 + 1	51	Sonia Edmonds	Telford Harriers [A]
					52	Kirsty Hessey	Heanor RC [B]
					53	Leah Robbins	Dudley Kingswi...[B]

## Senior Ladies 6 Stage - Stage 5 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain				
1	Hannah Cox	Charnwood AC [A]	20:33	2:02:36 + 0	Fastest stage runners			
2	Fian Sweeney	Birchfield Har...[A]	18:34	2:03:20 + 0				
3	Joanne Finch	Notts AC [A]	20:15	2:05:53 + 0	1	Fian Sweeney	Birchfield Har...[A]	18:34
4	Rachel Coupe	Telford AC	20:54	2:06:50 + 0	2	Elizabeth Blake	Sparkhill Harriers	19:50
5	Audrey Wilson	Wolverhampton ...[A]	20:39	2:07:08 + 0	3	Joanne Finch	Notts AC [A]	20:15
6	Suzu Lovett	Kenilworth Run...[A]	21:48	2:13:15 + 0	4	Ann-marie Smith	Coventry Godiva Harr	20:24
7	Florence Emond	Bristol & West...[A]	21:07	2:13:31 + 0	5	Hannah Cox	Charnwood AC [A]	20:33
8	Ann-marie Smith	Coventry Godiva Harr	20:24	2:14:23 + 3	6	Audrey Wilson	Wolverhampton ...[A]	20:39
9	Kirsty Bradshaw	Notts AC [B]	23:27	2:16:48 - 1	7	Rachel Coupe	Telford AC	20:54
10	Jacqueline Kind	Sutton In Ashfield H	23:35	2:17:28 + 0	8	Florence Emond	Bristol & West...[A]	21:07
11	Samantha Anderson	Cheltenham & County	23:00	2:17:31 + 1	9	Suzu Lovett	Kenilworth Run...[A]	21:48
12	Lauren Gallagher	Trentham RC	24:38	2:18:02 - 3	10	Wendy Read	Halesowen A&CC [A]	21:58
13	Rita Fisher	Heanor RC [A]	26:17	2:23:55 + 1	11	Anya Galletta	Corby AC	22:09
14	Minerva Chesser	Rugby & Northampton	24:27	2:24:07 + 3	12	Claire Hayes Gill	Holme Pierrepont RC	22:42
15	Sian Reynolds	Tipton Harriers	28:20	2:24:19 - 2	13	Catherine Fenn	Northbrook AC [A]	22:42
16	Rhian Littlewood	Bournville Har...[A]	23:25	2:24:46 + 3	14	Kirsty Reid	Gloucester AC	22:58
17	Hannah Wheeler	Hermitage Harr...[A]	23:40	2:24:53 + 1	15	Samantha Anderson	Cheltenham & County	23:00
18	Abby Gracie	Royal Sutton Coldfie	27:29	2:25:12 - 3	16	Nicola Hubbard	Redhill Road R...[A]	23:11
19	Louise Jeffries	Team Bath AC	23:57	2:25:20 + 2	17	Rhian Littlewood	Bournville Har...[A]	23:25
20	Kirsty Reid	Gloucester AC	22:58	2:26:53 + 4	18	Kirsty Bradshaw	Notts AC [B]	23:27
21	Anya Galletta	Corby AC	22:09	2:27:08 + 6	19	Jacqueline Kind	Sutton In Ashfield H	23:35
22	Hazel Smallman	Wolverhampton ...[B]	25:28	2:27:36 + 0	20	Hannah Wheeler	Hermitage Harr...[A]	23:40
23	Nicola Hubbard	Redhill Road R...[A]	23:11	2:27:50 + 3	21	Lisa Yeomans	Telford Harriers [A]	23:46
24	Elizabeth Blake	Sparkhill Harriers	19:50	2:28:19 + 8	22	Julia Gilbride	Solihull & Small Hea	23:50
25	Claire Hayes Gill	Holme Pierrepont RC	22:42	2:28:33 + 3	23	Louise Jeffries	Team Bath AC	23:57
26	Alison Pickup	Bromsgrove & R...[A]	24:28	2:28:38 - 1	24	Amanda Hardy	Mansfield Harriers	24:09
27	Amanda Bond	Stone Master Maratho	29:03	2:28:41 -11	25	Janine Thomas	Centurion RC [A]	24:11
28	Claire Dyer	Kenilworth Run...[B]	25:05	2:28:44 - 5	26	Minerva Chesser	Rugby & Northampton	24:27
29	Julia Gilbride	Solihull & Small Hea	23:50	2:29:58 + 1	27	Alison Pickup	Bromsgrove & R...[A]	24:28
30	Amanda Hardy	Mansfield Harriers	24:09	2:30:06 - 1	28	Lauren Gallagher	Trentham RC	24:38
31	Wendy Read	Halesowen A&CC [A]	21:58	2:30:45 + 2	29	Julie Rogers	Birchfield Har...[B]	24:42
32	Amanda Pill	CLC Striders	30:41	2:32:02 -12	30	Julie Allen	Dudley Kingswi...[A]	25:01
33	Janine Thomas	Centurion RC [A]	24:11	2:33:44 + 1	31	Claire Dyer	Kenilworth Run...[B]	25:05
34	Tracy Ridings	Stafford Harriers	26:42	2:34:00 - 3	32	Anna Davies	Aldridge RC	25:19
35	Julie Rogers	Birchfield Har...[B]	24:42	2:36:19 + 0	33	Hazel Smallman	Wolverhampton ...[B]	25:28
36	Catherine Fenn	Northbrook AC [A]	22:42	2:37:56 + 4	34	Helen Attwood	Halesowen A&CC [B]	25:45
37	Anna Davies	Aldridge RC	25:19	2:39:44 + 1	35	Donna Davenport	Notts AC [C]	25:58
38	Emma Hopkins	Bournville Har...[B]	28:19	2:40:29 - 1	36	Rita Fisher	Heanor RC [A]	26:17
39	Donna Davenport	Notts AC [C]	25:58	2:42:05 + 2	37	Tracy Ridings	Stafford Harriers	26:42
40	Julie Allen	Dudley Kingswi...[A]	25:01	2:42:51 + 3	38	Abby Gracie	Royal Sutton Coldfie	27:29
41	Rebecca Moorhouse	Wolverhampton ...[C]	28:25	2:43:34 - 2	39	Emma Hopkins	Bournville Har...[B]	28:19
42	Caroline Edwards	Knowle & Dorri...[A]	31:38	2:43:45 - 6	40	Sian Reynolds	Tipton Harriers	28:20
43	Louise Taylor	Knowle & Dorri...[B]	29:37	2:46:07 - 1	41	Rebecca Moorhouse	Wolverhampton ...[C]	28:25
44	Lisa Yeomans	Telford Harriers [A]	23:46	2:46:44 + 1	42	Olivia Perez	Birchfield Har...[C]	28:27
45	Helen Attwood	Halesowen A&CC [B]	25:45	2:50:00 + 1	43	Amanda Bond	Stone Master Maratho	29:03
46	Vicky O'Brien	Sphinx AC	29:46	2:52:31 - 2	44	Lisa J Newell	Dudley Kingswi...[B]	29:03
47	Olivia Perez	Birchfield Har...[C]	28:27	2:52:54 + 0	45	Louise Taylor	Knowle & Dorri...[B]	29:37
48	Valerie Walker	Redhill Road R...[B]	30:36	2:57:09 + 1	46	Vicky O'Brien	Sphinx AC	29:46
49	Lisa J Newell	Dudley Kingswi...[B]	29:03	2:59:00 + 1	47	Valerie Walker	Redhill Road R...[B]	30:36
50	Deborah Clarke	Hermitage Harr...[B]	32:21	3:05:59 + 1	48	Amanda Pill	CLC Striders	30:41
51	Kate Tuck	Heanor RC [B]	36:38	3:17:12 + 1	49	Tina Brasenell	Telford Harriers [B]	30:45
52	Tina Brasenell	Telford Harriers [B]	30:45	3:20:15 + 1	50	Caroline Edwards	Knowle & Dorri...[A]	31:38
					51	Deborah Clarke	Hermitage Harr...[B]	32:21
					52	Kate Tuck	Heanor RC [B]	36:38

## Senior Ladies 6 Stage - Stage 6 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain				
1	Hollie Smith	Charnwood AC [A]	20:48	2:23:24 + 0	Fastest stage runners			
2	Elizabeth Watters	Birchfield Har...[A]	21:20	2:24:40 + 0				
3	Nicki Ottley DeLa Sa	Notts AC [A]	18:51	2:24:44 + 0	1	Nicki Ottley DeLa Sa	Notts AC [A]	18:51
4	Amelia Reynolds	Telford AC	20:15	2:27:05 + 0	2	MeI Price	Kenilworth Run...[A]	19:52
5	Isobel Cotham	Wolverhampton ...[A]	21:31	2:28:39 + 0	3	Amelia Reynolds	Telford AC	20:15
6	MeI Price	Kenilworth Run...[A]	19:52	2:33:07 + 0	4	Phoebe Dodd	Halesowen A&CC [A]	20:19
7	Mistianne Feeney	Coventry Godiva Harr	21:15	2:35:38 + 1	5	Angela Copson	Rugby & Northampton	20:42
8	Francesca Meakin	Sutton In Ashfield H	21:22	2:38:50 + 2	6	Hollie Smith	Charnwood AC [A]	20:48
9	Lisa Dickinson	Notts AC [B]	23:50	2:40:38 + 0	7	Mistianne Feeney	Coventry Godiva Harr	21:15
10	Samantha Pickering	Cheltenham & County	24:48	2:42:19 + 1	8	Elizabeth Watters	Birchfield Har...[A]	21:20
11	Angela Copson	Rugby & Northampton	20:42	2:44:49 + 3	9	Francesca Meakin	Sutton In Ashfield H	21:22
12	Rose Leivers	Heanor RC [A]	23:35	2:47:30 + 1	10	Isobel Cotham	Wolverhampton ...[A]	21:31
13	Zoe Sewter	Hermitage Harr...[A]	23:06	2:47:59 + 4	11	Ann Gould	Holme Pierrepont RC	21:41
14	Joanne Acha	Tipton Harriers	23:46	2:48:05 + 1	12	Lisa Bennett	Team Bath AC	22:46
15	Lisa Bennett	Team Bath AC	22:46	2:48:06 + 4	13	Charlotte Saunders	Notts AC [C]	23:01
16	Elzbieta Lepa	Bournville Har...[A]	24:12	2:48:58 + 0	14	Zoe Sewter	Hermitage Harr...[A]	23:06
17	Emily Smith	Trentham RC	31:46	2:49:48 - 5	15	Jude Glynn	Bournville Har...[B]	23:19
18	Ann Gould	Holme Pierrepont RC	21:41	2:50:14 + 7	16	Sally Eason	Northbrook AC [A]	23:34
19	Nicola Hovey	Gloucester AC	23:37	2:50:30 + 1	17	Rose Leivers	Heanor RC [A]	23:35
20	Phoebe Dodd	Halesowen A&CC [A]	20:19	2:51:04 +11	18	Nicola Hovey	Gloucester AC	23:37
21	Natalie Wilson	Redhill Road R...[A]	23:49	2:51:39 + 2	19	Lisa Ashton	Stone Master Maratho	23:45
22	Lisa Ashton	Stone Master Maratho	23:45	2:52:26 + 5	20	Joanne Acha	Tipton Harriers	23:46
23	Laura Gould	Kenilworth Run...[B]	23:50	2:52:34 + 5	21	Andrea Burnett	Centurion RC [A]	23:46
24	Debra Galletta	Corby AC	26:18	2:53:26 - 3	22	Natalie Wilson	Redhill Road R...[A]	23:49
25	Debbie Simpson	Bromsgrove & R...[A]	25:12	2:53:50 + 1	23	Lisa Dickinson	Notts AC [B]	23:50
26	Emily Champion	Royal Sutton Coldfie	29:36	2:54:48 - 8	24	Laura Gould	Kenilworth Run...[B]	23:50
27	Joanna Fellowes	Solihull & Small Hea	25:13	2:55:11 + 2	25	Zoe Gough	CLC Striders	24:03
28	Joy Bailey	Wolverhampton ...[B]	27:50	2:55:26 - 6	26	Elzbieta Lepa	Bournville Har...[A]	24:12
29	Leanne Curl	Sparkhill Harriers	27:32	2:55:51 - 5	27	Sara Rex	Telford Harriers [A]	24:27
30	Zoe Gough	CLC Striders	24:03	2:56:05 + 2	28	Samantha Pickering	Cheltenham & County	24:48
31	Andrea Burnett	Centurion RC [A]	23:46	2:57:30 + 2	29	Debbie McDermott	Stafford Harriers	25:05
32	Jackie Duers	Mansfield Harriers	27:28	2:57:34 - 2	30	Lynn Sprague	Dudley Kingswi...[A]	25:06
33	Debbie McDermott	Stafford Harriers	25:05	2:59:05 + 1	31	Debbie Simpson	Bromsgrove & R...[A]	25:12
34	Sally Eason	Northbrook AC [A]	23:34	3:01:30 + 2	32	Joanna Fellowes	Solihull & Small Hea	25:13
35	Faye Morley	Birchfield Har...[B]	25:28	3:01:47 + 0	33	Faye Morley	Birchfield Har...[B]	25:28
36	Jude Glynn	Bournville Har...[B]	23:19	3:03:48 + 2	34	Debra Galletta	Corby AC	26:18
37	Charlotte Saunders	Notts AC [C]	23:01	3:05:06 + 2	35	Anne Kelsall	Aldridge RC	26:19
38	Anne Kelsall	Aldridge RC	26:19	3:06:03 - 1	36	Alison Bishop	Halesowen A&CC [B]	26:38
39	Lynn Sprague	Dudley Kingswi...[A]	25:06	3:07:57 + 1	37	Jane Campbell	Dudley Kingswi...[B]	27:12
40	Sara Rex	Telford Harriers [A]	24:27	3:11:11 + 4	38	Jackie Duers	Mansfield Harriers	27:28
41	Jan Hornby	Knowle & Dorri...[B]	27:44	3:13:51 + 2	39	Leanne Curl	Sparkhill Harriers	27:32
42	Claire Deeley	Knowle & Dorri...[A]	31:24	3:15:09 + 0	40	Jan Hornby	Knowle & Dorri...[B]	27:44
43	Ruth Burton	Wolverhampton ...[C]	32:31	3:16:05 - 2	41	Joy Bailey	Wolverhampton ...[B]	27:50
44	Alison Bishop	Halesowen A&CC [B]	26:38	3:16:38 + 1	42	Lorraine Smalley	Hermitage Harr...[B]	29:32
45	Jane Campbell	Dudley Kingswi...[B]	27:12	3:26:12 + 4	43	Emily Champion	Royal Sutton Coldfie	29:36
46	Christine Thomas	Sphinx AC	33:56	3:26:27 + 0	44	Claire Deeley	Knowle & Dorri...[A]	31:24
47	Lorraine Smalley	Hermitage Harr...[B]	29:32	3:35:31 + 3	45	Emily Smith	Trentham RC	31:46
					46	Ruth Burton	Wolverhampton ...[C]	32:31
					47	Christine Thomas	Sphinx AC	33:56

## 6 stage for Senior Ladies - Provisional results

<b>1 115 Charnwood AC [A]</b>	<b>2:23:24</b>	<b>12 126 Heanor RC [A]</b>	<b>2:47:30</b>
1 Jane Potter (1) 29:58	2 Sophie Coldwell (1) 18:42	1 Lisa Palmer (4) 32:11	2 Isabelle Morledge (14) 25:09
3 Magda Locker (1) 33:47	4 Elsie Butler (1) 19:36	3 Jill Burke (16) 37:35	4 Anna Shipley (14) 22:43
5 Hannah Cox (1) 20:33	6 Hollie Smith (1) 20:48	5 Rita Fisher (13) 26:17	6 Rose Leivers (12) 23:35
<b>2 102 Birchfield Harriers [A]</b>	<b>2:24:40</b>	<b>13 128 Hermitage Harriers [A]</b>	<b>2:47:59</b>
1 Katie Allen (9) 33:17	2 Bryony Haines (5) 18:15	1 Bonita Robinson (26) 38:29	2 Mia Weston (20) 21:52
3 Ellie Stevens (2) 32:46	4 Sarah Conway (2) 20:28	3 Louise Mason (17) 37:09	4 Lesley Wilkins (18) 23:43
5 Fian Sweeney (2) 18:34	6 Elizabeth Watter (2) 21:20	5 Hannah Wheeler (17) 23:40	6 Zoe Sewter (13) 23:06
<b>3 139 Notts AC [A]</b>	<b>2:24:44</b>	<b>14 156 Tipton Harriers</b>	<b>2:48:05</b>
1 Laura-jane Day (2) 31:10	2 Lori Marshall (2) 19:06	1 Lynne Hill (13) 34:56	2 Susannah Davies (13) 22:04
3 Lisa Deacon (3) 34:59	4 Hannah Robinson (3) 20:23	3 Katie Dolan (14) 36:33	4 Daniela Sedgley (13) 22:26
5 Joanne Finch (3) 20:15	6 Nicki Ottley Del (3) 18:51	5 Sian Reynolds (15) 28:20	6 Joanne Acha (14) 23:46
<b>4 153 Telford AC</b>	<b>2:27:05</b>	<b>15 152 Team Bath AC</b>	<b>2:48:06</b>
1 Claire Martin (5) 32:18	2 Sarah MacKness (4) 18:38	1 Naomi Webber (17) 35:39	2 Sarah Strange (18) 24:23
3 Michelle Clarke (4) 34:29	4 Lucie Tait-Harri (4) 20:31	3 Rebecca Pierce (15) 34:48	4 Claire Riou (21) 26:33
5 Rachel Coupe (4) 20:54	6 Amelia Reynolds (4) 20:15	5 Louise Jeffries (19) 23:57	6 Lisa Bennett (15) 22:46
<b>5 158 Wolverhampton &amp; Bilston AC [A]</b>	<b>2:28:39</b>	<b>16 106 Bournville Harriers [A]</b>	<b>2:48:58</b>
1 Tessa Clarke (3) 31:37	2 Danielle Rowlin (3) 18:54	1 Linda Howell (19) 36:04	2 Monica Baptista (16) 23:09
3 Alex Binley (5) 35:54	4 Isher Mander (5) 20:04	3 Laura Gale (18) 38:40	4 Charlotte Hall (19) 23:28
5 Audrey Wilson (5) 20:39	6 Isobel Cotham (5) 21:31	5 Rhian Littlewood (16) 23:25	6 Elzbieta Lepa (16) 24:12
<b>6 131 Kenilworth Runners [A]</b>	<b>2:33:07</b>	<b>17 157 Trentham RC</b>	<b>2:49:48</b>
1 Sarah Rose (10) 33:21	2 Louise Andrews (8) 21:37	1 Mandy Vernon (7) 32:48	2 Kerry Dixon (10) 22:20
3 Laura Fuller (7) 35:08	4 Rachel Siggers (6) 21:21	3 Deborah Thomas (6) 34:24	4 Rosemary Wilson (9) 23:52
5 Suzy Lovett (6) 21:48	6 Mel Price (6) 19:52	5 Lauren Gallagher (12) 24:38	6 Emily Smith (17) 31:46
<b>7 120 Coventry Godiva Harriers</b>	<b>2:35:38</b>	<b>18 130 Holme Pierrepont RC</b>	<b>2:50:14</b>
1 Paula Richardson (6) 32:22	2 Zarinda Batstone (11) 23:17	1 Gina Granger (23) 37:49	2 Emma Cupitt (21) 22:44
3 Myshola Kirkham (13) 37:19	4 Lucy Dowsett (11) 21:01	3 Janet Atkinson (26) 40:40	4 Jackie Welburn (28) 24:38
5 Ann-marie Smith (8) 20:24	6 Mistianne Feeney (7) 21:15	5 Claire Hayes Gil (25) 22:42	6 Ann Gould (18) 21:41
<b>8 151 Sutton In Ashfield Harriers</b>	<b>2:38:50</b>	<b>19 123 Gloucester AC</b>	<b>2:50:30</b>
1 Michelle Willcoc (11) 34:12	2 Claire Watson (7) 20:35	1 Anna Midgley (34) 38:59	2 Suzanne Harding (22) 21:36
3 Mandy Carmicon (10) 36:56	4 Alison Whittingh (10) 22:10	3 Kate Burford (28) 41:06	4 Grace Vido (24) 22:14
5 Jacqueline Kind (10) 23:35	6 Francesca Meakin (8) 21:22	5 Kirsty Reid (20) 22:58	6 Nicola Hovey (19) 23:37
<b>9 140 Notts AC [B]</b>	<b>2:40:38</b>	<b>20 124 Halesowen A&amp;CC [A]</b>	<b>2:51:04</b>
1 Georgina Weston (14) 34:57	2 Anne-laure Larri (12) 21:31	1 Sally Spencer (40) 40:24	2 Sue Crinnian (38) 24:41
3 Catherine Charl (11) 36:13	4 Natatia Williams (8) 20:40	3 Julie Dale (38) 41:17	4 Sarah Smith (33) 22:25
5 Kirsty Bradshaw (9) 23:27	6 Lisa Dickinson (9) 23:50	5 Wendy Read (31) 21:58	6 Phoebe Dodd (20) 20:19
<b>10 117 Cheltenham &amp; County Harriers</b>	<b>2:42:19</b>	<b>21 142 Redhill Road Runners [A]</b>	<b>2:51:39</b>
1 Rachel Longstaff (8) 33:12	2 Josephine Wilkie (9) 21:48	1 Carolyn Hay (22) 37:35	2 Sophie King (19) 22:32
3 Victoria Wilkins (9) 35:51	4 Susan Mair (12) 23:40	3 Barbra Stevens (22) 40:16	4 Laura Merryweath (26) 24:16
5 Samantha Anderso (11) 23:00	6 Samantha Pickeri (10) 24:48	5 Nicola Hubbard (23) 23:11	6 Natalie Wilson (21) 23:49
<b>11 145 Rugby &amp; Northampton Ac</b>	<b>2:44:49</b>	<b>22 150 Stone Master Marathoners</b>	<b>2:52:26</b>
1 Gabrielle Moriat (12) 34:55	2 Tilly Lea (31) 27:05	1 Amy Gamble (21) 37:15	2 Anna Hollingwort (17) 22:36
3 Lorna Latimer (25) 38:50	4 Emily Waugh (17) 18:50	3 Angela Mensing (19) 38:53	4 Pippa Steele (16) 20:54
5 Minerva Chesser (14) 24:27	6 Angela Copson (11) 20:42	5 Amanda Bond (27) 29:03	6 Lisa Ashton (22) 23:45

## 6 stage for Senior Ladies - Provisional results

<b>23 132 Kenilworth Runners [B]</b>	<b>2:52:34</b>	<b>34 137 Northbrook AC [A]</b>	<b>3:01:30</b>
1 Courtney Thornbe (31) 38:53	2 Sara Habib (30) 23:02	1 Sarah McNaney (27) 38:32	2 Stephanie Laytho (49) 33:44
3 Esther Illman (23) 38:31	4 Sheela Hobden (23) 23:13	3 Amy Burdis (44) 39:37	4 Kate Jones (40) 23:21
5 Claire Dyer (28) 25:05	6 Laura Gould (23) 23:50	5 Catherine Fenn (36) 22:42	6 Sally Eason (34) 23:34
<b>24 119 Corby AC</b>	<b>2:53:26</b>	<b>35 103 Birchfield Harriers [B]</b>	<b>3:01:47</b>
1 Sarah Baxby (24) 37:59	2 Hayley Veasey (23) 22:37	1 Val Carter (41) 40:31	2 Marion Peak (39) 24:39
3 Claire Goodall (27) 40:46	4 Margaret Mulholl (27) 23:37	3 Clare Nightingal (37) 40:55	4 Samantha Watters (35) 25:32
5 Anya Galletta (21) 22:09	6 Debra Galletta (24) 26:18	5 Julie Rogers (35) 24:42	6 Faye Morley (35) 25:28
<b>25 111 Bromsgrove &amp; Redditch AC [A]</b>	<b>2:53:50</b>	<b>36 107 Bournville Harriers [B]</b>	<b>3:03:48</b>
1 Thomasina Ball (36) 39:30	2 Tamara Freeman (24) 21:14	1 Eleri Lougher (44) 41:36	2 Nicola Tautscher (35) 22:06
3 Ruth Gameson (29) 41:04	4 Melanie Hepke (25) 22:22	3 Nicola Morris (36) 42:05	4 Sharon Newman (37) 26:23
5 Alison Pickup (26) 24:28	6 Debbie Simpson (25) 25:12	5 Emma Hopkins (38) 28:19	6 Jude Glynn (36) 23:19
<b>26 144 Royal Sutton Coldfield AC</b>	<b>2:54:48</b>	<b>37 141 Notts AC [C]</b>	<b>3:05:06</b>
1 Kate McBrien (15) 35:21	2 Katie Ingle (15) 22:39	1 Julie Lambourne (45) 42:05	2 Emma Perkins (44) 25:09
3 Megan McBrien (12) 34:49	4 Rachel Thebridge (15) 24:54	3 Laura Boultyby (41) 43:08	4 Wendy Kane (41) 25:45
5 Abby Gracie (18) 27:29	6 Emily Campion (26) 29:36	5 Donna Davenport (39) 25:58	6 Charlotte Saunde (37) 23:01
<b>27 146 Solihull &amp; Small Heath AC</b>	<b>2:55:11</b>	<b>38 101 Aldridge RC</b>	<b>3:06:03</b>
1 Heather Fooks (43) 41:22	2 Livia Thimmig M (41) 25:15	1 Louise Booker (30) 38:52	2 Lizi Chambers (42) 27:53
3 Rebecca Freeman (33) 37:52	4 Sharon McGarry (30) 21:39	3 Helen Beecham (32) 37:44	4 Abigail Wright (38) 29:56
5 Julia Gilbride (29) 23:50	6 Joanna Fellowes (27) 25:13	5 Anna Davies (37) 25:19	6 Anne Kelsall (38) 26:19
<b>28 159 Wolverhampton &amp; Bilston AC [B]</b>	<b>2:55:26</b>	<b>39 121 Dudley Kingswinford [A]</b>	<b>3:07:57</b>
1 Kathryn Morgans (37) 39:38	2 Rachel Gibson (29) 22:15	1 Karen Doy (46) 42:11	2 Rebecca Warren (43) 24:39
3 Cara Percival (20) 37:32	4 Hayley Richards (22) 22:43	3 Carol Fisher (42) 43:47	4 Liz Hettle (43) 27:13
5 Hazel Smallman (22) 25:28	6 Joy Bailey (28) 27:50	5 Julie Allen (40) 25:01	6 Lynn Sprague (39) 25:06
<b>29 147 Sparkhill Harriers</b>	<b>2:55:51</b>	<b>40 154 Telford Harriers [A]</b>	<b>3:11:11</b>
1 Jane Bartholomew (16) 35:29	2 Jennifer Price (27) 26:06	1 Victoria Doran (42) 40:41	2 Nicola Atkins (40) 25:07
3 Clare Bovill (31) 41:38	4 Sophie Arnold (32) 25:16	3 Cristina O'Brian (43) 45:36	4 Sonia Edmonds (45) 31:34
5 Elizabeth Blake (24) 19:50	6 Leanne Curll (29) 27:32	5 Lisa Yeomans (44) 23:46	6 Sara Rex (40) 24:27
<b>30 118 CLC Striders</b>	<b>2:56:05</b>	<b>41 135 Knowle &amp; Dorridge RC [B]</b>	<b>3:13:51</b>
1 Amanda Steer (32) 38:54	2 Becky Reynolds (34) 23:52	1 Emma Donnelly (39) 40:22	2 Rachel Aston (37) 24:34
3 Karlien Heyrman (24) 37:49	4 Rachel Vines (20) 20:46	3 Felicity Sharp (39) 42:28	4 Sally Ann Anders (42) 29:06
5 Amanda Pill (32) 30:41	6 Zoe Gough (30) 24:03	5 Louise Taylor (43) 29:37	6 Jan Hornby (41) 27:44
<b>31 113 Centurion RC [A]</b>	<b>2:57:30</b>	<b>42 134 Knowle &amp; Dorridge RC [A]</b>	<b>3:15:09</b>
1 Theresa Woolley (28) 38:33	2 Denise Fitzgerald (33) 24:11	1 Monica Green (25) 38:04	2 Jane Hunt (32) 24:10
3 Jeanette Robatha (35) 42:03	4 Alison Fergusson (34) 24:46	3 Kathy Bailey (34) 42:30	4 Lorna Davies (36) 27:23
5 Janine Thomas (33) 24:11	6 Andrea Burnett (31) 23:46	5 Caroline Edwards (42) 31:38	6 Claire Deeley (42) 31:24
<b>32 136 Mansfield Harriers</b>	<b>2:57:34</b>	<b>43 160 Wolverhampton &amp; Bilston AC [C]</b>	<b>3:16:05</b>
1 Helen Jones (33) 38:58	2 Beverley Armstro (25) 22:00	1 Emily Simmonds (38) 39:38	2 Amy Leaver (36) 25:16
3 Kerrie Allen (21) 39:24	4 Maddy Collinge (29) 25:35	3 Rae Moorhouse (40) 43:22	4 Tina Smith (39) 26:53
5 Amanda Hardy (30) 24:09	6 Jackie Duers (32) 27:28	5 Rebecca Moorhous (41) 28:25	6 Ruth Burton (43) 32:31
<b>33 149 Stafford Harriers</b>	<b>2:59:05</b>	<b>44 125 Halesowen A&amp;CC [B]</b>	<b>3:16:38</b>
1 Michelle Rushton (20) 37:04	2 Christine Skelle (26) 24:13	1 Anna Cosimetti (52) 46:08	2 Caroline Lambert (48) 25:02
3 Natalie Godfrey (30) 41:08	4 Melonie Deakin (31) 24:53	3 Stephanie Adams (49) 46:58	4 Victoria Bishop (46) 26:07
5 Tracy Ridings (34) 26:42	6 Debbie McDermodt (33) 25:05	5 Helen Attwood (45) 25:45	6 Alison Bishop (44) 26:38



**6 stage for Senior Ladies - Provisional results**

<b>45 122 Dudley Kingswinford [B]</b>	<b>3:26:12</b>	-- <b>133 Kenilworth Runners [C]</b>	<b>1:22:13</b>
1 Jacqueline Elson (49) 42:44	2 Sally McConville (45) 26:10	1 Gail Bates (56) 53:56	2 Pauline Dable (56) 28:17
3 Sarah Cox (45) 44:58	4 Leah Robbins (50) 36:05		
5 Lisa J Newell (49) 29:03	6 Jane Campbell (45) 27:12		

<b>46 148 Sphinx AC</b>	<b>3:26:27</b>
1 Lisa Abbott (47) 42:33	2 Fiona Quinn (52) 30:30
3 Laura Duggins (46) 41:15	4 Helen King (44) 28:27
5 Vicky O'Brien (46) 29:46	6 Christine Thomas (46) 33:56

<b>47 129 Hermitage Harriers [B]</b>	<b>3:35:31</b>
1 Teresa Bradshaw (55) 49:48	2 Lisa Emery (55) 31:04
3 Charlotte Pollar (52) 41:51	4 Kimberley Messam (51) 30:55
5 Deborah Clarke (50) 32:21	6 Lorraine Smalley (47) 29:32

Incomplete teams

-- <b>109 Bristol &amp; west AC [A]</b>	<b>2:13:31</b>
1 Clare Jolliffe (18) 35:56	2 Charlotte Green (6) 17:55
3 Alexa Parker (8) 36:33	4 Emma Jolliffe (7) 22:00
5 Florence Emond (7) 21:07	

-- <b>104 Birchfield Harriers [C]</b>	<b>2:52:54</b>
1 Kimberley Thomas (48) 42:34	2 Karon Jones (46) 26:56
3 Sarah Capewell (48) 47:04	4 Mary Ross (47) 27:53
5 Olivia Perez (47) 28:27	

-- <b>143 Redhill Road Runners [B]</b>	<b>2:57:09</b>
1 Joanne Stocks (51) 43:48	2 Tamzin Yates (50) 28:59
3 Hayley Purdy (51) 49:17	4 Louise Woolley (49) 24:29
5 Valerie Walker (48) 30:36	

-- <b>127 Heanor RC [B]</b>	<b>3:17:12</b>
1 Sarah-nicole Bro (53) 46:15	2 Karen O'Hanlon (53) 29:21
3 Nikki Dunbar (53) 53:19	4 Kirsty Hessey (52) 31:39
5 Kate Tuck (51) 36:38	

-- <b>155 Telford Harriers [B]</b>	<b>3:20:15</b>
1 Elysia Gapper (57) 54:19	2 Jennifer Robinso (57) 35:03
3 Lesley Morris (54) 51:47	4 Emma Hodges (53) 28:21
5 Tina Brasenell (52) 30:45	

-- <b>138 Northbrook AC [B]</b>	<b>2:25:16</b>
1 Clare Rowntree (29) 38:35	2 Sangeeta Redgrav (51) 34:18
3 Claudie Combelas (47) 41:52	4 Helen Hodge (48) 30:31

-- <b>114 Centurion RC [B]</b>	<b>2:01:36</b>
1 Louise Kemp (50) 42:47	2 Lucy McCann (47) 27:08
3 Ursula Scott (50) 51:41	

-- <b>116 Charnwood AC [B]</b>	<b>1:01:42</b>
1 Debbie Sorby (35) 39:14	2 Louise Richmond (28) 22:28

-- <b>108 Bournville Harriers [C]</b>	<b>1:16:25</b>
1 Philomena Willia (54) 47:27	2 Lesley Pymm (54) 28:58

**Senior Ladies 6 Stage - Stage 1 - Provisional results**

Pos	Runner	Team	Leg time
1	Jane Potter	Charnwood AC [A]	29:58
2	Laura-jane Day	Notts AC [A]	31:10
3	Tessa Clarke	Wolverhampton ...[A]	31:37
4	Lisa Palmer	Heanor RC [A]	32:11
5	Claire Martin	Telford AC	32:18
6	Paula Richardson	Coventry Godiva Harr	32:22
7	Mandy Vernon	Trentham RC	32:48
8	Rachel Longstaff	Cheltenham & County	33:12
9	Katie Allen	Birchfield Har...[A]	33:17
10	Sarah Rose	Kenilworth Run...[A]	33:21
11	Michelle Willcocks	Sutton In Ashfield H	34:12
12	Gabrielle Moriaty	Rugby & Northampton	34:55
13	Lynne Hill	Tipton Harriers	34:56
14	Georgina Weston	Notts AC [B]	34:57
15	Kate McBrien	Royal Sutton Coldfie	35:21
16	Jane Bartholomew	Sparkhill Harriers	35:29
17	Naomi webber	Team Bath AC	35:39
18	Clare Jolliffe	Bristol & West...[A]	35:56
19	Linda Howell	Bournville Har...[A]	36:04
20	Michelle Rushton-Fox	Stafford Harriers	37:04
21	Amy Gamble	Stone Master Maratho	37:15
22	Carolyn Hay	Redhill Road R...[A]	37:35
23	Gina Granger	Holme Pierrepont RC	37:49
24	Sarah Baxby	Corby AC	37:59
25	Monica Green	Knowle & Dorri...[A]	38:04
26	Bonita Robinson	Hermitage Harr...[A]	38:29
27	Sarah McNaney	Northbrook AC [A]	38:32
28	Theresa Woolley	Centurion RC [A]	38:33
29	Clare Rowntree	Northbrook AC [B]	38:35
30	Louise Booker	Aldridge RC	38:52
31	Courtney Thornberry	Kenilworth Run...[B]	38:53
32	Amanda Steer	CLC Striders	38:54
33	Helen Jones	Mansfield Harriers	38:58
34	Anna Midgley	Gloucester AC	38:59
35	Debbie Sorby	Charnwood AC [B]	39:14
36	Thomasina Ball	Bromsgrove & R...[A]	39:30
37	Kathryn Morgans	Wolverhampton ...[B]	39:38
38	Emily Simmonds	Wolverhampton ...[C]	39:38
39	Emma Donnelly	Knowle & Dorri...[B]	40:22
40	Sally Spencer	Halesowen A&CC [A]	40:24
41	Val Carter	Birchfield Har...[B]	40:31
42	Victoria Doran	Telford Harriers [A]	40:41
43	Heather Fooks	Solihull & Small Hea	41:22
44	Eleri Lougher	Bournville Har...[B]	41:36
45	Julie Lambourne	Notts AC [C]	42:05
46	Karen Doy	Dudley Kingswi...[A]	42:11
47	Lisa Abbott	Sphinx AC	42:33
48	Kimberley Thomas	Birchfield Har...[C]	42:34
49	Jacqueline Elson-Whi	Dudley Kingswi...[B]	42:44
50	Louise Kemp	Centurion RC [B]	42:47
51	Joanne Stocks	Redhill Road R...[B]	43:48
52	Anna Cosimetti	Halesowen A&CC [B]	46:08
53	Sarah-nicole Brookma	Heanor RC [B]	46:15
54	Philomena Williamson	Bournville Har...[C]	47:27
55	Teresa Bradshaw	Hermitage Harr...[B]	49:48
56	Gail Bates	Kenilworth Run...[C]	53:56
57	Elysia Gapper	Telford Harriers [B]	54:19

## Senior Ladies 6 Stage - Stage 2 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain				
1	Sophie Colldwell	Charnwood AC [A]	18:42	48:40 + 0	Fastest stage runners			
2	Lori Marshall	Notts AC [A]	19:06	50:16 + 0				
3	Danielle Rowlinson	Wolverhampton ...[A]	18:54	50:31 + 0	1	Charlotte Green	Bristol & West...[A]	17:55
4	Sarah MacKness	Telford AC	18:38	50:56 + 1	2	Bryony Haines	Birchfield Har...[A]	18:15
5	Bryony Haines	Birchfield Har...[A]	18:15	51:32 + 4	3	Sarah MacKness	Telford AC	18:38
6	Charlotte Green	Bristol & West...[A]	17:55	53:51 +12	4	Sophie Colldwell	Charnwood AC [A]	18:42
7	Claire Watson	Sutton In Ashfield H	20:35	54:47 + 4	5	Danielle Rowlinson	Wolverhampton ...[A]	18:54
8	Louise Andrews	Kenilworth Run...[A]	21:37	54:58 + 2	6	Lori Marshall	Notts AC [A]	19:06
9	Josephine Wilkie	Cheltenham & County	21:48	55:00 - 1	7	Claire Watson	Sutton In Ashfield H	20:35
10	Kerry Dixon	Trentham RC	22:20	55:08 - 3	8	Tamara Freeman	Bromsgrove & R...[A]	21:14
11	Zarinda Batstone	Coventry Godiva Harr	23:17	55:39 - 5	9	Anne-laure Larrivier	Notts AC [B]	21:31
12	Anne-laure Larrivier	Notts AC [B]	21:31	56:28 + 2	10	Suzanne Harding	Gloucester AC	21:36
13	Susannah Davies	Tipton Harriers	22:04	57:00 + 0	11	Louise Andrews	Kenilworth Run...[A]	21:37
14	Isabelle Morledge	Heanor RC [A]	25:09	57:20 -10	12	Josephine Wilkie	Cheltenham & County	21:48
15	Katie Ingle	Royal Sutton Coldfie	22:39	58:00 + 0	13	Mia Weston	Hermitage Harr...[A]	21:52
16	Monica Baptista	Bournville Har...[A]	23:09	59:13 + 3	14	Beverley Armstrong	Mansfield Harriers	22:00
17	Anna Hollingworth	Stone Master Maratho	22:36	59:51 + 4	15	Susannah Davies	Tipton Harriers	22:04
18	Sarah Strange	Team Bath AC	24:23	1:00:02 - 1	16	Nicola Tautscher	Bournville Har...[B]	22:06
19	Sophie King	Redhill Road R...[A]	22:32	1:00:07 + 3	17	Rachel Gibson	Wolverhampton ...[B]	22:15
20	Mia Weston	Hermitage Harr...[A]	21:52	1:00:21 + 6	18	Kerry Dixon	Trentham RC	22:20
21	Emma Cupitt	Holme Pierrepont RC	22:44	1:00:33 + 2	19	Louise Richmond	Charnwood AC [B]	22:28
22	Suzanne Harding	Gloucester AC	21:36	1:00:35 +12	20	Sophie King	Redhill Road R...[A]	22:32
23	Hayley Veasey	Corby AC	22:37	1:00:36 + 1	21	Anna Hollingworth	Stone Master Maratho	22:36
24	Tamara Freeman	Bromsgrove & R...[A]	21:14	1:00:44 +12	22	Hayley Veasey	Corby AC	22:37
25	Beverley Armstrong	Mansfield Harriers	22:00	1:00:58 + 8	23	Katie Ingle	Royal Sutton Coldfie	22:39
26	Christine Skellern	Stafford Harriers	24:13	1:01:17 - 6	24	Emma Cupitt	Holme Pierrepont RC	22:44
27	Jennifer Price	Sparkhill Harriers	26:06	1:01:35 -11	25	Sara Habib	Kenilworth Run...[B]	23:02
28	Louise Richmond	Charnwood AC [B]	22:28	1:01:42 + 7	26	Monica Baptista	Bournville Har...[A]	23:09
29	Rachel Gibson	Wolverhampton ...[B]	22:15	1:01:53 + 8	27	Zarinda Batstone	Coventry Godiva Harr	23:17
30	Sara Habib	Kenilworth Run...[B]	23:02	1:01:55 + 1	28	Becky Reynolds	CLC Striders	23:52
31	Tilly Lea	Rugby & Northampton	27:05	1:02:00 -19	29	Jane Hunt	Knowle & Dorri...[A]	24:10
32	Jane Hunt	Knowle & Dorri...[A]	24:10	1:02:14 - 7	30	Denise Fitzgerald	Centurion RC [A]	24:11
33	Denise Fitzgerald	Centurion RC [A]	24:11	1:02:44 - 5	31	Christine Skellern	Stafford Harriers	24:13
34	Becky Reynolds	CLC Striders	23:52	1:02:46 - 2	32	Sarah Strange	Team Bath AC	24:23
35	Nicola Tautscher	Bournville Har...[B]	22:06	1:03:42 + 9	33	Rachel Aston	Knowle & Dorri...[B]	24:34
36	Amy Leaver	Wolverhampton ...[C]	25:16	1:04:54 + 2	34	Marion Peak	Birchfield Har...[B]	24:39
37	Rachel Aston	Knowle & Dorri...[B]	24:34	1:04:56 + 2	35	Rebecca Warren	Dudley Kingswi...[A]	24:39
38	Sue Crinnian	Halesowen A&CC [A]	24:41	1:05:05 + 2	36	Sue Crinnian	Halesowen A&CC [A]	24:41
39	Marion Peak	Birchfield Har...[B]	24:39	1:05:10 + 2	37	Caroline Lambert	Halesowen A&CC [B]	25:02
40	Nicola Atkins	Telford Harriers [A]	25:07	1:05:48 + 2	38	Nicola Atkins	Telford Harriers [A]	25:07
41	Livia Thimmig M Muna	Solihull & Small Hea	25:15	1:06:37 + 2	39	Isabelle Morledge	Heanor RC [A]	25:09
42	Lizi Chambers	Aldridge RC	27:53	1:06:45 -12	40	Emma Perkins	Notts AC [C]	25:09
43	Rebecca Warren	Dudley Kingswi...[A]	24:39	1:06:50 + 3	41	Livia Thimmig M Muna	Solihull & Small Hea	25:15
44	Emma Perkins	Notts AC [C]	25:09	1:07:14 + 1	42	Amy Leaver	Wolverhampton ...[C]	25:16
45	Sally McConville	Dudley Kingswi...[B]	26:10	1:08:54 + 4	43	Jennifer Price	Sparkhill Harriers	26:06
46	Karon Jones	Birchfield Har...[C]	26:56	1:09:30 + 2	44	Sally McConville	Dudley Kingswi...[B]	26:10
47	Lucy McCann	Centurion RC [B]	27:08	1:09:55 + 3	45	Karon Jones	Birchfield Har...[C]	26:56
48	Caroline Lambert	Halesowen A&CC [B]	25:02	1:11:10 + 4	46	Tilly Lea	Rugby & Northampton	27:05
49	Stephanie Laythorpe	Northbrook AC [A]	33:44	1:12:16 -22	47	Lucy McCann	Centurion RC [B]	27:08
50	Tamzin Yates	Redhill Road R...[B]	28:59	1:12:47 + 1	48	Lizi Chambers	Aldridge RC	27:53
51	Sangeeta Redgrave	Northbrook AC [B]	34:18	1:12:53 -22	49	Pauline Dable	Kenilworth Run...[C]	28:17
52	Fiona Quinn	Sphinx AC	30:30	1:13:03 - 5	50	Lesley Pymm	Bournville Har...[C]	28:58
53	Karen O'Hanlon	Heanor RC [B]	29:21	1:15:36 + 0	51	Tamzin Yates	Redhill Road R...[B]	28:59
54	Lesley Pymm	Bournville Har...[C]	28:58	1:16:25 + 0	52	Karen O'Hanlon	Heanor RC [B]	29:21
55	Lisa Emery	Hermitage Harr...[B]	31:04	1:20:52 + 0	53	Fiona Quinn	Sphinx AC	30:30
56	Pauline Dable	Kenilworth Run...[C]	28:17	1:22:13 + 0	54	Lisa Emery	Hermitage Harr...[B]	31:04
57	Jennifer Robinson	Telford Harriers [B]	35:03	1:29:22 + 0	55	Stephanie Laythorpe	Northbrook AC [A]	33:44
					56	Sangeeta Redgrave	Northbrook AC [B]	34:18

## Senior Ladies 6 Stage - Stage 3 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain			
1	Magda Locker	Charnwood AC [A]	33:47	1:22:27 + 0	Fastest stage runners		
2	Ellie Stevens	Birchfield Har...[A]	32:46	1:24:18 + 3			
3	Lisa Deacon	Notts AC [A]	34:59	1:25:15 - 1	1	Ellie Stevens	Birchfield Har...[A]
4	Michelle Clarke	Telford AC	34:29	1:25:25 + 0	2	Magda Locker	Charnwood AC [A]
5	Alex Binley	Wolverhampton ...[A]	35:54	1:26:25 - 2	3	Deborah Thomas	Trentham RC
6	Deborah Thomas	Trentham RC	34:24	1:29:32 + 4	4	Michelle Clarke	Telford AC
7	Laura Fuller	Kenilworth Run...[A]	35:08	1:30:06 + 1	5	Rebecca Pierce	Team Bath AC
8	Alexa Parker	Bristol & West...[A]	36:33	1:30:24 - 2	6	Megan McBrien	Royal Sutton Coldfie
9	Victoria Wilkinson	Cheltenham & County	35:51	1:30:51 + 0	7	Lisa Deacon	Notts AC [A]
10	Mandy Carmicon	Sutton In Ashfield H	36:56	1:31:43 - 3	8	Laura Fuller	Kenilworth Run...[A]
11	Catherine Charlton	Notts AC [B]	36:13	1:32:41 + 1	9	Victoria Wilkinson	Cheltenham & County
12	Megan McBrien	Royal Sutton Coldfie	34:49	1:32:49 + 3	10	Alex Binley	Wolverhampton ...[A]
13	Myshola Kirkham	Coventry Godiva Harr	37:19	1:32:58 - 2	11	Catherine Charlton	Notts AC [B]
14	Katie Dolan	Tipton Harriers	36:33	1:33:33 - 1	12	Alexa Parker	Bristol & West...[A]
15	Rebecca Pierce	Team Bath AC	34:48	1:34:50 + 3	13	Katie Dolan	Tipton Harriers
16	Jill Burke	Heanor RC [A]	37:35	1:34:55 - 2	14	Mandy Carmicon	Sutton In Ashfield H
17	Louise Mason	Hermitage Harr...[A]	37:09	1:37:30 + 3	15	Louise Mason	Hermitage Harr...[A]
18	Laura Gale	Bournville Har...[A]	38:40	1:37:53 - 2	16	Myshola Kirkham	Coventry Godiva Harr
19	Angela Mensing	Stone Master Maratho	38:53	1:38:44 - 2	17	Cara Percival	Wolverhampton ...[B]
20	Cara Percival	Wolverhampton ...[B]	37:32	1:39:25 + 9	18	Jill Burke	Heanor RC [A]
21	Kerrie Allen	Mansfield Harriers	39:24	1:40:22 + 4	19	Helen Beecham	Aldridge RC
22	Barbra Stevens	Redhill Road R...[A]	40:16	1:40:23 - 3	20	Karlien Heyrman	CLC Striders
23	Esther Illman	Kenilworth Run...[B]	38:31	1:40:26 + 7	21	Rebecca Freeman	Solihull & Small Hea
24	Karlien Heyrman	CLC Striders	37:49	1:40:35 +10	22	Esther Illman	Kenilworth Run...[B]
25	Lorna Latimer	Rugby & Northampton	38:50	1:40:50 + 6	23	Laura Gale	Bournville Har...[A]
26	Janet Atkinson	Holme Pierrepont RC	40:40	1:41:13 - 5	24	Lorna Latimer	Rugby & Northampton
27	Claire Goodall	Corby AC	40:46	1:41:22 - 4	25	Angela Mensing	Stone Master Maratho
28	Kate Burford	Gloucester AC	41:06	1:41:41 - 6	26	Kerrie Allen	Mansfield Harriers
29	Ruth Gameson	Bromsgrove & R...[A]	41:04	1:41:48 - 5	27	Amy Burdis	Northbrook AC [A]
30	Natalie Godfrey	Stafford Harriers	41:08	1:42:25 - 4	28	Barbra Stevens	Redhill Road R...[A]
31	Clare Bovill	Sparkhill Harriers	41:38	1:43:13 - 4	29	Janet Atkinson	Holme Pierrepont RC
32	Helen Beecham	Aldridge RC	37:44	1:44:29 +10	30	Claire Goodall	Corby AC
33	Rebecca Freeman	Solihull & Small Hea	37:52	1:44:29 + 8	31	Clare Nightingale	Birchfield Har...[B]
34	Kathy Bailey	Knowle & Dorri...[A]	42:30	1:44:44 - 2	32	Ruth Gameson	Bromsgrove & R...[A]
35	Jeanette Robathan	Centurion RC [A]	42:03	1:44:47 - 2	33	Kate Burford	Gloucester AC
36	Nicola Morris	Bournville Har...[B]	42:05	1:45:47 - 1	34	Natalie Godfrey	Stafford Harriers
37	Clare Nightingale	Birchfield Har...[B]	40:55	1:46:05 + 2	35	Laura Duggins	Sphinx AC
38	Julie Dale	Halesowen A&CC [A]	41:17	1:46:22 + 0	36	Julie Dale	Halesowen A&CC [A]
39	Felicity Sharp	Knowle & Dorri...[B]	42:28	1:47:24 - 2	37	Clare Bovill	Sparkhill Harriers
40	Rae Moorhouse	Wolverhampton ...[C]	43:22	1:48:16 - 4	38	Charlotte Pollard	Hermitage Harr...[B]
41	Laura Boulby	Notts AC [C]	43:08	1:50:22 + 3	39	Claudia Combelas	Northbrook AC [B]
42	Carol Fisher	Dudley Kingswi...[A]	43:47	1:50:37 + 1	40	Jeanette Robathan	Centurion RC [A]
43	Cristina O'Brian	Telford Harriers [A]	45:36	1:51:24 - 3	41	Nicola Morris	Bournville Har...[B]
44	Amy Burdis	Northbrook AC [A]	39:37	1:51:53 + 5	42	Felicity Sharp	Knowle & Dorri...[B]
45	Sarah Cox	Dudley Kingswi...[B]	44:58	1:53:52 + 0	43	Kathy Bailey	Knowle & Dorri...[A]
46	Laura Duggins	Sphinx AC	41:15	1:54:18 + 6	44	Laura Boulby	Notts AC [C]
47	Claudia Combelas	Northbrook AC [B]	41:52	1:54:45 + 4	45	Rae Moorhouse	Wolverhampton ...[C]
48	Sarah Capewell	Birchfield Har...[C]	47:04	1:56:34 - 2	46	Carol Fisher	Dudley Kingswi...[A]
49	Stephanie Adams	Halesowen A&CC [B]	46:58	1:58:08 - 1	47	Sarah Cox	Dudley Kingswi...[B]
50	Ursula Scott	Centurion RC [B]	51:41	2:01:36 - 3	48	Cristina O'Brian	Telford Harriers [A]
51	Hayley Purdy	Redhill Road R...[B]	49:17	2:02:04 - 1	49	Stephanie Adams	Halesowen A&CC [B]
52	Charlotte Pollard	Hermitage Harr...[B]	41:51	2:02:43 + 3	50	Sarah Capewell	Birchfield Har...[C]
53	Nikki Dunbar	Heanor RC [B]	53:19	2:08:55 + 0	51	Hayley Purdy	Redhill Road R...[B]
54	Lesley Morris	Telford Harriers [B]	51:47	2:21:09 + 3	52	Ursula Scott	Centurion RC [B]
					53	Lesley Morris	Telford Harriers [B]
					54	Nikki Dunbar	Heanor RC [B]

## Senior Ladies 6 Stage - Stage 4 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain			
1	Elsie Butler	Charnwood AC [A]	19:36	1:42:03 + 0	Fastest stage runners		
2	Sarah Conway	Birchfield Har...[A]	20:28	1:44:46 + 0			
3	Hannah Robinson	Notts AC [A]	20:23	1:45:38 + 0	1	Emily Waugh	Rugby & Northampton
4	Lucie Tait-Harris	Telford AC	20:31	1:45:56 + 0	2	Elsie Butler	Charnwood AC [A]
5	Isher Mander	Wolverhampton ...[A]	20:04	1:46:29 + 0	3	Isher Mander	Wolverhampton ...[A]
6	Rachel Siggers	Kenilworth Run...[A]	21:21	1:51:27 + 1	4	Hannah Robinson	Notts AC [A]
7	Emma Jolliffe	Bristol & West...[A]	22:00	1:52:24 + 1	5	Sarah Conway	Birchfield Har...[A]
8	Natatia Williams	Notts AC [B]	20:40	1:53:21 + 3	6	Lucie Tait-Harris	Telford AC
9	Rosemary Wilson	Trentham RC	23:52	1:53:24 - 3	7	Natatia Williams	Notts AC [B]
10	Alison Whittingham	Sutton In Ashfield H	22:10	1:53:53 + 0	8	Rachel Vines	CLC Striders
11	Lucy Dowsett	Coventry Godiva Harr	21:01	1:53:59 + 2	9	Pippa Steele	Stone Master Maratho
12	Susan Mair	Cheltenham & County	23:40	1:54:31 - 3	10	Lucy Dowsett	Coventry Godiva Harr
13	Daniela Sedgley	Tipton Harriers	22:26	1:55:59 + 1	11	Rachel Siggers	Kenilworth Run...[A]
14	Anna Shipley	Heanor RC [A]	22:43	1:57:38 + 2	12	Sharon McGarry	Solihull & Small Hea
15	Rachel Thebridge	Royal Sutton Coldfie	24:54	1:57:43 - 3	13	Emma Jolliffe	Bristol & West...[A]
16	Pippa Steele	Stone Master Maratho	20:54	1:59:38 + 3	14	Alison Whittingham	Sutton In Ashfield H
17	Emily Waugh	Rugby & Northampton	18:50	1:59:40 + 8	15	Grace Vido	Gloucester AC
18	Lesley Wilkins	Hermitage Harr...[A]	23:43	2:01:13 - 1	16	Melanie Hepke	Bromsgrove & R...[A]
19	Charlotte Hall	Bournville Har...[A]	23:28	2:01:21 - 1	17	Sarah Smith	Halesowen A&CC [A]
20	Rachel Vines	CLC Striders	20:46	2:01:21 + 4	18	Daniela Sedgley	Tipton Harriers
21	Claire Riou	Team Bath AC	26:33	2:01:23 - 6	19	Anna Shipley	Heanor RC [A]
22	Hayley Richards	Wolverhampton ...[B]	22:43	2:02:08 - 2	20	Hayley Richards	Wolverhampton ...[B]
23	Sheela Hobden	Kenilworth Run...[B]	23:13	2:03:39 + 0	21	Sheela Hobden	Kenilworth Run...[B]
24	Grace Vido	Gloucester AC	22:14	2:03:55 + 4	22	Kate Jones	Northbrook AC [A]
25	Melanie Hepke	Bromsgrove & R...[A]	22:22	2:04:10 + 4	23	Charlotte Hall	Bournville Har...[A]
26	Laura Merryweather	Redhill Road R...[A]	24:16	2:04:39 - 4	24	Margaret Mulholland	Corby AC
27	Margaret Mulholland	Corby AC	23:37	2:04:59 + 0	25	Susan Mair	Cheltenham & County
28	Jackie Welburn	Holme Pierrepont RC	24:38	2:05:51 - 2	26	Lesley Wilkins	Hermitage Harr...[A]
29	Maddy Collinge	Mansfield Harriers	25:35	2:05:57 - 8	27	Rosemary Wilson	Trentham RC
30	Sharon McGarry	Solihull & Small Hea	21:39	2:06:08 + 3	28	Laura Merryweather	Redhill Road R...[A]
31	Melonie Deakin	Stafford Harriers	24:53	2:07:18 - 1	29	Louise Woolley	Redhill Road R...[B]
32	Sophie Arnold	Sparkhill Harriers	25:16	2:08:29 - 1	30	Jackie Welburn	Holme Pierrepont RC
33	Sarah Smith	Halesowen A&CC [A]	22:25	2:08:47 + 5	31	Alison Fergusson	Centurion RC [A]
34	Alison Fergusson	Centurion RC [A]	24:46	2:09:33 + 1	32	Melonie Deakin	Stafford Harriers
35	Samantha Watters	Birchfield Har...[B]	25:32	2:11:37 + 2	33	Rachel Thebridge	Royal Sutton Coldfie
36	Lorna Davies	Knowle & Dorri...[A]	27:23	2:12:07 - 2	34	Sophie Arnold	Sparkhill Harriers
37	Sharon Newman	Bournville Har...[B]	26:23	2:12:10 - 1	35	Samantha Watters	Birchfield Har...[B]
38	Abigail Wright	Aldridge RC	29:56	2:14:25 - 6	36	Maddy Collinge	Mansfield Harriers
39	Tina Smith	Wolverhampton ...[C]	26:53	2:15:09 + 1	37	Wendy Kane	Notts AC [C]
40	Kate Jones	Northbrook AC [A]	23:21	2:15:14 + 4	38	Victoria Bishop	Halesowen A&CC [B]
41	Wendy Kane	Notts AC [C]	25:45	2:16:07 + 0	39	Sharon Newman	Bournville Har...[B]
42	Sally Ann Anderson	Knowle & Dorri...[B]	29:06	2:16:30 - 3	40	Claire Riou	Team Bath AC
43	Liz Hettle	Dudley Kingswi...[A]	27:13	2:17:50 - 1	41	Tina Smith	Wolverhampton ...[C]
44	Helen King	Sphinx AC	28:27	2:22:45 + 2	42	Liz Hettle	Dudley Kingswi...[A]
45	Sonia Edmonds	Telford Harriers [A]	31:34	2:22:58 - 2	43	Lorna Davies	Knowle & Dorri...[A]
46	Victoria Bishop	Halesowen A&CC [B]	26:07	2:24:15 + 3	44	Mary Ross	Birchfield Har...[C]
47	Mary Ross	Birchfield Har...[C]	27:53	2:24:27 + 1	45	Emma Hodges	Telford Harriers [B]
48	Helen Hodge	Northbrook AC [B]	30:31	2:25:16 - 1	46	Helen King	Sphinx AC
49	Louise Woolley	Redhill Road R...[B]	24:29	2:26:33 + 2	47	Sally Ann Anderson	Knowle & Dorri...[B]
50	Leah Robbins	Dudley Kingswi...[B]	36:05	2:29:57 - 5	48	Abigail Wright	Aldridge RC
51	Kimberley Messam	Hermitage Harr...[B]	30:55	2:33:38 + 1	49	Helen Hodge	Northbrook AC [B]
52	Kirsty Hessey	Heanor RC [B]	31:39	2:40:34 + 1	50	Kimberley Messam	Hermitage Harr...[B]
53	Emma Hodges	Telford Harriers [B]	28:21	2:49:30 + 1	51	Sonia Edmonds	Telford Harriers [A]
					52	Kirsty Hessey	Heanor RC [B]
					53	Leah Robbins	Dudley Kingswi...[B]

## Senior Ladies 6 Stage - Stage 5 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain				
1	Hannah Cox	Charnwood AC [A]	20:33	2:02:36 + 0	Fastest stage runners			
2	Fian Sweeney	Birchfield Har...[A]	18:34	2:03:20 + 0				
3	Joanne Finch	Notts AC [A]	20:15	2:05:53 + 0	1	Fian Sweeney	Birchfield Har...[A]	18:34
4	Rachel Coupe	Telford AC	20:54	2:06:50 + 0	2	Elizabeth Blake	Sparkhill Harriers	19:50
5	Audrey Wilson	Wolverhampton ...[A]	20:39	2:07:08 + 0	3	Joanne Finch	Notts AC [A]	20:15
6	Suzu Lovett	Kenilworth Run...[A]	21:48	2:13:15 + 0	4	Ann-marie Smith	Coventry Godiva Harr	20:24
7	Florence Emond	Bristol & West...[A]	21:07	2:13:31 + 0	5	Hannah Cox	Charnwood AC [A]	20:33
8	Ann-marie Smith	Coventry Godiva Harr	20:24	2:14:23 + 3	6	Audrey Wilson	Wolverhampton ...[A]	20:39
9	Kirsty Bradshaw	Notts AC [B]	23:27	2:16:48 - 1	7	Rachel Coupe	Telford AC	20:54
10	Jacqueline Kind	Sutton In Ashfield H	23:35	2:17:28 + 0	8	Florence Emond	Bristol & West...[A]	21:07
11	Samantha Anderson	Cheltenham & County	23:00	2:17:31 + 1	9	Suzu Lovett	Kenilworth Run...[A]	21:48
12	Lauren Gallagher	Trentham RC	24:38	2:18:02 - 3	10	Wendy Read	Halesowen A&CC [A]	21:58
13	Rita Fisher	Heanor RC [A]	26:17	2:23:55 + 1	11	Anya Galletta	Corby AC	22:09
14	Minerva Chesser	Rugby & Northampton	24:27	2:24:07 + 3	12	Claire Hayes Gill	Holme Pierrepont RC	22:42
15	Sian Reynolds	Tipton Harriers	28:20	2:24:19 - 2	13	Catherine Fenn	Northbrook AC [A]	22:42
16	Rhian Littlewood	Bournville Har...[A]	23:25	2:24:46 + 3	14	Kirsty Reid	Gloucester AC	22:58
17	Hannah Wheeler	Hermitage Harr...[A]	23:40	2:24:53 + 1	15	Samantha Anderson	Cheltenham & County	23:00
18	Abby Gracie	Royal Sutton Coldfie	27:29	2:25:12 - 3	16	Nicola Hubbard	Redhill Road R...[A]	23:11
19	Louise Jeffries	Team Bath AC	23:57	2:25:20 + 2	17	Rhian Littlewood	Bournville Har...[A]	23:25
20	Kirsty Reid	Gloucester AC	22:58	2:26:53 + 4	18	Kirsty Bradshaw	Notts AC [B]	23:27
21	Anya Galletta	Corby AC	22:09	2:27:08 + 6	19	Jacqueline Kind	Sutton In Ashfield H	23:35
22	Hazel Smallman	Wolverhampton ...[B]	25:28	2:27:36 + 0	20	Hannah Wheeler	Hermitage Harr...[A]	23:40
23	Nicola Hubbard	Redhill Road R...[A]	23:11	2:27:50 + 3	21	Lisa Yeomans	Telford Harriers [A]	23:46
24	Elizabeth Blake	Sparkhill Harriers	19:50	2:28:19 + 8	22	Julia Gilbride	Solihull & Small Hea	23:50
25	Claire Hayes Gill	Holme Pierrepont RC	22:42	2:28:33 + 3	23	Louise Jeffries	Team Bath AC	23:57
26	Alison Pickup	Bromsgrove & R...[A]	24:28	2:28:38 - 1	24	Amanda Hardy	Mansfield Harriers	24:09
27	Amanda Bond	Stone Master Maratho	29:03	2:28:41 -11	25	Janine Thomas	Centurion RC [A]	24:11
28	Claire Dyer	Kenilworth Run...[B]	25:05	2:28:44 - 5	26	Minerva Chesser	Rugby & Northampton	24:27
29	Julia Gilbride	Solihull & Small Hea	23:50	2:29:58 + 1	27	Alison Pickup	Bromsgrove & R...[A]	24:28
30	Amanda Hardy	Mansfield Harriers	24:09	2:30:06 - 1	28	Lauren Gallagher	Trentham RC	24:38
31	Wendy Read	Halesowen A&CC [A]	21:58	2:30:45 + 2	29	Julie Rogers	Birchfield Har...[B]	24:42
32	Amanda Pill	CLC Striders	30:41	2:32:02 -12	30	Julie Allen	Dudley Kingswi...[A]	25:01
33	Janine Thomas	Centurion RC [A]	24:11	2:33:44 + 1	31	Claire Dyer	Kenilworth Run...[B]	25:05
34	Tracy Ridings	Stafford Harriers	26:42	2:34:00 - 3	32	Anna Davies	Aldridge RC	25:19
35	Julie Rogers	Birchfield Har...[B]	24:42	2:36:19 + 0	33	Hazel Smallman	Wolverhampton ...[B]	25:28
36	Catherine Fenn	Northbrook AC [A]	22:42	2:37:56 + 4	34	Helen Attwood	Halesowen A&CC [B]	25:45
37	Anna Davies	Aldridge RC	25:19	2:39:44 + 1	35	Donna Davenport	Notts AC [C]	25:58
38	Emma Hopkins	Bournville Har...[B]	28:19	2:40:29 - 1	36	Rita Fisher	Heanor RC [A]	26:17
39	Donna Davenport	Notts AC [C]	25:58	2:42:05 + 2	37	Tracy Ridings	Stafford Harriers	26:42
40	Julie Allen	Dudley Kingswi...[A]	25:01	2:42:51 + 3	38	Abby Gracie	Royal Sutton Coldfie	27:29
41	Rebecca Moorhouse	Wolverhampton ...[C]	28:25	2:43:34 - 2	39	Emma Hopkins	Bournville Har...[B]	28:19
42	Caroline Edwards	Knowle & Dorri...[A]	31:38	2:43:45 - 6	40	Sian Reynolds	Tipton Harriers	28:20
43	Louise Taylor	Knowle & Dorri...[B]	29:37	2:46:07 - 1	41	Rebecca Moorhouse	Wolverhampton ...[C]	28:25
44	Lisa Yeomans	Telford Harriers [A]	23:46	2:46:44 + 1	42	Olivia Perez	Birchfield Har...[C]	28:27
45	Helen Attwood	Halesowen A&CC [B]	25:45	2:50:00 + 1	43	Amanda Bond	Stone Master Maratho	29:03
46	Vicky O'Brien	Sphinx AC	29:46	2:52:31 - 2	44	Lisa J Newell	Dudley Kingswi...[B]	29:03
47	Olivia Perez	Birchfield Har...[C]	28:27	2:52:54 + 0	45	Louise Taylor	Knowle & Dorri...[B]	29:37
48	Valerie Walker	Redhill Road R...[B]	30:36	2:57:09 + 1	46	Vicky O'Brien	Sphinx AC	29:46
49	Lisa J Newell	Dudley Kingswi...[B]	29:03	2:59:00 + 1	47	Valerie Walker	Redhill Road R...[B]	30:36
50	Deborah Clarke	Hermitage Harr...[B]	32:21	3:05:59 + 1	48	Amanda Pill	CLC Striders	30:41
51	Kate Tuck	Heanor RC [B]	36:38	3:17:12 + 1	49	Tina Brasenell	Telford Harriers [B]	30:45
52	Tina Brasenell	Telford Harriers [B]	30:45	3:20:15 + 1	50	Caroline Edwards	Knowle & Dorri...[A]	31:38
					51	Deborah Clarke	Hermitage Harr...[B]	32:21
					52	Kate Tuck	Heanor RC [B]	36:38

## Senior Ladies 6 Stage - Stage 6 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain				
1	Hollie Smith	Charnwood AC [A]	20:48	2:23:24 + 0	Fastest stage runners			
2	Elizabeth Watters	Birchfield Har...[A]	21:20	2:24:40 + 0				
3	Nicki Ottley DeLa Sa	Notts AC [A]	18:51	2:24:44 + 0	1	Nicki Ottley DeLa Sa	Notts AC [A]	18:51
4	Amelia Reynolds	Telford AC	20:15	2:27:05 + 0	2	MeI Price	Kenilworth Run...[A]	19:52
5	Isobel Cotham	Wolverhampton ...[A]	21:31	2:28:39 + 0	3	Amelia Reynolds	Telford AC	20:15
6	MeI Price	Kenilworth Run...[A]	19:52	2:33:07 + 0	4	Phoebe Dodd	Halesowen A&CC [A]	20:19
7	Mistianne Feeney	Coventry Godiva Harr	21:15	2:35:38 + 1	5	Angela Copson	Rugby & Northampton	20:42
8	Francesca Meakin	Sutton In Ashfield H	21:22	2:38:50 + 2	6	Hollie Smith	Charnwood AC [A]	20:48
9	Lisa Dickinson	Notts AC [B]	23:50	2:40:38 + 0	7	Mistianne Feeney	Coventry Godiva Harr	21:15
10	Samantha Pickering	Cheltenham & County	24:48	2:42:19 + 1	8	Elizabeth Watters	Birchfield Har...[A]	21:20
11	Angela Copson	Rugby & Northampton	20:42	2:44:49 + 3	9	Francesca Meakin	Sutton In Ashfield H	21:22
12	Rose Leivers	Heanor RC [A]	23:35	2:47:30 + 1	10	Isobel Cotham	Wolverhampton ...[A]	21:31
13	Zoe Sewter	Hermitage Harr...[A]	23:06	2:47:59 + 4	11	Ann Gould	Holme Pierrepont RC	21:41
14	Joanne Acha	Tipton Harriers	23:46	2:48:05 + 1	12	Lisa Bennett	Team Bath AC	22:46
15	Lisa Bennett	Team Bath AC	22:46	2:48:06 + 4	13	Charlotte Saunders	Notts AC [C]	23:01
16	Elzbieta Lepa	Bournville Har...[A]	24:12	2:48:58 + 0	14	Zoe Sewter	Hermitage Harr...[A]	23:06
17	Emily Smith	Trentham RC	31:46	2:49:48 - 5	15	Jude Glynn	Bournville Har...[B]	23:19
18	Ann Gould	Holme Pierrepont RC	21:41	2:50:14 + 7	16	Sally Eason	Northbrook AC [A]	23:34
19	Nicola Hovey	Gloucester AC	23:37	2:50:30 + 1	17	Rose Leivers	Heanor RC [A]	23:35
20	Phoebe Dodd	Halesowen A&CC [A]	20:19	2:51:04 +11	18	Nicola Hovey	Gloucester AC	23:37
21	Natalie Wilson	Redhill Road R...[A]	23:49	2:51:39 + 2	19	Lisa Ashton	Stone Master Maratho	23:45
22	Lisa Ashton	Stone Master Maratho	23:45	2:52:26 + 5	20	Joanne Acha	Tipton Harriers	23:46
23	Laura Gould	Kenilworth Run...[B]	23:50	2:52:34 + 5	21	Andrea Burnett	Centurion RC [A]	23:46
24	Debra Galletta	Corby AC	26:18	2:53:26 - 3	22	Natalie Wilson	Redhill Road R...[A]	23:49
25	Debbie Simpson	Bromsgrove & R...[A]	25:12	2:53:50 + 1	23	Lisa Dickinson	Notts AC [B]	23:50
26	Emily Champion	Royal Sutton Coldfie	29:36	2:54:48 - 8	24	Laura Gould	Kenilworth Run...[B]	23:50
27	Joanna Fellowes	Solihull & Small Hea	25:13	2:55:11 + 2	25	Zoe Gough	CLC Striders	24:03
28	Joy Bailey	Wolverhampton ...[B]	27:50	2:55:26 - 6	26	Elzbieta Lepa	Bournville Har...[A]	24:12
29	Leanne Curl	Sparkhill Harriers	27:32	2:55:51 - 5	27	Sara Rex	Telford Harriers [A]	24:27
30	Zoe Gough	CLC Striders	24:03	2:56:05 + 2	28	Samantha Pickering	Cheltenham & County	24:48
31	Andrea Burnett	Centurion RC [A]	23:46	2:57:30 + 2	29	Debbie McDermott	Stafford Harriers	25:05
32	Jackie Duers	Mansfield Harriers	27:28	2:57:34 - 2	30	Lynn Sprague	Dudley Kingswi...[A]	25:06
33	Debbie McDermott	Stafford Harriers	25:05	2:59:05 + 1	31	Debbie Simpson	Bromsgrove & R...[A]	25:12
34	Sally Eason	Northbrook AC [A]	23:34	3:01:30 + 2	32	Joanna Fellowes	Solihull & Small Hea	25:13
35	Faye Morley	Birchfield Har...[B]	25:28	3:01:47 + 0	33	Faye Morley	Birchfield Har...[B]	25:28
36	Jude Glynn	Bournville Har...[B]	23:19	3:03:48 + 2	34	Debra Galletta	Corby AC	26:18
37	Charlotte Saunders	Notts AC [C]	23:01	3:05:06 + 2	35	Anne Kelsall	Aldridge RC	26:19
38	Anne Kelsall	Aldridge RC	26:19	3:06:03 - 1	36	Alison Bishop	Halesowen A&CC [B]	26:38
39	Lynn Sprague	Dudley Kingswi...[A]	25:06	3:07:57 + 1	37	Jane Campbell	Dudley Kingswi...[B]	27:12
40	Sara Rex	Telford Harriers [A]	24:27	3:11:11 + 4	38	Jackie Duers	Mansfield Harriers	27:28
41	Jan Hornby	Knowle & Dorri...[B]	27:44	3:13:51 + 2	39	Leanne Curl	Sparkhill Harriers	27:32
42	Claire Deeley	Knowle & Dorri...[A]	31:24	3:15:09 + 0	40	Jan Hornby	Knowle & Dorri...[B]	27:44
43	Ruth Burton	Wolverhampton ...[C]	32:31	3:16:05 - 2	41	Joy Bailey	Wolverhampton ...[B]	27:50
44	Alison Bishop	Halesowen A&CC [B]	26:38	3:16:38 + 1	42	Lorraine Smalley	Hermitage Harr...[B]	29:32
45	Jane Campbell	Dudley Kingswi...[B]	27:12	3:26:12 + 4	43	Emily Champion	Royal Sutton Coldfie	29:36
46	Christine Thomas	Sphinx AC	33:56	3:26:27 + 0	44	Claire Deeley	Knowle & Dorri...[A]	31:24
47	Lorraine Smalley	Hermitage Harr...[B]	29:32	3:35:31 + 3	45	Emily Smith	Trentham RC	31:46
					46	Ruth Burton	Wolverhampton ...[C]	32:31
					47	Christine Thomas	Sphinx AC	33:56