

## MIDLAND TRACK AND FIELD LEAGUE 2018 RESULTS

DATE Division 6 Match 3 Venue:  
07/07/2018 Pingles Stadium Nuneaton

## Total Scores

Position	Team	Points
1	Banbury AC	394
2	Newcastle (Staffs) AC	389
3	Nuneaton Harriers	283
4	Tamworth AC 'B'	275
5	Hereford & County H	243
6	Kettering Town H	233
7	Team Shrewsbury	211
8	Forest of Dean AC	129

## Mens Scores

Position	Team	Points
1	Banbury AC	224
2	Kettering Town H	177
3	Newcastle (Staffs) AC	171
4	Team Shrewsbury	154
5	Hereford & County H	131
6	Tamworth AC 'B'	126
7	Nuneaton Harriers	108
8	Forest of Dean AC	101

## Womens Scores

Position	Team	Points
1	Newcastle (Staffs) AC	213
2	Nuneaton Harriers	160
3	Banbury AC	155
4	Tamworth AC 'B'	144
5	Hereford & County H	97
6	Team Shrewsbury	72
7	Kettering Town H	71
8	Forest of Dean AC	58

## Officials Points

Team Name	Points
Banbury AC	15
Newcastle (Staffs) AC	5
Nuneaton Harriers	15
Tamworth AC 'B'	5
Hereford & County H	15
Kettering Town H	-15
Team Shrewsbury	-15
Forest of Dean AC	-30

Match Position after 37 Events

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## Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Ollie Sprio	Banbury AC	11.5	11
2	Emanuelle Mbu	Kettering Town H	11.6	9
3	Max Millerchip	Team Shrewsbury	11.9	8
4	Harry Harris	Hereford & County H	12.5	7
5	John Jenkins	Tamworth AC 'B'	12.8	6
6	Martyn Carruthers	Forest of Dean AC	13.5	5
7	Mark Cotton	Newcastle (Staffs) AC	13.8	4
8	Derek Hateley	Nuneaton Harriers	14.5	3

## Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Sam Hook	Banbury AC	11.7	9
2	Lewis-Morgan Barton	Kettering Town H	12.5	7
3	Christian Bruss	Tamworth AC 'B'	13.7	6
4	Paul Wakefield	Newcastle (Staffs) AC	20.3	5

## Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Emanuelle Mbu	Kettering Town H	23.1	11
2	Max Millerchip	Team Shrewsbury	23.4	9
3	Felix Nobel	Banbury AC	23.8	8
4	Harry Harris	Hereford & County H	24.5	7
5	John Jenkins	Tamworth AC 'B'	24.5	6
6	Lewis Nagington	Newcastle (Staffs) AC	25.4	5
7	Martyn Carruthers	Forest of Dean AC	26.6	4

## Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Sam Hook	Banbury AC	24.1	9
2	Zachary McGrillen	Hereford & County H	25.5	7
3	Chris Johnson	Kettering Town H	25.9	6
4	Christian Bruss	Tamworth AC 'B'	27.4	5
5	Elliot Smith	Newcastle (Staffs) AC	46.3	4

## Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	John Jenkins	Tamworth AC 'B'	54.4	11
2	Zachary McGrillen	Hereford & County H	55.4	9
3	Bert Rowett	Banbury AC	56.1	8
4	Gabe Morris	Team Shrewsbury	56.6	7
5	Lewis Nagington	Newcastle (Staffs) AC	57.2	6
6	Jack Watson	Kettering Town H	59.9	5
7	Connor Creed	Forest of Dean AC	61.8	4

## Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Matthew Hall	Banbury AC	55.4	9
2	Harry Boswell	Hereford & County H	56.9	7
3	Jacob Droogmans	Newcastle (Staffs) AC	58.2	6
4	Steven Sinnott	Kettering Town H	59.0	5
5	Christian Bruss	Tamworth AC 'B'	61.5	4

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## Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Patrick McBride	Team Shrewsbury	20.6	11
2	Connor Creed	Forest of Dean AC	21.4	9
3	Derek Hateley	Nuneaton Harriers	23.6	8

## Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Harry Boswell	Hereford & County H	63.5	11
2	Connor Creed	Forest of Dean AC	67.9	9
3	James Hickinbottom	Team Shrewsbury	69.8	8
4	Jordan Nixon	Newcastle (Staffs) AC	70.9	7
5	Ian Robinson	Banbury AC	80.1	6
6	Derek Hateley	Nuneaton Harriers	90.0	5

## Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Philip Vincent	Banbury AC	84.0	9

## Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Lewis Nagington	Newcastle (Staffs) AC	2.04.3	11
2	Gabe Morris	Team Shrewsbury	2.05.7	9
3	Simon Daenen	Banbury AC	2.11.0	8
4	Adam Jones	Hereford & County H	2.13.7	7
5	Jack Watson	Kettering Town H	2.17.0	6
6	James Walker	Tamworth AC 'B'	2.18.7	5
7	Hisham Alkhamesi	Nuneaton Harriers	2.21.7	4
8	Julian Boon	Forest of Dean AC	2.50.5	3

## Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Charlie Rogers	Team Shrewsbury	2.09.1	9
2	Jacob Droogmans	Newcastle (Staffs) AC	2.13.6	7
3	Tyler Selway	Nuneaton Harriers	2.25.0	6
4	Jonathan Carruthers	Banbury AC	2.40.5	5
5	Kevin Barnes	Hereford & County H	3.32.6	4

## Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Joshua Cannell	Kettering Town H	4.29.1	11
2	Jacob Droogmans	Newcastle (Staffs) AC	4.30.5	9
3	Adam Jones	Hereford & County H	4.50.5	8
4	Matthew Wooden	Team Shrewsbury	5.03.3	7
5	Julian Boon	Forest of Dean AC	5.29.4	6
6	Derek Bolton	Tamworth AC 'B'	5.34.6	5
7	Jonathan Carruthers	Banbury AC	5.44.6	4

## Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Jack Watson	Kettering Town H	5.00.4	9
2	Mark Cotton	Newcastle (Staffs) AC	5.33.8	7
3	Kevin Barnes	Hereford & County H	7.11.5	6
4	Bert Rowett	Banbury AC	8.03.7	5

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## Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Peter Woodward	Forest of Dean AC	17.09.1	11
2	James Hickinbottom	Team Shrewsbury	17.32.5	9
3	Ian Mansell	Nuneaton Harriers	17.45.4	8
4	Jordan Nixon	Newcastle (Staffs) AC	17.59.7	7
5	Joshua Cannell	Kettering Town H	19.21.3	6
6	Philip Vincent	Banbury AC	19.51.2	5
7	Adam Jones	Hereford & County H	20.27.8	4
8	Derek Bolton	Tamworth AC 'B'	22.12.8	3

## Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Julian Boon	Forest of Dean AC	19.24.3	9
2	Steven Hargrave	Nuneaton Harriers	19.29.8	7
3	Jack Watson	Kettering Town H	20.10.8	6
4	Paul Wakefield	Newcastle (Staffs) AC	23.00.6	5
5	Kevin Barnes	Hereford & County H	25.42.4	4

## Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Jordan Nixon	Newcastle (Staffs) AC	7.21.3	11
2	Matthew Wooden	Team Shrewsbury	8.03.4	9
3	Adam Jones	Hereford & County H	8.15.4	8
4	Philip Vincent	Banbury AC	8.41.6	7
5	Julian Boon	Forest of Dean AC	9.05.2	6

## Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Charles Larsson	Newcastle (Staffs) AC	10.45.8	9
2	Kevin Barnes	Hereford & County H	10.46.7	7

## Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jack Peter Bradley King	Nuneaton Harriers	6.26	11
2	Lewis-Morgan Barton	Kettering Town H	5.71	9
3	Bradley Davies-Pughe	Team Shrewsbury	5.61	8
4	Mathew Hall	Banbury AC	5.42	7
5	Connor Creed	Forest of Dean AC	4.98	6
6	Mark Cotton	Newcastle (Staffs) AC	4.62	5
7	Christian Bruss	Tamworth AC 'B'	3.57	4

## Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Joshua Gray	Kettering Town H	5.46	9
2	Patrick McBride	Team Shrewsbury	5.11	7
3	Aidan Christie	Banbury AC	4.58	6
4	Martyn Carruthers	Forest of Dean AC	4.19	5
5	Paul Wakefield	Newcastle (Staffs) AC	2.58	4

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## Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jack Peter Bradley King	Nuneaton Harriers	13.01	11
2	Bradley Davies-Pughe	Team Shrewsbury	11.43	9
3	Joshua Gray	Kettering Town H	11.30	8
4	Mathew Hall	Banbury AC	11.07	7

## Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Terry Selway	Nuneaton Harriers	10.00	9
2	James Hickinbottom	Team Shrewsbury	9.91	7

## Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Lewis-Morgan Barton	Kettering Town H	1.73	11
2	Patrick McBride	Team Shrewsbury	1.60	9
3	Bert Rowett	Banbury AC	1.50	8
4	John Jenkins	Tamworth AC 'B'	1.40	7

## Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	James Hickinbottom	Team Shrewsbury	1.50	9
2	Sam Hook	Banbury AC	1.40	7

## Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Terry Selway	Nuneaton Harriers	3.00	11
2	Bruce Hendrie	Banbury AC	2.20	9
3	Steve Sinnott	Kettering Town H	2.10	8

## Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Derek Hateley	Nuneaton Harriers	2.60	9

## Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Sam Hook	Banbury AC	9.85	11
2	Ethan Aidney	Tamworth AC 'B'	9.01	9
3	Matt Bell	Kettering Town H	7.93	8
4	Graham Hazlegreaves	Hereford & County H	7.39	7
5	Peter Woodward	Forest of Dean AC	6.76	6
6	Charles Larsson	Newcastle (Staffs) AC	5.79	5

## Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Charlie Shepherd	Banbury AC	8.03	9
2	Richard Johnson	Tamworth AC 'B'	7.41	7
3	Kevin Barnes	Hereford & County H	5.74	6
4	Julian Boon	Forest of Dean AC	5.45	5
5	Martin Bailey	Newcastle (Staffs) AC	4.77	4

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## Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Charlie Shepherd	Banbury AC	28.93	11
2	Matt Bell	Kettering Town H	26.62	9
3	Greg Dalryple-White	Team Shrewsbury	23.80	8
4	Richard Johnson	Tamworth AC 'B'	23.40	7
5	Charles Larsson	Newcastle (Staffs) AC	15.20	6
6	Derek Hateley	Nuneaton Harriers	12.78	5

## Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Joshua Gray	Kettering Town H	19.21	9
2	Simon Daenen	Banbury AC	16.45	7
3	Martin Bailey	Newcastle (Staffs) AC	14.28	6
4	Christian Bruss	Tamworth AC 'B'	14.16	5

## Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Matt Bell	Kettering Town H	44.59	11
2	Richard Johnson	Tamworth AC 'B'	21.44	9
3	Jan Robinson	Banbury AC	18.72	8
4	Graham Hazlegreaves	Hereford & County H	18.43	7
5	Martin Bailey	Newcastle (Staffs) AC	14.19	6

## Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Stuart Findlater	Tamworth AC 'B'	18.94	9
2	Kevin Barnes	Hereford & County H	14.61	7
3	Charles Larsson	Newcastle (Staffs) AC	13.53	6

## Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	James Hickinbottom	Team Shrewsbury	38.91	11
2	Ethan Aidney	Tamworth AC 'B'	36.44	9
3	Leo Farmershee	Hereford & County H	35.35	8
4	Connor Creed	Forest of Dean AC	29.56	7
5	Tyler Selway	Nuneaton Harriers	22.63	6
6	Matt Bell	Kettering Town H	21.29	5
7	Simon Daenen	Banbury AC	18.08	4
8	Paul Wakefield	Newcastle (Staffs) AC	12.86	3

## Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Richard Johnson	Tamworth AC 'B'	22.78	9
2	Bert Rowett	Banbury AC	17.11	7
3	Peter Woodward	Forest of Dean AC	16.81	6
4	Derek Hateley	Nuneaton Harriers	13.63	5
5	Mark Cotton	Newcastle (Staffs) AC	6.41	4

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## Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Banbury AC	46.1	11
2		Kettering Town H	48.2	9
3		Newcastle (Staffs) AC	55.8	8

## Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Newcastle (Staffs) AC	4.00.6	11
2		Banbury AC	4.01.0	9

## Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Erin Healey	Kettering Town H	13.3	11
2	Megan Turton	Hereford & County H	13.6	9
3	Hannah Cousins	Banbury AC	13.8	8
4	Rachel West	Tamworth AC 'B'	14.4	7
5	Jessica Foster	Team Shrewsbury	14.6	6
6	Alex Oakley	Newcastle (Staffs) AC	14.9	5
7	Carolyn Derbyshire	Nuneaton Harriers	17.1	4

## Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Beale	Kettering Town H	13.5	9
2	Hope Spooner	Tamworth AC 'B'	15.5	7
3	Fleur O'Donohue	Nuneaton Harriers	16.9	6
4	Lauren Charlton	Newcastle (Staffs) AC	18.4	5
5	Anny Daenen	Banbury AC	19.1	4

## Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Erin Healey	Kettering Town H	26.5	11
2	Megan Turton	Hereford & County H	27.5	9
3	Hannah Cousins	Banbury AC	28.7	8
4	Rachel West	Tamworth AC 'B'	29.3	7
5	Lydia Thomas	Team Shrewsbury	29.5	6
6	Lucy Matthews	Newcastle (Staffs) AC	30.7	5
7	Carolyn Derbyshire	Nuneaton Harriers	33.0	4

## Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Beale	Kettering Town H	26.9	9
2	Misha Twardochleb	Newcastle (Staffs) AC	29.7	7
3	Hope Spooner	Tamworth AC 'B'	30.7	6
4	Fleur O'Donohue	Nuneaton Harriers	35.4	5

## Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Katherine Hodgson	Nuneaton Harriers	64.3	11
2	Rebecca Twardochleb	Newcastle (Staffs) AC	65.0	9
3	Sophie Perry	Tamworth AC 'B'	69.0	8

## Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Oakley	Newcastle (Staffs) AC	66.3	9
2	Katie Stretton	Tamworth AC 'B'	70.7	7
3	Carolyn Derbyshire	Nuneaton Harriers	84.9	6

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## Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Scott	Banbury AC	17.3	11
2	Scarlett Cotton	Newcastle (Staffs) AC	22.9	9

## Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Nadine Tomkinson	Newcastle (Staffs) AC	26.3	9

## Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Hannah Cousins	Banbury AC	76.2	11
2	Scarlett Cotton	Newcastle (Staffs) AC	78.2	9

## Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Nadine Tomkinson	Newcastle (Staffs) AC	86.4	9

## Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Twardochleb	Newcastle (Staffs) AC	2.18.1	11
2	Katherine Hodgson	Nuneaton Harriers	2.21.6	9
3	Katherine Snowden	Tamworth AC 'B'	2.28.1	8
4	Emily McBride	Team Shrewsbury	2.58.3	7

## Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Oakley	Newcastle (Staffs) AC	2.34.3	9
2	Sophie Perry	Tamworth AC 'B'	2.43.0	7
3	Carolyn Derbyshire	Nuneaton Harriers	3.02.5	6

## Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Katherine Hodgson	Nuneaton Harriers	5.03.8	11
2	Lucy Matthews	Newcastle (Staffs) AC	5.06.6	9
3	Katherine Snowden	Tamworth AC 'B'	5.10.8	8

## Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Clarkson	Newcastle (Staffs) AC	5.51.7	9

## Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Twardochleb	Newcastle (Staffs) AC	11.03.1	11
2	Lisa Stretton	Tamworth AC 'B'	13.28.7	9

## Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Lauren Charlton	Newcastle (Staffs) AC	12.21.1	9



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## Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Scott	Banbury AC	4.77	11
2	Alex Beale	Kettering Town H	4.76	9
3	Chloe Vinestock	Nuneaton Harriers	4.67	8
4	Megan Turton	Hereford & County H	4.55	7
5	Gabrielle Degg	Tamworth AC 'B'	3.59	6
6	Misha Twardochleb	Newcastle (Staffs) AC	3.40	5
7	Emily McBride	Team Shrewsbury	3.28	4

## Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Cara Bennett	Hereford & County H	4.36	9
2	Claire Goodwin	Banbury AC	3.51	7
3	Katie Stretton	Tamworth AC 'B'	3.13	6
4	Fleur O'Donohue	Nuneaton Harriers	2.83	5
5	Elizabeth Clarkson	Newcastle (Staffs) AC	2.80	4
6	Patricia Higgins	Team Shrewsbury	2.69	3

## Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Scott	Banbury AC	10.30	11
2	Lucy Strickland	Nuneaton Harriers	9.84	9
3	Gabrielle Degg	Tamworth AC 'B'	7.90	8
4	Misha Twardochleb	Newcastle (Staffs) AC	7.85	7

## Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Katherine Hodgson	Nuneaton Harriers	8.70	9

## Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Walker	Team Shrewsbury	1.50	11
2	Rebecca Scott	Banbury AC	1.45	9
3	Gabrielle Degg	Tamworth AC 'B'	1.35	8
4	Nadine Tomkinson	Newcastle (Staffs) AC	1.30	7

## Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Eskender	Banbury AC	1.30	9
2	Scarlett Cotton	Newcastle (Staffs) AC	1.25	7

## Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Strickland	Nuneaton Harriers	3.15	11

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## Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & County H	8.39	11
2	Mary Watkins	Forest of Dean AC	8.26	9
3	Emelina Darvell	Banbury AC	7.63	8
4	Chloe Vinestock	Nuneaton Harriers	6.70	7
5	Emily McBride	Team Shrewsbury	6.10	6
6	Lorna Barlow	Kettering Town H	5.45	5
7	Laura Allen	Tamworth AC 'B'	5.15	4
8	Julia Bailey	Newcastle (Staffs) AC	5.05	3

## Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Emma Jayne	Nuneaton Harriers	6.36	9
2	Melissa Kolic	Forest of Dean AC	6.04	7
3	Pat Higgins	Team Shrewsbury	5.68	6
4	Claire Goodwin	Banbury AC	5.50	5
5	Katie Stretton	Tamworth AC 'B'	4.93	4
6	Hannah Barnes	Hereford & County H	4.85	3
7	Rachel Wakefield	Newcastle (Staffs) AC	4.78	2
8	Berny Kwei-Tagoe	Kettering Town H	4.72	1

## Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Emelina Darvell	Banbury AC	26.75	11
2	Cara Bennett	Hereford & County H	24.31	9
3	Laura Allen	Tamworth AC 'B'	18.94	8
4	Mary Watkins	Forest of Dean AC	16.17	7
5	Emma Jayne	Nuneaton Harriers	15.90	6
6	Pat Higgins	Team Shrewsbury	12.53	5
7	Rachel Wakefield	Newcastle (Staffs) AC	12.30	4
8	Lorna Barlow	Kettering Town H	12.20	3

## Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & County H	23.36	9
2	Chloe Vinestock	Nuneaton Harriers	15.03	7
3	Claire Goodwin	Banbury AC	13.53	6
4	Julia Bailey	Newcastle (Staffs) AC	12.00	5
5	Melissa Kolic	Forest of Dean AC	11.75	4

## Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Melissa Kolic	Forest of Dean AC	33.71	11
2	Hannah Barnes	Hereford & County H	26.69	9
3	Elizabeth Eskender	Banbury AC	22.65	8
4	Pat Higgins	Team Shrewsbury	20.84	7
5	Lorna Barlow	Kettering Town H	19.49	6
6	Laura Allen	Tamworth AC 'B'	18.29	5
7	Emma Jayne	Nuneaton Harriers	16.95	4
8	Julia Bailey	Newcastle (Staffs) AC	15.92	3

## Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Mary Watkins	Forest of Dean AC	20.67	9
2	Ruth Wells	Hereford & County H	19.61	7
3	Rachel Wakefield	Newcastle (Staffs) AC	12.92	6
4	Vivienne Kirkland	Nuneaton Harriers	12.59	5

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## Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Imogen Onions	Nuneaton Harriers	33.40	11
2	Ruth Wells	Hereford & County H	22.62	9
3	Claire Goodwin	Banbury AC	21.18	8
4	Mary Watkins	Forest of Dean AC	17.56	7
5	Pat Higgins	Team Shrewsbury	13.44	6
6	Lorna Barlow	Kettering Town H	12.09	5
7	Julia Bailey	Newcastle (Staffs) AC	10.29	4
8	Laura Allen	Tamworth AC 'B'	9.25	3

## Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Eskender	Banbury AC	17.69	9
2	Emma Jayne	Nuneaton Harriers	16.90	7
3	Cara Bennett	Hereford & County H	14.78	6
4	Emily McBride	Team Shrewsbury	12.93	5
5	Melissa Kolic	Forest of Dean AC	11.28	4
6	Rachel Wakefield	Newcastle (Staffs) AC	9.30	3
7	Berry Kwei-Tagoe	Kettering Town H	6.45	2

## Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Banbury AC	55.7	11
2		Tamworth AC 'B'	58.4	9
3		Newcastle (Staffs) AC	64.1	8

## Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Newcastle (Staffs) AC	4.33.7	11
2		Tamworth AC 'B'	4.40.9	9

## 400m women (Guest Event)

Posn	Name	Club	Perf
1	Nicola Brady	Tamworth B	70.0

## 100m women (Guest Event)

Posn	Name	Club	Perf
1	Berry Kwei-Tagoe	Kettering	13.6

## javelin men (Guest Event)

Posn	Name	Club	Perf
1	Charles Larsson	Newcastle	14.92

## 100m men (Guest Event)

Posn	Name	Club	Perf
1	Felix Nobel	Banbury	11.7
2	Aidan Christie	Banbury	11.9
3	Chris Johnson	Kettering	12.6