

First Name	Last Name	Age Group	Origin Club	Destination Club
Claire	Adam	Senior	4Life Triathlon Club	Race Hub
Max	Adams	U17	Swindon Harriers	Highworth RC
Fran	Afonso	Senior	Reigate Priory AC	Dorking & Mole Valley AC
William	Aldridge	Senior	Midland Masters AC	Bournville Harriers
Sarah	Alvis	Senior	Chippenham Harriers	Calne Running Club
Carl	Anderson	Senior	Lingfield RC	Burgess Hill Runners
Rae	Arnold	Senior	Fylde Coast Runners	Rugby Triathlon Club
Stuart	Backhouse	Senior	Esk Valley Fell Club	Keswick AC
Steve	Badge	Senior	Tamar Trotters	Storm Plymouth
Marianne	Badger	Senior	Almost Athletes	North Cotswold Tri & Run
Laura	Ball	Senior	Burgess Hill Runners	White Horse Harriers
Martin	Bare	Senior	Dewsbury Road Runners	Farsley Flyers
Zoe	Barker	Senior	Leicester Triathlon Club	Race Hub
Peter	Barnes	Senior	Clapham Chasers	West Cheshire Athletic Club
Sue	Barrow	Senior	Rutland Running & Triathlon Club	Fenland Running Club
Philip	Baylay	Senior	Swindon Harriers	Highworth RC
Michelle	Beal	Senior	Trail Running Association	Forest of Dean AC
Sandra	Beal	Senior	Newbury AC	Vegan Runners UK
Diane	Beaver	Senior	Rochford Running Club	Hockley Trail Runners
Aurelio	Bello	Senior	Lordshill Road Runners	Hedge End Running Club
Steve	Bennington	Senior	Ryston Runners	Fenland Running Club
Stuart	Benson	Senior	Shaftesbury Barnet Harriers	RAF Athletics
Gavin	Berry	Senior	Lincoln Wellington Athletic Club	Aldershot Farnham & District
Hannah	Binstead	U20	Worthing & District Harriers	Team Synergy
Neill	Boddington	Senior	Marshall Milton Keynes AC	Wootton Road Runners
Craig	Boggon	Senior	Holmfirth Harriers AC	Tyne Bridge Harriers
Daniel	Bolton	Senior	Warrington Running Club	Astley & Tyldesley Road Runners
Jeremy	Bradshaw	Senior	Burnley AC	Clayton-le-Moors Harriers
Sophie	Brattan	Senior	Fitmums and Friends	Durham City Harriers & AC
Siobhan	Brewer	Senior	Keswick AC	Tri-Lakeland
Russel	Breyer	Senior	Ipswich Jaffa RC	Ipswich Triathlon Club
Ria	Bright	Senior	Hyde Village Striders	Goyt Valley Striders
Graham	Brook	Senior	The Stragglers Running Club	Ranelagh Harriers
Lauren	Brown	Senior	Angels RC	Windsor Slough Eton & Hounslow AC
Mark	Brown	Senior	Mid Essex Casuals	Vegan Runners UK
Simon	Brown	Senior	London Heathside	London City Athletics Club
Simon	Brown	Senior	Blackburn Harriers & AC	Horsham Blue Star Harriers
Natasha	Brunning	Senior	Dacorum & Tring AC	Southampton Athletic Club
Lloyd	Buck	U15	Lincoln Wellington Athletic Club	Louth AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Ben	Buckley	Senior	Leeds City Athletic Club	Ripon Runners
Trevor	Bunch	Senior	Haverhill Running Club	Saint Edmund Pacers
Amelia Jane	Bunton	U17	Wakefield District H & AC	City of York AC
Janet	Burgess	Senior	Sandbach Striders	Whitchurch Whippets
Sarah	Burnett	Senior	Running 4 Women	Dorking & Mole Valley AC
Jodie	Bushby	U17	Worthing & District Harriers	Team Synergy
Karl	Cadman	Senior	Benfleet RC	Hockley Trail Runners
Tim	Campion-Smith	Senior	Cambridge University AC	Keswick AC
Kevin	Canham	Senior	Newton Abbot AC	Exeter Harriers
Jennifer	Carne	Senior	Ilkley Harriers AC	Knaresborough Striders
Elli	Carroll	U15	Jersey Spartan AC	West Suffolk AC
Alison	Carter	Senior	Billingham Marsh Hse H & AC	Stockton Striders AC
Donna	Cartwright	Senior	Bury Athletic Club	Radcliffe AC
Louise	Casey	Senior	Warrington Running Club	Widnes Running Club
Kieron	Chapman	Senior	Barking Road Runners	Chard RRC
Emily	Chaytor	Senior	Tyne Bridge Harriers	Stockton Striders AC
Alexander	Chklar	Senior	Woodford Green AC with Essex Ladies	Southern Counties Veterans AC
Diana	Chklar	Senior	Bristol and West AC	Southern Counties Veterans AC
Alice	Clark	U15	Honiton RC	Exeter Harriers
phoebe	clark	U15	Honiton RC	Exeter Harriers
Mark	Clawson	Senior	Crawley Saints & Sinners Running Club	Crawley Run Crew
Sarah	Clough	Senior	Rothwell Harriers & AC	Methley Striders
William	Cockerell	Senior	Belgrave Harriers	Thames Hare & Hounds
Michael	Coltherd	Senior	Trafford Athletic Club	Barrow Runners
Paul	Commons	Senior	Maidstone Harriers	100 Marathon Club
Samantha	Commons	Senior	Rochford Running Club	Hockley Trail Runners
Sean	Constantine	Senior	Bury Athletic Club	Holcombe Harriers
Robert	Cook	Senior	City of Stoke AC	Hallamshire Harriers Sheffield
Bluebell	Cooke	U15	Stevenage & North Herts AC	Shaftesbury Barnet Harriers
John	Cooke	Senior	Stafford Triathlon Club	Cannock & Stafford AC
John	Cooke	Senior	Colchester Harriers AC	Great Bentley Running Club
Toby	Cooper	Senior	Clapham Chasers	Ranelagh Harriers
Rian	Corbin	Senior	Reading AC	West Cheshire Athletic Club
Elysia	Costanzo	U17	Bedford & County AC	Nene Valley Harriers
Elizabeth	Cremer	Senior	Scarborough Athletic Club	Yorkshire Wolds Runners
Fay	Cripps	Senior	Chichester Runners & AC	Victory AC
Mark	Davies	Senior	Haywards Heath Harriers	Serpentine RC
Mark	Davies	Senior	Saint Edmund Pacers	Ipswich Harriers

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First Name	Last Name	Age Group	Origin Club	Destination Club
Owen	Davies	Senior	Andover AC	Team Bath Athletic Club
Robert	Dean	Senior	Thame Runners	Vale Of Aylesbury AC
Elliot	Dee	U20	Shaftesbury Barnet Harriers	Bedford & County AC
Juan Carlos	Diaz Cuevas	Senior	Tyne Bridge Harriers	Gateshead Harriers & AC
Olivia	Digby	U15	Herts Phoenix AC	Stevenage & North Herts AC
Christopher	Dodsworth	U17	Aldershot Farnham & District	Guildford & Godalming AC
Rachel	Donnelly	U15	Blaydon Harriers & AC	Gateshead Harriers & AC
Matthew	Dorber	Senior	Shapwick Runners	Wells City Harriers
Ellen	Downs	Senior	Stockport Harriers & AC	Sale Harriers Manchester
Adam	Duke	U15	Fleet & Crookham AC	Aldershot Farnham & District
Tracy	Duke	Senior	Fleet & Crookham AC	Aldershot Farnham & District
Simon	Dunnett	Senior	Coventry Godiva Harriers	Kenilworth Runners
Rosanne	Eardley	Senior	Black Pear Joggers	Droitwich AC
Glynn	Edwards	Senior	Newquay Road Runners	Truro Running Club
Joanne	Egerton	Senior	Hyde Village Striders	Mossley AFC Running Club
Katy	Elliott	Senior	Datchet Dashers	Reading Roadrunners
Rebecca	Embleton	Senior	Team Coco	Elvet Striders
Jeremy	Etherington	Senior	Ealing Southall & Middlesex AC	Bude Rats (Run and Tri)
Emma	Eva	Senior	Falmouth RRC	Cornwall AC
Stephanie	Evans	Senior	SOUTH LEEDS LAKERS RUNNING CLUB	Crystal Palace Fun Runners
Adam	Fairfield	Senior	Smalley Road Runners	Mansfield Harriers
Janine	Fallon	Senior	Darwen Dashers RC	Blackburn Harriers & AC
Daniel	Farmer	Senior	Fareham Crusaders Running Club	Lincoln & District Runners
James	Fernandez	U15	Abingdon AC	Radley Athletic Club
Rachel	Fernandez	U17	Abingdon AC	Radley Athletic Club
Andrew	Fickling	Senior	Barnes Runners	Fulham Running Club
Richard	Field	Senior	Sedgley Striders	Tipton Harriers
James	Findon	Senior	South London Harriers	London City Athletics Club
Anna	Firth	U20	Ipswich Harriers	Ipswich Triathlon Club
Alice	Forster	Senior	Manx Fell Runners	Black Combe Runners
Michelle	Foster	Senior	Todmorden Harriers	Calder Valley Fell Runners
Kate	Fraser	Senior	Ealing Southall & Middlesex AC	Denby Dale Athletics Club
Helen	Gagg	Senior	RunThrough	Herne Hill Harriers
Paul	Gebbett	Senior	Chippenham Harriers	Dursley Running Club
Jo	Gentle	Senior	Worcester AC	Plymouth Harriers
Craig	Gibbs	Senior	Chippenham Harriers	Calne Running Club
Helen	Gibbs	Senior	Chippenham Harriers	Calne Running Club
Matthew	Gibbs	Senior	Chester Triathlon Club	Ellesmere Port RC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Tom	Goddard	Senior	Aldershot Farnham & District	Hart Road Runners
Teresa	Godfrey	Senior	Notts Women Runners	Beeston AC
Anna	Gomm	Senior	Worthing Striders	Run Academy Worthing
Michael	Gomm	Senior	Worthing Striders	Run Academy Worthing
Sam	Goodhead	U15	Lewes AC	Burgess Hill Runners
Joanne	Goodier	Senior	Doncaster Athletic Club	Rotherham Harriers and AC
Ann	Goodwin	Senior	She Can Run Kettering Ladies	Desborough & Rothwell Running Club
Matt	Goodwin	Senior	Pensby Runners	UTS Running Club
lan	Gower	Senior	Coventry Godiva Harriers	Sphinx AC
Roger	Graham	Senior	Pensby Runners	UTS Running Club
Kerry	Granger	Senior	Wigston Phoenix RC	Swinton Running Club
Stephen	Granger-Bevan	Senior	Reading AC	Marshall Milton Keynes AC
Daniel	Grant	Senior	Peterborough AC	St Neots Riverside Runners
Sonja	Grbavac	Senior	Clapham Chasers	North Herts RRC
Leah	Gregory	U13	City of Sheffield and Dearne AC	Hallamshire Harriers Sheffield
Louise	Griffith	Senior	Vegan Runners UK	The Stragglers Running Club
Lee	Griffiths	Senior	Rolls Royce Harriers	Derby Triathlon Club
Simon	Grundy	Senior	Worthing Striders	Run Academy Worthing
John	Hackleton	Senior	Kingstone Runners Barnsley	Teammanvers
Chloe	Haffenden	Senior	Blackheath and Bromley Harriers Athletic Club	Petts Wood Runners
Sofie	Haidon	Senior	Moorhaven RC	Plymouth Coasters
Zoe	Hall	Senior	Carn Runners	Vegan Runners UK
Toby	Harling	Senior	Border Harriers & AC	DH Runners
Andrew	Harmes	Senior	Scunthorpe & District AC	Skyrac Athletic Club
Anna	Harrison	U17	Richmond & Zetland Harriers	Middlesbrough Athletic Club (Mandale)
Mark	Harrison	Senior	City of Hull AC	Marple Runners
Michael	Hartley	Senior	Cambridge & Coleridge AC	Royston Runners
Sonny	Harvey	Senior	Hillingdon AC	Torbay AAC
Mark	Hawkins	Senior	Didcot Runners	Harwell Harriers
Nicola	Hayden	Senior	Aurora Harriers	Low Fell RC
Jed	Hayes	Senior	Kettering Town Harriers	Colchester & Tendring AC
Amanda	Heading	Senior	Milltown Milers	Heanor Running Club
Mary	Heald	Senior	Centurion RC	Knowle & Dorridge RC
James	Hedger	Senior	Derwent Runners (Derby)	Thames Valley Harriers
Jo-Anne	Hicklin	Senior	North Derbyshire RC	Wingerworth Wobblers
Nathan	Higgins	Senior	Cardiff AAC	Sale Harriers Manchester
Mike	Highton	Senior	Widnes Running Club	Warrington Running Club
Lauren Grace	Hill	U13	Poole Runners	Wimborne AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Charlotte	Hilton	U13	Chiltern Harriers AC	Dacorum & Tring AC
Samuel	Hitchings	Senior	Oxford University AC	Hercules Wimbledon AC
David	Hobbs	Senior	Ivanhoe Runners	Team Derby Runner
Alice	Hockham	U17	Mablethorpe Running Club	Nene Valley Harriers
Catherine	Hodgetts	Senior	Astley & Tyldesley Road Runners	Time2Run Events
Paul	Holmes	Senior	Wirral AC	UTS Running Club
Darren	Honour	Senior	Great Yarmouth Road Runners	Bungay Black Dog RC
Danielle	Hughes	Senior	Phoenix Striders	Pitsea RC
Julia	Hunter	Senior	St Theresa's A.C.	Bramley Breezers
Sam	Hutchinson	Senior	Red Kite Runners	Newcastle Frontrunners
Lisa	Hynes	Senior	Stockport Tri Club	Stockport Harriers & AC
Frank	Inman	Senior	Sparkhill Harriers	Birmingham Running Athletics & Triathlon Club (BRAT)
Jo	Irvin	Senior	Pensby Runners	UTS Running Club
Elin	Isaac	U15	Birchfield Harriers	Sparkhill Harriers
Steven	James	Senior	Cirencester AC	Tetbury Dolphins Running Club
Danel	Jansen Van Rensburg	U20	Solihull & Small Heath Athletic Club	Birchfield Harriers
Mary	Jeal	Senior	Denbigh Harriers	Glossopdale Harriers
Robert	Jebb	Senior	Bingley Harriers & AC	Helm Hill Runners
Caroline	Johnson	Senior	Halifax Harriers & AC	Harrow AC
David	Johnson	Senior	Kenilworth Runners	Eden Runners
Cai	Jones	U17	Maldwyn Harriers	Shrewsbury AC
Gari	Jones	Senior	Burnden Road Runners	Time2Run Events
Gethin	Jones	Senior	Cybi Striders	Time2Run Events
Olaf	Jones	Senior	Thetford AC	City Of Norwich AC
Zoe	Jones	Senior	Mansfield Triathlon Club	Derwent Runners (Derby)
Nick	Joyce	Senior	Tyne Bridge Harriers	Jarrow & Hebburn AC
Nicholas	Kanonik	Senior	Birchfield Harriers	Windsor Slough Eton & Hounslow AC
James	Kavanagh	Senior	Watford Joggers	Ealing Eagles Running Club
Lorraine	Kelsey	Senior	Clapham Chasers	Fulham Running Club
Olivia	Kempsey	Senior	Clapham Chasers	Chorlton Runners
Scott	Kennedy	Senior	Wye Valley Runners	Chippenham Harriers
Garry	Kidd	Senior	Border Harriers & AC	Wigan & District H & AC
Beverley	Kidson	Senior	Okehampton RC	Almost Athletes
Freya	Killilea	U15	Chelmsford AC	Havering AC
Steve	Kitney	Senior	Farnham Runners	Alton Runners
George	Lavender	U15	Colchester & Tendring AC	Colchester Harriers AC
Lisa	Lee	Senior	Warrington Running Club	Widnes Running Club
Sarah	Legg	Senior	Storm Plymouth	Plymouth Musketeers Running Club

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First Name	Last Name	Age Group	Origin Club	Destination Club
Carla	Letheby	Senior	Walton AC	Thames Valley Harriers
Arabella	Lewendon	Senior	Stowmarket Striders RC	Felixstowe RRC
Sandra	Lewis	Senior	Spectrum Striders	Warrington Running Club
Tim	Lewis	Senior	Spectrum Striders	Warrington Running Club
Janet	Lowry	Senior	Blackburn Road Runners	Darwen Running Group
Lisa	Ludlow	Senior	Evesham Vale Running Club	Pershore Plum Plodders
Lydia	Lycholat	U17	Bolton United Harriers & AC	Wigan & District H & AC
Richard	Lyons	Senior	Hayle Runners	Village RR
SOPHIE	MACLAGAN	U15	Carlisle Aspatria AC	Border Harriers & AC
Charlotte	Madgin	Senior	Marshall Milton Keynes AC	Milton Keynes Distance Project
Daniel Joseph	Madgin	U15	Marshall Milton Keynes AC	Milton Keynes Distance Project
Bryan	Maillardet	Senior	New Eltham Joggers	London City Athletics Club
Michael	Major	Senior	Richmond & Zetland Harriers	Colchester Harriers AC
Lara	Mannes	U13	Belgrave Harriers	Blackheath and Bromley Harriers Athletic Club
Sabrina	Mannes	U15	Belgrave Harriers	Blackheath and Bromley Harriers Athletic Club
Dave	Maris	Senior	Bedford & County AC	Marshall Milton Keynes AC
Lorraine	Marshall	Senior	City Of Norwich AC	Bure Valley Harriers
Wayne	Martison	Senior	Doncaster Athletic Club	Askern & District RC
Heather	Matthews	Senior	Farnham Triathlon Club	Andover AC
Matthew	McArdle	Senior	Ipswich Jaffa RC	Ilfracombe Running Club
Stephen	McDuell	Senior	Hercules Wimbledon AC	St Mary's Richmond AC
Gareth	McGovern	Senior	City of Stoke AC	Vale Royal AC
Timothy	McGrath	Senior	Worthing Striders	Run Academy Worthing
Sophie Leigh	Mcilroy	U15	Ilkley Harriers AC	Skyrac Athletic Club
Kate	McLean	Senior	Heaton Harriers & AC	Newcastle Frontrunners
NIAMH	McNALLY	U15	Barrow & Furness Striders AC	Leven Valley AC
Nicola	McPhun	Senior	City of Hull AC	East Hull Harriers & AC
Vicky	McTaggart	Senior	Woodbridge Shufflers RC	Ipswich Triathlon Club
Nia	Mercurius-Johnson	U15	Thames Valley Harriers	Watford Harriers
Gabriel	Mikoleizik	U13	Halton & Frodsham Harriers	West Cheshire Athletic Club
Clare Louise	Miller	Senior	Helsby Running Club	Kirkby Milers AC
Paul	Millsom	Senior	Malvern Joggers	Vegan Runners UK
Tiffany	Moorcroft	Senior	Vale Royal AC	Northwich Running Club
Claire	Moss	Senior	Pudsey Pacers RC	Eccleshill Road Runners
Prince	Mulamba	U15	Bexley AC	Cambridge Harriers
Hayley	Munn	Senior	Winchester & District AC	Northampton Road Runners
Claire	Murphy	Senior	Kenilworth Runners	Spa Striders
Nathan Lewys	Murphy	U17	Danum Harriers	Doncaster Athletic Club

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First Name	Last Name	Age Group	Origin Club	Destination Club
Hannah	Musgrove	Senior	Leamington Cycling and Athletic Club	St Helens Striders
Kevin	Myers	Senior	Wootton Road Runners	Rugby & Northampton AC
Carollyn	Mynott	Senior	Crawley Saints & Sinners Running Club	Crawley Run Crew
Kavitha	Nagalingam	Senior	St Mary's Richmond AC	Hillingdon AC
Susannah	Naylor	Senior	Ryston Runners	Harwell Harriers
Steve	Neal	Senior	Plymouth Musketeers Running Club	Storm Plymouth
Freyah	Nelson	U13	Barrow & Furness Striders AC	Leven Valley AC
Jakob	Nelson	U15	Barrow & Furness Striders AC	Leven Valley AC
Ryan	Noon	Senior	Pudsey & Bramley AC	Pudsey Pacers RC
Jack	Olsen	Senior	Newcastle University AC	Belgrave Harriers
James	Oram	Senior	Worthing Striders	Run Academy Worthing
Ruby	Orchard	Senior	Truro Running Club	Cornwall AC
Paul	O'Shaughnessy	Senior	Leicester Triathlon Club	Barrow Runners
David	Owens	Senior	Mossley Hill AC	Penny Lane Striders
Robert	Paddock	Senior	Westbury Harriers	Great Western Runners
Joshua	Patteson	U15	Slough Junior AC	Windsor Slough Eton & Hounslow AC
Cameron	Payas	U20	Medway and Maidstone AC	Tonbridge AC
David James	Peacock	Senior	Gosforth Harriers & AC	North Shields Polytechnic Club
Zoe	Pearse	Senior	Wallasey Athletic Club	UTS Running Club
Andrew	Pearson	Senior	Richmond & Zetland Harriers	New Marske Harriers Club
Fredrica	Peart	Senior	Blackheath and Bromley Harriers Athletic Club	Sale Harriers Manchester
Florence	Pell	U11	Abbey Runners	Valley Striders AC
Helen	Pellett	Senior	Worthing & District Harriers	Team Synergy
Mark	Perry	Senior	Ponteland Runners	Washington Running Club
Chris	Phelan-Heath	Senior	Sleaford Striders AC	Lincoln Wellington Athletic Club
Andrew	Phillips	Senior	Cambridge University Press RC	BRJ Run and Tri
Adrian	Pope	Senior	Paddock Wood AC	Weald Tri Club
Keira	Potter	U13	Corby AC	Kettering Town Harriers
Vicky	Pratt	Senior	Lordshill Road Runners	Itchen Spitfires Running Club
Louise	Prestwich	Senior	Doncaster Athletic Club	City of York AC
James	Prodger	Senior	Great Western Runners	Dartmouth AAC
Millie	Quaintance	U15	Team Kennet Triathlon & AC	Newbury AC
Lucy	Rathbone	U15	Stilton Striders	Rushcliffe AC
Richard	Rayner	Senior	Warrington Road Runners	Warrington Running Club
Justin	Reid	Senior	St Mary's Richmond AC	Hercules Wimbledon AC
Emma	Rettig	Senior	Manchester YMCA Harriers	Glossopdale Harriers
Danny	Richards	Senior	Newport and District RC	Lawley Running Club
Justine	Richardson	Senior	Sandhurst Joggers	Arunners RC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Sarah	Richardson	Senior	Jesmond Joggers	Derwent Valley Running Club
Avril	Riddell	Senior	Mornington Chasers	Serpentine RC
Will	Roberts	Senior	Steel City Striders RC	West End Runners
Jessica	Robertson	U13	Ivanhoe Robins Junior Athletics Club	Derby Athletic Club
Dawn	Rogers	Senior	Stainland Lions Running Club	Sowerby Bridge Snails Running Club
Andrew	Rooke	Senior	Ipswich Jaffa RC	Framlingham Flyers
Carol	Rose	Senior	Shenley Striders	Silson AC
Freya	Rose	U15	Newton Abbot AC	Exeter Harriers
Jonathan	Rowe	Senior	Kimberworth Striders	Sheffield RC
Harvey	Rowland	U15	Stroud & District AC	Yate & District AC
Santosh	Rudravajhala	Senior	Derby Athletic Club	Manchester Harriers & AC
Stewart	Russell	Senior	Birchfield Harriers	Royal Sutton Coldfield Athletic Club
Havana	Sale	U15	Maidenhead AC	Windsor Slough Eton & Hounslow AC
Harry	Sanderson	U17	Ambleside AC	Kendal Amateur Athletic Club
Andrea	Sanders-Reece	Senior	Mornington Chasers	Serpentine RC
Deborah	Sargent	Senior	Stainland Lions Running Club	Sowerby Bridge Snails Running Club
Nick	Sarker	Senior	London Frontrunners	Ealing Eagles Running Club
Elliot	Savage	U13	Bury Athletic Club	Sale Harriers Manchester
Evan	Savage	U13	Bury Athletic Club	Sale Harriers Manchester
Claire	Scholes	Senior	Hayle Runners	Truro Running Club
Gavin	Scott	Senior	Slinn Allstars	Overton Harriers & AC
Jason	Scott	Senior	Birtley AC	Sun City Tri
Sarah	Scott	Senior	Hallamshire Harriers Sheffield	Radcliffe AC
Bryan	Searby	Senior	Blackburn Harriers & AC	Calder Valley Fell Runners
Andrew	Settle	Senior	Valley Striders AC	Sowerby Bridge Snails Running Club
Paul	Shapcott	Senior	Tamar Trotters	Storm Plymouth
Charlie	Sharpe	Senior	Spectrum Striders	Time2Run Events
Vienna	Shelley	U17	Newcastle Staffs AC	City of Stoke AC
Oliver	Sheppard	Senior	Team Bath Athletic Club	Emersons Green Running Club
Helen	Shires	Senior	Trafford Athletic Club	Windle Valley Runners
Paul	Simpson	Senior	Kendal Amateur Athletic Club	Ambleside AC
Anna	Smith	U17	Newark AC	Mansfield Harriers
Ben	Smith	U15	Newark AC	Mansfield Harriers
Brian	Smith	Senior	Thirsk & Sowerby Harriers	York Knavesmire Harriers
Cameron	Smith	Senior	Derby Athletic Club	Notts AC
Daniel	Smith	Senior	Team Derby Runner	Derwent Runners (Derby)
Jonathan	Smith	Senior	Sheffield RC	Steel City Striders RC
Kevin	Smith	Senior	Darwen Dashers RC	Red Rose Road Runners
Sabina	Spence	Senior	City Of Norwich AC	Bure Valley Harriers

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First Name	Last Name	Age Group	Origin Club	Destination Club
John	Spill	U20	Oxford University AC	Pudsey & Bramley AC
Paul	Spooner	Senior	100 Marathon Club	Victory AC
Mark	Standen	Senior	North East Veterans AC	New Marske Harriers Club
Esther	Stanier	Senior	Fylde Coast Runners	Red Rose Road Runners
Maria	Stanley	Senior	Goole Viking Striders	Saltwell Harriers
Katie	Stean	Senior	Stubbington Green Runners	Itchen Spitfires Running Club
Claire	Stirman	Senior	Winchester & District AC	Eastleigh RC
Isobel	Stitt	U17	Guildford & Godalming AC	Richmond & Zetland Harriers
Craig	Stokes	Senior	New Marske Harriers Club	North York Moors AC
Jonathan	Stone	Senior	Ely Runners	St Mary's Richmond AC
Michael	Stone	Senior	Wirral AC	UTS Running Club
Samantha	Sugden	Senior	Dragons Running Club (Leeds)	Halifax Harriers & AC
Steve	Sutheran	Senior	York Knavesmire Harriers	Aycliffe Running Club
Raymond	Swain	Senior	Norwich Road Runners	Wymondham AC
John	Talbot	Senior	Didcot Runners	Harwell Harriers
Tracey	Talbot	Senior	Didcot Runners	Harwell Harriers
Andrew	Tams	Senior	Pudsey Runners	Bramley Breezers
Paul	Tatler	Senior	Stoke F.I.T	Newcastle Staffs AC
Alice	Taylor	Senior	Spirit Of Monmouth	Cheltenham and County Harriers
Mark	Taylor	Senior	NYP Tri	Leeds & Bradford Triathlon Club
Robby	Taylor	Senior	Marshall Milton Keynes AC	Buckingham & Stowe RC
Elizabeth	Thomas	Senior	Running Somewhere Else	Cirencester AC
Lydia	Thomas	U17	Basingstoke & Mid Hants AC	Huntingdonshire AC
Matthew	Tomlinson	Senior	Tyne Bridge Harriers	Houghton Harriers & AC
Aiden	Try	U17	Thetford AC	City Of Norwich AC
Faith	Usiagwu	U13	Aldershot Farnham & District	Basingstoke & Mid Hants AC
Lucy	Wade	U13	Ivanhoe Robins Junior Athletics Club	Derby Athletic Club
Kim	Wakefield	Senior	Wootton Road Runners	UKRunChat Running Club
Stuart	Wallace	Senior	Barrow & Furness Striders AC	Vegan Runners UK
Catherine	Walsh	Senior	Ipswich Triathlon Club	Felixstowe RRC
Donna	Walters	Senior	Witham Runners (Lincolnshire)	Lincoln Wellington Athletic Club
David	Waterhouse	Senior	Manchester Triathlon Club	Stockport Tri Club
Samantha	Watkins	Senior	Rugby & Northampton AC	Rugby Triathlon Club
Ryan	Watmough	U17	Keighley & Craven AC	Halifax Harriers & AC
Amber	Watson	Senior	Stroud & District AC	Cheltenham and County Harriers
Dennis	Wells	Senior	Wymondham AC	Norfolk Gazelles AC
stacey	wheat	Senior	Cambridge & Coleridge AC	Herne Hill Harriers
Samantha	Whitaker	Senior	Abbey Runners	Hyde Park Harriers
Kim	Whitby	Senior	Havering AC	Harold Wood Running Club

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First Name	Last Name	Age Group	Origin Club	Destination Club
Alistair	White	Senior	Elvet Striders	Roundhay Runners
Richard	White	Senior	Wolverhampton & Bilston	Tipton Harriers
Richard	Whitelegg	Senior	Leicester Coritanian AC	Hinckley Running Club
Annelie	Whitfield	Senior	Chiltern Harriers AC	Swaledale Runners
Hannah	Wibberley	Senior	Derwent Runners (Derby)	Belper Harriers
Gemma	Wickham	U13	Marshall Milton Keynes AC	Milton Keynes Distance Project
Karen	Wigmore	Senior	Horsham Amphibians Triathlon Club	Horsham Joggers
David	Wilkinson	Senior	Exeter Harriers	South West Veterans AC
Mary	Wilkinson	Senior	Bingley Harriers & AC	Ribble Valley Harriers
Helen	Williams	Senior	Huncote Harriers	West End Runners
Mark	Williamson	Senior	Road Runners Club	Forest of Dean AC
Nicholas	Wiseman	Senior	St Mary's Richmond AC	Keswick AC
Mark	Wishart	Senior	Huntingdonshire AC	Eye Community Runners
Adrian	Woodhouse	Senior	Erme Valley Harriers	MudCrew Running
Geoff	Woods	Senior	Newton Abbot AC	Teignbridge Trotters
Dominic	Woolford	Senior	Invicta East Kent AC	South Kent Harriers
Alex	Wyke-Ulliott	U20	Leeds City Athletic Club	Rothwell Harriers & AC
Jenny	Yates	Senior	Bury Athletic Club	Radcliffe AC

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