

First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Helen	Elleker	Senior	City of Sheffield and Dearne AC	2 Dash	13/01/2019
Alexandra	Firth	Senior	Leeds City Athletic Club	Abbey Runners	08/01/2019
Christopher	Tizzard	Senior	Blackwater Valley Runners	Aldershot Farnham & District	16/01/2019
Lilly	O'Dell	U15	Cambridge Triathlon Club	AM Activ Race Team	11/01/2019
James	Harris	Senior	Black Combe Runners	Ambleside AC	19/01/2019
Nicky	Double	Senior	Biggleswade AC	Ampthill & Flitwick Flyers RC	23/01/2019
Stella	Cross	Senior	Abbey Runners	Arena 80 AC	18/01/2019
Alison	Statham	Senior	Fetch Everyone	Barlestone St Giles RC	24/01/2019
Amanda	Duncan	Senior	Malvern Joggers	Barlick Fell Runners	31/01/2019
Рорру	Hodder	U13	Chesterfield & District AC	Barnsley Athletic Club	18/01/2019
Thomas	Lawcock	Senior	Team Manvers	Barnsley Harriers	18/01/2019
Siegfried	Ambe	U17	Thurrock Harriers	Be Fit Today Track Academy	09/01/2019
Kate	Bryson	Senior	Waveney Valley AC	Beccles Triathlon Club	06/01/2019
Mark	Edmondson-Jones	Senior	Southwell Running Club	Bedford Harriers AC	03/01/2019
John	Gibbon	Senior	Long Eaton Running Club	Beeston AC	15/01/2019
Мауа	Kessler	Senior	Derwent Runners (Derby)	Beeston AC	02/01/2019
Rachel Ann	Brown	Senior	St Albans Striders	Belgrave Harriers	01/02/2019
Jessica	Lowe	Senior	Greenwich Tritons Triathlon Club	Belgrave Harriers	24/01/2019
Alice	Reed	Senior	Stratford Upon Avon AC	Belgrave Harriers	14/01/2019
Martin	Simms	Senior	Belper Harriers	Belper Ten Twenty Triathlon Club	17/01/2019
Graham	Justice	Senior	City of Hull AC	Beverley Athletic Club	25/01/2019
Frances	Burnham	Senior	Hastings AC	Bexhill Runners & Triathletes	11/12/2018
Anya	Alldread	U13	Oxford City AC	Bicester AC	04/01/2019
Jeremy	Brookes	Senior	Boalloy Running Club	Biddulph RC	29/01/2019
Paula	Frost	Senior	Bishops Stortford RC	Biggleswade AC	09/01/2019
Ella	Barnes	U13	Spenborough & Dist AC	Bingley Harriers & AC	10/01/2019
Lewis	Barnes	U15	Spenborough & Dist AC	Bingley Harriers & AC	10/01/2019
Lucas	Barnes	U13	Spenborough & Dist AC	Bingley Harriers & AC	10/01/2019
Sam	Johnson	Senior	Derby Athletic Club	Birchfield Harriers	08/01/2019
Joseph	Boyle	Senior	Team Anstey Amblers and Runners	Birstall RC	14/01/2019
Julie	Harris	Senior	Team Anstey Amblers and Runners	Birstall RC	23/01/2019
Katie	Boue	Senior	Epsom Oddballs RC	Bitton Road Runners	15/01/2019
Helen	Clark	Senior	Bristol and West AC	Bitton Road Runners	09/01/2019
Lisa	Newing	Senior	Bristol and West AC	Bitton Road Runners	11/01/2019
Louise	Oldfield	Senior	Darwen Dashers RC	Blackburn Road Runners	11/01/2019
Nathan	Huggins	U15	South London Harriers	Blackheath and Bromley Harriers Athletic Club	29/01/2019
Billy	Dobson	Senior	Ashington Hirst Running Club	Blyth Running Club	23/01/2019
Stephanie	English	Senior	Ashington Hirst Running Club	Blyth Running Club	23/01/2019



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Adam	Rowe	Senior	North Shields Polytechnic Club	Blyth Running Club	20/01/2019
Millie	Train	U13	Wallsend Harriers & AC	Blyth Running Club	12/01/2019
Alex	Walker	U13	Wallsend Harriers & AC	Blyth Running Club	20/01/2019
Hannah	Walker	U13	Wallsend Harriers & AC	Blyth Running Club	20/01/2019
Judith	Gibson	Senior	Stoke F.I.T	Blythe Bridge RC	11/01/2019
Amy	Mayell	Senior	Sandbach Striders	Boalloy Running Club	08/01/2019
Kim	Pauling	Senior	Bodmin Women's RC	Bodmin Road Runners	29/01/2019
Ben	Glencross	U17	Carlisle Aspatria AC	Border Harriers & AC	29/01/2019
Stuart	Glenister	Senior	Zoom Tri Club Bournemouth	Bournemouth AC	06/01/2019
Mitchell	Griffiths	Senior	Westbourne R C	Bournemouth AC	09/01/2019
Annette	Lewis	Senior	Poole Runners	Bournemouth AC	12/01/2019
Jayne	Wade	Senior	Littledown Harriers	Bournemouth AC	06/01/2019
Paul	Brown	Senior	Doncaster Athletic Club	Bridlington Road Runners	18/01/2019
Marnie	Butler	U13	Brighton Phoenix	Brighton & Hove AC	26/01/2019
Paul	Prosser	Senior	Burgess Hill Runners	Brighton & Hove AC	08/01/2019
Leo	Walker	U17	Horsham Blue Star Harriers	Brighton & Hove AC	17/01/2019
Amy	Gamblin	U20	Brighton & Hove AC	Brighton Phoenix	17/01/2019
Michael	Scofield	Senior	South London Harriers	Brighton Phoenix	10/01/2019
Matthew	Bond	Senior	Liverpool Harriers & AC	Bristol and West AC	08/01/2019
Helen	Davies	Senior	Avon Valley Runners	Bristol and West AC	12/01/2019
Suzanne	Harding	Senior	Gloucester AC	Bristol and West AC	12/01/2019
Daniel	Hurley	Senior	Lichfield Running Club	Bristol and West AC	24/01/2019
Paul	Manuel	Senior	Avon Valley Runners	Bristol and West AC	12/01/2019
Marcus	Sheppard	Senior	Southville Running Club	Bristol and West AC	23/01/2019
Lee	Brooks	Senior	Huntingdonshire AC	BRJ Run and Tri	12/01/2019
John	Uff	Senior	Race Hub	BRJ Run and Tri	01/02/2019
Carl	Tucker	Senior	Marshall Milton Keynes AC	Buckingham & Stowe RC	31/01/2019
Simon	Alcock	Senior	Norwich Road Runners	Bure Valley Harriers	31/01/2019
Jack	Noble	Senior	Wymondham AC	Bure Valley Harriers	03/01/2019
Daniel	Frewer	U17	Staffs Moorlands AC	Buxton AC	31/01/2019
Debbie	Норе	Senior	Cheadle RC	Buxton AC	01/02/2019
Rob	McNeil	Senior	Goyt Valley Striders	Buxton AC	23/01/2019
Tim	Blackburn	Senior	Lonely Goat RC	Caistor Running Club	16/01/2019
Liam	Conway	U13	BRJ Run and Tri	Cambridge & Coleridge AC	11/01/2019
Ruth	Jones	Senior	Helpston Harriers AC	Cambridge & Coleridge AC	01/02/2019
George	Falcus	Senior	Stafford Harriers	Cannock & Stafford AC	07/01/2019
Dean	Storry	Senior	Midland Masters AC	Charnwood A C	26/01/2019
Zara	Leaver	U17	Basildon AC	Chelmsford AC	14/01/2019
Rebecca	Casson	Senior	Vegan Runners UK	Chester Road Runners	24/01/2019



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Simon	Thraves	Senior	Fittleworth Flyers	Chichester Runners & AC	05/01/2019
Lee	Smalley	Senior	Darwen Dashers RC	Chorley Athletic and Triathlon Club	25/01/2019
Rebecca	Garlick	Senior	Liverpool Running Club	Chorlton Runners	31/01/2019
Charlotte	Hodges	Senior	London City Athletics Club	Chorlton Runners	04/01/2019
Andrew	Weston	Senior	Stockport Tri Club	Chorlton Runners	26/01/2019
Stephen	Lonsdale	Senior	East Hull Harriers & AC	City of Hull AC	11/01/2019
Matthew	Allen	Senior	Ryston Runners	City Of Norwich AC	23/01/2019
James	Greenhalgh	Senior	West Norfolk AC	City Of Norwich AC	27/01/2019
Shaun	Mann	Senior	Ryston Runners	City Of Norwich AC	25/01/2019
Rachel	Aldridge	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	City Of Portsmouth AC	01/02/2019
Ellie	Lovett	U17	Isle Of Wight AC	City Of Portsmouth AC	18/01/2019
Zara	Hadden	U17	Newcastle Staffs AC	City of Stoke AC	18/01/2019
Ashley	Suttill	U15	Leeds City Athletic Club	City of York AC	12/01/2019
Zachary	Cunningham	Senior	Warrington A C	Clapham Chasers	18/01/2019
Alice	Keogh	Senior	Mansfield Harriers	Clapham Chasers	28/01/2019
Leena	Peltonen	Senior	Crystal Palace Triathletes	Clapham Chasers	23/01/2019
lan	Burdis	Senior	Mansfield Triathlon Club	Clowne Road Runners Club	12/01/2019
Ann	Evans	Senior	Halesowen ACC	Cobra Running & Triathlon Club	31/01/2019
Elizabeth	Cahill	Senior	Braintree & District AC	Colchester Harriers AC	15/01/2019
Arnold	Emeka-Ugwuadu	U13	Thurrock Harriers	Colchester Harriers AC	31/01/2019
David	Emeka-Ugwuadu	U15	Thurrock Harriers	Colchester Harriers AC	31/01/2019
Sean	Emeka-Ugwuadu	U15	Thurrock Harriers	Colchester Harriers AC	31/01/2019
James	Hamblin	Senior	Shaftesbury Barnet Harriers	Colchester Harriers AC	28/01/2019
Daniel	Summersgill	Senior	Ipswich Jaffa RC	Colchester Harriers AC	31/01/2019
Josie	Galbraith	Senior	Boalloy Running Club	Congleton Harriers	08/01/2019
Lizzie	Figgis	Senior	Erme Valley Harriers	Cotswold Allrunners	05/01/2019
Dominic	Woolford	Senior	Folkestone RC	Coventry Godiva Harriers	31/01/2019
Laura	Clements	Senior	St Bees Triers	Cumberland Fell Runners	07/01/2019
Aiden	Crickett	U11	Copeland AC	Cumberland Fell Runners	19/01/2019
Elena	Davies	Senior	Market Drayton RC	Cumberland Fell Runners	25/01/2019
Tony	Jewell	Senior	BodyFit Cumbria Running Club	Cumberland Fell Runners	09/01/2019
Andrew	Wright	Senior	Havering '90 Joggers	Dagenham 88 Runners	02/01/2019
Anne	Wright	Senior	Havering '90 Joggers	Dagenham 88 Runners	05/01/2019
Simon	Allen	Senior	Sheffield RC	Dark Peak Fell Runners	06/01/2019
Bethan	Gay	Senior	Cornwall AC	Dark Peak Fell Runners	11/01/2019
Joe	Law	Senior	Holmfirth Harriers AC	Dark Peak Fell Runners	23/01/2019
Robert	Little	Senior	Hallamshire Harriers Sheffield	Dark Peak Fell Runners	12/01/2019
Joshua	Moon	Senior	Heanor Running Club	Dark Peak Fell Runners	26/01/2019



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John	Clifford	Senior	Evenwood Road Runners	Darlington H & AC	29/01/2019
Julia	Clifford	Senior	Evenwood Road Runners	Darlington H & AC	29/01/2019
Simon	Carter	Senior	Quakers Running Club	Darlington Triathlon Club	11/01/2019
Gary	Edmonds	Senior	Portsmouth Joggers	Denmead Striders	24/01/2019
Cameron	Nightingale	U17	Amber Valley and Erewash Athletic Club	Derby Athletic Club	23/01/2019
John	Gibson	Senior	Gateshead Harriers & AC	Derwentside AC	17/01/2019
Michael	Cullen	Senior	Grimsby Harriers & AC	Doncaster Athletic Club	25/01/2019
Emma	Elliott	Senior	Maiden Newton Runners	Dorchester RIOT	06/01/2019
Peter	Ellis	Senior	City of York AC	Driffield Striders	23/01/2019
Emily	Morris	Senior	York Knavesmire Harriers	Driffield Striders	21/01/2019
Tara	Evans	Senior	Black Pear Joggers	Droitwich AC	17/01/2019
Ali	Campbell	Senior	Clapham Chasers	Dulwich Runners AC	26/01/2019
Lucy	Elms	U20	Blackheath and Bromley Harriers Athletic Club	Dulwich Runners AC	07/01/2019
Lee	Masters	Senior	Hogweed Trotters	Dursley Running Club	26/01/2019
Jo	Goodall	Senior	Queen's Park Harriers	Ealing Eagles Running Club	28/01/2019
Daisy	Lund	Senior	Ealing Eagles Running Club	Ealing Southall & Middlesex AC	02/01/2019
Sebastian	Ampofo	Senior	Datchet Dashers	East End Road Runners	31/01/2019
Rowena	Evans	Senior	Macclesfield Harriers & AC	East End Road Runners	28/01/2019
David	Armitage	Senior	Newmarket Joggers	Eastern Masters AC	14/01/2019
Carole	Milnes	Senior	East Cheshire Harriers & Tameside AC	Eden Runners	15/01/2019
Gary	Milnes	Senior	East Cheshire Harriers & Tameside AC	Eden Runners	13/01/2019
lan	Robinson	Senior	Datchet Dashers	Eden Runners	24/01/2019
Lucy	Ward	Senior	Howgill Harriers	Eden Runners	14/01/2019
Robert	Ward	Senior	Howgill Harriers	Eden Runners	11/01/2019
Hannah	Martyn	Senior	Weymouth St Pauls Harriers	Egdon Heath Harriers	04/01/2019
Lynn	Nicholls	Senior	Storm Plymouth	Erme Valley Harriers	16/01/2019
Richard	Veitch	Senior	Redcar Running Club	Esk Valley Fell Club	20/01/2019
David	Milner	Senior	Orion Harriers	Eton Manor AC	05/01/2019
Mark	Pickett	Senior	Durham City Harriers & AC	Evenwood Road Runners	26/01/2019
Paul James	Willis	Senior	Cheltenham and County Harriers	Evesham Vale Running Club	25/01/2019
Stefan	Chirita	U13	Torbay AAC	Exeter Harriers	09/01/2019
Vasile-Valeriu	Chirita	Senior	Torbay AAC	Exeter Harriers	09/01/2019
Bethany	Boulton	Senior	Leeds University AC/CC Club	Falmouth RRC	23/01/2019
Helen	Gardner	Senior	St Albans Striders	Fetch Everyone	13/01/2019
Keith	Hale	Senior	Wakefield Triathlon Club	Fetch Everyone	07/01/2019
Barbara	Hermann	Senior	Roadhoggs Leicester AC	Fitmums and Friends	25/01/2019
Helen	Webb	Senior	Deal Tri Club	Folkestone RC	07/01/2019



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Mags	Topham	Senior	Full Potential	Forest of Dean AC	07/01/2019
Dale	Turner	U17	Blyth Running Club	Gateshead Harriers & AC	13/01/2019
Gus	Withers	U20	Basildon AC	Gateshead Harriers & AC	30/01/2019
Gareth	Brown	Senior	Liverpool Running Club	Glaxo Hoad Hill Harriers	23/01/2019
Martyn	Whitlock	Senior	Severn AC	Gloucester AC	17/01/2019
Karen	Thomson	Senior	Littledown Harriers	Gosport Road Runners	08/01/2019
Emma	Bell	Senior	Ealing Eagles Running Club	Great Western Runners	02/01/2019
Jennifer	Scott	Senior	Chorlton Runners	Great Western Runners	09/01/2019
Christopher	Coles	Senior	Hercules Wimbledon AC	Guildford & Godalming AC	09/01/2019
Jennifer	Friar	Senior	Windle Valley Runners	Guildford & Godalming AC	20/01/2019
Rob	Marcus	Senior	Walton AC	Guildford & Godalming AC	10/01/2019
Eleanor	Walker	Senior	Warrington Running Club	Guildford & Godalming AC	08/01/2019
Faye	McClelland	Senior	Bodyworks XTC Tri Store	Hailsham Harriers	18/01/2019
Emma	Vincent	Senior	Abbey Runners	Halifax Harriers & AC	26/01/2019
Louise	Southgate	Senior	Bourne Town Harriers	Halmer Harriers	14/01/2019
Ross	Kemble	Senior	Brentwood Running Club	Halstead RRC	25/01/2019
Keiley	Gardner	Senior	Havering '90 Joggers	Harold Wood Running Club	23/01/2019
Mike	Ashton	Senior	St Albans Striders	Harpenden Arrows	24/01/2019
Charlotte	Ogden	Senior	Stockport Harriers & AC	Harrow AC	23/01/2019
Adelaide	Omitowoju	U20	Cambridge & Coleridge AC	Harrow AC	12/01/2019
Max	Schopp	Senior	Stevenage & North Herts AC	Harrow AC	16/01/2019
Andy	Smitherman	Senior	Dartford Harriers AC	Harrow AC	30/01/2019
Matthew	Bezzant	Senior	Windsor Slough Eton & Hounslow AC	Harwell Harriers	17/01/2019
Natalina	Bonassera	Senior	Bexhill Runners & Triathletes	Hastings AC	09/01/2019
Penny	Braker	Senior	Hastings Runners	Hastings AC	13/01/2019
Barry	Buchanan	Senior	Hastings Runners	Hastings AC	11/01/2019
Matthew	McCormack	Senior	Rolls Royce Harriers	Hatton Darts	21/01/2019
Laura	Hardy	Senior	Canterbury Harriers	Havering '90 Joggers	10/01/2019
Ralph	Bessant	U11	Brighton & Hove AC	Haywards Heath Harriers	17/01/2019
Claire	Richardson	Senior	Handy Cross Runners	Hazlemere Runners	31/01/2019
David	Coe	Senior	Jesmond Joggers	Heaton Harriers & AC	18/01/2019
Matt	Clark	Senior	Hatch Warren Runners	Helm Hill Runners	28/01/2019
David	Griffin	Senior	Dallam Running Club	Helm Hill Runners	08/01/2019
Adam	Scott	U15	Kendal Amateur Athletic Club	Helm Hill Runners	08/01/2019
Daniel	Barnett	Senior	Croft Ambrey RC	Hereford Couriers	23/01/2019
Jordan	Foster	Senior	Nene Valley Harriers	Herne Hill Harriers	14/01/2019
casey	tyler-woods	U13	Biggleswade AC	Herts Phoenix AC	23/01/2019
Alex	Bampton	Senior	Cheltenham and County Harriers	Highgate Harriers	11/01/2019
Niki	Faulkner	Senior	Bexley AC	Highgate Harriers	18/01/2019



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Nina	Griffith	Senior	Woodford Green AC with Essex Ladies	Highgate Harriers	25/01/2019
Alexander	Lepretre	Senior	Barnet & District AC	Highgate Harriers	03/01/2019
Nickesh	Patel	Senior	Redhill Road Runners	Holme Pierrepont RC	24/01/2019
Nic	Rutherford	Senior	Rushcliffe AC	Holme Pierrepont RC	06/01/2019
Stuart	Padgett	Senior	Wakefield Triathlon Club	Holmfirth Harriers AC	16/01/2019
Simon	Williams	Senior	Crawley AC	Horley Harriers Running Club	13/01/2019
Emma	Lavelle-Wood	Senior	Kirkstall Harriers	Horsforth Fellandale Club	20/01/2019
Tegan	Page	Senior	Horsham Blue Star Harriers	Horsham Joggers	23/01/2019
Eleanor	Partridge	U17	Wreake & Soar Valley	Huncote Harriers	20/01/2019
Jamie	Strange	Senior	Fleckney & Kibworth Athletics Club	Huncote Harriers	24/01/2019
Matthew	Hiscock	Senior	Cambridge University Press RC	Huntingdonshire AC	23/01/2019
Elaine	Livera	Senior	Biggleswade AC	Huntingdonshire AC	06/01/2019
Emma	Musgrave	Senior	Cambridge & Coleridge AC	Huntingdonshire AC	17/01/2019
nick	helliwell	Senior	Bingley Harriers & AC	Ilkley Harriers AC	30/01/2019
George	Jenkins	Senior	Thanet Roadrunners AC	Invicta East Kent AC	15/01/2019
Georgina	Howe	Senior	Chelmsford AC	Ipswich Harriers	01/02/2019
Matthew	Bennett	U17	Ipswich Harriers	Ipswich Jaffa RC	01/02/2019
Sue	Sykes	Senior	Truro Running Club	JP Fitness Cornwall	19/01/2019
William	Hall	U13	Calder Valley Fell Runners	Keighley & Craven AC	24/01/2019
Michael	Stewart	Senior	Striders Of Croydon	Kent AC	04/01/2019
Niall	Stewart	Senior	Medway and Maidstone AC	Kent AC	11/01/2019
Lucy	Burnett	Senior	Todmorden Harriers	Keswick AC	23/01/2019
Alice	Bates	U15	Rugby & Northampton AC	Kettering Town Harriers	01/01/2019
Lorraine	Francis	Senior	She Can Run Kettering Ladies	Kettering Town Harriers	17/01/2019
Edwin	Hartley	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Kings Heath RC - The Lions	04/01/2019
Kelly	Carey	Senior	Liverpool Running Club	Kirkby Milers AC	12/01/2019
Larissa	Brown	U20	Alnwick Harriers	Kirkstall Harriers	15/01/2019
Steve	Dodsworth	Senior	Sunderland Strollers	Knaresborough Striders	08/01/2019
Stuart	Male	Senior	Tipton Harriers	Knowle & Dorridge RC	23/01/2019
Chris	Adams	Senior	Southville Running Club	Lancaster & Morecambe AC	27/01/2019
Eden	Few-Finch	U11	High Peak Athletic Club	Leeds City Athletic Club	16/01/2019
Ciaran	Forde	Senior	Horsforth Harriers	Leeds City Athletic Club	29/01/2019
Gavin	McDermott	Senior	Hermitage Harriers	Leicester Coritanian AC	31/01/2019
Lowen	Steele	U11	Glaxo Hoad Hill Harriers	Leven Valley AC	15/01/2019
Alex	Robinson	Senior	Burgess Hill Runners	Lewes AC	09/01/2019
Sophie	Sheldrake	Senior	Highgate Harriers	Lewes AC	04/01/2019
Paul	Burke	Senior	Aldridge RC	Lichfield Running Club	14/01/2019
Andy	Bond	Senior	Sheffield RC	Lincoln Wellington Athletic Club	11/01/2019



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Paula	Need	Senior	Liverpool Running Club	Liverpool Running Bugs	18/01/2019
Nicholas	Wong	Senior	Knowsley Harriers	Liverpool Running Bugs	23/01/2019
Emma	Wright	Senior	Isabella Rose Foundation - IRF - Team Isabella Running Club	Liverpool Running Bugs	19/01/2019
Matthew	Bouette	Senior	Mornington Chasers	London City Athletics Club	09/01/2019
Emily	Turner	Senior	Serpentine RC	London City Athletics Club	11/01/2019
Edward	Adams	Senior	Bedford & County AC	London Heathside	01/02/2019
Eleanor	Ball	Senior	Guildford & Godalming AC	London Heathside	27/01/2019
Siobhan	Burke	Senior	Reading AC	London Heathside	08/01/2019
Ben	Jones	Senior	Trent Park Running Club	London Heathside	29/01/2019
Sherrill	Barrett	Senior	Bexhill Runners & Triathletes	Lonely Goat RC	30/01/2019
Stephen	Belmar	Senior	Wirral AC	Lonely Goat RC	23/01/2019
Karen	Benson	Senior	Wallsend Harriers & AC	Lonely Goat RC	20/01/2019
Angela	Boycott	Senior	Telford Harriers	Lonely Goat RC	26/01/2019
Helen	Brind	Senior	Harwell Harriers	Lonely Goat RC	27/01/2019
Lewis	Cousins	Senior	Harwell Harriers	Lonely Goat RC	20/01/2019
Samantha	Cousins	Senior	Harwell Harriers	Lonely Goat RC	20/01/2019
Catherine	Dear	Senior	Danum Harriers	Lonely Goat RC	27/01/2019
Jason	Dear	Senior	Danum Harriers	Lonely Goat RC	28/01/2019
Lisa	Fewtrell	Senior	Dereham Runners & AC	Lonely Goat RC	18/01/2019
Sarah	Harris	Senior	Weston Athletic Club	Lonely Goat RC	03/01/2019
Nick	Harrison	Senior	Newark Striders Running Club	Lonely Goat RC	23/01/2019
Claire	Hatwell	Senior	Launceston Road Runners	Lonely Goat RC	27/01/2019
Anthony	Hibbert	Senior	Hyde Village Striders	Lonely Goat RC	02/01/2019
Jacqueline	Hibbert	Senior	Hyde Village Striders	Lonely Goat RC	02/01/2019
Paul	Jones	Senior	Serpentine RC	Lonely Goat RC	05/01/2019
Sara	Leggott	Senior	North Devon RRC	Lonely Goat RC	06/01/2019
Erica	Maggs	Senior	Stubbington Green Runners	Lonely Goat RC	29/01/2019
Imogen	Manhire	Senior	Farnham Runners	Lonely Goat RC	08/01/2019
Paul	McClintock	Senior	Killamarsh Kestrels	Lonely Goat RC	03/01/2019
Richard	McGrath	Senior	UKRunChat Running Club	Lonely Goat RC	23/01/2019
Carole	Parker	Senior	Sleaford Striders AC	Lonely Goat RC	05/01/2019
Mina	Patel	Senior	Hyde Village Striders	Lonely Goat RC	24/01/2019
Joanne	Stearn	Senior	Tiptree Road Runners	Lonely Goat RC	09/01/2019
Emma	Stone	Senior	Telford Harriers	Lonely Goat RC	28/01/2019
Gillian	Szafranski	Senior	Hyde Village Striders	Lonely Goat RC	08/01/2019
Rebecca	White	Senior	East End Road Runners	Lonely Goat RC	23/01/2019
Abigail	Williams	Senior	Massey Ferguson RC	Lonely Goat RC	23/01/2019
Debbie	Winter	Senior	West Hull Ladies	Lonely Goat RC	24/01/2019



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Dennis	Lane	Senior	Southampton Athletic Club	Lordshill Road Runners	23/01/2019
Joanna	Lane	Senior	Southampton Athletic Club	Lordshill Road Runners	23/01/2019
Nathan	Walker	Senior	Penny Lane Striders	Lordshill Road Runners	08/01/2019
Rachel	Farmer	Senior	Dorking & Mole Valley AC	Loughborough Students AC	23/01/2019
Jo	Bisset-Smith	Senior	Grange Farm & Dunmow Runners	Lowestoft Road Runners	16/01/2019
Philip	Brand	Senior	Dover Roadrunners AC	Lowestoft Road Runners	25/01/2019
Bluebell	Cooke	U17	Shaftesbury Barnet Harriers	Luton Athletic Club	10/01/2019
Andrew	Barton	Senior	Altrincham & District Athletic Club Limited	Lymm Runners	03/01/2019
Dawn	Dibden	Senior	Poole AC	Lytchett Manor Striders	29/01/2019
Gemma	Lovegrove	Senior	Chorlton Runners	Macclesfield Harriers & AC	04/01/2019
Lorraine	Bunn	Senior	Malvern Joggers	Malvern Buzzards Running Club	09/01/2019
Graham	Cramp	Senior	Malvern Joggers	Malvern Buzzards Running Club	04/01/2019
lan	Dyson	Senior	Malvern Joggers	Malvern Buzzards Running Club	09/01/2019
Tom	Hall	Senior	Hillingdon AC	Malvern Buzzards Running Club	09/01/2019
Cathy	Spence	Senior	Malvern Joggers	Malvern Buzzards Running Club	23/01/2019
Matthew	Fitzsimmons	Senior	London Frontrunners	Manchester Frontrunners	01/01/2019
James	Scully	Senior	Macclesfield Harriers & AC	Manchester Frontrunners	15/01/2019
Matthew	Daniels	Senior	Stockport Harriers & AC	Manchester Harriers & AC	04/01/2019
Craig	Turner	Senior	Vegan Runners UK	Manchester Harriers & AC	07/01/2019
Craig	Linacre	Senior	Sutton in Ashfield Harriers & AC	Mansfield Harriers	15/01/2019
Tony	Partridge	Senior	Northern (Isle of Man) AC	Manx Fell Runners	16/01/2019
Nicolas	Peksa	Senior	Sandhurst Joggers	Marlow Striders	23/01/2019
Ben	Tichler	Senior	Datchet Dashers	Marlow Striders	01/01/2019
Chris	Barber	Senior	Manchester Triathlon Club	Marple Runners	08/01/2019
Caroline	Rogers	Senior	Chorlton Runners	Marple Runners	17/01/2019
Hannah	Sargeant	Senior	Tamworth AC	Marshall Milton Keynes AC	29/01/2019
David	Castro Pardo	Senior	Horsham Joggers	Massey Ferguson RC	23/01/2019
Kieran	Allanson	Senior	Dark Peak Fell Runners	Matlock Athletic Club	10/01/2019
Stuart	Bond	Senior	Dark Peak Fell Runners	Matlock Athletic Club	13/01/2019
Daniel	Haworth	Senior	Keswick AC	Matlock Athletic Club	29/01/2019
Harry	Holmes	Senior	Pudsey & Bramley AC	Matlock Athletic Club	09/01/2019
Lisa	Walton	Senior	Ripley Running Club	Matlock Athletic Club	17/01/2019
Peter	Watson	Senior	Erewash Valley RC	Matlock Athletic Club	23/01/2019
Ellen	Crombie	U20	Hastings AC	Medway and Maidstone AC	01/01/2019
Michael	Major	Senior	Colchester Harriers AC	Medway and Maidstone AC	11/01/2019
Stephen	Turpie	Senior	Maidstone Harriers	Medway and Maidstone AC	13/01/2019
Sarah	Colbert	Senior	Springfield Striders RC	Mid Essex Casuals	23/01/2019
Andrea	Sexton	Senior	Dursley Running Club	Midland Masters AC	27/01/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Ruth	Holding	Senior	Newquay Road Runners	Mile High	03/01/2019
Leanne	Jackson	Senior	Barrow & Furness Striders AC	Millom Striders	06/01/2019
Kirsty	Moore	Senior	Oldham & Royton H & AC	Millom Striders	26/01/2019
philip	walker	Senior	SOUTH LEEDS LAKERS RUNNING CLUB	Morley Running Club	23/01/2019
Lucy	Winberg	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Mornington Chasers	27/01/2019
Adam	Pratt	Senior	Tynedale Harriers & AC	Morpeth Harriers & AC	07/01/2019
Kelly	Smith	Senior	East Cheshire Harriers & Tameside AC	Mossley AFC Running Club	13/01/2019
Aedan	Lydon	U13	St Neots Riverside Runners	Nene Valley Harriers	31/01/2019
Katie	Wright	U17	Huntingdonshire AC	Nene Valley Harriers	28/01/2019
Christian	Robinson	Senior	Fareham Crusaders Running Club	Netley Abbey Runners	11/01/2019
Lewis	Humphris	Senior	Orpington Road Runners	New Eltham Joggers	21/01/2019
Peter	Quinn	Senior	North East Veterans AC	New Marske Harriers Club	15/01/2019
Tracey	Quinn	Senior	North East Veterans AC	New Marske Harriers Club	15/01/2019
Christopher	Nixon	Senior	Newcastle (Staffs) Tri Club	Newcastle Staffs AC	23/01/2019
Lauren	Davies-Beckett	Senior	Chesterfield & District AC	Newcastle University AC	12/01/2019
Toby	Loveday	U20	Leamington Cycling and Athletic Club	Newcastle University AC	12/01/2019
Tiffany	Ammar	Senior	St Albans AC	Newham & Essex Beagles AC	25/01/2019
Julie	Wimberley	Senior	Grit & Grin	Newquay Road Runners	23/01/2019
Dom	Clarke	Senior	Bolton United Harriers & AC	North Bolton Runners	23/01/2019
Tim	Green	Senior	Time2Run Events	North Bolton Runners	18/01/2019
Denise	Hodgkinson	Senior	Burnden Road Runners	North Bolton Runners	17/01/2019
Elena	Beard	Senior	Chesterfield & District AC	North Derbyshire RC	18/01/2019
Natalie	Lawrence	Senior	Fairlands Valley Spartans	North Herts Road Runners	11/01/2019
Sharon	Hague	Senior	Pudsey Pacers RC	North Leeds Fell Runners	06/01/2019
Richard	Jones	Senior	St Theresa's A.C.	North Leeds Fell Runners	24/01/2019
Finlay	Swanson	U20	North Norfolk Harriers Athletics Club	North Norfolk Beach Runners	15/01/2019
Amelia	Carlaw	U13	Rugby & Northampton AC	Northampton AC	16/01/2019
Lily	Carlaw	U15	Rugby & Northampton AC	Northampton AC	16/01/2019
Lara	Dunning	U15	Rugby & Northampton AC	Northampton AC	05/01/2019
Sasha	Dunning	U13	Rugby & Northampton AC	Northampton AC	05/01/2019
Dawn	Exley	Senior	Wootton Road Runners	Northampton AC	04/01/2019
Niamh	Payne	U15	Rugby & Northampton AC	Northampton AC	20/01/2019
Maia	Reynolds	U17	Rugby & Northampton AC	Northampton AC	16/01/2019
Amy	Walker	U20	Rugby & Northampton AC	Northampton AC	23/01/2019
Joseph	Horne	Senior	Keswick AC	Northern Fells Running Club	21/01/2019
Katherine	Winrow	Senior	Kendal Amateur Athletic Club	Northern Masters AC	23/01/2019
Cora	Costigan	Senior	Penny Lane Striders	Northwich Running Club	05/01/2019
Alex	Griffiths	Senior	Dacorum & Tring AC	Norwich Road Runners	31/01/2019



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Phillip Stephen	Catcheside	Senior	Marshall Milton Keynes AC	Olney Runners AC	02/01/2019
Darren	Beale	Senior	Shropshire Shufflers	Oswestry Olympians	15/01/2019
Cato	Pugsley	U13	St Mary's Richmond AC	Oswestry Olympians	09/01/2019
Charlotte	Jonkers	U20	Maidenhead AC	Oxford City AC	26/01/2019
Daniel	Beard	Senior	Oxford City AC	Oxford University AC	06/01/2019
Amy	Kent	Senior	City of Sheffield and Dearne AC	Oxford University AC	09/01/2019
Saskia	Krefting	U20	Windsor Slough Eton & Hounslow AC	Oxford University AC	06/01/2019
Julia	McCarthy	Senior	Macclesfield Harriers & AC	Oxford University AC	09/01/2019
Toby	Ralph	Senior	Tonbridge AC	Oxford University AC	08/01/2019
Teresa	Hinton	Senior	Tunbridge Wells Harriers	Paddock Wood AC	14/01/2019
Damien Marc	Briscoe	Senior	Calder Valley Fell Runners	Penistone Footpath Runners & Athletic Club	13/01/2019
Heather	Clarke	Senior	Kingstone Runners Barnsley	Penistone Footpath Runners & Athletic Club	25/01/2019
Robert	Davies	Senior	Barnsley Athletic Club	Penistone Footpath Runners & Athletic Club	05/01/2019
Peter	Knight	Senior	Rotherham Harriers and AC	Penistone Footpath Runners & Athletic Club	01/02/2019
Craig	Royston	Senior	Valley Hill Runners	Penistone Footpath Runners & Athletic Club	09/01/2019
Ryan	Anderson	Senior	Sawtry Walk to Run	Peterborough AC	09/01/2019
Catherine	Threadgold	Senior	Eye Community Runners	Peterborough AC	07/01/2019
Kieran	Williams	U20	March AC	Peterborough AC	04/01/2019
Richard	Atkinson	Senior	Storm Plymouth	Plymouth Harriers	05/01/2019
Robert	Sewell	Senior	Morpeth Harriers & AC	Ponteland Runners	12/01/2019
Daniel	Adams	Senior	Poole Runners	Poole AC	29/01/2019
Artur	Majewski	Senior	Poole Runners	Poole AC	20/01/2019
Georgina	Stokes	U15	Poole Runners	Poole AC	28/01/2019
Charlotte	Bunch	Senior	Poole AC	Poole Runners	01/02/2019
Martine	White	Senior	Littledown Harriers	Poole Runners	03/01/2019
Grace	Rayner	U13	Red Rose Road Runners	Preston Harriers	01/02/2019
Helen	Boaden	Senior	Stocksfield Striders	Prudhoe Plodders Running Club	18/01/2019
Nicola	Gibbin	Senior	Stocksfield Striders	Prudhoe Plodders Running Club	29/01/2019
Amanda	Hughes Fletcher	Senior	Stocksfield Striders	Prudhoe Plodders Running Club	24/01/2019
Steve	Woods	Senior	Pudsey & Bramley AC	Pudsey Pacers RC	19/01/2019
Alan	Lewis	Senior	Poole Runners	Purbeck Runners	11/01/2019
Lewis	Penna-Kincell	Senior	Rothwell Harriers & AC	RAF Athletics	29/01/2019
Annie	Jonkers	U13	Oxford City AC	Reading AC	30/01/2019
Nora	Holford	Senior	Kidlington Running Club	Reading Roadrunners	30/01/2019
Bridgette	Bradley	Senior	Southend On Sea AC	RED (Rochford Endurance & Distance) Runners	30/01/2019
Heather	Ewence	Senior	Saint Edmund Pacers	Red Lodge Running Club	03/01/2019
Emma	Winstanley	Senior	Notts AC	Redhill Road Runners	17/01/2019



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lan	Winstanley	Senior	Notts AC	Redhill Road Runners	17/01/2019
Annabel	Sanders	U13	Milton Keynes Distance Project	Redway Runners	02/01/2019
Hannah	Stroud	Senior	University of Manchester Ath & XC Club	Ribble Valley Harriers	01/01/2019
Claire	Bowman	Senior	Kingston upon Hull AC	Richmond & Zetland Harriers	19/01/2019
Peter	Richardson	Senior	Thirsk & Sowerby Harriers	Richmond & Zetland Harriers	02/01/2019
Alex	Wilson	Senior	Stafford Harriers	Rising Brook Runners	02/01/2019
Timothy Eric	Brooke	Senior	Penistone Footpath Runners & Athletic Club	Road Runners Club	20/01/2019
Sue	Sylvester	Senior	Winchester & District AC	Romsey Road Runners	12/01/2019
Howard	Dracup	Senior	Royton Road Runners	Rossendale Harriers & AC	23/01/2019
Darren	Cobby	Senior	Bognor Regis Tone Zone Runners	Rotary Road Runners	04/01/2019
Ben	Shields	Senior	City of Sheffield and Dearne AC	Rotherham Harriers and AC	30/01/2019
Ann	Francis	Senior	Pudsey Pacers RC	Rothwell Harriers & AC	07/01/2019
Alison Marie	Hedley	Senior	Ware Joggers	Roundhay Runners	30/01/2019
Alan	Cooke	Senior	Aldridge RC	Royal Sutton Coldfield Athletic Club	17/01/2019
Ali	Hasip	Senior	City of Birmingham Striders	Royal Sutton Coldfield Athletic Club	17/01/2019
Sarah	Gibb	Senior	Worthing Running Sisters	Run Academy Worthing	31/01/2019
Michael	Cox	Senior	DORSET DODDLERS RC	runblandford	29/01/2019
Witney	Symon	Senior	Crewkerne RC	runblandford	08/01/2019
Evette	Price	Senior	Framlingham Flyers	Runners-Next-the-Sea	13/01/2019
Dave	Hunt	Senior	TeamSpy	Ryde Harriers	03/01/2019
Alex	Robertson	Senior	Isle Of Wight AC	Ryde Harriers	28/01/2019
Alastair	Knockton	Senior	Macclesfield Harriers & AC	Sale Harriers Manchester	03/01/2019
Kane	McWatt	U15	East Cheshire Harriers & Tameside AC	Sale Harriers Manchester	12/01/2019
Emilio	Ramirez	U17	Stockport Harriers & AC	Sale Harriers Manchester	12/01/2019
Sarah	Bishop	Senior	Reading AC	Salford Harriers & AC	08/01/2019
Carl	Jones	Senior	Mossley AFC Running Club	Salford Harriers & AC	07/01/2019
Martin	Powell	Senior	Aldershot Farnham & District	Sandhurst Joggers	28/01/2019
Sophie	Dickson	Senior	City of York AC	Scarborough Athletic Club	12/01/2019
Nick	Marriott	Senior	Chapel Allerton Runners	Selby Striders	04/01/2019
John	Withers	Senior	Gloucester AC	Severn AC	29/01/2019
Krishawn	Aiken	Senior	Enfield and Haringey A C	Shaftesbury Barnet Harriers	05/01/2019
Oluwasemilor e	Atiba	U15	London City Athletics Club	Shaftesbury Barnet Harriers	26/01/2019
Elyse	Duncan-Brown	U15	London Heathside	Shaftesbury Barnet Harriers	30/01/2019
Sophie	Forbes-Laird	U15	Biggleswade AC	Shaftesbury Barnet Harriers	20/01/2019
Natalia	Ivanov	U13	Walton AC	Shaftesbury Barnet Harriers	26/01/2019
lona	Newbegin	U17	Bedford & County AC	Shaftesbury Barnet Harriers	29/01/2019
Katie	Webb	U15	Dacorum & Tring AC	Shaftesbury Barnet Harriers	31/01/2019



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Damon	Норе	Senior	Basingstoke & Mid Hants AC	Sherfield Park Runners	30/01/2019
Antonia	Fan	Senior	University of Sheffield Union of Students	Skyrac Athletic Club	19/01/2019
Joanne	Danston	Senior	Central Park Athletics	SLGR	16/01/2019
Richard	Danston	Senior	Central Park Athletics	SLGR	11/01/2019
Hayley	Cozens	Senior	Plymouth Harriers	Slinn Allstars	28/01/2019
Debbie	Cotton	Senior	Heanor Running Club	Smalley Road Runners	30/01/2019
Robert	Harrison	Senior	Kingston upon Hull AC	Smalley Road Runners	15/01/2019
Georgina	Sumner	Senior	Stafford Harriers	Sneyd Striders	25/01/2019
Riordan	сох	U15	Tipton Harriers	Solihull & Small Heath Athletic Club	01/02/2019
Roscoe	сох	U11	Tipton Harriers	Solihull & Small Heath Athletic Club	01/02/2019
Justin	Grattan	Senior	Frome Running Club	South Cheshire Harriers	04/01/2019
Phil	Daws	Senior	Derby Triathlon Club	South Derbyshire Road Runners	01/02/2019
Dave	Hobbs	Senior	Team Derby Runner	South Derbyshire Road Runners	17/01/2019
Alicia	Sharman	Senior	Ivanhoe Runners	South Derbyshire Road Runners	05/01/2019
Kieran	O'Brien	Senior	Kirkstall Harriers	SOUTH LEEDS LAKERS RUNNING CLUB	06/01/2019
Stephen	Clancey	Senior	Tri Surrey Triathlon Club	South London Harriers	23/01/2019
Dillon	Quirici	U15	Holland Sports AC	South London Harriers	21/01/2019
Lisa	Adamson	Senior	North Devon RRC	South Molton Strugglers	18/01/2019
Nicole	Frith	Senior	Lordshill Road Runners	Southampton Athletic Club	07/01/2019
Margaret	Connolly	Senior	Invicta East Kent AC	Southern Counties Veterans AC	24/01/2019
Laura	Fraser	Senior	Horley Harriers Running Club	Southern Counties Veterans AC	09/01/2019
Wayne	Howe	Senior	Ashford AC	Southern Counties Veterans AC	21/01/2019
Lewis	Rooney	U20	Liverpool Harriers & AC	Southport Waterloo AC	08/01/2019
Jason	Lammie	Senior	Clevedon AC	Spa Striders	08/01/2019
Emma	Shillabeer	Senior	St Helens Tri	Spectrum Striders	08/01/2019
Lewis	Simpson-Jones	Senior	Dacorum & Tring AC	St Albans Striders	05/01/2019
Darran	Wilson	Senior	Dunstable RRC	St Albans Striders	11/01/2019
Pauline	Horsfall	Senior	Widnes Running Club	St Helens Striders	30/01/2019
James	Bream	Senior	Stafford Triathlon Club	Stafford Harriers	23/01/2019
Samantha	Bream	Senior	Stafford Triathlon Club	Stafford Harriers	16/01/2019
Ashley	Carson	Senior	Penistone Footpath Runners & Athletic Club	Steel City Striders RC	17/01/2019
Alex	Day	Senior	East London Runners	Steel City Striders RC	05/01/2019
Will	Day	Senior	Dark Peak Fell Runners	Steel City Striders RC	08/01/2019
Sandie	Farrow	Senior	Alchester Running Club	Steel City Striders RC	23/01/2019
Mark	Ashmore	Senior	Wreake & Soar Valley	Stilton Striders	30/01/2019
Seb	Walker	Senior	Team Derby Runner	Stilton Striders	03/01/2019
Scott	Greene	Senior	Hyde Village Striders	Stockport Harriers & AC	23/01/2019
Steve	Hole	Senior	Buxton AC	Stockport Harriers & AC	12/01/2019



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Anne	Coghlan	Senior	Stafford Harriers	Stone Master Marathoners	05/01/2019
Cheryl	Boxall	Senior	Plymouth Musketeers Running Club	Storm Plymouth	24/01/2019
Kate	O'Neill	Senior	Plymouth Musketeers Running Club	Storm Plymouth	05/01/2019
Neil	Bicknell	Senior	Dulwich Park Runners	Striders Of Croydon	23/01/2019
Robert	Mills	Senior	Hedge End Running Club	Stubbington Green Runners	08/01/2019
Pouya	Heidari	Senior	Durham City Harriers & AC	Sunderland Strollers	11/01/2019
Andy	Millen	Senior	Bexley AC	Swale Combined AC	14/01/2019
Lily	Murray	U15	Thanet AC	Swale Combined AC	13/01/2019
Paul	Collins	Senior	Stockport Harriers & AC	Swinton Running Club	04/01/2019
Elyse	Kedzior-MacDonough	U15	Wirral AC	Tavistock AC	08/01/2019
James	Vassay	Senior	Littledown Harriers	Tavistock Run Project	20/01/2019
Pete	Meeks	Senior	Smalley Road Runners	Team Derby Runner	16/01/2019
Jo	Love	Senior	Rugby & Northampton AC	Team East Haddon	16/01/2019
Matthew	Day	Senior	Torbay AAC	Teignbridge Trotters	29/01/2019
Bethan	Evans	U20	Shrewsbury AC	Telford AC	08/01/2019
Max	Millerchip	U17	Shrewsbury AC	Telford AC	15/01/2019
Joseph	Hall	U15	Belgrave Harriers	Thames Valley Harriers	23/01/2019
Daniel	Mulryan	Senior	Poole Runners	Thames Valley Harriers	15/01/2019
Kerstin	Pohlmann	Senior	King's College London Athletics and Cross Country Club	Thames Valley Harriers	07/01/2019
Claire	Morgan	Senior	Coastal Striders	Thanet Roadrunners AC	13/01/2019
Simon	Attridge	Senior	Almost Athletes	The Stragglers Running Club	27/01/2019
Amy	Skinnard	Senior	Hercules Wimbledon AC	The Stragglers Running Club	25/01/2019
Sophia	Bridle	U13	Harlow AC	Thurrock Harriers	18/01/2019
Liz	Weeks	Senior	Sittingbourne Striders	Tonbridge AC	11/01/2019
Jamie	Rutherford	Senior	Darlington H & AC	Totley AC	16/01/2019
Daniel	Cacia	Senior	Datchet Dashers	Totton RC	30/01/2019
Ryan	Sciacca	Senior	Chorley Athletic and Triathlon Club	Trafford Athletic Club	21/01/2019
Claire	Whittaker	Senior	Rossendale Harriers & AC	Trawden Athletic Club	17/01/2019
Ken	Shenton	Senior	Cheadle RC	Trentham RC	29/01/2019
Sophie	McClenaghan	Senior	Royal Sutton Coldfield Athletic Club	Tri London	17/01/2019
Wes	Mechen	Senior	Hailsham Harriers	Tri Tempo Eastbourne	03/01/2019
Becky	Sutton	Senior	Goring RRC	Tuff Fitty Triathlon Club	04/01/2019
Andrew	Deighton	Senior	Bramhall Runners	Tunbridge Wells Harriers	30/01/2019
Michael	Churchyard	Senior	Heathfield RRC	Uckfield Runners	26/01/2019
Mark	Fallaize	Senior	City of Sheffield and Dearne AC	Vale Of Aylesbury AC	09/01/2019
Seren	Young	U11	Wycombe Phoenix Harriers & AC	Vale Of Aylesbury AC	17/01/2019
Paul	Birdsall	Senior	Congleton Harriers	Vegan Runners UK	03/01/2019
Louise	Griffin	Senior	Portsmouth Joggers	Vegan Runners UK	05/01/2019



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Sigurdur Asar	Martinsson	Senior	Mounts Bay Harriers	Vegan Runners UK	16/01/2019
Mark	McKone	Senior	Kirkstall Harriers	Vegan Runners UK	09/01/2019
Julie	Reeves	Senior	Brentwood Running Club	Vegan Runners UK	23/01/2019
Edmond	Simpson	Senior	Overton Harriers & AC	Veterans AC	25/01/2019
Rebecca	Brenton	Senior	Medway and Maidstone AC	Victoria Park Harriers and Tower Hamlets AC	19/01/2019
Alan	Smith	Senior	London Heathside	Victoria Park Harriers and Tower Hamlets AC	20/01/2019
Simon	Delves	Senior	Chichester Runners & AC	Victory AC	10/01/2019
Michael	Walker	Senior	Pontefract AC	Wakefield District H & AC	12/01/2019
Andrew	Hemsley	Senior	Eden Runners	Walney Wind Cheetahs	03/01/2019
Bob	Bannister	Senior	Runnymede Runners	Walton AC	29/01/2019
Cathy	Dawson	Senior	Halifax Harriers & AC	Warrington Road Runners	07/01/2019
lan	Horner	Senior	Sun City Tri	Washington Running Club	01/02/2019
Jon	Ellis	Senior	Ealing Southall & Middlesex AC	Watford Harriers	07/01/2019
Amy	Cope-Balchin	Senior	Gade Valley Harriers	Watford Joggers	14/01/2019
Adam	Jones	U11	Wirral AC	WESPA Fire Athletics	23/01/2019
Richard	Dickson	Senior	Ryston Runners	West Norfolk AC	11/01/2019
Matthew	Lamb	Senior	Notts AC	West Norfolk AC	15/01/2019
Elaine	Burgess	Senior	Burnham On Sea Harriers	Weston Athletic Club	12/01/2019
David	Gilhooley	Senior	Southville Running Club	Weston Athletic Club	05/01/2019
Jill	Murdey	Senior	Beaumont RC	Wigston Phoenix RC	07/01/2019
Jonathan	Richmond	Senior	Holme Pierrepont RC	Wigston Phoenix RC	03/01/2019
Claire	Scammell	Senior	New Forest Runners	Wimborne AC	01/02/2019
Taylor	Campbell	Senior	City of Sheffield and Dearne AC	Windsor Slough Eton & Hounslow AC	30/01/2019
Jacqueline	Gyamfi	U20	Hillingdon AC	Windsor Slough Eton & Hounslow AC	15/01/2019
Matthew	Brenchley	Senior	Windle Valley Runners	Woking AC	16/01/2019
Tracie	Mcguire	Senior	Caistor Running Club	Wolds Veteran RC	01/02/2019
Charlotte	Monk	Senior	Birchfield Harriers	Wolverhampton & Bilston	31/01/2019
Stephen	Buttler	Senior	Shrewsbury AC	Worcester AC	08/01/2019
Chris	Rowe	Senior	Arunners RC	Worthing & District Harriers	19/01/2019
Anita	Watkins	Senior	Arunners RC	Worthing Striders	25/01/2019
Alison	Rowlands	Senior	Birstall RC	Wreake Runners	24/01/2019
Heather	Winterton	Senior	Team Anstey Amblers and Runners	Wreake Runners	24/01/2019
Liam	Curtis-Moore	Senior	Lonely Goat RC	Wye Valley Runners	09/01/2019
Crispian	Macpherson	Senior	Wells City Harriers	Yeovil Town RRC	29/01/2019
Glynn	Ellwood	Senior	York Postal Harriers	York Knavesmire Harriers	09/01/2019
Melanie	Ellwood	Senior	York Postal Harriers	York Knavesmire Harriers	09/01/2019
Paula	Kelly	Senior	Roundhay Runners	York Knavesmire Harriers	15/01/2019
lan	Cayzer	Senior	Blackheath and Bromley Harriers Athletic Club	Zero to Hero Runners	23/01/2019



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Sandra	Cheetham	Senior	Orpington Road Runners	Zero to Hero Runners	12/01/2019
Sharon	Chesworth	Senior	Striders Of Croydon	Zero to Hero Runners	05/01/2019
Bruce	Cocks	Senior	Orpington Road Runners	Zero to Hero Runners	04/01/2019