

First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Karen	Stanley	Senior	Weston Athletic Club	100 Marathon Club	31/01/2020
Kate	Williams	Senior	Roundhay Runners	Abbey Runners	31/01/2020
Andrew	Orr	Senior	Clayton-le-Moors Harriers	Accrington Road Runners	04/01/2020
James	Lavin	Senior	Leeds City Athletic Club	Ackworth Road Runners	08/01/2020
Matthew	Dickinson	Senior	Wells City Harriers	Active Training World RC	11/01/2020
James	Dargan	U15	Camberley & District AC	Aldershot Farnham & District	06/01/2020
Beth	Hanson	Senior	Luton Athletic Club	Ambleside AC	05/01/2020
Caroline	Barnes	Senior	CLC Striders	Angels RC	23/01/2020
Lesley	Clancy	Senior	Folkestone RC	Ashford & District RRC	21/01/2020
Ben	Hebblethwaite	Senior	Veterans AC	Ashford AC	05/01/2020
Laura	Hall	U20	Low Fell RC	Ashington Hirst Running Club	11/01/2020
David	Ellicott	Senior	Keswick AC	Askern District RC	20/01/2020
Pam	Goddard	Senior	Reading Joggers	Axe Valley Runners	09/01/2020
Lewis	Anderson	Senior	Newbury AC	Bad Boy Running Club	27/01/2020
Matthew	Ashton	Senior	Wrekin Road Runners	Bad Boy Running Club	18/01/2020
Darren	Bridle	Senior	Bideford AAC	Bad Boy Running Club	19/01/2020
Catherine	Mccaffrey	Senior	Lonely Goat RC	Bad Boy Running Club	16/01/2020
James	Moore	Senior	UKRunChat Running Club	Bad Boy Running Club	17/01/2020
David	Rose	Senior	Kent AC	Bad Boy Running Club	18/01/2020
Ben	Sims	Senior	Totton RC	Bad Boy Running Club	18/01/2020
Stuart	Smith	Senior	Littledown Harriers	Bad Boy Running Club	26/01/2020
Gyles	Surman	Senior	Lonely Goat RC	Bad Boy Running Club	22/01/2020
Claire	Bradford	Senior	Massey Ferguson RC	Badgers	28/01/2020
Nick	Bulloch	Senior	Serpentine RC	Barnes Runners	09/01/2020
Anna	Murray	Senior	Highgate Harriers	Barnet & District AC	15/01/2020
Kieron	Reed	Senior	Penistone Footpath Runners & Athletic Club	Barnsley Athletic Club	09/01/2020
Daniel	Wade	U17	Penistone Footpath Runners & Athletic Club	Barnsley Athletic Club	09/01/2020
Sue	Oldfield	Senior	Lincoln & District Runners	Barton & District AC	03/01/2020
Liam	Fassam	Senior	Buckingham & Stowe RC	Bearbrook Running Club	21/01/2020
Aaron	Scott	Senior	Lincoln Wellington Athletic Club	Bedford & County AC	08/01/2020
Justin	Heath	Senior	Kirkstall Harriers	Beeston AC	30/01/2020
Vreni	Verhoeven	Senior	Long Eaton Running Club	Beeston AC	12/01/2020
Paul	Williams	Senior	Plymouth Musketeers Running Club	Bere Alston Trekkers	10/01/2020
Emma	Hibbs	Senior	Pocklington Runners	Beverley Athletic Club	30/01/2020
James	Tate	Senior	Skyrac Athletic Club	Bingley Harriers & AC	15/01/2020
Emily	Baggott	U17	Wolverhampton & Bilston	Birchfield Harriers	23/01/2020
Phoebe	Baggott	U20	Wolverhampton & Bilston	Birchfield Harriers	23/01/2020
Eve	Bird	U15	Staffs Moorlands AC	Birchfield Harriers	27/01/2020

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
May	Bird	U13	Staffs Moorlands AC	Birchfield Harriers	27/01/2020
Richard	Bravington	Senior	Lichfield Running Club	Birchfield Harriers	15/01/2020
Tannika	Burgess	Senior	Wolverhampton & Bilston	Birchfield Harriers	18/01/2020
Amy	Cook	U17	Tamworth AC	Birchfield Harriers	21/01/2020
Valerio	Duah	U20	Telford AC	Birchfield Harriers	16/01/2020
Kai	Dudfield	U20	Wolverhampton & Bilston	Birchfield Harriers	13/01/2020
Khiara	martin	U15	Royal Sutton Coldfield Athletics Club	Birchfield Harriers	25/01/2020
Awemeshi	Nde Muyamah	U13	City of Stoke AC	Birchfield Harriers	24/01/2020
Lillian	Partridge	Senior	Aldershot Farnham & District	Birchfield Harriers	08/01/2020
James	Peacock	U17	Amber Valley and Erewash Athletic Club	Birchfield Harriers	24/01/2020
Sam	Crouchman	Senior	Roadhoggs Leicester AC	Birstall RC	06/01/2020
Callum	Davidson	Senior	Ribble Valley Harriers	Blackburn Harriers & AC	09/01/2020
Ava	Leigh	U17	Burnley AC	Blackburn Harriers & AC	31/01/2020
Sophie	Elliss	Senior	Croydon Harriers	Blackheath & Bromley Harriers AC	03/01/2020
Zara	Obamakinwa	U17	Medway and Maidstone AC	Blackheath & Bromley Harriers AC	29/01/2020
Ashley	Pearson	Senior	Orpington Road Runners	Blackheath & Bromley Harriers AC	23/01/2020
Bill	Smith	Senior	Fylde Coast Runners	Blackpool Wyre & Fylde AC	02/01/2020
Rachel	Horsburgh	Senior	White Horse Harriers	Bournville Harriers	31/01/2020
Clive	Thomas	Senior	Colchester Harriers AC	Boxted Runners	23/01/2020
Sarah	Loades	Senior	Walton AC	Bracknell AC	03/01/2020
Jane	Cotham	Senior	Wolverhampton & Bilston	Bridgnorth Running Club	10/01/2020
Robert	Harrison	Senior	Smalley Road Runners	Bridlington Road Runners	23/01/2020
Joseph	Campbell	U13	Brighton Phoenix	Brighton & Hove AC	29/01/2020
Richard	Brent	Senior	Weston Athletic Club	Bristol and West AC	13/01/2020
Natalie	Bretherton	Senior	Camberley & District AC	Bristol and West AC	03/01/2020
Jamie	Lambert	U20	Crawley AC	Bristol and West AC	04/01/2020
Luke	Roberts	Senior	Southampton Athletic Club	Bristol and West AC	04/01/2020
Liz	Sanigar	Senior	Bitton Road Runners	Bristol and West AC	21/01/2020
Neil	Hayes	Senior	South Devon AC	Brixham Harriers	24/01/2020
Tim	Aldred	Senior	Orpington Road Runners	Bromley Veterans AC	09/01/2020
Sue	Thalange	Senior	Lostock AC	Burnden Road Runners	22/01/2020
Billy	Hawkins	U15	City of Stoke AC	Buxton AC	08/01/2020
Martin	Pigott	Senior	Staffs Moorlands AC	Buxton AC	29/01/2020
Julie	Carlton	Senior	Wolds Veteran RC	Caistor Running Club	17/01/2020
Lydia	Turner	U20	Barton & District AC	Caistor Running Club	04/01/2020
Chris	Holdsworth	Senior	Ribble Valley Harriers	Calder Valley Fell Runners	06/01/2020
Jack	Sherwood	U17	Bracknell AC	Camberley & District AC	05/01/2020
William	Mycroft	Senior	Enfield and Haringey A C	Cambridge & Coleridge AC	06/01/2020

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Irina	Ferapontova	Senior	Charnwood A C	Cambridge University AC	03/01/2020
Jodie	Mitchell	U20	Wells City Harriers	Cambridge University AC	03/01/2020
Aidan	Williams	Senior	Cambridge Harriers	Cambridge University AC	17/01/2020
Richard	Lilley	Senior	Team Coco	Candy Racing	25/01/2020
Sam	MacNamara	Senior	Team Coco	Candy Racing	07/01/2020
Oliver	Parsons	Senior	Veterans AC	Candy Racing	19/01/2020
Tunde	Adeyemo	Senior	Coventry Godiva Harriers	Cannock & Stafford AC	05/01/2020
Heather	Bates	Senior	Chase Harriers	Cannock & Stafford AC	01/02/2020
Dylan	Shrehorn	U13	Stafford Harriers	Cannock & Stafford AC	29/01/2020
Victoria	Shrehorn	U11	Stafford Harriers	Cannock & Stafford AC	29/01/2020
Paul	Holliday	Senior	Copeland AC	Carlisle Aspatria AC	11/01/2020
Kieran	Neary	Senior	East Essex Triathlon Club	Castle Point Joggers	16/01/2020
Jonathan	Boyd	Senior	Northbrook Athletic Club	Centurion RC	28/01/2020
Jacob	Goodwin	Senior	Heaton Harriers & AC	Chapel Allerton Runners	10/01/2020
Carl	Struyk	Senior	Roundhay Runners	Chapel Allerton Runners	17/01/2020
Jude	Thorne	U17	Braintree & District AC	Chelmsford AC	10/01/2020
George	Harrhy	U17	Hereford & County AC	Cheltenham and County Harriers	13/01/2020
Melanie	Schofield	Senior	Bristol and West AC	Cheltenham and County Harriers	06/01/2020
Gemma	Harris	Senior	Headington RR	Cherwell Runners & Joggers	13/01/2020
Susan	Maire	Senior	Wirral AC	Chester Triathlon Club	12/01/2020
Caylin	Hobe	U15	Harrow AC	Chiltern Harriers AC	24/01/2020
Rasmi	Nanda	Senior	Dacorum & Tring AC	Chiltern Harriers AC	25/01/2020
Rebecca	Clayden	Senior	Ranelagh Harriers	Chorlton Runners	15/01/2020
lan	Hughes	Senior	Sale Harriers Manchester	Chorlton Runners	07/01/2020
Ryan	Wood	U15	Ryston Runners	City Of Norwich AC	31/01/2020
George	Maczugowski	Senior	Tavistock AC	City Of Plymouth AC	31/01/2020
Peter	Lewis	Senior	Stubbington Green Runners	City Of Portsmouth AC	05/01/2020
Charles	Scouller	Senior	Winchester & District AC	City Of Portsmouth AC	21/01/2020
Lula	Rees	U13	New Forest Junior AC	City Of Salisbury AC & RC	23/01/2020
Makar	Babenko	U15	Retford AC	City of Sheffield and Dearne AC	15/01/2020
Hannah	Dunderdale	Senior	Trafford Athletic Club	City of Sheffield and Dearne AC	01/01/2020
Lilly	Hughes	U15	Hallamshire Harriers Sheffield	City of Sheffield and Dearne AC	09/01/2020
David	Lancaster	Senior	York Acorn Running Club	City of York AC	15/01/2020
Naomi	Baker	Senior	Launceston Road Runners	Clapham Chasers	21/01/2020
Rosie	Beadle	Senior	Newark AC	Clapham Chasers	17/01/2020
Tom	Fairbrother	Senior	Ranelagh Harriers	Clapham Chasers	15/01/2020
Coralie	Frost	Senior	Serpentine RC	Clapham Chasers	28/01/2020
Rebecca	Hughes	Senior	Newcastle (Staffs) Tri Club	Clapham Chasers	11/01/2020
Helen	Ibbotson	Senior	Oxted Runners	Clapham Chasers	27/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Matt	Lister	Senior	South London Harriers	Clapham Chasers	07/01/2020
Andrew	McNamara	Senior	Fulham Running Club	Clapham Chasers	03/01/2020
Sara	Richardson	Senior	Fordy Runs Running Club	Clapham Chasers	27/01/2020
Robert	Tansey	Senior	Serpentine RC	Clapham Chasers	03/01/2020
Holly	Wootten	Senior	Worcester AC	Clapham Chasers	06/01/2020
Kristy	Foster	Senior	London City Athletics Club	Clapham Pioneers	13/01/2020
Finley	Thompson	Senior	Lincoln Wellington Athletic Club	Cleethorpes AC	08/01/2020
Tracy	Allan	Senior	Bristol and West AC	Clevedon AC	09/01/2020
Janette	Hirst	Senior	Desborough & Rothwell Running Club	Corby AC	09/01/2020
Benn	Lyman	Senior	Helpston Harriers AC	Corby AC	28/01/2020
Charles	Spencer	Senior	Team East Haddon	Corby AC	28/01/2020
Sharon	Bebington	Senior	Carn Runners	Cornwall AC	11/01/2020
Daniel	Dalton	U20	Border Harriers & AC	Coventry Godiva Harriers	15/01/2020
Kieran	Barnes	Senior	Lingfield RC	Crawley AC	31/01/2020
Harry	Sterling	Senior	Lingfield RC	Crawley AC	31/01/2020
Daniel	Stevens	Senior	Bexley AC	Crawley AC	07/01/2020
Penny	Braker	Senior	Hastings AC	Crawley Run Crew	22/01/2020
Alice	Godding	Senior	Ludlow Runners	Croft Ambrey RC	21/01/2020
Matthew	Yapp	Senior	Ludlow Runners	Croft Ambrey RC	29/01/2020
Sean	Hill	Senior	Ealing Southall & Middlesex AC	Crystal Palace Fun Runners	23/01/2020
Mark	Bean	Senior	Valley Striders AC	Cumberland AC	02/01/2020
Leon	Bond	Senior	Centurion RC	Cumberland AC	02/01/2020
Lorna	Gold	Senior	Fetch Everyone	Cumberland AC	02/01/2020
Ben	Rotherham	Senior	Lonely Goat RC	Cumberland AC	28/01/2020
Jordan	Palmer	Senior	Keswick AC	Cumberland Fell Runners	01/01/2020
Matthew	Coleman	U15	Watford Harriers	Dacorum & Tring AC	25/01/2020
Jess	Gray	Senior	Wycombe Phoenix Harriers & AC	Dacorum & Tring AC	02/01/2020
Henry	Radford	U15	Stevenage & North Herts AC	Dacorum & Tring AC	23/01/2020
Рорру	Radford	U13	Stevenage & North Herts AC	Dacorum & Tring AC	24/01/2020
Amy	Canning	Senior	Doncaster Triathlon Club	Danum Harriers	04/01/2020
Alistair	Collis	Senior	Doncaster Athletic Club	Danum Harriers	28/01/2020
Dawn	Goodings	Senior	Doncaster Athletic Club	Danum Harriers	14/01/2020
Damien Marc	Briscoe	Senior	Penistone Footpath Runners & Athletic Club	Dark Peak Fell Runners	27/01/2020
Adam	Chambers	Senior	Team Manvers	Dark Peak Fell Runners	22/01/2020
Simon	Rippon	Senior	Penistone Footpath Runners & Athletic Club	Dark Peak Fell Runners	15/01/2020
Karl	Murray	Senior	Richmond & Zetland Harriers	Darlington H & AC	09/01/2020
Hannah	Plaschkes	Senior	Quakers Running Club	Darlington H & AC	01/02/2020
Michael	Sandick	Senior	Southville Running Club	Darlington Triathlon Club	28/01/2020

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Peter	Griffiths	Senior	Bexley AC	Dartford Road Runners	20/01/2020
Charlotte	Mills	Senior	Northwich Running Club	Delamere Spartans	16/01/2020
Simon	Allen	Senior	Dark Peak Fell Runners	Denby Dale Athletics Club	17/01/2020
Jo	Isbill	Senior	Ryston Runners	Dereham Runners & AC	21/01/2020
Ricky	Fee	Senior	Tri-Lakeland	Derwent AC Cockermouth	12/01/2020
Martin	Varey	Senior	Tri-Lakeland	Derwent AC Cockermouth	11/01/2020
John	Bosson	Senior	Blackhill Bounders	Derwent Valley Trail Runners	10/01/2020
Claire	Eales	Senior	Northampton Road Runners	Desborough & Rothwell Running Club	18/01/2020
John	Eales	Senior	Northampton Road Runners	Desborough & Rothwell Running Club	18/01/2020
Andrew	Wilkins	Senior	Race Hub	Desford Striders	21/01/2020
Jasmin	Evans	Senior	Olney Runners AC	Dorchester RIOT	17/01/2020
Lerryn	Chaffey	Senior	North Dorset Triathlon Club	DORSET DODDLERS RC	27/01/2020
Ellen	Powell	Senior	Cambridge University Hare and Hounds Club	Durham City Harriers & AC	30/01/2020
Ellie	Spink	U15	Sedgefield Harriers	Durham City Harriers & AC	31/01/2020
Andrew	Foster	Senior	Durham City Harriers & AC	Durham Fell Runners	07/01/2020
Anna	Jameson	Senior	Lonely Goat RC	Dursley Running Club	05/01/2020
Alice	Braham	Senior	Harrow AC	Ealing Eagles Running Club	08/01/2020
Jennifer	McCalman	Senior	Redway Runners	Ealing Eagles Running Club	23/01/2020
Darren	Young	Senior	Ealing Southall & Middlesex AC	Ealing Eagles Running Club	21/01/2020
Tim	Lawrence	Senior	Kent AC	Ealing Southall & Middlesex AC	21/01/2020
Scott	Paget	Senior	Hillingdon AC	Ealing Southall & Middlesex AC	28/01/2020
Aine	Yue	Senior	Ealing Eagles Running Club	Ealing Southall & Middlesex AC	28/01/2020
ROBERT	GRAY	Senior	Beverley Athletic Club	East Hull Harriers & AC	30/01/2020
Joshua	Rowe	Senior	Leeds City Athletic Club	East Hull Harriers & AC	21/01/2020
Michelle	Sutherland	Senior	Burgess Hill Runners	Eden Runners	23/01/2020
Zara Paige	Bungay	U11	Tyne Bridge Harriers	Elswick Harriers	17/01/2020
Frank	Wilkinson	Senior	Saltwell Harriers	Elswick Harriers	07/01/2020
Dave	Nicholson	Senior	Racing TNT	Elvet Striders	28/01/2020
Karen	Partington	Senior	North Derbyshire RC	Elvet Striders	28/01/2020
Nicholas	McLeod	Senior	Middlesbrough Athletic Club (Mandale)	Erimus AC	26/01/2020
John	Harris	Senior	Lonely Goat RC	Evesham Vale Running Club	08/01/2020
Steve	Goss	Senior	Bristol and West AC	Exeter Harriers	08/01/2020
Daryl	Milford	Senior	Teignbridge Trotters	Exmouth Harriers	14/01/2020
Joanna	Shevlin	Senior	Horsforth Harriers	Eye Community Runners	25/01/2020
Andy	Pike	Senior	Woodstock Harriers AC	Eynsham Road Runners	13/01/2020
Hamish	Maclean	Senior	Wimbledon Windmilers	Farnham Runners	13/01/2020
Katie	Bates	Senior	SLGR	Faversham Running Club	06/01/2020
Rosalyn	Bodi	Senior	Biggleswade AC	Fetch Everyone	04/01/2020

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Alastair	Davidson	Senior	St Albans Striders	Fetch Everyone	15/01/2020
Helen	Wakeford	Senior	Horsham Joggers	Fittleworth Flyers	08/01/2020
Kevin	Allen	Senior	Gosport Road Runners	Fordy Runs Running Club	31/01/2020
Martin	Andrews	Senior	The Yellow Army	Fordy Runs Running Club	20/01/2020
Alan	Bowley	Senior	Lonely Goat RC	Fordy Runs Running Club	07/01/2020
Keith	Greaves	Senior	Harlow RC	Fordy Runs Running Club	08/01/2020
David	Thompson	Senior	Gade Valley Harriers	Fordy Runs Running Club	31/01/2020
Matt	Ford-Thomas	Senior	Saxmundham Sports Running & Fitness Club	Framlingham Flyers	28/01/2020
Dominic	Hawkins	Senior	Reigate Priory AC	Full Potential	15/01/2020
Tamsin	Ede	Senior	Clapham Chasers	Ful-On Tri Club	17/01/2020
James	Nellany	Senior	Thames Hare & Hounds	Ful-On Tri Club	07/01/2020
Elizabeth	Dean	Senior	Oh Ladies Running Club	Garden City Runners	28/01/2020
Terry	Tristram	Senior	Lonely Goat RC	Garden City Runners	31/01/2020
Faye	Haynes	U13	Blyth Running Club	Gateshead Harriers & AC	07/01/2020
Daniel	Nixon	Senior	Middlesbrough Athletic Club (Mandale)	Gateshead Harriers & AC	31/01/2020
Paul	Mogridge	Senior	Hyde Village Striders	Glossopdale Harriers	22/01/2020
Marie	Williamson	Senior	Derbyshire Dynamos	Glossopdale Harriers	22/01/2020
Amanda	Bater	Senior	London Heathside	GoodGym Race Team	19/01/2020
Olivia	Powell	Senior	RunThrough	GoodGym Race Team	01/01/2020
lan	Conyers	Senior	Ilkley Harriers AC	Goyt Valley Striders	21/01/2020
Julian	Bentin	Senior	Attleborough Athletics Academy	Great Yarmouth & District AC	23/01/2020
Matthew	Southam	Senior	Eastbourne Rovers AC	Hailsham Harriers	05/01/2020
Ellie	Horrocks	U17	Bradford Airedale AC	Halifax Harriers & AC	04/01/2020
Natalie	Billing	Senior	Lonely Goat RC	Harborough AC	30/01/2020
Suki	Heer	Senior	Dagenham 88 Runners	Harold Wood Running Club	07/01/2020
Jon	Ellis	Senior	Watford Harriers	Harpenden Arrows	13/01/2020
Paul	Whyte	Senior	Fairlands Valley Spartans	Harpenden Arrows	24/01/2020
Chuko	Cribb	Senior	Marshall Milton Keynes AC	Harrow AC	25/01/2020
Malachy	Mouton-Manhem	U17	Hercules Wimbledon AC	Harrow AC	11/01/2020
Taia	Tunstall	U20	Watford Harriers	Harrow AC	03/01/2020
Robert	Shaw	Senior	Fairlands Valley Spartans	Hart Road Runners	14/01/2020
Kelly	Snell	Senior	Didcot Runners	Harwell Harriers	22/01/2020
KIERA	ASLETT	U20	Crawley AC	Hastings AC	26/01/2020
Nicola	Steed	Senior	Heathfield RRC	Hastings Runners	30/01/2020
Lesley	Petts	Senior	Dartford Harriers AC	Hawkinge Hurricanes Running Club	08/01/2020
Steve	Cannon	Senior	Newport and District RC	Hedge End Running Club	15/01/2020
Zach	Ryan	Senior	Wirral AC	Helsby Running Club	04/01/2020
Scott	Kennedy	Senior	Chippenham Harriers	Hereford Couriers	29/01/2020

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Roger	Alsop	Senior	Salford Harriers & AC	Herne Hill Harriers	09/01/2020
Mark	Smith	Senior	Bristol and West AC	Herne Hill Harriers	25/01/2020
Simon	Cotton	Senior	Handy Cross Runners	Heyford Aardvarks Running Club	08/01/2020
David	Holtby	Senior	Herts Phoenix AC	Highgate Harriers	22/01/2020
Matthew	Homewood	Senior	Mansfield Harriers	Holme Pierrepont RC	18/01/2020
James	Thurman	Senior	Roadhoggs Leicester AC	Holme Pierrepont RC	14/01/2020
David	Dean	Senior	Hatch Warren Runners	Hook Runners	16/01/2020
Carol	Wadeson	Senior	Basingstoke & Mid Hants AC	Hook Runners	20/01/2020
Katie	Holmes	Senior	Roberttown Road Runners	Horsforth Harriers	03/01/2020
Stephen	Newton	Senior	Nidd Valley Road Runners	Horsforth Harriers	19/01/2020
Derek	Monroe	Senior	Daventry Road Runners	Human Energy AC	16/01/2020
Oliver	Albone	U11	St Neots Riverside Runners	Huntingdonshire AC	25/01/2020
Shelley	Duffy	Senior	Helpston Harriers AC	Huntingdonshire AC	01/02/2020
John	Uff	Senior	Helpston Harriers AC	Huntingdonshire AC	01/02/2020
Pauline	Bartliff	Senior	Horsforth Harriers	Ilkley Harriers AC	08/01/2020
Ellen	Clapham	Senior	Scarborough Athletic Club	Ilkley Harriers AC	24/01/2020
Richard	Eccles	Senior	Leeds & Bradford Triathlon Club	Ilkley Harriers AC	28/01/2020
Linda	Houchin	Senior	Storm Plymouth	Instinctive Sports	17/01/2020
Kieran	Day	U17	Thanet AC	Invicta East Kent AC	30/01/2020
Lynsey	Christian	Senior	Northern (Isle of Man) AC	Isle Of Man Veterans AC	26/01/2020
Noah	Fairweather	U15	Sun City Tri	Jarrow & Hebburn AC	18/01/2020
Neil	Ham	Senior	Cornwall AC	JP Fitness Cornwall	19/01/2020
Robert	Chamberlain	Senior	Cambridge & Coleridge AC	Kenilworth Runners	17/01/2020
Finlay	Prince	U13	Leamington Cycling and Athletic Club	Kenilworth Runners	30/01/2020
Lydia	Wilkie	Senior	Team Balancise RC	Kettering Town Harriers	11/01/2020
Paul	Unsworth	Senior	Crystal Peaks Runners	Killamarsh Kestrels	04/01/2020
Julie	Reed	Senior	Hull Achilles AC	Kingston upon Hull AC	29/01/2020
Alison	Noble	Senior	Barnsley Athletic Club	Kingstone Runners Barnsley	09/01/2020
Elaine	Coulter	Senior	Liverpool Running Bugs	Kirkby Milers AC	29/01/2020
Richard	Slack	Senior	Chapel Allerton Runners	Kirkstall Harriers	03/01/2020
Jonathan	Spink	Senior	Claremont Road Runners	Kirkstall Harriers	29/01/2020
Joanne	Moody	Senior	Liverpool Running Club	Knowsley Harriers	05/01/2020
Philip	Moody	Senior	Liverpool Running Club	Knowsley Harriers	06/01/2020
Thomas	Peoples	Senior	Derby Triathlon Club	Knutsford Tri Club	23/01/2020
Peter	Fieldson	Senior	Lincoln Wellington Athletic Club	Lakeside Lincoln Running Club	28/01/2020
Carl	Sutcliffe	Senior	Lincoln Wellington Athletic Club	Lakeside Lincoln Running Club	08/01/2020
Mark	Norris	Senior	Lancaster Runners	Lancaster & Morecambe AC	07/01/2020
Angela	Boycott	Senior	Lonely Goat RC	Lawley Running Club	01/02/2020
Amy	Regler	Senior	Wolverhampton & Bilston	Lawley Running Club	07/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
David	Stone	Senior	Telford Harriers	Lawley Running Club	04/01/2020
Kristian James	Henry	Senior	Horsforth Harriers	Leeds & Bradford Triathlon Club	18/01/2020
Martin	Landells	Senior	Pudsey & Bramley AC	Leeds & Bradford Triathlon Club	06/01/2020
Kathleen	Clemente	U17	Newham & Essex Beagles AC	Leeds City Athletic Club	23/01/2020
Kirsty	Finlay	U20	Notts AC	Leicester Coritanian AC	14/01/2020
Anita	Lomax	Senior	East London Runners	Leigh on Sea Striders	17/01/2020
Thomas	Marchant	Senior	Uckfield Runners	Lewes AC	14/01/2020
Darren	Murphy	Senior	Trent Park Running Club	Little Baddow Ridge Runners	20/01/2020
Oscar	Kewley	U13	WESPA Fire Athletics	Liverpool Harriers & AC	16/01/2020
Jessica	Smith	Senior	Warrington Running Club	Liverpool Running Bugs	23/01/2020
KARL	TOMUSK	Senior	Chorlton Runners	Liverpool Running Bugs	31/01/2020
Adrian	Miller Yache	Senior	RunThrough	London Frontrunners	31/01/2020
Richard	Carvey	Senior	Dengie 100 Runners	Lonely Goat RC	01/01/2020
Nicola	Chelton	Senior	Selby Striders	Lonely Goat RC	03/01/2020
Richard	Clack	Senior	Great Western Runners	Lonely Goat RC	15/01/2020
Richie	Deane	Senior	Knowsley Harriers	Lonely Goat RC	20/01/2020
Marie	Dure	Senior	Solent Running Sisters	Lonely Goat RC	06/01/2020
Andy	Easton	Senior	Knaresborough Striders	Lonely Goat RC	16/01/2020
David	Halladay	Senior	Knaresborough Striders	Lonely Goat RC	23/01/2020
Kendall	Hamilton	Senior	Pitsea RC	Lonely Goat RC	05/01/2020
Esther	Hendriks	Senior	Wolverhampton & Bilston	Lonely Goat RC	10/01/2020
Steve	Irvine	Senior	Steel City Striders RC	Lonely Goat RC	28/01/2020
lan	Jarvis	Senior	North Norfolk Beach Runners	Lonely Goat RC	13/01/2020
Alison	Jones	Senior	Basingstoke & Mid Hants AC	Lonely Goat RC	12/01/2020
Steven	Kelly	Senior	Liverpool Running Club	Lonely Goat RC	07/01/2020
Michael	Kershaw	Senior	Crossgates Harriers	Lonely Goat RC	03/01/2020
Howard	Lowe	Senior	Newent Runners	Lonely Goat RC	16/01/2020
Darren	Matthewson	Senior	Coltishall Jaguars RC	Lonely Goat RC	25/01/2020
Nicole	McClelland	Senior	Badgers	Lonely Goat RC	03/01/2020
Tracey	Meadows	Senior	Selby Striders	Lonely Goat RC	03/01/2020
Craig	Mellows	Senior	Desborough & Rothwell Running Club	Lonely Goat RC	02/01/2020
Clare	Morris	Senior	Solent Running Sisters	Lonely Goat RC	06/01/2020
Lydon	Newitt	Senior	Desborough & Rothwell Running Club	Lonely Goat RC	03/01/2020
Jonathan	Newton	Senior	Saint Edmund Pacers	Lonely Goat RC	03/01/2020
Steve	O'Connor	Senior	Vegan Runners UK	Lonely Goat RC	23/01/2020
Kelvin	Peard	Senior	Honiton RC	Lonely Goat RC	03/01/2020
Steven	Plumb	Senior	Beaumont RC	Lonely Goat RC	06/01/2020
Michelle	Price	Senior	Newent Runners	Lonely Goat RC	27/01/2020
Sennen	Prisk	Senior	Mounts Bay Harriers	Lonely Goat RC	04/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Caroline	Sargeant	Senior	Shropshire Shufflers	Lonely Goat RC	08/01/2020
Lindsey	Shannon	Senior	DORSET DODDLERS RC	Lonely Goat RC	04/01/2020
HELEN	Smith	Senior	Kippax & District Harriers	Lonely Goat RC	08/01/2020
Paul	Speed	Senior	Lostock AC	Lonely Goat RC	17/01/2020
lan	Stewart-Pearson	Senior	The Stragglers Running Club	Lonely Goat RC	04/01/2020
Liam	Swift	Senior	Rotherham Harriers and AC	Lonely Goat RC	10/01/2020
Rafal	Tubajski	Senior	Telford AC	Lonely Goat RC	01/01/2020
Liz	Walden	Senior	Desborough & Rothwell Running Club	Lonely Goat RC	06/01/2020
Elsie	Glover	Senior	Mansfield Harriers	Long Eaton Running Club	07/01/2020
Patrick	Connors	Senior	Itchen Spitfires Running Club	Lordshill Road Runners	27/01/2020
Peter	Warren	Senior	Steyning AC	Lordshill Road Runners	29/01/2020
Alastair	Wilkins	Senior	Itchen Spitfires Running Club	Lordshill Road Runners	04/01/2020
Sarah	Saxon	Senior	Bolton United Harriers & AC	Lostock AC	31/01/2020
Bernadette	Salmon	Senior	Derwent Valley Running Club	Low Fell RC	10/01/2020
Kerstin	Sung	Senior	Larkfield Athletics Club	Maidstone Harriers	29/01/2020
Sarah	Cuddy	Senior	Malvern Joggers	Malvern Buzzards Running Club	03/01/2020
Robin	Gordon	Senior	Malvern Joggers	Malvern Buzzards Running Club	15/01/2020
Cassian	MacKean	Senior	Clapham Pioneers	Malvern Buzzards Running Club	13/01/2020
Ashleigh	Winstanley	Senior	Black Pear Joggers	Malvern Joggers	27/01/2020
Christian	Varley	Senior	Manx Harriers	Manx Fell Runners	15/01/2020
Ayrton	Withington	U15	Northern (Isle of Man) AC	Manx Fell Runners	26/01/2020
Darcey	Withington	U13	Northern (Isle of Man) AC	Manx Fell Runners	26/01/2020
Geoff	Brewster	Senior	Huntingdonshire AC	March AC	08/01/2020
Samantha	Cook	Senior	Stockport Harriers & AC	Marple Runners	16/01/2020
Bruce	Smith	Senior	Goyt Valley Striders	Marple Runners	11/01/2020
Alicia	Martin	Senior	Camberley & District AC	Marshall Milton Keynes AC	04/01/2020
Jamie	Parsonage	Senior	Bearbrook Running Club	Marshall Milton Keynes AC	08/01/2020
Simon	Fisher	Senior	Ashbourne Running Club	Matlock Athletic Club	07/01/2020
Emma	Fitzgerald	Senior	Reading Roadrunners	Matlock Athletic Club	26/01/2020
Matt	Govan	Senior	Derwent Runners (Derby)	Matlock Athletic Club	30/01/2020
Louise	Rowley	Senior	Belper Harriers	Matlock Athletic Club	07/01/2020
John	McVelia	Senior	Tiptree Road Runners	Mid Essex Casuals	04/01/2020
Dan	Quartly	Senior	Tri London	Mid Essex Casuals	06/01/2020
Allan	Wilson	Senior	New Marske Harriers Club	Middlesbrough & Cleveland Harriers	13/01/2020
Martha	Urwin	Senior	Vegan Runners UK	Middleton Harriers AC	23/01/2020
Tina	Denyer	Senior	Lonely Goat RC	Midhurst Milers	13/01/2020
James	Conquest	U15	Silson AC	Milton Keynes Distance Project	07/01/2020
Scott	Goddard	Senior	Dorking & Mole Valley AC	Mole Valley Runners	25/01/2020
Robyn	Ellis	Senior	Vale Royal AC	Mornington Chasers	10/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Laura	Shaw	Senior	Ashington Hirst Running Club	Morpeth Harriers & AC	14/01/2020
Rachel	Thomson	Senior	Mounts Bay Harriers	MudCrew Running	14/01/2020
Stuart	Thomson	Senior	Mounts Bay Harriers	MudCrew Running	14/01/2020
Tony	Mounsey	Senior	Cumberland AC	Netherhall AC	31/01/2020
Andrew	McGhee	Senior	Winchester & District AC	Netley Abbey Runners	05/01/2020
Grant	Davies	Senior	Grantham Running Club	Newark AC	09/01/2020
Scott	Jones	Senior	Grantham Running Club	Newark AC	08/01/2020
Lucy	Wells	U17	Bracknell AC	Newbury AC	22/01/2020
Liam	O'Driscoll	Senior	Havering AC	Newham & Essex Beagles AC	04/01/2020
David	Dawson	Senior	Exeter Harriers	Newquay & Par AC	23/01/2020
Kerry Louise	Stevenson	Senior	Burnden Road Runners	North Bolton Runners	06/01/2020
Tom	Topham	Senior	Clowne Road Runners Club	North Derbyshire RC	01/02/2020
Christine	Elliott	Senior	Sunderland Harriers & AC	North East Veterans AC	21/01/2020
William	Harrison	Senior	Queen's Park Harriers	North Herts Road Runners	21/01/2020
Caroline	Clarke	Senior	Pudsey Pacers RC	North Leeds Fell Runners	27/01/2020
Julie	Burns	Senior	Lonely Goat RC	North Shields Polytechnic Club	19/01/2020
Judith	Gibson	Senior	Blythe Bridge RC	North Staffs RR Association	28/01/2020
Carys	Samuel	Senior	Bedale & Aiskew Runners	North Yorkshire Police AC	01/02/2020
Mary	Beetham-Green	U20	Rugby & Northampton AC	Northampton AC	23/01/2020
Ebuka	Nwokeji	U13	Shaftesbury Barnet Harriers	Northampton AC	15/01/2020
Obinna	Nwokeji	U13	Shaftesbury Barnet Harriers	Northampton AC	15/01/2020
Bailey	Swift	U20	Rugby & Northampton AC	Northampton AC	23/01/2020
Jonathan	Vardy	Senior	Badgers	Northbrook Athletic Club	07/01/2020
Richard	Harris	Senior	Wolds Veteran RC	Northern Masters AC	06/01/2020
Richard	Mather	Senior	Oldham & Royton H & AC	Northern Masters AC	08/01/2020
Ludwig	Ramsey	Senior	Midland Masters AC	Northern Masters AC	25/01/2020
Jacky	Thorn	Senior	Vale Royal AC	Northern Masters AC	18/01/2020
Vicky	Wright	Senior	Hyde Village Striders	Northern Masters AC	10/01/2020
Ben	Warrent	Senior	Lonely Goat RC	Norwich Road Runners	22/01/2020
Darren	Barker	Senior	Amber Valley and Erewash Athletic Club	Notts AC	08/01/2020
Bernice	Coulson	Senior	Wigan & District H & AC	Notts AC	27/01/2020
Julie	Lindars	Senior	Vale Of Aylesbury AC	On the Run Aylesbury	07/01/2020
Sarah	McGowan	Senior	Bearbrook Running Club	On the Run Aylesbury	15/01/2020
Corinne	Ricciardi	Senior	Bearbrook Running Club	On the Run Aylesbury	07/01/2020
Sarah	Soloway	Senior	Bearbrook Running Club	On the Run Aylesbury	31/01/2020
Dasos	Gonnella	Senior	Woodford Green AC with Essex Ladies	Orion Harriers	14/01/2020
Laura	Jenkin	Senior	East London Runners	Orion Harriers	15/01/2020
Carmen	Dojahn-Wood	Senior	Dragons Running Club (Leeds)	Otley AC	10/01/2020

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Lucy	Till	Senior	Clapham Chasers	Otley AC	28/01/2020
Nancie	Bowley	U20	Reading AC	Oxford University AC	14/01/2020
Alice	Lake	Senior	Lancaster University Running & Athletics Club	Oxford University AC	29/01/2020
Archie	Moss	U20	Lincoln Wellington Athletic Club	Oxford University AC	29/01/2020
Adam	Clark	Senior	South Cheshire Harriers	PACTRAC	11/01/2020
Rory	Jarvis	Senior	Newquay & Par AC	PB Running Club	18/01/2020
Ruby	Orchard	Senior	Vegan Runners UK	PB Running Club	01/02/2020
Lisa	Stretton	Senior	Tamworth AC	Peel Road Runners	18/01/2020
David	Needham	Senior	Barnsley Harriers	Penistone Footpath Runners & Athletic Club	03/01/2020
Patrick	Needham	Senior	Barnsley Harriers	Penistone Footpath Runners & Athletic Club	03/01/2020
Kim	Rogers	Senior	Nidd Valley Road Runners	Penistone Footpath Runners & Athletic Club	14/01/2020
Gary	Fletcher	Senior	Knowsley Harriers	Penny Lane Striders	15/01/2020
Connie	Grime	Senior	Mossley Hill AC	Penny Lane Striders	23/01/2020
William	Holman	Senior	Pitsea RC	Phoenix Striders	01/02/2020
Boyd	Brad	Senior	Esk Valley Fell Club	Pickering Running Club	31/01/2020
Lalage	Brown	Senior	Elswick Harriers	Ponteland Runners	20/01/2020
Ewan	McIntyre	Senior	Elswick Harriers	Ponteland Runners	07/01/2020
Rebecca	Ellis	Senior	Wimborne AC	Poole AC	11/01/2020
Amanda	Smart	Senior	Lonely Goat RC	Poole AC	01/02/2020
Jon	Evans	Senior	Lordshill Road Runners	Poole Runners	07/01/2020
James	Smith	Senior	Lonely Goat RC	Poole Runners	16/01/2020
Kate	Wilkinson	U15	Poole AC	Poole Runners	01/02/2020
Carla	Davies	Senior	Salford Harriers & AC	Preston Harriers	09/01/2020
Ben	Higginson	Senior	Lancaster & Morecambe AC	Preston Harriers	13/01/2020
Matt	Atkinson	Senior	Manchester Harriers & AC	Prestwich AC	07/01/2020
Fiona	Wilkinson	Senior	Bramley Breezers	Pudsey Pacers RC	17/01/2020
Emma	Good	Senior	Darlington H & AC	Quakers Running Club	21/01/2020
Matthew	Hargraves	Senior	Crook & Dist Sports AC	Quakers Running Club	30/01/2020
Ellie	Armstrong	Senior	Ivanhoe Runners	Race Rapid	10/01/2020
Angus	Spence	Senior	Birstall RC	Race Rapid	18/01/2020
James	Higginson	Senior	Poole Runners	Radcliffe AC	15/01/2020
Christine	Berry	Senior	Radcliffe AC	Ramsbottom Running Club	05/01/2020
Lisa	Donnelly	Senior	Radcliffe AC	Ramsbottom Running Club	05/01/2020
Don	Nichol	Senior	Burnden Road Runners	Ramsbottom Running Club	13/01/2020
James	Bolm	Senior	St Neots Riverside Runners	Ramsey Road Runners	15/01/2020
Natalie	Haarer	Senior	Oxford University AC	Ranelagh Harriers	14/01/2020
Sarah	Palmer	Senior	Tavistock AC	Ranelagh Harriers	13/01/2020

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Caitlin	Millar	Senior	Hastings AC	Reading AC	21/01/2020
James	Quinn	Senior	Serpentine RC	Reading AC	29/01/2020
Corinne	Callaway	Senior	UKRunChat Running Club	Reading Joggers	29/01/2020
Katherine	Matthews	U15	Cookham Running Club	Reading Rascals	12/01/2020
Liz	Gaywood	Senior	Vegan Runners UK	Rebel Runners Medway	23/01/2020
Leila	Harris	Senior	Lonely Goat RC	Redditch Stars	08/01/2020
Chris	Mellor-Dolman	Senior	Holme Pierrepont RC	Redhill Road Runners	10/01/2020
Mariela	Bandini	Senior	Leighton Buzzard Athletic Club	Redway Runners	07/01/2020
Mat	Nuttall	Senior	Blackburn Harriers & AC	Ribble Valley Harriers	29/01/2020
Anna	Hiley	Senior	Leicester Triathlon Club	Roadhoggs Leicester AC	02/01/2020
Andrew	Bradley	Senior	Fordy Runs Running Club	Roberttown Road Runners	10/01/2020
Donna	Gardner	Senior	Oldham & Royton H & AC	Rochdale Tri Club	02/01/2020
Fleur	Cox	Senior	Lonely Goat RC	Rolls Royce Harriers	09/01/2020
Chris	Hunt	Senior	Peterborough & Nene Valley AC	Rolls Royce Harriers	10/01/2020
Joe	Gavelle	Senior	Sheffield Triathlon Club	Rotherham Harriers and AC	01/02/2020
Elijah	Lewis	U20	Hallamshire Harriers Sheffield	Rotherham Harriers and AC	14/01/2020
Martin	Horbury	Senior	St Theresa's A.C.	Roundhay Runners	11/01/2020
Peter	Sutton	Senior	North Devon RRC	Royal Engineers RC	31/01/2020
Clare	Howes	Senior	Bristol and West AC	Royal Wootton Bassett Hounds RC	26/01/2020
Justin	Twomey	Senior	Northampton Road Runners	Rugby & Northampton AC	03/01/2020
Catherine	White	Senior	University of Warwick	Rugby & Northampton AC	07/01/2020
JO	BROOKS	Senior	Vegetarian Cycling & AC	Ruislip RC	16/01/2020
Kathryn	Brown	Senior	Ealing Eagles Running Club	Ruislip RC	22/01/2020
Graham	Green	Senior	Warrington A C	RunThrough	15/01/2020
Scott	Bradley	Senior	Isle Of Wight RR AC	Ryde Harriers	15/01/2020
James	Bradshaw	Senior	Isle Of Wight RR AC	Ryde Harriers	16/01/2020
Jimmy	Secker	Senior	Sudbury Joggers	Saint Edmund Pacers	04/01/2020
Andrew	Stewart	Senior	Chelmsford AC	Saint Edmund Pacers	15/01/2020
Niamh	Dolan	U13	Rochdale Harriers & AC	Sale Harriers Manchester	01/02/2020
Sarah	Saxton	Senior	Manchester Triathlon Club	Sale Harriers Manchester	29/01/2020
Samuel	Barlow	U13	Leigh Harriers & AC	Salford Harriers & AC	17/01/2020
Michael	Cayton	Senior	Ribble Valley Harriers	Salford Harriers & AC	11/01/2020
Chris	Phillips	Senior	Mossley AFC Running Club	Salford Harriers & AC	26/01/2020
lan	Billinge	Senior	Vale Royal AC	Salford Metropolitan AC	04/01/2020
Laura	Tindall	Senior	Lonely Goat RC	Saltwell Harriers	01/02/2020
Laura	Walker	Senior	Ramsey Road Runners	Sawtry Walk to Run	16/01/2020
George	Hudson	Senior	London City Athletics Club	Serpentine RC	04/01/2020
Emily	Cross	Senior	Gloucester AC	Severn AC	28/01/2020
Jillian	Convey	Senior	Serpentine RC	SHAEF Shifters Running Club	19/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Philippa	Davenall	Senior	Notts AC	Shaftesbury Barnet Harriers	01/02/2020
Ruben	Hedman	U17	Braintree & District AC	Shaftesbury Barnet Harriers	24/01/2020
Jemima	Hobbs	Senior	Walton AC	Shaftesbury Barnet Harriers	12/01/2020
James	Isaacs	U17	Dacorum & Tring AC	Shaftesbury Barnet Harriers	04/01/2020
Sarah	Ridley	Senior	Huntingdonshire AC	Shaftesbury Barnet Harriers	01/02/2020
Stephanie	Burns	Senior	Rotherham Harriers and AC	Sheffield RC	14/01/2020
Samuel	Western	U20	Bridgnorth AC	Shrewsbury AC	20/01/2020
Beverley	Whitfield	Senior	Bristol and West AC	Shrewsbury AC	07/01/2020
Matthew	Whitfield	Senior	Bristol and West AC	Shrewsbury AC	07/01/2020
Hannah	St Leger-Harris	Senior	Wootton Road Runners	Silson AC	31/01/2020
Jack	Lilley	Senior	Heanor Running Club	Sinfin Running Club	28/01/2020
Sally	Adams	Senior	Parbold Pink Panthers	Skelmersdale Boundary Harriers	07/01/2020
Clive	Briscoe	Senior	Altrincham & District Athletic Club Limited	Skipton AC	25/01/2020
Sarah	Harrison	Senior	Manchester Harriers & AC	Skipton AC	15/01/2020
Jessica	Baxter	U11	Leeds City Athletic Club	Skyrac Athletic Club	06/01/2020
Michelle	Maull-Hutfield	Senior	Lonely Goat RC	Slinn Allstars	22/01/2020
Joh	Foster	Senior	Lonely Goat RC	Solent Running Sisters	25/01/2020
Steve	Carr	Senior	Riviera Racers	South Devon AC	04/01/2020
Ben	Reed	Senior	Riviera Racers	South Devon AC	03/01/2020
Eileen	Severn	Senior	Torbay AAC	South Devon AC	22/01/2020
Jennifer	Eduwu	U17	Serpentine RC	South London Harriers	06/01/2020
Jane	Hill	Senior	Nidd Valley Road Runners	South Shields Harriers & AC	22/01/2020
Marget	Gellersjo	Senior	Exeter College Running Club	South West Road Runners	24/01/2020
Libby	Hockridge	U15	Exeter Harriers	South West Road Runners	03/01/2020
Ray	Lovett	Senior	Southville Running Club	South West Veterans AC	24/01/2020
Adam	Atkinson	Senior	OS Runners	Southampton Athletic Club	02/01/2020
Chay	Clark	Senior	Chelmsford AC	Southampton Athletic Club	06/01/2020
Nigel	Ash	Senior	Trail Running Association	Spa Striders	07/01/2020
Simon	Cowie	Senior	Barnt Green Chuggers	Spa Striders	21/01/2020
Natasha	Stevens	Senior	Aldershot Farnham & District	Sparkhill Harriers	03/01/2020
Jonathan	Tucker	Senior	Warrington Running Club	St Helens Striders	29/01/2020
Joe	Wilson	Senior	Lancaster Runners	St Helens Striders	17/01/2020
Natasha	Langford	Senior	Lonely Goat RC	Stafford Harriers	19/01/2020
Mark	Silvester	Senior	Stafford Triathlon Club	Stafford Harriers	03/01/2020
Derek	O'Reilly	Senior	Stoke F.I.T	Staffs Moorlands AC	02/01/2020
Paul	Alexander	Senior	Todmorden Harriers	Stainland Lions Running Club	14/01/2020
Craig	Leith	Senior	Glossopdale Harriers	Start2Jog	07/01/2020
Zaheer	Mahmood	Senior	Sheffield RC	Steel City Striders RC	09/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
John	Nicholson	Senior	Farnham Triathlon Club	Steel City Striders RC	30/01/2020
Theresa	Ward	Senior	Hallamshire Harriers Sheffield	Steel City Striders RC	21/01/2020
Kate	Ellis	Senior	Great Bentley Running Club	Stilton Striders	12/01/2020
Julia	Mannering	Senior	Chippenham Harriers	Stilton Striders	03/01/2020
Rory	Harris	Senior	Time2Run Events	Stockport Harriers & AC	16/01/2020
Finlay	McLaughlin	U13	Sale Harriers Manchester	Stockport Harriers & AC	11/01/2020
lain	Fraser	Senior	Red Kite Runners	Stocksfield Striders	25/01/2020
Robert	Gemmill	U15	Solihull & Small Heath Athletic Club	Stratford Upon Avon AC	01/02/2020
Victoria	Sharpe	Senior	Spa Striders	Stratford Upon Avon AC	09/01/2020
Shantha	Dickinson	Senior	Romsey Road Runners	Stubbington Green Runners	02/01/2020
James	Heath	Senior	Gosport Road Runners	Stubbington Green Runners	06/01/2020
Sebastian	Fox	U13	Herne Hill Harriers	Sutton & District AC	16/01/2020
Sarah	McLean	U15	South London Harriers	Sutton & District AC	21/01/2020
Dylan	O'Callaghan	U13	Herne Hill Harriers	Sutton & District AC	16/01/2020
Christopher	Day	Senior	Mansfield Harriers	Sutton in Ashfield Harriers & AC	31/01/2020
Dawn	Annett	Senior	SLGR	Swanley & District AC	08/01/2020
Bryn	Evans	Senior	Lonely Goat RC	Swinton Running Club	10/01/2020
Carol	Ockwell	Senior	Rossendale Harriers & AC	Swinton Running Club	08/01/2020
Jolyon	Leavesley	U17	Corby AC	Tamworth AC	28/01/2020
Jeanette	McFadzean	Senior	Launceston Road Runners	Tavistock AC	24/01/2020
Nick	Pearce	Senior	Lonely Goat RC	Tavistock Run Project	28/01/2020
Ally	Hadden	Senior	Norwich Road Runners	Team Dunerunner	07/01/2020
Richard	Dunbabin	Senior	Woodstock Harriers AC	Team Kennet Triathlon & AC	09/01/2020
Joseph	Cotham	U17	Wolverhampton & Bilston	Telford AC	29/01/2020
Evie	David	U13	Basingstoke & Mid Hants AC	Telford AC	14/01/2020
Cristina	O'Brien	Senior	Telford Harriers	Telford AC	27/01/2020
Mark	Williams	Senior	Lawley Running Club	Telford Harriers	08/01/2020
Charles	Knights	Senior	Thorney RC	Tetbury Dolphins Running Club	10/01/2020
Charlie	Stoneham	Senior	Blackheath & Bromley Harriers AC	Thames Hare & Hounds	09/01/2020
Jason	Hoyle	Senior	Oldham & Royton H & AC	Thames Valley Harriers	15/01/2020
Jack	Paget	Senior	City Of Salisbury AC & RC	Thames Valley Harriers	23/01/2020
TONY	CARR	Senior	Ripon Runners	Thirsk & Sowerby Harriers	25/01/2020
Olivia	Forrest	U11	East Essex Triathlon Club	Thurrock Harriers	10/01/2020
Loretta	Sollars	Senior	East Essex Triathlon Club	Thurrock Harriers	02/01/2020
Sarah	Cronin	Senior	Dartford Road Runners	Tonbridge AC	15/01/2020
Ben	Hepden	Senior	Paddock Wood AC	Tonbridge AC	25/01/2020
Adam	Tibbals	Senior	Paddock Wood AC	Tonbridge AC	24/01/2020
Tom	Woolley	Senior	Tunbridge Wells Harriers	Tonbridge AC	28/01/2020



Ayomide Victoria Suzannah Ford U13 Sale Harriers Manchester Trafford Athletic Club Lobe Eddie Hunt Senior Rossendale Harriers & AC Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Adam Mohamed U20 Solihull & Small Heath Athletic Club Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Trafford Athletic Club Adam Mohamed Senior Lonely Goat RC Trail Running Association Trawden Athletic Club Trawden Athleti	04/01/2020 28/01/2020 09/01/2020 06/01/2020 11/01/2020 28/01/2020
Eddie Hunt Senior Rossendale Harriers & AC Trafford Athletic Club Adam Mohamed U20 Solihull & Small Heath Athletic Club Trafford Athletic Club Charlotte Stuchbury U20 Wigan & District H & AC Trafford Athletic Club Kimberley Riddell Senior Lonely Goat RC Trail Running Association Jeremy Bradshaw Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club Christopher Lawrence Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Newcastle Staffs AC Trentham RC Lisa Ho Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Newcastle Staffs AC Trentham RC Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Lea Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club John Brett U20 Slackheath & Bromley Harriers AC University of Leicester Running & Athletics Club John Ord U20 Saffron Athletics Club University of Nottingham AC John Shuttleworth Senior Teedale AC University of Nottingham AC John Shuttleworth Senior Lonely Goat RC Trentham RC John Shuttleworth Senior Lonely Goat RC University of Nottingham AC John Shuttleworth Senior Lonely Goat RC University of Nottingham AC John Shuttleworth Senior Lonely Goat RC University of Nottingham AC John Shuttleworth Senior Lonely Goat RC University of Nottingham AC John Shuttleworth Senior Lonely Goat RC University of Nottingham AC John Hill Senior Vegetarian Cycling & AC Vegan Runners UK John See Senior Minchead RC Vegan Runners UK John See Senior Minchead RC Vegan Runners UK John See Senior Minchead RC Vegan Runners UK John Spilor Raylor Senior Dulwich Runners AC Vegan Runners UK	09/01/2020 06/01/2020 11/01/2020 28/01/2020
Adam Mohamed U20 Solihull & Small Heath Athletic Club Trafford Athletic Club Charlotte Stuchbury U20 Wigan & District H & AC Trafford Athletic Club Wigan & District H & AC Trafford Athletic Club Migan & District H & AC Trafford Athletic Club Migan & District H & AC Trafford Athletic Club Migan & District H & AC Trafford Athletic Club Migan & District H & AC Trafford Athletic Club Migan & District H & AC Trafford Athletic Club Migan & District H & AC Trafford Athletic Club Migan & District H & AC Migan & District H & AC Trafford Athletic Club Migan & District H & AC Migan & Di	06/01/2020 11/01/2020 28/01/2020
Charlotte Stuchbury U20 Wigan & District H & AC Trafford Athletic Club Kimberley Riddell Senior Lonely Goat RC Trail Running Association Jeremy Bradshaw Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club Joel Harrison Senior Clayton-le-Moors Harriers Trawden Athletic Club Joel Harrison Senior Newcastle Staffs AC Trentham RC Lisa Ho Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Bournemouth AC Twemlow Track Club Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Charlie Robinson Senior Beverley Athletic Club UKRun-Chat Running Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Sheffield Union of Students Jayne Lea Senior Dacorum & Tring AC Vale Of Aylesbury AC Aldan Fuller Senior Dacorum & Tring AC Vegan Runners UK Migan & District H & AC Vegan Runners UK Migan & District H & AC Vegan Runners UK Migan & District H & AC Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Chris Taylor Senior Dulwich Runners AC Dulwich Runners UK	11/01/2020 28/01/2020
Kimberley Riddell Senior Lonely Goat RC Trail Running Association Jeremy Bradshaw Senior Clayton-le-Moors Harriers Trawden Athletic Club Rebecca Bradshaw Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club Christopher Lawrence Senior Clayton-le-Moors Harriers Trawden Athletic Club Joel Harrison Senior Newcastle Staffs AC Trentham RC Lisa Ho Senior Newcastle Staffs AC Trentham RC Lisa Ho Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Bournemouth AC Twemlow Track Club Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Charlie Robinson Senior Beverley Athletic Club UKRunChat Running Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Dacorum & Tring AC Vale Of Aylesbury AC Aldan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Carn Runners O Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	28/01/2020
Jeremy Bradshaw Senior Clayton-le-Moors Harriers Trawden Athletic Club	
Rebecca Bradshaw Senior Clayton-le-Moors Harriers Trawden Athletic Club John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club Christopher Lawrence Senior Clayton-le-Moors Harriers Trawden Athletic Club Joel Harrison Senior Newcastle Staffs AC Trentham RC Lisa Ho Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Bournemouth AC Twemlow Track Club Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Chartlie Robinson Senior Beverley Athletic Club Urkmchat Running Club Lewis Warren U20 Blackheath & Bromley Harriers AC Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Leicester Running & Athletics Club Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Ben Stratford Senior Dacorum & Tring AC Vegan Runners UK Adam Kirsh Senior Radley Athletic Club Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Susie Taylor Reed Senior Dulwich Runners AC Clayton-le-Moors Harriers AC Trawden Athletic Uk Vegan Runners UK	10/01/2020
John Hartley Senior Clayton-le-Moors Harriers Trawden Athletic Club Christopher Lawrence Senior Clayton-le-Moors Harriers Trawden Athletic Club Joel Harrison Senior Newcastle Staffs AC Trentham RC Lisa Ho Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Bournemouth AC Twemlow Track Club Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Lonal Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Vegetarian Cycling & AC Aldan Fuller Senior Wigan & District H & AC Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Susie Taylor Reed Senior Dulwich Runners AC Clayton-le-Moors Harriers AT Trawden Athletic Club Trentham RC University of Leicester Running & Athletics Club University of Leicester Running & Athletics Club University of Leicester Running & Athletics Club Vegan Runners UK Vegan Runners UK Vegan Runners UK Vegan Runners UK	10/01/2020
Christopher Lawrence Senior Clayton-le-Moors Harriers Trawden Athletic Club Joel Harrison Senior Newcastle Staffs AC Trentham RC Lisa Ho Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Bournemouth AC Twemlow Track Club Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Charlie Robinson Senior Beverley Athletic Club UKRunChat Running Club Lona Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Adam Kirsh Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Vegan Runners UK Susie Taylor Senior Carn Runners AC Vegan Runners UK	10/01/2020
Joel Harrison Senior Newcastle Staffs AC Trentham RC	25/01/2020
Lisa Ho Senior Newcastle Staffs AC Trentham RC Jez Bragg Senior Bournemouth AC Twemlow Track Club Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Charlie Robinson Senior Beverley Athletic Club UKRunChat Running Club Iona Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club Lewis Warren U20 Blackheath & Bromley Harriers AC Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Adam Kirsh Senior Radley Athletic Club Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Carn Runners Dulwich Runners AC Vegan Runners UK	04/01/2020
Jez Bragg Senior Bournemouth AC Twemlow Track Club Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Charlie Robinson Senior Beverley Athletic Club UKRunChat Running Club Iona Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Jayne Lea Senior Lonely Goat RC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegan Runners UK Diane Hill Senior Wigan & District H & AC	29/01/2020
Lee Dempster Senior Lytchett Manor Striders Twemlow Track Club Charlie Robinson Senior Beverley Athletic Club UKRunChat Running Club Iona Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Carn Runners Delivich Runners AC Vegan Runners UK Vegan Runners UK Susie Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	23/01/2020
Charlie Robinson Senior Beverley Athletic Club UKRunChat Running Club Iona Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Leigh on Sea Striders Vegan Runners UK Adam Kirsh Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Dulwich Runners AC Vegan Runners UK Vegan Runners UK Vegan Runners UK	04/01/2020
Brett U20 City Of Norwich AC University of Leicester Running & Athletics Club Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Dulwich Runners AC Vegan Runners UK	07/01/2020
Lewis Warren U20 Blackheath & Bromley Harriers AC University of Leicester Running & Athletics Club Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Dulwich Runners AC Vegan Runners UK	24/01/2020
Hannah Dodds U20 Crewe and Nantwich AC University of Nottingham AC Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Wegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Dulwich Runners AC Vegan Runners UK Vegan Runners UK Vegan Runners UK	21/01/2020
Hannah Ord U20 Saffron Athletics Club University of Nottingham AC Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	07/01/2020
Joe Shuttleworth Senior Lincoln Wellington Athletic Club University of Nottingham AC Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	03/01/2020
Alec Sabey Senior Teesdale AC University of Sheffield Union of Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	11/01/2020
Alec Sabey Senior Teesdale AC Students Jayne Lea Senior Lonely Goat RC Uttoxeter Road Runners Ben Stratford Senior Dacorum & Tring AC Vale Of Aylesbury AC Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	29/01/2020
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Aidan Fuller Senior Vegetarian Cycling & AC Vegan Runners UK Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Vegan Runners UK Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	30/01/2020
Diane Hill Senior Wigan & District H & AC Vegan Runners UK Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Vegan Runners UK Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	17/01/2020
Adam Kirsh Senior Leigh on Sea Striders Vegan Runners UK Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Vegan Runners UK Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	28/01/2020
Gordon Manning Senior Radley Athletic Club Vegan Runners UK Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Vegan Runners UK Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	24/01/2020
Simon See Senior Minehead RC Vegan Runners UK Susie Taylor Senior Carn Runners Vegan Runners UK Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	05/01/2020
Susie Taylor Senior Carn Runners Vegan Runners UK Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	14/01/2020
Chris Taylor Reed Senior Dulwich Runners AC Vegan Runners UK	30/01/2020
	01/02/2020
Esther Tout Senior Larkfield Athletics Club Vegan Runners UK	30/01/2020
	31/01/2020
Andrew Waind Senior Totley AC Vegan Runners UK	10/01/2020
Darren Franks Senior Hercules Wimbledon AC Veterans AC	15/01/2020
Sam Grealy Senior Metropolitan Police AC Veterans AC	28/01/2020
Darren Treadaway Senior Broxbourne Runners Veterans AC	30/01/2020
Rob Griffin Senior Black Pear Joggers Victoria Park Harriers and Tower Hamlets AC	02/01/2020
Angus Nicholls Senior East London Runners Victoria Park Harriers and Tower Hamlets AC	09/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Mark	Oyeniyi	U20	Enfield and Haringey A C	Victoria Park Harriers and Tower Hamlets AC	24/01/2020
Andrew	Smith	Senior	Headington RR	Victoria Park Harriers and Tower Hamlets AC	18/01/2020
Sylwia	Tokarska	Senior	Edmonton RC	Victoria Park Harriers and Tower Hamlets AC	19/01/2020
Joel	Williams	Senior	Havant AC	Victory AC	24/01/2020
Daniel	Anderson	Senior	Dursley Running Club	Wallasey Athletic Club	30/01/2020
lan	Emery	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Warley Woods Pacers	21/01/2020
Jennifer	Reeve	Senior	St Helens Tri	Warrington Running Club	01/02/2020
Abbie	Poole	U17	Dacorum & Tring AC	Watford Harriers	30/01/2020
Kirsty	Holland	Senior	Blackpool Wyre & Fylde AC	Wesham Road Runners & AC	18/01/2020
Katherine	Bird	Senior	Worthing & District Harriers	West End Runners	31/01/2020
John	Orgill	Senior	Birstall RC	West End Runners	10/01/2020
Mia	Moore	U17	Ryston Runners	West Norfolk AC	29/01/2020
Marcus	Wood	U11	Ryston Runners	West Norfolk AC	31/01/2020
Rachel	Seckl	Senior	London Heathside	Westbury Harriers	02/01/2020
Peter	Wiles	Senior	Royal Manor Of Portland AC	Weymouth St Pauls Harriers	17/01/2020
Dean	Pike	Senior	Isle Of Wight RR AC	Wight Tri	28/01/2020
Sally	Trotman	Senior	Isle Of Wight RR AC	Wight Tri	20/01/2020
Sean	Williams	Senior	Isle Of Wight RR AC	Wight Tri	17/01/2020
Alan	Tulip	Senior	Southampton Athletic Club	Winchester & District AC	25/01/2020
Liam	Duffy	Senior	Hart Road Runners	Windle Valley Runners	04/01/2020
Lucy	Chalmers	U17	Slough Junior AC	Windsor Slough Eton & Hounslow AC	09/01/2020
Fern	Chapman	U11	WESPA Fire Athletics	Wirral AC	21/01/2020
Jac	Chapman	U11	WESPA Fire Athletics	Wirral AC	21/01/2020
Conor	Hartley	U11	WESPA Fire Athletics	Wirral AC	29/01/2020
Lucy	Smout	U11	WESPA Fire Athletics	Wirral AC	03/01/2020
Nigel	Davidson	Senior	Cruisers RC	Woking AC	11/01/2020
Oscar	Wincott	U11	Shrewsbury AC	Wolverhampton & Bilston	23/01/2020
Craig	Charlton	Senior	Morpeth Harriers & AC	Woodford Green AC with Essex Ladies	23/01/2020
Shanara	Hibbert	Senior	Luton Athletic Club	Woodford Green AC with Essex Ladies	01/01/2020
Eloise Jayne	Lewis	U20	Southend On Sea AC	Woodford Green AC with Essex Ladies	29/01/2020
Jasmine	Mitchell	Senior	Guildford & Godalming AC	Woodford Green AC with Essex Ladies	01/01/2020
Paula	Taylor	Senior	Lewes AC	Woodstock Harriers AC	03/01/2020
Laila	Hellyer	U13	Chichester Runners & AC	Worthing & District Harriers	20/01/2020
Lillie	Hellyer	U13	Chichester Runners & AC	Worthing & District Harriers	20/01/2020
James	Carr	U15	Wells City Harriers	Yeovil Olympiads AC	04/01/2020
Ryan	Huntington	Senior	Trail Running Association	Yeovil Town RRC	15/01/2020



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Jeanette	Vincent	Senior	Lonely Goat RC	Yeovil Town RRC	28/01/2020
Andrew	Ellwood	Senior	York Postal Harriers	York Knavesmire Harriers	31/01/2020
Lisa	Ellwood	Senior	York Postal Harriers	York Knavesmire Harriers	17/01/2020
Hayley	Jackson	Senior	Easingwold Running Club	York Knavesmire Harriers	30/01/2020
Rowena	Leary	Senior	Norfolk Gazelles AC	York Knavesmire Harriers	31/01/2020
Rachel	McMahon	Senior	GoodGym Race Team	York Knavesmire Harriers	25/01/2020
Sean	Wright	Senior	Wetherby Runners AC	York Knavesmire Harriers	24/01/2020
lain	Yates	Senior	Herne Hill Harriers	York Knavesmire Harriers	03/01/2020
Michelle	Zamir	Senior	Aycliffe Running Club	York Knavesmire Harriers	21/01/2020
Chris	Judge	Senior	City of York AC	York Triathlon Club	06/01/2020
Andrew	Light	Senior	Bromley Veterans AC	Zero to Hero Runners	04/01/2020