

First Name	Last Name	Age Group	Origin Club	Destination Club
Gary	Ackers	U13	Trafford Athletic Club	Sale Harriers Manchester
Ethan	Ackroyd	U17	Deeside AAC	West Cheshire Athletic Club
Andrew	Adegbite	U17	Basildon AC	Newham & Essex Beagles AC
Pemiwa	Aderoju	U15	Marshall Milton Keynes AC	Bedford & County AC
Debbie	Aitken	Senior	Purple Patch Runners	Runnymede Runners
Kieran	Allanson	Senior	Matlock Athletic Club	Dark Peak Fell Runners
Christie	Allen	U15	East Cheshire Harriers & Tameside AC	Salford Harriers & AC
Sue	Allen	Senior	Coltishall Jaguars RC	Bedale & Aiskew Runners
Zephon	Allen	Senior	Ealing Southall & Middlesex AC	St Albans AC
Kate	Allred	Senior	Headington RR	Eynsham Road Runners
Tom	Anderson	Senior	Blackburn Road Runners	Blackburn Harriers & AC
Edward	Anderson-Bickley	Senior	Cirencester AC	Ranelagh Harriers
Vanessa	Armond	Senior	Didcot Runners	Harwell Harriers
Katie	Arnold	Senior	Hastings Runners	Hastings AC
Thomas	Aston	Senior	Dudley and Stourbridge Harriers	Dudley Kingswinford RC
Imola	Asztalos	Senior	Cambridge & Coleridge AC	Cheltenham and County Harriers
Lauren	Atkinson	Senior	York Acorn Running Club	Tadcaster Harriers
Charlotte Olivia	Bailey	U17	Marshall Milton Keynes AC	Bedford & County AC
Harry	Bailey	U13	Kenilworth Runners	Leamington Cycling and Athletic Club
Lisa	Bailey	Senior	Black Pear Joggers	Ludlow Runners
Samantha	Baines	Senior	Stamford Striders	UKRunChat Running Club
Alexandra	Baird	Senior	Trent Park Running Club	Serpentine RC
Nick	Baker	Senior	Kippax & District Harriers	Bedale & Aiskew Runners
Mally	Barclay	Senior	Wigton Road Runners	Northern Fells Running Club
Sharon	Barlow	Senior	Darlington H & AC	Harrogate Harriers & AC
David	Barry	Senior	Worthing Striders	Run Academy Worthing
Edward	Batch	Senior	Hinckley Running Club	Poplar Running Club
Maxine	Bateman	Senior	Gade Valley Harriers	Cheddar RC
Emma	Batey	Senior	Elvet Striders	Team Coco
Susan	Bean	Senior	Swinton Running Club	Chorlton Runners
Eleanor	Bedwell	Senior	Reading Roadrunners	Clapham Runners
Angela	Bell	Senior	Norwich Road Runners	Coltishall Jaguars RC
Darren	Bell	Senior	New Marske Harriers Club	Loftus & Whitby AC
Eilidh	Bell	Senior	Chippenham Harriers	Team Bath Athletic Club
Matthew	Bell	Senior	Corby AC	Kettering Town Harriers
Simon	Bell	Senior	Nidd Valley Road Runners	Nene Valley Harriers
Fiona	Bennett	Senior	Vegan Runners UK	Brighton & Hove Women's Running Club
Katrina	Bennett	U15	Gloucester AC	Forest of Dean AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Sandra	Bentley	Senior	Widnes Wasps Ladies R C	Widnes Running Club
Thakshyanee	Bhuvanakrishna	Senior	Serpentine RC	Lordshill Road Runners
Chris	Birch	Senior	Didcot Runners	Harwell Harriers
Stuart	Bird	Senior	Stourbridge RC	Abingdon AC
Amy	Blackall	Senior	Basingstoke & Mid Hants AC	Sherfield Park Runners
Rebecca	Blacklock	Senior	Wirral AC	Wallasey Athletic Club
David	Blake	Senior	Worthing & District Harriers	Isle Of Wight RR AC
Benjamin	Blamey	U15	Guildford & Godalming AC	Waverley Harriers
Thomas	Blamey	U15	Guildford & Godalming AC	Waverley Harriers
Jodi	Bletcher	U15	Wenlock Olympians	Telford AC
Kimberley	Blount	Senior	Charnwood A C	Team Anstey Amblers and Runners
Mark	Boardman	Senior	Fell Runners Association	Astley & Tyldesley Road Runners
Sean	Bolland	Senior	Lancaster & Morecambe AC	Bowland Fell Runners
Keith	Bolton	Senior	Worthing Striders	Run Academy Worthing
Sarah	Boneham	Senior	Cambridge & Coleridge AC	Newmarket Joggers
Natalie	Boswell	Senior	Stafford Harriers	Cannock & Stafford AC
Alma	Botes	Senior	Fetch Everyone	Horley Harriers Running Club
Amanda	Boyd	Senior	Worthing Striders	Run Academy Worthing
lan	Bradley	Senior	Lordshill Road Runners	Hedge End Running Club
Andrew	Braithwaite	Senior	Manchester Triathlon Club	Stockport Tri Club
John	Brennan	Senior	Birstall RC	Wreake Runners
Claire	Brinsmead	Senior	Havering '90 Joggers	Harold Wood Running Club
Alan	Brittleton	Senior	East Essex Triathlon Club	Southend On Sea AC
Amanda	Broad	Senior	Team Derby Runner	Mickleover Running Club
Peter	Brookes	Senior	Holmfirth Harriers AC	Tipton Harriers
Ethan	Brown	U17	Dartford Harriers AC	Blackheath and Bromley Harriers Athletic Club
Sadie	Brown	U15	Folkestone RC	Ashford AC
Shaun	Brown	Senior	Winchester & District AC	City Of Salisbury AC & RC
Stephen	Brown	Senior	Serpentine RC	Ealing Eagles Running Club
Stuart	Brown	Senior	St Albans AC	Trafford Athletic Club
Eden	Brown Sparkx	U20	Victoria Park Harriers and Tower Hamlets AC	Birchfield Harriers
Richard	Buckingham	Senior	Worthing & District Harriers	Veterans AC
Рорру	Buckle	U13	Tonbridge AC	Sevenoaks AC
Karl	Bulman	Senior	Fetch Everyone	Shaftesbury Barnet Harriers
Jessica	Burke	U17	Cheltenham and County Harriers	City Of Plymouth AC
Hazel	Burleigh	Senior	Chapel Allerton Runners	Leeds Frontrunners
Maisie	Burns	U13	Wigan & District H & AC	Chorley Athletic and Triathlon Club
Scott	Burton	Senior	Lawley Running Club	Wolverhampton & Bilston

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First Name	Last Name	Age Group	Origin Club	Destination Club
Michael	Caffyn	Senior	Worthing Striders	Run Academy Worthing
Michelle	Cairns	Senior	Washington Running Club	Derwent Valley Trail Runners
Heidi	Caisley	Senior	Worthing Striders	Run Academy Worthing
Theresa	Callaway	Senior	Worthing Striders	Run Academy Worthing
Phyllis	Cao	Senior	Dewsbury Road Runners	Holme Pierrepont RC
Mark	Card	Senior	Worthing Striders	Run Academy Worthing
Andy	Carpenter	Senior	Worthing Striders	Run Academy Worthing
Ann	Carpenter	Senior	Worthing Striders	Run Academy Worthing
Peter	Carson	Senior	Derwent Valley Trail Runners	Blackhill Bounders
Laura	Carter	Senior	Worthing Striders	Run Academy Worthing
Clive	Cartner	Senior	Norwich Road Runners	Coltishall Jaguars RC
Eleanor	Cassell	Senior	Black Pear Joggers	Malvern Joggers
Joanna	Casson	Senior	Billingham Marsh Hse H & AC	Middlesbrough & Cleveland Harriers
Joanne	Castledine Sleath	Senior	Wigston Phoenix RC	Vegan Runners UK
Bryan	Chapman	Senior	New Forest Runners	Serpentine RC
Elliott	Cheesman	Senior	Sheffield Hallam University Athletics Club	City of Sheffield and Dearne AC
Julie	Churchill	Senior	Black Pear Joggers	Droitwich AC
Harry	Coates	Senior	Wallsend Harriers & AC	Wharfedale Harriers
Peter	Coates	Senior	Havering AC	Vegan Runners UK
Clare	Cole	Senior	Tri-Anglia Triathlon Club	Wymondham AC
Libby	Coleman	U17	Sutton in Ashfield Harriers & AC	Mansfield Harriers
Robbie	Collins	Senior	Penny Lane Striders	Liverpool Harriers & AC
Matthew	Colman	U15	Bourne Town Harriers	Nene Valley Harriers
CHERYL	CONCEPCION	Senior	South Ribble Runners	Red Rose Road Runners
Barbara	Conley	Senior	Pudsey Pacers RC	Horsforth Harriers
lan	Conyers	Senior	Esk Valley Fell Club	Ilkley Harriers AC
Mireille	Cook	Senior	Team Kennet Triathlon & AC	Newbury AC
Caroline	Corless-Carter	Senior	Bolton United Harriers & AC	Leigh Harriers & AC
Andrew	Cotgrave	Senior	Wallasey Athletic Club	UTS Running Club
Chris	Cotton	Senior	Team Derby Runner	Heanor Running Club
Ruth	Cousin	Senior	Centurion RC	Ivanhoe Runners
Simon	Cowie	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Barnt Green Chuggers
Chris	Cox	Senior	MK Lakeside Runners	Buckingham & Stowe RC
Paul	Cozens	Senior	Sphinx AC	Northbrook Athletic Club
Mark	Crack	Senior	Ely Runners	Farsley Flyers
Russell	Cross	Senior	Redditch Stars	Black Pear Joggers
Antony	Croucher	Senior	Great Yarmouth Road Runners	Waveney Valley AC
George	Csatlos	Senior	London Heathside	Eastbourne Rovers AC

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Eric Cugnet U20 Witney Road Runners Radiey Athletic Club Garry Cullum Senior Ipswitch Julfa RC Felfustowe RRC Rosele Cummings Senior Rossendale Harriers & AC Ramsbottom Running Club Patricia Cummins Senior Worthing Striders Run Academy Worthing Patricia Cummins Senior Worthing Striders Run Academy Worthing Patricia Cussack Senior Valley Striders AC Aircentre Pacers RC Matthew Dargavel Senior Demmead Striders Serpentine RC Maidia Dart U20 Taunton AC Woodford Green AC with Essex Harriet Davy U20 Vale Royal AC Crewe and Nantwich AC Stephen Dawes Senior Channel Islands AC Guernsey AC Chris Dawkins Senior Barrow Runners Poplar Running Club Chris Day Senior Barrow Runners Poplar Running Club Chris Day Senior Brighton & Hove Women's Running Egdon Heath Harriers George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Tamsin Desborough Senior Bungay Black Dog RC Waveney Valley AC Omolola Dixon U17 Tarmworth AC Nuneaton Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Warrington A C Warrington Running Club Chris Downs Senior Didcot Runners AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershof Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Femma Dunk Senior Serior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Elizabeth Edwards Senior Worthing Striders Run Academy Worthing Elizabeth Edwards Senior Burnder Road Runners Time2Run Even	First Name	Last Name	Age Group	Origin Club	Destination Club
Rosie Cummings Senior Rossendale Harriers & AC Ramsbottom Running Club Patricia Cummins Senior Worthing Striders Run Academy Worthing David Cusack Senior Valley Striders AC Airecentre Pacers RC Serpentine RC David David Cusack Senior Denmead Striders Serpentine RC Woodford Green AC with Essex Ladies Serpentine RC Woodford Green AC with Essex Ladies Davy U20 Vale Royal AC Crewe and Nantwich AC Stephen Dawes Senior Channel Islands AC Guernsey AC Germany AC Chris Dawkins Senior Davkins Davkins Senior Senior Worthing Striders Run Academy Worthing Senior Davkins Senior	Eric	Cugnet	U20	Witney Road Runners	Radley Athletic Club
Patricia Cummins Senior Worthing Striders Run Academy Worthing David Cusack Senior Valley Striders AC Airecentre Pacers RC Matthew Dargavel Senior Valley Striders AC Airecentre Pacers RC Maia Dart U20 Taunton AC Woodford Green AC with Essex Ladice Harriet Davy U20 Vale Royal AC Creve and Nantwich AC Stephen Dawes Senior Channel Islands AC Guernsey AC Chris Dawkins Senior Barrow Runners Poplar Running Club Chris Day Senior Dark Fell Runners Poplar Running Club Chris Day Senior Barrow Runners Poplar Running Club Chris Day Senior Barrow Runners Poplar Running Club Chris Day Senior Barrow Runners Poplar Running Club Chris Day Senior Brighton & Hove Women's Running George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Tamsin Desborough Senior Bungay Black Dog RC Waveney Valley AC Omolola Dixon U17 Tarmworth AC Nuneaton Harriers Geaff Douglass Senior Warrington AC Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Dictot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Elizabeth Edwards Senior Bunden Road Runners Iliack Pear Joggers Judith Edwards Senior Worthing Striders Aunacement Syrtal (Shrewabury Triathlon) Newara AC Worthing Striders SyrtRi (Shrewabury Triathlon) Newara AC Lisa Ellis Senior City Olsoke AC Stoke F.I.T William Runners (Lincolnshire) Newara AC Woodford Green AC with Essex Woodford Green AC with Essex Woodford Green AC with Essex	Garry	Cullum	Senior	Ipswich Jaffa RC	Felixstowe RRC
David Cusack Senior Valley Striders AC Airecentre Pacers RC Matthew Dargavel Senior Denmead Striders Serpentine RC Maia Dart U20 Taunton AC Woodford Green AC with Essex Ladies Harriet Davy U20 Vale Royal AC Crewe and Nantwich AC Stephen Dawes Senior Channel Islands AC Guernsey AC Chris Dawkins Senior Barrow Runners Poplar Running Club Chris Day Senior Dark Peak Fell Runners Totley AC Sarah Dear Senior Birghton & Hove Women's Running George Denye U13 Lytham St Annes RR Club Preston Harriers George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Damborough Senior Bungay Black Dog RC Waveney Valley AC Graham Dodd Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Genette Duncan Senior Origin RC Worthing Striders Emma Dunk Senior Serpentine RC Wictoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Fletter Edgley Senior Worthing Striders Run Academy Worthing Fletter Edgley Senior Running Club Vale Of Aylesbury AC Daniel Elliot Senior Burnder Running Club Vale Of Aylesbury AC Serior Schoel Restlis Senior Running Club Vale Of Aylesbury AC Daniel Ellis Senior Senior Burndern Running Club Vale Of Aylesbury AC Senior Burndern Road Runners SyTRI (Shrewsbury Triathlon) Newark AC Solent Running Sisters Stove Ellis Senior Senior Schoel Club Club UTS Running Club Worthing Striders SyTRI (Shrewsbury Triathlon) Newark AC Solent Running Club Worthing Ellisch Liccoln Club UTS Running Club Vale Of Aylesbury AC Solent Running Club Wallasey Athletic Club UTS Running Club Vale Of Aylesbury AC Solent Running Sisters	Rosie	Cummings	Senior	Rossendale Harriers & AC	Ramsbottom Running Club
Mathew Dargavel Senior Denmead Striders Serpentine RC Maia Dart U20 Taunton AC Woodford Green AC with Essex Ladies Harriet Davy U20 Vale Royal AC Crewe and Nantwich AC Stephen Dawes Senior Channel Islands AC Guernsey AC Chris Dawkins Senior Barrow Runners Poplar Running Club Chris Day Senior Dark Peak Fell Runners Totley AC Sarah Dear Senior Brighton & Hove Women's Running George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Tamsin Desborough Senior Bungay Black Dog RC Waveney Valley AC Onnolola Dixon U17 Tamworth AC Nuneaton Harriers Geoff Douglass Senior Warrington AC Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Grookham AC Aldershot Farnham & District Sarah Dunbar Senior Grit & Grin Newyay Road Runners Emma Dunk Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastly Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Peleter Edgley Senior Worthing Striders Run Academy Worthing Elizabeth Edwards Senior Senior Runpy & Northing Striders Arunners RC Daminique Edwards Senior Bearbrook Running Club Daventry Road Runners Feresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Ellis Senior Stoke AC Stoke F.I.T Witham Runners (Lincoinshire) Newark AC Stephen Eastly Senior Bearbrook Running Club Vale Of Aylesbury AC Damiel Ellis Senior Eastleph RC Solent Running Stisters Steve Ellis Senior Senior Senior Solent Running Club UTS Running Club	Patricia	Cummins	Senior	Worthing Striders	Run Academy Worthing
Maia Dart U20 Taunton AC Woodford Green AC with Essex Ladies Harriet Davy U20 Vale Royal AC Crewe and Nantwich AC Stephen Dawes Senior Channel Islands AC Guernsey AC Chris Dawkins Senior Dark Peak Fell Runners Poplar Running Club Chris Day Senior Brighton & Hove Women's Running George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District Ac Westbury Harriers Jack Derrick U20 Yate & District AC	David	Cusack	Senior	Valley Striders AC	Airecentre Pacers RC
Harriet Davy U20 Vale Royal AC Crewe and Nantwich AC Stephen Dawes Senior Charnel Islands AC Guernsey AC Chris Dawkins Senior Barrow Runners Poplar Running Club Chris Day Senior Brighton & Hove Women's Running Egdon Health Harriers Brighton & Hove Women's Running Egdon Health Harriers Brighton & Hove Women's Running Egdon Health Harriers Bulack Derrick U20 Yate & District AC Westbury Harriers Duack Derrick U20 Yate & District AC Westbury Harriers Bungay Black Dog RC Waveney Valley AC Omolola Dixon U17 Tamworth AC Nuneaton Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Usa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Serior Serpentine RC Wicton's Park Harriers and Tower Harriers AC Senior Serpentine RC Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Burnden Red Senior Peter Edgley Senior Worthing Striders Run Academy Worthing Edwards Senior Rugby & Northampton AC Daventry Rod Runners Daniel Elitis Senior Rugby & Northampton AC Daventry Rod Runners Senior Peter Edwards Senior Worthing Striders Run Academy Worthing Bearbrook Running Club Senior Rugby & Northampton AC Daventry Rod Runners Senior Peter Edwards Senior Rugby & Northampton AC Daventry Rod Runners Senior Rugby & Northampton AC Solor Alexander John Peter Edwards Senior Rugby & Northampton AC Solor AC Sicke F.I.T Witham Runners (Lincolnshire) Newark AC Scheid Ellis Senior City of Stoke AC Sche F.I.T Wallacky Athletic Club UTS Running Club	Matthew	Dargavel	Senior	Denmead Striders	Serpentine RC
Stephen Dawes Senior Channel Islands AC Guernsey AC Chris Dawkins Senior Barrow Runners Poplar Running Club Chris Day Senior Dark Peak Fell Runners Totley AC Sarah Dear Senior Club Brighton & Hove Women's Running Club Preston Harriers George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Jack Devenus Jack Derrick U20 Yate & District Club Coventry Godiva Harriers Jack Douglass Senior Warrington A C Warrington Running Club Jack Douglass Senior Middleton Harriers AC Sale Harriers Manchester Jack Duke U13 Fleet & Crookham AC Aldershot Farnham & District Jack Duncan Senior Didoot Runners Harvell Harriers Jack Duncan Senior Jack Grin Newquay Road Runners Jack Duncan Senior Serpentine RC Victoria Park Harriers and Tower Harrilets AC Yictoria Park Harriers and Tower Harrilets AC Yictoria Park Harriers AC Yictoria Park	Maia	Dart	U20	Taunton AC	
Chris Day Senior Dark Peak Fell Runners Totley AC Sarah Dear Senior Club Senior Club Sarah Dear Senior Club Senior Senior Club Senior Senio	Harriet	Davy	U20	Vale Royal AC	Crewe and Nantwich AC
Chris Day Senior Dark Peak Fell Runners Totley AC Sarah Dear Senior Brighton & Hove Women's Running Club Preston Harriers George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Tamsin Desborough Senior Bungay Black Dog RC Waveney Valley AC Omolola Dixon U17 Tamworth AC Nuneaton Harriers Graham Dodd Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington AC Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grit & Grin Newquay Road Runners Emma Dunk Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Worthing Striders Arunners RC Dominique Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Ellic Senior Grit Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Woldford Green AC with Essex	Stephen	Dawes	Senior	Channel Islands AC	Guernsey AC
Sarah Dear Senior Club George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Lytham St Annes RR Club Preston Harriers Jack Desborough Senior AC Waveney Valley AC Jack Dixon U17 Tamworth AC Nuneaton Harriers Geoff Douglass Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington AC Warrington Running Club Chris Downs Senior Warrington AC Aldershot Farnham & District Jacan Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Harnlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Peter Edgley Senior Worthing Striders Arunners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John John Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Wallasey Athletic Club UTS Running Club	Chris	Dawkins	Senior	Barrow Runners	Poplar Running Club
George Denye U13 Lytham St Annes RR Club Preston Harriers Jack Derrick U20 Yate & District AC Westbury Harriers Tamsin Desborough Senior Bungay Black Dog RC Waveney Valley AC Omolola Dixon U17 Tamworth AC Nuneaton Harriers Gräham Dodd Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Harmlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Petter Edgley Senior Worthing Striders Runners Time2Run Events Peter Edgley Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Birchfield Harriers Steve Ellis Senior Wallasey Athletic Club UTS Running Club Woodford Green AC with Essex Woodford Green AC with Essex	Chris	Day	Senior	Dark Peak Fell Runners	Totley AC
Jack Derrick U20 Yate & District AC Westbury Harriers Tamsin Desborough Senior Bungay Black Dog RC Waveney Valley AC Omolola Dixon U17 Tarmworth AC Nuneaton Harriers Graham Dodd Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers and Tower Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Ellis Senior Birchfield Harriers SyTRI (Shrewsbury Triathlon) Alexander John Alexander Ellis Senior Eastvey RPC Woodford Green AC with Essex Veochigan Park Harriers Senior Stoke F.I.T Lisa Ellis Senior Felivstywa RPC Woodford Green AC with Essex	Sarah	Dear	Senior		Egdon Heath Harriers
Tamsin Desborough Senior Bungay Black Dog RC Waveney Valley AC Omolola Dixon U17 Tamworth AC Nuneaton Harriers Graham Dodd Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Llsa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Harmlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleyne RPC Woodford Green AC with Essex	George	Denye	U13	Lytham St Annes RR Club	Preston Harriers
Omolola Dixon U17 Tamworth AC Nuneaton Harriers Graham Dodd Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Club Loshua Entwietle Senior Elizistewa RPC Woodford Green AC with Essex	Jack	Derrick	U20	Yate & District AC	Westbury Harriers
Graham Dodd Senior Northbrook Athletic Club Coventry Godiva Harriers Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Wallasey Athletic Club UTS Running Club Lock Lock In Senior Celivstowe RPC Woodford Green AC with Essex	Tamsin	Desborough	Senior	Bungay Black Dog RC	Waveney Valley AC
Geoff Douglass Senior Warrington A C Warrington Running Club Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell <td>Omolola</td> <td>Dixon</td> <td>U17</td> <td>Tamworth AC</td> <td>Nuneaton Harriers</td>	Omolola	Dixon	U17	Tamworth AC	Nuneaton Harriers
Chris Downs Senior Middleton Harriers AC Sale Harriers Manchester Lisa Duke U13 Fleet & Crookham AC Aldershot Farnham & District Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Worthing Striders Run Academy Worthing Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Club Lose Laberta City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Club Lose Laberta Chillica Lose Senior Callester Record Could Callester Senior Callester Club Callester Could Callester Call	Graham	Dodd	Senior	Northbrook Athletic Club	Coventry Godiva Harriers
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Sarah Dunbar Senior Didcot Runners Harwell Harriers Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior Eastleigh RC Solent Running Club Joshua Entwistle Senior Falixetowe RRC Woodford Green AC with Essex	Chris	Downs	Senior	Middleton Harriers AC	Sale Harriers Manchester
Jeanette Duncan Senior Grit & Grin Newquay Road Runners Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Felivstowe RRC Woodford Green AC with Essex	Lisa	Duke	U13	Fleet & Crookham AC	Aldershot Farnham & District
Emma Dunk Senior Serpentine RC Victoria Park Harriers and Tower Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior Eastleigh RC Solent Running Club Joshua Entwistle Senior Wallasey Athletic Club UTS Running Club	Sarah	Dunbar	Senior	Didcot Runners	Harwell Harriers
Emma Dunk Senior Serpentine RC Hamlets AC Tony Dunn Senior Ashington Hirst Running Club Blyth Running Club Stephen Eastty Senior Worthing Striders Run Academy Worthing Elizabeth Eastwood Senior Worthing Striders Run Academy Worthing Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Club Loshua Entwistle Senior Eliststowe RRC Woodford Green AC with Essex	Jeanette	Duncan	Senior	Grit & Grin	Newquay Road Runners
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Philip Eccleston Senior Burnden Road Runners Time2Run Events Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Wallasey Athletic Club UTS Running Club Joshua Entwistle Senior Feliystowe RRC Woodford Green AC with Essex	Stephen	Eastty	Senior	Worthing Striders	Run Academy Worthing
Peter Edgley Senior Worthing Striders Arunners RC Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Club Steve Ellis Senior Wallasey Athletic Club UTS Running Club	Elizabeth	Eastwood	Senior	Worthing Striders	Run Academy Worthing
Dominique Edwards Senior Malvern Joggers Black Pear Joggers Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Club Steve Ellis Senior Wallasey Athletic Club UTS Running Club Joshua Entwictle Senior Feliystows RRC Woodford Green AC with Essex	Philip	Eccleston	Senior	Burnden Road Runners	Time2Run Events
Judith Edwards Senior Rugby & Northampton AC Daventry Road Runners Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Wallasey Athletic Club UTS Running Club Joshua Entwistle Senior Feliystowe RRC Woodford Green AC with Essex	Peter	Edgley	Senior	Worthing Striders	Arunners RC
Teresa Edwell Senior Bearbrook Running Club Vale Of Aylesbury AC Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Wallasey Athletic Club UTS Running Club Joshua Entwictle Senior Feliystowe RRC Woodford Green AC with Essex	Dominique	Edwards	Senior	Malvern Joggers	Black Pear Joggers
Daniel Elliot Senior Birchfield Harriers SYTRI (Shrewsbury Triathlon) Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Wallasey Athletic Club UTS Running Club Joshua Entwictle Senior Feliystowe RRC Woodford Green AC with Essex	Judith	Edwards	Senior	Rugby & Northampton AC	Daventry Road Runners
Alexander John Ellis U17 Witham Runners (Lincolnshire) Newark AC Kate Ellis Senior City of Stoke AC Stoke F.I.T Lisa Ellis Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Wallasey Athletic Club UTS Running Club Joshua Entwictle Senior Feliystowe RRC Woodford Green AC with Essex	Teresa	Edwell	Senior	Bearbrook Running Club	Vale Of Aylesbury AC
Senior S	Daniel	Elliot	Senior	Birchfield Harriers	SYTRI (Shrewsbury Triathlon)
Lisa Ellis Senior Eastleigh RC Solent Running Sisters Steve Ellis Senior Wallasey Athletic Club UTS Running Club Joshua Entwictle Senior Feliystowe RRC Woodford Green AC with Essex		Ellis	U17	Witham Runners (Lincolnshire)	Newark AC
Steve Ellis Senior Wallasey Athletic Club UTS Running Club Inchuse Entwictle Senior Feliystowe RRC Woodford Green AC with Essex	Kate	Ellis	Senior	City of Stoke AC	Stoke F.I.T
Joshua Entwictle Senior Felivstowe RRC Woodford Green AC with Essex	Lisa	Ellis	Senior	Eastleigh RC	Solent Running Sisters
	Steve	Ellis	Senior	Wallasey Athletic Club	UTS Running Club
	Joshua	Entwistle	Senior	Felixstowe RRC	

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First Name	Last Name	Age Group	Origin Club	Destination Club
James	Espie	Senior	Worthing Striders	Run Academy Worthing
Hannah	Espley	Senior	Potters Trotters	Shepshed Running Club
Jonathan	Evans	Senior	Desford Striders	City of Birmingham Striders
Rebecca	Evans	Senior	Clapham Pioneers	Clapham Chasers
Ben	Evison	Senior	Skegness Coasters	Skegness Triathlon Club
Jay	Ferns	U20	Loftus & Whitby AC	Trafford Athletic Club
Gary	Fielding	Senior	Salford Harriers & AC	Royton Road Runners
Bex	Fieldmouse	Senior	Hatton Darts	Badgers
Stuart	Fisher	Senior	Newcastle (Staffs) Tri Club	City of Stoke AC
Alexander	Flack	U17	Wells City Harriers	Yeovil Olympiads AC
Niall	Fleming	Senior	Shaftesbury Barnet Harriers	Barnet & District AC
Alex	Folch	Senior	East End Road Runners	BRJ Run and Tri
Diane	Forbister	Senior	Kirkby Milers AC	Knowsley Harriers
Daniel	Fowler	U15	Dartford Harriers AC	Bexley AC
Anne-Marie	Frankland	Senior	Keswick AC	Borrowdale Fell Runners
Katherine	Franklin	Senior	Holmfirth Harriers AC	Birmingham Running Athletics & Triathlon Club (BRAT)
Vikki	French	Senior	Ripon Runners	Spectrum Striders
John	Fryer	Senior	Trentham RC	Mow Cop Runners
Joseph	Furmedge	Senior	Northern Masters AC	Knowsley Harriers
Julie	Gallagher	Senior	Horsham Amphibians Triathlon Club	Horsham Joggers
Katie	Gardner	Senior	City of Stoke AC	Crewe and Nantwich AC
Robin	Gardner	Senior	Road Runners Club	Eynsham Road Runners
Nick	Gaskell	Senior	Trawden Athletic Club	Ribble Valley Harriers
John	Glaisher	Senior	Yeovil Olympiads AC	Wells City Harriers
Jacob	Glendenning	U17	Horwich R M I Harriers	Bolton United Harriers & AC
Jessica	Glendenning	U15	Horwich R M I Harriers	Bolton United Harriers & AC
Paul	Goddard	Senior	Desford Striders	Birstall RC
Helen	Gould	Senior	Womens Running Network	Tewkesbury Allrunners
Emmett	Graham	Senior	Fetch Everyone	Warrington Running Club
Roger	Graham	Senior	UKRunChat Running Club	UTS Running Club
Matt	Gray	Senior	Lytham St Annes RR Club	Jesmond Joggers
Aldona	Greenwood	Senior	Elmbridge RRC	Full Potential
Robert	Grice	Senior	Wye Valley Runners	Reading Roadrunners
Sandra	Grievson	Senior	New Forest Runners	Chester Road Runners
Michael	Grist	Senior	Poole Runners	South West Veterans AC
Rafferty	Groat	U13	Harlow AC	Woodford Green AC with Essex Ladies
Wendy	Groom	Senior	Strideout	Dark Peak Fell Runners
Colleen	Gruenwald	Senior	Otley AC	Nidd Valley Road Runners

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First Name	Last Name	Age Group	Origin Club	Destination Club
Athelyn	Hackney	U20	Lewes AC	Kidderminster and Stourport
Sarah	Haigh	Senior	Okehampton RC	Bude Rats (Run and Tri)
Kayleigh	Hale	U15	Chelmsford AC	Colchester Harriers AC
Kyah	Hall	Senior	New Marske Harriers Club	Loftus & Whitby AC
Robert	Hall	Senior	City Of Norwich AC	Norwich Road Runners
Robert	Hall	Senior	Hallamshire Harriers Sheffield	Northern Masters AC
Stephen	Hall	Senior	Trawden Athletic Club	Ribble Valley Harriers
David	Halladay	Senior	Wetherby Runners AC	Knaresborough Striders
Thomas	Hamer	U15	Rossendale Harriers & AC	Blackburn Harriers & AC
Sara	Handford	Senior	Datchet Dashers	Bracknell Forest Runners
Scott	Haragan	Senior	Bexley AC	Petts Wood Runners
Geoffrey	Harcombe	Senior	South West Road Runners	Crediton Running Network
Sue	Harmston-Essex	Senior	Worthing Striders	Run Academy Worthing
Neville	Harris	Senior	Sutton & District AC	Belgrave Harriers
Rhodri	Harris	Senior	Porthcawl Runners	Windrush Triathlon Club
Steven	Harris	Senior	Datchet Dashers	North Herts RRC
Jonathan	Harvey	Senior	Thames Valley Harriers	Braintree & District AC
Jamie	Harwood	Senior	Worthing Striders	Run Academy Worthing
Rebecca	Hayden	Senior	The HAWCS	Garden City Runners
Christine	Hemingway	Senior	Beverley Athletic Club	City of Hull AC
Grace	Henderson	Senior	Worthing Striders	Run Academy Worthing
Robert	Henderson	Senior	Worthing Striders	Run Academy Worthing
Diane	Hennigan	Senior	Sale Harriers Manchester	Penny Lane Striders
Neil	Hennigan	Senior	Sale Harriers Manchester	Penny Lane Striders
Georgina	Henry	U20	City Of Salisbury AC & RC	Team Bath Athletic Club
Margo	Herbert	Senior	Worthing Striders	Run Academy Worthing
Tony	Heron	Senior	York Knavesmire Harriers	Todmorden Harriers
Paul	Hewitt	Senior	Worthing Striders	Run Academy Worthing
Jennifer	Higgs	Senior	Notts Women Runners	Team Derby Runner
Lydia	Hill	U17	Cannock & Stafford AC	Rising Brook Runners
Nicholas	Hinde	Senior	Serpentine RC	London City Athletics Club
Maria	Hjorth	Senior	Woking AC	New Eltham Joggers
Leon	Hockham	Senior	Mablethorpe Running Club	Skegness & District Running Club
Jack	Hogg	U15	Jarrow & Hebburn AC	Gateshead Harriers & AC
Michael	Holden	U20	Bitton Road Runners	Yate & District AC
Charlie	Hosking	U15	Yate & District AC	Stroud & District AC
Linda	Houchin	Senior	Tavistock AC	Storm Plymouth
Stuart	Howes	Senior	Didcot Runners	Harwell Harriers
Emelia	Hughes	U13	Tavistock AC	Tamworth AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Jack	Hughes	U15	Wigan & District H & AC	Chorley Athletic and Triathlon Club
Llyr	Hughes	Senior	Manchester Triathlon Club	Stockport Tri Club
Holly	Hume	Senior	Wakefield District H & AC	Royal Wootton Bassett Hounds RC
Lisa	Humphreys	Senior	UKnetrunner.co.UK	Fareham Crusaders Running Club
Lewis	Humphris	Senior	Swanley & District AC	Orpington Road Runners
Dana	Hunter-Pau	Senior	London Heathside	Weymouth St Pauls Harriers
Jo	Hutchinson	Senior	Carlisle Tri Club	DH Runners
Susan	Hutchinson	Senior	Wakefield Triathlon Club	Horsforth Harriers
Catherine	Hutton	Senior	Charnwood A C	Desford Striders
Jill	Illman	Senior	Worthing Striders	Run Academy Worthing
Misimi	Israel-Oludiya	U15	Havering AC	Newham & Essex Beagles AC
Sophie	Izon	U13	Cirencester AC	Gloucester AC
Matt	Jackson	Senior	North Derbyshire RC	Ripley Running Club
Sheena	Jackson	Senior	Nidd Valley Road Runners	Ripon Runners
Olamide Bridgette	James	Senior	Metropolitan Police AC	Guildford & Godalming AC
Rachel	Jameson	Senior	Heaton Harriers & AC	Jarrow & Hebburn AC
Chris	Johnson	Senior	Walton AC	Kettering Town Harriers
Joe	Johnson	Senior	Wirral AC	Birkenhead AC
Richard	Johnson	Senior	Norwich Road Runners	Wymondham AC
Gary	Jones	Senior	Wells City Harriers	Mendip Athletic Club
Janice	Jones	Senior	Worthing Striders	Run Academy Worthing
Simon	Jones	Senior	Didcot Runners	Oxford City AC
Tessa	Jones	Senior	City Of Norwich AC	Bure Valley Harriers
Chris	Jordan	Senior	Belper Harriers	Derby Athletic Club
Richard	Jordan	Senior	Stowmarket Striders RC	Ipswich Jaffa RC
Laura	Kaye	Senior	Scunthorpe & District AC	Lincoln Wellington Athletic Club
Marion	Kelly	Senior	Romsey Road Runners	Lordshill Road Runners
Barry Christopher	Kemp	Senior	Tamar Trotters	Storm Plymouth
Sally	Kent	Senior	Sandhurst Joggers	Bracknell Forest Runners
Roberta	Keys	Senior	Black Pear Joggers	Malvern Joggers
Samuel	Kind	Senior	Beverley Athletic Club	White City (Hull) RRC
Angus	Kirby	Senior	Worthing Striders	Run Academy Worthing
Lee	Kirby	Senior	London Frontrunners	Bishops Stortford RC
Nichola	Knevitt	Senior	Handy Cross Runners	Ealing Eagles Running Club
Mark	Knowles	Senior	Keighley & Craven AC	Halifax Harriers & AC
Tom	Knowles	U15	Eden Runners	Carlisle Aspatria AC
Edward	Knudsen	Senior	Ipswich Jaffa RC	Avon Valley Runners
Dominic	Lamb	U20	Longwood Harriers AC	Spenborough & Dist AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Sarah	Larrington	Senior	Ackworth Road Runners	Pontefract AC
Alison	Larwood	Senior	Telford Harriers	Hatton Darts
Brian	Lazenby	Senior	Pudsey Pacers RC	City of Hull AC
Breege	Leane	Senior	Harrow AC	Ealing Southall & Middlesex AC
Lily	Lee	U13	Wallsend Harriers & AC	North Shields Polytechnic Club
Matthew	Levison	Senior	Morpeth Harriers & AC	Ponteland Runners
Jake	Lewington	U17	Maidenhead AC	Windsor Slough Eton & Hounslow AC
Daniel	Lewis	Senior	Micky Morris Racing Team	Eynsham Road Runners
Robert	Lister	Senior	Sale Harriers Manchester	Malvern Joggers
Ben	Lloyd	U17	Herts Phoenix AC	Shaftesbury Barnet Harriers
Pam	Lomoro	Senior	Valley Striders AC	Tadworth AC
Mark	Loosmore	Senior	Kenilworth Runners	Stratford Upon Avon AC
Conor	Lutton	Senior	Worthing Striders	Run Academy Worthing
Lynne	Luxford	Senior	Alfie's Striders	Smalley Road Runners
Ciara	Lydon	U20	Sale Harriers Manchester	Trafford Athletic Club
Charlotte	Mahoney	U13	Rossendale Harriers & AC	Preston Harriers
Katie	Margarson	Senior	Newmarket Joggers	Cambridge & Coleridge AC
Katy	Marris	Senior	Mablethorpe Running Club	Skegness & District Running Club
Africa	Mason	Senior	Poole AC	Team Bath Athletic Club
Lee	Mathison	Senior	Preston Harriers	Chorley Athletic and Triathlon Club
Kerry	Mawdsley	Senior	Parbold Pink Panthers	Kirkby Milers AC
Lisa	Mawer	Senior	Wetherby Runners AC	Harrogate Harriers & AC
lan	McCall	Senior	Spectrum Striders	Pudsey Pacers RC
Amy	McCue	Senior	Fleckney & Kibworth Athletics Club	Wigston Phoenix RC
Elle	McEwan	Senior	Wolverhampton & Bilston	Lawley Running Club
Callum	McGarrie	Senior	Birchfield Harriers	Chase Harriers
Shaun	McGrath	Senior	Penny Lane Striders	Widnes Running Club
David	McKechnie	Senior	Keighley & Craven AC	Queensbury Running Club
Adam	McMullen	Senior	Liverpool Harriers & AC	Birchfield Harriers
James	McNamee	Senior	Skegness Coasters	Louth AC
Shell	Meakins	Senior	Doncaster Athletic Club	Durham City Harriers & AC
Mark	Mellish	Senior	Worthing Striders	Run Academy Worthing
Roger	Merritt	Senior	Southampton Athletic Club	Lordshill Road Runners
Alissa	Merry	U15	Hillingdon AC	Windsor Slough Eton & Hounslow AC
Shelley	Meyern	Senior	Crawley Saints & Sinners Running Club	Crawley Run Crew
Graham	Miles	Senior	Worthing Striders	Run Academy Worthing
Karen	Miles	Senior	Worthing Striders	Run Academy Worthing
Crispin	Miller	Senior	Sale Harriers Manchester	Chorlton Runners

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First Name	Last Name	Age Group	Origin Club	Destination Club
Mark	Millinson	Senior	Fenland Running Club	Stamford Striders
Joshua	Mills	U15	Sale Harriers Manchester	Camberley & District AC
Andrew	Milsom	Senior	Ipswich Triathlon Club	Wakefield Triathlon Club
Georgina	Mitchell	U17	Stratford Upon Avon AC	Birchfield Harriers
Ben	Molloy	Senior	Tri London	Leigh on Sea Striders
Hannah	Moorhouse	Senior	Delamere Spartans	West Cheshire Athletic Club
Jon	Moorhouse	Senior	Delamere Spartans	West Cheshire Athletic Club
Sarah	Morton	Senior	Sheffield Triathlon Club	Billericay Striders
Paul	Moss	Senior	Fylde Coast Runners	Garstang Running Club
Sarah	Mounsey	Senior	Potters Trotters	Stoke F.I.T
Elvis	Mugenyi	Senior	Bexley AC	Manchester Harriers & AC
Fiona	Murdy	Senior	Honiton RC	Hereford Couriers
Daniel	Murrant	Senior	Cornwall AC	Kings Heath RC - The Lions
Kevin	Murray	Senior	Fylde Coast Runners	Lytham St Annes RR Club
Martin	Murray	Senior	Winchester & District AC	City Of Salisbury AC & RC
Jasvir	Nahl	Senior	Roundhay Runners	Chapel Allerton Runners
Gary	Naylor	Senior	Idle AC	Bingley Harriers & AC
Jason	Newell	Senior	Hyde Park Harriers	Spenborough & Dist AC
Lauren	Newman	Senior	Sutton & District AC	Belgrave Harriers
Yorck	Newrick	U15	Wakefield District H & AC	Pontefract AC
Caroline	Newton	Senior	Didcot Runners	Harwell Harriers
Robert	Nicholas	Senior	Sheffield RC	REAL FITNESS RACE TEAM
Kayla	Nicol	U15	Herts Phoenix AC	Dacorum & Tring AC
Jamie	Noble	Senior	Newcastle University AC	Gateshead Harriers & AC
Rob	Nutt	Senior	Basingstoke & Mid Hants AC	Hornsea Harriers
Ethan	O'Brien	Senior	Taunton AC	Victoria Park Harriers and Tower Hamlets AC
Lilly	O'Dell	U15	BRJ Run and Tri	Cambridge Triathlon Club
Harry	O'Donoghue	U17	Wimborne AC	Southampton Athletic Club
Jill	Openshaw	Senior	Surrey Walking Club	Petts Wood Runners
Paula	Osborne	Senior	Bodmin Road Runners	Newquay Road Runners
Rotimi	Oyegunle	Senior	Striders Of Croydon	East London Runners
David	Parker	Senior	Barrow & Furness Striders AC	Northern Masters AC
Scott	Parsons	Senior	Hastings Runners	Hastings AC
Kelly	Paterson	Senior	Manchester Triathlon Club	Hyde Village Striders
jenny	paxman	Senior	Solihull & Small Heath Athletic Club	Guildford & Godalming AC
Daren	Peacock	Senior	Whitchurch Whippets	Brandon Fern Hoppers
Ginny	Peat	Senior	Swindon Harriers	Devizes Running Club
Angela	Peerless	Senior	Handy Cross Runners	Pensby Runners

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First Name	Last Name	Age Group	Origin Club	Destination Club
John	Peerless	Senior	Handy Cross Runners	Pensby Runners
Georgia	Pegg	U13	North Norfolk Harriers Athletics Club	City Of Norwich AC
Max	Penverne	Senior	London Frontrunners	Looe Pioneers Running Club
Lee	Phillips	Senior	Saxmundham Sports Running & Fitness Club	Framlingham Flyers
Nathan	Phillips	Senior	Midland Masters AC	Charnwood A C
Eoin	Pierce	Senior	Enfield and Haringey A C	Newham & Essex Beagles AC
Daniel	Pink	Senior	Team Bath Athletic Club	Petts Wood Runners
Ben	Plummer	Senior	Hermitage Harriers	Barrow Runners
Jessica	Polya	Senior	King's College London Athletics and Cross Country Club	Striders Of Croydon
lan	Porter	Senior	Tamar Trotters	Teignbridge Trotters
Clare	Potter	Senior	Corby AC	Kettering Town Harriers
Stephen	Potter	Senior	Crewkerne RC	Bridport Runners
Ashley	Powell	Senior	Centurion RC	Royal Sutton Coldfield Athletic Club
Ellen	Powell	Senior	Kenilworth Runners	Spa Striders
Caitlyn	Price	U17	East Cornwall Harriers	City Of Plymouth AC
Nathan	Pryor	Senior	Worthing Striders	Run Academy Worthing
lan	Pullen	Senior	Swanley & District AC	SLGR
Danielle	Purslow	U17	Windsor Slough Eton & Hounslow AC	Maidenhead AC
Jon	Radley	Senior	Kenilworth Runners	Barrow Runners
Lia	Radus	U17	Blackheath and Bromley Harriers Athletic Club	Shaftesbury Barnet Harriers
Maayan	Radus	U15	Blackheath and Bromley Harriers Athletic Club	Shaftesbury Barnet Harriers
Alex	Raeside	Senior	Mow Cop Runners	Shropshire Shufflers
Tommy	Ramdhan	Senior	Shaftesbury Barnet Harriers	Bexley AC
Stefanie	Ransley	Senior	Worthing Striders	Run Academy Worthing
Emily	Rawlins	Senior	Manchester Frontrunners	Todmorden Harriers
Sam	Rawlinson	Senior	Oxford University AC	Birchfield Harriers
Krasimira	Raykova	Senior	Spa Striders	Rugby & Northampton AC
Matthew	Rayner	Senior	Phoenix Striders	UKRunChat Running Club
Nicola	Reast	Senior	Redhill Road Runners	Fylde Coast Runners
Darren	Reevell	Senior	Warrington Road Runners	Pocklington Runners
John	Reynolds	Senior	Felixstowe RRC	Woodbridge Shufflers RC
Liam	Reynolds	Senior	Manx Tri-Club	Western Athletic Club (Isle of Man)
Paul	Richardson	Senior	Team Bath Athletic Club	Fry Club Joggers
Susan	Richardson	Senior	Cumberland AC	St Bees Triers
Jason	Robbins	Senior	Poole AC	Lytchett Manor Striders
Emma	Roberts	Senior	Windsor Slough Eton & Hounslow AC	Oxford University AC
Andrew	Robinson	Senior	Knaresborough Striders	Harrogate Harriers & AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
James	Robinson	Senior	Midland Masters AC	Halesowen ACC
Lucy	Robinson	Senior	Worthing Striders	Run Academy Worthing
Ethan	Robson	Senior	Elswick Harriers	Derwent Valley Running Club
lan	Rodley	Senior	Rothwell & District Harriers	Leeds Frontrunners
Finty	Royle	U17	Red Rose Road Runners	Chorley Athletic and Triathlon Club
Sarah	Ruane	Senior	Didcot Runners	Harwell Harriers
Joanna	Rudram	Senior	Bungay Black Dog RC	Lowestoft Road Runners
Louis	Rush	Senior	Knowsley Harriers	Kirkby Milers AC
Debbie	Rutherford	Senior	Pensby Runners	Ellesmere Port RC
Lisa	Rutherford	Senior	Blyth Running Club	Ashington Hirst Running Club
Benjamin	Rymarz	U13	Horsham Blue Star Harriers	Banbury Harriers AC
Sharon	Samuel	Senior	Birchfield Harriers	Bromsgrove and Redditch
Rebecca	Sargeant	Senior	Mossley Hill AC	Penny Lane Striders
William	Savage	Senior	Worthing Striders	Run Academy Worthing
Rachel	Scott	Senior	Wigton Road Runners	Northern Fells Running Club
Olivia	Seidu	U13	Gateshead Harriers & AC	Blyth Running Club
Rebecca	Selvey	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Worcester AC
David	Semmence	Senior	Kippax & District Harriers	Bramley Breezers
Ismael	Serrablo	Senior	Charnwood A C	Coventry Godiva Harriers
Clare	Shannon	Senior	Parbold Pink Panthers	Wigan Phoenix
Ashley	Shepherd	Senior	Headington RR	Harwell Harriers
Tara	Sherjan	Senior	Blackheath and Bromley Harriers Athletic Club	26.2 Road Runners Club
Fiona	Siequien	Senior	MK Lakeside Runners	Redway Runners
Helga	Simeon	Senior	Cheltenham and County Harriers	Black Pear Joggers
David	Skidmore	Senior	Bognor Regis Tone Zone Runners	Rotary Road Runners
James	Skinner	Senior	Stamford Striders	Peterborough AC
Natasha	Smith	Senior	Vale Royal AC	Chester Triathlon Club
Rachel	Smith	Senior	Serpentine RC	Ranelagh Harriers
Vikki	Smith	Senior	Tamworth AC	Badgers
Will	Smith	Senior	Keighley & Craven AC	Halifax Harriers & AC
Gary	Smith	Senior	Bedford & County AC	Luton Athletic Club
John	Sole	Senior	Bodmin Road Runners	Cornwall AC
Joanna	Speak	Senior	Victoria Park Harriers and Tower Hamlets AC	Fleet & Crookham AC
Dave	Speck	Senior	Slinn Allstars	UKnetrunner.co.UK
Phillip	Stanley	Senior	Mersey Tri	UTS Running Club
Sandy	Staples	Senior	Worthing Striders	Run Academy Worthing
Peter	Steele	Senior	Cruisers RC	Elmbridge RRC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Georgia	Steers	Senior	Brighton & Hove Women's Running Club	Arena 80 AC
Lowendo	Stevens	Senior	Victoria Park Harriers and Tower Hamlets AC	Wimbledon Windmilers
Jason	Stobbs	Senior	Gateshead Harriers & AC	Washington Running Club
Lucinda	Stone	Senior	Staffs Moorlands AC	Congleton Harriers
Abigail	Sunter	Senior	Horwich R M I Harriers	Lostock AC
Albert	Sunter	Senior	Horwich R M I Harriers	Lostock AC
Michele	Sunter	Senior	Horwich R M I Harriers	Lostock AC
Claire	Sutton	Senior	Beckenham Running Club	Kent AC
Peter	Sutton	Senior	Worthing Striders	Run Academy Worthing
Benjamin	Swain	Senior	Southend On Sea AC	Leigh on Sea Striders
Leonardo	Taggio	Senior	Black Pear Joggers	Worcester AC
Heidi	Tanyi	U17	Orion Harriers	Nuneaton Harriers
Richard	Tatterton	Senior	Fetch Everyone	Felixstowe RRC
Holly	Taylor	U15	Shaftesbury Barnet Harriers	Enfield and Haringey A C
Jo	Taylor	Senior	Worthing Striders	Run Academy Worthing
Karen	Taylor	Senior	Eden Runners	DH Runners
Matt	Taylor	Senior	Eden Runners	DH Runners
Patrick	Taylor	Senior	Vale Of Aylesbury AC	Birchfield Harriers
Sarah	Tester	Senior	Worthing Striders	Run Academy Worthing
Max	Thatcher	U15	Rushcliffe AC	Absolute Tri
Katie	Thomas	Senior	Bournville Harriers	100 Marathon Club
Anne	Thompson	Senior	Roundhay Runners	Chorlton Runners
Emma	Thompson	Senior	Durham City Harriers & AC	Elvet Striders
Zainab	Tiamiyu	U13	Bexley AC	Dartford Harriers AC
Grace	Tidmarsh	Senior	Long Eaton Running Club	Notts Women Runners
Kiera	Tippett	U20	Basildon AC	Benfleet RC
Paula	Titley	Senior	Wrekin Road Runners	Lawley Running Club
Georgina	Townsend	Senior	Harrogate Harriers & AC	Knaresborough Striders
Robbie	Trecarichi	Senior	Southport Waterloo AC	Knowsley Harriers
Martina	Tredgett	Senior	Kendal Amateur Athletic Club	RAF Athletics
Simon	Trueick	Senior	Littledown Harriers	Westbourne R C
Hannah	Tunstall-Behrens	Senior	Mounts Bay Harriers	Hayle Runners
Joseph	Turner	Senior	Nene Valley Harriers	Cambridge & Coleridge AC
Nicola	Turner	Senior	Rugby & Northampton AC	Harborough AC
Dilek	Usta-Aarons	Senior	Kent AC	Crystal Palace Fun Runners
Chris	Vardy	Senior	Long Eaton Running Club	Erewash Valley RC
Samuel	Wadsworth	U15	Sale Harriers Manchester	Warrington A C
Robert	Walker	Senior	North Shields Polytechnic Club	Sunderland Harriers & AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Evan	Ward	U17	Wetherby Runners AC	Harrogate Harriers & AC
Neil	Wareham	Senior	South Shields Harriers & AC	Gateshead Harriers & AC
Georgina	Warren	Senior	Benfleet RC	Woodford Green AC with Essex Ladies
Nick	Watkins	Senior	Leamington Cycling and Athletic Club	Daventry Road Runners
Rhys	Watmough	U15	Keighley & Craven AC	Halifax Harriers & AC
Emma	Watts	Senior	Lincsquad	Scunthorpe & District AC
Cameron	Webb	Senior	Windsor Slough Eton & Hounslow AC	Stevenage & North Herts AC
bethany	west	Senior	Hadleigh Hares AC	Cheddar RC
Rebecca	West	Senior	Barnsley Athletic Club	Penistone Footpath Runners & Athletic Club
Bobbie	Westwood	Senior	Havering AC	Havering '90 Joggers
Jason	Westwood	Senior	Calder Valley Fell Runners	Stainland Lions Running Club
Martin	Wheeldon	Senior	Wilmslow Running Club	Wilmslow Striders
Ann	Wheeler	Senior	Leicester Walking Club	Nuneaton Harriers
David	Wheeler	Senior	Fleckney & Kibworth Athletics Club	Barrow Runners
Amy	Whelan	Senior	Buxton AC	Glaxo Hoad Hill Harriers
Paul	Whincup	Senior	Wallsend Harriers & AC	Ponteland Runners
Sue	Whitehill	Senior	Bourton Roadrunners Club	North Cotswold Tri & Run
Sarah	Whiteman	Senior	Ackworth Road Runners	SOUTH LEEDS LAKERS RUNNING CLUB
Adam	Whitmee	Senior	Worthing Striders	Run Academy Worthing
Fiona	Wiles	Senior	Hallamshire Harriers Sheffield	Guildford & Godalming AC
Jerry	Wilkes	Senior	Roadhoggs Leicester AC	Barrow Runners
Stuart	Wilkie	Senior	Hogweed Trotters	MudCrew Running
Jon	Wilkinson	Senior	Wootton Road Runners	Salford Metropolitan AC
Owen	Willcox	U17	Alnwick Harriers	Morpeth Harriers & AC
Catherine	Williams	Senior	Jesmond Joggers	Tyne Bridge Harriers
Martin Leslie	Williams	Senior	Stockport Harriers & AC	Northern Masters AC
Stephen	Williams	Senior	Stubbington Green Runners	Itchen Spitfires Running Club
Jon	Wilson	Senior	Kingston upon Hull AC	City of Hull AC
Heidi	Winn	Senior	Havant AC	Royal Navy Athletics Club
Eliot	Winter	Senior	Marshall Milton Keynes AC	Milton Keynes Distance Project
Emma	Wood	Senior	Howgill Harriers	Rossendale Harriers & AC
Melanie	Wood	Senior	Rugby & Northampton AC	Luton Athletic Club
Emily	Woodfield	Senior	Cambridge Triathlon Club	Tri-Anglia Triathlon Club
Emily	Zibe	U15	Gosforth Harriers & AC	Gateshead Harriers & AC