

First Name	Last Name	Age Group	Origin Club	Destination Club
Mark	Shepherd	Senior	Tadley Runners	1485 Triathlon Club
Ashleigh	McArdle	Senior	Pontefract AC	Ackworth Road Runners
Adam	Mills	Senior	Rodillian Runners	Ackworth Road Runners
Helen	Illman	Senior	Tadcaster Harriers	Airecentre Pacers RC
Hannah	Acquah	Senior	Wimborne AC	Aldershot Farnham & District
Nicky	Mckenzie	Senior	Blackwater Valley Runners	Aldershot Farnham & District
Grace	Simmons	U13	Fleet & Crookham AC	Aldershot Farnham & District
Dan	Tomlinson	Senior	Haslemere Border AC	Aldershot Farnham & District
Alistair	Smith	Senior	Horsham Blue Star Harriers	Alton Runners
Sarah	Jones	Senior	Bude Rats (Run and Tri)	Angels RC
Robert	Gattoni	Senior	Lewes AC	Arena 80 AC
Charlie	Hempstead	Senior	Bedford Harriers AC	Arena 80 AC
Helena	Shapton	U17	Derby Athletic Club	Ashbourne Running Club
Mike	Burton	Senior	Harling Athletic Club	Attleborough Athletics Academy
Sid	Burton	U11	Harling Athletic Club	Attleborough Athletics Academy
Susan	Burton	Senior	Harling Athletic Club	Attleborough Athletics Academy
Christopher	Deal	Senior	Harling Athletic Club	Attleborough Athletics Academy
Holly	Hayes	U11	Harling Athletic Club	Attleborough Athletics Academy
Henry	Mariner	U15	Harling Athletic Club	Attleborough Athletics Academy
Joanna	Mariner	Senior	Harling Athletic Club	Attleborough Athletics Academy
Lucy	Mariner	U11	Harling Athletic Club	Attleborough Athletics Academy
Ronald	Marsh	Senior	Harling Athletic Club	Attleborough Athletics Academy
Anya	Price	U11	Harling Athletic Club	Attleborough Athletics Academy
Rueben	Spurdens	U11	Harling Athletic Club	Attleborough Athletics Academy
Christina	Laking	Senior	Barnsley Harriers	Barnsley Athletic Club
Alison	Wood	Senior	Barnsley Harriers	Barnsley Athletic Club
Tracy	Hughes	Senior	Kingstone Runners Barnsley	Barnsley Harriers
Andy	Lockwood	Senior	Kimberworth Striders	Barnsley Harriers
Martin	Swift	Senior	Kingstone Runners Barnsley	Barnsley Harriers
Mark	Walby	Senior	Humber Triathletes	Barton & District AC
Tim	Brown	Senior	Trent Park Running Club	Bearbrook Running Club
Emma	Howsham	Senior	University of Birmingham AC and Cross Country Club	Belgrave Harriers
Adam	Tanner	U13	Southend On Sea AC	Benfleet RC
Katie	Clarke	U17	Sparkhill Harriers	Birchfield Harriers
Lisa	James	Senior	Sale Harriers Manchester	Birchfield Harriers
Nikki	Lawrence	U17	Birmingham Running Athletics & Triathlon Club (BRAT)	Birchfield Harriers
Robyn	McDowall	Senior	Leamington Cycling and Athletic Club	Birchfield Harriers
Finnan	Robins	U13	Bromsgrove and Redditch	Birchfield Harriers

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First Name	Last Name	Age Group	Origin Club	Destination Club
Lexie	Robins	U11	Bromsgrove and Redditch	Birchfield Harriers
Lauren	Singleton	U17	Solihull & Small Heath Athletic Club	Birchfield Harriers
Megan	Warner	Senior	Owls AC	Birstall RC
Martin	Bell	Senior	Durham City Harriers & AC	Birtley AC
Louise	Rolfe	Senior	Walden Tri	Bishops Stortford RC
Julie	Brady	Senior	Accrington Road Runners	Blackburn Harriers & AC
Millie-May	Collins-Smith	U11	Aldershot Farnham & District	Blackheath and Bromley Harriers Athletic Club
Alexander	Middleton	U11	Croydon Harriers	Blackheath and Bromley Harriers Athletic Club
Francesca	Middleton	U11	Croydon Harriers	Blackheath and Bromley Harriers Athletic Club
Mark	Wallace	Senior	Clapham Chasers	Blackheath and Bromley Harriers Athletic Club
Emily	Balshaw	U15	Lytham St Annes RR Club	Blackpool Wyre & Fylde AC
Louise	Davis	Senior	LWFitness4AII	Blyth Running Club
Paul	Drake	Senior	Poole AC	Bournemouth AC
Stuart	Bird	Senior	Abingdon AC	Bournville Harriers
Sarah	Scott	Senior	Banbury Harriers AC	Brackley and District RC
Dominic	Parsons	U15	Reading AC	Bracknell AC
Alexandra	Perrior	Senior	Windle Valley Runners	Bracknell Forest Runners
Kurtis	Swan	Senior	Billericay Striders	Braintree & District AC
Ronan	Llyr	Senior	Oxford University AC	Bristol and West AC
Harriet	Middlebrough	Senior	Southville Running Club	Bristol and West AC
Hannah	Pollak	Senior	San Domenico RRC	Bristol and West AC
Maria	Townsend	Senior	Yate & District AC	Bristol and West AC
Anna	Douglas	Senior	Cambridge & Coleridge AC	BRJ Run and Tri
Nigel	Bulmer	Senior	Blackheath and Bromley Harriers Athletic Club	Bromley Veterans AC
Lee	Ross	Senior	Kingfisher Harriers	Bromsgrove and Redditch
Peter	Woods	Senior	City Of Norwich AC	Bure Valley Harriers
Lawrence	Fennelly	Senior	Glossopdale Harriers	Calder Valley Fell Runners
Sydney	Conteh	Senior	Havering AC	Cambridge & Coleridge AC
Ellena	Farrow	Senior	Chippenham Harriers	Cambridge & Coleridge AC
Tom	Harris	Senior	Lordshill Road Runners	Cambridge & Coleridge AC
Tjerk	Zult	Senior	Gateshead Harriers & AC	Cambridge & Coleridge AC
Frank	Hudson	Senior	Dartford Road Runners	Cambridge Harriers
Daniel	Longhurst	Senior	Maidstone Harriers	Cambridge Harriers
Cara	Oliver	Senior	Dulwich Runners AC	Cambridge Harriers
Rebecca	Oates	Senior	Rotherham Harriers and AC	Cambridge University Hare and Hounds Club
Sophia	Bridgwood	U13	Stafford Harriers	Cannock & Stafford AC
Vici	Browning	Senior	Stoke F.I.T	Cannock & Stafford AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Mark	Peacock	Senior	Ashford Triathlon Club	Canterbury Harriers
Joshua	Clydesdale	U20	Birchfield Harriers	Charnwood A C
Sam	Haines	U13	Ivanhoe Robins Junior Athletics Club	Charnwood A C
Joe	Bloomfield	Senior	Ipswich Harriers	Chelmsford AC
Tina	Quinlivan	Senior	Havering AC	Chelmsford AC
Alice	Earle	Senior	Newcastle University AC	Cheltenham and County Harriers
Roxanne	Jones	Senior	Hereford Couriers	Cheltenham and County Harriers
Annabella	Tallis	U15	Bourton Roadrunners Club	Cheltenham and County Harriers
Ben	Caldwell	Senior	Edmonton RC	Chorlton Runners
Sarah	Tock	Senior	Beverley Athletic Club	City of Hull AC
Sarah	Griffiths	Senior	Vale Royal AC	City Of Norwich AC
Victoria	Onyeka	Senior	Victoria Park Harriers and Tower Hamlets AC	City Of Norwich AC
Michael	Penrose	Senior	Chard RRC	City Of Plymouth AC
Libby	Evans	U13	Stubbington Green Runners	City Of Portsmouth AC
Christian	Hood-Boyce	Senior	Loughborough Students AC	City Of Portsmouth AC
Michael	Beckett	Senior	Southampton Athletic Club	City Of Salisbury AC & RC
Matthew	Humphreys	U20	Lincoln Wellington Athletic Club	City of Sheffield and Dearne AC
Connor	Bentley	U17	Wrekin College Triathlon Club	City of Stoke AC
Emanuela	Castelnuovo	Senior	Fulham Running Club	Clapham Chasers
Olivia	McGonigle	Senior	University of Birmingham AC and Cross Country Club	Clapham Chasers
Barry	Brock	Senior	Trawden Athletic Club	Clayton-le-Moors Harriers
Andrew	Graham	Senior	Trawden Athletic Club	Clayton-le-Moors Harriers
Lisa	Bailey	Senior	Ludlow Runners	Cleobury Mortimer Running Club
David	Evans	Senior	Ludlow Runners	Cleobury Mortimer Running Club
Andrea	Ford	Senior	Ludlow Runners	Cleobury Mortimer Running Club
CHRISTOPHE R	FOSTER	Senior	Ludlow Runners	Cleobury Mortimer Running Club
Wayne	Smith	Senior	Amazing Feet Running Club	Cleobury Mortimer Running Club
Mark	Wallace	Senior	Amazing Feet Running Club	Cleobury Mortimer Running Club
Joanne	Watson	Senior	Ludlow Runners	Cleobury Mortimer Running Club
Francesca	Rawlings	Senior	Weston Athletic Club	Clevedon AC
Sarah	Kelley	Senior	Colchester & Tendring AC	Colchester Harriers AC
Caroline	Cattini	Senior	South London Harriers	Collingwood AC
Tim	Marsters	Senior	Serpentine RC	Compton Harriers RC
Joseph	Lok	U15	Wellingborough & District AC	Corby AC
Ellie	Harrison	U17	Worcester AC	Coventry Godiva Harriers
Jamie	Lambert	U20	Brighton & Hove AC	Crawley AC
Amelia	Watson	U17	Reigate Priory AC	Crawley AC
Lisa	Hillon	Senior	Gateshead Harriers & AC	Cumberland AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Wendy	Navin	Senior	St Bees Triers	Cumberland AC
Martin	Herent	Senior	East Essex Triathlon Club	Dacorum & Tring AC
Majka	Kunicka	Senior	Penistone Footpath Runners & Athletic Club	Dark Peak Fell Runners
Jonathan	Watterson	Senior	Dewsbury Road Runners	Datchet Dashers
Patrick	Cross	Senior	UKnetrunner.co.UK	David Lloyd West Bridgford Runners
Graham	Bowpitt	Senior	Running Forever RC	Denmead Striders
Simon	Burrough	Senior	Clanfield Joggers	Denmead Striders
Manuel	Diaz Brito	Senior	Havant AC	Derby Athletic Club
Caitlin	Emerson	U17	Amber Valley and Erewash Athletic Club	Derby Athletic Club
Jack	Greville	U15	Ashbourne Running Club	Derby Athletic Club
Imogen	Morland	U13	Heanor Running Club	Derby Athletic Club
Jake	Warwick	Senior	Derbyshire Dynamos	Derwent Runners (Derby)
Nick	Hutchinson	Senior	Serpentine RC	Derwent Valley Running Club
Clare	Ruffell	Senior	Desborough RAPID Running Club	Desborough & Rothwell Running Club
Reyhana	Laher	Senior	Bradford Airedale AC	Dewsbury Road Runners
Alicia	Rose	U17	Spenborough & Dist AC	Dewsbury Road Runners
Emma	McKnespiey	Senior	Border Harriers & AC	DH Runners
Stephen	Holder	Senior	Abingdon AC	Didcot Runners
Jill	Turner-Smith	Senior	Kidderminster and Stourport	Droitwich AC
Katherine	Macpherson	Senior	Elvet Striders	Durham City Harriers & AC
Jessica	Williams	U20	Carmarthen & District Harriers	Durham City Harriers & AC
Jonathan	Horan	Senior	Hayes & Harlington Road Runners	Ealing Southall & Middlesex AC
Cameron	Choules	Senior	Thirsk & Sowerby Harriers	Easingwold Running Club
Kate	Matley	U15	Stockport Harriers & AC	East Cheshire Harriers & Tameside AC
Sarah	Stack	Senior	East London Runners	East End Road Runners
Hayley	Harris	Senior	Crawley AC	Eastbourne Rovers AC
Tony	Roberts	Senior	Chelmsford AC	Eastern Masters AC
Rebecca	Crowley	Senior	Sleaford Striders AC	Eastleigh RC
David	Evans	Senior	Lancashire Walking Club	Eden Runners
Stephen	Addison	Senior	Heaton Harriers & AC	Elswick Harriers
Robert	Gratton	Senior	Sedgefield Harriers	Elvet Striders
Alexandra	Payne	Senior	Vegan Runners UK	Epsom Oddballs RC
Simon	Fitze	Senior	Tamar Trotters	Erme Valley Harriers
Gavin	Coventry	Senior	Thirsk & Sowerby Harriers	Esk Valley Fell Club
Luke	Cressey	U17	Tavistock AC	Exeter Harriers
Frederick	Walker	U11	South West Athletics Club	Exeter Harriers
Jason	Drew	Senior	Bristol and West AC	Exmouth Harriers
Tom	Merson	Senior	Bristol and West AC	Exmouth Harriers

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First Name	Last Name	Age Group	Origin Club	Destination Club
Paul	Whyte	Senior	Lincoln & District Runners	Fairlands Valley Spartans
Cathy	Morgan	Senior	Ipswich Triathlon Club	Felixstowe RRC
Lee	Morgan	Senior	Ipswich Triathlon Club	Felixstowe RRC
Stuart	Holmes	Senior	Purple Patch Runners	Fetch Everyone
Ben	Martin-Dye	Senior	Datchet Dashers	Fetch Everyone
Harry	Wood	Senior	Haslemere Border AC	Forest of Dean AC
Lee	Markham	Senior	Woodbridge Shufflers RC	Framlingham Flyers
Tom	Pollard	Senior	Hyde Park Harriers	Fulham Running Club
George	Ramsay	Senior	Woodstock Harriers AC	Fulham Running Club
Tina	Searle	Senior	Dacorum & Tring AC	Gade Valley Harriers
Stephen	Smith	Senior	Darlington H & AC	Gateshead Harriers & AC
Mark	Millns	Senior	East Cheshire Harriers & Tameside AC	Glossopdale Harriers
Gemma	Collier	Senior	Cheltenham and County Harriers	Gloucester AC
Christopher	Dyer	Senior	Howgill Harriers	GoodGym Race Team
Mike	Harvey	Senior	Selby Striders	Goole Viking Striders
Laurence	Pearce	Senior	Holme Pierrepont RC	Great Western Runners
James	Wright	Senior	Eastbourne Rovers AC	Hailsham Harriers
Matilda	Baldaro	U11	Calder Valley Fell Runners	Halifax Harriers & AC
Gavin	Allen	Senior	Springfield Striders RC	Halstead RRC
Sandi	Robinson-Miller	Senior	Trail Running Association	Halstead RRC
Trevor	Sibley	Senior	Braintree & District AC	Halstead RRC
Ella	Mercer	U13	Warrington A C	Halton & Frodsham Harriers
Thomas	Lister	Senior	Fleckney & Kibworth Athletics Club	Harborough AC
Alice	Rudd	Senior	Lordshill Road Runners	Hardley Runners
Rohan	Smith	U13	Ilkley Harriers AC	Harrogate Harriers & AC
Oliver	Smith	Senior	Chichester Runners & AC	Harrow AC
Alex	Radford	Senior	Blackwater Valley Runners	Hart Road Runners
Linda	Radford	Senior	Blackwater Valley Runners	Hart Road Runners
Scott	Southey	Senior	Didcot Runners	Harwell Harriers
Daniel	Bray	Senior	Southampton Athletic Club	Havant AC
Jemma	Pemberton	Senior	Basildon AC	Havering AC
Madeline	Read	U13	Thurrock Harriers	Havering AC
Zoe	Lock	Senior	JP Fitness Cornwall	Hayle Runners
Darren	Bird	Senior	Striders Of Croydon	Haywards Heath Harriers
Dean	Scobie	Senior	North Shields Polytechnic Club	Heaton Harriers & AC
Alan	Wallace	Senior	Tyne Bridge Harriers	Heaton Harriers & AC
Ella	Beardwood	U15	Kendal Amateur Athletic Club	Helm Hill Runners
Lottie	Beardwood	U15	Kendal Amateur Athletic Club	Helm Hill Runners

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First Name	Last Name	Age Group	Origin Club	Destination Club
Carl	Hanaghan	Senior	Macclesfield Harriers & AC	Helm Hill Runners
Jake	Holmes	Senior	Manchester Triathlon Club	Helsby Running Club
Adam	Speake	Senior	Bristol and West AC	Hercules Wimbledon AC
Georgia	Tuckfield	Senior	Chelmsford AC	Herts Phoenix AC
Claudia	Spanier	U13	Thames Valley Harriers	Highgate Harriers
James	Meachem	Senior	Birstall RC	Hinckley Running Club
Graham	King	Senior	Ramsbottom Running Club	Holcombe Harriers
Pamela	Moriarty	Senior	Bury Athletic Club	Holcombe Harriers
Simon	Moriarty	Senior	Bury Athletic Club	Holcombe Harriers
Gordon	Monaghan	Senior	Formula One Circuit Crew	Holme Pierrepont RC
James	Nichols	Senior	Wakefield Triathlon Club	Holme Pierrepont RC
Neil	Dutton	Senior	Wakefield District H & AC	Holmfirth Harriers AC
Martin	Page	Senior	Stadium Runners	Holmfirth Harriers AC
Clive	Aylott	Senior	Stainland Lions Running Club	Hornsea Harriers
Georgia	Freeman	Senior	Leeds & Bradford Triathlon Club	Horsforth Harriers
Andrew	Crickmore	Senior	Bolton United Harriers & AC	Horwich R M I Harriers
Matthew	Wilson	Senior	Lostock AC	Horwich R M I Harriers
Cameron	Allan	U20	Durham City Harriers & AC	Houghton Harriers & AC
Kevin	Higham	Senior	Hinckley Running Club	Huncote Harriers
Georgia	Hill	Senior	Poole AC	Huntingdonshire AC
Jake	Harris	Senior	Ackworth Road Runners	Hyde Park Harriers
Rupert	Jordan	Senior	Grantham AC	Hyde Park Harriers
Richard	Boyer	Senior	Sinfin Running Club	Ilkeston Running Club
Ann-Kristin	Marsham	Senior	Valley Striders AC	Ilkley Harriers AC
John	Marsham	Senior	Valley Striders AC	Ilkley Harriers AC
Dominic	Woolford	Senior	South Kent Harriers	Invicta East Kent AC
Matthew	Bennett	U15	Ipswich Jaffa RC	Ipswich Harriers
Edward	Osborn	U15	Ipswich Jaffa RC	Ipswich Harriers
Samuel	Stevens	U17	Great Yarmouth & District AC	Ipswich Harriers
Douglas	Lafferty	Senior	Netley Abbey Runners	Itchen Spitfires Running Club
Gabby	O'Brien	Senior	Solent Running Sisters	Itchen Spitfires Running Club
Christopher	Puzey	Senior	Lordshill Road Runners	Itchen Spitfires Running Club
Samuel	Smith	U11	Charnwood A C	Ivanhoe Robins Junior Athletics Club
Rosalind	Brooks	Senior	Leamington Cycling and Athletic Club	Kenilworth Runners
Tracy	Edwards	Senior	Hinckley Running Club	Kenilworth Runners
Dave	Morgan	Senior	Serpentine RC	Kent AC
Simon	Hunter	Senior	Cumberland Fell Runners	Keswick AC
Chris	Naylor	Senior	Helm Hill Runners	Keswick AC
Calum	Tinnion	Senior	Ellenborough AC	Keswick AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Matthew	Spearman	Senior	Desborough RAPID Running Club	Kettering Town Harriers
CHARLOTTE	BROADHURST	U15	Ludlow Runners	Kidderminster and Stourport
Phill	Bullock	Senior	Worcester AC	Kidderminster and Stourport
Paul	Hyde	Senior	Droitwich AC	Kidderminster and Stourport
Russ	Edwards	Senior	Barton & District AC	Kingston upon Hull AC
Michael	Watson	Senior	City of Hull AC	Kingston upon Hull AC
Stephen	Gledhill	Senior	Eccleshill Road Runners	Kingstone Runners Barnsley
Matt	lles	Senior	Bitton Road Runners	Kingswood Triathlon Club
John	Lee	Senior	UKRunChat Running Club	Kirkby Milers AC
Teri	Standley	Senior	Liverpool Running Club	Kirkby Milers AC
Katherine	Cousins	Senior	Kendal Amateur Athletic Club	Lancaster & Morecambe AC
Liam	Banham-Rayward	Senior	Haywards Heath Harriers	Lancing Eagles RC
Callum	Rea	Senior	Swansea Harriers	Lavington Athletics
Philippe	Evans	Senior	VocaLink Mastercard Running Club	Leeds & Bradford Triathlon Club
lan	Bielby	Senior	Lincoln Wellington Athletic Club	Lincoln & District Runners
Louise	Hendes	Senior	Poole AC	Littledown Harriers
Maria	Barrett	Senior	Stockport Harriers & AC	Liverpool Harriers & AC
Anthony	Cassidy	Senior	Mossley Hill AC	Liverpool Harriers & AC
Bethany	Swift	U15	Southport Waterloo AC	Liverpool Pembroke & Sefton H AC
Katelyn	Swift	U13	Southport Waterloo AC	Liverpool Pembroke & Sefton H AC
Alicia	Woods	U13	Chorley Athletic and Triathlon Club	Liverpool Pembroke & Sefton H AC
Ruaridh	Cumming	Senior	Sale Harriers Manchester	London City Athletics Club
Matthew	Faires	Senior	Witham RC	London City Athletics Club
Kim	Kellas	Senior	Clapham Pioneers	London City Athletics Club
Sarah	Pritchard	Senior	Harrogate Harriers & AC	London City Athletics Club
Conor	McMeel	Senior	Clapham Runners	London Frontrunners
Chloe	Martin-Brown	Senior	March AC	London Heathside
lan	Parry	Senior	Serpentine RC	London Heathside
Susannah	La-Touche	Senior	Wootton Road Runners	Long Eaton Running Club
Geoffrey	Payne	Senior	Epsom Oddballs RC	Lordshill Road Runners
lan	Hayden	Senior	Aurora Harriers	Low Fell RC
Lee	Caudery	Senior	New Forest Runners	Lymington Athletes
William	Mitchell	U20	New Forest Junior AC	Lymington Athletes
Alison	Parsons	Senior	Newmarket Joggers	Lymington Triathlon Club
Chloe	Woolf	Senior	New Forest Runners	Lymington Triathlon Club
Lee	Watson	Senior	Liverpool Running Club	Lytham St Annes RR Club
Rachel	Hall	Senior	Manchester Triathlon Club	Macclesfield Harriers & AC
Hannah	Jackson	U13	Stockport Harriers & AC	Macclesfield Harriers & AC
Samuel	Burnage	Senior	Malvern Joggers	Malvern Buzzards Running Club

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First Name	Last Name	Age Group	Origin Club	Destination Club
Andy	Dickenson	Senior	Malvern Joggers	Malvern Buzzards Running Club
Andy	Dingley	Senior	Malvern Joggers	Malvern Buzzards Running Club
Matthew	Rabone	Senior	Stockport Harriers & AC	Malvern Buzzards Running Club
Daniel	Edwards	Senior	London Frontrunners	Manchester Frontrunners
Tyler	Hill	U15	Sale Harriers Manchester	Manchester Harriers & AC
Tiffany	James	U17	Trafford Athletic Club	Manchester Harriers & AC
Clive	Buck	Senior	Ripley Running Club	Mansfield Harriers
Caitlin	Dodds	U13	Sutton in Ashfield Harriers & AC	Mansfield Harriers
Olivia	Hare	U13	Worksop Harriers	Mansfield Harriers
Joanne	Sykes	Senior	Manx Harriers	Manx Fell Runners
Oliver	Sykes	U13	Manx Harriers	Manx Fell Runners
Paul	Sykes	Senior	Manx Harriers	Manx Fell Runners
Margaret	Watkins	Senior	Isle Of Man Veterans AC	Manx Fell Runners
Louise	Hollings	Senior	Isle Of Man Veterans AC	Manx Harriers
Aaron	Adom	Senior	Liverpool Harriers & AC	Marshall Milton Keynes AC
CHARLOTTE	BLAND	Senior	Kippax & District Harriers	Methley Striders
Isabel	Herbert	U13	Billingham Marsh Hse H & AC	Middlesbrough Athletic Club (Mandale)
Martha	Wyatt	U13	New Marske Harriers Club	Middlesbrough Athletic Club (Mandale)
Alan	Marsh	Senior	Notts AC	Midland Masters AC
Louis	Satterthwaite	Senior	Centurion RC	Midland Masters AC
Sarah	Hoskin	Senior	Falmouth RRC	Mile High
Paul	Adams	Senior	Ashington Hirst Running Club	Morpeth Harriers & AC
James	Gilhome	U15	Alnwick Harriers	Morpeth Harriers & AC
Sarah	Newing	Senior	Hayle Runners	MudCrew Running
Joel	Grenfell	Senior	Peterborough AC	Nene Valley Harriers
Alex	Kiel	Senior	Quakers Running Club	New Marske Harriers Club
Steven	Foley	Senior	Horwich R M I Harriers	Newburgh Nomads RC
Duncan	Cresswell	Senior	Ledbury & District Harriers	Newent Runners
Daniel	Mees	U20	Peterborough AC	Newham & Essex Beagles AC
Luca	Zangari	Senior	East London Runners	Newham & Essex Beagles AC
LINDA	BROOKER	Senior	Hartshill Runners	Newport and District RC
Kevin	Phelps	Senior	Wrekin Road Runners	Newport and District RC
Kerry Lee	Taylor	Senior	Bourton Roadrunners Club	North Cotswold Tri & Run
Joanna	Borecka	Senior	Swinton Running Club	North Derbyshire RC
Kevin	Smith	Senior	Corby AC	North Derbyshire RC
Anthony	Edwards	Senior	St Albans Striders	North Herts RRC
Alan	Challinor	Senior	Staffs Moorlands AC	North Staffs RR Association
Andrew	Clinton	Senior	Trentham RC	North Staffs RR Association

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First Name	Last Name	Age Group	Origin Club	Destination Club
Paul	Muller	Senior	Horwich R M I Harriers	Northern Masters AC
Craig	Shaw	Senior	Stainland Lions Running Club	Northowram Pumas Running Club
Fiona	Huxtable	Senior	Chester Triathlon Club	Northwich Running Club
Robert	Sears	Senior	Epsom Oddballs RC	Norwich Road Runners
Deborah	Smith	Senior	Harlow RC	Norwich Road Runners
Emma	Lyons	Senior	Cardiff Archers	Notts AC
Sharon	Orridge	Senior	Long Eaton Running Club	Notts AC
Jacob	Roberts	U20	Blackburn Harriers & AC	Notts AC
Муа	Turner	U13	Amber Valley and Erewash Athletic Club	Notts AC
Lucy	Stickland	Senior	Horsham Blue Star Harriers	Nuneaton Harriers
Lucy	Jarvis	Senior	Norwich Road Runners	Orion Harriers
Heath	Bampton	Senior	Royal Wootton Bassett Hounds RC	Oxford City AC
Alice	Hopkins	U20	Radley Athletic Club	Oxford City AC
Conrad	Will	U20	Tonbridge AC	Oxford University AC
Paul	Gray	Senior	Liverpool Harriers & AC	Penny Lane Striders
Mark	Bruce	Senior	Kent AC	Petts Wood Runners
Graham	Robinson	Senior	Thirsk & Sowerby Harriers	Pickering Running Club
Kim	Heyes	Senior	Witham Runners (Lincolnshire)	Pocklington Runners
Alice	North	Senior	Purple Patch Runners	Pocklington Runners
Rebecca	Bell	U15	City of York AC	Pontefract AC
Jodi	Hayward	Senior	Ackworth Road Runners	Pontefract AC
Raya	Welsh	U13	Barnsley Athletic Club	Pontefract AC
Toby	Gibson	Senior	Tynedale Harriers & AC	Ponteland Runners
Gillian Elaine	Taylor	Senior	Elswick Harriers	Ponteland Runners
Deena	White	Senior	Elswick Harriers	Ponteland Runners
Melissa	Courtney	Senior	Shaftesbury Barnet Harriers	Poole AC
James	McCafferey	Senior	Westbourne R C	Poole AC
Timothy	Carder	Senior	Brighton & Hove AC	Portslade Hedgehoppers
Emma	Milne	Senior	Victory AC	Portsmouth Joggers
Simon	Robinson	Senior	Red Rose Road Runners	Preston Harriers
David	Anderson	Senior	Altrincham & District Athletic Club Limited	Pudsey & Bramley AC
John	McGrath	Senior	Teesdale AC	Quakers Running Club
Michelle	Maddick	Senior	Kingston upon Hull AC	Queen's Park Harriers
Lesley	Heyes	Senior	Bolton United Harriers & AC	Ramsbottom Running Club
Philip	Davies	Senior	Reading Joggers	Reading Roadrunners
Keith	Russell	Senior	Reading AC	Reading Roadrunners
Jennifer	Bishop	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners

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First Name	Last Name	Age Group	Origin Club	Destination Club
Paul	Claydon	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Darren	Latter	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Keith	Lovell	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Luisa	Miller	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Gary	Pitman	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Steven	Trennery	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Chris	Charnley	Senior	Chorley Athletic and Triathlon Club	Red Rose Road Runners
Gary	Hedges	Senior	KPMG	Redway Runners
Jane	Lee	Senior	Marshall Milton Keynes AC	Redway Runners
Ben	Walmsley	Senior	Trawden Athletic Club	Ribble Valley Harriers
Matthew	Taylor	U17	Bury Athletic Club	Rossendale Harriers & AC
Brian	Hawkins	Senior	Lincoln Wellington Athletic Club	Rotherham Harriers and AC
Peter	Knight	Senior	Penistone Footpath Runners & Athletic Club	Rotherham Harriers and AC
Andrew	Pearson	Senior	Barnsley Harriers	Rotherham Harriers and AC
Lauren	Proctor	Senior	Wakefield District H & AC	Roundhay Runners
Lauren	Proctor	Senior	Wakefield District H & AC	Roundhay Runners
Ricky	Montacute	Senior	Ipswich Harriers	Royal Engineers RC
Paul	Makowski	Senior	Cambridge & Coleridge AC	Royston Runners
Leonie	Glynn	Senior	Penny Lane Striders	Royton Road Runners
Peter	Adams	Senior	Marshall Milton Keynes AC	Rugby & Northampton AC
Simon	Douglas	Senior	Wootton Road Runners	Rugby & Northampton AC
Hilary	Knight	Senior	Worthing Running Sisters	Run Academy Worthing
Rachel	Gwynn	Senior	Ealing Eagles Running Club	RunThrough
Paul	Oakes	Senior	Ashford AC	Ryston Runners
Stuart	Matthews	Senior	Cambridge & Coleridge AC	Saint Edmund Pacers
Ritchie	Parkins	Senior	Stowmarket Striders RC	Saint Edmund Pacers
Abdi Amare	Madar	Senior	Herne Hill Harriers	Sale Harriers Manchester
Rob	Marsden	Senior	Royton Road Runners	Sale Harriers Manchester
David	Safranauskas	Senior	Trafford Athletic Club	Sale Harriers Manchester
Paul	Bannister	Senior	Royton Road Runners	Salford Harriers & AC
Gary	Fielding	Senior	Royton Road Runners	Salford Harriers & AC
Sophie	Wood	Senior	Royton Road Runners	Salford Harriers & AC
Angelo	Apa	Senior	Bere Alston Trekkers	Sandbach Striders
Sara	Apa	Senior	Bere Alston Trekkers	Sandbach Striders
Kathryn	Wills	Senior	Chester Triathlon Club	Scarborough Athletic Club
Eugenie	Baines	U15	Worksop Harriers	Scunthorpe & District AC
Mark	Gratton	Senior	St Mary's Richmond AC	SHAEF Shifters Running Club

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First Name	Last Name	Age Group	Origin Club	Destination Club
Rodney	McCulloch	Senior	26.2 Road Runners Club	SHAEF Shifters Running Club
Nick	Rowe	Senior	The Stragglers Running Club	SHAEF Shifters Running Club
Vanessa	Ansuaa	U15	Luton Athletic Club	Shaftesbury Barnet Harriers
Sam	Dawkins	Senior	Jersey Spartan AC	Shaftesbury Barnet Harriers
Oliver	Graham	U17	Ipswich Harriers	Shaftesbury Barnet Harriers
Justin	Henry	U15	Harrow AC	Shaftesbury Barnet Harriers
Molly	Jehan	Senior	Jersey Spartan AC	Shaftesbury Barnet Harriers
Fiona	Hawkins	Senior	Team Derby Runner	Sinfin Running Club
David	Freeman	Senior	Skegness Coasters	Skegness Triathlon Club
Stephen	Smith	Senior	Dartford Road Runners	SLGR
Kayleigh	Williams	Senior	Highworth RC	Slinn Allstars
Andrea	Garlick	Senior	Derbyshire Dynamos	Smalley Road Runners
Chloe	Tighe	U13	Sparkhill Harriers	Solihull & Small Heath Athletic Club
Toby	Hart	Senior	Dark Peak Fell Runners	South Cheshire Harriers
Derek	Turner	Senior	Ellesmere Port RC	South Cheshire Harriers
Bethany	Tucker	Senior	Yate & District AC	South Glos AC
Karen	Ingham	Senior	St Theresa's A.C.	SOUTH LEEDS LAKERS RUNNING CLUB
Amelia	English	U15	Kent AC	South London Harriers
Alicia	Regan	Senior	Plymouth Harriers	South West Road Runners
Lindsay	Freeman	Senior	Chippenham Harriers	South West Veterans AC
Lucy	Harrison	Senior	Eastleigh RC	Southampton Athletic Club
Thomas	Gifford	Senior	Colchester & Tendring AC	Southend On Sea AC
Alex	Waddelove	Senior	Preston Harriers	Southport Waterloo AC
Andrew	Grimshaw	Senior	Preston Harriers	Spa Striders
Lisa	Spratling	Senior	Eden Runners	St Bees Triers
Sarah	Garbutt	Senior	Leeds City Athletic Club	St Theresa's A.C.
mick	lunn	Senior	Meltham AC	Stadium Runners
John	Marsden	Senior	Stone Master Marathoners	Stafford Harriers
Emma Kate	Brear	Senior	Sheffield RC	Steel City Striders RC
Philip	Kelly	Senior	Totley AC	Steel City Striders RC
Nile	Odejimi-Riley	U15	Orion Harriers	Stevenage & North Herts AC
Bethan	Siddons	Senior	Havering AC	Stevenage & North Herts AC
Grace	Preston	U17	Liverpool Harriers & AC	Stockport Harriers & AC
Lucy	Robinson	U15	Macclesfield Harriers & AC	Stockport Harriers & AC
Eve	Taylor	Senior	Road Runners Club	Stockport Tri Club
lan	Taylor	Senior	Road Runners Club	Stockport Tri Club
Matthew	Carling	Senior	Orchard Eagles Running Club	Stockton Striders AC
Tony	Gallilee	Senior	North East Veterans AC	Stockton Striders AC

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First Name	Last Name	Age Group	Origin Club	Destination Club
Lindsay	Bromage	Senior	Biddulph RC	Stoke F.I.T
Caroline	Davies	Senior	Stoke F.I.T	Stone Master Marathoners
Matthew	Davies	Senior	Stoke F.I.T	Stone Master Marathoners
Kieran	Pitt	Senior	Dudley Kingswinford RC	Stourbridge RC
Nick	Cuff	Senior	Royton Road Runners	Stubbington Green Runners
lan	Horner	Senior	South Shields Harriers & AC	Sun City Tri
David	Wilkinson	Senior	Ravens City of London Running Club	Sunderland Harriers & AC
Tara	Horner	Senior	Sunderland Harriers & AC	Sunderland Strollers
Matthew	Dyer	U17	Epsom & Ewell Harriers	Sutton & District AC
Nick	Downing	Senior	St Albans Striders	Swaledale Runners
Dale	Langley	Senior	Burton AC	Tamworth AC
ARANTXA	MIDDLETON	U13	Royal Sutton Coldfield Athletic Club	Tamworth AC
Edward	Smart	U17	Tavistock AC	Tavistock Run Project
Oliver	Smart	U15	Tavistock AC	Tavistock Run Project
Peter	O'Brien	Senior	Desford Striders	Team Anstey Amblers and Runners
Rebecca	Scott	U20	Cannock & Stafford AC	Telford AC
Liz	Brown	Senior	Running Somewhere Else	Tetbury Dolphins Running Club
Thomas	Binnie	Senior	Eynsham Road Runners	Thames Valley Harriers
Isaac	Kitchen-Smith	Senior	Spenborough & Dist AC	Thames Valley Harriers
Imogen	Davis	U15	Invicta East Kent AC	Thanet AC
Andrew	Smith	Senior	Saint Edmund Pacers	Thetford AC
Gayle	Johnson	Senior	Buxton AC	Tideswell Running Club
Paul	Richards	Senior	Telford AC	Tipton Harriers
Kate	Williams	Senior	Wolverhampton & Bilston	Tipton Harriers
Craig	Stansfield	Senior	Rossendale Harriers & AC	Todmorden Harriers
David	Barclay	U13	Paddock Wood AC	Tonbridge AC
Daniel	Gill	Senior	Medway and Maidstone AC	Tonbridge AC
David	Sheppard	Senior	Steel City Striders RC	Totley AC
Lynda	Massey	Senior	Southampton Athletic Club	Totton RC
Ella	Marshall	U15	Sale Harriers Manchester	Trafford Athletic Club
Hayley	Perrin	Senior	Radley Athletic Club	Trafford Athletic Club
David	Stringer	Senior	Hailsham Harriers	Tri Tempo Eastbourne
Catherine	O'Dwyer	Senior	Bolton United Harriers & AC	Truro Running Club
Shaun	O'Dwyer	Senior	Bolton United Harriers & AC	Truro Running Club
John	Grimshaw	Senior	Claremont Road Runners	Tyne Bridge Harriers
Kevin	Richardson	Senior	Elswick Harriers	Tyne Bridge Harriers
Allan	Norbury	Senior	Horsham Joggers	Uckfield Runners
Antony	Hughes	Senior	Middleton Harriers AC	UKRunChat Running Club
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First Name	Last Name	Age Group	Origin Club	Destination Club
Megan	Bates	Senior	Border Harriers & AC	University of Sheffield Union of Students
Dionne	Hines	U17	Marshall Milton Keynes AC	Vale Of Aylesbury AC
Christopher	Starling	Senior	Thame Runners	Vale Of Aylesbury AC
Lewis	Brown	U20	Manchester Metropolitan University	Vale Royal AC
Mark	Crabtree	Senior	Gade Valley Harriers	Vale Royal AC
Abigail	Delaney	U17	Salford Harriers & AC	Vale Royal AC
Jake	Wilson	U13	Crewe and Nantwich AC	Vale Royal AC
Sharon	Wilson	Senior	Crewe and Nantwich AC	Vale Royal AC
Rachel	Bentley	Senior	Durham City Harriers & AC	Valley Striders AC
Anna	Milburn	Senior	St Theresa's A.C.	Valley Striders AC
Anthony	Owen	Senior	St Theresa's A.C.	Valley Striders AC
Declan	Godfrey	U20	Louth AC	Vegan Runners UK
Denise	Норе	Senior	Great Western Runners	Vegan Runners UK
lan	Linley	Senior	Wakefield Triathlon Club	Vegan Runners UK
Daniel	List	Senior	North York Moors AC	Vegan Runners UK
Sophie	Allen	Senior	Poole AC	Victoria Park Harriers and Tower Hamlets AC
Chris	Xenos	Senior	JP Morgan RC	Victoria Park Harriers and Tower Hamlets AC
Xavier	Desse	Senior	Pensby Runners	Wallasey Athletic Club
Ray	Clark	Senior	Warrington Road Runners	Warrington Running Club
Nigel	Lyman	Senior	Bungay Black Dog RC	Waveney Valley AC
Rebekah	Warren	Senior	Winchester & District AC	Waverley Harriers
Jon	Clarke	Senior	Wrexham AC	West Cheshire Athletic Club
Claire	Williams	Senior	Chester Triathlon Club	West Cheshire Athletic Club
David	Burgess	Senior	Poplar Running Club	West End Runners
Lucy	Ellis	Senior	Ealing Southall & Middlesex AC	West End Runners
Amanda	Palmer	Senior	Beaumont RC	West End Runners
Andrew	Quigley	Senior	Fetch Everyone	West End Runners
Hannah	Large	Senior	Bristol and West AC	Westbury Harriers
lain	Large	Senior	Bristol and West AC	Westbury Harriers
Julie	Artus	Senior	Wye Valley Runners	Weston Athletic Club
Lynsey	Lyon	Senior	St Theresa's A.C.	Wetherby Runners AC
Karen	Moorfield	Senior	Wigan & District H & AC	Wigan Phoenix
Warren	Moorfield	Senior	Wigan & District H & AC	Wigan Phoenix
Sonia	Rushby	Senior	Eastleigh RC	Winchester & District AC
Gabrielle	Coveney	Senior	Ilkeston Running Club	Windsor Slough Eton & Hounslow AC
Marcey	Winter	U17	Guildford & Godalming AC	Windsor Slough Eton & Hounslow AC
Dan	Chico	Senior	Cleethorpes and District AC	Wolds Veteran RC
Daniel	Brazier	Senior	Tipton Harriers	Wolverhampton & Bilston

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First Name	Last Name	Age Group	Origin Club	Destination Club
Joanne	Hackett	Senior	Staffs Moorlands AC	Wolverhampton & Bilston
Louise	Hackett	U15	Staffs Moorlands AC	Wolverhampton & Bilston
Cameron	Fillery	U20	Brighton & Hove AC	Woodford Green AC with Essex Ladies
Adrian	Richards	Senior	Enfield and Haringey A C	Woodford Green AC with Essex Ladies
Sophie	Carter	Senior	Belgrave Harriers	Woodstock Harriers AC
Andrew	Myers	Senior	Mornington Chasers	Wootton Road Runners
Benita	Fryer	Senior	Bognor Regis Tone Zone Runners	Worthing Striders
James	Vidler	Senior	Hailsham Harriers	Wrekin Road Runners
Peter	Willis	Senior	Belgrave Harriers	Wycombe Phoenix Harriers & AC
Tim	Buckley	Senior	York Triathlon Club	York Knavesmire Harriers
Gareth	Burrow	Senior	York Triathlon Club	York Knavesmire Harriers
Luke	Richardson	Senior	Pickering Running Club	York Knavesmire Harriers

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