

First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Marc	Bennett	Senior	Royal Wootton Bassett Hounds RC	100 Marathon Club	26/04/2019
Michelle	Bird	Senior	Liverpool Running Club	100 Marathon Club	18/04/2019
Paul	Davies	Senior	Centurion RC	100 Marathon Club	24/04/2019
Ann	Holmes	Senior	West Hull Ladies	100 Marathon Club	03/04/2019
Helen	James	Senior	Barrow Runners	100 Marathon Club	24/04/2019
Gin	Lawson	Senior	Sudbury Joggers	100 Marathon Club	24/04/2019
lan	Odgers	Senior	Dereham Runners & AC	100 Marathon Club	03/04/2019
lan	Pullen	Senior	SLGR	100 Marathon Club	03/04/2019
Natalie	Myers	Senior	City of Sheffield and Dearne AC	2 Dash	05/04/2019
Katharine	Earley	Senior	Headington RR	Alchester Running Club	09/04/2019
Tim	Smee	Senior	Reading Roadrunners	Alchester Running Club	03/04/2019
Colin	Addison	Senior	Farnham Runners	Aldershot Farnham & District	06/04/2019
Jonah	McCafferty	U17	Bracknell AC	Aldershot Farnham & District	10/04/2019
James	Stringer	Senior	Vale Royal AC	Aldershot Farnham & District	11/04/2019
Debbie	Whitehead	Senior	Farnham Runners	Alton Runners	08/04/2019
Tom	Moseley	Senior	Beckenham Running Club	Altrincham & District Athletic Club Limited	30/04/2019
Adam	Brailsford	Senior	Northern Fells Running Club	Ambleside AC	30/04/2019
Catherine	Loveridge	Senior	Serpentine RC	Ampthill & Flitwick Flyers RC	16/04/2019
Janet	Taplin	Senior	Fetch Everyone	Andover AC	08/04/2019
BLAKE	BROWN	Senior	Falmouth RRC	Arena 80 AC	01/05/2019
James	Booth	Senior	Vegan Runners UK	Ashford & District RRC	06/04/2019
Janusz	Latala	Senior	Dartford Harriers AC	Ashford & District RRC	03/04/2019
Ramone	Gayle	U20	Swale Combined AC	Ashford AC	27/04/2019
Shelly	Blake	Senior	Ashford & District RRC	Ashford Striders RC	07/04/2019
Shaun	Snowwolf-Harris	Senior	Ashford & District RRC	Ashford Striders RC	25/04/2019
Natalie	Freeman	Senior	Running Forever RC	Avon Valley Runners	12/04/2019
Sarah	Jeffries	Senior	Warminster RC	Avon Valley Runners	10/04/2019
Scott Paul	Johnston	Senior	Serpentine RC	Barnes Runners	03/04/2019
Linda	Pullen	Senior	Team Anstey Amblers and Runners	Barrow Runners	13/04/2019
Roger	Pullen	Senior	Team Anstey Amblers and Runners	Barrow Runners	13/04/2019
Sarah	Bainbridge	Senior	Ancholme Valley AC	Barton & District AC	03/04/2019
Grace	Goodall	U20	Benfleet RC	Basildon AC	06/04/2019
Holly	Huett	U13	Benfleet RC	Basildon AC	24/04/2019
Scarlett	Rolls	U17	Chelmsford AC	Basildon AC	01/05/2019
Millie	Trotter	U13	Benfleet RC	Basildon AC	26/04/2019
Deborah	Montgomery	Senior	Team Kennet Triathlon & AC	Basingstoke & Mid Hants AC	12/04/2019
Mike	Ellis	Senior	Bromley Veterans AC	Beckenham Running Club	09/04/2019
Helen	Garrett	Senior	Crystal Palace Triathletes	Beckenham Running Club	29/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Amy	Harris	Senior	Wimbledon Windmilers	Beckenham Running Club	18/04/2019
Freya	Coombes	U13	St Neots Riverside Runners	Bedford & County AC	15/04/2019
Aiden	Fossey	U17	St Neots Riverside Runners	Bedford & County AC	13/04/2019
Lily Mae	Smith	U15	Milton Keynes Distance Project	Bedford & County AC	14/04/2019
Mark	Raddan	Senior	KPMG	Bedford Harriers AC	09/04/2019
Sian	Adiseshiah	Senior	Lincoln Wellington Athletic Club	Beeston AC	18/04/2019
Andy	Granville	Senior	Team Balanced Performance	Beeston AC	25/04/2019
Lawrence	Burton	Senior	Fulham Running Club	Belgrave Harriers	20/04/2019
Marijke	De Groot	Senior	Grantham AC	Belvoir Triathlon Club	10/04/2019
Darren	Joint	Senior	Grantham Running Club	Belvoir Triathlon Club	06/04/2019
Lisa	Udall	Senior	Stamford Striders	Belvoir Triathlon Club	05/04/2019
Daniel	Goriola	U15	Dartford Harriers AC	Bexley AC	27/04/2019
Naomi	Kingston	U20	Blackheath and Bromley Harriers Athletic Club	Bicester AC	03/04/2019
Naomi	Neal	U15	Burton AC	Bicester AC	10/04/2019
Helen	Maclagan	Senior	Windle Valley Runners	Bideford AAC	10/04/2019
Sarah	Gallichan	Senior	Camberley & District AC	Biggleswade AC	07/04/2019
Jennah	Chaibi	U17	Royal Sutton Coldfield Athletic Club	Birchfield Harriers	09/04/2019
Aidan	Haibiker	Senior	Tipton Harriers	Birmingham Running Athletics & Triathlon Club (BRAT)	03/04/2019
hannah	cox	Senior	Harlow RC	Bishops Stortford RC	08/04/2019
Gary	Cassidy	Senior	Astley & Tyldesley Road Runners	Black Combe Runners	03/04/2019
John	Brennan	Senior	Matlock Athletic Club	Black Pear Joggers	03/04/2019
Jonathan	Davies	Senior	Badgers	Black Pear Joggers	16/04/2019
Mark	Thomas	Senior	Croft Ambrey RC	Black Pear Joggers	26/04/2019
Jasmine	Aherne	U20	Trawden Athletic Club	Blackburn Harriers & AC	10/04/2019
Charlotte	Atkinson	Senior	Victoria Park Harriers and Tower Hamlets AC	Blackburn Harriers & AC	30/04/2019
Harmony	Hacking	U11	Hyndburn AC	Blackburn Harriers & AC	10/04/2019
Ailbhe	Barnes	U17	Cambridge Harriers	Blackheath and Bromley Harriers Athletic Club	12/04/2019
James	Habergham	Senior	Halifax Harriers & AC	Blackheath and Bromley Harriers Athletic Club	08/04/2019
Daniel	Jenkins	U13	Swanley & District AC	Blackheath and Bromley Harriers Athletic Club	03/04/2019
Tyra	Khambai-Annan	U15	Team Hounslow Athletic Club	Blackheath and Bromley Harriers Athletic Club	12/04/2019
Jak	Mensah	U20	Team Hounslow Athletic Club	Blackheath and Bromley Harriers Athletic Club	17/04/2019
Caroline	Bavin	Senior	Vegan Runners UK	Blackhill Bounders	06/04/2019
Bruce	Robertson	Senior	North Shields Polytechnic Club	Blyth Running Club	16/04/2019
Alfie	Ward	U17	Wallsend Harriers & AC	Blyth Running Club	27/04/2019
John	Stedman	Senior	Corby AC	Bodmin Road Runners	14/04/2019
Jake	Gosling	Senior	Lostock AC	Bolton United Harriers & AC	10/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Esther	Illman	Senior	Kenilworth Runners	Border Harriers & AC	29/04/2019
Isaac	Churchill	U13	Wimborne AC	Bournemouth AC	25/04/2019
Oscar	Churchill	U13	Wimborne AC	Bournemouth AC	25/04/2019
Victoria	Read	Senior	Halesowen ACC	Bournville Harriers	28/04/2019
Wendy	Read	Senior	Halesowen ACC	Bournville Harriers	30/04/2019
Alastair	Holt	Senior	North Cotswold Tri & Run	Bourton Roadrunners Club	19/04/2019
Tim	Sillitoe	Senior	Colchester Harriers AC	Boxted Runners	22/04/2019
Rory	Coleman	U13	Camberley & District AC	Bracknell AC	05/04/2019
Harry	Ware	U15	Aldershot Farnham & District	Bracknell AC	07/04/2019
Deirdre	Inman	Senior	Ranelagh Harriers	Bracknell Forest Runners	13/04/2019
Lewis	Burcham	Senior	Colchester & Tendring AC	Braintree & District AC	12/04/2019
Caroline	Canty	Senior	Shop Direct Running Club	Bramhall Runners	30/04/2019
Sarah	Leah	Senior	Glossopdale Harriers	Bramhall Runners	04/04/2019
Lydia	Growns	Senior	Ryston Runners	Brighton & Hove AC	03/04/2019
Raymond	Hickman	Senior	Marshall Milton Keynes AC	Brighton & Hove AC	03/04/2019
Idil	Karasahin	U15	Hastings AC	Brighton & Hove AC	03/04/2019
Jamie	Knapp	Senior	Southampton Athletic Club	Brighton & Hove AC	30/04/2019
Phoebe	Thoms	U17	Brighton Phoenix	Brighton & Hove AC	04/04/2019
Charlotte	Briggs	Senior	Holmfirth Harriers AC	Brighton & Hove Women's Running Club	19/04/2019
Grace	Cottrell	Senior	Yeovil Olympiads AC	Bristol and West AC	17/04/2019
Lee	Gawler	Senior	Yate & District AC	Bristol and West AC	25/04/2019
Katie	Hooper	Senior	North Somerset AC	Bristol and West AC	18/04/2019
Olly	Sheppard	Senior	South Glos AC	Bristol and West AC	01/05/2019
Julie	Barclay	Senior	Woking AC	British Airways AC	28/04/2019
Paul	Watt	Senior	Woking AC	British Airways AC	28/04/2019
Michele	Oliver-Lockwood	Senior	Petts Wood Runners	Bromley Veterans AC	12/04/2019
Nicholas	Trower	Senior	Vegan Runners UK	Bromley Veterans AC	03/04/2019
Owen	Marcetic	U11	Halesowen ACC	Bromsgrove and Redditch	05/04/2019
Simon	Dowling	Senior	MudCrew Running	Bude Rats (Run and Tri)	06/04/2019
Phil	Hurr	Senior	North Norfolk Beach Runners	Bure Valley Harriers	03/04/2019
shaun	hurr	Senior	Reepham Runners	Bure Valley Harriers	07/04/2019
Louise	Paterson	Senior	City Of Norwich AC	Bure Valley Harriers	25/04/2019
Felicity	Quinn	Senior	North Norfolk Beach Runners	Bure Valley Harriers	05/04/2019
Georgina	Hainsby	Senior	Highbridge Ladies Running Club	Burnham On Sea Harriers	14/04/2019
Jakada	Sandiford	U20	Ribble Valley Athletic Club	Bury Athletic Club	18/04/2019
Jo-Anne	Parsons	Senior	Scunthorpe & District AC	Caistor Running Club	01/05/2019
lan	Turrell	Senior	Lincoln & District Runners	Caistor Running Club	26/04/2019
Joe	Anderson-Brown	Senior	Leeds City Athletic Club	Cambridge & Coleridge AC	18/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Ben	Jones	Senior	Worcester AC	Cambridge & Coleridge AC	10/04/2019
Diane	Potter	Senior	Fetch Everyone	Cambridge & Coleridge AC	03/04/2019
Rebecca	Sharpe	Senior	Ely Runners	Cambridge & Coleridge AC	01/05/2019
Joseph	Smith	Senior	City of York AC	Cambridge & Coleridge AC	03/04/2019
Simon	Wallis	Senior	Haverhill Running Club	Cambridge & Coleridge AC	13/04/2019
Emma	Hodson	Senior	Oxford University AC	Cambridge University Hare and Hounds Club	18/04/2019
Clive	Rosen	Senior	Newcastle Staffs AC	Cannock & Stafford AC	06/04/2019
Samantha	Lee	Senior	Hadleigh Hares AC	Capel Cheetahs	03/04/2019
Gareth	Hill	Senior	Border Harriers & AC	Carlisle Tri Club	05/04/2019
John	Mitchell	Senior	Tri Logic Cornwall	Carn Runners	18/04/2019
Keith	Dorrington	Senior	Rochford Running Club	Castle Point Joggers	18/04/2019
Phil	Dovey	Senior	Dartford Harriers AC	Central Park Athletics	18/04/2019
Jake	Greenwood	U13	Dartford Harriers AC	Central Park Athletics	10/04/2019
James	Keil	U13	Dartford Harriers AC	Central Park Athletics	13/04/2019
Janice	Munday	Senior	Dartford Harriers AC	Central Park Athletics	03/04/2019
Emily	Summers	U13	Swanley & District AC	Central Park Athletics	28/04/2019
Evan	Richardson	U13	Ivanhoe Robins Junior Athletics Club	Charnwood A C	12/04/2019
Neil	Rigby	Senior	Shelton Striders	Chase Harriers	11/04/2019
Omolola	Kuponiyi	U17	Havering AC	Chelmsford AC	10/04/2019
Marianne	Day	Senior	North Cotswold Tri & Run	Cheltenham and County Harriers	10/04/2019
William	Doody	U13	Cirencester AC	Cheltenham and County Harriers	26/04/2019
Lily	Fennessy	U17	Hereford & County AC	Cheltenham and County Harriers	25/04/2019
Joseph	Turner	Senior	Cambridge & Coleridge AC	Cheltenham and County Harriers	13/04/2019
Deanna	Burdon	U13	Birtley AC	Chester Le Street & Dist AC	01/05/2019
Hyrum	Burdon	U13	Birtley AC	Chester Le Street & Dist AC	01/05/2019
Jonah	Burdon	U15	Birtley AC	Chester Le Street & Dist AC	01/05/2019
Paul	Burdon	Senior	Birtley AC	Chester Le Street & Dist AC	01/05/2019
Rachel	Hollins	Senior	Biddulph RC	Chester Triathlon Club	25/04/2019
Andrew	Wyrko	Senior	Sunlight Runners	Chester Triathlon Club	30/04/2019
Nicci	Cawthorne	Senior	Swinton Running Club	Chorley Athletic and Triathlon Club	09/04/2019
Nick	Clarke	Senior	Herne Hill Harriers	Chorlton Runners	25/04/2019
George	Kirk	Senior	Roundhay Runners	Chorlton Runners	06/04/2019
Samantha	Penn	Senior	North Shields Polytechnic Club	Chorlton Runners	04/04/2019
Rachel	Stacy	Senior	Clapham Chasers	Chorlton Runners	05/04/2019
Martina	Akrill	Senior	West Hull Ladies	City of Hull AC	20/04/2019
Graham	Justice	Senior	Beverley Athletic Club	City of Hull AC	01/05/2019
Angus	Miller	Senior	Jesmond Joggers	City of Hull AC	05/04/2019
George	Pomfret	U13	Diss and District AC	City Of Norwich AC	25/04/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Rebecca	Thorby	Senior	Tri-Anglia Triathlon Club	City Of Norwich AC	23/04/2019
Kai	Wiseman	U13	Dereham Runners & AC	City Of Norwich AC	17/04/2019
Excel	Ebietomiye	U20	Bexley AC	City Of Portsmouth AC	08/04/2019
Jack	Webber	U20	Southampton Athletic Club	City Of Portsmouth AC	17/04/2019
Sophie	Whittaker	Senior	Bury Athletic Club	City Of Portsmouth AC	11/04/2019
Alice	Miell	U20	City Of Portsmouth AC	City Of Salisbury AC & RC	09/04/2019
Danielle	Scott	Senior	Southampton Athletic Club	City Of Salisbury AC & RC	15/04/2019
Jason	Robinson	Senior	Derby Athletic Club	City of Sheffield and Dearne AC	24/04/2019
Ross	Connor	Senior	Watford Harriers	City of Stoke AC	25/04/2019
Matt	Eardley	Senior	Newcastle (Staffs) Tri Club	City of Stoke AC	19/04/2019
Lucy	Matthews	Senior	Newcastle Staffs AC	City of Stoke AC	24/04/2019
Leah	Whiston	Senior	Newcastle Staffs AC	City of Stoke AC	01/05/2019
Steven	Abbott	Senior	Crossgates Harriers	City of York AC	09/04/2019
Poppi	Dickens	Senior	West Cheshire Athletic Club	City of York AC	17/04/2019
Nicholas	Dickinson	Senior	Cambridge University Hare and Hounds Club	City of York AC	18/04/2019
Ben	Francis	Senior	Lancaster University Running & Athletics Club	City of York AC	15/04/2019
Caitlin	Lloyd	Senior	Lewes AC	Clapham Chasers	05/04/2019
Kevin	Watson	Senior	Metros RC	Clapham Chasers	11/04/2019
Bryan	Lynch	Senior	Wimbledon Windmilers	Clapham Pioneers	03/04/2019
Amanda	Franklin	Senior	Stafford Harriers	Cobra Running & Triathlon Club	10/04/2019
Matt	Davey	Senior	Tiptree Road Runners	Colchester Harriers AC	03/04/2019
William	Radley	Senior	Tiptree Road Runners	Colchester Harriers AC	07/04/2019
Franck	Lahaye	Senior	Harwell Harriers	Compton Harriers RC	01/05/2019
Lisa	Martin	Senior	Harwell Harriers	Compton Harriers RC	23/04/2019
Рорру	Carmichael	U20	Rugby & Northampton AC	Corby AC	03/04/2019
Derk	van der Wardt	Senior	Rushcliffe AC	Cornwall AC	27/04/2019
John	Ashworth	Senior	Todmorden Harriers	Corsham Running Club	03/04/2019
James	Pearson	Senior	Calne Running Club	Corsham Running Club	25/04/2019
Juliette	Pearson	Senior	Calne Running Club	Corsham Running Club	26/04/2019
Georgina	Lord	Senior	Leeds City Athletic Club	Coventry Godiva Harriers	01/05/2019
Jane	Bailey	Senior	Serpentine RC	Coventry Triathletes	17/04/2019
Riyhanna	Duvergier	U15	Horsham Blue Star Harriers	Crawley AC	05/04/2019
Hannah	Griffin	U20	Holland Sports AC	Crawley AC	03/04/2019
lvo	Pitts	U17	Tonbridge AC	Crawley AC	25/04/2019
Glenn	Mitchell	Senior	Crawley AC	Crawley Saints & Sinners Running Club	01/05/2019
Victoria	Johnson	Senior	South Cheshire Harriers	Crewe and Nantwich AC	06/04/2019
Andrew	Miles	Senior	Mid Sussex Triathlon Club	Crewkerne RC	19/04/2019
JANE	CABARA	Senior	Ludlow Runners	Croft Ambrey RC	01/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Scott	Jones	U17	Cheltenham and County Harriers	Croft Ambrey RC	01/05/2019
Grant	Womack	Senior	Ludlow Runners	Croft Ambrey RC	03/04/2019
Sarah	Wallis	Senior	St Theresa's A.C.	Crossgates Harriers	06/04/2019
Stuart	Franklin	Senior	Beckenham Running Club	Croydon Harriers	30/04/2019
Nicholas	Hamilton	U20	Belgrave Harriers	Croydon Harriers	17/04/2019
lain	Nicholson	Senior	BodyFit Cumbria Running Club	Cumberland AC	01/04/2019
Stephanie	Shaw	Senior	Cumberland AC	Cumberland Fell Runners	12/04/2019
Elouisa	Braylin	U15	St Albans AC	Dacorum & Tring AC	27/04/2019
Howard	Clark	Senior	Tring RC	Dacorum & Tring AC	12/04/2019
Daniel	Hart	Senior	Vegan Runners UK	Danum Harriers	18/04/2019
Stephen	Stewardson	Senior	Scunthorpe & District AC	Danum Harriers	11/04/2019
Richard	Baldwin	Senior	Holme Pierrepont RC	Dark Peak Fell Runners	26/04/2019
Sarah	Roscoe	Senior	Keswick AC	Dark Peak Fell Runners	20/04/2019
Leah	Rutherford	U17	Durham City Harriers & AC	Darlington H & AC	13/04/2019
Ту	Hankinson	Senior	Quakers Running Club	Darlington Triathlon Club	03/04/2019
Andrew	Archer	Senior	Istead & Ifield Harriers	Dartford Harriers AC	13/04/2019
Michael	Uzozie	U17	Medway and Maidstone AC	Dartford Harriers AC	11/04/2019
Louise	Oldfield	Senior	Blackburn Road Runners	Darwen Dashers RC	01/05/2019
Jean	Dodwell	Senior	Runnymede Runners	Datchet Dashers	30/04/2019
Gregory	Ashley	Senior	100 Marathon Club	Daventry Road Runners	22/04/2019
Dewi	Halcrow	Senior	Team East Haddon	Daventry Road Runners	09/04/2019
Rachel	Snook	Senior	Daventry AAC	Daventry Road Runners	05/04/2019
Samantha	Watkins	Senior	Rugby Triathlon Club	Daventry Road Runners	03/04/2019
Garrie	Edwards	Senior	Teignbridge Trotters	Dawlish Coasters	05/04/2019
Adam	Hill	Senior	Riviera Racers	Dawlish Coasters	26/04/2019
Paul	Fairburn	Senior	Longwood Harriers AC	Denby Dale Athletics Club	01/04/2019
Tamsin	Cass	Senior	Tynedale Harriers & AC	Derwent AC Cockermouth	03/04/2019
Laura	Collier	Senior	Ivanhoe Runners	Derwent Runners (Derby)	28/04/2019
Jamie Sowerby	STEEL	Senior	Derwent Valley Trail Runners	Derwent Valley Running Club	01/05/2019
Callum	Drummond	U17	Derwentside AC	Derwent Valley Trail Runners	10/04/2019
Elaine	Robinson	Senior	Blackhill Bounders	Derwent Valley Trail Runners	01/04/2019
Peter	Bingham	Senior	Keswick AC	DH Runners	08/04/2019
Liam	Day	Senior	Lonely Goat RC	Didcot Runners	13/04/2019
Felicity	Doe	Senior	Colchester & Tendring AC	Didsbury Runners	28/04/2019
Colin	Hill	Senior	Manchester Road Runners	Didsbury Runners	18/04/2019
Louise	Rankin	Senior	Tyne Bridge Harriers	Didsbury Runners	25/04/2019
Lynn	Talbert	Senior	Newham & Essex Beagles AC	Diss and District AC	29/04/2019
Sean	Poulter	Senior	Danum Harriers	Doncaster Athletic Club	20/04/2019

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David	Gibbons	Senior	Doncaster Athletic Club	Doncaster Triathlon Club	16/04/2019
Sharon	Maughan	Senior	Doncaster Athletic Club	Doncaster Triathlon Club	30/04/2019
Sofia	Carter	Senior	UKRunChat Running Club	Dorchester RIOT	23/04/2019
Karen	Croad	Senior	Egdon Heath Harriers	Dorchester RIOT	06/04/2019
Susan	Dowdle	Senior	Bournemouth Joggers	Dorchester RIOT	03/04/2019
Liz	Elliott	Senior	Maiden Newton Runners	Dorchester RIOT	07/04/2019
THEO	HAWKINS	Senior	Defra AC	Dorchester RIOT	15/04/2019
Janine	Ryan	Senior	Maiden Newton Runners	Dorchester RIOT	14/04/2019
David	Gedge	Senior	Vegan Runners UK	DORSET DODDLERS RC	12/04/2019
Duncan	Gazeley	Senior	Altrincham & District Athletic Club Limited	Dragons Running Club (Sale)	08/04/2019
Tilly	Hauxwell	U11	Crook & Dist Sports AC	Durham City Harriers & AC	23/04/2019
Gail	Hutchinson	Senior	Teesdale AC	Durham Fell Runners	24/04/2019
Denise	Tunstall	Senior	Teesdale AC	Durham Fell Runners	01/04/2019
Marie	De Greef	Senior	Ealing Southall & Middlesex AC	Ealing Eagles Running Club	09/04/2019
Angelika	Kristek	Senior	Reading Roadrunners	Ealing Eagles Running Club	05/04/2019
Claire	Macmaster	Senior	Herne Hill Harriers	Ealing Eagles Running Club	28/04/2019
Janet	Hales	Senior	York Knavesmire Harriers	Easingwold Running Club	10/04/2019
Georgina	Robinson	Senior	Lanson Running	Easingwold Running Club	14/04/2019
Ethan	Deal	U15	Basildon AC	East Essex Triathlon Club	19/04/2019
Chris	Welch	Senior	Lingfield RC	East Grinstead Triathlon Club	12/04/2019
Cheryl	Oakshott	Senior	City of Hull AC	East Hull Harriers & AC	23/04/2019
Runar	Saether	Senior	White City (Hull) RRC	East Hull Harriers & AC	17/04/2019
Vivienne	Eka	Senior	East End Road Runners	East London Runners	16/04/2019
Liviu	Ionita	Senior	Barking Road Runners	East London Runners	05/04/2019
Joanna	Sargent	Senior	Womens Running Network	East London Runners	10/04/2019
Cara	Maker	Senior	Polegate Plodders	Eastbourne Rovers AC	03/04/2019
Lucy	Knight	Senior	Vale Royal AC	Ellesmere Port RC	01/05/2019
Gemma	Soulsby	Senior	Durham City Harriers & AC	Elvet Striders	11/04/2019
Рорру	Mitchell	U15	The Stragglers Running Club	Epsom & Ewell Harriers	03/04/2019
Lucy	Drummond	Senior	Epsom & Ewell Harriers	Epsom Oddballs RC	20/04/2019
Sarah	Halford	Senior	Team Balanced Performance	Erewash Valley RC	15/04/2019
Lucy	Campbell	Senior	Storm Plymouth	Erme Valley Harriers	18/04/2019
Michala	Lord	Senior	Storm Plymouth	Erme Valley Harriers	24/04/2019
Emily	Bristow	Senior	City of Birmingham Striders	Evesham Vale Running Club	20/04/2019
Jordan	Armstrong	Senior	Newton Abbot AC	Exeter Harriers	13/04/2019
Tanneguy	De Cugnac	Senior	Thames Valley Harriers	Exeter University Athletic Club	19/04/2019
Omar	Harhara	Senior	Croydon Harriers	Exeter University Athletic Club	27/04/2019
Will	Lambert	Senior	Team Bath Athletic Club	Exeter University Athletic Club	24/04/2019

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Georgie	Hooper	Senior	East London Runners	Fairlands Valley Spartans	25/04/2019
Gail	Mackie	Senior	London Heathside	Fairlands Valley Spartans	01/05/2019
Carol	Grant	Senior	Brighton & Hove Women's Running Club	Falmouth RRC	25/04/2019
Simon	Carson Jones	Senior	Farnham Triathlon Club	Farnham Runners	23/04/2019
Andrew	Clegg	Senior	Bracknell Forest Runners	Farnham Runners	12/04/2019
Catherine	Timson	Senior	Fleet & Crookham AC	Farnham Runners	01/04/2019
Michael	Blackburn	Senior	Leeds City Athletic Club	Farsley Flyers	03/04/2019
Leigh	Harvey	Senior	Kippax & District Harriers	Farsley Flyers	03/04/2019
Stephen	Baxendale	Senior	Elvet Striders	Fetch Everyone	03/04/2019
Sallie	Smith	Senior	Pocklington Runners	Fitmums and Friends	05/04/2019
Ali	Fox	Senior	Saxmundham Sports Running & Fitness Club	Framlingham Flyers	12/04/2019
Andrew	Pottruff	Senior	Bungay Black Dog RC	Framlingham Flyers	03/04/2019
Sarah	Chadwick	Senior	Tyne Bridge Harriers	Fulham Running Club	03/04/2019
Helen	Grote	Senior	Barnes Runners	Fulham Running Club	29/04/2019
Stuart	Compton	Senior	West Suffolk AC	Full Potential	01/05/2019
Kerry	Newell	Senior	Gloucester AC	Full Potential	08/04/2019
David	Midgley	Senior	Lincoln Wellington Athletic Club	Gainsborough & Morton Striders	25/04/2019
Will	Clinkard	U13	Heaton Harriers & AC	Gateshead Harriers & AC	22/04/2019
Joshua	Errington	U20	Jarrow & Hebburn AC	Gateshead Harriers & AC	12/04/2019
Louis	Gardner	Senior	Oxford University AC	Gateshead Harriers & AC	23/04/2019
Aaliyah	Johnson	U13	Heaton Harriers & AC	Gateshead Harriers & AC	27/04/2019
Madeleine	Liddell	U13	Blyth Running Club	Gateshead Harriers & AC	15/04/2019
Mia	Liddell	U17	Blyth Running Club	Gateshead Harriers & AC	01/05/2019
Ciaran	McGuire	Senior	Windsor Slough Eton & Hounslow AC	Gateshead Harriers & AC	13/04/2019
Audrey	Mills	U20	Tynedale Harriers & AC	Gateshead Harriers & AC	13/04/2019
Anna	Sharrock	Senior	Blaydon Harriers & AC	Gateshead Harriers & AC	01/05/2019
Susan	Shiel-Rankin	Senior	Aldershot Farnham & District	Gateshead Harriers & AC	16/04/2019
Richard	Shingleton	Senior	Braintree & District AC	Gateshead Harriers & AC	25/04/2019
Lauren	Booth	Senior	Bury Athletic Club	Glaxo Hoad Hill Harriers	12/04/2019
Emma	Plimmer	Senior	RunThrough	Gordonian's Running Club	05/04/2019
Aidan	Williams	Senior	Heaton Harriers & AC	Gosforth Harriers & AC	18/04/2019
Natasha	Armstrong	Senior	Portsmouth Joggers	Gosport Road Runners	30/04/2019
Barry	Griffin	Senior	Portsmouth Joggers	Gosport Road Runners	03/04/2019
Mark	Highland	Senior	Royal Navy Athletics Club	Gosport Road Runners	19/04/2019
Matt	Biglin	Senior	Headington RR	Goyt Valley Striders	24/04/2019
Sara	Geary	Senior	Macclesfield Harriers & AC	Goyt Valley Striders	03/04/2019
Adam	Wasiolka	Senior	100 Marathon Club	Grantham Running Club	03/04/2019
Sam	Beardsell	Senior	Colchester & Tendring AC	Great Bentley Running Club	23/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Antoinette	Wilson	Senior	Colchester Harriers AC	Great Bentley Running Club	06/04/2019
Naomi	Swain	Senior	North Derbyshire RC	Great Yarmouth Road Runners	15/04/2019
Darcey	Hodgson	U13	Lancaster & Morecambe AC	Guernsey AC	25/04/2019
Mack	Downey	U17	Kingston AC And Poly Harriers	Guildford & Godalming AC	19/04/2019
Katie	Pye	U13	Aldershot Farnham & District	Guildford & Godalming AC	07/04/2019
Carl	Cooper	Senior	Sudbury Joggers	Hadleigh Hares AC	24/04/2019
Samantha	Cooper	Senior	Sudbury Joggers	Hadleigh Hares AC	24/04/2019
Joshua	Carter	U15	Holmfirth Harriers AC	Halifax Harriers & AC	30/04/2019
Alan	Figg	Senior	Bourne Town Harriers	Halmer Harriers	05/04/2019
Andy	Mansfield	Senior	Totton RC	Hardley Runners	01/05/2019
Pierce	Reynolds	U15	Dacorum & Tring AC	Harlow AC	17/04/2019
Clare	Airey	Senior	Wootton Road Runners	Harlow RC	26/04/2019
Kelly	Burgess	Senior	Trail Running Association	Harlow RC	08/04/2019
Paul	Watts	Senior	Wye Valley Runners	Harlow RC	08/04/2019
Ingrid	Dias	Senior	Dagenham 88 Runners	Harold Wood Running Club	13/04/2019
Simon	Goodall	Senior	Oh Ladies Running Club	Harpenden Arrows	27/04/2019
Isabel	Green	Senior	Fairlands Valley Spartans	Harpenden Arrows	01/04/2019
Stephen	Green	Senior	Fairlands Valley Spartans	Harpenden Arrows	01/04/2019
Andrew	Grant	Senior	Leeds City Athletic Club	Harrogate Harriers & AC	01/05/2019
Bruno	Croford	Senior	Highgate Harriers	Harrow AC	26/04/2019
Efosa	Uwaifo	Senior	Enfield and Haringey A C	Harrow AC	11/04/2019
Dawn	Rutherford	Senior	Telford Harriers	Hartshill Runners	04/04/2019
Andrew	Williamson	Senior	Ealing Eagles Running Club	Harwich Runners	07/04/2019
Ross	Skelton	Senior	Brighton Phoenix	Hastings AC	19/04/2019
Jeff	Heape	Senior	Massey Ferguson RC	Hatton Darts	12/04/2019
Brian	Thomas	Senior	Shelton Striders	Hatton Darts	03/04/2019
Akeem	Akintokun	Senior	Newham & Essex Beagles AC	Havering AC	16/04/2019
Alison	Knight	Senior	Handy Cross Runners	Hazlemere Runners	20/04/2019
Victoria	Romero	Senior	Burnham Joggers	Hazlemere Runners	18/04/2019
Linda	Weedon	Senior	Handy Cross Runners	Hazlemere Runners	09/04/2019
Chris	Shipley	Senior	Haslemere Border AC	Hedge End Running Club	15/04/2019
Corinne	Sutherland	Senior	Eastleigh RC	Hedge End Running Club	30/04/2019
Philippa	Taylor	Senior	Nene Valley Harriers	Helpston Harriers AC	25/04/2019
Stacey	Andrew	Senior	Astley & Tyldesley Road Runners	Helsby Running Club	03/04/2019
Rob	Foster	Senior	Astley & Tyldesley Road Runners	Helsby Running Club	11/04/2019
Kathryn	Schofield	U20	Warrington Tri Club	Helsby Running Club	10/04/2019
Paul	Gilbert	Senior	UKRunChat Running Club	Hereford Couriers	05/04/2019
Miles	Winter	Senior	Ivanhoe Runners	Hermitage Harriers	01/05/2019
Khelya	Ekwe	U13	Belgrave Harriers	Herne Hill Harriers	26/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Joe	Elliott	Senior	Clapham Chasers	Herne Hill Harriers	13/04/2019
Haylie	Francis	Senior	Sutton & District AC	Herne Hill Harriers	13/04/2019
Molly	Pocock	Senior	Aldershot Farnham & District	Herne Hill Harriers	09/04/2019
Faith	Taylor	U17	Longwood Harriers AC	Herne Hill Harriers	25/04/2019
Maleeka	Taylor	U15	Longwood Harriers AC	Herne Hill Harriers	23/04/2019
Isabel	Wildgoose	U15	St Albans AC	Herts Phoenix AC	09/04/2019
Francis	Hale	Senior	Norwich Road Runners	Higham Harriers	30/04/2019
Karen	Cutter	Senior	Weston Athletic Club	Highbridge Ladies Running Club	04/04/2019
Tim	Verheyden	Senior	Serpentine RC	Highgate Harriers	15/04/2019
Richard	Marshall	Senior	Running Somewhere Else	Hogweed Trotters	19/04/2019
Tom	Walters	Senior	Almost Athletes	Hogweed Trotters	15/04/2019
Gabrielle	Coveney	Senior	Windsor Slough Eton & Hounslow AC	Holme Pierrepont RC	16/04/2019
Penny	Durance	Senior	Southwell Running Club	Holme Pierrepont RC	03/04/2019
George	Murphy	Senior	City of Hull AC	Holme Pierrepont RC	09/04/2019
Simon	Reed	Senior	Dark Peak Fell Runners	Holme Pierrepont RC	05/04/2019
David	Cross	Senior	Durham City Harriers & AC	Holmfirth Harriers AC	25/04/2019
Julia	Jagger	Senior	Hallamshire Harriers Sheffield	Holmfirth Harriers AC	03/04/2019
Ruth	Mackenzie	Senior	Durham City Harriers & AC	Holmfirth Harriers AC	25/04/2019
Sally	Ormiston	Senior	Witney Road Runners	Hook Norton Harriers	03/04/2019
Ross	Connell	Senior	Hart Road Runners	Hook Runners	07/04/2019
lan	Edmonds	Senior	Reigate Priory AC	Horley Harriers Running Club	09/04/2019
Samantha	Garwood	Senior	Orpington Road Runners	Hornsea Harriers	04/04/2019
Matthew	Evans	Senior	Pudsey Pacers RC	Horsforth Harriers	11/04/2019
Lucy	McParland	Senior	Hyde Park Harriers	Horsforth Harriers	13/04/2019
Rebecca	Rankin	Senior	Valley Striders AC	Horsham Joggers	26/04/2019
Oriel	Hardman	Senior	Bolton United Harriers & AC	Horwich R M I Harriers	09/04/2019
Joseph	Moss	U15	Chorley Athletic and Triathlon Club	Horwich R M I Harriers	10/04/2019
Dave	Gibson	Senior	Elvet Striders	Houghton Harriers & AC	24/04/2019
Richard	Johnson	Senior	Brighton & Hove AC	Hove Hornets	19/04/2019
Gareth	Chivers	Senior	Desford Striders	Huncote Harriers	13/04/2019
Stuart	Gregory	Senior	Marlborough Running Club	Hungerford Hares RC	26/04/2019
Janice	Amber	U20	Biggleswade AC	Huntingdonshire AC	12/04/2019
Jessica	Cooke	U17	Biggleswade AC	Huntingdonshire AC	03/04/2019
Molly	May	U17	Biggleswade AC	Huntingdonshire AC	22/04/2019
Hannah	Ridley	Senior	Biggleswade AC	Huntingdonshire AC	11/04/2019
Sarah	Ridley	Senior	Biggleswade AC	Huntingdonshire AC	11/04/2019
Francesca	Riley	Senior	Biggleswade AC	Huntingdonshire AC	03/04/2019
Abigail	Smith	U17	Biggleswade AC	Huntingdonshire AC	03/04/2019
Callum	Stokes	U20	Biggleswade AC	Huntingdonshire AC	09/04/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Morgan	Webster	Senior	Biggleswade AC	Huntingdonshire AC	12/04/2019
Paul	Ramsden	Senior	Trail Running Association	Hyde Park Harriers	12/04/2019
Stephen	Cooper	Senior	Running Forever RC	Hydrographic Harriers	26/04/2019
philip	ellul	U20	Barking Road Runners	Ilford AC	10/04/2019
Andrew	Chatfield	Senior	Ipswich Triathlon Club	Ipswich Harriers	26/04/2019
Matthew	Houlden	Senior	Kingston AC And Poly Harriers	Ipswich Harriers	27/04/2019
Daniel	Smith	U15	Wreake & Soar Valley	Ipswich Harriers	09/04/2019
Seamus	Bennett	Senior	Felixstowe RRC	Ipswich Triathlon Club	12/04/2019
Michelle	Jarrett	Senior	Ipswich Jaffa RC	Ipswich Triathlon Club	24/04/2019
Dan	Widdowson	Senior	Hadleigh Hares AC	Ipswich Triathlon Club	24/04/2019
Ken	Phillips	Senior	Medway Tri	Istead & Ifield Harriers	15/04/2019
Paul	Harvey	Senior	Southampton Athletic Club	Itchen Spitfires Running Club	10/04/2019
Carole	Stevenson	Senior	Jelly Legs Running Club	Itchen Spitfires Running Club	18/04/2019
Chris	Taylor	Senior	Southampton Athletic Club	Itchen Spitfires Running Club	14/04/2019
Clare	Hemmings	Senior	Coalville Triathlon Club	Ivanhoe Runners	01/05/2019
Terry	Conway	Senior	Worcester AC	Kendal Amateur Athletic Club	26/04/2019
NICK	BOLLAND	Senior	Hinckley Running Club	Kenilworth Runners	09/04/2019
Amy	Carr	U17	Coventry Godiva Harriers	Kenilworth Runners	03/04/2019
Emma	Davis	Senior	The Stragglers Running Club	Kenilworth Runners	24/04/2019
Georgia	Coker - Agar	U13	Corby AC	Kettering Town Harriers	30/04/2019
Bev	Barnes	Senior	Redhill Road Runners	Kimberley & District Striders	05/04/2019
Sharon	Granger	Senior	Notts Women Runners	Kimberley & District Striders	19/04/2019
Clare	Bowyer	Senior	Darlington H & AC	Kings Heath RC - The Lions	21/04/2019
Alice	Barnsdale	Senior	Lincoln Wellington Athletic Club	Kingston upon Hull AC	15/04/2019
Lucy	Hope	U11	Fitmums and Friends	Kingston upon Hull AC	26/04/2019
Nathan	Maguire	Senior	Halton & Frodsham Harriers	Kirkby AC	10/04/2019
Sarah	Dunbar	Senior	Liverpool Running Club	Kirkby Milers AC	16/04/2019
Dean	Howlett	Senior	Liverpool Running Club	Kirkby Milers AC	11/04/2019
Lisa	Platt	Senior	Liverpool Running Club	Kirkby Milers AC	28/04/2019
Sarah	Wealleans	Senior	Liverpool Running Club	Kirkby Milers AC	11/04/2019
Ben	Sache	Senior	Lancaster University Running & Athletics Club	Lancaster & Morecambe AC	14/04/2019
Debra	Bunting	Senior	Lancaster & Morecambe AC	Lancaster Runners	14/04/2019
Vanessa	Green	Senior	Arunners RC	Lancing Eagles RC	09/04/2019
Jane	Nicholls	Senior	Wrekin Road Runners	Lawley Running Club	10/04/2019
Catherine	Owens	Senior	Isle Of Wight RR AC	Ledbury & District Harriers	29/04/2019
Sean	O'Halloran	Senior	Kirkstall Harriers	Leeds & Bradford Triathlon Club	26/04/2019
Martin	Stubbs	Senior	Keighley & Craven AC	Leeds & Bradford Triathlon Club	03/04/2019
Jak	Newby	Senior	Lancaster University Running & Athletics Club	Leven Valley AC	29/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Harriet	Dray	U15	Haywards Heath Harriers	Lewes AC	18/04/2019
Isaac	Lancaster	U15	East Grinstead & District AC	Lewes AC	18/04/2019
Rebecca	Trotman	Senior	Brighton & Hove AC	Lewes AC	25/04/2019
Libby	Albery	Senior	Isabella Rose Foundation - IRF - Team Isabella Running Club	Lincoln Wellington Athletic Club	27/04/2019
Ryan	Alexander	Senior	Lakeside Lincoln Running Club	Lincoln Wellington Athletic Club	06/04/2019
Redford	Bramley	U15	Louth AC	Lincoln Wellington Athletic Club	10/04/2019
Declan	Templeton	U15	Louth AC	Lincoln Wellington Athletic Club	27/04/2019
Thomas	Craggs	Senior	Winchester & District AC	Littledown Harriers	13/04/2019
Daniel	Cooke	U20	Aldershot Farnham & District	Liverpool Harriers & AC	05/04/2019
Charlie	Rigby	U11	Halton & Frodsham Harriers	Liverpool Harriers & AC	18/04/2019
Finley	McKenna	U17	Kirkby Milers AC	Liverpool Pembroke & Sefton H AC	24/04/2019
Tiffany	Penfold	Senior	Copeland AC	Liverpool Pembroke & Sefton H AC	06/04/2019
John Paul	Dale	Senior	Widnes Running Club	Liverpool Running Bugs	24/04/2019
Phillip	Hewitt	Senior	Knowsley Harriers	Liverpool Running Bugs	03/04/2019
Jade	Teeder	Senior	Liverpool Running Club	Liverpool Running Bugs	26/04/2019
Sean	Smith	Senior	Tunbridge Wells Harriers	London City Athletics Club	03/04/2019
Patrick	Tobin	Senior	RunThrough	London City Athletics Club	18/04/2019
David	Mercer	Senior	RunThrough	London Frontrunners	13/04/2019
Stewart	Fraser	Senior	Clapham Chasers	London Heathside	30/04/2019
Joel	Northcott	Senior	London Frontrunners	London Heathside	11/04/2019
Lynda	Allan	Senior	Stockton Striders AC	Lonely Goat RC	04/04/2019
Rhiannon	Annandale	Senior	Trail Running Association	Lonely Goat RC	03/04/2019
Liz	Baker	Senior	Easingwold Running Club	Lonely Goat RC	28/04/2019
Julie	Bates	Senior	Ashbourne Running Club	Lonely Goat RC	30/04/2019
Debra	Berbezier	Senior	Kingfisher Harriers	Lonely Goat RC	27/04/2019
Mark	Berbezier	Senior	Kingfisher Harriers	Lonely Goat RC	27/04/2019
Joanna	Berry	Senior	Goyt Valley Striders	Lonely Goat RC	25/04/2019
Stuart	Bing	Senior	Sittingbourne Striders	Lonely Goat RC	16/04/2019
Emma	Booth-Rigby	Senior	Notts Women Runners	Lonely Goat RC	27/04/2019
Adam	Brannon	Senior	North York Moors AC	Lonely Goat RC	03/04/2019
Liam	Browne	Senior	Buxton AC	Lonely Goat RC	25/04/2019
Sue	Cartwright	Senior	Tyne Bridge Harriers	Lonely Goat RC	14/04/2019
Walt	Cartwright	Senior	Tyne Bridge Harriers	Lonely Goat RC	14/04/2019
Ruth	Chamberlain	Senior	St Neots Riverside Runners	Lonely Goat RC	30/04/2019
Matthew	Chase	Senior	Vegan Runners UK	Lonely Goat RC	27/04/2019
lan	Cole	Senior	Dursley Running Club	Lonely Goat RC	05/04/2019
Jason	Crabtree	Senior	Carn Runners	Lonely Goat RC	21/04/2019
Sophie	Cullen	Senior	Rothwell Harriers & AC	Lonely Goat RC	01/05/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Craig	Dennen	Senior	Widnes Running Club	Lonely Goat RC	05/04/2019
Giles	Devlin	Senior	Fetch Everyone	Lonely Goat RC	25/04/2019
Helen	Durrant	Senior	York Triathlon Club	Lonely Goat RC	09/04/2019
Tia	Dyke	Senior	Fetch Everyone	Lonely Goat RC	03/04/2019
Jeff	Finnie	Senior	Slinn Allstars	Lonely Goat RC	01/05/2019
Claire	Fleming	Senior	Portsmouth Joggers	Lonely Goat RC	26/04/2019
Sam	Friett	Senior	Ellesmere Port RC	Lonely Goat RC	28/04/2019
Hayley	Gerrard	Senior	Norwich Road Runners	Lonely Goat RC	04/04/2019
Amanda	Greenwood	Senior	Methley Striders	Lonely Goat RC	01/05/2019
Frank	Griffiths	Senior	Wallasey Athletic Club	Lonely Goat RC	10/04/2019
Andrew	Hall	Senior	Bournville Harriers	Lonely Goat RC	08/04/2019
Garry	Heywood	Senior	Fylde Coast Runners	Lonely Goat RC	10/04/2019
Matthew	Hills	Senior	Rutland Running & Triathlon Club	Lonely Goat RC	03/04/2019
Matt	Johnston	Senior	GoodGym Race Team	Lonely Goat RC	03/04/2019
Matthew	Johnston	Senior	Warrington Running Club	Lonely Goat RC	09/04/2019
Heidi	Josephs	Senior	North Derbyshire RC	Lonely Goat RC	22/04/2019
Andrew	Kinder	Senior	Dragons Running Club (Sale)	Lonely Goat RC	24/04/2019
Gavin	Lacey	Senior	Eastleigh RC	Lonely Goat RC	06/04/2019
Felicity	Leaming	Senior	Hook Runners	Lonely Goat RC	25/04/2019
Jonathan	Lewis	Senior	Running Somewhere Else	Lonely Goat RC	30/04/2019
Adam	Luckwell	Senior	Southville Running Club	Lonely Goat RC	05/04/2019
Helen	Mackenzie-Cardy	Senior	Havering '90 Joggers	Lonely Goat RC	14/04/2019
Katherine	Martin	Senior	Horsham Joggers	Lonely Goat RC	11/04/2019
Sarah	Matzen	Senior	Northwich Running Club	Lonely Goat RC	08/04/2019
Lisa	McKenna	Senior	Cambridge & Coleridge AC	Lonely Goat RC	13/04/2019
Daniel	Merrick	Senior	St Helens Striders	Lonely Goat RC	29/04/2019
Kirsty	Millard	Senior	Haverhill Running Club	Lonely Goat RC	14/04/2019
Louise	Milward-Lawson	Senior	Hedge End Running Club	Lonely Goat RC	13/04/2019
Neil	Moses	Senior	Havering '90 Joggers	Lonely Goat RC	10/04/2019
Heather	Mosley	Senior	Hyde Village Striders	Lonely Goat RC	11/04/2019
Rachael	Pack	Senior	Northwich Running Club	Lonely Goat RC	03/04/2019
Barry	Parsons	Senior	Lawley Running Club	Lonely Goat RC	15/04/2019
Heather	Payne	Senior	Littledown Harriers	Lonely Goat RC	24/04/2019
Eileen	Pearson	Senior	Bourne Town Harriers	Lonely Goat RC	13/04/2019
Jacqueline	Piper	Senior	St Austell Running Club	Lonely Goat RC	12/04/2019
Nicola	Pocklington	Senior	Victory AC	Lonely Goat RC	01/04/2019
Glynn	Probert	Senior	Newcastle (Staffs) Tri Club	Lonely Goat RC	17/04/2019
Nicky	Pugh	Senior	Itchen Spitfires Running Club	Lonely Goat RC	14/04/2019
Andrew	Rayner	Senior	Elvet Striders	Lonely Goat RC	10/04/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Caroline	Rickards	Senior	Forest of Dean AC	Lonely Goat RC	12/04/2019
Derek	Roberts	Senior	Portsmouth Joggers	Lonely Goat RC	27/04/2019
Kevin	Samuel	Senior	Bitton Road Runners	Lonely Goat RC	11/04/2019
Sarah	Sayers	Senior	Great Yarmouth Road Runners	Lonely Goat RC	30/04/2019
Georgina	Sexton	Senior	Tri-Anglia Triathlon Club	Lonely Goat RC	10/04/2019
Julie	Smith	Senior	Notts Women Runners	Lonely Goat RC	30/04/2019
Richard	Sturman	Senior	DORSET DODDLERS RC	Lonely Goat RC	29/04/2019
Christopher	Taylor	Senior	Hyde Village Striders	Lonely Goat RC	04/04/2019
Ann Marie	Tyrer	Senior	Lawley Running Club	Lonely Goat RC	25/04/2019
David Leslie	Wall	Senior	Birmingham Swifts	Lonely Goat RC	22/04/2019
John	Welch	Senior	Ripon Runners	Lonely Goat RC	03/04/2019
Paul	Wharton	Senior	Billingham Marsh Hse H & AC	Lonely Goat RC	01/04/2019
Duncan	White	Senior	Plymouth Harriers	Lonely Goat RC	26/04/2019
Lesley	White	Senior	Methley Striders	Lonely Goat RC	01/05/2019
Glyn	Williams	Senior	Hadleigh Hares AC	Lonely Goat RC	14/04/2019
David	Windridge	Senior	Nuneaton Harriers	Lonely Goat RC	11/04/2019
Carrie	Wing	Senior	North Derbyshire RC	Lonely Goat RC	22/04/2019
Gareth	Wing	Senior	North Derbyshire RC	Lonely Goat RC	27/04/2019
Emma	Woodward	Senior	Harwich Runners	Lonely Goat RC	13/04/2019
Carrie	Chan	Senior	Ilkeston Running Club	Long Eaton Running Club	17/04/2019
Sally	Hull	Senior	Shelton Striders	Long Eaton Running Club	10/04/2019
Angela	Stevens	Senior	Headington RR	Looe Pioneers Running Club	06/04/2019
Beth	Farrow	Senior	Itchen Spitfires Running Club	Lordshill Road Runners	03/04/2019
Jack	Harris	Senior	Stubbington Green Runners	Lordshill Road Runners	10/04/2019
Jeremy	Webb	Senior	North Devon RRC	Lordshill Road Runners	10/04/2019
lan	Taylor	Senior	Salford Metropolitan AC	Lostock AC	10/04/2019
Rob	Keep	Senior	Tri3 Sleaford Triathlon Club	Louth Triathlon Club	05/04/2019
Richard	Sharpe	Senior	Lincoln Wellington Athletic Club	Louth Triathlon Club	05/04/2019
Leon	Bernasconi	Senior	Waveney Valley AC	Lowestoft Road Runners	06/04/2019
Alice	Cheverton	Senior	City Of Norwich AC	Lowestoft Road Runners	22/04/2019
Dewi	Morgan	U13	Dunstable RRC	Luton Athletic Club	22/04/2019
Becky	Atkinson	Senior	Windsor Slough Eton & Hounslow AC	Maidenhead AC	03/04/2019
Andrew	Foster	Senior	Chorlton Runners	Manchester Frontrunners	14/04/2019
Lauren	Towey	Senior	Stockport Harriers & AC	Manchester Road Runners	24/04/2019
Catherine	Leonard	Senior	Bognor Regis Tone Zone Runners	Mansfield Harriers	03/04/2019
Wayne	Swiffin	Senior	Ilkeston Running Club	Mansfield Harriers	07/04/2019
Susan	Ward	Senior	Belper Harriers	Mansfield Harriers	03/04/2019
Rich	Warner	Senior	Benson Striders	Marlow Striders	01/05/2019
Alex	Hamling	Senior	Rugby & Northampton AC	Marshall Milton Keynes AC	04/04/2019



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John	McDonnell	Senior	Luton Athletic Club	Marshall Milton Keynes AC	29/04/2019
Jack	Pocock	Senior	Redway Runners	Marshall Milton Keynes AC	13/04/2019
Claire	Bradford	Senior	Badgers	Massey Ferguson RC	01/05/2019
Jan	Hall	Senior	Balsall Common Run Club	Massey Ferguson RC	01/05/2019
Gaynor	Thomas	Senior	Sphinx AC	Massey Ferguson RC	06/04/2019
Daniel	Longhurst	Senior	Cambridge Harriers	Medway and Maidstone AC	03/04/2019
Zena	Whalley	Senior	Holmfirth Harriers AC	Meltham AC	03/04/2019
Kate	Viney	Senior	Fareham Crusaders Running Club	Meon Valley Runners	12/04/2019
Emma	Gould	Senior	Birchfield Harriers	Mercia Fell Runners	24/04/2019
Scott	Mathers	Senior	Bridgnorth Running Club	Mercia Fell Runners	13/04/2019
Chris	Smallman	Senior	Black Pear Joggers	Mercia Fell Runners	09/04/2019
Amanda	Farnell	Senior	Rothwell Harriers & AC	Methley Striders	24/04/2019
Maxine	Stevens	Senior	Springfield Striders RC	Mid Essex Casuals	06/04/2019
Paul	Whydall	Senior	Manchester Frontrunners	Middleton Harriers AC	23/04/2019
Richard	Maw	Senior	St Albans Striders	Minehead RC	27/04/2019
Ben	Timpson	Senior	Running Forever RC	Minehead RC	10/04/2019
Frances	Lawrence	Senior	London Heathside	Mole Valley Runners	08/04/2019
Oliver	Harrison	Senior	Wakefield Triathlon Club	Morley Running Club	19/04/2019
Melody	Brooks	U15	Derwentside AC	Morpeth Harriers & AC	11/04/2019
Laura	Kincaid	Senior	Blaydon Harriers & AC	Morpeth Harriers & AC	30/04/2019
Luke	Robson	U13	Blyth Running Club	Morpeth Harriers & AC	20/04/2019
Richard	Knight	Senior	Hyde Village Striders	Mossley AFC Running Club	13/04/2019
Rachel	Brunning	Senior	Worthing Striders	Natural Born Runners	20/04/2019
Luke	Lycett	Senior	Worthing & District Harriers	Natural Born Runners	01/05/2019
Amelia	Fleming	U15	St Neots Riverside Runners	Nene Valley Harriers	01/05/2019
Mike	Sells	U15	St Neots Riverside Runners	Nene Valley Harriers	17/04/2019
John	Llewellyn	Senior	Poole Runners	New Forest Runners	14/04/2019
Sally	Buckworth	Senior	North York Moors AC	New Marske Harriers Club	09/04/2019
Cameron	Craik	Senior	Team Kennet Triathlon & AC	Newbury AC	03/04/2019
Keith	Williams	Senior	Metropolitan Police AC	Newbury AC	07/04/2019
Sarah	Thorne	Senior	Stoke F.I.T	Newcastle (Staffs) Tri Club	21/04/2019
Stephen	Wright	Senior	Stoke F.I.T	Newcastle (Staffs) Tri Club	10/04/2019
Tracy	Wright	Senior	Stoke F.I.T	Newcastle (Staffs) Tri Club	22/04/2019
Emily	Vickerman	Senior	Stoke F.I.T	Newcastle Staffs AC	03/04/2019
Matthew	Beatty	Senior	Loughborough Students AC	Newham & Essex Beagles AC	18/04/2019
Nike	Esho	U17	Havering AC	Newham & Essex Beagles AC	12/04/2019
Teshanne	Esho	U17	Havering AC	Newham & Essex Beagles AC	26/04/2019
Bertie	Tweed	U20	Saint Edmund Pacers	Newmarket Joggers	14/04/2019
Julia	Davis	Senior	Winchester & District AC	Newquay Road Runners	16/04/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Elijah	Noel	U20	Torbay AAC	Newton Abbot AC	27/04/2019
Hannah	Clarkson	Senior	Ramsbottom Running Club	North Bolton Runners	07/04/2019
Robert	Booth	Senior	Steel City Striders RC	North Derbyshire RC	24/04/2019
Chris	Francis	Senior	Tynedale Harriers & AC	North East Veterans AC	24/04/2019
Natalie	Williams	Senior	Stevenage & North Herts AC	North Herts Road Runners	20/04/2019
John	Gabriel	Senior	Nuneaton Harriers	North Norfolk Beach Runners	04/04/2019
Alfie	Cook	U11	Gateshead Harriers & AC	North Shields Polytechnic Club	24/04/2019
Noel	Halligan	Senior	Great Western Runners	North Somerset AC	25/04/2019
Michelle	Hart	Senior	Stockton Striders AC	North York Moors AC	23/04/2019
Jason	Pattison	Senior	Stockton Striders AC	North York Moors AC	27/04/2019
Charlie	Race	Senior	Middlesbrough Athletic Club (Mandale)	North York Moors AC	18/04/2019
Liam	Ball	U13	Rugby & Northampton AC	Northampton AC	03/04/2019
Ollie	Buchan	U15	Rugby & Northampton AC	Northampton AC	04/04/2019
Adam	Caulfield	U20	Rugby & Northampton AC	Northampton AC	04/04/2019
Alan	Cherrington	Senior	Rugby & Northampton AC	Northampton AC	16/04/2019
Isaac	Cherrington	U17	Rugby & Northampton AC	Northampton AC	16/04/2019
Oliver	Cherrington	U15	Rugby & Northampton AC	Northampton AC	16/04/2019
George	Cutler	U15	Rugby & Northampton AC	Northampton AC	27/04/2019
James	Darby	U15	Rugby & Northampton AC	Northampton AC	01/05/2019
Hannah	Douglas	U15	Rugby & Northampton AC	Northampton AC	21/04/2019
William	Drage	U13	Rugby & Northampton AC	Northampton AC	01/04/2019
Stephanie	Fletcher	U17	Rugby & Northampton AC	Northampton AC	04/04/2019
Neil	Glover	Senior	Rugby & Northampton AC	Northampton AC	21/04/2019
Tobias	Heayns	U20	Rugby & Northampton AC	Northampton AC	21/04/2019
Meredith	Kenny	U15	Rugby & Northampton AC	Northampton AC	03/04/2019
Kaya	Lane	U17	Rugby & Northampton AC	Northampton AC	03/04/2019
Brooke	Leo	U13	Rugby & Northampton AC	Northampton AC	01/05/2019
Aidan Paul	McFadden	U15	Rugby & Northampton AC	Northampton AC	21/04/2019
Dilane	Nyangang	U15	Rugby & Northampton AC	Northampton AC	27/04/2019
Leatitia	Nyangang	U15	Rugby & Northampton AC	Northampton AC	27/04/2019
Eloise	Perry	U17	Rugby & Northampton AC	Northampton AC	04/04/2019
Tegan-Marie	Ponting	U17	Rugby & Northampton AC	Northampton AC	16/04/2019
Olivia	Reeves	U17	Rugby & Northampton AC	Northampton AC	21/04/2019
Carl	Robertson	Senior	Rugby & Northampton AC	Northampton AC	04/04/2019
Mackenzie	Roper	U17	Rugby & Northampton AC	Northampton AC	03/04/2019
Autumn	Sayer	U15	Rugby & Northampton AC	Northampton AC	04/04/2019
Katie	Scott	U17	Rugby & Northampton AC	Northampton AC	21/04/2019
Abigail	Smith	U17	Rugby & Northampton AC	Northampton AC	21/04/2019



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Finlay	Smith	U15	Rugby & Northampton AC	Northampton AC	21/04/2019
Isabelle	Smith	U13	Rugby & Northampton AC	Northampton AC	12/04/2019
Lilli	Taylor	U13	Rugby & Northampton AC	Northampton AC	17/04/2019
Abigail	Thayanithy	U15	Rugby & Northampton AC	Northampton AC	16/04/2019
Aiden	Thomas	U13	Rugby & Northampton AC	Northampton AC	21/04/2019
Amelia	Tutt	U17	Rugby & Northampton AC	Northampton AC	03/04/2019
Joshua	Tutt	U15	Rugby & Northampton AC	Northampton AC	03/04/2019
Samuel	Tutt	U20	Rugby & Northampton AC	Northampton AC	03/04/2019
Peter	Van Uem	U15	Rugby & Northampton AC	Northampton AC	12/04/2019
Thomas	Wilcock	U20	Rugby & Northampton AC	Northampton AC	01/05/2019
Charlotte	Woodward	U15	Rugby & Northampton AC	Northampton AC	16/04/2019
Zineb	Zbirou	U13	Rugby & Northampton AC	Northampton AC	27/04/2019
Gemma	Barrie	Senior	Wootton Road Runners	Northampton Road Runners	10/04/2019
Bob	Fuller	Senior	Wootton Road Runners	Northampton Road Runners	30/04/2019
Sue	O'Sullivan	Senior	Wootton Road Runners	Northampton Road Runners	26/04/2019
Becci	Tomlinson	Senior	Wootton Road Runners	Northampton Road Runners	30/04/2019
Tim	Hughes	Senior	Sparkhill Harriers	Northbrook Athletic Club	11/04/2019
Caroline	Parkinson	Senior	Spa Striders	Northbrook Athletic Club	03/04/2019
alan	brew	Senior	Manx Fell Runners	Northern (Isle of Man) AC	04/04/2019
Carmine	De Grandis	Senior	North Norfolk Beach Runners	Northern Fells Running Club	16/04/2019
Graham	Lewis	Senior	DH Runners	Northern Fells Running Club	03/04/2019
Steven	Woods	Senior	SOUTH LEEDS LAKERS RUNNING CLUB	Northern Masters AC	11/04/2019
Timothy	Allen	U20	Rushcliffe AC	Notts AC	18/04/2019
Donelle	Arulanandam	Senior	Vale Of Aylesbury AC	Notts AC	11/04/2019
Franklin	Fenning	U20	Rugby & Northampton AC	Notts AC	21/04/2019
Beth	Neal	Senior	Newton Abbot AC	Notts AC	20/04/2019
Lottie	Pinchess	U15	Charnwood A C	Notts AC	09/04/2019
Dylan	Rich	U17	Rushcliffe AC	Notts AC	25/04/2019
Suki	Vernon	Senior	Rolls Royce Harriers	Notts Women Runners	09/04/2019
Soraya	Virgo	Senior	Holme Pierrepont RC	Notts Women Runners	24/04/2019
Mark	Shepherd	Senior	1485 Triathlon Club	Nuneaton Harriers	24/04/2019
Claudine	Benstead	Senior	Harwich Runners	Okehampton RC	09/04/2019
Katie	Sherjan	Senior	Honiton RC	Okehampton RC	15/04/2019
Richard	Smith	Senior	Preston Harriers	Orion Harriers	16/04/2019
Nicholas	Ford	Senior	Airecentre Pacers RC	Otley AC	03/04/2019
Tony	Walker	Senior	Clayton-le-Moors Harriers	Otley AC	16/04/2019
Eloise	Hind	U15	Radley Athletic Club	Oxford City AC	11/04/2019
Emma	Paton	Senior	Reading Roadrunners	Oxford City AC	25/04/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Christopher	Everett	Senior	Tonbridge AC	Oxford University AC	07/04/2019
Julian	Manieson	Senior	Harrow AC	Oxford University AC	10/04/2019
Jenny	Richards	Senior	Radley Athletic Club	Oxford University AC	01/05/2019
Bonnor	Sullivan	Senior	Winchester & District AC	Oxford University AC	15/04/2019
James	Tufnell	Senior	Radley Athletic Club	Oxford University AC	11/04/2019
Eleanor	Vickers	Senior	Sale Harriers Manchester	Oxford University AC	16/04/2019
Tilly	Bulpitt	Senior	Tonbridge AC	Paddock Wood AC	03/04/2019
Jackie	Brydon	Senior	Bodmin Road Runners	PB Running Club	03/04/2019
Jim	Brydon	Senior	Bodmin Road Runners	PB Running Club	03/04/2019
William	Callaway	Senior	Bodmin Road Runners	PB Running Club	11/04/2019
Paula	Osborne	Senior	Newquay Road Runners	PB Running Club	03/04/2019
Andrew	Solomon	Senior	Bodmin Road Runners	PB Running Club	03/04/2019
Jane	Stephens	Senior	Bodmin Road Runners	PB Running Club	01/04/2019
Robert	Chesters	Senior	St Helens Tri	Penny Lane Striders	03/04/2019
Paul	Knight	Senior	Liverpool Running Club	Penny Lane Striders	04/04/2019
Chris	Adamson	Senior	Chester Triathlon Club	Pensby Runners	09/04/2019
Adele	Moss	Senior	Alchester Running Club	Pensby Runners	25/04/2019
Max	Barker	U17	Durham City Harriers & AC	Phoenix Flyers AC	10/04/2019
Thomas	johnson	U15	Chester Le Street & Dist AC	Phoenix Flyers AC	27/04/2019
Patrick	McCoy	U13	Gateshead Harriers & AC	Phoenix Flyers AC	10/04/2019
Leslie	Howson	Senior	Bexley AC	Plumstead Runners	28/04/2019
Steve	Mace	Senior	Storm Plymouth	Plymouth Musketeers Running Club	17/04/2019
Virginija	Steponkute	Senior	St Austell Running Club	Plymouth Musketeers Running Club	26/04/2019
Carl	Schumacher	Senior	York Postal Harriers	Pocklington Runners	29/04/2019
George	Bloomfield	U13	South Glos AC	Poole AC	20/04/2019
Russell	Bloomfield	U13	South Glos AC	Poole AC	20/04/2019
Patrick	Jackson	Senior	Wetherby Runners AC	Poole AC	29/04/2019
Suzanne	Vanagas	Senior	Poole Runners	Poole AC	26/04/2019
Artur	Majewski	Senior	Poole AC	Poole Runners	01/05/2019
Stuart	Morris	Senior	Wimborne AC	Poole Runners	03/04/2019
Jason	Scott	Senior	Running for Time	Portishead R C	03/04/2019
Isabelle	Cunningham	U15	Rossendale Harriers & AC	Preston Harriers	19/04/2019
Max	Cunningham	U17	Rossendale Harriers & AC	Preston Harriers	19/04/2019
Michael	Roy	Senior	Lancaster & Morecambe AC	Preston Harriers	25/04/2019
Holly	Kelleher	Senior	Stocksfield Striders	Prudhoe Plodders Running Club	21/04/2019
Dawn	Poulter	Senior	Stocksfield Striders	Prudhoe Plodders Running Club	27/04/2019
Natasha	Cook	Senior	Sutton Runners	Pudsey Pacers RC	23/04/2019
Gemma	Storr	Senior	Leeds & Bradford Triathlon Club	Pudsey Pacers RC	14/04/2019
Philippa	Stanworth	Senior	Pudsey Pacers RC	Pudsey Runners	10/04/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
David	Aiken	Senior	Darlington H & AC	Quakers Running Club	10/04/2019
Chris	Melton	Senior	4Life Triathlon Club	Race Hub	12/04/2019
Mikaela	Harrison	Senior	Wakefield District H & AC	Radley Athletic Club	11/04/2019
Ella	Botha	U15	Chiltern Harriers AC	Reading AC	27/04/2019
Eugene	Husband	Senior	Newmarket Joggers	Red Lodge Running Club	07/04/2019
Jon	Booth	Senior	Royal Wootton Bassett Hounds RC	Red Rose Road Runners	18/04/2019
Kerry	Welch	Senior	New Marske Harriers Club	Redcar Running Club	01/04/2019
Simon	Welch	Senior	New Marske Harriers Club	Redcar Running Club	01/04/2019
Kate	Duffin	Senior	Kingfisher Harriers	Redditch Stars	26/04/2019
Adam	Ward	Senior	Notts AC	Redhill Road Runners	24/04/2019
Emily	Bousfield	Senior	Marshall Milton Keynes AC	Redway Runners	04/04/2019
Trevor	Crowter	Senior	Marshall Milton Keynes AC	Redway Runners	20/04/2019
Lucy	Hacking	Senior	Marshall Milton Keynes AC	Redway Runners	26/04/2019
Harley	Mackenzie	U15	Milton Keynes Distance Project	Redway Runners	27/04/2019
Karen	Precious	Senior	Wellingborough & District AC	Redway Runners	20/04/2019
James	Naylor	U20	South London Harriers	Reigate Priory AC	19/04/2019
OLIVER	HEATON	Senior	Preston Harriers	Ribble Valley Harriers	16/04/2019
Caroline	Lambert	Senior	Wetherby Runners AC	Ribble Valley Harriers	29/04/2019
Neil	Whatton	Senior	Red Rose Road Runners	Riversway Road Runners	12/04/2019
Richard	Rae	Senior	Stamford Striders	Roadhoggs Leicester AC	05/04/2019
Nancy	Jackson	U13	Wetherby Runners AC	Rothwell Harriers & AC	03/04/2019
Tamsin	Foster	Senior	Kirkstall Harriers	Roundhay Runners	17/04/2019
Helen	Gill	Senior	Valley Striders AC	Roundhay Runners	25/04/2019
Ricky	Montacute	Senior	City Of Salisbury AC & RC	Royal Engineers RC	01/05/2019
Steve	Wootton	Senior	Egdon Heath Harriers	Royal Manor Of Portland AC	10/04/2019
Eilidh	Bush	Senior	Saffron Striders RC	Royston Runners	01/05/2019
Richard	Jones	Senior	Wootton Road Runners	Rugby & Northampton AC	25/04/2019
Michael	Langman	Senior	Rugby & Northampton AC	Rugby Triathlon Club	12/04/2019
Carol	Jones	Senior	Goring RRC	Run Academy Worthing	03/04/2019
Jackie	Hickman	Senior	Warrington Running Club	Run Sandymoor	09/04/2019
John	Houghton	Senior	Warrington Road Runners	Run Sandymoor	12/04/2019
Ken	Smith	Senior	Liverpool Running Club	Run Sandymoor	30/04/2019
Daryl	Davies	Senior	DORSET DODDLERS RC	runblandford	01/04/2019
Wendy	Johnston	Senior	Colchester Harriers AC	Running Colchester	07/04/2019
Nick	Oakley	Senior	LWFitness4All	Running Colchester	07/04/2019
Fay	Smalls	Senior	Colchester Harriers AC	Running Colchester	16/04/2019
Phil	Wood	Senior	Ipswich Harriers	Running Colchester	13/04/2019
Kyle	Oliver	Senior	Langport Runners	Running for Time	04/04/2019
Rachael	Mills	Senior	Quantock Harriers	Running Forever RC	23/04/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Jon	Scott	Senior	Newcastle Staffs AC	Running Forever RC	25/04/2019
Chi Long	Fung	Senior	Chippenham Harriers	Runnymede Runners	03/04/2019
Anthony	Bacon	Senior	Haverhill Running Club	Saffron Striders RC	10/04/2019
Helen	Graves	Senior	Dartford Road Runners	Saffron Striders RC	18/04/2019
James	McHattie	Senior	Dartford Road Runners	Saffron Striders RC	18/04/2019
Jamie	Fittock	Senior	Sudbury Joggers	Saint Edmund Pacers	12/04/2019
Sharon	Frost	Senior	Sudbury Joggers	Saint Edmund Pacers	08/04/2019
Haley	Suttle	Senior	Stowmarket Striders RC	Saint Edmund Pacers	17/04/2019
Ben	Basten	U17	Crewe and Nantwich AC	Sale Harriers Manchester	10/04/2019
Муа	Fearon	U17	Altrincham & District Athletic Club Limited	Sale Harriers Manchester	05/04/2019
Daniel	Gray	Senior	Wigan & District H & AC	Sale Harriers Manchester	03/04/2019
Sara	Piva	U15	Oldham & Royton H & AC	Sale Harriers Manchester	12/04/2019
George	Spain	U17	Crewe and Nantwich AC	Sale Harriers Manchester	23/04/2019
Holly	Argent	Senior	Newcastle University AC	Saltwell Harriers	04/04/2019
Lyn	Davis	Senior	Camberley & District AC	Sandhurst Joggers	21/04/2019
Jessica	Metcalfe	Senior	Storm Plymouth	Sandhurst Joggers	24/04/2019
Teresa	Milroy	Senior	Medway and Maidstone AC	Sandhurst Joggers	26/04/2019
Paul	Norman	Senior	Tadley Runners	Sandhurst Joggers	03/04/2019
Rebecca	Lloyd	Senior	Telford AC	Sawtry Walk to Run	17/04/2019
Gemma	Barnsdale	U20	Lincoln Wellington Athletic Club	Scunthorpe & District AC	15/04/2019
lan	Barnsdale	Senior	Lincoln Wellington Athletic Club	Scunthorpe & District AC	15/04/2019
Sam	Davies	U15	Doncaster Athletic Club	Scunthorpe & District AC	03/04/2019
Lauren	Richards	Senior	Gainsborough & Morton Striders	Scunthorpe & District AC	06/04/2019
Graham	Smith	Senior	Brighton Triathlon Club	Seaford Striders RC	10/04/2019
Victoria	Coxon	Senior	Durham City Harriers & AC	Sedgefield Harriers	05/04/2019
Preston	Grundy	Senior	Dudley Kingswinford RC	Sedgley Striders	22/04/2019
Vanessa	Armond	Senior	Harwell Harriers	Serpentine RC	30/04/2019
Gen	Huss	Senior	Herne Hill Harriers	Serpentine RC	03/04/2019
David	Matthews	Senior	Ful-On Tri Club	SHAEF Shifters Running Club	10/04/2019
Joshua	Faulds	U20	Rugby & Northampton AC	Shaftesbury Barnet Harriers	04/04/2019
Trinity	O'Connor	U20	Newbury AC	Shaftesbury Barnet Harriers	03/04/2019
Indira	Patel	U20	Dacorum & Tring AC	Shaftesbury Barnet Harriers	28/04/2019
Glen	Quayle	U20	Northern (Isle of Man) AC	Shaftesbury Barnet Harriers	03/04/2019
Geoff	Lowry	Senior	Heanor Running Club	Sheffield RC	01/05/2019
Carl	Egdell	Senior	Hallamshire Harriers Sheffield	Sheffield Triathlon Club	16/04/2019
Michael	Kerrigan	Senior	Marshall Milton Keynes AC	Shenley Striders	16/04/2019
Kerri	Oakley	Senior	Winchester & District AC	Sherfield Park Runners	25/04/2019
Andrew	Skelding	Senior	Team Derby Runner	Sinfin Running Club	05/04/2019

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Pamela	Farrell	Senior	Pocklington Runners	Sittingbourne Striders	12/04/2019
Nathan	Fisher	Senior	Skegness Coasters	Skegness & District Running Club	03/04/2019
Ange	Bolton	Senior	Lonely Goat RC	Skelmersdale Boundary Harriers	05/04/2019
Mark	Armstrong	Senior	Sleaford Town Runners	Sleaford Striders AC	19/04/2019
Nikki	Armstrong	Senior	Sleaford Town Runners	Sleaford Striders AC	15/04/2019
Alan	Bee	Senior	Lincoln Wellington Athletic Club	Sleaford Striders AC	26/04/2019
lan	Mosley	Senior	Derwent Runners (Derby)	Smalley Road Runners	13/04/2019
Emma	Parkin	Senior	Notts Women Runners	Smalley Road Runners	03/04/2019
Catherine	Farrington	Senior	Trent Park Running Club	South Cheshire Harriers	13/04/2019
Jade	Brown	U20	London City Athletics Club	South London Harriers	11/04/2019
Francesca	Pires	U17	Herne Hill Harriers	South London Harriers	21/04/2019
Callum	Short	Senior	Marlborough & District Junior AC	Southampton Athletic Club	24/04/2019
Samuel	Parrott	U13	East Essex Triathlon Club	Southend On Sea AC	04/04/2019
Reuben	Donnelly	U13	Knowsley Harriers	Southport Waterloo AC	18/04/2019
Pam	Dutton	Senior	Absolute Tri	Southwell Running Club	26/04/2019
Chloe	Lucas	Senior	North Herts Road Runners	Southwell Running Club	16/04/2019
Robert	lannelli	Senior	Halifax Harriers & AC	Sowerby Bridge Snails Running Club	11/04/2019
Stephen	Pickford	Senior	Warrington Running Club	Spectrum Striders	12/04/2019
Matt	Shillabeer	Senior	St Helens Tri	Spectrum Striders	01/04/2019
Megan	Ascough	U20	Halifax Harriers & AC	Spenborough & Dist AC	17/04/2019
Bethany-Mae	Curley	Senior	Roberttown Road Runners	Spenborough & Dist AC	04/04/2019
Craig	Thompson	Senior	Roberttown Road Runners	Spenborough & Dist AC	28/04/2019
Amelie	Tongue	U13	Herts Phoenix AC	St Albans AC	27/04/2019
James Lee	Brydon	Senior	Bodmin Road Runners	St Austell Running Club	03/04/2019
Peter	Middleton	Senior	Teignbridge Trotters	St Austell Running Club	18/04/2019
Noemie	Dower	Senior	Lancaster & Morecambe AC	St Helens Striders	27/04/2019
Karen	Harrison	Senior	St Helens Sutton AC	St Helens Striders	18/04/2019
Janet	Holmes	Senior	St Helens Sutton AC	St Helens Striders	23/04/2019
Jon-Jo	Doherty	Senior	St Helens Striders	St Helens Sutton AC	03/04/2019
Zoe	Payne	Senior	Aldershot Farnham & District	St Helens Sutton AC	23/04/2019
Brian	Diggle	Senior	Isabella Rose Foundation - IRF - Team Isabella Running Club	St Helens Tri	03/04/2019
Ben	Mason	Senior	Isabella Rose Foundation - IRF - Team Isabella Running Club	St Helens Tri	03/04/2019
lan	Wright	Senior	St Helens Striders	St Helens Tri	24/04/2019
Michael	Bironneau	Senior	London Heathside	St Neots Riverside Runners	08/04/2019
Paul	Atkinson	Senior	Wetherby Runners AC	St Theresa's A.C.	15/04/2019
Ewan	Malone	Senior	Kirkstall Harriers	St Theresa's A.C.	11/04/2019
Luc	Burnip	Senior	Holmfirth Harriers AC	Stadium Runners	01/05/2019
Philip	Greer	Senior	Boalloy Running Club	Staffs Moorlands AC	18/04/2019

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Samuel	Lander	U17	Boalloy Running Club	Staffs Moorlands AC	25/04/2019
Derek	Parrington	Senior	Swaledale Runners	Stainland Lions Running Club	13/04/2019
Paul	Beckett	Senior	Bramhall Runners	Stockport Harriers & AC	19/04/2019
Andrew	Owen	Senior	East Cheshire Harriers & Tameside AC	Stockport Harriers & AC	04/04/2019
Tom	Peers	Senior	Wilmslow Running Club	Stockport Harriers & AC	12/04/2019
Lauren	Robinson	U20	Macclesfield Harriers & AC	Stockport Harriers & AC	27/04/2019
James	Eden	Senior	Chorlton Runners	Stockport Tri Club	13/04/2019
Michael	Cleasby	Senior	Doncaster Athletic Club	Stockton Striders AC	11/04/2019
Joanne	Brown	Senior	Potters Trotters	Stoke F.I.T	05/04/2019
Sharn	Hully	Senior	Potters Trotters	Stoke F.I.T	11/04/2019
Stephen	Linden	Senior	Saint Edmund Pacers	Stowmarket Striders RC	08/04/2019
Christine	Marsh	Senior	Woodbridge Shufflers RC	Stowmarket Striders RC	03/04/2019
ANDREW	HOLBROOK	Senior	Kenilworth Runners	Stratford Upon Avon AC	06/04/2019
Amy	Rowe	Senior	Clapham Chasers	Stratford Upon Avon AC	08/04/2019
Kieran	Chaplin	Senior	Gosport Road Runners	Stubbington Green Runners	12/04/2019
Bex	Cleary	Senior	Solent Running Sisters	Stubbington Green Runners	24/04/2019
Nicola	Stewart	Senior	Macclesfield Harriers & AC	Styal Running Club	03/04/2019
Gary	Perryman	Senior	Tiptree Road Runners	Sudbury Joggers	13/04/2019
Rosalyn	Little	Senior	Maidstone Harriers	Swale Tri Club	05/04/2019
Roy	Malkin	Senior	Rebel Runners Medway	Swale Tri Club	04/04/2019
Sally	Smith	Senior	KPAC	Swale Tri Club	03/04/2019
Martha	McBarron	Senior	Aycliffe Running Club	Swaledale Runners	16/04/2019
Khaya	Swaine	U13	Cirencester AC	Swindon Harriers	20/04/2019
Krisna	Lakhani	Senior	Manchester Frontrunners	Swinton Running Club	11/04/2019
Elizabeth	Clark	Senior	Reigate Priory AC	Tadworth AC	01/04/2019
Alison	Caldwell	Senior	Plymouth Musketeers Running Club	Tamar Trotters	24/04/2019
Martyn	Morant	Senior	Exeter Harriers	Team Bath Athletic Club	01/05/2019
Ben	Phillips	U17	Avon Valley Runners	Team Bath Athletic Club	09/04/2019
James	Wright	U20	Chippenham Harriers	Team Bath Athletic Club	26/04/2019
Katherine	Dodd	Senior	Durham City Harriers & AC	Team Coco	01/05/2019
Katherine	Macpherson	Senior	Durham City Harriers & AC	Team Coco	11/04/2019
Julie	Smith	Senior	Lonely Goat RC	Team Coco	08/04/2019
Keira Amy	Cawley	U13	City Of Portsmouth AC	Team Kennet Triathlon & AC	28/04/2019
Liam	Cawley	U15	City Of Portsmouth AC	Team Kennet Triathlon & AC	29/04/2019
Neil	Dawkins	Senior	Torbay AAC	Teignbridge Trotters	30/04/2019
James	Vidler	Senior	Wrekin Road Runners	Telford Harriers	05/04/2019
Justin	Reid	Senior	Hercules Wimbledon AC	Thames Hare & Hounds	05/04/2019
Georgia	Hanley	U20	Hercules Wimbledon AC	Thames Valley Harriers	05/04/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
James	Horrex	Senior	University of Birmingham AC and Cross Country Club	Thames Valley Harriers	03/04/2019
Terry	Brightwell	Senior	Blackheath and Bromley Harriers Athletic Club	Thanet Roadrunners AC	03/04/2019
Anna	Benbow	Senior	Heaton Harriers & AC	The Stragglers Running Club	18/04/2019
Ted	Fraser	Senior	St Mary's Richmond AC	The Stragglers Running Club	15/04/2019
Keith	Whitehouse	Senior	Dudley Kingswinford RC	The Yellow Army	28/04/2019
Paul	Harrod	Senior	Westbury Harriers	Thornbury RC	10/04/2019
lain	Conner	Senior	Burnden Road Runners	Time2Run Events	24/04/2019
Christine	Farnworth	Senior	Astley & Tyldesley Road Runners	Time2Run Events	10/04/2019
Philip	Nicholls	Senior	Birchfield Harriers	Tipton Harriers	18/04/2019
Sophie	Cunningham	Senior	Chorlton Runners	Todmorden Harriers	03/04/2019
Michelle	Fuller	Senior	Astley & Tyldesley Road Runners	Todmorden Harriers	03/04/2019
David	Garner	Senior	Rochdale Harriers & AC	Todmorden Harriers	08/04/2019
Anthony	Lee	Senior	Darwen Dashers RC	Todmorden Harriers	24/04/2019
Michael	Thomson	Senior	Tunbridge Wells Harriers	Tonbridge AC	30/04/2019
Naomi	Ward	U15	Paddock Wood AC	Tonbridge AC	20/04/2019
Christine	Hicks	Senior	Steel City Striders RC	Totley AC	14/04/2019
Chidinma	Agwu	Senior	Salford Metropolitan AC	Trafford Athletic Club	07/04/2019
Chloe	Hocking	Senior	London City Athletics Club	Trafford Athletic Club	01/05/2019
Gillian	Hughes	Senior	Clayton-le-Moors Harriers	Trawden Athletic Club	16/04/2019
Mick	Hughes	Senior	Clayton-le-Moors Harriers	Trawden Athletic Club	16/04/2019
Natasha	Newell	Senior	Clayton-le-Moors Harriers	Trawden Athletic Club	19/04/2019
Tony	Pilling	Senior	Clayton-le-Moors Harriers	Trawden Athletic Club	19/04/2019
Alexandra	Baird	Senior	Serpentine RC	Trent Park Running Club	05/04/2019
Cheryl	Rawlings	Senior	Stafford Harriers	Trentham RC	10/04/2019
Helena	Rawlings	U11	Stafford Harriers	Trentham RC	06/04/2019
Richard	Tector	Senior	Newcastle Staffs AC	Trentham RC	06/04/2019
Jon	Collett	Senior	Uckfield Runners	Tri Tempo Eastbourne	11/04/2019
Julie	Reeves	Senior	Eastbourne Rovers AC	Tri Tempo Eastbourne	14/04/2019
Richard	Beastall	Senior	GoodGym Race Team	Tri-Anglia Triathlon Club	10/04/2019
Patrick	Larke	Senior	Wymondham AC	Tri-Anglia Triathlon Club	22/04/2019
Wendy	Larke	Senior	Wymondham AC	Tri-Anglia Triathlon Club	12/04/2019
Alasdair	Sutherland	Senior	Ipswich Triathlon Club	TRISudbury	01/05/2019
Lisa	Sutherland	Senior	Ipswich Triathlon Club	TRISudbury	11/04/2019
Emma	Peters	Senior	Glossopdale Harriers	Tyne Bridge Harriers	19/04/2019
Stephen	Dobbs	Senior	City of Hull AC	UKnetrunner.co.UK	10/04/2019
Benjamin	Bliss	Senior	Newbury AC	UKRunChat Running Club	01/05/2019
Paul	Jackson	Senior	Warrington Running Club	Vale Royal AC	11/04/2019
Vincent	Jensen	Senior	Northwich Running Club	Vale Royal AC	29/04/2019

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Christine	Aley	Senior	Wellingborough & District AC	Vegan Runners UK	14/04/2019
Sarah	Bateman	Senior	Fylde Coast Runners	Vegan Runners UK	13/04/2019
Laurence	Bell	Senior	Hastings Runners	Vegan Runners UK	06/04/2019
Carl-Ludwig	Campbell	Senior	Hook Runners	Vegan Runners UK	24/04/2019
Kathryn	Dobson	Senior	Thames Valley Harriers	Vegan Runners UK	21/04/2019
Chris	Gibbons	Senior	Ipswich Jaffa RC	Vegan Runners UK	18/04/2019
Vineeta	Greenwood	Senior	New Forest Runners	Vegan Runners UK	22/04/2019
Holly	Jones	Senior	Exeter University Athletic Club	Vegan Runners UK	05/04/2019
Lesley	Legg	Senior	North Shields Polytechnic Club	Vegan Runners UK	13/04/2019
Jaymie	McMahon	Senior	Lordshill Road Runners	Vegan Runners UK	09/04/2019
David	Michael	Senior	Cotswold Allrunners	Vegan Runners UK	09/04/2019
Richard	Newman	Senior	Swindon Harriers	Vegan Runners UK	12/04/2019
Craig	Purle	Senior	Croydon Harriers	Vegan Runners UK	21/04/2019
Paul	Ruffy	Senior	Benfleet RC	Vegan Runners UK	13/04/2019
Simon	Shaw	Senior	Ealing Southall & Middlesex AC	Vegan Runners UK	30/04/2019
Leo	Stones	Senior	Preston Harriers	Vegan Runners UK	22/04/2019
JOSEPH	GAYLE	Senior	Enfield and Haringey A C	Victoria Park Harriers and Tower Hamlets AC	24/04/2019
Mary	Igbinosa-Ighile	U20	Havering AC	Victoria Park Harriers and Tower Hamlets AC	03/04/2019
Laura	Kaye	Senior	Lincoln Wellington Athletic Club	Victoria Park Harriers and Tower Hamlets AC	20/04/2019
coneil	wrightnuisance	Senior	Blackwater Valley Runners	VocaLink Mastercard Running Club	08/04/2019
Rosemary	Baker	Senior	Holmfirth Harriers AC	Wakefield Triathlon Club	03/04/2019
Sue	Walker	Senior	Caistor Running Club	Wakefield Triathlon Club	05/04/2019
Nathan	Janmohamed	U20	Guildford & Godalming AC	Walton AC	09/04/2019
Paul	Reddaway	Senior	Broxbourne Runners	Ware Joggers	20/04/2019
Lucy	Hall	Senior	Penny Lane Striders	Warrington Road Runners	09/04/2019
Neil	Egerton	Senior	Widnes Running Club	Warrington Running Club	24/04/2019
Benjamin	Laverick	Senior	Rochdale Harriers & AC	Warrington Running Club	03/04/2019
Kevin	Miller	Senior	Lymm Runners	Warrington Running Club	03/04/2019
Frankie	Dods	U13	Guildford & Godalming AC	Waverley Harriers	09/04/2019
Khaksar	Khaksar	Senior	Windle Valley Runners	Waverley Harriers	17/04/2019
Susan	Steadman	Senior		Waverley Harriers	10/04/2019
Charlotte	Bowers	Senior	Chippenham Harriers	Weald Tri Club	18/04/2019
Owen	Astington	Senior	Running for Time	Wells City Harriers	08/04/2019
Gary	Pendlebury	Senior	Salford Harriers & AC	Wesham Road Runners & AC	28/04/2019
Richard	Powell	Senior	Tipton Harriers	West Bromwich Harriers	16/04/2019
Eloise	Eccles	Senior	Chester Triathlon Club	West Cheshire Athletic Club	10/04/2019
Charlotte	Fuller	U17	North Somerset AC	Weston Athletic Club	18/04/2019
Callum	Smith	U20	North Somerset AC	Weston Athletic Club	05/04/2019



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Darren	Ball	Senior	Pocklington Runners	Wetherby Runners AC	03/04/2019
Elizabeth	Steeves	Senior	Teignbridge Trotters	Wetherby Runners AC	16/04/2019
Lorraine	Gillan	Senior	Market Drayton RC	Whitchurch Whippets	03/04/2019
Stephen	McNicholas	Senior	Penny Lane Striders	Widnes Running Club	19/04/2019
Ainsley	Murphy	Senior	Chorley Athletic and Triathlon Club	Wigan & District H & AC	26/04/2019
Michael	Nickells	Senior	North Somerset AC	Winchester & District AC	18/04/2019
Toby	Roberts	U13	Brighton & Hove AC	Winchester & District AC	03/04/2019
Jamal	Clarke	Senior	Cornwall AC	Windsor Slough Eton & Hounslow AC	03/04/2019
Connie	Dowling	U13	Slough Junior AC	Windsor Slough Eton & Hounslow AC	16/04/2019
Luca	Elliott	U17	Aldershot Farnham & District	Windsor Slough Eton & Hounslow AC	10/04/2019
Sophia	Kapoor Sood	U17	Team Hounslow Athletic Club	Windsor Slough Eton & Hounslow AC	12/04/2019
Pippa	Tilney	Senior	Aldershot Farnham & District	Windsor Slough Eton & Hounslow AC	27/04/2019
Libby	Anderson	U13	WESPA Fire Athletics	Wirral AC	26/04/2019
Ethan	Brady-Jones	U15	WESPA Fire Athletics	Wirral AC	03/04/2019
Tallulah	Brady-Jones	U17	WESPA Fire Athletics	Wirral AC	03/04/2019
James	Pickering	U13	WESPA Fire Athletics	Wirral AC	28/04/2019
Peter	Banks	Senior	Tiptree Road Runners	Witham RC	21/04/2019
Lydia	Bazzard	Senior	Dengie 100 Runners	Witham RC	16/04/2019
Stephen	Sawyer	Senior	Dengie 100 Runners	Witham RC	16/04/2019
Max	Brown	U15	Bicester AC	Witney Road Runners	07/04/2019
Lucy	Hurn	Senior	Windrush Triathlon Club	Woking AC	30/04/2019
Bridget	Benton	Senior	Cleethorpes AC	Wolds Veteran RC	19/04/2019
Simon	Sinclair	Senior	Suffolk Trail Runners	Woodbridge Shufflers RC	03/04/2019
Peter	Adams	Senior	Rugby & Northampton AC	Wootton Road Runners	21/04/2019
Shay	Walker	Senior	City of Sheffield and Dearne AC	Worksop Harriers	15/04/2019
Noel	Butler	Senior	Crawley AC	Worthing & District Harriers	19/04/2019
Holly	Battisson	Senior	Wreake Runners	Wreake & Soar Valley	07/04/2019
Leah	Butterfill	U15	Rutland Athletic Club	Wreake & Soar Valley	03/04/2019
Oliver	Stabler	Senior	Wreake Runners	Wreake & Soar Valley	11/04/2019
Jenny	Hudspith	Senior	Owls AC	Wreake Runners	17/04/2019
John	Perry	Senior	Lawley Running Club	Wrekin Road Runners	15/04/2019
Lisa	Hall	Senior	Norwich Road Runners	Wymondham AC	03/04/2019
Rhoda	Hincks	Senior	City Of Norwich AC	Wymondham AC	07/04/2019
Rob	Osborne	Senior	North Norfolk Beach Runners	Wymondham AC	15/04/2019
Sam	Powell	Senior	Bungay Black Dog RC	Wymondham AC	23/04/2019
Natasha	Moyes	U13	Chippenham Harriers	Yate & District AC	23/04/2019
Reece	Straker	Senior	North Shields Polytechnic Club	Yate & District AC	25/04/2019
Benjamin	Mahoney	Senior	Sheffield RC	Yeovil Town RRC	01/04/2019
Jamie	Arkle	Senior	Easingwold Running Club	York Knavesmire Harriers	25/04/2019



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Michael	Hemsworth	Senior	Wakefield Triathlon Club	York Knavesmire Harriers	09/04/2019
Steven	Kelliher	Senior	Westbury Harriers	York Knavesmire Harriers	03/04/2019
David	Turnbull	Senior	Bournville Harriers	York Knavesmire Harriers	08/04/2019
Benjamin	Briffaud	Senior	York Knavesmire Harriers	York Postal Harriers	01/04/2019
Kirsten	Poynter	Senior	North York Moors AC	York Triathlon Club	07/04/2019
Lauren	Downie	Senior	Orpington Road Runners	Zero to Hero Runners	04/04/2019
John	Williams	Senior	Orpington Road Runners	Zero to Hero Runners	04/04/2019
Clodie	Sutcliffe	Senior	Littledown Harriers	Zoom Tri Club Bournemouth	05/04/2019

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