

First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Gina	Collins	Senior	Dudley Kingswinford RC	100 Marathon Club	10/09/2019
Zoe	Cook	Senior	Broxbourne Runners	100 Marathon Club	15/09/2019
Kathryn	Hall	Senior	St Albans Striders	100 Marathon Club	09/09/2019
Carly	Hills	Senior	Fetch Everyone	100 Marathon Club	27/09/2019
Simon	Martin	Senior	Halesowen ACC	100 Marathon Club	01/10/2019
Debbie	Stirling	Senior	Jelly Legs Running Club	100 Marathon Club	14/09/2019
Marie	Burkinshaw	Senior	Strideout	7 Hills Harriers	07/09/2019
laura	godden	Senior	Strideout	7 Hills Harriers	07/09/2019
Oscar	Oweka	U13	Witney Road Runners	Abingdon AC	19/09/2019
Harry	Richards	U15	Oxford City AC	Abingdon AC	27/09/2019
James	Smith	Senior	Alchester Running Club	Abingdon AC	06/09/2019
Alex	Westbrook	U17	Witney Road Runners	Abingdon AC	11/09/2019
Tilly	Westbrook	U15	Witney Road Runners	Abingdon AC	11/09/2019
Susan	Rodwell	Senior	Hyndburn AC	Accrington Road Runners	27/09/2019
Lesley	Locks	Senior	Hart Road Runners	Aldershot Farnham & District	19/09/2019
Nicola	Sansom	Senior	Dorking & Mole Valley AC	Aldershot Farnham & District	13/09/2019
George	Wallace	Senior	Veterans AC	Aldershot Farnham & District	08/09/2019
Henry	MacK	U13	Middlesbrough Athletic Club (Mandale)	Allerton Junior Athletics Club	17/09/2019
Amy	Pitts	U13	Chesterfield & District AC	Amber Valley and Erewash Athletic Club	28/09/2019
Fiona	Clark	Senior	Crawley AC	Arena 80 AC	17/09/2019
Finley	Lodge	U17	Medway and Maidstone AC	Ashford AC	29/09/2019
Linda	Bygrave	Senior	North Norfolk Beach Runners	Aylsham Runners	13/09/2019
Linda	Melton	Senior	North Norfolk Beach Runners	Aylsham Runners	09/09/2019
Jenny	Pulford	Senior	Wellingborough & District AC	Aylsham Runners	26/09/2019
Nick	Atherton	Senior	Lonely Goat RC	Bad Boy Running Club	01/10/2019
Zoe	Dunne	Senior	Lonely Goat RC	Bad Boy Running Club	07/09/2019
Nicola	Jarvis	Senior	Redditch Stars	Bad Boy Running Club	08/09/2019
Amy	Robson	Senior	Vegan Runners UK	Bad Boy Running Club	08/09/2019
lmi	Testa	Senior	Dursley Running Club	Bad Boy Running Club	08/09/2019
Paul	Hadland	Senior	Nuneaton Harriers	Badgers	28/09/2019
Tarquin	Halse	Senior	Hart Road Runners	Baildon Runners	03/09/2019
Ben	Whitehead	Senior	Skipton AC	Barlick Fell Runners	12/09/2019
Jamie	Putt	U20	Harlow AC	Basildon AC	19/09/2019
lan	Gardner	Senior	UKRunChat Running Club	Beccles & Bungay Harriers	26/09/2019
Cheryl	Moore	Senior	Bungay Black Dog RC	Beccles & Bungay Harriers	12/09/2019
James	Pettit	Senior	Ipswich Jaffa RC	Beccles & Bungay Harriers	23/09/2019
James	Minter	U20	Marshall Milton Keynes AC	Bedford & County AC	21/09/2019
Ellie	Still	Senior	Luton Athletic Club	Bedford & County AC	06/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Elizabeth	Rawding	Senior	Long Eaton Running Club	Beeston AC	25/09/2019
Nina	Vadgama	Senior	Notts Women Runners	Beeston AC	11/09/2019
Matthew	Edgar	Senior	Clapham Chasers	Belgrave Harriers	06/09/2019
Jenny	Gois	Senior	Serpentine RC	Belgrave Harriers	18/09/2019
Conall	McNally	Senior	Redhill Road Runners	Belgrave Harriers	14/09/2019
Craig	Perkins	Senior	Headington RR	Bentham Beagles Running Club	06/09/2019
Peter	Hawney	Senior	Cambridge Harriers	Bexley AC	22/09/2019
Rosa	Prideaux	Senior	Chelmsford AC	Billericay Striders	06/09/2019
Cynthia	Agbor	U20	Wolverhampton & Bilston	Birchfield Harriers	09/09/2019
josh	mantle	U15	Kidderminster and Stourport	Birchfield Harriers	10/09/2019
Safar	Sharifi	U17	Birmingham Running Athletics & Triathlon Club (BRAT)	Birchfield Harriers	21/09/2019
Barry	McDonnell	Senior	Lonely Goat RC	Birkenhead AC	21/09/2019
Patch	Kite	Senior	Barnt Green Chuggers	Birmingham Running Athletics & Triathlon Club (BRAT)	23/09/2019
Sam	Spencer	Senior	Stilton Striders	Birstall RC	18/09/2019
Sarah	Wherry	Senior	Malvern Joggers	Black Pear Joggers	21/09/2019
Calvin	Ferguson	Senior	Calder Valley Fell Runners	Blackburn Harriers & AC	05/09/2019
Mark	Cage	Senior	City of York AC	Blackheath & Bromley Harriers AC	03/09/2019
Darcey	Kuypers	Senior	Medway and Maidstone AC	Blackheath & Bromley Harriers AC	28/09/2019
Jonathon	Sanderson	Senior	Wesham Road Runners & AC	Blackpool Wyre & Fylde AC	20/09/2019
Nic	Crofts	Senior	Ashington Hirst Running Club	Blyth Running Club	17/09/2019
Lee	Elder	Senior	Ashington Hirst Running Club	Blyth Running Club	26/09/2019
Robert	Morris	Senior	Ashington Hirst Running Club	Blyth Running Club	17/09/2019
Jake	Parmley	Senior	Ashington Hirst Running Club	Blyth Running Club	18/09/2019
Paul	Slaughter	Senior	Ashington Hirst Running Club	Blyth Running Club	17/09/2019
Charlie	Polton	U15	East Grinstead & District AC	Bodyworks XTC Tri Store	13/09/2019
James	Polton	U13	East Grinstead & District AC	Bodyworks XTC Tri Store	13/09/2019
Morgan	West	U20	Folkestone RC	Bodyworks XTC Tri Store	13/09/2019
Alfie	Lamb	U13	Seaton Athletic Club	Border Harriers & AC	11/09/2019
Matthew	Naylor	Senior	Sleaford Striders AC	Boston Triathlon Club	22/09/2019
Melanie	Wheeler	Senior	Skegness Triathlon Club	Boston Triathlon Club	22/09/2019
Lisa	Elmore	Senior	New Forest Runners	Bournemouth AC	17/09/2019
Imogen	Peck	Senior	Spa Striders	Bournville Harriers	01/10/2019
Emma	Gregson	Senior	Lonely Goat RC	Bramley Breezers	15/09/2019
Barbara	Hackworthy	Senior	Egdon Heath Harriers	Bridport Runners	05/09/2019
Rebekah	Whitfield	U15	Brighton Phoenix	Brighton & Hove AC	18/09/2019
Alastair	Rhodes Doyle	U13	Brighton Triathlon Club	Brighton Phoenix	12/09/2019
Danielle	Suttle	Senior	Emersons Green Running Club	Bristol and West AC	01/10/2019
Lucy	Wallace	Senior	Bitton Road Runners	Bristol and West AC	10/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Luke	Guy	Senior	Norwich Road Runners	Bure Valley Harriers	28/09/2019
Matthew	Hitchin	Senior	Brandon Fern Hoppers	Bure Valley Harriers	06/09/2019
Faris	WEBB	U15	Crawley AC	Burton AC	03/09/2019
Jamal	WEBB	U15	Crawley AC	Burton AC	25/09/2019
Katie	Oakley	Senior	Bolton United Harriers & AC	Bury Athletic Club	12/09/2019
Cass	Chisholm	Senior	Dark Peak Fell Runners	Calder Valley Fell Runners	11/09/2019
Louisa	Gostling	Senior	Horsforth Harriers	Calne SMaRTT	19/09/2019
Nicola	Carniato	Senior	Highgate Harriers	Cambridge & Coleridge AC	09/09/2019
India	Nicholls	U15	Braintree & District AC	Cambridge & Coleridge AC	30/09/2019
Marc	Scott	Senior	Richmond & Zetland Harriers	Cambridge & Coleridge AC	22/09/2019
Ashley	Agbonaye	U15	Victoria Park Harriers and Tower Hamlets AC	Cambridge Harriers	17/09/2019
Martha	Shenton	U11	Stafford Harriers	Cannock & Stafford AC	21/09/2019
Louise	Tomkinson-Hill	Senior	Stafford Triathlon Club	Cannock & Stafford AC	24/09/2019
Marion	Eldon	Senior	Reading Joggers	Carn Runners	27/09/2019
Terence	Spooner	Senior	Benfleet RC	Castle Point Joggers	30/09/2019
Katarina	Summers	Senior	Swanley & District AC	Central Park Athletics	15/09/2019
Hazel	Jeffery	U13	Derby Athletic Club	Charnwood A C	25/09/2019
Kevin	Taylor	Senior	Lonely Goat RC	Chase Harriers	01/10/2019
Lois	Hartshorne	Senior	Belper Harriers	Cheadle RC	17/09/2019
Lily	Smith	U13	Orion Harriers	Chelmsford AC	01/09/2019
Ciara	Thornley	U15	Tynedale Harriers & AC	Cheltenham and County Harriers	18/09/2019
Jim	Barrow	Senior	Mersey Tri	Chester Triathlon Club	25/09/2019
Nathaniel	Latham	U15	Horwich R M I Harriers	Chorley Athletic and Triathlon Club	17/09/2019
Clare	Cummings	Senior	Dulwich Runners AC	Chorlton Runners	21/09/2019
Richard Adrian	Leeming	Senior	Manchester Triathlon Club	Chorlton Runners	28/09/2019
Paul	Shelley	Senior	Stone Master Marathoners	Chorlton Runners	26/09/2019
Sue	Whittles	Senior	Running Somewhere Else	Cirencester AC	08/09/2019
Maisie	Buckley	Senior	New Marske Harriers Club	City of Birmingham Striders	03/09/2019
Eleanor	Hoyle	U20	Reading AC	City Of Norwich AC	03/09/2019
David	Roy	Senior	Wymondham AC	City Of Norwich AC	30/09/2019
Toby	Sargeant	U13	Norwich Road Runners	City Of Norwich AC	05/09/2019
Olivia	Travers	U17	Erme Valley Harriers	City Of Plymouth AC	03/09/2019
Tom	Crofts	Senior	Chippenham Harriers	City Of Salisbury AC & RC	23/09/2019
Rebecca	Harrison	Senior	Cheadle RC	City of Stoke AC	22/09/2019
Nathan	Walker	U15	Newcastle (Staffs) Tri Club	City of Stoke AC	24/09/2019
Isobel	Nicholls	U15	Scarborough Athletic Club	City of York AC	03/09/2019
Amelie	Taylor	U15	Cookham Running Club	City of York AC	20/09/2019
Caitlin	Bradley	Senior	Banbury Harriers AC	Clapham Chasers	01/10/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Sam	Edwards	Senior	Chorlton Runners	Clapham Chasers	27/09/2019
Chris	Hardy	Senior	Synergy Running Club	Clapham Chasers	26/09/2019
Emma	Headley	Senior	Hercules Wimbledon AC	Clapham Chasers	28/09/2019
Michael	Naughton	Senior	Ealing Eagles Running Club	Clapham Chasers	07/09/2019
Gary Stephen	Caldwell	Senior	Ashington Hirst Running Club	Claremont Road Runners	30/09/2019
Jack	Villiers	U17	Barlick Fell Runners	Clayton-le-Moors Harriers	06/09/2019
Chris	Adams	Senior	North Derbyshire RC	Clowne Road Runners Club	24/09/2019
Phil	Morris	Senior	Handsworth Roadhogs	Clowne Road Runners Club	10/09/2019
Linda	Brewis	Senior	Jarrow & Hebburn AC	Coalfields Tri	05/09/2019
Chris	Shaw	Senior	Washington Running Club	Coalfields Tri	06/09/2019
Craig	Wrightson	Senior	Sun City Tri	Coalfields Tri	12/09/2019
Matthew	Cole	U17	Ipswich Harriers	Colchester & Tendring AC	02/09/2019
Adam	Brooks	Senior	Harborough AC	Corby AC	05/09/2019
Karen	Brooks	Senior	Harborough AC	Corby AC	06/09/2019
Rick	Brown	Senior	Harborough AC	Corby AC	08/09/2019
Dee	Searle	Senior	Mounts Bay Harriers	Cornwall AC	23/09/2019
Isobel	Wykes	Senior	Truro Running Club	Cornwall AC	26/09/2019
Scott	Gunning	Senior	Swindon Harriers	Coventry Godiva Harriers	27/09/2019
Jed	Defriend	U15	East Grinstead & District AC	Crawley AC	20/09/2019
Katie	Mackison	U17	Reigate Priory AC	Crawley AC	19/09/2019
Imogen	Storey	Senior	Evenwood Road Runners	Crook & Dist Sports AC	27/09/2019
Janet	Sharples	Senior	Tunbridge Wells Harriers	Crowborough Runners	11/09/2019
Ben	Wrigley	U13	Copeland AC	Cumberland Fell Runners	03/09/2019
Lierre	Henry	U15	Shaftesbury Barnet Harriers	Dacorum & Tring AC	05/09/2019
Rebecca	Parry-Jones	U15	Harrow AC	Dacorum & Tring AC	21/09/2019
Andrew	Holt	Senior	Harborough AC	Dark Peak Fell Runners	10/09/2019
Steven	Graydon	Senior	Evenwood Road Runners	Darlington H & AC	27/09/2019
Georgette	Reid	Senior	Durham City Harriers & AC	Darlington H & AC	25/09/2019
Ellie	White	Senior	Saltwell Harriers	Darlington H & AC	26/09/2019
Steven	Brown	Senior	KPAC	Dartford Harriers AC	28/09/2019
Amelie	Cirillo	U15	Bexley AC	Dartford Harriers AC	06/09/2019
Beatrice	Cirillo	U15	Bexley AC	Dartford Harriers AC	06/09/2019
Abbe	Clarke	U15	Medway and Maidstone AC	Dartford Harriers AC	19/09/2019
Michael	Collins	Senior	Bungay Black Dog RC	Dartford Road Runners	13/09/2019
Chloe	Scotchbrook	Senior	Leicester Coritanian AC	Datchet Dashers	13/09/2019
Alex	Smith	U17	Daventry AAC	Daventry Road Runners	05/09/2019
Hayden	Thornton	U15	Longwood Harriers AC	Denby Dale Athletics Club	20/09/2019
Victoria	Borrmann	Senior	West Norfolk AC	Dereham Runners & AC	27/09/2019
Charlotte	Kenny	Senior	Holme Pierrepont RC	Derwent Runners (Derby)	10/09/2019



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Lucy	Pither	U15	Derwentside AC	Derwent Valley Trail Runners	11/09/2019
Maya	Smith	U13	Phoenix Flyers AC	Derwentside AC	01/10/2019
Michael	Brown	Senior	Harborough AC	Desborough & Rothwell Running Club	27/09/2019
Richard	Varley	Senior	Pudsey Pacers RC	Dewsbury Road Runners	11/09/2019
David	Williamson	Senior	Swinton Running Club	Dragons Running Club (Sale)	26/09/2019
Katy	Garnham-Lee	Senior	Leighton Fun Runners	Droitwich AC	28/09/2019
Justine	Hammond	Senior	The Yellow Army	Dudley Kingswinford RC	21/09/2019
Vanessa	Harris	Senior	The Yellow Army	Dudley Kingswinford RC	23/09/2019
Holly	O'Meara	Senior	Birchfield Harriers	Dudley Kingswinford RC	09/09/2019
Jay	Horner	U11	Evenwood Road Runners	Durham City Harriers & AC	06/09/2019
Paul	Dodounou	Senior	London City Athletics Club	Ealing Eagles Running Club	21/09/2019
Chelsea	McGuigan	Senior	Ealing Southall & Middlesex AC	Ealing Eagles Running Club	10/09/2019
Sharon	Metson	Senior	Leigh on Sea Striders	East Essex Triathlon Club	11/09/2019
Melody	Nairn	Senior	Harlow RC	East London Runners	26/09/2019
Elodie	Paviot	Senior	Ashford & District RRC	Eastleigh RC	10/09/2019
Alex	Roberts	Senior	Cumberland AC	Ellenborough AC	09/09/2019
Isla	Cardno	U15	Blaydon Harriers & AC	Elswick Harriers	26/09/2019
Grace	lyinbor	U17	Harlow AC	Enfield and Haringey A C	07/09/2019
Monika	lyinbor	Senior	Harlow AC	Enfield and Haringey A C	07/09/2019
Stacey	Fraser	Senior	Epsom & Ewell Harriers	Epsom Allsorts	27/09/2019
Rickman	Betts	Senior	Middlesbrough Athletic Club (Mandale)	Erimus AC	30/09/2019
Rosie	Sibley	Senior	Lewes AC	Eton Manor AC	29/09/2019
MARTIN	SMITH	Senior	North Norfolk Beach Runners	Eton Manor AC	07/09/2019
Stephen	Williams	Senior	Witney Road Runners	Eynsham Road Runners	14/09/2019
Ruth	Barnes	Senior	Avon Valley Runners	Falmouth RRC	25/09/2019
Gillian	Iffland	Senior	Saint Edmund Pacers	Farnham Runners	19/09/2019
Mick	Barker	Senior	Dragons Running Club (Leeds)	Farsley Flyers	03/09/2019
James	Thackray	Senior	Bracknell Forest Runners	Finch Coasters	05/09/2019
Richard	Appleton	Senior	UKRunChat Running Club	Fordy Runs	01/10/2019
Laura	Head	Senior	Waveney Valley AC	Fordy Runs	18/09/2019
Paul	Ohren-Bird	Senior	Kettering Town Harriers	Fordy Runs	23/09/2019
Rachel	Phillips	Senior	Liverpool Running Club	Fordy Runs	19/09/2019
Kate	Sutton	Senior	Hook Norton Harriers	Fordy Runs	28/09/2019
Robin	Whitehead	Senior	Fernwood Running Club	Fordy Runs	15/09/2019
Tom	Wilson	Senior	St Neots Riverside Runners	Fordy Runs	05/09/2019
David	Fordham	Senior	Saxmundham Sports Running & Fitness Club	Framlingham Flyers	25/09/2019
Peter	Flynn	Senior	Wye Valley Runners	Fulham Running Club	07/09/2019
Hannah	Ridout	Senior	Littledown Harriers	Fulham Running Club	16/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Sue	Cockeram	Senior	Black Pear Joggers	FWF Run	01/09/2019
Emily	Wilkinson	Senior	Worcester AC	FWF Run	03/09/2019
Elizabeth	Andrews	Senior	Clapham Runners	Gade Valley Harriers	11/09/2019
Amy	Colling	U17	Durham City Harriers & AC	Gateshead Harriers & AC	13/09/2019
Ellie	Harris	U17	Durham City Harriers & AC	Gateshead Harriers & AC	20/09/2019
Charlotte	Richardson	U17	Durham City Harriers & AC	Gateshead Harriers & AC	13/09/2019
Frank	Fielding	Senior	Pennine Fell Runners	Glossopdale Harriers	21/09/2019
Nicola	Pennington	Senior	Vegan Runners UK	Glossopdale Harriers	05/09/2019
Oliver	Pearson	U15	Lincoln Wellington Athletic Club	Goole Youth AC	07/09/2019
Kyle	Treherne	Senior	Walton AC	Gosforth Harriers & AC	20/09/2019
William	Bentley	U17	Tri3 Sleaford Triathlon Club	Grantham AC	05/09/2019
Jonathan	Palmer	Senior	Bourne Town Harriers	Grantham Running Club	17/09/2019
Luca	Treadwell	U17	Cambridge Harriers	Greenwich Tritons Triathlon Club	25/09/2019
Theo	Treadwell	U15	Cambridge Harriers	Greenwich Tritons Triathlon Club	25/09/2019
Andrew	Gill	Senior	Bedford & County AC	Guildford & Godalming AC	06/09/2019
Michael	Husarz	Senior	Polegate Plodders	Hailsham Harriers	23/09/2019
Maria	Smith	Senior	Hastings Runners	Hailsham Harriers	19/09/2019
Mick	Brown	Senior	Dagenham 88 Runners	Harold Wood Running Club	07/09/2019
Claire	Taplin	Senior	Brentwood Running Club	Harold Wood Running Club	05/09/2019
Joanne	Pagan	Senior	Windle Valley Runners	Hart Road Runners	30/09/2019
Tania	Corrigan	Senior	Belgrave Harriers	Haslemere Border AC	28/09/2019
Grace	Baker	Senior	Aldershot Farnham & District	Hastings AC	27/09/2019
Harry	Griffin	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Hatch Warren Runners	22/09/2019
Ned	Gemmill	Senior	Saint Edmund Pacers	Haverhill Running Club	03/09/2019
Anna	O'Hare	Senior	London Heathside	Haverhill Running Club	25/09/2019
Lisa	Cavanagh	Senior	Petts Wood Runners	Hawkinge Hurricanes Running Club	10/09/2019
Pete	Francis	Senior	Horsham Joggers	Haywards Heath Harriers	12/09/2019
Amanda	Richardson	Senior	Blaydon Harriers & AC	Heaton Harriers & AC	01/09/2019
Tommy	Ashby	Senior	Belgrave Harriers	Hercules Wimbledon AC	28/09/2019
John	Bull	Senior	Thames Hare & Hounds	Hercules Wimbledon AC	29/09/2019
Helen	Davies	Senior	The Stragglers Running Club	Hercules Wimbledon AC	23/09/2019
Malcolm	Davies	Senior	The Stragglers Running Club	Hercules Wimbledon AC	23/09/2019
Kashane	Gayle	Senior	St Mary's Richmond AC	Hercules Wimbledon AC	05/09/2019
William	Woodcock	Senior	Victoria Park Harriers and Tower Hamlets AC	Hercules Wimbledon AC	10/09/2019
Natasha	Perkins	Senior	Ivanhoe Runners	Hermitage Harriers	05/09/2019
Craig	Barney	Senior	Serpentine RC	Herne Hill Harriers	24/09/2019
Fabio	Maroni	Senior	Clapham Chasers	Herne Hill Harriers	14/09/2019
Ross	Dunsmore	Senior	Cambridge & Coleridge AC	Highgate Harriers	24/09/2019

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Rachael	Hall	Senior	Vegan Runners UK	Hinckley Running Club	02/09/2019
Patrick	Le Grice	Senior	Desford Striders	Hinckley Running Club	05/09/2019
Steven	Thoday	Senior	Cambridge & Coleridge AC	Histon & Impington Runners	19/09/2019
Chris	Kilburn	Senior	Absolute Tri	Holme Pierrepont RC	01/09/2019
Andrew	Reynolds	Senior	Caistor Running Club	Holme Pierrepont RC	27/09/2019
William	Cunningham	Senior	Ripon Runners	Holmfirth Harriers AC	19/09/2019
Laura	Fraser	Senior	Southern Counties Veterans AC	Horley Harriers Running Club	01/10/2019
Louise	Parish	Senior	Lonely Goat RC	Hornsea Harriers	23/09/2019
Hannah	Wood	Senior	Eccleshill Road Runners	Horsforth Harriers	28/09/2019
Helen	Brown	Senior	Sunderland Strollers	Houghton Harriers & AC	15/09/2019
Joanne	Townsend	Senior	West Hull Ladies	Hull Springhead Harriers	06/09/2019
Joseph	Reindel	U15	Nene Valley Harriers	Huntingdonshire AC	08/09/2019
Simon	Oliver	Senior	North Devon RRC	Ilfracombe Running Club	09/09/2019
Dylan	Fothergill	U17	Felixstowe RRC	Ipswich Harriers	28/09/2019
Rob	Burnett	Senior	Southampton Athletic Club	Itchen Spitfires Running Club	27/09/2019
Bertie	Harrington	Senior	Blackheath & Bromley Harriers AC	Jesmond Joggers	20/09/2019
Katie	Potter	Senior	Tiptree Road Runners	Jogging Made Easy	18/09/2019
Elizabeth	Crosland	Senior	Northern Masters AC	Keighley & Craven AC	01/10/2019
Nyla	Errington	U11	Skyrac Athletic Club	Keighley & Craven AC	05/09/2019
SOPHIA	ERRINGTON	U13	Skyrac Athletic Club	Keighley & Craven AC	05/09/2019
Lilian	Lewis	U17	Helm Hill Runners	Kendal Amateur Athletic Club	26/09/2019
Leo	Ranner	U13	Helm Hill Runners	Kendal Amateur Athletic Club	07/09/2019
David	Wilkinson	Senior	Borrowdale Fell Runners	Kendal Amateur Athletic Club	21/09/2019
Matthew	Maginn	U20	Croydon Harriers	Kent AC	26/09/2019
Clare	Beesley	Senior	Kings Heath RC - The Lions	Kidlington Running Club	19/09/2019
Connor	Foley	U15	Hercules Wimbledon AC	Kingston AC And Poly Harriers	03/09/2019
Sally	Parry	Senior	Epsom & Ewell Harriers	Kingston AC And Poly Harriers	05/09/2019
Archie	Yeo	U17	Scunthorpe & District AC	Kingston upon Hull AC	03/09/2019
Freddie	Yeo	U11	Scunthorpe & District AC	Kingston upon Hull AC	03/09/2019
Simon	Ellis	Senior	Kirkby Milers AC	Knowsley Harriers	14/09/2019
John	Crosse	Senior	Lancaster University Running & Athletics Club	Lancaster & Morecambe AC	14/09/2019
Chris	Kempster	Senior	Helm Hill Runners	Lancaster & Morecambe AC	14/09/2019
Iteoluwa	Odipe	U13	Bolton United Harriers & AC	Lancaster & Morecambe AC	29/09/2019
Thomas	Standing	Senior	Truro Running Club	Launceston Road Runners	13/09/2019
Kimberley	Burton	U13	Coventry Godiva Harriers	Leamington Cycling and Athletic Club	03/09/2019
Rebecca	Marlow	U17	Coventry Godiva Harriers	Leamington Cycling and Athletic Club	25/09/2019
ROBERT	MARLOW	U15	Coventry Godiva Harriers	Leamington Cycling and Athletic Club	25/09/2019
Lee	Varnham	Senior	West End Runners	Leicester Triathlon Club	01/10/2019

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Katie	Ferguson	Senior	Clapham Chasers	Leighton Buzzard Triathlon Club	09/09/2019
Francesca	Ryde	Senior	University of Birmingham AC and Cross Country Club	Leighton Buzzard Triathlon Club	29/09/2019
Doubec	Levick	Senior	Lincoln & District Runners	Leighton Fun Runners	29/09/2019
Adam	Dray	U17	Haywards Heath Harriers	Lewes AC	12/09/2019
Ben	Savill	Senior	Croydon Harriers	Lewes AC	05/09/2019
Jane	Dennett	Senior	Gainsborough & Morton Striders	Lincoln Wellington Athletic Club	16/09/2019
Steve	Hollinworth	Senior	Gainsborough & Morton Striders	Lincoln Wellington Athletic Club	16/09/2019
Thomas	Welch	Senior	University of Lincoln Athletics & Cross Country Club	Lincoln Wellington Athletic Club	23/09/2019
Thomas	Henderson	U11	Southport Waterloo AC	Liverpool Pembroke & Sefton H AC	13/09/2019
Michael	Kennedy	Senior	Serpentine RC	London Heathside	25/09/2019
Mark	Allum	Senior	Vegan Runners UK	Lonely Goat RC	30/09/2019
Faye	Bell	Senior	Elvet Striders	Lonely Goat RC	11/09/2019
Hanna	Blackledge	Senior	UKnetrunner.co.UK	Lonely Goat RC	08/09/2019
Martin	Brown	Senior	North Derbyshire RC	Lonely Goat RC	20/09/2019
John	Cannon	Senior	North Derbyshire RC	Lonely Goat RC	30/09/2019
Martin	Carpenter	Senior	North Derbyshire RC	Lonely Goat RC	30/09/2019
Tony	Cota	Senior	Ashington Hirst Running Club	Lonely Goat RC	24/09/2019
Wendy	Cotterill	Senior	North Derbyshire RC	Lonely Goat RC	21/09/2019
Geoff	Dick	Senior	Ashington Hirst Running Club	Lonely Goat RC	20/09/2019
Helen	Doolan	Senior	Quantock Harriers	Lonely Goat RC	29/09/2019
Lucy	Ehrlich	Senior	Clanfield Joggers	Lonely Goat RC	26/09/2019
Mark	Forster	Senior	Billingham Marsh Hse H & AC	Lonely Goat RC	24/09/2019
Simon	Giles	Senior	Rebel Runners Medway	Lonely Goat RC	03/09/2019
Claire	Hayes	Senior	Ashington Hirst Running Club	Lonely Goat RC	25/09/2019
Stuart	Haynes	Senior	Weston Athletic Club	Lonely Goat RC	26/09/2019
Gavin	Holmes	Senior	North Derbyshire RC	Lonely Goat RC	24/09/2019
Ryan	Houghton	Senior	Tickhill Running & Athletic Club	Lonely Goat RC	14/09/2019
Matt	Joinson	Senior	Fylde Coast Runners	Lonely Goat RC	01/09/2019
Martin	Kennett	Senior	Hailsham Harriers	Lonely Goat RC	26/09/2019
Stephen	Kimberley	Senior	North Derbyshire RC	Lonely Goat RC	08/09/2019
Kevin	Knight	Senior	Lordshill Road Runners	Lonely Goat RC	01/10/2019
Kindness	Kwashira	Senior	Crawley Saints & Sinners Running Club	Lonely Goat RC	07/09/2019
John	Leeder	Senior	Fetch Everyone	Lonely Goat RC	17/09/2019
David	Nicholls	Senior	Queensbury Running Club	Lonely Goat RC	15/09/2019
Sarah	Nutter	Senior	Cheadle RC	Lonely Goat RC	09/09/2019
Julie	Peacock	Senior	Benfleet RC	Lonely Goat RC	21/09/2019
Kate	Perrett	Senior	Royal Manor Of Portland AC	Lonely Goat RC	25/09/2019
Jason	Pickin	Senior	Lawley Running Club	Lonely Goat RC	19/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Mike	Pine	Senior	North Herts Road Runners	Lonely Goat RC	22/09/2019
Andrew	Ranson	Senior	Tamar Trotters	Lonely Goat RC	21/09/2019
Glyn	Rowley	Senior	Sneyd Striders	Lonely Goat RC	02/09/2019
John	Sanderson	Senior	North Derbyshire RC	Lonely Goat RC	07/09/2019
Neil	Sheppard	Senior	Daventry Road Runners	Lonely Goat RC	01/10/2019
Robert	Spencer	Senior	Stubbington Green Runners	Lonely Goat RC	05/09/2019
Tom	Sullivan	Senior	Northampton Road Runners	Lonely Goat RC	10/09/2019
James	Taylor	Senior	Westbourne R C	Lonely Goat RC	07/09/2019
Nick	Teige	Senior	Ivanhoe Runners	Lonely Goat RC	18/09/2019
Gary	Thornton-Allen	Senior	Pensby Runners	Lonely Goat RC	21/09/2019
Helen	Tibby	Senior	Badgers	Lonely Goat RC	30/09/2019
Susannah	Ulyatt	Senior	Sittingbourne Striders	Lonely Goat RC	07/09/2019
Jason Paul	Williamson	Senior	Derwentside AC	Lonely Goat RC	25/09/2019
James	Fisher	Senior	Bushfield Joggers	Long Eaton Running Club	30/09/2019
Trevor	Hillier	Senior	Itchen Spitfires Running Club	Lordshill Road Runners	01/09/2019
Hayley	Loader	Senior	Eastleigh RC	Lordshill Road Runners	30/09/2019
Jason	Stainton	Senior	Skegness & District Running Club	Louth AC	28/09/2019
Ben	Abbott	Senior	Morpeth Harriers & AC	Low Fell RC	13/09/2019
Samanta	Bendaraviciute	U20	Woodford Green AC with Essex Ladies	Luton Athletic Club	20/09/2019
Georgie	Roberts	Senior	Poole Runners	Lytchett Manor Striders	10/09/2019
Jack	Everett	U13	Handforth, Wilmslow Alderley	Macclesfield Harriers & AC	01/09/2019
katie	farmer	Senior	Malvern Joggers	Malvern Buzzards Running Club	13/09/2019
Penny	Griffiths	Senior	Malvern Joggers	Malvern Buzzards Running Club	15/09/2019
Jonathan	Jones	Senior	City of Birmingham Striders	Manchester Frontrunners	20/09/2019
James	Willard	Senior	Chorlton Runners	Manchester Triathlon Club	19/09/2019
Рорру	Blackett	Senior	Abbey Runners	Manchester YMCA Harriers	08/09/2019
Rebecca	Whalley	Senior	University of Manchester Ath & XC Club	Manchester YMCA Harriers	09/09/2019
Ben	Burnham	U20	Sutton in Ashfield Harriers & AC	Mansfield Harriers	03/09/2019
Daniel	Ward	Senior	Newark Striders Running Club	Mansfield Harriers	03/09/2019
Stephen	Minshull	Senior	Stoke F.I.T	Market Drayton RC	20/09/2019
Hannah	Hare	Senior	Slinn Allstars	Marlborough Running Club	03/09/2019
Darren	Pyefinch	Senior	Long Eaton Running Club	Marshall Milton Keynes AC	24/09/2019
Thomas	Fojut	Senior	Holme Pierrepont RC	Massey Ferguson RC	16/09/2019
Iwan	Jones	Senior	Coventry Godiva Harriers	Massey Ferguson RC	01/09/2019
Denney	Lau	Senior	North Derbyshire RC	Matlock Athletic Club	28/09/2019
Steven	Stratford	Senior	Rebel Runners Medway	Medway and Maidstone AC	22/09/2019
Hayley	Beardsley	Senior	Derwent Runners (Derby)	Mickleover Running Club	12/09/2019
Jason	Cunningham	Senior	Swinton Running Club	Middleton Harriers AC	30/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Gemma	Berrill	Senior	Vegan Runners UK	MK Lakeside Runners	30/09/2019
Sue	Flynn	Senior	Redway Runners	MK Lakeside Runners	18/09/2019
Chris	Ogilvie	Senior	Olney Runners AC	MK Lakeside Runners	20/09/2019
Louise	Ashley-Collins	Senior	Dorking & Mole Valley AC	Mole Valley Runners	28/09/2019
Jackie	Shettle	Senior	Dorking & Mole Valley AC	Mole Valley Runners	01/09/2019
Cameron Ross	Boyek	Senior	Shildon Running & AC	Morpeth Harriers & AC	16/09/2019
Mark	Oliver	Senior	Oldham & Royton H & AC	Mossley AFC Running Club	06/09/2019
Samantha	Hylton	Senior	Bournemouth Joggers	New Forest Runners	13/09/2019
Hannah	Storm	Senior	Lymington Triathlon Club	New Forest Runners	18/09/2019
Gemma	Harcombe-Moore	Senior	Hartlepool Burn Road Harriers	New Marske Harriers Club	19/08/2019
Adrian	Dix	Senior	Notfast RC	Newark AC	02/09/2019
James	Talbot	Senior	Notfast RC	Newark AC	02/09/2019
Janson	Heath	Senior	Ambleside AC	Newcastle (Staffs) Tri Club	25/09/2019
Matthew	Parks	Senior	Run Peterlee	Newcastle Frontrunners	11/09/2019
David	Rushton	Senior	Elvet Striders	Newcastle Frontrunners	08/09/2019
Daniel	Walker	Senior	Stoke F.I.T	Newcastle Staffs AC	25/09/2019
Nicole	Smith	Senior	Halstead RRC	Newmarket Joggers	30/09/2019
EVIE	CONWAY	U20	Skyrac Athletic Club	North Leeds Fell Runners	27/09/2019
Cameron	Fletcher	U15	Heaton Harriers & AC	North Shields Polytechnic Club	03/09/2019
Casey	Stubbs	U15	Wallsend Harriers & AC	North Shields Polytechnic Club	11/09/2019
Demi	Yip	Senior	Avon Valley Runners	North York Moors AC	29/09/2019
Gareth	Davies	Senior	Rugby & Northampton AC	Northampton AC	16/09/2019
Mark	Haynes	Senior	Leighton Buzzard Athletic Club	Northampton AC	11/09/2019
Robin	Aston	Senior	Lonely Goat RC	Northbrook Athletic Club	06/09/2019
Megan	MILLER	Senior	Sphinx AC	Northbrook Athletic Club	02/09/2019
Emma	Vardy	Senior	Badgers	Northbrook Athletic Club	11/09/2019
John	Minton	Senior	Red Rose Road Runners	Northern Masters AC	21/09/2019
Mark	Johns	Senior	Lonely Goat RC	Norwich Road Runners	29/09/2019
Richard	Mead	Senior	Grange Farm & Dunmow Runners	Norwich Road Runners	01/09/2019
Richard	Oliver	Senior	Abbey Runners	Norwich Road Runners	05/09/2019
Alistair	Robinson	Senior	Norfolk Gazelles AC	Norwich Road Runners	01/09/2019
Sarah	Whitelock	Senior	Itchen Spitfires Running Club	Norwich Road Runners	24/09/2019
Simon	Drury	Senior	Newark Striders Running Club	Notfast RC	12/09/2019
Hannah	Moat	U20	Scunthorpe & District AC	Notts AC	18/09/2019
Zoe	Bainbridge	Senior	Scunthorpe & District AC	Off that couch fitness	26/09/2019
Shawnie	Lovatt	Senior	Scunthorpe & District AC	Off that couch fitness	25/09/2019
Robert	Marshall	Senior	Scunthorpe & District AC	Off that couch fitness	25/09/2019
Andrew	Weaver	Senior	Scunthorpe & District AC	Off that couch fitness	27/09/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Matthew	Cook	Senior	Petts Wood Runners	Orpington Road Runners	07/09/2019
Amy	Nash	Senior	Swanley & District AC	Orpington Road Runners	25/09/2019
Emma	Lamont	U17	Great Milton Athletics Club	Oxford City AC	27/09/2019
Helen	Gray	Senior	St Austell Running Club	PB Running Club	12/09/2019
stephen	jarvis	Senior	Newquay & Par AC	PB Running Club	29/09/2019
Tracey	Milward	Senior	Northern Masters AC	Pendle Athletic Club	05/09/2019
Rebecca	Bancroft	Senior	Liverpool Running Bugs	Penny Lane Striders	21/09/2019
Chris	Redmond	Senior	UTS Running Club	Pensby Runners	28/09/2019
Tracey	Todd	Senior	Orpington Road Runners	Petts Wood Runners	21/09/2019
Timothy	Crampton	U13	Durham City Harriers & AC	Phoenix Flyers AC	19/09/2019
Andrew	Morris	Senior	Phoenix Striders	Pitsea RC	26/09/2019
Emma	Dooney	Senior	Tavistock Run Project	Plymouth Harriers	25/09/2019
Rebecca	Johnson	Senior	Plymouth Coasters	Plymouth Musketeers Running Club	17/09/2019
Joel	Tepace	Senior	Gosforth Harriers & AC	Ponteland Runners	12/09/2019
Tristan	Green	U15	Wimborne AC	Poole AC	13/09/2019
Lisa	Ferguson	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Poplar Running Club	05/09/2019
Lucy	Poole	U15	Chorley Athletic and Triathlon Club	Preston Harriers	23/09/2019
Imogen	Gough	Senior	Manchester Triathlon Club	Prestwich AC	19/09/2019
Karen	Storey	Senior	Stocksfield Striders	Prudhoe Plodders Running Club	06/09/2019
Hannah	Plaschkes	Senior	Milton Keynes Distance Project	Quakers Running Club	30/09/2019
Natalia	Watson	Senior	Darlington H & AC	Quakers Running Club	03/09/2019
William	Caunce	Senior	Dulwich Runners AC	Queen's Park Harriers	16/09/2019
Helen	Shires	Senior	Windle Valley Runners	Ranelagh Harriers	05/09/2019
Peter	Smale	Senior	Southend On Sea AC	Ravens City of London Running Club	14/09/2019
Denise	James	Senior	Storm Plymouth	RBR Club	02/09/2019
Sharon	Knight	Senior	Swaledale Runners	RBR Club	03/09/2019
Christian	Prior	Senior	Sale Harriers Manchester	Reading AC	19/09/2019
Steven	Richardson	Senior	Blyth Running Club	Red Kite Runners	25/09/2019
Daniel	Horner	U20	Leighton Buzzard Athletic Club	Redway Runners	09/09/2019
Stephen	Standley	Senior	UKRunChat Running Club	Redway Runners	23/09/2019
Kate	Knight	Senior	Collingwood AC	Reigate Priory AC	22/09/2019
Helen	Buchan	Senior	Calder Valley Fell Runners	Ribble Valley Harriers	14/09/2019
Javed	Bhatti	Senior	Hart Road Runners	Ripon Runners	18/09/2019
Sean	Kelly	Senior	Scarborough Athletic Club	Road Runners Club	10/09/2019
Benjamin	Langham	Senior	Scarborough Athletic Club	Road Runners Club	11/09/2019
Philip	Markham	Senior	Scarborough Athletic Club	Road Runners Club	26/09/2019
Nathanael	Warwick	Senior	Scarborough Athletic Club	Road Runners Club	10/09/2019
Hazel	Beasley	Senior	Vegan Runners UK	Roadhoggs Leicester AC	16/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Claire	Telford	Senior	Dewsbury Road Runners	Rodillian Runners	03/09/2019
Chris	Snell	Senior	Clayton-le-Moors Harriers	Rossendale Harriers & AC	20/09/2019
Rick	Solman	Senior	Bury Athletic Club	Rossendale Harriers & AC	01/10/2019
Heather	Berry	U13	Sheffield Triathlon Club	Rotherham Harriers and AC	03/09/2019
Calli	Thackery	Senior	Hallamshire Harriers Sheffield	Rotherham Harriers and AC	06/09/2019
Wayne	Butler	Senior	St Theresa's A.C.	Roundhay Runners	05/09/2019
James	Thomas	Senior	Highgate Harriers	Royal Navy Athletics Club	09/09/2019
Andy	Butler	Senior	Lonely Goat RC	Royton Road Runners	29/09/2019
Alice	Burke	Senior	Wadhurst Runners	Rugby & Northampton AC	21/09/2019
Bronwyn	Johnson	Senior	Victoria Park Harriers and Tower Hamlets AC	Run Namaste Eat	30/09/2019
Tom	Payn	Senior	Run Dem Crew	Run Namaste Eat	05/09/2019
George	Scaum	U15	Grantham AC	Rushcliffe AC	13/09/2019
Molly	Scaum	U15	Grantham AC	Rushcliffe AC	17/09/2019
Juliette	Chan	Senior	Ranelagh Harriers	Ryde Harriers	09/09/2019
Alex	Smith	Senior	Haverhill Running Club	Saffron Striders RC	24/09/2019
Lucy	Dixon	U15	Horwich R M I Harriers	Sale Harriers Manchester	21/09/2019
Tom	Gough	Senior	Herts Phoenix AC	Sale Harriers Manchester	21/09/2019
Georgia Elizabeth	Heath	U17	Horwich R M I Harriers	Sale Harriers Manchester	19/09/2019
Isaac	Reed	U11	Stockport Harriers & AC	Sale Harriers Manchester	24/09/2019
Chris	Tait	Senior	Eton Manor AC	Sale Harriers Manchester	06/09/2019
Shaun	Chambers	Senior	Hyde Village Striders	Salford Harriers & AC	01/09/2019
Laura	Coucill	Senior	Hyde Village Striders	Salford Harriers & AC	05/09/2019
Matthew	Latham	Senior	Hyde Village Striders	Salford Harriers & AC	14/09/2019
Callum	Parkinson	Senior	Hyde Village Striders	Salford Harriers & AC	19/09/2019
Isobel	Giblin	Senior	Prestwich AC	Salford Metropolitan AC	08/09/2019
Michael	Robson	Senior	Tyne Bridge Harriers	Saltwell Harriers	15/09/2019
lain	Findlay	Senior	Cove Joggers	Sandhurst Joggers	01/09/2019
Tania	Foad	Senior	Bracknell Forest Runners	Sandhurst Joggers	05/09/2019
Gary	Forster	Senior	Stockton Striders AC	Sedgefield Harriers	05/09/2019
Lee	Bibby	Senior	Manchester Triathlon Club	Selby Striders	14/09/2019
Rachel	Bibby	Senior	Manchester Triathlon Club	Selby Striders	14/09/2019
Noe	Monroig	Senior	Victoria Park Harriers and Tower Hamlets AC	Serpentine RC	19/09/2019
Fabio	Schubert Gelbcke	Senior	Highgate Harriers	Serpentine RC	21/09/2019
Alexander	Paizes	U13	Tonbridge AC	Sevenoaks AC	29/09/2019
Columba	Blango	Senior	Victoria Park Harriers and Tower Hamlets AC	Shaftesbury Barnet Harriers	29/09/2019
Nathan	Goddard	U20	Ipswich Harriers	Shaftesbury Barnet Harriers	02/09/2019
Jami	Schlueter	U17	Yeovil Olympiads AC	Shaftesbury Barnet Harriers	27/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Chris	Caddy	Senior	Stopsley Striders	Shefford Runners	28/09/2019
Kim	Caddy	Senior	Stopsley Striders	Shefford Runners	28/09/2019
Robin	Oakley	Senior	Overton Harriers & AC	Sherfield Park Runners	23/09/2019
Elliot	Davies	Senior	Reading AC	Shrewsbury AC	12/09/2019
Tim	Thom	Senior	Keighley & Craven AC	Skipton AC	07/09/2019
Claire	Durose	Senior	Ripley Running Club	Smalley Road Runners	16/09/2019
Darren	Hayes	Senior	Ilkeston Running Club	Smalley Road Runners	20/09/2019
Lauren	Stapleton	Senior	Lonely Goat RC	Smalley Road Runners	20/09/2019
Eileen	Fitzgerald	Senior	Lonely Goat RC	Solent Running Sisters	10/09/2019
Victoria	Jewitt	Senior	Swaledale Runners	South Devon AC	25/09/2019
Heidi	Dann	Senior	Metropolitan Police AC	South London Harriers	12/09/2019
Matthew	Jiggins	Senior	Epsom & Ewell Harriers	South London Harriers	11/09/2019
Jacob	Taylor	U15	Herne Hill Harriers	South London Harriers	27/09/2019
Vicki	Bone	Senior	Sparkhill Harriers	South Shields Harriers & AC	16/09/2019
Andrew	Quinn	Senior	Tyne Bridge Harriers	South Shields Harriers & AC	13/09/2019
Garry	Oakley	Senior	Windle Valley Runners	South West Road Runners	14/09/2019
Sarah	Godbeer	Senior	North Devon AC	South West Veterans AC	26/09/2019
Paul	Backhouse	Senior	East Essex Triathlon Club	South Woodham RC	05/09/2019
Flynn	Dodkin	U15	New Forest Junior AC	Southampton Athletic Club	23/09/2019
Peter	Hart	Senior	Herne Hill Harriers	Southampton Athletic Club	01/10/2019
Kirsty	Todd	Senior	Vegan Runners UK	Southville Running Club	09/09/2019
Rachel	Beesley	Senior	St Helens Sutton AC	St Helens Striders	06/09/2019
Rachel	Wilcock	Senior	St Helens Sutton AC	St Helens Striders	06/09/2019
Chris	Reid	Senior	St Helens Striders	St Helens Sutton AC	14/09/2019
Amelia	Fleming	U15	Nene Valley Harriers	St Neots Riverside Runners	01/10/2019
Isabella	Fleming	U15	Nene Valley Harriers	St Neots Riverside Runners	02/09/2019
K	S	Senior	Saltwell Harriers	St Neots Riverside Runners	05/09/2019
Kaylea	Haynes	Senior	Glossopdale Harriers	Start2Jog	22/09/2019
Julie	Meredith	Senior	Vegan Runners UK	Steel City Striders RC	23/09/2019
Sofie	Power	Senior	Sheffield Hallam University Athletics Club	Stilton Striders	27/09/2019
Glennis	Richardson	Senior	Hyde Village Striders	Stockport Harriers & AC	26/09/2019
Freya	Dockerty	U15	Manchester Harriers & AC	Stockport Track & Field	05/09/2019
Рорру	Glasby-Seddon	U17	Sale Harriers Manchester	Stockport Track & Field	11/09/2019
Sanna	McLean	U20	Stockport Harriers & AC	Stockport Track & Field	01/10/2019
Ruby	Spencer	U17	Macclesfield Harriers & AC	Stockport Track & Field	24/09/2019
Charlotte	Wilkinson	U15	Stockport Harriers & AC	Stockport Track & Field	01/10/2019
James	Talbot	Senior	Glossopdale Harriers	Stockport Tri Club	24/09/2019
Alex	Waddington	Senior	Bramhall Runners	Stockport Tri Club	27/09/2019

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Tracy	Lovatt	Senior	Trentham RC	Stone Master Marathoners	28/09/2019
Jodie	Gray	Senior	Ranelagh Harriers	Striders Of Croydon	27/09/2019
Andrew	Cooling	Senior	Washington Running Club	Sun City Tri	07/09/2019
Paul	Roddy	Senior	Washington Running Club	Sunderland Harriers & AC	27/09/2019
Adrian	Dee	Senior	Aycliffe Running Club	Sunderland Strollers	01/09/2019
Boe	Minns	U15	Abingdon AC	Swindon Harriers	15/09/2019
Akshay	Kumar	Senior	Clapham Pioneers	Tadworth AC	14/09/2019
Lis	Ford	Senior	Frome Running Club	Taunton AC	20/09/2019
Philip	Devereaux	Senior	Higham Harriers	Team Balancise RC	12/09/2019
Otto	Goldsmith	U15	Avon Valley Runners	Team Bath Athletic Club	07/09/2019
lan	Freel	Senior	Great Yarmouth Road Runners	Team Dunerunner	05/09/2019
Mark	Hunter-Lines	Senior	Dereham Runners & AC	Team Dunerunner	08/09/2019
Steve	Utting	Senior	Norwich Road Runners	Team Dunerunner	05/09/2019
Gary	Brooking	Senior	South Devon AC	Teignbridge Trotters	29/09/2019
Emma	Hanbury-Chatten	Senior	Dursley Running Club	Tetbury Dolphins Running Club	28/09/2019
Chloe	Beckett	Senior	Thames Valley Harriers	Thames Hare & Hounds	08/09/2019
Emma	Elston	Senior	Cambridge University Hare and Hounds Club	Thames Hare & Hounds	14/09/2019
William	Pinder	Senior	Cambridge University AC	Thames Hare & Hounds	03/09/2019
Oscar	Gjesdal	U20	Ealing Southall & Middlesex AC	Thames Valley Harriers	24/09/2019
Alex	Elwick	Senior	Reading Roadrunners	Thamesmead Running Club	10/09/2019
Paul	Harsent	Senior	CLC Striders	The Stragglers Running Club	13/09/2019
Matt	Sowton	Senior	Ranelagh Harriers	The Stragglers Running Club	14/09/2019
Tracey	Priest	Senior	Sedgley Striders	The Yellow Army	15/09/2019
Robert	Meredith	Senior	Dudley and Stourbridge Harriers	Tipton Harriers	10/09/2019
Ambi	Swindells	Senior	Salford Harriers & AC	Todmorden Harriers	25/09/2019
Tim	Fagg	Senior	St Albans Striders	Tonbridge AC	05/09/2019
Stephen	Strange	Senior	Basildon AC	Tonbridge AC	03/09/2019
Angus	Graham	U15	Newton Abbot AC	Torbay AAC	18/09/2019
Urszula	Donigiewicz	Senior	Truro Running Club	Torbay Tri Club	26/09/2019
Nicholas	Reynolds	Senior	Tunbridge Wells Harriers	Totton RC	03/09/2019
Jasmine	Clark	U20	Middlesbrough Athletic Club (Mandale)	Trafford Athletic Club	21/09/2019
Gary	McDonald	Senior	Lowestoft Road Runners	Trail Running Association	01/09/2019
Adam	Sewell	Senior	Braintree & District AC	Trail Running Association	13/09/2019
Stephen	Thompson	Senior	Wigan & District H & AC	Trawden Athletic Club	21/09/2019
Ben	Albon	Senior	Queen's Park Harriers	Trent Park Running Club	26/09/2019
Kellie	Lee	Senior	Stafford Triathlon Club	Trentham RC	02/09/2019
Glynn	Probert	Senior	Lonely Goat RC	Trentham RC	01/10/2019
David	Weldon	Senior	North Staffs RR Association	Trentham RC	30/09/2019

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First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
viv	winter	Senior	Derwent AC Cockermouth	Tri-Lakeland	01/09/2019
Andrew	Goundry	Senior	MudCrew Running	Truro Running Club	13/09/2019
Lydia	Poole	Senior	St Austell Running Club	Truro Running Club	07/09/2019
Juliette	Reader	Senior	Arunners RC	Tuff Fitty Triathlon Club	09/09/2019
Marloes	Peeters	Senior	Salford Harriers & AC	Tyne Bridge Harriers	18/09/2019
Gerard	Shannon	Senior	Liverpool Running Club	UTS Running Club	22/09/2019
Florence	Cooke	U15	Macclesfield Harriers & AC	Vale Royal AC	27/09/2019
Duncan	Harris	Senior	Deeside Orienteering Club	Vale Royal AC	19/09/2019
Matthew	McCormack	U20	Crewe and Nantwich AC	Vale Royal AC	21/09/2019
lan	Bishop	Senior	Royton Road Runners	Vegan Runners UK	08/09/2019
Nicholas	Chapman	Senior	Newmarket Joggers	Vegan Runners UK	21/09/2019
Charlotte	Martin	Senior	Winchester & District AC	Vegan Runners UK	11/09/2019
Chris	Prince	Senior	Warrington Running Club	Vegan Runners UK	06/09/2019
Jennifer	Graham	Senior	Abingdon AC	Victoria Park Harriers and Tower Hamlets AC	30/09/2019
Stephen	McCarroll	Senior	Serpentine RC	Victoria Park Harriers and Tower Hamlets AC	02/09/2019
Rebecca	Nursey	Senior	Mornington Chasers	Victoria Park Harriers and Tower Hamlets AC	24/09/2019
Colin	Melia	Senior	Penny Lane Striders	Wallasey Athletic Club	05/09/2019
Joanna	Barnard	Senior	Leven Valley AC	Walney Wind Cheetahs	05/09/2019
Emma	Broadbent	Senior	Leven Valley AC	Walney Wind Cheetahs	15/09/2019
Natalie	Dodds	Senior	Glaxo Hoad Hill Harriers	Walney Wind Cheetahs	22/09/2019
Brandon	Quinton	U17	Bury Athletic Club	Warrington A C	18/09/2019
Jonathan	Dobson	Senior	Houghton Harriers & AC	Washington Running Club	24/09/2019
Martin	Mayoh	Senior	Sunderland Strollers	Washington Running Club	21/09/2019
Benjamin	Adams	Senior	Didcot Runners	Watford Harriers	22/09/2019
Laura	James	Senior	Taunton AC	Wells City Harriers	18/09/2019
Liz	Paddick	Senior	Taunton AC	Wells City Harriers	02/09/2019
Phillip	Paddick	Senior	Taunton AC	Wells City Harriers	05/09/2019
William	Saunders	U13	Vale Royal AC	West Cheshire Athletic Club	01/10/2019
Mark	Perry	Senior	Hermitage Harriers	West End Runners	19/09/2019
Suzanne	Perry	Senior	Hermitage Harriers	West End Runners	18/09/2019
Shirley	Goy	Senior	Kingston upon Hull AC	West Hull Ladies	17/09/2019
Vicky	Rutter	Senior	Lonely Goat RC	Westbourne R C	29/09/2019
Wendy	Hirst	Senior	Harpenden Arrows	Wheathampstead Warriors	17/09/2019
Matthew	Moffatt	Senior	St Albans Striders	Wheathampstead Warriors	14/09/2019
Jill	Hooper	Senior	CLC Striders	Wilmslow Running Club	02/09/2019
Terrie-Anne	Cowley	Senior	RunThrough	Wimbledon Windmilers	25/09/2019
Emilia	Montagu-Scott	U20	Lymington Athletes	Winchester & District AC	12/09/2019
Max	Turner	U13	New Forest Junior AC	Winchester & District AC	27/09/2019



First Name	Last Name	Age Group	Origin Club	Destination Club	Date Of Move
Christine	Lutsch	Senior	Serpentine RC	Windrush Triathlon Club	21/09/2019
Caroline	Johnson	Senior	Halifax Harriers & AC	Windsor Slough Eton & Hounslow AC	13/09/2019
Harris	Truss	U13	Lewes AC	Windsor Slough Eton & Hounslow AC	12/09/2019
Helen	Callery	Senior	Altrincham & District Athletic Club Limited	Winston Runners	23/09/2019
Philippa	Hardy	Senior	Wirral Vikings Racing Team	Wirral AC	12/09/2019
Joanne	Preston	Senior	Wirral Vikings Racing Team	Wirral AC	11/09/2019
Victoria	Hayes	Senior	Sale Harriers Manchester	Witham RC	25/09/2019
Octavia	Singleton	Senior	Grange Farm & Dunmow Runners	Witham RC	17/09/2019
Charlotte	Steele	Senior	Tiptree Road Runners	Witham RC	11/09/2019
Justin	Farris	Senior	Ipswich Harriers	Woodbridge Shufflers RC	18/09/2019
Tom	wake	Senior	Ipswich Jaffa RC	Woodbridge Shufflers RC	30/09/2019
lan	MacLeod	Senior	Kidlington Running Club	Woodstock Harriers AC	25/09/2019
Timothy	Baggs	Senior	Long Eaton Running Club	Worksop Harriers	12/09/2019
Gabrielle	McNeelance	Senior	Charnwood A C	Wreake Runners	16/09/2019
Emma	Cross	Senior	Newport and District RC	Wrekin Road Runners	17/09/2019
Melanie	Wilkins	Senior	Winchester & District AC	Wycombe Phoenix Harriers & AC	10/09/2019
Darren	Anema	Senior	City Of Norwich AC	Wymondham AC	26/09/2019
Tilly	Anema	U20	City Of Norwich AC	Wymondham AC	26/09/2019
Tony	Gentry	Senior	North Norfolk Beach Runners	Wymondham AC	27/09/2019
Graham	Walsh	Senior	Spenborough & Dist AC	Wymondham AC	18/09/2019
Philip	Graves	Senior	City of York AC	York Knavesmire Harriers	19/09/2019
Emily	Burns	Senior	York Knavesmire Harriers	York Postal Harriers	06/09/2019
Sam	Lynn	Senior	City of York AC	York Postal Harriers	22/09/2019
Matt	Rylatt	Senior	York Acorn Running Club	York Triathlon Club	25/09/2019
Sarah	Sigsworth	Senior	City of York AC	York Triathlon Club	20/09/2019