

## Senior Ladies 4 Stage - Stage 1 - Provisional results

Pos	Runner	Team	Leg time			
1	Gemma Hillier-Moses	Charnwood AC [A]	14:42	59	Samantha Starvis	Kenilworth Run...[C] 19:54
2	Mellisa Woodward	Royal Sutton Coldfie	15:12	60	Jeni Cummins	Westbury Harri...[B] 19:56
3	Nicole Roberts	Birchfield Har...[A]	15:19	61	Rebecca Moore	Halesowen A & CC [C] 19:58
4	Beccy Tipping	B.R.A.T. [A]	15:29	62	Suz West	Bournville Har...[C] 19:59
5	Mandy Vernon	Trentham RC [A]	15:31	63	Jeanette Robathan	Centurion RC [A] 20:14
6	Amie Fithern	Tipton Harriers [A]	15:39	64	Hannah Jones	Newcastle (staffs) A 20:28
7	Eleanor Fowler	Nuneaton Harri...[A]	15:42	65	Julie Rogers	Birchfield Har...[E] 20:31
8	Rebecca Hall	Corby AC [A]	15:43	66	Carol Fisher	Dudley Kingswinford 20:44
9	Nicola Sykes	Bournville Har...[A]	16:01	67	Jude Mansfield	Knowle & Dorri...[B] 20:47
10	Danielle Rowlinson	Wolverhampton ...[A]	16:03	68	Sally Dennis	Clevedon [B] 20:50
11	Lisa Palmer	Heanor RC [A]	16:04	69	Solenne Devulder	Wolverhampton ...[D] 20:55
12	Danielle Bryan	Kenilworth Run...[A]	16:06	70	Lindsey Dow	Team Bath AC [B] 21:04
13	Rebecca Pierce	Team Bath AC [A]	16:16	71	Louise Booker	Aldridge RC [A] 21:15
14	Ellen Harrison	Bristol & West...[A]	16:17	72	Nicola Atkins	Telford Harriers [A] 21:26
15	Michelle Willcocks	Sutton In Ashf...[A]	16:18	73	Judith Brand	Hermitage Harr...[B] 21:29
16	Nicki Ottley De La S	Notts AC [A]	16:26	74	Gemma Evans	Wolverhampton ...[C] 21:41
17	Jane Wassell	Stroud & District AC	16:34	75	Alison Pinches	Wolverhampton ...[E] 21:43
18	Amanda Davies	Cheadle RC	16:36	76	Stacey Marston	Bournville Har...[D] 21:50
19	Jo Brown	Northbrook AC [A]	16:43	77	Jill Phillips	Trentham RC [B] 21:58
20	Jodie Withyman	Clevedon [A]	16:46	78	Emma Hopkins	Bournville Har...[E] 22:03
21	Sarah Conway	Birchfield Har...[B]	17:04	79	Angela Dowden	Kenilworth Run...[D] 22:05
22	Rosemary Terribile	North Devon AC	17:11	80	Charlie Haward	CLC Striders [B] 22:36
23	Jennifer Coxon	B.R.A.T. [D]	17:13	81	Heather Shone	Mansfield Harr...[C] 22:50
24	Susannah Davies	Tipton Harriers [B]	17:17	82	Karen Foreman	Telford Harriers [B] 22:54
25	Monica Williamson	Leamington C&AC	17:17	83	Tanya Griffiths	Centurion RC [B] 22:56
26	Myshola Kirkham	Coventry Godiva Harr	17:17	84	Laura Boyes	Kings Heath RC [B] 23:01
27	Elizabeth Smith	Westbury Harri...[A]	17:19	85	Laura Duggins	Sphinx AC [B] 23:28
28	Hannah Robinson	Notts AC [B]	17:19	86	Abigail Wright	Aldridge RC [B] 23:38
29	Georgina Rogers	Birchfield Har...[D]	17:20	87	Catherine McNicholl	B.R.A.T. [C] 24:07
30	Hannah Hardy	Mansfield Harr...[A]	17:30	88	Theresa Brown	Harborough AC [B] 25:30
31	Catherine Gough	Sphinx AC [A]	17:34	89	Jennifer Robinson	Telford Harriers [C] 29:39
32	Emily Monk	Halesowen A & CC [A]	17:36			
33	Alexa Parker	Bristol & West...[B]	17:42			
34	Rachel Coupe	Telford AC	17:43			
35	Rachel Vines	CLC Striders [A]	17:45			
36	Tamara Freeman	Bromsgrove & Reddittc	17:52			
37	Sharon McGarry	Solihull & Small Hea	17:53			
38	Martha Clapp	Harborough AC [A]	17:58			
39	Bonita Robinson	Hermitage Harr...[A]	18:06			
40	Louise Andrews	Kenilworth Run...[B]	18:14			
41	Amanda O'Leary	Knowle & Dorri...[A]	18:17			
42	Jennifer Heaney	B.R.A.T. [B]	18:19			
43	Elizabeth Watters	Birchfield Har...[C]	18:47			
44	Sarah Baxby	Corby AC [B]	18:48			
45	Louise Richmond	Charnwood AC [B]	18:52			
46	Sally Spencer	Halesowen A & CC [B]	18:54			
47	Beverley Armstrong	Mansfield Harr...[B]	19:01			
48	Krissie Davies	Sparkhill Harriers	19:04			
49	Cara Percival	Wolverhampton ...[B]	19:06			
50	Donna Burgess	Staffs Moorlands AC	19:08			
51	Monica Baptista	Bournville Har...[B]	19:09			
52	Clare Rowntree	Northbrook AC [B]	19:13			
53	Barbra Stevens	Redhill Road Runners	19:20			
54	Alison Whittingham	Sutton In Ashf...[B]	19:25			
55	Kerry Allen	Kings Heath RC [A]	19:32			
56	Rose Leivers	Heanor RC [B]	19:41			
57	Sarah Clark	Nuneaton Harri...[B]	19:48			
58	Victoria Charlton	Tipton Harriers [C]	19:52			

## Senior Ladies 4 Stage - Stage 2 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain				
1	Elsie Butler	Charnwood AC [A]	16:37	31:19 + 0	59 Sandra Sforza	westbury Harri...[B]	21:01	40:57 + 1
2	Bryony Haines	Birchfield Har...[A]	16:35	31:54 + 1	60 Theresa Woolley	Centurion RC [A]	20:57	41:11 + 3
3	Rebecca Hair	B.R.A.T. [A]	16:38	32:07 + 1	61 Marie Lochrie	Clevedon [B]	20:23	41:13 + 7
4	Katja Eravisto	Notts AC [A]	15:49	32:15 +12	62 Sian Reynolds	Tipton Harriers [C]	21:44	41:36 - 4
5	Lynne Hill	Tipton Harriers [A]	16:50	32:29 + 1	63 Hazel Smallman	Wolverhampton ...[D]	20:53	41:48 + 6
6	Katrine Svane	Team Bath AC [A]	16:18	32:34 + 7	64 Katie Wheeler	Hermitage Harr...[B]	20:31	42:00 + 9
7	Mei Price	Kenilworth Run...[A]	16:34	32:40 + 5	65 Lisa Yeomans	Telford Harriers [A]	20:37	42:03 + 7
8	Julia Belyavin	Bristol & West...[A]	16:24	32:41 + 6	66 Claire Dyer	Kenilworth Run...[C]	22:14	42:08 - 7
9	Louise Insley	Heanor RC [A]	16:39	32:43 + 2	67 Rachel Aston	Knowle & Dorri...[B]	21:29	42:16 + 0
10	Polly Keen	Nuneaton Harri...[A]	17:12	32:54 - 3	68 Sam Pretlove	Bournville Har...[D]	20:53	42:43 + 8
11	Kristina Dulson	Trentham RC [A]	17:36	33:07 - 6	69 Debbie Brickley	Wolverhampton ...[C]	21:07	42:48 + 5
12	Amanda Deavy	Northbrook AC [A]	16:36	33:19 + 7	70 Helena Bustin	Halesowen A & CC [C]	22:54	42:52 - 9
13	Kate Williams	Wolverhampton ...[A]	17:20	33:23 - 3	71 Rosemary Wilson	Trentham RC [B]	21:31	43:29 + 6
14	Ruth watchorn-Rice	Cheadle RC	17:03	33:39 + 4	72 Charlotte Tonks	Dudley Kingswinford	24:00	44:44 - 6
15	Danielle Hodgkinson	Birchfield Har...[B]	16:44	33:48 + 6	73 Sue Pepperday	Mansfield Harr...[C]	21:57	44:47 + 8
16	Laura Gale	Bournville Har...[A]	17:51	33:52 - 7	74 Karen Riley	B.R.A.T. [C]	20:57	45:04 +13
17	Joanne Fifield	Stroud & District AC	17:30	34:04 + 0	75 Mary Williams	Centurion RC [B]	22:09	45:05 + 8
18	Hayley Veasey	Corby AC [A]	18:23	34:06 -10	76 Karen Kiteley	Aldridge RC [A]	23:52	45:07 - 5
19	Laura Meech	Clevedon [A]	17:48	34:34 + 1	77 Lorraine Droogmans	Newcastle (staffs) A	24:43	45:11 -13
20	Sally Hogan	Bromsgrove & Redditch	16:44	34:36 +16	78 Lisa Abbott	Sphinx AC [B]	21:58	45:26 + 7
21	Mandy Carmicon	Sutton In Ashf...[A]	18:19	34:37 - 6	79 Lesley Proctor	Bournville Har...[E]	23:57	46:00 - 1
22	Sarah Sheppard	North Devon AC	17:31	34:42 + 0	80 Gail Bates	Kenilworth Run...[D]	25:11	47:16 - 1
23	Helen Elsoueidi	Royal Sutton Coldfield	20:02	35:14 -21	81 Amanda Woodward	Telford Harriers [B]	24:29	47:23 + 1
24	Fian Sweeney	Telford AC	17:39	35:22 +10	82 Janice Rambridge	Team Bath AC [B]	26:41	47:45 -12
25	Katy Moore	Notts AC [B]	18:06	35:25 + 3	83 Jan Brookes	Wolverhampton ...[E]	26:16	47:59 - 8
26	Danielle Bogue	B.R.A.T. [B]	17:29	35:48 +16	84 Jane Quinn	Aldridge RC [B]	25:20	48:58 + 2
27	Amelia Mullins	CLC Striders [A]	18:12	35:57 + 8	85 Helen Brookes	Kings Heath RC [B]	27:02	50:03 - 1
28	Daniela Sedgley	Tipton Harriers [B]	18:44	36:01 - 4	86 Louise Bradley	Telford Harriers [C]	28:53	58:32 + 3
29	Maria Hobbs	Westbury Harri...[A]	18:46	36:05 - 2				
30	Karen Brooks	Harborough AC [A]	18:12	36:10 + 8	Fastest stage runners			
31	Alice Venkatesan	Mansfield Harr...[A]	18:51	36:21 - 1	1 Katja Eravisto	Notts AC [A]	15:49	
32	Louisa Davidson	Birchfield Har...[C]	17:36	36:23 +11	2 Katrine Svane	Team Bath AC [A]	16:18	
33	Jenny Jeeves	Leamington C&AC	19:16	36:33 - 8	3 Julia Belyavin	Bristol & West...[A]	16:24	
34	Rachel Siggers	Kenilworth Run...[B]	18:26	36:40 + 6	4 Mei Price	Kenilworth Run...[A]	16:34	
35	Zarinda Batstone	Coventry Godiva Harr	19:39	36:56 - 9	5 Bryony Haines	Birchfield Har...[A]	16:35	
36	Jane Edwards	Sphinx AC [A]	19:24	36:58 - 5	6 Amanda Deavy	Northbrook AC [A]	16:36	
37	Mariam Getachew	Charnwood AC [B]	18:13	37:05 + 8	7 Elsie Butler	Charnwood AC [A]	16:37	
38	Kathy Bailey	Knowle & Dorri...[A]	18:59	37:16 + 3	8 Rebecca Hair	B.R.A.T. [A]	16:38	
39	Debbie Hope	Staffs Moorlands AC	18:09	37:17 +11	9 Louise Insley	Heanor RC [A]	16:39	
40	Isher Mander	Wolverhampton ...[B]	18:14	37:20 + 9	10 Danielle Hodgkinson	Birchfield Har...[B]	16:44	
41	Emma Jolliffe	Bristol & West...[B]	19:44	37:26 - 8	11 Sally Hogan	Bromsgrove & Redditch	16:44	
42	Zoe Sewter	Hermitage Harr...[A]	19:25	37:31 - 3	12 Lynne Hill	Tipton Harriers [A]	16:50	
43	Julie Dale	Halesowen A & CC [A]	20:23	37:59 -11	13 Ruth watchorn-Rice	Cheadle RC	17:03	
44	Heather Fooks	Solihull & Small Heath	20:13	38:06 - 7	14 Polly Keen	Nuneaton Harri...[A]	17:12	
45	Rachel Meredith	Northbrook AC [B]	19:17	38:30 + 7	15 Becky Boulton	CLC Striders [B]	17:17	
46	Sarah Capewell	Birchfield Har...[D]	21:21	38:41 -17	16 Kate Williams	Wolverhampton ...[A]	17:20	
47	Megan Harris	Sparkhill Harriers	19:38	38:42 + 1	17 Danielle Bogue	B.R.A.T. [B]	17:29	
48	Rachel Chard	Nuneaton Harri...[B]	19:12	39:00 + 9	18 Joanne Fifield	Stroud & District AC	17:30	
49	Sue Bradley	Sutton In Ashf...[B]	20:13	39:38 + 5	19 Sarah Sheppard	North Devon AC	17:31	
50	Laura Merryweather	Redhill Road Runners	20:28	39:48 + 3	20 Kristina Dulson	Trentham RC [A]	17:36	
51	Becky Boulton	CLC Striders [B]	17:17	39:53 +29	21 Louisa Davidson	Birchfield Har...[C]	17:36	
52	Caroline Lambert	Halesowen A & CC [B]	21:06	40:00 - 6	22 Fian Sweeney	Telford AC	17:39	
53	Julie Delahaye-Slate	Bournville Har...[B]	20:56	40:05 - 2	23 Laura Meech	Clevedon [A]	17:48	
54	Rita Fisher	Heanor RC [B]	20:31	40:12 + 2	24 Laura Gale	Bournville Har...[A]	17:51	
55	Jackie Duers	Mansfield Harr...[B]	21:19	40:20 - 8	25 Katy Moore	Notts AC [B]	18:06	
56	Karen Chandler	Kings Heath RC [A]	20:50	40:22 - 1	26 Debbie Hope	Staffs Moorlands AC	18:09	
57	Rhian Littlewood	Bournville Har...[C]	20:29	40:28 + 5	27 Amelia Mullins	CLC Striders [A]	18:12	
58	Debra Galletta	Corby AC [B]	21:51	40:39 -14				

## Senior Ladies 4 Stage - Stage 3 - Provisional results

Pos	Runner	Team	Leg time	Cumm.Gain			
1	Alice Daniel	Charnwood AC [A]	15:59	47:18 + 0	59 Sarah Kaye	Sutton In Ashf...[B]	22:57 1:02:35 -10
2	Katie Allen	Birchfield Har...[A]	15:51	47:45 + 0	60 Helen Attwood	Halesowen A & CC [B]	22:36 1:02:36 - 8
3	Helen Sharpe	Bristol & West...[A]	15:55	48:36 + 5	61 Helen Winters	Telford Harriers [A]	20:34 1:02:37 + 4
4	Melissa Brown	B.R.A.T. [A]	17:04	49:11 - 1	62 Rosalind Brooks	Kenilworth Run...[C]	21:10 1:03:18 + 4
5	Jo Thompson	Team Bath AC [A]	16:56	49:30 + 1	63 Helen Hodge	Northbrook AC [B]	25:31 1:04:01 -18
6	Julie Caddick	Tipton Harriers [A]	17:05	49:34 - 1	64 Lindsay Dalby	Knowle & Dorri...[B]	21:49 1:04:05 + 3
7	Lori Marshall	Notts AC [A]	17:23	49:38 - 3	65 Elaine Heyes	Clevedon [B]	23:04 1:04:17 - 4
8	Katherine Hodgson	Nuneaton Harri...[A]	17:25	50:19 + 2	66 Karen O'Hanlon	Heanor RC [B]	24:11 1:04:23 -12
9	Melissa Damro	Kenilworth Run...[A]	17:43	50:23 - 2	67 Kerry Clarke	B.R.A.T. [C]	19:29 1:04:33 + 7
10	Jackie Halford	Wolverhampton ...[A]	17:16	50:39 + 3	68 Emily Adams	Tipton Harriers [C]	23:14 1:04:50 - 6
11	Jill Burke	Heanor RC [A]	18:02	50:45 - 2	69 Rachel Partridge	Bournville Har...[D]	22:57 1:05:40 - 1
12	Linda Howell	Bournville Har...[A]	17:11	51:03 + 4	70 Camille Smyth	Trentham RC [B]	22:16 1:05:45 + 1
13	Sharleen Hollinshead	Cheadle RC	17:53	51:32 + 1	71 Marion Bailey	Halesowen A & CC [C]	23:31 1:06:23 - 1
14	Geraldine Taylor	Birchfield Har...[B]	17:56	51:44 + 1	72 Amy Whitehurst	Newcastle (staffs) A	22:02 1:07:13 + 5
15	Christina Griffiths	Stroud & District AC	17:49	51:53 + 2	73 Claire Pugh	Aldridge RC [A]	22:20 1:07:27 + 3
16	Mellisa Pawson	North Devon AC	17:23	52:05 + 6	74 Denise Winfield	Mansfield Harr...[C]	23:33 1:08:20 - 1
17	Linda McDonald	Northbrook AC [A]	19:02	52:21 - 5	75 Zina Marchant	Team Bath AC [B]	20:43 1:08:28 + 7
18	Karen Cudby	Corby AC [A]	18:23	52:29 + 0	76 Lisa J Newell	Dudley Kingswinford	23:56 1:08:40 - 4
19	Claire Watson	Sutton In Ashf...[A]	18:19	52:56 + 2	77 Ursula Scott	Centurion RC [B]	23:36 1:08:41 - 2
20	Katie Truslove	CLC Striders [A]	17:09	53:06 + 7	78 Deborah Clarke	Hermitage Harr...[B]	27:23 1:09:23 -14
21	Isabel Bradley	Telford AC	17:47	53:09 + 3	79 Amy Leaver	Wolverhampton ...[E]	21:40 1:09:39 + 4
22	Amy Johnson	Royal Sutton Coldfie	17:59	53:13 + 1	80 Laura Pibworth	Sphinx AC [B]	24:15 1:09:41 - 2
23	Lucy Corbett	Trentham RC [A]	20:23	53:30 -12	81 Pauline Dable	Kenilworth Run...[D]	23:12 1:10:28 - 1
24	Donna Davies	Clevedon [A]	19:15	53:49 - 5	82 Grainne Bermingham	Bournville Har...[E]	25:30 1:11:30 - 3
25	Rosie Davies	B.R.A.T. [B]	18:04	53:52 + 1	83 Jo Yarnall	Aldridge RC [B]	25:45 1:14:43 + 1
26	Frances Briscoe	Coventry Godiva Harr	17:22	54:18 + 9	84 Rebecca Bridgman	Kings Heath RC [B]	24:51 1:14:54 + 1
27	Betty Richardson	Kenilworth Run...[B]	17:41	54:21 + 7	85 Sonia Edmonds	Telford Harriers [B]	27:57 1:15:20 - 4
28	Kahli Johnson	Mansfield Harr...[A]	18:10	54:31 + 3	86 Tina Brasenell	Telford Harriers [C]	24:12 1:22:44 + 0
29	Clare Jolliffe	Bristol & West...[B]	17:19	54:45 +12			
30	Louise Baker	Staffs Moorlands AC	17:42	54:59 + 9	Fastest stage runners		
31	Jane Anderson	Bromsgrove & Redditch	20:46	55:22 -11			
32	Kathryn Morgans	Wolverhampton ...[B]	18:10	55:30 + 8	1 Katie Allen	Birchfield Har...[A]	15:51
33	Laura Boulby	Notts AC [B]	20:12	55:37 - 8	2 Helen Sharpe	Bristol & West...[A]	15:55
34	Jane Bartholomew	Sparkhill Harriers	17:09	55:51 +13	3 Alice Daniel	Charnwood AC [A]	15:59
35	Tina Clemmensen	Leamington C&AC	19:24	55:57 - 2	4 Jo Thompson	Team Bath AC [A]	16:56
36	Katie Dolan	Tipton Harriers [B]	20:04	56:05 - 8	5 Melissa Brown	B.R.A.T. [A]	17:04
37	Olivia Eskeell	Westbury Harri...[A]	20:02	56:07 - 8	6 Julie Caddick	Tipton Harriers [A]	17:05
38	Emma Donnelly	Knowle & Dorri...[A]	19:48	57:04 + 0	7 Katie Truslove	CLC Striders [A]	17:09
39	Kerri James	Halesowen A & CC [A]	19:09	57:08 + 4	8 Jane Bartholomew	Sparkhill Harriers	17:09
40	Susan Gough	Sphinx AC [A]	20:26	57:24 - 4	9 Linda Howell	Bournville Har...[A]	17:11
41	Lin Farrow	Harborough AC [A]	21:54	58:04 -11	10 Jackie Halford	Wolverhampton ...[A]	17:16
42	Katie Smith	Hermitage Harr...[A]	20:37	58:08 + 0	11 Clare Jolliffe	Bristol & West...[B]	17:19
43	Julia Gilbride	Solihull & Small Hea	20:37	58:43 + 1	12 Frances Briscoe	Coventry Godiva Harr	17:22
44	Gemma Sidaway	Birchfield Har...[C]	22:27	58:50 -12	13 Lori Marshall	Notts AC [A]	17:23
45	Emily Holden	Bournville Har...[B]	18:57	59:02 + 8	14 Mellisa Pawson	North Devon AC	17:23
46	Sarah Brooksbank	Charnwood AC [B]	22:13	59:18 - 9	15 Katherine Hodgson	Nuneaton Harri...[A]	17:25
47	Simone Wilson	Nuneaton Harri...[B]	20:22	59:22 + 1	16 Betty Richardson	Kenilworth Run...[B]	17:41
48	Samantha Watters	Birchfield Har...[D]	21:09	59:50 - 2	17 Louise Baker	Staffs Moorlands AC	17:42
49	Alice Mortiboy	Mansfield Harr...[B]	19:39	59:59 + 6	18 Melissa Damro	Kenilworth Run...[A]	17:43
50	Heather Thornley	Redhill Road Runners	20:26	1:00:14 + 0	19 Isabel Bradley	Telford AC	17:47
51	Andrea Burnett	Centurion RC [A]	19:21	1:00:32 + 9	20 Christina Griffiths	Stroud & District AC	17:49
52	Audrey Wilson	Wolverhampton ...[C]	17:58	1:00:46 +17	21 Sharleen Hollinshead	Cheadle RC	17:53
53	Tamsin Chick	Westbury Harri...[B]	19:53	1:00:50 + 6	22 Geraldine Taylor	Birchfield Har...[B]	17:56
54	Hannah Batchelor	Kings Heath RC [A]	21:02	1:01:24 + 2	23 Audrey Wilson	Wolverhampton ...[C]	17:58
55	Claire Butler	Bournville Har...[C]	20:57	1:01:25 + 2	24 Amy Johnson	Royal Sutton Coldfie	17:59
56	Margaret Mulholland	Corby AC [B]	20:51	1:01:30 + 2	25 Jill Burke	Heanor RC [A]	18:02
57	Melissa Lowke	Wolverhampton ...[D]	20:31	1:02:19 + 6	26 Rosie Davies	B.R.A.T. [B]	18:04
58	Nathalie Lovekin	CLC Striders [B]	22:30	1:02:23 - 7	27 Kahli Johnson	Mansfield Harr...[A]	18:10



## 4 stage for Senior Ladies - Provisional results

<b>1 203 Birchfield Harriers [A]</b>	<b>1:03:00</b>	<b>15 228 CLC Striders [A]</b>	<b>1:10:02</b>
1 Nicole Roberts (3) 15:19	2 Bryony Haines (2) 16:35	1 Rachel Vines (35) 17:45	2 Amelia Mullins (27) 18:12
3 Katie Allen (2) 15:51	4 Emma Gould (1) 15:15	3 Katie Truslove (20) 17:09	4 Liza Barry (15) 16:56
<b>2 216 Bristol &amp; West AC [A]</b>	<b>1:03:51</b>	<b>16 268 Royal Sutton Coldfield AC</b>	<b>1:10:06</b>
1 Ellen Harrison (14) 16:17	2 Julia Belyavin (8) 16:24	1 Mellisa Woodward (2) 15:12	2 Helen Elsoueidi (23) 20:02
3 Helen Sharpe (3) 15:55	4 Imogen Ainsworth (2) 15:15	3 Amy Johnson (22) 17:59	4 Andrea Deathridg (16) 16:53
<b>3 223 Charnwood AC [A]</b>	<b>1:04:18</b>	<b>17 204 Birchfield Harriers [B]</b>	<b>1:10:28</b>
1 Gemma Hillier-Mo (1) 14:42	2 Elsie Butler (1) 16:37	1 Sarah Conway (21) 17:04	2 Danielle Hodgkin (15) 16:44
3 Alice Daniel (1) 15:59	4 Hollie Smith (3) 17:00	3 Geraldine Taylor (14) 17:56	4 Kaylee Harris (17) 18:44
<b>4 278 Team Bath AC [A]</b>	<b>1:04:51</b>	<b>18 289 Trentham RC [A]</b>	<b>1:10:32</b>
1 Rebecca Pierce (13) 16:16	2 Katrine Svane (6) 16:18	1 Mandy Vernon (5) 15:31	2 Kristina Dulson (11) 17:36
3 Jo Thompson (5) 16:56	4 Gemma Shepherd (4) 15:21	3 Lucy Corbett (23) 20:23	4 Deborah Thomas (18) 17:02
<b>5 285 Tipton Harriers [A]</b>	<b>1:05:36</b>	<b>19 259 North Devon AC</b>	<b>1:10:40</b>
1 Amie Fithern (6) 15:39	2 Lynne Hill (5) 16:50	1 Rosemary Terribi (22) 17:11	2 Sarah Sheppard (22) 17:31
3 Julie Caddick (6) 17:05	4 Sophie Lynch (5) 16:02	3 Mellisa Pawson (16) 17:23	4 Hannah Gaunt (19) 18:35
<b>6 207 B.R.A.T. [A]</b>	<b>1:05:39</b>	<b>20 260 Northbrook AC [A]</b>	<b>1:10:43</b>
1 Becky Tipping (4) 15:29	2 Rebecca Hair (3) 16:38	1 Jo Brown (19) 16:43	2 Amanda Deavy (12) 16:36
3 Melissa Brown (4) 17:04	4 Marie Voice (6) 16:28	3 Linda McDonald (17) 19:02	4 Jill Pittard (20) 18:22
<b>7 265 Nuneaton Harriers [A]</b>	<b>1:07:00</b>	<b>21 280 Telford AC</b>	<b>1:10:44</b>
1 Eleanor Fowler (7) 15:42	2 Polly Keen (10) 17:12	1 Rachel Coupe (34) 17:43	2 Fian Sweeney (24) 17:39
3 Katherine Hodgso (8) 17:25	4 Helen Talbot (7) 16:41	3 Isabel Bradley (21) 17:47	4 Amelia Reynolds (21) 17:35
<b>8 263 Notts AC [A]</b>	<b>1:07:07</b>	<b>22 276 Sutton In Ashfield Harriers [A]</b>	<b>1:10:58</b>
1 Nicki Ottley De (16) 16:26	2 Katja Eravisto (4) 15:49	1 Michelle Willcoc (15) 16:18	2 Mandy Carmicon (21) 18:19
3 Lori Marshall (7) 17:23	4 Joanne Finch (8) 17:29	3 Claire Watson (19) 18:19	4 Rebecca Barson (22) 18:02
<b>9 246 Kenilworth Runners [A]</b>	<b>1:07:11</b>	<b>23 233 Corby AC [A]</b>	<b>1:11:40</b>
1 Danielle Bryan (12) 16:06	2 Mel Price (7) 16:34	1 Rebecca Hall (8) 15:43	2 Hayley Veasey (18) 18:23
3 Melissa Damro (9) 17:43	4 Imogen Peace (9) 16:48	3 Karen Cudby (18) 18:23	4 Claire Goodall (23) 19:11
<b>10 226 Cheadle RC</b>	<b>1:07:46</b>	<b>24 273 Staffs Moorlands AC</b>	<b>1:12:15</b>
1 Amanda Davies (18) 16:36	2 Ruth watchorn-Ri (14) 17:03	1 Donna Burgess (50) 19:08	2 Debbie Hope (39) 18:09
3 Sharleen Hollins (13) 17:53	4 Rebecca Harrison (10) 16:14	3 Louise Baker (30) 17:42	4 Kerry Marchant (24) 17:16
<b>11 275 Stroud &amp; District AC</b>	<b>1:08:05</b>	<b>25 230 Clevedon [A]</b>	<b>1:13:21</b>
1 Jane Wasseil (17) 16:34	2 Joanne Fifield (17) 17:30	1 Jodie Withyman (20) 16:46	2 Laura Meech (19) 17:48
3 Christina Griffi (15) 17:49	4 Naomi Eaton (11) 16:12	3 Donna Davies (24) 19:15	4 Helen Ball (25) 19:32
<b>12 242 Heanor RC [A]</b>	<b>1:08:08</b>	<b>26 255 Mansfield Harriers [A]</b>	<b>1:13:28</b>
1 Lisa Palmer (11) 16:04	2 Louise Insley (9) 16:39	1 Hannah Hardy (30) 17:30	2 Alice Venkatesan (31) 18:51
3 Jill Burke (11) 18:02	4 Claire Smith (12) 17:23	3 Kahli Johnson (28) 18:10	4 Helen Jones (26) 18:57
<b>13 294 Wolverhampton &amp; Bilston AC [A]</b>	<b>1:08:16</b>	<b>27 291 Westbury Harriers [A]</b>	<b>1:13:52</b>
1 Danielle Rowllins (10) 16:03	2 Kate Williams (13) 17:20	1 Elizabeth Smith (28) 17:19	2 Maria Hobbs (29) 18:46
3 Jackie Halford (10) 17:16	4 Isobel Cotham (13) 17:37	3 Olivia Eskill (37) 20:02	4 Kelly Winstone (27) 17:45
<b>14 211 Bournville Harriers [A]</b>	<b>1:09:07</b>	<b>28 286 Tipton Harriers [B]</b>	<b>1:14:03</b>
1 Nicola Sykes (9) 16:01	2 Laura Gale (16) 17:51	1 Susannah Davies (26) 17:17	2 Daniela Sedgley (28) 18:44
3 Linda Howell (12) 17:11	4 Laura Leslie (14) 18:04	3 Katie Dolan (36) 20:04	4 Sophie Byrne (28) 17:58

## 4 stage for Senior Ladies - Provisional results

<b>29 295 Wolverhampton &amp; Bilston AC [B]</b>	<b>1:14:21</b>	<b>43 296 Wolverhampton &amp; Bilston AC [C]</b>	<b>1:19:35</b>
1 Cara Percival (49) 19:06	2 Isher Mander (40) 18:14	1 Gemma Evans (74) 21:41	2 Debbie Brickley (69) 21:07
3 Kathryn Morgans (32) 18:10	4 Rachel Gibson (29) 18:51	3 Audrey Wilson (52) 17:58	4 Hayley Richards (43) 18:49
<b>30 247 Kenilworth Runners [B]</b>	<b>1:14:26</b>	<b>44 267 Redhill Road Runners</b>	<b>1:20:19</b>
1 Louise Andrews (40) 18:14	2 Rachel Siggers (34) 18:26	1 Barbra Stevens (53) 19:20	2 Laura Merryweath (50) 20:28
3 Betty Richardson (27) 17:41	4 Gemma Ellis (30) 20:05	3 Heather Thornley (50) 20:26	4 Joanne Stocks (44) 20:05
<b>31 208 B.R.A.T. [B]</b>	<b>1:14:49</b>	<b>45 266 Nuneaton Harriers [B]</b>	<b>1:20:27</b>
1 Jennifer Heaney (42) 18:19	2 Danielle Bogue (26) 17:29	1 Sarah Clark (57) 19:48	2 Rachel Chard (48) 19:12
3 Rosie Davies (25) 18:04	4 Rachel Young (31) 20:57	3 Simone Wilson (47) 20:22	4 Michelle Kenny (45) 21:05
<b>32 237 Halesowen A &amp; CC [A]</b>	<b>1:14:55</b>	<b>46 256 Mansfield Harriers [B]</b>	<b>1:20:58</b>
1 Emily Monk (32) 17:36	2 Julie Dale (43) 20:23	1 Beverley Armstro (47) 19:01	2 Jackie Duers (55) 21:19
3 Kerri James (39) 19:09	4 Phoebe Dodd (32) 17:47	3 Alice Mortiboy (49) 19:39	4 Sharon Armitage (46) 20:59
<b>33 270 Sparkhill Harriers</b>	<b>1:15:20</b>	<b>47 250 Kings Heath RC [A]</b>	<b>1:21:19</b>
1 Krissie Davies (48) 19:04	2 Megan Harris (47) 19:38	1 Kerry Allen (55) 19:32	2 Karen Chandler (56) 20:50
3 Jane Bartholomew (34) 17:09	4 Sophie Arnold (33) 19:29	3 Hannah Batchelor (54) 21:02	4 Linda S"derlund (47) 19:55
<b>34 219 Bromsgrove &amp; Redditch AC</b>	<b>1:16:20</b>	<b>48 221 Centurion RC [A]</b>	<b>1:21:21</b>
1 Tamara Freeman (36) 17:52	2 Sally Hogan (20) 16:44	1 Jeanette Robatha (63) 20:14	2 Theresa Woolley (60) 20:57
3 Jane Anderson (31) 20:46	4 Alison Pickup (34) 20:58	3 Andrea Burnett (51) 19:21	4 Alison Fergusson (48) 20:49
<b>35 252 Knowle &amp; Dorridge RC [A]</b>	<b>1:17:12</b>	<b>49 277 Sutton In Ashfield Harriers [B]</b>	<b>1:21:25</b>
1 Amanda O'Leary (41) 18:17	2 Kathy Bailey (38) 18:59	1 Alison Whittingh (54) 19:25	2 Sue Bradley (49) 20:13
3 Emma Donnelly (38) 19:48	4 Claire O'Kane (35) 20:08	3 Sarah Kaye (59) 22:57	4 Donna Atkinson (49) 18:50
<b>36 205 Birchfield Harriers [C]</b>	<b>1:17:23</b>	<b>50 292 Westbury Harriers [B]</b>	<b>1:21:55</b>
1 Elizabeth Watter (43) 18:47	2 Louisa Davidson (32) 17:36	1 Jeni Cummins (60) 19:56	2 Sandra Sforza (59) 21:01
3 Gemma Sidaway (44) 22:27	4 Rosanna Marshall (36) 18:33	3 Tamsin Chick (53) 19:53	4 Alex Ling (50) 21:05
<b>37 244 Hermitage Harriers [A]</b>	<b>1:17:31</b>	<b>51 297 Wolverhampton &amp; Bilston AC [D]</b>	<b>1:22:04</b>
1 Bonita Robinson (39) 18:06	2 Zoe Sewter (42) 19:25	1 Solenne Devulder (69) 20:55	2 Hazel Smallman (63) 20:53
3 Katie Smith (42) 20:37	4 Hannah Wheeler (37) 19:23	3 Melissa Lowke (57) 20:31	4 Emily Simmonds (51) 19:45
<b>38 212 Bournville Harriers [B]</b>	<b>1:18:37</b>	<b>52 213 Bournville Harriers [C]</b>	<b>1:22:08</b>
1 Monica Baptista (51) 19:09	2 Julie Delahaye-S (53) 20:56	1 Suz West (62) 19:59	2 Rhian Littlewood (57) 20:29
3 Emily Holden (45) 18:57	4 Lisa Cartwright (38) 19:35	3 Claire Butler (55) 20:57	4 Jude Glynn (52) 20:43
<b>39 264 Notts AC [B]</b>	<b>1:18:43</b>	<b>53 229 CLC Striders [B]</b>	<b>1:22:24</b>
1 Hannah Robinson (27) 17:19	2 Katy Moore (25) 18:06	1 Charlie Haward (80) 22:36	2 Becky Boulton (51) 17:17
3 Laura Boultyby (33) 20:12	4 Donna Davenport (39) 23:06	3 Nathalie Lovekin (58) 22:30	4 Nicola Menzies (53) 20:01
<b>40 254 Leamington C&amp;AC</b>	<b>1:18:46</b>	<b>54 261 Northbrook AC [B]</b>	<b>1:23:22</b>
1 Monica Williamso (25) 17:17	2 Jenny Jeeves (33) 19:16	1 Clare Rowntree (52) 19:13	2 Rachel Meredith (45) 19:17
3 Tina Clemmensen (35) 19:24	4 Christiane Parke (40) 22:49	3 Helen Hodge (63) 25:31	4 Sally Eason (54) 19:21
<b>41 240 Harborough AC [A]</b>	<b>1:18:57</b>	<b>55 248 Kenilworth Runners [C]</b>	<b>1:23:30</b>
1 Martha Clapp (38) 17:58	2 Karen Brooks (30) 18:12	1 Samantha Starvis (59) 19:54	2 Claire Dyer (66) 22:14
3 Lin Farrow (41) 21:54	4 Lianne Brooks (41) 20:53	3 Rosalind Brooks (62) 21:10	4 Laura Gould (55) 20:12
<b>42 271 Sphinx AC [A]</b>	<b>1:19:14</b>	<b>56 282 Telford Harriers [A]</b>	<b>1:23:36</b>
1 Catherine Gough (31) 17:34	2 Jane Edwards (36) 19:24	1 Nicola Atkins (72) 21:26	2 Lisa Yeomans (65) 20:37
3 Susan Gough (40) 20:26	4 Monika Ciezarek (42) 21:50	3 Helen Winters (61) 20:34	4 Charlotte Gardne (56) 20:59

## 4 stage for Senior Ladies - Provisional results

<b>57 243 Heanor RC [B]</b>	<b>1:24:04</b>	<b>71 272 Sphinx AC [B]</b>	<b>1:33:00</b>
1 Rose Leivers (56) 19:41	2 Rita Fisher (54) 20:31	1 Laura Duggins (85) 23:28	2 Lisa Abbott (78) 21:58
3 Karen O'Hanlon (66) 24:11	4 Joanne Potter (57) 19:41	3 Laura Pibworth (80) 24:15	4 Victoria Gochele (71) 23:19
<b>58 209 B.R.A.T. [C]</b>	<b>1:24:34</b>	<b>72 222 Centurion RC [B]</b>	<b>1:33:07</b>
1 Catherine McNich (87) 24:07	2 Karen Riley (74) 20:57	1 Tanya Griffiths (83) 22:56	2 Mary Williams (75) 22:09
3 Kerry Clarke (67) 19:29	4 Samantha Rose (58) 20:01	3 Ursula Scott (77) 23:36	4 Clare Colquhoun (72) 24:26
<b>59 238 Halesowen A &amp; CC [B]</b>	<b>1:24:53</b>	<b>73 245 Hermitage Harriers [B]</b>	<b>1:33:15</b>
1 Sally Spencer (46) 18:54	2 Caroline Lambert (52) 21:06	1 Judith Brand (73) 21:29	2 Katie Wheeler (64) 20:31
3 Helen Attwood (60) 22:36	4 Sue Crinnian (59) 22:17	3 Deborah Clarke (78) 27:23	4 Charlotte Pollar (73) 23:52
<b>60 253 Knowle &amp; Dorridge RC [B]</b>	<b>1:25:05</b>	<b>74 231 Clevedon [B]</b>	<b>1:34:55</b>
1 Jude Mansfield (67) 20:47	2 Rachel Aston (67) 21:29	1 Sally Dennis (68) 20:50	2 Marie Lochrie (61) 20:23
3 Lindsay Dalby (64) 21:49	4 Jemma Green (60) 21:00	3 Elaine Heyes (65) 23:04	4 Jane Cooley (74) 30:38
<b>61 258 Newcastle (staffs) AC</b>	<b>1:27:18</b>	<b>75 202 Aldridge RC [B]</b>	<b>1:36:39</b>
1 Hannah Jones (64) 20:28	2 Lorraine Droogma (77) 24:43	1 Abigail Wright (86) 23:38	2 Jane Quinn (84) 25:20
3 Amy Whitehurst (72) 22:02	4 Susan Twardochle (61) 20:05	3 Jo Yarnall (83) 25:45	4 Anne Kelsall (75) 21:56
<b>62 214 Bournville Harriers [D]</b>	<b>1:27:22</b>	<b>76 215 Bournville Harriers [E]</b>	<b>1:37:22</b>
1 Stacey Marston (76) 21:50	2 Sam Pretlove (68) 20:53	1 Emma Hopkins (78) 22:03	2 Lesley Proctor (79) 23:57
3 Rachel Partridge (69) 22:57	4 Ellie Ahmed (62) 21:42	3 Grainne Bermingh (82) 25:30	4 Lesley Pymm (76) 25:52
<b>63 290 Trentham RC [B]</b>	<b>1:27:36</b>	<b>77 283 Telford Harriers [B]</b>	<b>1:39:31</b>
1 Jill Phillips (77) 21:58	2 Rosemary Wilson (71) 21:31	1 Karen Foreman (82) 22:54	2 Amanda Woodward (81) 24:29
3 Camille Smyth (70) 22:16	4 Nicola Jennings (63) 21:51	3 Sonia Edmonds (85) 27:57	4 Emma Hodges (77) 24:11
<b>64 236 Dudley Kingswinford</b>	<b>1:27:58</b>	<b>78 249 Kenilworth Runners [D]</b>	<b>1:39:43</b>
1 Carol Fisher (66) 20:44	2 Charlotte Tonks (72) 24:00	1 Angela Dowden (79) 22:05	2 Gail Bates (80) 25:11
3 Lisa J Newell (76) 23:56	4 Rebecca Warren (64) 19:18	3 Pauline Dable (81) 23:12	4 Kirsty Smith (78) 29:15
<b>65 279 Team Bath AC [B]</b>	<b>1:28:43</b>	<b>79 284 Telford Harriers [C]</b>	<b>1:48:19</b>
1 Lindsey Dow (70) 21:04	2 Janice Rambridge (82) 26:41	1 Jennifer Robinso (89) 29:39	2 Louise Bradley (86) 28:53
3 Zina Marchant (75) 20:43	4 Louise Jeffries (65) 20:15	3 Tina Brasenell (86) 24:12	4 Hazel Clarke (79) 25:35
<b>66 201 Aldridge RC [A]</b>	<b>1:28:49</b>	<b>-- 235 Coventry Godiva Harriers</b>	<b>0:54:18</b>
1 Louise Booker (71) 21:15	2 Karen Kiteley (76) 23:52	1 Myshola Kirkham (24) 17:17	2 Zarinda Batstone (35) 19:39
3 Claire Pugh (73) 22:20	4 Anna Davies (66) 21:22	3 Frances Briscoe (26) 17:22	
<b>67 287 Tipton Harriers [C]</b>	<b>1:29:20</b>	<b>-- 217 Bristol &amp; West AC [B]</b>	<b>0:54:45</b>
1 Victoria Charlto (58) 19:52	2 Sian Reynolds (62) 21:44	1 Alexa Parker (33) 17:42	2 Emma Jolliffe (41) 19:44
3 Emily Adams (68) 23:14	4 Micheala Duckett (67) 24:30	3 Clare Jolliffe (29) 17:19	
<b>68 257 Mansfield Harriers [C]</b>	<b>1:31:16</b>	<b>-- 269 Solihull &amp; Small Heath AC</b>	<b>0:58:43</b>
1 Heather Shone (81) 22:50	2 Sue Pepperday (73) 21:57	1 Sharon McGarry (37) 17:53	2 Heather Fooks (44) 20:13
3 Denise Winfield (74) 23:33	4 Amanda Shaw (68) 22:56	3 Julia Gilbride (43) 20:37	
<b>69 298 Wolverhampton &amp; Bilston AC [E]</b>	<b>1:32:32</b>	<b>-- 224 Charnwood AC [B]</b>	<b>0:59:18</b>
1 Alison Pinches (75) 21:43	2 Jan Brookes (83) 26:16	1 Louise Richmond (45) 18:52	2 Mariam Getachew (37) 18:13
3 Amy Leaver (79) 21:40	4 Julia Cooper (69) 22:53	3 Sarah Brooksbank (46) 22:13	
<b>70 239 Halesowen A &amp; CC [C]</b>	<b>1:32:46</b>	<b>-- 206 Birchfield Harriers [D]</b>	<b>0:59:50</b>
1 Rebecca Moore (61) 19:58	2 Helena Bustin (70) 22:54	1 Georgina Rogers (29) 17:20	2 Sarah Capewell (46) 21:21
3 Marion Bailey (71) 23:31	4 Joanne Page (70) 26:23	3 Samantha Watters (48) 21:09	

**4 stage for Senior Ladies - Provisional results**

-- **234 Corby AC [B]** **1:01:30**

1 Sarah Baxby (44) 18:48 2 Debra Galletta (58) 21:51

3 Margaret Mulholl (56) 20:51

-- **251 Kings Heath RC [B]** **1:14:54**

1 Laura Boyes (84) 23:01 2 Helen Brookes (85) 27:02

3 Rebecca Bridgman (84) 24:51

-- **210 B.R.A.T. [D]** **0:17:13**

1 Jennifer Coxon (23) 17:13

-- **299 Birchfield Harriers [E]** **0:20:31**

1 Julie Rogers (65) 20:31

-- **241 Harborough AC [B]** **0:25:30**

1 Theresa Brown (88) 25:30



## Ladies Senior 4 Stage - fastest overall - Provisional results

Pos	Runner	Team	Leg	Time				
1	Gemma Hillier-Moses	Charnwood AC [A]	1	14:42	59 Jennifer Coxon	B.R.A.T. [D]	1	17:13
2	Mellisa Woodward	Royal Sutton Coldfie	1	15:12	60 Kerry Marchant	Staffs Moorlands AC	4	17:16
3	Emma Gould	Birchfield Har...[A]	4	15:15	= Jackie Halford	wolverhampton ...[A]	3	17:16
=	Imogen Ainsworth	Bristol & west...[A]	4	15:15	62 Becky Boulton	CLC Striders [B]	2	17:17
5	Nicole Roberts	Birchfield Har...[A]	1	15:19	= Myshola Kirkham	Coventry Godiva Harr	1	17:17
6	Gemma Shepherd	Team Bath AC [A]	4	15:21	= Monica Williamson	Leamington C&AC	1	17:17
7	Beccy Tipping	B.R.A.T. [A]	1	15:29	= Susannah Davies	Tipton Harriers [B]	1	17:17
8	Mandy Vernon	Trentham RC [A]	1	15:31	66 Clare Jolliffe	Bristol & west...[B]	3	17:19
9	Amie Fithern	Tipton Harriers [A]	1	15:39	= Hannah Robinson	Notts AC [B]	1	17:19
10	Eleanor Fowler	Nuneaton Harri...[A]	1	15:42	= Elizabeth Smith	westbury Harri...[A]	1	17:19
11	Rebecca Hall	Corby AC [A]	1	15:43	69 Georgina Rogers	Birchfield Har...[D]	1	17:20
12	Katja Eravisto	Notts AC [A]	2	15:49	= Kate Williams	wolverhampton ...[A]	2	17:20
13	Katie Allen	Birchfield Har...[A]	3	15:51	71 Frances Briscoe	Coventry Godiva Harr	3	17:22
14	Helen Sharpe	Bristol & west...[A]	3	15:55	72 Claire Smith	Heanor RC [A]	4	17:23
15	Alice Daniel	Charnwood AC [A]	3	15:59	= Mellisa Pawson	North Devon AC	3	17:23
16	Nicola Sykes	Bournville Har...[A]	1	16:01	= Lori Marshall	Notts AC [A]	3	17:23
17	Sophie Lynch	Tipton Harriers [A]	4	16:02	75 Katherine Hodgson	Nuneaton Harri...[A]	3	17:25
18	Danielle Rowlinson	wolverhampton ...[A]	1	16:03	76 Danielle Bogue	B.R.A.T. [B]	2	17:29
19	Lisa Palmer	Heanor RC [A]	1	16:04	= Joanne Finch	Notts AC [A]	4	17:29
20	Danielle Bryan	Kenilworth Run...[A]	1	16:06	78 Hannah Hardy	Mansfield Harr...[A]	1	17:30
21	Naomi Eaton	Stroud & District AC	4	16:12	= Joanne Fifield	Stroud & District AC	2	17:30
22	Rebecca Harrison	Cheadle RC	4	16:14	80 Sarah Sheppard	North Devon AC	2	17:31
23	Rebecca Pierce	Team Bath AC [A]	1	16:16	81 Catherine Gough	Sphinx AC [A]	1	17:34
24	Ellen Harrison	Bristol & west...[A]	1	16:17	82 Amelia Reynolds	Telford AC	4	17:35
25	Michelle Willcocks	Sutton In Ashf...[A]	1	16:18	83 Louisa Davidson	Birchfield Har...[C]	2	17:36
=	Katrine Svane	Team Bath AC [A]	2	16:18	= Emily Monk	Halesowen A & CC [A]	1	17:36
27	Julia Belyavin	Bristol & west...[A]	2	16:24	= Kristina Dulson	Trentham RC [A]	2	17:36
28	Nicki Ottley De La S	Notts AC [A]	1	16:26	86 Isabel Cotham	wolverhampton ...[A]	4	17:37
29	Marie Voice	B.R.A.T. [A]	4	16:28	87 Fian Sweeney	Telford AC	2	17:39
30	Mel Price	Kenilworth Run...[A]	2	16:34	88 Betty Richardson	Kenilworth Run...[B]	3	17:41
=	Jane Wassell	Stroud & District AC	1	16:34	89 Alexa Parker	Bristol & west...[B]	1	17:42
32	Bryony Haines	Birchfield Har...[A]	2	16:35	= Louise Baker	Staffs Moorlands AC	3	17:42
33	Amanda Davies	Cheadle RC	1	16:36	91 Melissa Damro	Kenilworth Run...[A]	3	17:43
=	Amanda Deavy	Northbrook AC [A]	2	16:36	= Rachel Coupe	Telford AC	1	17:43
35	Elsie Butler	Charnwood AC [A]	2	16:37	93 Rachel Vines	CLC Striders [A]	1	17:45
36	Rebecca Hair	B.R.A.T. [A]	2	16:38	= Kelly Winstone	westbury Harri...[A]	4	17:45
37	Louise Insley	Heanor RC [A]	2	16:39	95 Phoebe Dodd	Halesowen A & CC [A]	4	17:47
38	Helen Talbot	Nuneaton Harri...[A]	4	16:41	= Isabel Bradley	Telford AC	3	17:47
39	Jo Brown	Northbrook AC [A]	1	16:43	97 Laura Meech	Clevedon [A]	2	17:48
40	Danielle Hodgkinson	Birchfield Har...[B]	2	16:44	98 Christina Griffiths	Stroud & District AC	3	17:49
=	Sally Hogan	Bromsgrove & Reddittc	2	16:44	99 Laura Gale	Bournville Har...[A]	2	17:51
42	Jodie Withyman	Clevedon [A]	1	16:46	100 Tamara Freeman	Bromsgrove & Reddittc	1	17:52
43	Imogen Peace	Kenilworth Run...[A]	4	16:48	101 Sharleen Hollinshead	Cheadle RC	3	17:53
44	Lynne Hill	Tipton Harriers [A]	2	16:50	= Sharon McGarry	Solihull & Small Hea	1	17:53
45	Andrea Deathridge	Royal Sutton Coldfie	4	16:53	103 Geraldine Taylor	Birchfield Har...[B]	3	17:56
46	Liza Barry	CLC Striders [A]	4	16:56	104 Martha Clapp	Harborough AC [A]	1	17:58
=	Jo Thompson	Team Bath AC [A]	3	16:56	= Audrey Wilson	wolverhampton ...[C]	3	17:58
48	Hollie Smith	Charnwood AC [A]	4	17:00	= Sophie Byrne	Tipton Harriers [B]	4	17:58
49	Deborah Thomas	Trentham RC [A]	4	17:02	107 Amy Johnson	Royal Sutton Coldfie	3	17:59
50	Ruth watchorn-Rice	Cheadle RC	2	17:03	108 Jill Burke	Heanor RC [A]	3	18:02
51	Sarah Conway	Birchfield Har...[B]	1	17:04	= Rebecca Barson	Sutton In Ashf...[A]	4	18:02
=	Melissa Brown	B.R.A.T. [A]	3	17:04	110 Rosie Davies	B.R.A.T. [B]	3	18:04
53	Julie Caddick	Tipton Harriers [A]	3	17:05	= Laura Leslie	Bournville Har...[A]	4	18:04
54	Katie Truslove	CLC Striders [A]	3	17:09	112 Bonita Robinson	Hermitage Harr...[A]	1	18:06
=	Jane Bartholomew	Sparkhill Harriers	3	17:09	= Katy Moore	Notts AC [B]	2	18:06
56	Linda Howell	Bournville Har...[A]	3	17:11	114 Debbie Hope	Staffs Moorlands AC	2	18:09
=	Rosemary Terribile	North Devon AC	1	17:11	115 Kahli Johnson	Mansfield Harr...[A]	3	18:10
58	Polly Keen	Nuneaton Harri...[A]	2	17:12	= Kathryn Morgans	wolverhampton ...[B]	3	18:10

## Ladies Senior 4 Stage - fastest overall - Provisional results

Pos	Runner	Team	Leg	Time			
117	Amelia Mullins	CLC Striders [A]	2	18:12	= Alice Mortiboy	Mansfield Harr...[B]	3 19:39
	= Karen Brooks	Harborough AC [A]	2	18:12	176 Rose Leivers	Heanor RC [B]	1 19:41
119	Mariam Getachew	Charnwood AC [B]	2	18:13	= Joanne Potter	Heanor RC [B]	4 19:41
120	Louise Andrews	Kenilworth Run...[B]	1	18:14	178 Emma Jolliffe	Bristol & west...[B]	2 19:44
	= Isher Mander	Wolverhampton ...[B]	2	18:14	179 Emily Simmonds	Wolverhampton ...[D]	4 19:45
122	Amanda O'Leary	Knowle & Dorri...[A]	1	18:17	180 Emma Donnelly	Knowle & Dorri...[A]	3 19:48
123	Jennifer Heaney	B.R.A.T. [B]	1	18:19	= Sarah Clark	Nuneaton Harri...[B]	1 19:48
	= Mandy Carmicon	Sutton In Ashf...[A]	2	18:19	182 Victoria Charlton	Tipton Harriers [C]	1 19:52
	= Claire Watson	Sutton In Ashf...[A]	3	18:19	183 Tamsin Chick	Westbury Harri...[B]	3 19:53
126	Jill Pittard	Northbrook AC [A]	4	18:22	184 Samantha Starvis	Kenilworth Run...[C]	1 19:54
127	Hayley Veasey	Corby AC [A]	2	18:23	185 Linda S"derlund	Kings Heath RC [A]	4 19:55
	= Karen Cudby	Corby AC [A]	3	18:23	186 Jeni Cummins	Westbury Harri...[B]	1 19:56
129	Rachel Siggers	Kenilworth Run...[B]	2	18:26	187 Rebecca Moore	Halesowen A & CC [C]	1 19:58
130	Rosanna Marshallsay	Birchfield Har...[C]	4	18:33	188 Suz West	Bournville Har...[C]	1 19:59
131	Hannah Gaunt	North Devon AC	4	18:35	189 Samanth Rose	B.R.A.T. [C]	4 20:01
132	Kaylee Harris	Birchfield Har...[B]	4	18:44	= Nicola Menzies	CLC Striders [B]	4 20:01
	= Daniela Sedgley	Tipton Harriers [B]	2	18:44	191 Helen Elsoueidi	Royal Sutton Coldfie	2 20:02
134	Maria Hobbs	Westbury Harri...[A]	2	18:46	= Olivia Eskell	Westbury Harri...[A]	3 20:02
135	Elizabeth Watters	Birchfield Har...[C]	1	18:47	193 Katie Dolan	Tipton Harriers [B]	3 20:04
136	Sarah Baxby	Corby AC [B]	1	18:48	194 Gemma Ellis	Kenilworth Run...[B]	4 20:05
137	Hayley Richards	Wolverhampton ...[C]	4	18:49	= Susan Twardochleb	Newcastle (staffs) A	4 20:05
138	Donna Atkinson	Sutton In Ashf...[B]	4	18:50	= Joanne Stocks	Redhill Road Runners	4 20:05
139	Alice Venkatesan	Mansfield Harr...[A]	2	18:51	197 Claire O'Kane	Knowle & Dorri...[A]	4 20:08
	= Rachel Gibson	Wolverhampton ...[B]	4	18:51	198 Laura Gould	Kenilworth Run...[C]	4 20:12
141	Louise Richmond	Charnwood AC [B]	1	18:52	= Laura Boultyby	Notts AC [B]	3 20:12
142	Sally Spencer	Halesowen A & CC [B]	1	18:54	200 Heather Fooks	Solihull & Small Hea	2 20:13
143	Emily Holden	Bournville Har...[B]	3	18:57	= Sue Bradley	Sutton In Ashf...[B]	2 20:13
	= Helen Jones	Mansfield Harr...[A]	4	18:57	202 Jeanette Robathan	Centurion RC [A]	1 20:14
145	Kathy Bailey	Knowle & Dorri...[A]	2	18:59	203 Louise Jeffries	Team Bath AC [B]	4 20:15
146	Beverley Armstrong	Mansfield Harr...[B]	1	19:01	204 Simone Wilson	Nuneaton Harri...[B]	3 20:22
147	Linda McDonald	Northbrook AC [A]	3	19:02	205 Marie Lochrie	Clevedon [B]	2 20:23
148	Krissie Davies	Sparkhill Harriers	1	19:04	= Julie Dale	Halesowen A & CC [A]	2 20:23
149	Cara Percival	Wolverhampton ...[B]	1	19:06	= Lucy Corbett	Trentham RC [A]	3 20:23
150	Donna Burgess	Staffs Moorlands AC	1	19:08	208 Heather Thornley	Redhill Road Runners	3 20:26
151	Monica Baptista	Bournville Har...[B]	1	19:09	= Susan Gough	Sphinx AC [A]	3 20:26
	= Kerri James	Halesowen A & CC [A]	3	19:09	210 Hannah Jones	Newcastle (staffs) A	1 20:28
153	Claire Goodall	Corby AC [A]	4	19:11	= Laura Merryweather	Redhill Road Runners	2 20:28
154	Rachel Chard	Nuneaton Harri...[B]	2	19:12	212 Rhian Littlewood	Bournville Har...[C]	2 20:29
155	Clare Rowntree	Northbrook AC [B]	1	19:13	213 Rita Fisher	Heanor RC [B]	2 20:31
156	Donna Davies	Clevedon [A]	3	19:15	= Katie Wheeler	Hermitage Harr...[B]	2 20:31
157	Jenny Jeeves	Leamington C&AC	2	19:16	= Melissa Lowke	Wolverhampton ...[D]	3 20:31
158	Rachel Meredith	Northbrook AC [B]	2	19:17	= Julie Rogers	Birchfield Har...[E]	1 20:31
159	Rebecca Warren	Dudley Kingswinford	4	19:18	217 Helen Winters	Telford Harriers [A]	3 20:34
160	Barbra Stevens	Redhill Road Runners	1	19:20	218 Katie Smith	Hermitage Harr...[A]	3 20:37
161	Andrea Burnett	Centurion RC [A]	3	19:21	= Julia Gilbride	Solihull & Small Hea	3 20:37
	= Sally Eason	Northbrook AC [B]	4	19:21	= Lisa Yeomans	Telford Harriers [A]	2 20:37
163	Hannah Wheeler	Hermitage Harr...[A]	4	19:23	221 Jude Glynn	Bournville Har...[C]	4 20:43
164	Tina Clemmensen	Leamington C&AC	3	19:24	= Zina Marchant	Team Bath AC [B]	3 20:43
	= Jane Edwards	Sphinx AC [A]	2	19:24	223 Carol Fisher	Dudley Kingswinford	1 20:44
166	Zoe Sewter	Hermitage Harr...[A]	2	19:25	224 Jane Anderson	Bromsgrove & Redditc	3 20:46
	= Alison Whittingham	Sutton In Ashf...[B]	1	19:25	225 Jude Mansfield	Knowle & Dorri...[B]	1 20:47
168	Kerry Clarke	B.R.A.T. [C]	3	19:29	226 Alison Fergusson	Centurion RC [A]	4 20:49
	= Sophie Arnold	Sparkhill Harriers	4	19:29	227 Sally Dennis	Clevedon [B]	1 20:50
170	Helen Ball	Clevedon [A]	4	19:32	= Karen Chandler	Kings Heath RC [A]	2 20:50
	= Kerry Allen	Kings Heath RC [A]	1	19:32	229 Margaret Mulholland	Corby AC [B]	3 20:51
172	Lisa Cartwright	Bournville Har...[B]	4	19:35	230 Sam Pretlove	Bournville Har...[D]	2 20:53
173	Megan Harris	Sparkhill Harriers	2	19:38	= Lianne Brooks	Harborough AC [A]	4 20:53
174	Zarinda Batstone	Coventry Godiva Harr	2	19:39	= Hazel Smallman	Wolverhampton ...[D]	2 20:53

## Ladies Senior 4 Stage - fastest overall - Provisional results

Pos	Runner	Team	Leg	Time				
233	Solenne Devulder	wolverhampton ...[D]	1	20:55	291 Helena Bustin	Halesowen A & CC [C]	2	22:54
234	Julie Delahaye-Slate	Bournville Har...[B]	2	20:56	= Karen Foreman	Telford Harriers [B]	1	22:54
235	Rachel Young	B.R.A.T. [B]	4	20:57	293 Tanya Griffiths	Centurion RC [B]	1	22:56
	= Karen Riley	B.R.A.T. [C]	2	20:57	= Amanda Shaw	Mansfield Harr...[C]	4	22:56
	= Claire Butler	Bournville Har...[C]	3	20:57	295 Rachel Partridge	Bournville Har...[D]	3	22:57
	= Theresa Woolley	Centurion RC [A]	2	20:57	= Sarah Kaye	Sutton In Ashf...[B]	3	22:57
239	Alison Pickup	Bromsgrove & Redditt	4	20:58	297 Laura Boyes	Kings Heath RC [B]	1	23:01
240	Sharon Armitage	Mansfield Harr...[B]	4	20:59	298 Elaine Heyes	Clevedon [B]	3	23:04
	= Charlotte Gardner	Telford Harriers [A]	4	20:59	299 Donna Davenport	Notts AC [B]	4	23:06
242	Jemma Green	Knowle & Dorri...[B]	4	21:00	300 Pauline Dable	Kenilworth Run...[D]	3	23:12
243	Sandra Sforza	westbury Harri...[B]	2	21:01	301 Emily Adams	Tipton Harriers [C]	3	23:14
244	Hannah Batchelor	Kings Heath RC [A]	3	21:02	302 Victoria Gochelen	Sphinx AC [B]	4	23:19
245	Lindsey Dow	Team Bath AC [B]	1	21:04	303 Laura Duggins	Sphinx AC [B]	1	23:28
246	Michelle Kenny	Nuneaton Harri...[B]	4	21:05	304 Marion Bailey	Halesowen A & CC [C]	3	23:31
	= Alex Ling	westbury Harri...[B]	4	21:05	305 Denise winfield	Mansfield Harr...[C]	3	23:33
248	Caroline Lambert	Halesowen A & CC [B]	2	21:06	306 Ursula Scott	Centurion RC [B]	3	23:36
249	Debbie Brickley	wolverhampton ...[C]	2	21:07	307 Abigail Wright	Aldridge RC [B]	1	23:38
250	Samantha Watters	Birchfield Har...[D]	3	21:09	308 Karen Kiteley	Aldridge RC [A]	2	23:52
251	Rosalind Brooks	Kenilworth Run...[C]	3	21:10	= Charlotte Pollard	Hermitage Harr...[B]	4	23:52
252	Louise Booker	Aldridge RC [A]	1	21:15	310 Lisa J Newell	Dudley Kingswinford	3	23:56
253	Jackie Duers	Mansfield Harr...[B]	2	21:19	311 Lesley Proctor	Bournville Har...[E]	2	23:57
254	Sarah Capewell	Birchfield Har...[D]	2	21:21	312 Charlotte Tonks	Dudley Kingswinford	2	24:00
255	Anna Davies	Aldridge RC [A]	4	21:22	313 Catherine McNicholl	B.R.A.T. [C]	1	24:07
256	Nicola Atkins	Telford Harriers [A]	1	21:26	314 Karen O'Hanlon	Heanor RC [B]	3	24:11
257	Judith Brand	Hermitage Harr...[B]	1	21:29	= Emma Hodges	Telford Harriers [B]	4	24:11
	= Rachel Aston	Knowle & Dorri...[B]	2	21:29	316 Tina Brasenell	Telford Harriers [C]	3	24:12
259	Rosemary Wilson	Trentham RC [B]	2	21:31	317 Laura Pibworth	Sphinx AC [B]	3	24:15
260	Amy Leaver	wolverhampton ...[E]	3	21:40	318 Clare Colquhoun	Centurion RC [B]	4	24:26
261	Gemma Evans	wolverhampton ...[C]	1	21:41	319 Amanda Woodward	Telford Harriers [B]	2	24:29
262	Ellie Ahmed	Bournville Har...[D]	4	21:42	320 Micheala Duckett	Tipton Harriers [C]	4	24:30
263	Alison Pinches	wolverhampton ...[E]	1	21:43	321 Lorraine Droogmans	Newcastle (staffs) A	2	24:43
264	Sian Reynolds	Tipton Harriers [C]	2	21:44	322 Rebecca Bridgman	Kings Heath RC [B]	3	24:51
265	Lindsay Dalby	Knowle & Dorri...[B]	3	21:49	323 Gail Bates	Kenilworth Run...[D]	2	25:11
266	Stacey Marston	Bournville Har...[D]	1	21:50	324 Jane Quinn	Aldridge RC [B]	2	25:20
	= Monika Ciezarek	Sphinx AC [A]	4	21:50	325 Grainne Bermingham	Bournville Har...[E]	3	25:30
268	Debra Galletta	Corby AC [B]	2	21:51	= Theresa Brown	Harborough AC [B]	1	25:30
	= Nicola Jennings	Trentham RC [B]	4	21:51	327 Helen Hodge	Northbrook AC [B]	3	25:31
270	Lin Farrow	Harborough AC [A]	3	21:54	328 Hazel Clarke	Telford Harriers [C]	4	25:35
271	Anne Kelsall	Aldridge RC [B]	4	21:56	329 Jo Yarnall	Aldridge RC [B]	3	25:45
272	Sue Pepperday	Mansfield Harr...[C]	2	21:57	330 Lesley Pymm	Bournville Har...[E]	4	25:52
273	Lisa Abbott	Sphinx AC [B]	2	21:58	331 Jan Brookes	wolverhampton ...[E]	2	26:16
	= Jill Phillips	Trentham RC [B]	1	21:58	332 Joanne Page	Halesowen A & CC [C]	4	26:23
275	Amy Whitehurst	Newcastle (staffs) A	3	22:02	333 Janice Rambridge	Team Bath AC [B]	2	26:41
276	Emma Hopkins	Bournville Har...[E]	1	22:03	334 Helen Brookes	Kings Heath RC [B]	2	27:02
277	Angela Dowden	Kenilworth Run...[D]	1	22:05	335 Deborah Clarke	Hermitage Harr...[B]	3	27:23
278	Mary Williams	Centurion RC [B]	2	22:09	336 Sonia Edmonds	Telford Harriers [B]	3	27:57
279	Sarah Brooksbank	Charnwood AC [B]	3	22:13	337 Louise Bradley	Telford Harriers [C]	2	28:53
280	Claire Dyer	Kenilworth Run...[C]	2	22:14	338 Kirsty Smith	Kenilworth Run...[D]	4	29:15
281	Camille Smyth	Trentham RC [B]	3	22:16	339 Jennifer Robinson	Telford Harriers [C]	1	29:39
282	Sue Crinnian	Halesowen A & CC [B]	4	22:17	340 Jane Cooley	Clevedon [B]	4	30:38
283	Claire Pugh	Aldridge RC [A]	3	22:20				
284	Gemma Sidaway	Birchfield Har...[C]	3	22:27				
285	Nathalie Lovekin	CLC Striders [B]	3	22:30				
286	Charlie Haward	CLC Striders [B]	1	22:36				
	= Helen Attwood	Halesowen A & CC [B]	3	22:36				
288	Christiane Parker	Leamington C&AC	4	22:49				
289	Heather Shone	Mansfield Harr...[C]	1	22:50				
290	Julia Cooper	wolverhampton ...[E]	4	22:53				