

MIDLAND COUNTIES TRACK & FIELD LEAGUE 2016

The fourth and final match of the Midland Counties Athletics Direct Track & Field League saw three divisional records equalled and two new divisional records set. Niamh Bailey from Corby AC had a successful day, breaking her own long jump record with a leap of 5.81m and equalling the 200m record of 25.0s. In Division 6 Clara Evans from Hereford & County AC broke the 3000m record by 12 seconds with 10.08.5s.

Despite only a few records being broken there was still plenty of exciting racing, with clubs competing hard for every point to secure promotion or avoid relegation. Birchfield Harriers secured a comfortable victory in Division 1 with a second match win. Division 2 was closely fought to the end, with Tamworth AC 'A' beating Notts AC by one point to finish top. In Division 3 Worcester AC won and secured promotion despite finishing last in the final match due to their success in the first three matches. Abingdon AC were clear winners of Division 4 after finishing top in each match. It was fairly close in Division 5 but Tipton Harriers held on to the top spot ahead of Leicester Coritanian by three points. The most exciting battle for the top was in Division 6 with Burton AC, Hereford & County AC and Team Shrewsbury all vying for promotion in the last match. In the end Team Shrewsbury lost out by four points, with the top two clubs tying on league points but Burton AC won the division on overall match points.

Congratulations to everyone who competed and thank you to the officials and team managers for their hard work all season.

Roll of Honour:

DIVISIONAL RECORDS

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|--------------|----------------------|-----------|----------|------------|
| Niamh Bailey | Corby AC | Long Jump | 5.81m | Division 4 |
| Clara Evans | Hereford & County AC | 3000m | 10.08.5s | Division 6 |

EQUALLED DIVISIONAL RECORD

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|----------------|-----------------------|------------|-------|------------|
| Niamh Bailey | Corby AC | 200m | 25.0s | Division 4 |
| Felicio Miloro | Sutton in Ashfield AC | Pole Vault | 3.00m | Division 5 |
| Sylvia Misztal | Hereford & County AC | 100mH | 15.5s | Division 6 |