

MIDLAND COUNTIES ATHLETIC ASSOCIATION
SENIOR AND U20 Championships inc PARALLEL SUCCESS
PINGLES STADIUM, NUNEATON

Track Events Sunday 12 JUNE 2016

T25 12.30 400m Hurdles Senior Women Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Women		388	Sian DAVIES	Swansea Harriers	1.03.10	
U23 Women		359	Hattie DENT	Yate & District AC	1.07.63	
Senior Women		374	Frankie COURTNEY	Cheltenham & County Harriers	1.08.05	
Senior Women		235	Juliette WARBURTON	Bromsgrove & Redditch	1.33.49	

T26 12.35 400m Hurdles U20 Women Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
U20 Women		340	Danel JANSEN-VAN-RENSBURG	Solihull & Small Heath AC	1.03.63	
U20 Women		100	Chloe WILDE	Cannock & Stafford AC	1.05.41	
U20 Women		353	Hannah SHEPHERD	Rugby & Northampton AC	1.08.57	
U20 Women		338	Molly HANSON	Worcester AC	1.10.09	

T27 12.45 100m Senior Men Heats						
CBP:						
Ht	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U23 Men	1	43	Elliott POWELL	Leicester Coritanian AC	10.74	+0.6
U23 Men	2	34	Kane HOWITT	Royal Sutton Coldfield AC	10.95	
U23 Men	3	35	Daniel HUGHES	Halesowen ACC	11.31	
U23 Men	4	49	Jordan SPENCE	Corby AC	11.34	
U23 Men	5	52	Aaron NETTLEFORD	Tipton Harriers	11.70	
Senior Men	6	56	Jacob BAKER	Charnwood A C	11.82	
Senior Men	7	58	Stephen BUTTLER	Worcester AC	11.97	

T27 12.45 100m Senior Men Heats						
CBP:						
Ht	Position	BIB	ATHLETE	CLUB	Time	W/S ms
Senior Men	1	63	Kyle ENNIS	Rugby & Northampton AC	10.70	+1.2
U23 Men	2	44	Jay RARADZA	Derby AC	10.72	
U23 Men	3	38	Jack LAWRENCE	Birchfield Harriers	10.82	
U23 Men	4	33	Hassan HASSAN	Coventry Godiva Harriers	11.13	
Senior Men	5	54	Diekumo ANTHONY	Coventry Godiva Harriers	11.23	
Senior Men	6	60	Santino DUMMETT	Telford AC	11.76	
Senior Men	7	61	Scott EBURNE	Coventry Godiva Harriers	12.41	

T27 12.45 100m Senior Men Heats						
CBP:						
Ht	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U23 Men	1	30	Jordan BROOME	Coventry Godiva Harriers	10.74	
U23 Men	2	28	Shad-Marc AARON	Birchfield Harriers	10.93	+1.9
Senior Men	3	64	Jordan FAIRCLOUGH	Notts AC	10.94	
Senior Men	4	65	Mathias FRANCIS	Birchfield Harriers	11.10	
Senior Men	5	70	Peter OLIVER	Trafford AC	11.10	
U23 Men	6	37	Anthony ITOTA	Coventry Godiva Harriers	11.25	
U23 Men	7	39	De'Quan LODGE	Birchfield Harriers	11.28	

T28 13.00 100m U20 Men Heats						
CBP:						
Ht	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Men	1	8	Rico EWER	Rugby & Northampton AC	10.82	+1.1
U20 Men	2	19	Alfie ROWETT	Banbury Harriers AC	10.91	
U20 Men	3	9	Kieran GARRATTLEY	Worcester AC	11.07	
U20 Men	4	10	Josiah HYACINTH	Coventry Godiva Harriers	11.17	
U20 Men	5	15	Bret OKEKE	4Life Triathlon Club	11.30	
U20 Men	6	3	Ollie BIDDLE	Worcester AC	11.31	
U20 Men	7	24	George WHITBY-HAYES	Birchfield Harriers	11.62	

T28 13.00 100m U20 Men Heats						
CBP:						
Ht	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Men	1	23	Nicholas WALSH	Tipton Harriers	10.72	+1.0
U20 Men	2	13	Rio MITCHAM	Telford AC	10.84	
U20 Men	3	22	Ben TUKA	Dudley & Stourbridge Harriers	11.11	
U20 Men	4	25	Kai WILLIAMS	Coventry Godiva Harriers	11.22	
U20 Men	5	11	Tom KENWRIGHT	Worcester AC	11.23	
U20 Men	6	5	Jack BROTHERS	Telford AC	11.40	

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T27 12.45 Senior Men 100m Parallel Success						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U23 Men	1	42	Robert PEARSALL	Tipton Harriers	12.24	T20
Senior Men	2	57	Carl BALDWIN	Lawley Running Club	13.16	T12
Senior Men	3	72	Marcus PIDGLEY	Poole AC	13.69	T37

T29 13.15 800m Senior Women Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Women	1	225	Katie ALLEN	Birchfield Harriers	2.18.11	
Senior Women	2	230	Sarah MACKNESS	Telford AC	2.20.86	
Senior Women	3	229	Anne-Laure LARRIVIERE	Notts AC	2.21.62	
Senior Women	4	228	Krisztina KURUCZ	Kettering Town Harriers	2.32.49	
Senior Women	5	132	Jody WARD	Leicester Coritanian AC	2.51.79	
Senior Women	6	235	Juliette WARBURTON	Bromsgrove & Redditch	3.06.19	

T30 13.30 800m U20 Women Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
U20 Women	1	213	Caelidh ROSS	Leicester Coritanian AC	2.16.38	
U20 Women	2	209	Laura MULLIN	Charnwood A C	2.16.79	
U20 Women	3	206	Lucy HOLT	City of Stoke AC	2.18.24	
U20 Women	4	207	Isabel JAMES	Kidderminster & Stourport	2.18.64	
U20 Women	5	212	Ella PALMER	Kettering Town Harriers	2.21.08	

T31 13.45 1500m Senior Men Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Men	1	190	Stuart KING	Heanor Running Club	4.00.86	
Senior Men	2	177	Thomas BEASLEY	Birchfield Harriers	4.02.02	
Senior Men	3	184	Richard DE-CAMPS	Cheltenham & County Harriers	4.02.12	
U23 Men	4	166	Zach NOLAN	Coventry Godiva Harriers	4.04.42	
Senior Men	5	180	Thomas CROWLEY	Notts AC	4.09.39	
U23 Men	6	168	Oliver PAULIN	Coventry Godiva Harriers	4.10.31	
Senior Men	7	191	Stephen LONG	Notts AC	4.11.48	
Senior Men	8	189	Andrew KAAR	Coventry Godiva Harriers	4.12.79	
U23 Men	9	165	Christopher MCMILLAN	Owls AC	4.26.61	T20

T32 13.55 1500m U20 Men Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
U20 Men	1	135	Jeremy BARNES	Coventry Godiva Harriers	3.58.50	
U20 Men	2	151	James MCCRAE	Nene Valley	3.59.12	
U20 Men	3	161	Stanley WILLIS	Bedford & County AC	3.59.65	
U20 Men	4	156	Alex RIELEY	Mansfield Harriers	4.03.68	
U20 Men	5	160	Cameron WALKER	Mansfield Harriers	4.05.69	
U20 Men	6	148	Jack HOPE	Kettering Town Harriers	4.06.06	
U20 Men	7	152	Alfie MEADE	Coventry Godiva Harriers	4.06.93	
U20 Men	8	145	Amrik GILL	Leicester Coritanian AC	4.07.74	
U20 Men	9	162	Adam WILSON	Yate & District AC	4.08.42	
U20 Men	10	144	Oliver FREER	Leicester Coritanian AC	4.11.16	
U20 Men	11	141	Tom CORBY	Owls AC	4.11.82	
U20 Men	12	149	Alex JOLLY	Coventry Godiva Harriers	4.13.29	
U20 Men	13	138	Reis BROOKE	Birchfield Harriers	4.16.90	

T33 14.05 200m Senior Women Heats						
Ht 1 CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Women	1	76	Gina AKPE-MOSES	Birchfield Harriers	24.99	+0.3
U23 Women	2	112	Samantha GRIFFITHS	Cheltenham and County Harriers	25.86	
Senior Women	3	131	Michelle THOMAS	Birchfield Harriers	27.02	
Senior Women	4	125	Charmaine RILEY NELSON	Royal Sutton Coldfield AC	28.34	
U23 Women	5	109	Lucy DAVIES	Coventry Godiva Harriers	29.12	
Senior Women	6	132	Jody WARD	Leicester Coritanian AC	30.70	

T33 14.05 200m Senior Women Heats						
Ht 2 CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
Senior Women		123	Nardhia KIDD-WALKER	Birchfield Harriers	25.85	+0.5
U23 Women		108	Kelly CONSTABLE	Gloucester AC	25.88	
Senior Women		127	Ellena RUDDOCK	Rugby & Northampton AC	26.53	
U23 Women		105	Petra BEDIAKO	Birmingham Running & Triathlon Club	27.81	
Senior Women		124	Fleur O'DONOHUE	Nuneaton Harriers	34.48	T20

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T34 14.15 200m U20 Women Heats						
Ht 1 CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Women	1	85	Megan DAVIES	Cannock & Stafford AC	25.52	+0.6
U20 Women	2	83	Harriet COOPER	Charnwood A C	25.69	
U20 Women	3	91	Hannah MALPASS	Cannock & Stafford AC	25.99	
U20 Women	4	86	Tia DEVLIA	Birchfield Harriers	26.28	
U20 Women	5	100	Chloe WILDE	Cannock & Stafford AC	27.05	
U20 Women	6	93	Oceane OTSHUDY	Coventry Godiva Harriers	27.64	

T34 14.15 200m U20 Women Heats						
Ht 2 CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Women	1	82	Mia CHAPMAN	Bedford & County AC	25.70	+0.6
U20 Women	2	97	Derrion THOMPSON	Tipton Harriers	25.75	
U20 Women	3	81	Bethany CATCHPOWLE	Solihull & Small Heath AC	26.27	
U20 Women	4	88	Jordan HALL	Shrewsbury AC	26.96	
U20 Women	5	102	Sian WYN-JONES	Solihull & Small Heath AC	28.03	

T35 14.45 110m Hurdles Senior Men Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U23 Men	1	40	Maranga MOKAYA	Notts AC	14.99	+0.8
U23 Men	2	46	William RITCHIE-MOULIN	Birchfield Harriers	15.24	
Senior Men	3	55	Prince AYEH	Birmingham Running & Triathlon Club	16.35	

T36 14.50 100m Hurdles U20 Men Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Men	2	25	Kai WILLIAMS	Coventry Godiva Harriers	15.06	+0.8
U20 Men	3	5	Jack BROTHERS	Telford AC	15.17	
U20 Men	4	14	Christopher MORGAN	Rugby & Northampton AC	16.36	

T37 14.55 400m Senior Men Heats						
Ht 1 CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Men	1	59	Christian BYRON	Birchfield Harriers	48.14	
U23 Men	2	395	Karl GOODMAN	Vale of Aylesbury	48.70	
U23 Men	3	163	Mark COTTAM	Bristol & West AC	48.95	
U23 Men	4	170	Simbarashe RWAMBIWA	Birchfield Harriers	49.67	
Senior Men	5	195	Shem NELSON	Royal Sutton Coldfield AC	50.89	
U23 Men	6	36	Jonathan HUGHES	Leicester Coritanian AC	51.96	

T37 14.55 400m Senior Men Heats						
Ht 2 CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Men	1	68	Nicholas KANONIK	Birchfield Harriers	49.06	
Senior Men	2	74	Charlie ROE	Chichester Runners & AC	49.64	
Senior Men	3	185	Jemaine DWIGHT	Birchfield Harriers	50.40	
Senior Men	4	69	Stewart MARSHALL	Coventry Godiva Harriers	50.69	
Senior Men	5	196	Clark ROBERTS	Coventry Godiva Harriers	56.07	
Senior Men	6	55	Prince AYEH	Birmingham Running & Triathlon Club	57.65	

T37 14.55 400m Senior Men Heats						
Ht 3 CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
U23 Men	1	174	Mark WILLIAMS	University of Birmingham AC & XC Club	48.49	
Senior Men	2	73	Nicholas PRYCE	Royal Sutton Coldfield AC	49.29	
Senior Men	3	194	David MOULD	Bromsgrove & Redditch	50.22	
U23 Men	4	169	Alasdair RIGBY	Cannock & Stafford AC	53.78	

T37 14.55 Senior Men 400m Parallel Success						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
U23 Men	1	42	Robert PEARSALL	Tipton Harriers	58.07	T20
U23 Men	2	165	Christopher MCMILLAN	Owls AC	58.69	T20
Senior Men	3	57	Carl BALDWIN	Lawley Running Club	1.03.46	T20

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T38 15.10 400m U20 Men Heats

CBP:					
Ht 1	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	157	Psalm ROBERTS-NASH	Wolverhampton & Bilston	49.35
U20 Men	2	147	Jack HOCKING	Worcester AC	49.95
U20 Men	3	17	Joseph ROGERS	Halesowen ACC	50.46
U20 Men	4	16	Morgan REEVES	Leamington Cycling & AC	51.41
U20 Men	5	134	Connor ALDRIDGE	Rugby & Northampton AC	51.54

T38 15.10 400m U20 Men Heats

CBP:					
Ht 2	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	146	Ellis GREATREX	Wolverhampton & Bilston	48.88
U20 Men	2	136	Tor BENNETT-WILLIAMS	Wolverhampton & Bilston	49.69
U20 Men	3	133	Thomas AINSWORTH	Tamworth AC	49.76
U20 Men	4	140	Travis CHRISTIE	Wolverhampton & Bilston	50.72
U20 Men	5	150	Matthew MANSFIELD	Solihull & Small Heath AC	53.49

T39 15.20 5000m All Men Final

CBP:					
	Position	BIB	ATHLETE	CLUB	Time
Senior Men	1	175	Jack BANCROFT	Bristol & West AC	14.51.65
Senior Men	2	244	Sean BYRNE	Tipton Harriers	15.05.22
Senior Men	3	250	Dan OWEN	Cheltenham & County Harriers	15.06.73
U23 Men	4	241	Jack MILLAR	Bristol & West AC	15.09.50
Senior Men	5	251	Andrew PEAT	Birchfield Harriers	15.12.34
Senior Men	6	246	Rob KEAL	Notts AC	15.22.32
Senior Men	7	256	Joe SMITH	Tipton Harriers	15.26.08
Senior Men	8	243	Ed BANKS	Birmingham Running & Triathlon Club	15.29.15
Senior Men	9	257	Robert SMITH	Notts AC	15.31.20
Senior Men	10	253	Mark POWELL	Leicester Coritanian AC	15.48.21
Senior Men	11	247	Gordon LEE	Leicester Coritanian AC	15.50.29
Senior Men	12	199	Harvey SPEED	Coventry Godiva Harriers	15.53.02
Senior Men	13	190	Stuart KING	Heanor Running Club	16.06.40
Senior Men	14	255	Daniel ROBINSON	Birmingham Running & Triathlon Club	16.14.72
U20 Men	15	238	Josh CARA	Kettering Town Harriers	16.37.21
U20 Men	16	239	Joe CONNORS	Yate & District AC	16.42.70
Senior Men	17	249	Anthony MEENAGHAN	Notts AC	17.00.64
U20 Men	18	237	Edward CANNELL	Kettering Town Harriers	17.11.19
Senior Men	19	245	Jamie GRAHAM	Cannock & Stafford AC	20.04.49

T40 15.45 100m Senior Men Final

CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U23 Men	1	43	Elliott POWELL	Leicester Coritanian AC	10.63	-0.2
U23 Men	2	30	Jordan BROOME	Coventry Godiva Harriers	10.77	
U23 Men	3	44	Jay RARADZA	Derby AC	10.77	
Senior Men	4	63	Kyle ENNIS	Rugby & Northampton AC	10.86	
U23 Men	5	28	Shad-Marc AARON	Birchfield Harriers	10.94	
U23 Men	6	34	Kane HOWITT	Royal Sutton Coldfield AC	10.95	
U23 Men	7	38	Jack LAWRENCE	Birchfield Harriers	10.98	
Senior Men	8	64	Jordan FAIRCLOUGH	Notts AC	11.15	

T41 15.50 100m U20 Men Final

CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Men	1	23	Nicholas WALSH	Tipton Harriers	10.67	-0.5
U20 Men	2	8	Rico EWER	Rugby & Northampton AC	10.81	
U20 Men	3	13	Rio MITCHAM	Telford AC	10.85	
U20 Men	4	9	Kieran GARRATTLEY	Worcester AC	11.12	
U20 Men	5	19	Alfie ROWETT	Banbury Harriers AC	11.14	
U20 Men	6	22	Ben TUKA	Dudley & Stourbridge Harriers	11.22	
U20 Men	7	10	Josiah HYACINTH	Coventry Godiva Harriers	11.24	

T43 16.15 2000m S/C U20 Women Final

CBP:					
	Position	BIB	ATHLETE	CLUB	Time
U20 Women	1	349	Abigail NOLAN	Coventry Godiva Harriers	7.22.99
U20 Women	2	354	Jordan WAINE	Saffron AC	7.28.42
U20 Women	3	345	Katie LORD	Cannock & Stafford AC	7.37.73

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T44 16.30 200m Senior Women Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Women	1	76	Gina AKPE-MOSES	Birchfield Harriers	24.55	+0.0
U23 Women	2	112	Samantha GRIFFITHS	Cheltenham and County Harriers	25.52	
Senior Women	3	123	Nardhia KIDD-WALKER	Birchfield Harriers	25.65	
U23 Women	4	108	Kelly CONSTABLE	Gloucester AC	25.73	
Senior Women	5	127	Ellena RUDDOCK	Rugby & Northampton AC	26.17	
Senior Women	6	131	Michelle THOMAS	Birchfield Harriers	27.02	
U23 Women	7	105	Petra BEDIAKO	Birmingham Running & Triathlon Club	27.69	
Senior Women	8	125	Charmaine RILEY NELSON	Royal Sutton Coldfield AC	28.33	

T45 16.35 200m U20 Women Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	W/S ms
U20 Women	1	85	Megan DAVIES	Cannock & Stafford AC	25.02	-0.3
U20 Women	2	97	Derrion THOMPSON	Tipton Harriers	25.34	
U20 Women	3	83	Harriet COOPER	Charnwood A C	25.50	
U20 Women	4	82	Mia CHAPMAN	Bedford & County AC	25.50	
U20 Women	5	91	Hannah MALPASS	Cannock & Stafford AC	25.94	
U20 Women	6	81	Bethany CATCHPOWLE	Solihull & Small Heath AC	26.08	

T46 16.45 400m Senior Men Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Men	1	59	Christian BYRON	Birchfield Harriers	47.41	
U23 Men	2	174	Mark WILLIAMS	University of Birmingham AC & XC Club	47.56	
Senior Men	3	68	Nicholas KANONIK	Birchfield Harriers	47.99	
Senior Men	4	73	Nicholas PRYCE	Royal Sutton Coldfield AC	48.31	
U23 Men	5	170	Simbarashe RWAMBIWA	Birchfield Harriers	48.78	
U23 Men	6	163	Mark COTTAM	Bristol & West AC	50.01	

T47 16.50 400m U20 Men Final						
CBP:						
	Position	BIB	ATHLETE	CLUB	Time	
U20 Men	1	146	Ellis GREATREX	Wolverhampton & Bilston	47.91	
U20 Men	2	157	Psalm ROBERTS-NASH	Wolverhampton & Bilston	48.09	
U20 Men	3	133	Thomas AINSWORTH	Tamworth AC	48.85	
U20 Men	4	136	Tor BENNETT-WILLIAMS	Wolverhampton & Bilston	49.01	
U20 Men	5	17	Joseph ROGERS	Halesowen ACC	49.16	
U20 Men	6	140	Travis CHRISTIE	Wolverhampton & Bilston	50.44	
U20 Men	7	16	Morgan REEVES	Leamington Cycling & AC	51.61	

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Field Events Sunday 12th June

F09 10.30 Hammer Senior Men						
CBP:						
	Position	BIB	ATHLETE	CLUB	Height/Distance	
Senior Men	1	318	Craig MURCH	Rugby & Northampton AC	67.32	
Senior Men	2	323	Chris SHORTHOUSE	Birchfield Harriers	66.38	
	3	325	Tim WILLIAMS	Gloucester AC	59.36	

F09a 10.30 Hammer U20 Men						
CBP:						
	Position	BIB	ATHLETE	CLUB	Height/Distance	
U20 Men	1	280	Jonathan JONES	Gloucester AC	56.57	
U20 Men	2	275	Michael DAWES	Banbury Harriers AC	51.00	
U20 Men	3	283	Beau MORRIS	Birchfield Harriers	47.18	
U20 Men	4	269	Jonathan BRIGGS	Birmingham Running & Triathlon Club	46.77	
U20 Men	5	279	Callum JONES	Burton AC	36.47	

F11 10.30 Shot Senior Women						
CBP:						
	Position	BIB	ATHLETE	CLUB	Height/Distance	
Senior Women	1	391	Rachel WALLADER	Windsor Slough Eton & Hounslow	16.72	
U23 Women	2	368	Amelia STRICKLER	Notts AC	14.96	
U23 Women	3	357	Kimberley CARTER	Telford AC	9.19	
Senior Women	4	235	Juliette Warburton	Bromsgrove & Redditch	5.59	

F11a 10.30 Shot U20 Women						
CBP:						
	Position	BIB	ATHLETE	CLUB	Height/Distance	
U20 Women	1	396	Rowita MASRTON	Bristol & West AC	12.02	
U20 Women	2	346	Kiona MCLENNON	Rugby & Northampton AC	11.27	
U20 Women	3	350	Georgina PAGE	City of Sheffield & Dearne AC	7.84	

F12 11.00 Pole Vault All Competitors						
CBP:						
	Position	BIB	ATHLETE	CLUB	Height/Distance	
Senior Men	1	310	Derek HATELEY	Nuneaton Harriers	2.75	
U20 Women	2	343	Danni LANGDALE	Telford AC	2.90	
Senior Women	3	378	Emma LYONS	Cardiff Archers	3.50	

F10 10.30 Triple Jump Senior Men							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance	W/S ms	
Senior Men	1	315	Mitchel KIRBY	Leicester Coritanian AC	14.41	+0.0	
U23 Men	2	293	Armani JAMES	Leicester Coritanian AC	14.12	+1.2	
Senior Men	3	317	Michael MCKERNAN	Birchfield Harriers	13.98	+0.0	
Senior Men	4	316	Matthew MADDEN	Notts AC.	13.70	+0.4	
Senior Men	5	314	Fraser KESTEVEN	Notts AC	13.65	+0.0	
U23 Men	6	296	Dheshan PANNALA	Birchfield Harriers	12.75	+0.0	

F10a 10.30 Triple Jump U20 Men							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance	W/S ms	
U20 Men	1	267	Ed BARBOUR	Amber Valley & Erewash AC	13.59	+0.0	
U20 Men	2	285	O'Briel NYAMBAYO	Nuneaton Harriers	12.93	+0.0	

F14 12.15 Long Jump Senior Women							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance	W/S ms	
Senior Women	1	376	Heidi JAROSINSKI	Halesowen ACC	5.48	+0.7	
U23 Women	2	369	Sophie WORRALL	Wolverhampton & Bilston	5.26	+0.0	
Senior Women	3	372	Tannika BURGESS	Wolverhampton & Bilston	5.10	+0.0	
U23 Women	4	115	Zoe STYLES	Worcester AC	4.95	+0.0	
Senior Women	5	378	Emma LYONS	Cardiff Archers	4.81	+0.8	
U23 Women	6	363	Iona MAGEE	Leicester Coritanian AC	4.52	+0.8	
Senior Women	7	132	Jody WARD	Leicester Coritanian AC	4.43	+0.0	
U23 Women	8	107	Fiona CLARKE	Birchfield Harriers	3.35	+0.0	

F13 12.15 High Jump Senior Men						
CBP:						
	Position	BIB	ATHLETE	CLUB	Height/Distance	
Senior Men	1	393	Mike EDWARDS	Birchfield Harriers	2.15	
U23 Men	2	300	James TAYLOR	Charnwood A C	1.95	
Senior Men	3	304	Martin CHERRINGTON	Tipton Harriers	1.80	
Senior Men	4	319	Andy NEAT	Telford AC	1.70	
Senior Men	5	322	Andy REEVES	Rugby & Northampton AC	1.70	

MIDLAND COUNTIES ATHLETIC ASSOCIATION
SENIOR AND U20 Championships inc PARALLEL SUCCESS
PINGLES STADIUM, NUNEATON

F15 12.15 Club Throw Seated IPC							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
U23 Men	1	389	Muninder Singh HAYER	Royal Sutton Coldfield AC	13.74	F31	397g
U20 Men	2	278	Matthew HUMPHREYS	Lincoln Wellington AC	9.23	F32	397g
U23 Women	3	366	Eleanor SIMPSON	City of Sheffield & Dearne AC	7.16	F32	397g

F16 13.00 Discus Seated IPC							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
Senior Men	1	302	Mike BARKER	Wolverhampton & Bilston	26.44	F55	1kg

F17 13.10 Javelin Seated IPC							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
Senior Men	1	302	Mike BARKER	Wolverhampton & Bilston	21.11	F55	600g

F18 13.20 Shot Seated IPC							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
Senior Men	1	302	Mike BARKER	Wolverhampton & Bilston	7.95	F55	4kg

F20 13.30 High Jump U20 Men							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
U20 Men	1	281	Joel KHAN	Worcester AC	2.05		
U20 Men	2	7	Rory DWYER	Stratford Upon Avon AC	2.05		
U20 Men	3	270	Adam BROOKS	Yate & District AC	1.85		
U20 Men	4	273	Ben CLARKE	Worcester AC	1.85		
U20 Men	5	289	Johan WARENSJO	Swindon Harriers	1.80		
U20 Men	6	266	Stephan BAKER	Birchfield Harriers	1.75		

F19 13.30 Long Jump U20 Women							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance	W/S	ms
U20 Women	1	331	Eleanor BROOME	Rugby & Northampton AC	6.01		+0.0
U20 Women	2	334	Abbie CHAUNDY	Swindon Harriers	5.39		+0.8
U20 Women	3	353	Hannah SHEPHERD	Rugby & Northampton AC	5.30		+0.0
U20 Women	4	98	Cara TRIVETT	Birchfield Harriers	5.17		+0.0
U20 Women	5	332	Megan BRUCE	Amber Valley & Erewash AC	5.11		+0.0
U20 Women	6	335	Sofia FEREDAY	Wolverhampton & Bilston	4.84		+0.5
U20 Women	7	89	Caitlin HARDING	Leicester Coritanian AC	4.71		+0.0

F21 14.00 Javelin Senior Men							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
U23 Men		390	Pearson BENJI	Wolverhampton & Bilston	61.55		
Senior Men		328	Richard WOOLLEY	Mansfield	54.76		
Senior Men		301	Leon BAILEY	Rugby & Northampton AC	46.27		
Senior Men		303	Daniel BERNEY	Leamington Athletics Academy	33.77	F37	600g
Senior Men		57	Carl BALDWIN	Lawley Running Club	29.16	F12	800g
Senior Men		196	Clark ROBERTS	Coventry Godiva Harriers	24.29		

F21a 14.00 Javelin U20 Men							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
U20 Men		274	Oliver CORFIELD	Cheltenham & County Harriers	58.60		
U20 Men		264	Dominic ALLEN	Exeter Harriers	55.09		
U20 Men		286	Robert PALMER	Notts AC	49.10		
U20 Men		265	Christopher ARNOLD	Leicester Coritanian AC	46.54		
U20 Men		272	Jamie CARTER	Telford AC	43.70		
U20 Men		284	Billy MORRIS	Birchfield Harriers	42.01		

F22 15.30 Discus Senior Women							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
Senior Women	1	375	Eden FRANCIS	Leicester Coritanian AC	50.11		
Senior Women	2	381	Hayley RUBERY	Telford AC	41.30		
U23 Women	3	357	Kimberley CARTER	Telford AC	38.66		
Senior Women	4	373	Jenny COOPER	Wolverhampton & Bilston	29.49		
Senior Women	5	378	Emma LYONS	Cardiff Archers	23.53		
Senior Women	6	235	Juliette WARBURTON	Bromsgrove & Redditch	14.18		

F22a 15.30 Discus U20 Women							
CBP:							
	Position	BIB	ATHLETE	CLUB	Height/Distance		
U20 Women	1	330	Melissa BIRD	Cheltenham & County Harriers	33.91		
U20 Women	2	339	Eve HODSON	Coventry Godiva Harriers	32.65		
U20 Women	3	350	Georgina PAGE	City of Sheffield & Dearne AC	27.54		