

2016 Brooks Midland XC Champs - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:37:22	1455	Alexander Brecker	City of Stoke AC	101	0:46:12	1575	Alex Loach	Holme Pierrepont Rc
2	0:37:31	1697	Alastair Watson	Notts AC	102	0:46:13	1899	Steven Flowers	Wye Valley Runners
3	0:37:42	1694	Jonathan Thewlis	Notts AC	103	0:46:17	1842	Zabie Hassan	Tipton Harriers
4	0:38:05	1485	Toby Spencer	Coventry Godiva Harriers	104	0:46:20	1702	Simon Allen	Owls Ac Leicester
5	0:38:11	1679	Peter Hodgkinson	Notts AC	105	0:46:22	1707	Luke Ingram	Owls Ac Leicester
6	0:38:24	1902	Harry Lupton	Charnwood AC	106	0:46:24	1476	Jason Brotherhood	Coventry Godiva Harriers
7	0:38:38	1705	Daniel Hallam	Owls Ac Leicester	107	0:46:29	1483	Clark Roberts	Coventry Godiva Harriers
8	0:39:25	1690	Aaron Scott	Notts AC	108	0:46:33	1846	James Jefferson	Tipton Harriers
9	0:39:32	1835	Mike Aspinall	Tipton Harriers	109	0:46:35	1727	Richard Latimer	Rugby & Northampton AC
10	0:39:36	1457	Sebastian Duffy	City of Stoke AC	110	0:46:41	1351	Mike Morley	Birchfield Harriers
11	0:39:53	1838	Sean Byrne	Tipton Harriers	111	0:46:41	1815	Carl Allwood	Sutton In Ashfield Harriers &
12	0:39:56	1668	Dale Annable	Notts AC	112	0:46:42	1629	Eoin O'Flynn	Leamington Cycling And Athk
13	0:39:59	1680	Rob Keal	Notts AC	113	0:46:44	1854	RayStanier	Tipton Harriers
14	0:40:00	1703	Tom Bell	Owls Ac Leicester	114	0:46:47	1818	Craig Bridges	Team Bath Athletics Club
15	0:40:06	1858	Simon Myatt	Trentham Rc	115	0:46:49	1809	Tim Hutchinson	Stratford Upon Avon AC
16	0:40:12	1706	Edward Highton	Owls Ac Leicester	116	0:46:49	1725	Vincent Carroll	Rugby & Northampton AC
17	0:40:13	1387	Jarlath McKenna	Bristol and West AC (est. 188	117	0:46:50	1558	Cory Parker	Heanor Running Club
18	0:40:30	1856	Ian Williams	Tipton Harriers	118	0:46:52	1359	Huw Jones	BRAT
19	0:40:33	1677	Tim Hartley	Notts AC	119	0:47:05	1682	Gareth Little	Notts AC
20	0:40:34	1424	Mark Coudwell	Charnwood AC	120	0:47:05	1593	Matt Dyer	Kenilworth Runners
21	0:40:40	1399	Joe Smith	Bromsgrove And Redditch	121	0:47:11	1863	Ed Wilson	Trentham Rc
22	0:40:41	1708	Tom Mahon	Owls Ac Leicester	122	0:47:17	1475	Aaron Bodycote	Coventry Godiva Harriers
23	0:40:54	1313	Stuart Hawkes	Amazing Feet Running Club	123	0:47:17	1893	Daniel Vaughan	Wolverhampton & Bilston
24	0:41:03	1670	Matt Blunden	Notts AC	124	0:47:20	1396	Andrew Freeman	Bromsgrove And Redditch
25	0:41:06	1560	Joe Rainsford	Heanor Running Club	125	0:47:21	1847	Gareth Maguire	Tipton Harriers
26	0:41:11	1480	Scott Hazell	Coventry Godiva Harriers	126	0:47:22	1731	Nigel Roberts	Rugby & Northampton AC
27	0:41:17	1621	Chris Sharp	Knowle & Dorrige Rc	127	0:47:28	1341	Rob Deakin	Birchfield Harriers
28	0:41:24	1568	Anthony Woodward	Hermitage Harriers	128	0:47:31	1321	Ian Murdey	Beaumont RC
29	0:41:29	1686	John Muddeman	Notts AC	129	0:47:34	1491	Alex Morris	Desford Striders
30	0:41:46	1594	Phillip Gould	Kenilworth Runners	130	0:47:40	1691	Jon-phillip Seymour	Notts AC
31	0:42:00	1655	Stephen Ratcliffe	Newcastle Staffs Ac	131	0:47:41	1354	Ben Beaumont	BRAT
32	0:42:08	1836	Shaun Barnsley	Tipton Harriers	132	0:47:41	1546	Martin Gore	Harborough Ac
33	0:42:09	1464	Chris Curtis	Corby Ac	133	0:47:46	1528	Matthew Allen	Halesowen Acc
34	0:42:11	1853	Adam Soley	Tipton Harriers	134	0:47:50	1374	Matthew Pollard	Bournville Harriers
35	0:42:14	1672	Tom Crowley	Notts AC	135	0:47:51	1700	Eric Fowler	Nuneaton Harriers
36	0:42:17	1355	Tim Carter	BRAT	136	0:47:56	1495	Martin Harrigan	Dudleyand Stourbridge Harri
37	0:42:17	1699	Matthew Williams	Notts AC	137	0:47:59	1715	Peter McNally	Redhill Road Runners
38	0:42:20	1840	Christopher Gillespie	Tipton Harriers	138	0:48:01	1882	Darren Edwards	Wolverhampton & Bilston
39	0:42:21	1868	Mariusz Iwaniec	Wellingborough & District Ac	139	0:48:01	1639	Andrew Dickenson	Long Eaton Running Club
40	0:42:22	1709	Chris McMillan	Owls Ac Leicester	140	0:48:05	1625	Gavin Fowler	Leamington Cycling And Athlt
41	0:42:25	1390	Robert Stewart	Bristol and West AC (est. 188	141	0:48:08	1869	Jon Kemp	Wellingborough & District Ac
42	0:42:34	1565	Matt Adcock	Hermitage Harriers	142	0:48:08	1604	Andrew Fellowes	Kings Heath Rc - The Lions
43	0:42:39	1595	Kevin Hope	Kenilworth Runners	143	0:48:10	1646	Timothy Bagguley	Newark Ac
44	0:42:40	1397	Simon Lanckham	Bromsgrove And Redditch	144	0:48:12	1816	Christopher Holmes	Sutton In Ashfield Harriers &
45	0:42:40	1465	Troy Garrity	Corby Ac	145	0:48:14	1877	Matt Whitehouse	West Bromwich Harriers
46	0:42:41	1469	Luke Montgomery	Corby Ac	146	0:48:21	1448	James Drakeford	City Of Birmingham Striders
47	0:42:41	1619	Joseph Read	Knowle & Dorrige Rc	147	0:48:28	1435	Carl Astley	Cheadle Rc
48	0:42:48	1596	Stephen Page	Kenilworth Runners	148	0:48:30	1796	Tim Hulse	Stone Master Marathoners
49	0:42:49	1423	Gary Burnett	Charnwood AC	149	0:48:34	1833	Dean Gapper	Tipton Harriers
50	0:42:53	1789	Jack Ross	Staffs Moorlands AC	150	0:48:36	1722	Chris Taylor	Royal Sutton Coldfield Athleti
51	0:42:58	1458	Christopher Gidlow	City of Stoke AC	151	0:48:40	1734	Neil Willsher	Rugby & Northampton AC
52	0:42:59	1553	Stuart King	Heanor Running Club	152	0:48:45	1597	David Ramus	Kenilworth Runners
53	0:43:01	1633	Jake Watson	Leamington Cycling And Ath L	153	0:48:48	1357	Nick Forrest	BRAT
54	0:43:01	1567	Jason Williams	Hermitage Harriers	154	0:48:51	1356	Martin Cleaver	BRAT
55	0:43:07	1505	Ben Foster	Dudley Kingswinford RC	155	0:48:54	1325	Philip Farmer	Beeston Ac
56	0:43:08	1576	Anthony Meenaghan	Holme Pierrepont Rc	156	0:49:02	1322	Ross Tyrrell	Beaumont RC
57	0:43:09	1427	Martin Lewis	Charnwood A C	157	0:49:02	1580	Samuel Williams	Holme Pierrepont Rc
58	0:43:11	1454	Steven Bazell	City of Stoke AC	158	0:49:04	1564	Paul Winfield	Heanor Running Club
59	0:43:14	1456	Callum Dillon	City of Stoke AC	159	0:49:07	1714	Nigel Lever	Redhill Road Runners
60	0:43:15	1719	Thomas Chew	Royal Sutton Coldfield Athlet	160	0:49:08	1865	Usama Sajid	Victoria Park Harriers & Towe
61	0:43:17	1561	Shane Rice	Heanor Running Club	161	0:49:10	1513	David Norman	Dudley Kingswinford RC
62	0:43:20	1512	Robert Meredith	Dudley Kingswinford RC	162	0:49:13	1598	Neil Sheward	Kenilworth Runners
63	0:43:35	1317	Steven Gibson	Beaumont RC	163	0:49:23	1671	Nicholas Clarke	Notts AC
64	0:43:36	1388	Andy Salmon	Bristol and West AC (est. 188	164	0:49:28	1522	Sam Pole	Fleckney & Kibworth Athletic
65	0:43:41	1463	Louis Wrigley	City of Stoke AC	165	0:49:31	1642	Richard Howe	Long Eaton Running Club
66	0:43:47	1845	Tom Holden	Tipton Harriers	166	0:49:35	1519	Darren Thompson	Dudley Kingswinford RC
67	0:43:50	1563	Gordon Smith	Heanor Running Club	167	0:49:37	1441	Glyn Pattinson	Cheadle Rc
68	0:43:52	1413	Phil Woffe	Cannock & Stafford AC	168	0:49:38	1394	Sean Bowden	Bromsgrove And Redditch
69	0:43:58	1389	Gary Standinger	Bristol and West AC (est. 188	169	0:49:39	1755	Steven Howes	Soilhill & Small Heath Athleti
70	0:44:01	1704	Scott Green	Owls Ac Leicester	170	0:49:41	1880	Simon Calrow	Wolverhampton & Bilston
71	0:44:12	1851	Richard Powell	Tipton Harriers	171	0:49:41	1353	Simon Rhodes	Birchfield Harriers
72	0:44:16	1486	Daniel Taylor	Coventry Godiva Harriers	172	0:49:43	1900	Jonathan Meadows	Wye Valley Runners
73	0:44:21	1658	Tim Twentyman	Newcastle Staffs Ac	173	0:49:46	1478	Simon Clarke	Coventry Godiva Harriers
74	0:44:23	1829	Rob Nash	Telford Ac	174	0:49:49	1303	Paul Burke	Aldridge RC
75	0:44:29	1879	Gareth Briggs	Wolverhampton & Bilston	175	0:49:49	1768	Robert Tyler	Sparkhill Harriers
76	0:44:30	1632	Garrath Schule	Leamington Cycling And Ath L	176	0:49:50	1343	Peter Dimpleby	Birchfield Harriers
77	0:44:37	1385	Anthony Hall	Bristol and West AC (est. 188	177	0:49:51	1395	Stephen Brooks	Bromsgrove And Redditch
78	0:44:41	1532	Mark Hadley	Halesowen Acc	178	0:49:54	1504	Simon Blizzard	Dudley Kingswinford RC
79	0:44:46	1497	David Nation	Dudleyand Stourbridge Harri	179	0:49:54	1601	Stewart Underhill	Kenilworth Runners
80	0:44:53	1821	Duncan Birtwhistle	Telford Ac	180	0:49:55	1767	Nick Stringer	Sparkhill Harriers
81	0:44:53	1530	Ally Botfield	Halesowen Acc	181	0:50:01	1329	Daniel Rawson	Beeston Ac
82	0:44:55	1837	Dean Beate	Tipton Harriers	182	0:50:05	1581	Christopher Talbot	Huncoete Harriers
83	0:44:57	1360	Mark Lawlor	BRAT	183	0:50:09	1534	David Lewis	Halesowen Acc
84	0:45:03	1729	Brendan Moen	Rugby & Northampton AC	184	0:50:18	1421	Edmund Wallace	Centurion RC
85	0:45:10	1590	Marc Curtis	Kenilworth Runners	185	0:50:19	1606	David Hagan	Kings Heath Rc - The Lions
86	0:45:12	1735	Kevin Bowen	Rushcliffe Ac	186	0:50:20	1693	Moritz Stoesslein	Notts AC
87	0:45:14	1618	Tim Price	Knowle & Dorrige Rc	187	0:50:21	1814	Kieran Tursner	Stratford Upon Avon AC
88	0:45:20	1578	Anthony Squire	Holme Pierrepont Rc	188	0:50:23	1866	John Donaldson	Wellingborough & District Ac
89	0:45:20	1406	Nigel Haycock	Cannock & Stafford AC	189	0:50:24	1726	Terry Egan	Rugby & Northampton AC
90	0:45:22	1367	Christopher Collins	Bournville Harriers	190	0:50:36	1327	Andy Hunter	Beeston Ac
91	0:45:24	1323	Karl Wilkins	Beaumont RC	191	0:50:38	1759	Patrick Finnegan	Sparkhill Harriers
92	0:45:27	1728	Alistair McDonnell	Rugby & Northampton AC	192	0:50:39	1536	Alex Morgan	Halesowen Acc
93	0:45:34	1716	Paul Newton	Redhill Road Runners	193	0:50:41	1645	Nigel Watkins	Mansfield Harriers
94	0:45:44	1444	Elliot Prince	Cheltenham And County Hari	194	0:50:42	1524	John Cox	Great Western Runners
95	0:45:51	1608	Paul Jolliffe	Kings Heath Rc - The Lions	195	0:50:46	1859	David Pickstock	Trentham Rc
96	0:45:55	1572	David Greenwood	Holme Pierrepont Rc	196	0:50:51	1807	Malcolm Bowyer	Stratford Upon Avon AC
97	0:45:59	1724	Michael Andrews	Rugby & Northampton AC	197	0:50:54	1867	Jason French	Wellingborough & District Ac
98	0:46:01	1577	Graham Moffatt	Holme Pierrepont Rc	198	0:50:55	1857	Paul Burslem	Trentham Rc
99	0:46:02	1400	Swee-leng Chauh	Burton AC	199	0:50:59	1503	Darran Bishop	Dudley Kingswinford RC
100	0:46:04	1314	Ian Cox	Barrow Runners	200	0:51:01	1488	Andy Ball	Desford Striders

2016 Brooks Midland XC Champs - Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:51:04	1862	Terry Wall	Trentham Rc	301	0:59:21	1450	Mylo Patrice	City Of Birmingham Striders
202	0:51:06	1819	Mark Warwick	Team Derby Runner	302	0:59:21	1801	Kevin Uzzell	Stone Master Marathoners
203	0:51:08	1368	Ian Faddy	Bournville Harriers	303	0:59:29	1871	Mark Viccars	Wellingborough & District Ac
204	0:51:10	1843	Andrew Henderson	Tipton Harriers	304	0:59:42	1772	David West	Sphinx Ac
205	0:51:17	1311	Toby Oury	Aldridge RC	305	1:00:00	1661	Spencer Davies	Northbrook Athletic Club
206	0:51:18	1370	David Harte	Bournville Harriers	306	1:00:14	1402	Robert Sharratt	Burton AC
207	0:51:21	1640	Robert Fox	Long Eaton Running Club	307	1:00:16	1447	John Bristow	City Of Birmingham Striders
208	0:51:25	1523	Phillip Chan	Great Western Runners	308	1:00:22	1624	Rupe Chahal	Leamington Cycling And Athlt
209	0:51:40	1315	Sam Cleveland	Beaumont RC	309	1:00:29	1403	Paul Smith	Burton AC
210	0:51:44	1369	Andrew Hall	Bournville Harriers	310	1:00:47	1333	Mark Riches	Belper Harriers
211	0:51:45	1650	Martin Bailey	Newcastle Staffs Ac	311	1:00:48	1630	Graham Roberts	Leamington Cycling And Athlt
212	0:51:46	1418	Wayne Muddiman	Centurion RC	312	1:00:50	1586	Pavan Ayyalasamayajul	Kenilworth Runners
213	0:51:51	1667	Ben Abbott	Notts AC	313	1:00:50	1417	Andy Matthews	Centurion RC
214	0:51:59	1537	Andrew Nock	Halesowen Acc	314	1:01:12	1605	Michael Green	Kings Heath Rc - The Lions
215	0:52:04	1544	William Clapp	Harborough Ac	315	1:01:24	1526	John Hargreaves	Great Western Runners
216	0:52:07	1507	Mark Homer	Dudley Kingswinford RC	316	1:01:32	1891	Fred Smith	Wolverhampton & Bilston
217	0:52:12	1737	Danny McIntyre	Rushcliffe Ac	317	1:01:49	1654	Kevin Oakley	Newcastle Staffs Ac
218	0:52:13	1712	Karl Glendenning	Redhill Road Runners	318	1:01:58	1795	Jonathan Howell	Stone Master Marathoners
219	0:52:14	1437	Brian Conner	Cheadle Rc	319	1:02:34	1316	Michael Dade	Beaumont RC
220	0:52:15	1438	Charlie Cox	Cheadle Rc	320	1:02:39	1453	DionisisTheodosios	City Of Birmingham Striders
221	0:52:15	1312	Mark Shaw	Aldridge RC	321	1:02:41	1422	Leonard Wallace	Centurion RC
222	0:52:15	1414	Richard Booth	Centurion RC	322	1:02:53	1732	John Saw	Rugby & Northampton AC
223	0:52:20	1652	David Crowther	Newcastle Staffs Ac	323	1:02:54	1844	Mick Hill	Tipton Harriers
224	0:52:22	1753	Michael Spencer	Silsoe Joggers Ac	324	1:03:06	1773	Craig Baxter	Stafford Harriers
225	0:52:24	1896	Paul Bouston	Wye Valley Runners	325	1:03:35	1366	John Cheel	Bournville Harriers
226	0:52:25	1328	Geoff Pennington	Beeston Ac	326	1:03:50	1758	Anthony Edwards	Spa rkhill Harriers
227	0:52:26	1736	Jonathan Maston	Rushcliffe Ac	327	1:03:53	1824	Daron Fincham	Telford Ac
228	0:52:31	1662	Richard French	Northbrook Athletic Club	328	1:04:31	1609	Greg Robson	Kings Heath Rc - The Lions
229	0:52:34	1428	Kevin Lomas	Charnwood AC	329	1:04:38	1591	Tom Dable	Kenilworth Runners
230	0:52:39	1887	Alex Herron	Wolverhampton & Bilston	330	1:04:51	1378	Paul Samuels	Bournville Harriers
231	0:52:40	1648	Gareth Owens	Newark Ac	331	1:05:01	1774	Roy Clay	Stafford Harriers
232	0:52:42	1770	Allen El Sour	Sphinx Ac	332	1:05:09	1611	Andrew Tancred	Kings Heath Rc - The Lions
233	0:52:42	1883	Robert Edwards	Wolverhampton & Bilston	333	1:05:32	1445	Naved Akhtar	City Of Birmingham Striders
234	0:52:45	1765	Simon Outwiate	Sparkhill Harriers	334	1:05:48	1811	Neil Musk	Stratford Upon Avon AC
235	0:52:48	1339	Christopher Collis	Birchfield Harriers	335	1:06:03	1592	Sagar Depala	Kenilworth Runners
236	0:52:49	1764	Edward O'Neill	Spa rkhill Harriers	336	1:06:04	1681	Steven Leek	Notts AC
237	0:52:51	1533	John Hill	Halesowen Acc	337	1:06:08	1383	Taz Yousaf	Bournville Harriers
238	0:53:01	1738	Andy Wardle	Rushcliffe Ac	338	1:06:17	1864	Brian MacKey	Uttoxeter Road Runners
239	0:53:08	1600	Richard Steel	Kenilworth Runners	339	1:06:27	1401	Paul Mathie	Burton AC
240	0:53:13	1775	Antony Haycock	Stafford Harriers	340	1:06:57	1711	Andrew Bradley	Redhill Road Runners
241	0:53:15	1802	James Bellamy	Stourbridge RC	341	1:07:00	1307	Simon Hudson	Aldridge RC
242	0:53:21	1570	Tom Davies	Holme Pierrepont Rc	342	1:07:03	1451	Adam Rathbone	City Of Birmingham Striders
243	0:53:27	1361	Martin Ludford	BRAT	343	1:07:10	1416	Adrian Lloyd	Centurion RC
244	0:53:37	1641	Matt Hooton	Long Eaton Running Club	344	1:07:32	1301	Leigh Ally	Aldridge RC
245	0:53:41	1733	Adrian White	Rugby & Northampton AC	345	1:07:52	1810	Phillip Marshall	Stratford Upon Avon AC
246	0:53:45	1539	James Parker	Halesowen Acc	346	1:08:21	1318	Robert Holt	Beaumont RC
247	0:53:46	1897	Paul Davies	Wye Valley Runners	347	1:08:41	1638	Colin Bostock	Long Eaton Running Club
248	0:53:51	1812	Michael Sheppard	Stratford Upon Avon AC	348	1:09:07	1599	Stefan Shillington	Kenilworth Runners
249	0:54:07	1551	Carl Hughes	Heanor Running Club	349	1:10:32	1306	Lawrence Hewitt	Aldridge RC
250	0:54:18	1516	Kieran Pitt	Dudley Kingswinford RC	350	1:11:48	1657	Nigel Symms	Newcastle Staffs Ac
251	0:54:22	1760	John Goulding	Spa rkhill Harriers	351	1:13:44	1860	Malcolm Rushton	Trentham Rc
252	0:54:30	1805	Steven Burch	Stourbridge RC	352	01:22:40	1610	Samarth Sinha	Kings Heath Rc - The Lions
253	0:54:45	1442	Adrian Reeves Jones	Cheadle Rc	353	01:29:27	1612	David Teedon	Kings Heath Rc - The Lions
254	0:54:49	1579	Steve Tupholme	Holme Pierrepont Rc					
255	0:54:50	1436	Michael Beardmore	Cheadle Rc					
256	0:54:51	1870	Andrew Redden	Wellingborough & District Ac					
257	0:54:58	1785	Ian Wood	Stafford Harriers					
258	0:55:00	1404	Kevin Stackhouse	Burton AC					
259	0:55:11	1574	Jim Hewitt	Holme Pierrepont Rc					
260	0:55:13	1582	Simon Davis	1 Ikeston Running Club					
261	0:55:16	1776	Ian Charles Hodgkinson	Stafford Harriers					
262	0:55:17	1490	Graham Hobbs	Desford Striders					
263	0:55:19	1717	Wayne Stott	Redhill Road Runners					
264	0:55:20	1334	Malcolm Weir	Belper Harriers					
265	0:55:23	1559	Ian Parker	Heanor Running Club					
266	0:55:24	1562	Ian Salt	Heanor Running Club					
267	0:55:27	1433	Nigel Scoggins	Charnwood AC					
268	0:55:30	1518	Paul Silk	Dudley Kingswinford RC					
269	0:55:32	1636	Phil Abbott	Long Eaton Running Club					
270	0:55:38	1852	Robert Sedgley	Tipton Harriers					
271	0:55:39	1769	Wayne Broadbent	Sphinx Ac					
272	0:55:52	1520	Graham Wildgoose	Dudley Kingswinford RC					
273	0:56:05	1827	Ian Hopkins	Telford Ac					
274	0:56:08	1571	Joseph Eccles	Holme Pierrepont Rc					
275	0:56:15	1349	Dave McCarthy	Birchfie Id Harriers					
276	0:56:22	1730	Adrian Reast	Rugby & Northampton AC					
277	0:56:22	1392	Phillip Anderson	Bromsgrove And Redditch					
278	0:56:23	1721	Matt Powell	Royal Sutton Coldfield Athlet					
279	0:56:28	1756	Paul Lloyd	Solihull & Small Heath Athlet					
280	0:56:31	1861	CraigTaylor	Trentham Rc					
281	0:56:32	1643	Jonathan Hardy	Mansfield Harriers					
282	0:56:32	1781	Mark Oliver	Stafford Harriers					
283	0:56:34	1653	Neil Gerrity	Newcastle Staffs Ac					
284	0:56:48	1664	Damian Pharoah	Northbrook Athletic Club					
285	0:56:53	1557	Eamon O'Hanlon	Heanor Running Club					
286	0:56:59	1419	Andy Rea	Centurion RC					
287	0:57:04	1665	Neil Smith	Northbrook Athletic Club					
288	0:57:08	1552	Matthew Jackson	Heanor Running Club					
289	0:57:27	1763	Robert Mills	Spa rkhill Harriers					
290	0:57:30	1543	Adam Brooks	Harborough Ac					
291	0:57:39	1878	Clark Woodhall	West Bromwich Harriers					
292	0:57:47	1309	Paul Lucas	Aldridge RC					
293	0:57:55	1873	Steve Green	West Bromwich Harriers					
294	0:57:57	1701	Peter Greenfield	Nuneaton Harriers					
295	0:58:11	1555	Paul Mercer	Heanor Running Club					
296	0:58:18	1752	Richard Popiel	Silsoe Joggers Ac					
297	0:58:21	1583	Chris O'Donnell	Ikeston Running Club					
298	0:58:29	1549	Robin Clegg	Heanor Running Club					
299	0:58:41	1647	Robert Orgill	Newark Ac					
300	0:59:03	1892	Lionel Spittle	Wolverhampton & Bilston					

Pos	Points	Team / Club	Pladngs
1	43	Notts AC	(2 3 5 812 13)
2	142	Tipton Harriers	(9 1118 32 34 38)
3	169	Owls Ac Leicester	(7 1416 22 40 70)
4	244	City of Stoke AC	(110 51 58 59 65)
5	437	Coventry Godiva Harriers	(4 26 72 106 107 122)
6	478	Kenilworth Runners	(30 43 48 85120152)
7	480	Heanor Running Club	(25 52 6167117158)
8	596	Holme Pierrepont Rc	(56 8896 98101157)
9	624	Rugby & Northampton AC	(84 92 97 109 116 126)
10	628	Charnwood AC	(6 20 49 57 229 267)
11	675	BRAT	(36 83118 131153 154)
12	811	Bromsgrove And Redditch	(2144124 168177 277)
13	821	Dudley Kingswinford RC	(55 62161 166178199)
14	881	Halesowen Acc	(78 81133 183192 214)
15	966	Beaumont RC	(63 91128 156 209 319)
16	969	Wolverhampton & Bilston	(75123 138170 230 233)
17	1000	Leamington Cycling And Athletic	(53 76112 140308 311)
18	1010	Trentham Rc	(15121195198 201280)
19	1094	Birchfield Harriers	(110 127 171 176 235 275)
20	1124	Wellingborough & District Ac	(39 141188197 256 303)
21	1138	Newcastle Staffs Ac	(3173 211 223 283 317)
22	1168	Bournville Harriers	(90134 203 206 210 325)
23	1210	Redhill Road Runners	(93 137 159 218 263 340)
24	1261	Cheadle Rc	(147 167 219 220 253 255)
25	1267	Sparkhill Harriers	(175 180191 234236 251)
26	1371	Long Eaton Running Club	(139 165207 244269 347)
27	1396	Kings Heath Rc - The Lions	(95 142 185 314 328 332)
28	1425	Stratford Upon Avon AC	(115 187 196 248 334 345)
29	1538	Centurion RC	(184 212 222 286 313 321)
30	1577	Aldridge RC	(174 205 221 292 341 344)
31	1695	Stafford Harriers	(240 257 261 282 324 331)
32	1749	City Of Birmingham Striders	(146 301307 320 333 342)