

Parking

Parking is limited, with the continued wet weather our traditional extra parking at Campion hills may be limited due to wet ground. It is vitally important we do not cause undue inconvenience for local residents. The postcode for Campion hills is CV32 7UL

On Street parking from the south of the site:

We primarily advise parking on the roads of the Sydenham Ind est, primarily St Mary's road, Casewell road—post code CV31 1PR. Gainsborough Drive—CV31 1NL, but this is residential so please park responsibly. Approx all under 0.6 miles for pavilion.

Directions to pavilion: Walk north back along Sydenham road, cross Radford road and enter park through car park to right hand side of allotments.

On Street parking from the north of the site:

Try Campion hills first—CV32 7UL. If approaching from the town centre go past the car park entrance on your right and use the roundabout to U-turn back to the car park. This will keep traffic moving.

Please do not park on Buckley road, it is extremely narrow bus route in a residential area. We recommend parking responsibly in Gresham place, Whitethorn road, Chestnut square—CV32 7UW. Campion road and Villers road are also good options as there is a footpath through to Chestnut square - CV32 5YE.

From Villers road: Go up the steps on the corner of Campion and Villers road, this will bring you out in Chestnut square, move across the square, up Whitethorn road, turn right up Gresham place and follow the footpath,. This brings you out opposite Campion hills, follow the footpath across Campion hills, through the woods, this brings you out into the park at the edge of the course. As you walk down hill there is a pub on your left and the Leisure Centre [where the presentations will be] beyond that. Total walk from Campion Hills car park under 1 mile.

On Street parking from east of site:

Parking is extremely limited on Newbold Terrace East; it is vital that we maintain access to the venue. There is limited parking by Newbold Comyn leisure centre CV32 4EW [where the presentations will be held]. Spaces nearer the pavilion will be reserved for officials and get used up quickly by the arrivals for the first race.



**Division 1
Fixture 4
8 Feb 2020
Newbold Comyn
Royal Leamington Spa**



Dear Team managers, officials and athletes

Leamington Cycling and Athletics Club and our partner Warwick District Council are once again delighted to be inviting you to Newbold Comyn country park for the fourth fixture of the Midland women's Cross Country league on Saturday 8 February 2020.

Following the success of last years Midland championships we are again using more of the country park with the kind agreement of the council. We have included all the usual elements, the beacon and the ditch which make Newbold such a varied cross country course, a two lap course which we are confident will prove interesting and popular with athletes, but also spread and minimise the environmental impact.

This booklet covers all the important aspects of your day with us, so please read it carefully.

Nick Tawney

Changing facilities and toilets

Changing facilities including showers are provided together with toilets at the pavilion. Toilet facilities within the pavilion for ladies are limited so we have provided additional portable toilets.

Presentation

The presentation for the division will take place at at Newbold Comyn Leisure at around **3:30pm**, this should allow enough time for the results to be produced and for athletes to shower. Spikes are obviously not permitted and all footwear must be mud free. The leisure centre is around 5 mins walk from the pavilion.

The Course

Lap 1 - 3.2k



Lap 2 - 2.7k



Race Start time

The race start time will be 1.30pm

Catering

Hot drinks, cakes, sweets and chocolates will be available from the pavilion before and after the race.

Travel

Parking is extremely limited and although considerate parking around the local roads should not be an issue we ask all competitors to consider using public transport and failing that to lift share or clubs to consider using coaches. The Race HQ and start is approx. 1.3 miles from the main railway station in Leamington spa, so this is really a viable option. Priority parking will be provided for coaches, please email chairman@leamingtoncac.org.uk to pre arrange. Drop off of tents will be possible.

Directions from Station: Turn left out of the station on to High St that goes through traffic lights and under the railway bridge. It become the Radford Road after 0.15 miles , follow the road for a further 0.5 miles until you reach the Sainburys local, the road turns to the right here, but continue, past the allotments. Just past the allotments is a car park entrance, turn left into the car park and follow the path, which will bring you to the pavilion.