

2015 Midland XC Championships - Senior Men

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:37:01	Alastair Watson	NOTTS AC	102	0:43:22	Ashley Miles	SPHINX AC	203	0:47:55	Martin Cleaver	BIRMINGHAM RUNNING ATHLETICS & T
2	0:37:07	Aaron Scott	NOTTS AC	103	0:43:29	Daniel Brazier	WOLVERHAMPTON & BILSTON AC	204	0:47:56	Philip Scarr	HALESOWEN AC
3	0:37:08	Samuel Mitchell	NOTTS AC	104	0:43:34	Neil Sherward	KENILWORTH RUNNERS	205	0:47:57	Jon-philip Seymour	NOTTS AC
4	0:37:12	Daniel Hallam	OWLS AC LEICESTER	105	0:43:38	Mark Hadley	HALESOWEN AC	206	0:47:58	Anthony Squire	HOLME PIERREPONT RC
5	0:37:16	Jonathan Thewlis	NOTTS AC	106	0:43:39	Colin Palmer	NOTTS AC	207	0:47:59	Chris Simkiss	KENILWORTH RUNNERS
6	0:37:22	Ben Livesey	NOTTS AC	107	0:43:42	Mark Anslow	WOLVERHAMPTON & BILSTON AC	208	0:48:00	Simon Nash	REDHILL ROAD RUNNERS
7	0:37:27	Daniel Studley	BRISTOL AND WEST AC (EST. 1882)	108	0:43:42	Simon Bentley	KNOWLE & DORRIDGE RC	209	0:48:01	Thomas Guy	CITY OF STOKE AC
8	0:37:29	Adrian Holliday	TIPTON HARRIERS	109	0:43:46	Sean Barnsley	TIPTON HARRIERS	210	0:48:02	Darren Edwards	WOLVERHAMPTON & BILSTON AC
9	0:37:33	Jack Gray	BIRMINGHAM RUNNING ATHLETICS & T	110	0:43:49	Stephen Shanks	VICTORIA PARK HARRIERS AND TOWER	211	0:48:05	Steve Gibson	BEAUMONT RC
10	0:37:48	Benjamin Douglas	NOTTS AC	111	0:43:51	Clark Roberts	COVENTRY GODIVA HARRIERS	212	0:48:07	Andrew Bave	WOLVERHAMPTON & BILSTON AC
11	0:37:58	Tom Merson	BRISTOL AND WEST AC (EST. 1882)	112	0:43:55	Daniel Robinson	BIRMINGHAM RUNNING ATHLETICS & T	213	0:48:09	Darrel Ward	CHEADLE RC
12	0:38:01	Tom Bishop	TEAM DERBY RUNNER	113	0:43:56	Luke Montgomery	CORBYS AC	214	0:48:10	Peter Walters	STOURBRIDGE RC
13	0:38:12	Ross Jones	WOLVERHAMPTON & BILSTON AC	114	0:43:57	Matthew Elkington	KENILWORTH RUNNERS	215	0:48:16	Ash Payne	DESFORD STRIDERS
14	0:38:17	Harry Lupton	CHARNWOOD A C	115	0:43:59	Peter John Grime	KNOWLE & DORRIDGE RC	216	0:48:17	Kevin Rebound	SILSON JOGGERS AC
15	0:38:18	David Bishop	TEAM DERBY RUNNER	116	0:44:01	Anthony Hall	BRISTOL AND WEST AC (EST. 1882)	217	0:48:18	Paul Burke	ALDRIDGE RC
16	0:38:23	Ian Mitchell	TIPTON HARRIERS	117	0:44:02	Mark Grubb	NOTTS AC	218	0:48:22	Andrew Sprague	DUDLEY KINGSWINFORD RC
17	0:38:24	Lee Slater	DUDLEY AND STOURBRIDGE HARRIERS	118	0:44:12	Elliot Prince	CHELTHENHAM AND COUNTY HARRIERS	219	0:48:23	Dean Oldfield	RUGBY & NORTHAMPTON AC
18	0:38:27	Philip Nicholls	WOLVERHAMPTON & BILSTON AC	119	0:44:17	Mark Kendrick	HUNCOTE HARRIERS	220	0:48:23	Roger Homes	KENILWORTH RUNNERS
19	0:38:31	Alexander Brecker	CITY OF STOKE AC	120	0:44:19	Simon Allen	OWLS AC LEICESTER	221	0:48:24	Chris Talbot	HUNCOTE HARRIERS
20	0:38:37	Rory Grant	BIRCHFIELD HARRIERS	121	0:44:21	Gareth Wood	HARBOROUGH AC	222	0:48:28	Richard Howe	LONG EATON RUNNING CLUB
21	0:38:38	Ben Jones	COVENTRY GODIVA HARRIERS	122	0:44:22	Thomas Phelps	SILSON JOGGERS AC	223	0:48:34	Alistair McDonnell	RUGBY & NORTHAMPTON AC
22	0:38:42	Martin Williams	WOLVERHAMPTON & BILSTON AC	123	0:44:24	Mike Morley	BIRCHFIELD HARRIERS	224	0:48:38	Michael Andrews	RUGBY & NORTHAMPTON AC
23	0:38:49	Douglas Musson	NOTTS AC	124	0:44:30	Paul Andrew	KENILWORTH RUNNERS	225	0:48:40	Carl Astley	CHEADLE RC
24	0:38:51	Tim Hartley	NOTTS AC	125	0:44:40	Richard Powell	WEST BROMWICH HARRIERS	226	0:48:44	Dan Burwood	BIRMINGHAM RUNNING ATHLETICS & T
25	0:39:10	Eddie Highton	OWLS AC LEICESTER	126	0:44:44	Paul Davies	CENTURION RC	227	0:48:47	Ian Parker	BEAUMONT RC
26	0:39:18	Yousf Al-Lathaa	BIRCHFIELD HARRIERS	127	0:44:45	Simon Lanckham	BROMSGROVE & REDDITCH	228	0:48:51	Richard Dobedoe	STRATFORD UPON AVON AC
27	0:39:20	Mark Powell	LEICESTER CORINTHIAN AC	128	0:44:47	Stephen Ashmore	HEANOR RUNNING CLUB	229	0:48:53	John Cox	GREAT WESTERN RUNNERS
28	0:39:24	Alistair Smith	COVENTRY GODIVA HARRIERS	129	0:44:49	Robert Meredith	DUDLEY AND STOURBRIDGE HARRIERS	230	0:48:55	Bill Nock	HALESOWEN AC
29	0:39:30	Stuart King	HEANOR RUNNING CLUB	130	0:44:53	Joe Parker	REDHILL ROAD RUNNERS	231	0:48:55	James Wright	DUDLEY KINGSWINFORD RC
30	0:39:41	Joe Rainsford	HEANOR RUNNING CLUB	131	0:44:57	Gareth Little	NOTTS AC	232	0:48:55	Gary Hunt	GREAT WESTERN RUNNERS
31	0:39:44	Howard Thompson	CHARNWOOD A C	132	0:45:07	Alex Loach	HOLME PIERREPONT RC	233	0:48:58	Mark Jacobs	FORMULA ONE CIRCUIT CREW
32	0:39:46	Andrew Savery	LEAMINGTON CYCLING AND ATHLETIC C	133	0:45:09	Howard Bush	TAMWORTH AC	234	0:48:59	Gerard Eivors	IVANHOE RUNNERS
33	0:39:48	Ian Williams	TIPTON HARRIERS	134	0:45:10	Jonathan Hiorns	NOTTS AC	235	0:49:00	Martin Ludford	BIRMINGHAM RUNNING ATHLETICS & T
34	0:39:54	Simon Myatt	TRENTHAM RUNNING CLUB	135	0:45:12	Paul Joliffe	KINGS HEATH RC	236	0:49:02	Karl Glendenning	REDHILL ROAD RUNNERS
35	0:39:56	Thibault Lieux	NOTTS AC	136	0:45:14	Peter Dimpleby	BIRCHFIELD HARRIERS	237	0:49:03	Anthony Carbutt	KNOWLE & DORRIDGE RC
36	0:39:58	Jordan Wildrienne	TEAM DERBY RUNNER	137	0:45:14	Robin Phillips	WESTBURY HARRIERS	238	0:49:07	Peter McNally	REDHILL ROAD RUNNERS
37	0:39:59	Harvey Speed	COVENTRY GODIVA HARRIERS	138	0:45:17	Brendan Moen	RUGBY & NORTHAMPTON AC	239	0:49:08	Graeme Slight	HUNCOTE HARRIERS
38	0:40:01	Robert Smith	NOTTS AC	139	0:45:18	Richard Whitelegg	LEICESTER CORINTHIAN AC	240	0:49:10	Kemal Mehmet	KETTERING TOWN HARRIERS
39	0:40:04	Dale Annable	HEANOR RUNNING CLUB	140	0:45:19	Tom Lee	BEAUMONT RC	241	0:49:21	Nicholas Tawney	LEAMINGTON CYCLING AND ATHLETIC C
40	0:40:05	Joe Smith	BROMSGROVE & REDDITCH	141	0:45:21	Rob Deakin	BIRCHFIELD HARRIERS	242	0:49:25	Gary Morley	MANSFIELD HARRIERS
41	0:40:06	Mark Couldwell	CHARNWOOD A C	142	0:45:22	Andrew Warburton	NOTTS AC	243	0:49:26	William Clapp	HARBOROUGH AC
42	0:40:11	Christopher Warburt	NOTTS AC	143	0:45:22	Matthew Allen	HALESOWEN AC	244	0:49:27	Robert Edwards	WOLVERHAMPTON & BILSTON AC
43	0:40:11	Steve Long	NOTTS AC	144	0:45:24	Matthew Tonks	NUNEATON HARRIERS	245	0:49:28	Paul Webster	SPARKHILL HARRIERS
44	0:40:17	Christopher Perrin	CANNOCK & STAFFORD AC	145	0:45:26	Matt Dyer	KENILWORTH RUNNERS	246	0:49:30	Robert Fox	LONG EATON RUNNING CLUB
45	0:40:18	Matthew Battersby	BRISTOL AND WEST AC (EST. 1882)	146	0:45:29	Mark Gregory	HUNCOTE HARRIERS	247	0:49:30	Darren Glover	STILTON STRIDERS
46	0:40:23	Tom Meakin	OWLS AC LEICESTER	147	0:45:44	Andrew Freeman	BROMSGROVE & REDDITCH	248	0:49:32	Ian Keyte	BROMSGROVE & REDDITCH
47	0:40:26	Liam Roberts	TIPTON HARRIERS	148	0:45:51	Carl Platt	TRENTHAM RUNNING CLUB	249	0:49:32	Tim Hills	BEESTON AC
48	0:40:29	Oz Ellis	TIPTON HARRIERS	149	0:45:52	Daniel Vaughan	WOLVERHAMPTON & BILSTON AC	250	0:49:34	David Lewis	HALESOWEN AC
49	0:40:30	Tom Lupton	CHARNWOOD A C	150	0:45:54	Marc Curtis	KENILWORTH RUNNERS	251	0:49:35	Martin Bailey	NEWCASTLE STAFFS AC
50	0:40:36	Jarlath McKenna	BRISTOL AND WEST AC (EST. 1882)	151	0:45:55	Neil Willshear	RUGBY & NORTHAMPTON AC	252	0:49:38	Mark Gatenby	DUDLEY KINGSWINFORD RC
51	0:40:39	Paul Miles	OWLS AC LEICESTER	152	0:45:57	Tim Hutchinson	STRATFORD UPON AVON AC	253	0:49:40	Alex Morgan	HALESOWEN AC
52	0:40:40	Andrew Peat	BIRCHFIELD HARRIERS	153	0:46:03	Robert Jackson	HOLME PIERREPONT RC	254	0:49:41	Philip Chan	GREAT WESTERN RUNNERS
53	0:40:42	James Skelton	WOLVERHAMPTON & BILSTON AC	154	0:46:05	Richard Dixon	KNOWLE & DORRIDGE RC	255	0:49:42	Lee Braithwaite	NEWARK AC
54	0:40:55	Tom Gayle	CITY OF STOKE AC	155	0:46:06	Ashley Slater	TELFORD AC	256	0:49:43	Paul Gorman	BOURNVILLE HARRIERS
55	0:40:58	John Muddeman	NOTTS AC	156	0:46:09	Kevin Lanckham	BROMSGROVE & REDDITCH	257	0:49:52	Daniel Taylor	HARBOROUGH AC
56	0:41:09	Felix McGrath	WESTBURY HARRIERS	157	0:46:10	Carl Dunne	ROYAL SUTTON COLDFIELD AC	258	0:49:54	Andrew Nock	HALESOWEN AC
57	0:41:12	Chris Gillespie	TIPTON HARRIERS	158	0:46:12	Roger Grand	STAFFS MOORLANDS AC	259	0:49:55	Moritz Stoesslein	NOTTS AC
58	0:41:16	Phillip Gould	KENILWORTH RUNNERS	159	0:46:15	Ed Wilson	TRENTHAM RUNNING CLUB	260	0:49:56	Clive Trusson	NOTTS AC
59	0:41:18	Paul Hammond	WOLVERHAMPTON & BILSTON AC	160	0:46:18	Craig Bridges	TEAM BATH ATHLETICS CLUB	261	0:49:59	Simon Rhodes	BIRCHFIELD HARRIERS
60	0:41:19	Gary Burnett	CHARNWOOD A C	161	0:46:19	Eoin O'Flynn	LEAMINGTON CYCLING AND ATHLETIC C	262	0:50:01	Robert Page	HEANOR RUNNING CLUB
61	0:41:21	Orlando Corea	BIRCHFIELD HARRIERS	162	0:46:20	Ross Tyrrell	BEAUMONT RC	263	0:50:01	Stephen Brooks	BROMSGROVE & REDDITCH
62	0:41:25	Nicholas Barber	CITY OF STOKE AC	163	0:46:20	Oliver Kirkland	BOURNVILLE HARRIERS	264	0:50:05	Wayne McAneaney	HOLME PIERREPONT RC
63	0:41:26	Jarratt Perkins	NOTTS AC	164	0:46:24	Jon Kemp	WELLINGBOROUGH & DISTRICT AC	265	0:50:11	Geoff Pennington	BEESTON AC
64	0:41:27	William Neill	CITY OF STOKE AC	165	0:46:26	Nigel Lever	REDHILL ROAD RUNNERS	266	0:50:12	Mark Shaw	ALDRIDGE RC
65	0:41:30	Stewart Gregory	HOLME PIERREPONT RC	166	0:46:27	David Oxland	NOTTS AC	267	0:50:15	Lee Plimley	CHEADLE RC
66	0:41:34	Richard White	HALESOWEN AC	167	0:46:36	Eric Fowler	NUNEATON HARRIERS	268	0:50:16	Stephen Davies	MANSFIELD HARRIERS
67	0:41:36	Tom Crowley	NOTTS AC	168	0:46:36	Andrew Dickenson	LONG EATON RUNNING CLUB	269	0:50:18	Matthew Slater	BOURNVILLE HARRIERS
68	0:41:42	Richard Robinson	SUTTON IN ASHFIELD HARRIERS & AC	169	0:46:37	Toby Close	BIRMINGHAM RUNNING ATHLETICS & T	270	0:50:27	Charlie Cox	CHEADLE RC
69	0:41:45	Matthew Lole	COVENTRY GODIVA HARRIERS	170	0:46:38	Stuart Lumsden	NORTHBROOK ATHLETIC CLUB	271	0:50:30	Darren Thompson	DUDLEY KINGSWINFORD RC
70	0:41:49	Dave Smith	WOLVERHAMPTON & BILSTON AC	171	0:46:38	Alex Mead	BURTON AC	272	0:50:32	Samuel Williams	HOLME PIERREPONT RC
71	0:41:50	Gareth Briggs	STAFFS MOORLANDS AC	172	0:46:38	Matthew Nutt	FORMULA ONE CIRCUIT CREW	273	0:50:35	David Norman	DUDLEY KINGSWINFORD RC
72	0:41:50	Dean Parker	BOURNVILLE HARRIERS	173	0:46:40	Paul Coupe	TELFORD AC	274	0:50:40	Steven Roberts	LEAMINGTON CYCLING AND ATHLETIC C
73	0:42:07	Phil Wolfe	CANNOCK & STAFFORD AC	174	0:46:46	Richard Jones	WOLVERHAMPTON & BILSTON AC	275	0:50:46	Nigel Roberts	RUGBY & NORTHAMPTON AC
74	0:42:09	Chris Sharp	KNOWLE & DORRIDGE RC	175	0:46:47	Tony Weatherson	HEANOR RUNNING CLUB	276	0:50:46	Jonathan Taylor	RUGBY & NORTHAMPTON AC
75	0:42:11	Ben Foster	DUDLEY KINGSWINFORD RC	176	0:46:48	Jason Brotherhood	COVENTRY GODIVA HARRIERS	277	0:50:51	Gary Mellors	HEANOR RUNNING CLUB
76	0:42:15	Scott Green	OWLS AC LEICESTER	177	0:46:51	Mark Bridgwood	STAFFORD HARRIERS	278	0:50:54	Tom Davies	HOLME PIERREPONT RC
77	0:42:15	Harvey Maguire	TIPTON HARRIERS	178	0:46:54	Ben Beaumont	BIRMINGHAM RUNNING ATHLETICS & T	279	0:50:56	Carl Hughes	HEANOR RUNNING CLUB
78	0:42:17	Mark Appleton	BROMSGROVE & REDDITCH	179	0:46:58	Paul Newton	REDHILL ROAD RUNNERS	280	0:50:59	Garry Barnes	SPHINX AC
79	0:42:17	Richard Darling	NOTTS AC	180	0:46:59	Mark Moore	WOLVERHAMPTON & BILSTON AC	281	0:51:00	Phil Stevenson	IVANHOE RUNNERS
80	0:42:18	Chris McMillan	OWLS AC LEICESTER	181	0:47:00	Karl Wilkins	BEAUMONT RC	282	0:51:03	Andrew Clawson	KETTERING TOWN HARRIERS
81	0:42:19	Cory Parker	BURTON AC	182	0:47:04	Martin Harrigan	SOUTHWELL RUNNING CLUB	283	0:51:05	Christopher Blake	STOURBRIDGE RC
82	0:42:20	Ben Plummer	CHARNWOOD A C	183	0:47:09	David Egginton	HUNCOTE HARRIERS	284	0:51:06	Michael Fahy	BIRMINGHAM RUNNING ATHLETICS & T
83	0:42:21	Aaron Brown	CANNOCK & STAFFORD AC	184	0:47:15	Gareth Chivers	HUNCOTE HARRIERS	285	0:51:10	Christopher Ross	STAFFORD HARRIERS
84	0:42:22	Maciej Bialogonski	BRISTOL AND WEST AC (EST. 1882)	185	0:47:16	Nigel Haycock	CANNOCK & STAFFORD AC	286	0:51:11	Michael Dobson	STAFFORD HARRIERS
85	0:42:23	Anthony Meenaghan	HOLME PIERREPONT RC	186	0:47:17	Simon White	TELFORD AC	287	0:51:17	David Smyth	STRATFORD UPON AVON AC
86	0:42:26	Thomas Hendricken	CITY OF STOKE AC	187	0:47:23	Ian Chant	LONG EATON RUNNING CLUB	288	0:51:19	James Smith	STAFFORD HARRIERS
87	0:42:31	Jonathan Barnes	CHELTHENHAM AND COUNTY HARRIERS	188	0:47:27	Howard Partridge	HOLME PIERREPONT RC	289	0:51:20	Osian Flowers	IVANHOE RUNNERS
88	0:42:32	James Perrin	CANNOCK & STAFFORD AC	189	0:47:28	David Brayer	TAMWORTH AC	290	0:51:20	Carl Braithwaite	NEWARK AC
89	0:42:33	Chris Curtis	CORBYS AC	190	0:47:29	Kevin Monk	HALESOWEN AC	291	0:51:26	Wayne Muddiman	CENTURION RC
90	0:42:33	Mathew Richards	WOLVERHAMPTON & BILSTON AC	191	0:47:30	Adam Brooks	HARBOROUGH AC	292	0:51:27	Darryll Thomas	BROMSGROVE & REDDITCH
91	0:42:40	Peter Swaine	CHARNWOOD A C	192	0:47:32	Benjamin Tran	COVENTRY GODIVA HARRIERS	293	0:51:28	Thomas Orton	CANNOCK & STAFFORD AC
92	0:42:52	Gordon Smith	BURTON AC	193	0:47:32	Warren Bennett	HUNCOTE HARRIERS	294	0:51:30	Lionel Spittle	WOLVERHAMPTON & BILSTON AC
93	0:42:53	Dave Nation	DUDLEY AND STOURBRIDGE HARRIERS	194	0:47:34	Sean Phillips	KINGS HEATH RC	295	0:51:34	Pau Caruana	LEAMINGTON CYCLING AND ATHLETIC C
94	0:42:57	James Jefferson	WEST BROMWICH HARRIERS	195	0:47:36	Aaron Bodycote	COVENTRY GODIVA HARRIERS	296	0:51:40	Ian Charles Hodkinson	STAFFORD HARRIERS
95	0:43:01	Ryan Heath	TELFORD AC	196	0:47:38	Dave Ratcliffe	DUDLEY AND STOURBRIDGE HARRIERS	297	0:51:43	Steven Clews	DESFORD STRIDERS
96	0:43:01	Jamie Langley	LEAMINGTON CYCLING AND ATHLETIC C	197	0:47:41	Steven Howes	SOLIHULL & SMALL HEATH ATHLETIC CL	298	0:51:46	David Wintle	GREAT WESTERN RUNNERS
97	0:43:03	Paul Thompson	BOURNVILLE HARRIERS	198	0:47:43	John Wilson	NORTHBROOK ATHLETIC CLUB	299	0:51:46	Dave Johnson	KINGS HEATH RC
98	0:43:04	Sam Chatwin	BIRCHFIELD HARRIERS	199	0:47:45	Andy Parkin	HEANOR RUNNING CLUB	300	0:51:46	Stewart Underhill	KENILWORTH RUNNERS
99	0:43:05	Shane Rice	HEANOR RUNNING CLUB	200	0:4						

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Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
304	0:51:59	Andrew Higgins	LEAMINGTON CYCLING AND ATHLETIC	405	0:58:47	Clark Woodhall	WEST BROMWICH HARRIERS				
305	0:52:01	Philip Harris	NUNEATON HARRIERS	406	0:58:52	Dave McCarthy	BIRCHFIELD HARRIERS				
306	0:52:04	Martin Ward	CENTURION RC	407	0:58:56	Andy Matthews	CENTURION RC				
307	0:52:06	Kieran Pitt	DUDLEY KINGSWINFORD RC	408	0:59:01	Jonathan Compton	NEWARK AC				
308	0:52:10	Jason Paddock	WOLVERHAMPTON & BILSTON AC	409	0:59:02	Anthony Williamson	BEESTON AC				
309	0:52:15	Steve Tupholme	HOLME PIERREPONT RC	410	0:59:22	Brian Gravelsons	STRATFORD UPON AVON AC				
310	0:52:19	Ian Parker	BURTON AC	411	0:59:25	Lloyd Mardenboroug	ALDRIDGE RC				
311	0:52:21	Michael Sheppard	STRATFORD UPON AVON AC	412	0:59:25	Steve Meath	BELPER HARRIERS				
312	0:52:23	Paul Battey	BROMSGROVE & REDDITCH	413	0:59:37	Mark Fisher	TEAM DERBY RUNNER				
313	0:52:25	Timothy Baggs	LONG EATON RUNNING CLUB	414	0:59:39	Matthew Jackson	HEANOR RUNNING CLUB				
314	0:52:26	John Adrian White	RUGBY & NORTHAMPTON AC	415	0:59:41	Philip Marshall	STRATFORD UPON AVON AC				
315	0:52:27	Edmund Wallace	CENTURION RC	416	0:59:47	Paul Young	KETTERING TOWN HARRIERS				
316	0:52:33	Martyn Winstone	KETTERING TOWN HARRIERS	417	0:59:53	Mark Doudican	BOURNVILLE HARRIERS				
317	0:52:37	Chris Treble	WESTBURY HARRIERS	418	0:59:54	Ken Allen	NOTTS AC				
318	0:52:43	Mark Warwick	TEAM DERBY RUNNER	419	1:00:06	Spencer Davies	NORTHBROOK ATHLETIC CLUB				
319	0:52:46	James Parker	HALESOWEN AC	420	1:00:07	Paul Daymond	KINGS HEATH RC				
320	0:52:48	Gareth Owens	NEWARK AC	421	1:00:09	Terry Fenton	GREAT WESTERN RUNNERS				
321	0:52:49	Paul Griffiths	FORMULA ONE CIRCUIT CREW	422	1:00:13	Kevin Barnes	HEREFORD COURIERS				
322	0:52:54	Peter Hood	DUDLEY KINGSWINFORD RC	423	1:00:16	Richard Rose	CITY OF BIRMINGHAM STRIDERS				
323	0:52:55	James Cox	IVANHOE RUNNERS	424	1:00:22	Robert Orgill	NEWARK AC				
324	0:52:57	David Waddington	HARBOROUGH AC	425	1:00:32	Martin Spencer	HOLME PIERREPONT RC				
325	0:53:01	Andrew Redden	WELLINGBOROUGH & DISTRICT AC	426	1:00:41	David Bratby	WEST BROMWICH HARRIERS				
326	0:53:05	Paul Tabor	WOLVERHAMPTON & BILSTON AC	427	1:01:04	Jim Smith	HOLME PIERREPONT RC				
327	0:53:07	Simon Dix	KINGS HEATH RC	428	1:01:26	Edwin Smith	STAFFORD HARRIERS				
328	0:53:10	Michael Beardmore	CHEADLE RC	429	1:01:33	Brian MacKey	UTTOXETER ROAD RUNNERS				
329	0:53:11	Ian Thompson	HUNCOTE HARRIERS	430	1:01:57	Paul Mathie	BURTON AC				
330	0:53:19	Phil Heathcote	CHEADLE RC	431	1:02:03	Nigel Tatton	TELFORD AC				
331	0:53:22	Paul Lucas	ALDRIDGE RC	432	1:02:25	Tom Keenan	BIRMINGHAM RUNNING ATHLETICS & T				
332	0:53:22	Barry O'Neil	SPARKHILL HARRIERS	433	1:02:55	Nick Bates	BELPER HARRIERS				
333	0:53:28	Steve Wood	DUDLEY KINGSWINFORD RC	434	1:03:08	Stuart Coe	BEAUMONT RC				
334	0:53:30	Kevin Wright	IVANHOE RUNNERS	435	1:03:22	Rupe Chahal	LEAMINGTON CYCLING AND ATHLETIC				
335	0:53:31	Steven Burch	STOURBRIDGE RC	436	1:03:39	Larry Coltman	STRATFORD UPON AVON AC				
336	0:53:32	Wayne Broadbent	SPHINX AC	437	1:03:43	Paul Jones	ALDRIDGE RC				
337	0:53:51	Matthew Pollard	BOURNVILLE HARRIERS	438	1:03:50	Michael Horn	REDHILL ROAD RUNNERS				
338	0:53:58	Andrew Nash	BELPER HARRIERS	439	1:03:58	Nigel Fisher	REDHILL ROAD RUNNERS				
339	0:54:00	Peter Austin	NORTHBROOK ATHLETIC CLUB	440	1:04:02	Tom Dable	KENILWORTH RUNNERS				
340	0:54:04	Jonathan Hardy	MANSFIELD HARRIERS	441	1:04:07	Peter Evans	KINGS HEATH RC				
341	0:54:13	Martin Yeomans	IVANHOE RUNNERS	442	1:04:14	Grahame Kelley	NEWARK AC				
342	0:54:15	Alan Griffiths	WELLINGBOROUGH & DISTRICT AC	443	1:04:16	Stef Shillington	KENILWORTH RUNNERS				
343	0:54:17	Dave Marsden	STAFFORD HARRIERS	444	1:04:48	Michael Whitehead	TELFORD AC				
344	0:54:19	David Evans	BEESTON AC	445	1:05:13	Naved Akhtar	CITY OF BIRMINGHAM STRIDERS				
345	0:54:22	Martin Kemp	CITY OF BIRMINGHAM STRIDERS	446	1:06:07	Paul Wakefield	NEWCASTLE STAFFS AC				
346	0:54:23	Neil Gerrity	NEWCASTLE STAFFS AC	447	1:07:41	John Cheel	BOURNVILLE HARRIERS				
347	0:54:26	Simon Barnes	GLOUCESTER AC	448	1:07:51	Craig Baxter	STAFFORD HARRIERS				
348	0:54:27	Malcolm Weir	BELPER HARRIERS	449	1:08:17	Dionisis Theodosis	CITY OF BIRMINGHAM STRIDERS				
349	0:54:34	Tony Blakeway	LONG EATON RUNNING CLUB	450	1:08:46	Jon Emery	CITY OF BIRMINGHAM STRIDERS				
350	0:54:36	James Greenwood	WEST BROMWICH HARRIERS	451	1:09:31	Nigel Symms	NEWCASTLE STAFFS AC				
351	0:54:42	Gary Cragg	HOLME PIERREPONT RC	452	1:13:12	Steven Twomlow	KINGS HEATH RC				
352	0:54:43	Paul Jefferies	STRATFORD UPON AVON AC	453	1:14:06	Darren Salmons	KINGS HEATH RC				
353	0:54:43	Alan Griffin	STAFFORD HARRIERS	454	1:17:29	Daron Fincham	TELFORD AC				
354	0:54:46	Joseph Eccles	HOLME PIERREPONT RC	455	1:21:12	Steve Morris	DESFORD STRIDERS				
355	0:54:46	Mark Attenborough	REDHILL ROAD RUNNERS	456	1:22:49	Colin Bricher	KENILWORTH RUNNERS				
356	0:54:48	Simon Newman	BOURNVILLE HARRIERS								
357	0:54:57	Barry Elkington	KENILWORTH RUNNERS								
358	0:54:57	Paul Winfield	HEANOR RUNNING CLUB								
359	0:54:58	Michael Green	KINGS HEATH RC								
360	0:55:00	Graham Wildgoose	DUDLEY KINGSWINFORD RC								
361	0:55:02	Ian Mackenzie	KINGS HEATH RC								
362	0:55:17	Adrian Reeves Jones	CHEADLE RC								
363	0:55:22	Ian Abbott	REDHILL ROAD RUNNERS								
364	0:55:23	Seth Atkin	CITY OF BIRMINGHAM STRIDERS								
365	0:55:25	Tommy Hill	SOLIHULL & SMALL HEATH ATHLETIC CL								
366	0:55:28	Darren John	KNOWLE & DORRIDGE RC								
367	0:55:28	Robert Norman	BELPER HARRIERS								
368	0:55:28	Andy Rea	CENTURION RC								
369	0:55:42	Paul Lloyd	SOLIHULL & SMALL HEATH ATHLETIC CL								
370	0:55:52	Mark Homer	DUDLEY KINGSWINFORD RC								
371	0:55:55	James Cant	WESTBURY HARRIERS								
372	0:55:58	Greg Robson	KINGS HEATH RC								
373	0:56:11	Paul Allen	HALESOWEN AC								
374	0:56:20	David West	SPHINX AC								
375	0:56:25	Mark Bland	CORBY AC								
376	0:56:27	Stephen Eccles	HOLME PIERREPONT RC								
377	0:56:36	Cory Wilson	NOTTS AC								
378	0:56:36	Niels Helbo- Dawes	LONG EATON RUNNING CLUB								
379	0:56:44	Trevor Harris	ALDRIDGE RC								
380	0:56:52	David Myatt	TRENTHAM RUNNING CLUB								
381	0:56:52	Phil Wilson	SPHINX AC								
382	0:56:56	Simon Hudson	ALDRIDGE RC								
383	0:57:04	Matthew Plant	TRENTHAM RUNNING CLUB								
384	0:57:05	Mark Judge	DUDLEY KINGSWINFORD RC								
385	0:57:05	Mark Oliver	STAFFORD HARRIERS								
386	0:57:09	Simon Outhwaite	SPARKHILL HARRIERS								
387	0:57:11	Richard Guest	HALESOWEN AC								
388	0:57:12	Rob Willis	KENILWORTH RUNNERS								
389	0:57:15	John Hargreaves	GREAT WESTERN RUNNERS								
390	0:57:15	Richard Mitsou	NOTTS AC								
391	0:57:24	Richard Lodge	ALDRIDGE RC								
392	0:57:27	Martyn McHale	REDHILL ROAD RUNNERS								
393	0:57:34	John Bristow	CITY OF BIRMINGHAM STRIDERS								
394	0:57:37	Julian Wood	MANSFIELD HARRIERS								
395	0:57:48	Grahame Hygate	SPARKHILL HARRIERS								
396	0:57:55	Peter Greenfield	NUNEATON HARRIERS								
397	0:57:56	David Herbert	SUTTON IN ASHFIELD HARRIERS & AC								
398	0:58:07	Stuart Whitehouse	WOLVERHAMPTON & BILSTON AC								
399	0:58:14	Clive Greyson	REDHILL ROAD RUNNERS								
400	0:58:25	Robert Sharratt	BURTON AC								
401	0:58:29	Peter Robinson	NOTTS AC								
402	0:58:36	Ian Mellors	HEANOR RUNNING CLUB								
403	0:58:42	Martin Wall	ALDRIDGE RC								
404	0:58:45	Russell Tuffin	4 LIFE TRI CLUB								

Team Results:				
Pos	Points	Team / Club	Placings	
1	27	NOTTS AC	(1 2 3 5 6 10)	
2	209	TIPTON HARRIERS	(8 16 33 47 48 57)	
3	235	WOLVERHAMPTON & BILSTON A	(13 18 22 53 59 70)	
4	277	CHARWOOD A C	(14 31 41 49 60 82)	
5	282	OWLS AC LEICESTER	(4 25 46 51 76 80)	
6	313	BRISTOL AND WEST AC (EST. 188	(7 11 45 50 84 116)	
7	380	BIRCHFIELD HARRIERS	(20 26 52 61 98 123)	
8	442	COVENTRY GODIVA HARRIERS	(21 28 37 69 111 176)	
9	494	CITY OF STOKE AC	(19 54 62 64 86 209)	
10	500	HEANOR RUNNING CLUB	(29 30 39 99 128 175)	
11	695	KENILWORTH RUNNERS	(58 104 114 124 145 150)	
12	748	BROMSGROVE & REDDITCH	(40 78 127 147 156 200)	
13	766	CANNOCK & STAFFORD AC	(44 73 83 88 185 293)	
14	829	HOLME PIERREPONT RC	(65 85 132 153 188 206)	
15	897	BIRMINGHAM RUNNING ATHLET	(9 112 169 178 203 226)	
16	938	HALESOWEN AC	(66 105 143 190 204 230)	
17	990	KNOWLE & DORRIDGE RC	(74 108 115 154 237 302)	
18	1046	HUNCOTE HARRIERS	(119 146 183 184 193 221)	
19	1099	LEAMINGTON CYCLING AND ATH	(32 96 161 241 274 295)	
20	1156	REDHILL ROAD RUNNERS	(130 165 179 208 236 238)	
21	1194	BOURNVILLE HARRIERS	(72 97 163 256 269 337)	
22	1230	RUGBY & NORTHAMPTON AC	(138 151 219 223 224 275)	
23	1320	DUDLEY KINGSWINFORD RC	(75 218 231 252 271 273)	
24	1337	HARBOROUGH AC	(121 191 201 243 257 324)	
25	1355	BEAUMONT RC	(140 162 181 211 227 434)	
26	1484	BURTON AC	(81 92 171 310 400 430)	
27	1484	TELFORD AC	(95 155 173 186 431 444)	
28	1485	LONG EATON RUNNING CLUB	(168 187 222 246 313 349)	
29	1633	CHEADLE RC	(213 225 267 270 328 330)	
30	1675	STAFFORD HARRIERS	(177 285 286 288 296 343)	
31	1675	KINGS HEATH RC	(135 194 299 327 359 361)	
32	1740	STRATFORD UPON AVON AC	(152 228 287 311 352 410)	
33	1802	IVANHOE RUNNERS	(234 281 289 323 334 341)	
34	1813	CENTURION RC	(126 291 306 315 368 407)	
35	1823	GREAT WESTERN RUNNERS	(229 232 254 298 389 421)	
36	1966	ALDRIDGE RC	(217 266 331 379 382 391)	
37	2139	NEWARK AC	(255 290 320 408 424 442)	
38	2419	CITY OF BIRMINGHAM STRIDERS	(345 364 393 423 445 449)	