

# MCAA Road Relays

## at Sutton Park, Birmingham on Saturday 20th September 2008

### Senior Women Stage 1 — Final Results

| Pos | Name           | Club         | Leg Time |    |                |              |       |
|-----|----------------|--------------|----------|----|----------------|--------------|-------|
| 1   | Stacey Johnson | Cannock&S    | 14:25    | 36 | Joan Clarke    | Stourbridg   | 17:55 |
| 2   | Wendy Nicholls | Cirenceste   | 14:33    | 37 | Beth Young     | Halesowen A  | 17:55 |
| 3   | Claire Martin  | Telford Ac A | 14:57    | 38 | Michelle Laws  | Tewkesbury   | 17:59 |
| 4   | Katie Knowles  | Bristol&W A  | 15:05    | 39 | HayleyMariott  | Clevedon A   | 18:08 |
| 5   | Sue Harrison   | Leamington A | 15:14    | 40 | Kuldeep Samra  | West Bromw   | 18:09 |
| 6   | Clare Mensley  | Charnwood A  | 15:20    | 41 | Ruth Umerah    | Stafford H   | 18:11 |
| 7   | Nicola Bamford | Notts Ac A   | 15:34    | 42 | S Evans        | Sparkhill    | 18:12 |
| 8   | Olivia Kenney  | RoyalSuttC A | 15:35    | 43 | Sharon Townley | Centurion    | 18:14 |
| 9   | Emma Phillies  | Birchfield A | 15:44    | 44 | Fayme White    | Bitton RR B  | 18:36 |
| 10  | Louise Durman  | Stroud & D   | 15:44    | 45 | Christa James  | Coventry G B | 18:36 |
| 11  | Natalie Yates  | Mansfield A  | 15:46    | 46 | Tracey Hallam  | Notts Ac B   | 18:42 |
| 12  | Melanie James  | Bournville A | 15:47    | 47 | C Britnell     | SuttonAsh A  | 18:42 |
| 13  | Rachel Buxton  | Coventry G A | 16:12    | 48 | Aimee Booth    | Birchfield C | 18:43 |
| 14  | V Rollins      | Kettering    | 16:18    | 49 | Emma Jeffery   | Gloucester   | 18:50 |
| 15  | Carolyn Hay    | Redhill RR   | 16:20    | 50 | Sarah Thorne   | Westbury H B | 18:52 |
| 16  | Adela Salt     | Trentham R A | 16:22    | 51 | Samantha Smith | SolihullSH B | 19:09 |
| 17  | S Richards     | Bristol&W B  | 16:22    | 52 | C Lancaster    | Telford Ac B | 19:24 |
| 18  | Emily Ault     | Barrow Run A | 16:28    | 53 | Katrina Green  | Mansfield B  | 19:30 |
| 19  | Jo Fletcher    | Severn Ac    | 16:34    | 54 | C Barclay      | GreatWest B  | 19:45 |
| 20  | Helen Finch    | SolihullSH A | 16:36    | 55 | Jane Anderson  | BromsRedd    | 19:46 |
| 21  | Vicky Tester   | Bristol&W C  | 16:38    | 56 | Hannah Smith   | Tipton Har B | 19:52 |
| 22  | Katie Lomas    | Charnwood B  | 16:42    | 57 | Ellen Ambrose  | Halesowen B  | 20:09 |
| 23  | Dawn Davies    | Stratford    | 16:49    | 58 | Kim Pope       | Bitton RR C  | 20:21 |
| 24  | Rachel Cook    | Birchfield B | 16:51    | 59 | Kerri James    | Birmingham   | 20:26 |
| 25  | Rebecca Smith  | Northbrook A | 16:52    | 60 | Kerry Holt     | Wolverhamp A | 20:58 |
| 26  | Helen Brew     | GreatWest A  | 17:09    | 61 | Rachel Denham  | Birchfield E | 21:08 |
| 27  | Amie Fithern   | Tipton Har A | 17:11    | 62 | Janet Speak    | Notts Ac C   | 21:10 |
| 28  | Linda Howell   | Bournville B | 17:13    | 63 | Kathryn Abbott | Bournville C | 21:18 |
| 29  | E Greenfield   | Nuneaton R A | 17:16    | 64 | Helen Marsay   | SaracensRC A | 21:30 |
| 30  | Amber Magee    | Charnwood C  | 17:19    | 65 | Jacky Reynolds | Barrow Run B | 21:50 |
| 31  | Robyn Golding  | Westbury H A | 17:25    | 66 | Sarah Capewell | Birchfield D | 22:00 |
| 32  | L Callaghan    | Trentham R B | 17:28    | 67 | Anne Cosimetti | Halesowen C  | 22:07 |
| 33  | Karen Brooks   | Harborough A | 17:38    | 68 | Tracey Higgins | Sphinx Ac    | 22:17 |
| 34  | Melanie Young  | Newcastle    | 17:49    | 69 | Sarah Brown    | Lichfield A  | 22:46 |
| 35  | Sally Curnow   | Bitton RR A  | 17:53    | 70 | Sharon White   | Nuneaton R B | 23:15 |

# MCAA Road Relays

## at Sutton Park, Birmingham on Saturday 20th September 2008

### Senior Women Stage 2 — Final Results

| Pos | Name           | Club         | Leg Time | Cum Time | Gain |                                      |                |              |       |       |      |
|-----|----------------|--------------|----------|----------|------|--------------------------------------|----------------|--------------|-------|-------|------|
| 1   | Kate Goodhead  | Bristol&W A  | 14:57    | 30:02    | + 3  | 41                                   | Lianne Brooks  | Harborough A | 20:02 | 37:40 | - 8  |
| 2   | Sian Davies    | Telford Ac A | 15:33    | 30:30    | + 1  | 42                                   | Linda Rockett  | Clevedon A   | 19:33 | 37:41 | - 3  |
| 3   | Sarah Maude    | Charnwood A  | 15:14    | 30:34    | + 3  | 43                                   | Pat Gallagher  | Westbury H B | 18:58 | 37:50 | + 7  |
| 4   | Liz Lilly      | Mansfield A  | 16:04    | 31:50    | + 7  | 44                                   | A Whittingham  | SuttonAsh A  | 19:13 | 37:55 | + 3  |
| 5   | M Kirkham      | Coventry G A | 15:40    | 31:52    | + 8  | 45                                   | C Beaumont     | Birchfield C | 19:16 | 37:59 | + 3  |
| 6   | I Ainsworth    | Bristol&W B  | 15:48    | 32:10    | + 11 | 46                                   | Dawn Bishop    | Stourbridg   | 20:05 | 38:00 | - 10 |
| 7   | Ellen Butler   | Notts Ac A   | 16:53    | 32:27    | 0    | 47                                   | Diane Edge     | West Bromw   | 20:19 | 38:28 | - 7  |
| 8   | Hayley Munn    | Kettering    | 16:11    | 32:29    | + 6  | 48                                   | Heather Fooks  | SolihullSH B | 19:28 | 38:37 | + 3  |
| 9   | Clare Grice    | Birchfield A | 16:50    | 32:34    | 0    | 49                                   | Rebecca Ibbs   | Newcastle    | 21:04 | 38:53 | - 15 |
| 10  | Lucy Flanner   | SolihullSH A | 16:00    | 32:36    | + 10 | 50                                   | Eva Williams   | Mansfield B  | 19:26 | 38:56 | + 3  |
| 11  | Lucie Woodyatt | Severn Ac    | 16:03    | 32:37    | + 8  | 51                                   | Claire Spick   | Bitton RR B  | 20:20 | 38:56 | - 7  |
| 12  | Jo Fifield     | Stroud & D   | 16:55    | 32:39    | - 2  | 52                                   | E Queded       | Birmingham   | 19:26 | 39:52 | + 7  |
| 13  | Kim Looms      | Charnwood B  | 15:58    | 32:40    | + 9  | 53                                   | Tamara Ball    | BromsRedd    | 20:33 | 40:19 | + 2  |
| 14  | Cally Read     | Cannock&S    | 18:20    | 32:45    | - 13 | 54                                   | Helen Attwood  | Halesowen B  | 20:27 | 40:36 | + 3  |
| 15  | C O'Carroll    | Leamington A | 17:34    | 32:48    | - 10 | 55                                   | S Passey       | GreatWest B  | 21:02 | 40:47 | - 1  |
| 16  | Jane Thomas    | Cirenceste   | 18:28    | 33:01    | - 14 | 56                                   | M Ehrenberg    | Sparkhill    | 22:50 | 41:02 | - 14 |
| 17  | Sarah Johnson  | Trentham R A | 16:44    | 33:06    | - 1  | 57                                   | Louise Harman  | Birchfield D | 19:45 | 41:45 | + 9  |
| 18  | S Walker       | Tipton Har A | 16:01    | 33:12    | + 9  | 58                                   | Abi Reynolds   | Wolverhamp A | 20:50 | 41:48 | + 2  |
| 19  | M Kenchington  | Bournville A | 17:30    | 33:17    | - 7  | 59                                   | Wendy Kane     | Notts Ac C   | 21:15 | 42:25 | + 3  |
| 20  | Sally Latham   | Birchfield B | 16:40    | 33:31    | + 4  | 60                                   | M Thompson     | Bournville C | 21:12 | 42:30 | + 3  |
| 21  | Beverley Gray  | Charnwood C  | 16:15    | 33:34    | + 9  | 61                                   | Vicki Timms    | SaracensRC A | 21:30 | 43:00 | + 3  |
| 22  | Mary Bolland   | Redhill RR   | 17:17    | 33:37    | - 7  | 62                                   | Emma Gaffney   | Lichfield A  | 21:01 | 43:47 | + 7  |
| 23  | C Dulla        | Westbury H A | 16:14    | 33:39    | + 8  | 63                                   | Sue Zurawliw   | Barrow Run B | 22:27 | 44:17 | + 2  |
| 24  | Holly Darlow   | RoyalSuttC A | 18:17    | 33:52    | - 16 | 64                                   | Helen Rathbone | Sphinx Ac    | 23:44 | 46:01 | + 4  |
| 25  | Clare-L Conway | Bristol&W C  | 17:16    | 33:54    | - 4  | 65                                   | Natali Collins | Bitton RR C  | 26:29 | 46:50 | - 7  |
| 26  | Amanda Deavy   | Northbrook A | 17:09    | 34:01    | - 1  | 66                                   | G MacKinnon    | Halesowen C  | 26:01 | 48:08 | + 1  |
| 27  | Ann Hillier    | Barrow Run A | 18:34    | 35:02    | - 9  | 67                                   | WendyMorant    | Birchfield E | 28:47 | 49:55 | - 6  |
| 28  | Rachel Chard   | Nuneaton R A | 18:02    | 35:18    | + 1  | <b>Fastest runners over stage 2:</b> |                |              |       |       |      |
| 29  | Fiona Cramp    | Bitton RR A  | 17:42    | 35:35    | + 6  | 1                                    | Kate Goodhead  | Bristol&W A  | 14:57 |       |      |
| 30  | Joanne Edward  | Trentham R B | 18:10    | 35:38    | + 2  | 2                                    | Sarah Maude    | Charnwood A  | 15:14 |       |      |
| 31  | Lorraine Ryan  | Gloucester   | 17:04    | 35:54    | + 18 | 3                                    | Sian Davies    | Telford Ac A | 15:33 |       |      |
| 32  | Lucy Ellis     | GreatWest A  | 18:54    | 36:03    | - 6  | 4                                    | M Kirkham      | Coventry G A | 15:40 |       |      |
| 33  | Lisa Percox    | Stafford H   | 17:57    | 36:08    | + 8  | 5                                    | I Ainsworth    | Bristol&W B  | 15:48 |       |      |
| 34  | Debbie Bradley | Centurion    | 18:08    | 36:22    | + 9  | 6                                    | Kim Looms      | Charnwood B  | 15:58 |       |      |
| 35  | Kim Braznell   | Halesowen A  | 18:35    | 36:30    | + 2  | 7                                    | Lucy Flanner   | SolihullSH A | 16:00 |       |      |
| 36  | Julie Kirby    | Telford Ac B | 17:08    | 36:32    | + 16 | 8                                    | S Walker       | Tipton Har A | 16:01 |       |      |
| 37  | J Lambourne    | Notts Ac B   | 18:00    | 36:42    | + 9  | 9                                    | Lucie Woodyatt | Severn Ac    | 16:03 |       |      |
| 38  | Tania Uguw     | Bournville B | 19:41    | 36:54    | - 10 | 10                                   | Liz Lilly      | Mansfield A  | 16:04 |       |      |
| 39  | Lyn McDonald   | Coventry G B | 18:20    | 36:56    | + 6  |                                      |                |              |       |       |      |
| 40  | Carol Cowley   | Tewkesbury   | 19:25    | 37:24    | - 2  |                                      |                |              |       |       |      |

# MCAA Road Relays

## at Sutton Park, Birmingham on Saturday 20th September 2008

### Senior Women Stage 3 — Final Results

| Pos | Name            | Club         | Leg Time | Cum Time | Gain |
|-----|-----------------|--------------|----------|----------|------|
| 1   | H Whitmore      | Charnwood A  | 14:40    | 45:14    | + 2  |
| 2   | Kim Fawke       | Telford Ac A | 14:55    | 45:25    | 0    |
| 3   | Helen Fines     | Bristol&W A  | 15:56    | 45:58    | - 2  |
| 4   | Debbie Waleters | Birchfield A | 15:05    | 47:39    | + 5  |
| 5   | Nikk DeLaSalle  | Notts Ac A   | 15:32    | 47:59    | + 2  |
| 6   | D Stewart       | Coventry G A | 16:11    | 48:03    | - 1  |
| 7   | Kokob Mehere    | Bristol&W B  | 16:24    | 48:34    | - 1  |
| 8   | Debbie Marsden  | Charnwood B  | 16:00    | 48:40    | + 5  |
| 9   | Jane Dickens    | Trentham R A | 16:47    | 49:53    | + 8  |
| 10  | Joanne Finch    | SolihullSH A | 17:25    | 50:01    | 0    |
| 11  | M Williamson    | Leamington A | 17:18    | 50:06    | + 4  |
| 12  | Miriam Tedder   | Mansfield A  | 18:42    | 50:32    | - 8  |
| 13  | S Pickering     | Cannock&S    | 18:01    | 50:46    | + 1  |
| 14  | Jenny Manners   | Cirenceste   | 17:52    | 50:53    | + 2  |
| 15  | Rebecca Hall    | Kettering    | 18:40    | 51:09    | - 7  |
| 16  | S Harding       | Bristol&W C  | 17:20    | 51:14    | + 9  |
| 17  | Jane Khan       | Westbury H A | 17:40    | 51:19    | + 6  |
| 18  | Laura Johnson   | Charnwood C  | 17:46    | 51:20    | + 3  |
| 19  | Emma Lines      | Birchfield B | 17:53    | 51:24    | + 1  |
| 20  | Sally Frapwell  | Stroud & D   | 18:46    | 51:25    | - 8  |
| 21  | M Hensman       | Bournville A | 18:14    | 51:31    | - 2  |
| 22  | C Charlton      | Redhill RR   | 18:05    | 51:42    | 0    |
| 23  | Sue Curry       | RoyalSuttC A | 17:54    | 51:46    | + 1  |
| 24  | S Underhill     | Severn Ac    | 19:37    | 52:14    | - 13 |
| 25  | Lynette Porter  | Bitton RR A  | 17:24    | 52:59    | + 4  |
| 26  | Sarah Smith     | Tipton Har A | 19:53    | 53:05    | - 8  |
| 27  | Mary Hall       | Nuneaton R A | 18:28    | 53:46    | + 1  |
| 28  | C McNeilly      | GreatWest A  | 18:01    | 54:04    | + 4  |
| 29  | J Robinson      | Barrow Run A | 19:32    | 54:34    | - 2  |
| 30  | Angie Sadler    | Tewkesbury   | 17:35    | 54:59    | + 10 |
| 31  | Lisa Morris     | Notts Ac B   | 18:21    | 55:03    | + 6  |
| 32  | Juliet Hoad     | Telford Ac B | 18:39    | 55:11    | + 4  |
| 33  | Cathrine Fenn   | Northbrook A | 21:26    | 55:27    | - 7  |
| 34  | A Edwards       | Gloucester   | 19:45    | 55:39    | - 3  |
| 35  | Jill Phillips   | Trentham R B | 20:16    | 55:54    | - 5  |
| 36  | E Williams      | Coventry G B | 19:06    | 56:02    | + 3  |
| 37  | Jakie Bradshaw  | Halesowen A  | 19:35    | 56:05    | - 2  |
| 38  | Mary Williams   | Centurion    | 19:46    | 56:08    | - 4  |
| 39  | C Harlan-Marks  | Bournville B | 19:20    | 56:14    | - 1  |
| 40  | Tamsin Chick    | Westbury H B | 18:33    | 56:23    | + 3  |
| 41  | Amanda Clarke   | SuttonAsh A  | 18:30    | 56:25    | + 3  |
| 42  | Esther Purdy    | Stafford H   | 20:31    | 56:39    | - 9  |
| 43  | Val Carter      | Birchfield C | 18:40    | 56:39    | + 2  |
| 44  | Marcella Scott  | Birmingham   | 16:52    | 56:44    | + 8  |
| 45  | Nikki Davies    | Stourbridg   | 19:13    | 57:13    | + 1  |
| 46  | Dawn Barcham    | Clevedon A   | 19:35    | 57:16    | - 4  |
| 47  | Becky Hayward   | Bitton RR B  | 19:11    | 58:07    | + 4  |
| 48  | Ruth Bingham    | Harborough A | 20:54    | 58:34    | - 7  |
| 49  | Jeanette Malin  | BromsRedd    | 18:18    | 58:37    | + 4  |
| 50  | Jane Stafford   | Mansfield B  | 20:08    | 59:04    | 0    |
| 51  | J Foster        | SolihullSH B | 20:50    | 59:27    | - 3  |
| 52  | Belinda Riley   | Newcastle    | 20:50    | 59:43    | - 3  |
| 53  | Usha Hira       | West Bromw   | 23:11    | 1:01:39  | - 6  |
| 54  | Linzy Ottley    | GreatWest B  | 21:02    | 1:01:49  | + 1  |
| 55  | Helena Bustin   | Halesowen B  | 21:35    | 1:02:11  | - 1  |
| 56  | N Jakovenko     | Birchfield D | 21:06    | 1:02:51  | + 1  |
| 57  | Sarah Rock      | Bournville C | 20:24    | 1:02:54  | + 3  |
| 58  | J Carroll       | Wolverhamp A | 21:29    | 1:03:17  | 0    |
| 59  | C Austin        | Sparkhill    | 22:44    | 1:03:46  | - 3  |
| 60  | Sarah Jemmett   | Lichfield A  | 20:22    | 1:04:09  | + 2  |
| 61  | Jane Edwards    | SaracensRC A | 21:31    | 1:04:31  | 0    |
| 62  | R Whittaker     | Notts Ac C   | 23:15    | 1:05:40  | - 3  |
| 63  | L Gordon        | SphinxAc     | 21:55    | 1:07:56  | + 1  |
| 64  | Lisa Rees       | Barrow Run B | 24:38    | 1:08:55  | - 1  |
| 65  | Jackie Loader   | Bitton RR C  | 23:05    | 1:09:55  | 0    |
| 66  | Debbie Elliott  | Halesowen C  | 24:13    | 1:12:21  | 0    |

#### Fastest runners over stage 3:

|    |                 |              |       |
|----|-----------------|--------------|-------|
| 1  | H Whitmore      | Charnwood A  | 14:40 |
| 2  | Kim Fawke       | Telford Ac A | 14:55 |
| 3  | Debbie Waleters | Birchfield A | 15:05 |
| 4  | Nikk DeLaSalle  | Notts Ac A   | 15:32 |
| 5  | Helen Fines     | Bristol&W A  | 15:56 |
| 6  | Debbie Marsden  | Charnwood B  | 16:00 |
| 7  | D Stewart       | Coventry G A | 16:11 |
| 8  | Kokob Mehere    | Bristol&W B  | 16:24 |
| 9  | Jane Dickens    | Trentham R A | 16:47 |
| 10 | Marcella Scott  | Birmingham   | 16:52 |

# MCAA Road Relays

## at Sutton Park, Birmingham on Saturday 20th September 2008

### Senior Women Stage 4 — Final Results

| Pos | Name           | Club         | Leg Time | Cum Time     | Gain |                                      |                |              |       |              |
|-----|----------------|--------------|----------|--------------|------|--------------------------------------|----------------|--------------|-------|--------------|
| 1   | Jane Potter    | Charnwood A  | 14:41    | 59:55        | 0    | 37                                   | Laura Leslie   | Bournville B | 20:24 | 1:16:38 + 2  |
| 2   | S Barnes       | Bristol&W A  | 15:18    | 1:01:16 + 1  |      | 38                                   | Sharon Kibble  | Stourbridg   | 19:34 | 1:16:47 + 7  |
| 3   | Kathy Ansell   | Telford Ac A | 16:04    | 1:01:29 - 1  |      | 39                                   | Lisa Dimbleby  | Birchfield C | 20:17 | 1:16:56 + 4  |
| 4   | Sarah Simmons  | Coventry G A | 15:51    | 1:03:54 + 2  |      | 40                                   | Sian Harrison  | Birmingham   | 20:52 | 1:17:36 + 4  |
| 5   | S Williams     | Birchfield A | 16:18    | 1:03:57 - 1  |      | 41                                   | Katy Kenyon    | Harborough A | 19:18 | 1:17:52 + 7  |
| 6   | Claire Wilson  | Charnwood B  | 16:03    | 1:04:43 + 2  |      | 42                                   | Ann Kirkham    | Coventry G B | 22:01 | 1:18:03 - 6  |
| 7   | Sarah Costin   | Notts Ac A   | 17:24    | 1:05:23 - 2  |      | 43                                   | C Shubotham    | Trentham R B | 22:16 | 1:18:10 - 8  |
| 8   | C Stevinson    | Bristol&W B  | 16:50    | 1:05:24 - 1  |      | 44                                   | Mel Hepke      | BromsRedd    | 19:35 | 1:18:12 + 5  |
| 9   | Vicky Owen     | Trentham R A | 16:37    | 1:06:30      | 0    | 45                                   | Maddy Collinge | Mansfield B  | 19:55 | 1:18:59 + 5  |
| 10  | Helen Rollins  | Kettering    | 15:49    | 1:06:58 + 5  |      | 46                                   | Jean Fleming   | SolihullSH B | 20:11 | 1:19:38 + 5  |
| 11  | R Freeman      | SolihullSH A | 17:32    | 1:07:33 - 1  |      | 47                                   | Harriet Riley  | Newcastle    | 20:53 | 1:20:36 + 5  |
| 12  | Jenny Jeeves   | Leamington A | 17:44    | 1:07:50 - 1  |      | 48                                   | Sarah Mackness | Telford Ac B | 25:50 | 1:21:01 - 16 |
| 13  | Helen Burrell  | Redhill RR   | 16:11    | 1:07:53 + 9  |      | 49                                   | Veronica Ford  | GreatWest B  | 19:35 | 1:21:24 + 5  |
| 14  | Sarah Hanley   | Stroud & D   | 16:48    | 1:08:13 + 6  |      | 50                                   | E Lander       | Bournville C | 21:35 | 1:24:29 + 7  |
| 15  | Julia Belyavin | Bristol&W C  | 17:08    | 1:08:22 + 1  |      | 51                                   | Pam Edwards    | Halesowen B  | 22:37 | 1:24:48 + 4  |
| 16  | Sally Gray     | Bournville A | 16:52    | 1:08:23 + 5  |      | 52                                   | L Pinfield     | Lichfield A  | 21:08 | 1:25:17 + 8  |
| 17  | Sophie Voller  | Westbury H A | 17:09    | 1:08:28      | 0    | 53                                   | Holly O'Meira  | Birchfield D | 22:36 | 1:25:27 + 3  |
| 18  | Keri Genders   | Cannock&S    | 17:57    | 1:08:43 - 5  |      | 54                                   | Kathryn Stuart | Sphinx Ac    | 18:14 | 1:26:10 + 9  |
| 19  | Cath Mijovic   | Birchfield B | 17:31    | 1:08:55      | 0    | 55                                   | Pam McEntee    | Wolverhamp A | 23:10 | 1:26:27 + 3  |
| 20  | N Pembleton    | Mansfield A  | 18:39    | 1:09:11 - 8  |      | 56                                   | M Harris       | Sparkhill    | 23:46 | 1:27:32 + 3  |
| 21  | Alice Thomas   | Cirenceste   | 18:29    | 1:09:22 - 7  |      | 57                                   | Gaye Clough    | West Bromw   | 27:26 | 1:29:05 - 4  |
| 22  | Kate Ramsey    | Barrow Run A | 15:49    | 1:10:23 + 7  |      | 58                                   | Zoe Hodge      | SaracensRC A | 24:50 | 1:29:21 + 3  |
| 23  | M Kerfoot      | Bitton RR A  | 17:43    | 1:10:42 + 2  |      | 59                                   | Laura Boulty   | Notts Ac C   | 24:22 | 1:30:02 + 3  |
| 24  | Andrea Culp    | GreatWest A  | 17:13    | 1:11:17 + 4  |      | 60                                   | Jackie Zajac   | Bitton RR C  | 22:32 | 1:32:27 + 5  |
| 25  | Sue Davies     | Tipton Har A | 18:41    | 1:11:46 + 1  |      | 61                                   | Clare Fielden  | Halesowen C  | 22:18 | 1:34:39 + 5  |
| 26  | Simone Wilson  | Nuneaton R A | 18:54    | 1:12:40 + 1  |      | <b>Fastest runners over stage 4:</b> |                |              |       |              |
| 27  | Pauline Barnes | Severn Ac    | 20:33    | 1:12:47 - 3  |      | 1                                    | Jane Potter    | Charnwood A  | 14:41 |              |
| 28  | Cathy Dudfield | Tewkesbury   | 19:25    | 1:14:24 + 2  |      | 2                                    | S Barnes       | Bristol&W A  | 15:18 |              |
| 29  | E Smith        | Westbury H B | 18:10    | 1:14:33 + 11 |      | 3                                    | Kate Ramsey    | Barrow Run A | 15:49 |              |
| 30  | Gemma Collier  | Gloucester   | 19:00    | 1:14:39 + 4  |      | 4                                    | Helen Rollins  | Kettering    | 15:49 |              |
| 31  | Loraine Botham | Notts Ac B   | 20:06    | 1:15:09      | 0    | 5                                    | Sarah Simmons  | Coventry G A | 15:51 |              |
| 32  | Nina Jowett    | Halesowen A  | 19:26    | 1:15:31 + 5  |      | 6                                    | Claire Wilson  | Charnwood B  | 16:03 |              |
| 33  | Chris Skellern | Stafford H   | 19:23    | 1:16:02 + 9  |      | 7                                    | Kathy Ansell   | Telford Ac A | 16:04 |              |
| 34  | M Maidment     | Centurion    | 20:06    | 1:16:14 + 4  |      | 8                                    | Helen Burrell  | Redhill RR   | 16:11 |              |
| 35  | V Hawkins      | Bitton RR B  | 18:10    | 1:16:17 + 12 |      | 9                                    | S Williams     | Birchfield A | 16:18 |              |
| 36  | Paula Hall     | Clevedon A   | 19:16    | 1:16:32 + 10 |      | 10                                   | Vicky Owen     | Trentham R A | 16:37 |              |

# MCAA Road Relays

at Sutton Park, Birmingham on Saturday 20th September 2008

## Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

|  |   |   |  |
|--|---|---|--|
| <b>1 CharnwoodAc</b><br>1 Clare Mensley (6) 15:20<br>3 H Whitmore (1) 14:40                      | <b>'A'</b> <b>59:55</b><br>2 Sarah Maude (3) 15:14<br>4 Jane Potter (1) 14:41           | <b>18 Cannock &amp; Stafford AC</b><br>1 Stacey Johnson (1) 14:25<br>3 S Pickering (13) 18:01     | <b>1:08:43</b><br>2 Cally Read (14) 18:20<br>4 Keri Genders (18) 17:57               |
| <b>2 Bristol &amp; West AC</b><br>1 Katie Knowles (4) 15:05<br>3 Helen Fines (3) 15:56           | <b>'A'</b> <b>1:01:16</b><br>2 Kate Goodhead (1) 14:57<br>4 S Barnes (2) 15:18          | <b>19 Birchfield Harriers</b><br>1 Rachel Cook (24) 16:51<br>3 Emma Lines (19) 17:53              | <b>'B'</b> <b>1:08:55</b><br>2 Sally Latham (20) 16:40<br>4 Cath Mijovic (19) 17:31  |
| <b>3 Telford Ac</b><br>1 Claire Martin (3) 14:57<br>3 Kim Fawke (2) 14:55                        | <b>'A'</b> <b>1:01:29</b><br>2 Sian Davies (2) 15:33<br>4 Kathy Ansell (3) 16:04        | <b>20 Mansfield Harriers &amp; Ac</b><br>1 Natalie Yates (11) 15:46<br>3 Miriam Tedder (12) 18:42 | <b>'A'</b> <b>1:09:11</b><br>2 Liz Lilly (4) 16:04<br>4 N Pembleton (20) 18:39       |
| <b>4 Coventry Godiva Harriers</b><br>1 Rachel Buxton (13) 16:12<br>3 D Stewart (6) 16:11         | <b>'A'</b> <b>1:03:54</b><br>2 M Kirkham (5) 15:40<br>4 Sarah Simmons (4) 15:51         | <b>21 Cirencester Ac</b><br>1 Wendy Nicholls (2) 14:33<br>3 Jenny Manners (14) 17:52              | <b>1:09:22</b><br>2 Jane Thomas (16) 18:28<br>4 Alice Thomas (21) 18:29              |
| <b>5 Birchfield Harriers</b><br>1 Emma Phillis (9) 15:44<br>3 Debbie Waletts (4) 15:05           | <b>'A'</b> <b>1:03:57</b><br>2 Clare Grice (9) 16:50<br>4 S Williams (5) 16:18          | <b>22 Barrow Runners</b><br>1 Emily Ault (18) 16:28<br>3 J Robinson (29) 19:32                    | <b>'A'</b> <b>1:10:23</b><br>2 Ann Hillier (27) 18:34<br>4 Kate Ramsey (22) 15:49    |
| <b>6 CharnwoodAc</b><br>1 Katie Lomas (22) 16:42<br>3 Debbie Marsden (8) 16:00                   | <b>'B'</b> <b>1:04:43</b><br>2 Kim Looms (13) 15:58<br>4 Claire Wilson (6) 16:03        | <b>23 Bitton Road Runners</b><br>1 Sally Curnow (35) 17:53<br>3 Lynette Porter (25) 17:24         | <b>'A'</b> <b>1:10:42</b><br>2 Fiona Cramp (29) 17:42<br>4 M Kerfoot (23) 17:43      |
| <b>7 Notts Ac</b><br>1 Nicola Bamford (7) 15:34<br>3 Nikk DeLaSalle (5) 15:32                    | <b>'A'</b> <b>1:05:23</b><br>2 Ellen Butler (7) 16:53<br>4 Sarah Costin (7) 17:24       | <b>24 Great Western Runners</b><br>1 Helen Brew (26) 17:09<br>3 C McNeilly (28) 18:01             | <b>'A'</b> <b>1:11:17</b><br>2 Lucy Ellis (32) 18:54<br>4 Andrea Culp (24) 17:13     |
| <b>8 Bristol &amp; West AC</b><br>1 S Richards (17) 16:22<br>3 Kokob Mehere (7) 16:24            | <b>'B'</b> <b>1:05:24</b><br>2 I Ainsworth (6) 15:48<br>4 C Stevinson (8) 16:50         | <b>25 Tipton Harriers</b><br>1 Amie Fithem (27) 17:11<br>3 Sarah Smith (26) 19:53                 | <b>'A'</b> <b>1:11:46</b><br>2 S Walker (18) 16:01<br>4 Sue Davies (25) 18:41        |
| <b>9 Trentham Rc</b><br>1 Adela Salt (16) 16:22<br>3 Jane Dickens (9) 16:47                      | <b>'A'</b> <b>1:06:30</b><br>2 Sarah Johnson (17) 16:44<br>4 Vicky Owen (9) 16:37       | <b>26 Nuneaton Rc</b><br>1 E Greenfield (29) 17:16<br>3 Mary Hall (27) 18:28                      | <b>'A'</b> <b>1:12:40</b><br>2 Rachel Chard (28) 18:02<br>4 Simone Wilson (26) 18:54 |
| <b>10 Kettering Town Harriers</b><br>1 V Rollins (14) 16:18<br>3 Rebecca Hall (15) 18:40         | <b>1:06:58</b><br>2 Hayley Munn (8) 16:11<br>4 Helen Rollins (10) 15:49                 | <b>27 Severn Ac</b><br>1 Jo Fletcher (19) 16:34<br>3 S Underhill (24) 19:37                       | <b>1:12:47</b><br>2 Lucie Woodyatt (11) 16:03<br>4 Pauline Barnes (27) 20:33         |
| <b>11 Solihull &amp; Small Heath AC</b><br>1 Helen Finch (20) 16:36<br>3 Joanne Finch (10) 17:25 | <b>'A'</b> <b>1:07:33</b><br>2 Lucy Flanner (10) 16:00<br>4 R Freeman (11) 17:32        | <b>28 Tewkesbury Ac</b><br>1 Michelle Laws (38) 17:59<br>3 Angie Sadler (30) 17:35                | <b>1:14:24</b><br>2 Carol Cowley (40) 19:25<br>4 Cathy Dudfield (28) 19:25           |
| <b>12 Leamington C &amp; Ac</b><br>1 Sue Harrison (5) 15:14<br>3 M Williamson (11) 17:18         | <b>'A'</b> <b>1:07:50</b><br>2 C O'Carroll (15) 17:34<br>4 Jenny Jeeves (12) 17:44      | <b>29 Westbury Harriers</b><br>1 Sarah Thome (50) 18:52<br>3 Tamsin Chick (40) 18:33              | <b>'B'</b> <b>1:14:33</b><br>2 Pat Gallagher (43) 18:58<br>4 E Smith (29) 18:10      |
| <b>13 Redhill Road Runners</b><br>1 Carolyn Hay (15) 16:20<br>3 C Charlton (22) 18:05            | <b>1:07:53</b><br>2 Mary Bolland (22) 17:17<br>4 Helen Burrell (13) 16:11               | <b>30 Gloucester Ac</b><br>1 Emma Jeffery (49) 18:50<br>3 A Edwards (34) 19:45                    | <b>1:14:39</b><br>2 Lorraine Ryan (31) 17:04<br>4 Gemma Collier (30) 19:00           |
| <b>14 Stroud &amp; District Ac</b><br>1 Louise Durman (10) 15:44<br>3 Sally Frapwell (20) 18:46  | <b>1:08:13</b><br>2 Jo Fifield (12) 16:55<br>4 Sarah Hanley (14) 16:48                  | <b>31 Notts Ac</b><br>1 Tracey Hallam (46) 18:42<br>3 Lisa Morris (31) 18:21                      | <b>'B'</b> <b>1:15:09</b><br>2 J Lambourne (37) 18:00<br>4 Loraine Botham (31) 20:06 |
| <b>15 Bristol &amp; West AC</b><br>1 Vicky Tester (21) 16:38<br>3 S Harding (16) 17:20           | <b>'C'</b> <b>1:08:22</b><br>2 Clare-L Conway (25) 17:16<br>4 Julia Belyavin (15) 17:08 | <b>32 Halesowen C &amp; Ac</b><br>1 Beth Young (37) 17:55<br>3 Jackie Bradshaw (37) 19:35         | <b>'A'</b> <b>1:15:31</b><br>2 Kim Braznell (35) 18:35<br>4 Nina Jowett (32) 19:26   |
| <b>16 Bournville Harriers</b><br>1 Melanie James (12) 15:47<br>3 M Hensman (21) 18:14            | <b>'A'</b> <b>1:08:23</b><br>2 M Kenchington (19) 17:30<br>4 Sally Gray (16) 16:52      | <b>33 Stafford Harriers</b><br>1 Ruth Umerah (41) 18:11<br>3 Esther Purdy (42) 20:31              | <b>1:16:02</b><br>2 Lisa Percox (33) 17:57<br>4 Chris Skellern (33) 19:23            |
| <b>17 Westbury Harriers</b><br>1 Robyn Golding (31) 17:25<br>3 Jane Khan (17) 17:40              | <b>'A'</b> <b>1:08:28</b><br>2 C Dulla (23) 16:14<br>4 Sophie Voller (17) 17:09         | <b>34 Centurion Rc</b><br>1 Sharon Townley (43) 18:14<br>3 Mary Williams (38) 19:46               | <b>1:16:14</b><br>2 Debbie Bradley (34) 18:08<br>4 M Maidment (34) 20:06             |

# MCAA Road Relays

## at Sutton Park, Birmingham on Saturday 20th September 2008

|  |                             |   |                             |
|--|-----------------------------|---|-----------------------------|
| <b>35 Bitton Road Runners</b>  | <b>'B'</b> 1:16:17          | <b>53 Birchfield Harriers</b>   | <b>'D'</b> 1:25:27          |
| 1 Fayme White (44) 18:36   | 2 Claire Spick (51) 20:20   | 1 Sarah Capewell (66) 22:00   | 2 Louise Harman (57) 19:45  |
| 3 Becky Hayward (47) 19:11   | 4 V Hawkins (35) 18:10      | 3 N Jakovenko (56) 21:06  | 4 Holly O'Meira (53) 22:36  |
| <b>36 Clevedon Ac</b>  | <b>1:16:32</b>              | <b>54 Sphinx Ac</b>   | <b>1:26:10</b>              |
| 1 Hayley Mariott (39) 18:08  | 2 Linda Rockett (42) 19:33  | 1 Tracey Higgins (68) 22:17   | 2 Helen Rathbone (64) 23:44 |
| 3 Dawn Barcham (46) 19:35  | 4 Paula Hall (36) 19:16     | 3 L Gordon (63) 21:55   | 4 Kathym Stuart (54) 18:14  |
| <b>37 Bournville Harriers</b>  | <b>'B'</b> 1:16:38          | <b>55 Wolverhampton &amp; Bilston AC</b>  | <b>'A'</b> 1:26:27          |
| 1 Linda Howell (28) 17:13  | 2 Tania Ugwu (38) 19:41     | 1 Kerry Holt (60) 20:58   | 2 Abi Reynolds (58) 20:50   |
| 3 C Harlan-Marks (39) 19:20  | 4 Laura Leslie (37) 20:24   | 3 J Carroll (58) 21:29  | 4 Pam McEntee (55) 23:10    |
| <b>38 Stourbridge Rc</b>   | <b>1:16:47</b>              | <b>56 Sparkhill Harriers</b>  | <b>1:27:32</b>              |
| 1 Joan Clarke (36) 17:55   | 2 Dawn Bishop (46) 20:05    | 1 S Evans (42) 18:12  | 2 M Ehrenberg (56) 22:50    |
| 3 Nikki Davies (45) 19:13  | 4 Sharon Kibble (38) 19:34  | 3 C Austin (59) 22:44   | 4 M Harris (56) 23:46       |
| <b>39 Birchfield Harriers</b>  | <b>'C'</b> 1:16:56          | <b>57 West Bromwich Harriers</b>  | <b>1:29:05</b>              |
| 1 Aimee Booth (48) 18:43   | 2 C Beaumont (45) 19:16     | 1 Kuldeep Samra (40) 18:09  | 2 Diane Edge (47) 20:19     |
| 3 Val Carter (43) 18:40  | 4 Lisa Dimbleby (39) 20:17  | 3 Usha Hira (53) 23:11  | 4 Gaye Clough (57) 27:26    |
| <b>40 Birmingham Rowheath Ac</b>   | <b>1:17:36</b>              | <b>58 Saracens RC</b>   | <b>'A'</b> 1:29:21          |
| 1 Kerri James (59) 20:26   | 2 E Qusted (52) 19:26       | 1 Helen Marsay (64) 21:30   | 2 Vicki Timms (61) 21:30    |
| 3 Marcella Scott (44) 16:52  | 4 Sian Harrison (40) 20:52  | 3 Jane Edwards (61) 21:31   | 4 Zoe Hodge (58) 24:50      |
| <b>41 Harborough Ac</b>  | <b>'A'</b> 1:17:52          | <b>59 Notts Ac</b>  | <b>'C'</b> 1:30:02          |
| 1 Karen Brooks (33) 17:38  | 2 Lianne Brooks (41) 20:02  | 1 Janet Speak (62) 21:10  | 2 Wendy Kane (59) 21:15     |
| 3 Ruth Bingham (48) 20:54  | 4 Katy Kenyon (41) 19:18    | 3 R Whittaker (62) 23:15  | 4 Laura Boultyby (59) 24:22 |
| <b>42 Coventry Godiva Harriers</b>   | <b>'B'</b> 1:18:03          | <b>60 Bitton Road Runners</b>   | <b>'C'</b> 1:32:27          |
| 1 Christa James (45) 18:36   | 2 Lyn McDonald (39) 18:20   | 1 Kim Pope (58) 20:21   | 2 Natali Collins (65) 26:29 |
| 3 E Williams (36) 19:06  | 4 Ann Kirkham (42) 22:01    | 3 Jackie Loader (65) 23:05  | 4 Jackie Zajac (60) 22:32   |
| <b>43 Trentham Rc</b>  | <b>'B'</b> 1:18:10          | <b>61 Halesowen C &amp; Ac</b>  | <b>'C'</b> 1:34:39          |
| 1 L Callaghan (32) 17:28   | 2 Joanne Edward (30) 18:10  | 1 Anne Cosimetti (67) 22:07   | 2 G MacKinnon (66) 26:01    |
| 3 Jill Phillips (35) 20:16   | 4 C Shubotham (43) 22:16    | 3 Debbie Elliott (66) 24:13   | 4 Clare Fielden (61) 22:18  |
| <b>44 Bromsgrove &amp; Redditch AC</b>   | <b>1:18:12</b>              | <b>Incomplete Teams:</b>  |                             |
| 1 Jane Anderson (55) 19:46   | 2 Tamara Ball (53) 20:33    | <b>Charnwood Ac</b>   |                             |
| 3 Jeanette Malin (49) 18:18  | 4 Mel Hepke (44) 19:35      | <b>'C'</b> 51:20  |                             |
| <b>45 Mansfield Harriers &amp; Ac</b>  | <b>'B'</b> 1:18:59          | 1 Amber Magee (30) 17:19  | 2 Beverley Gray (21) 16:15  |
| 1 Katrina Green (53) 19:30   | 2 Eva Williams (50) 19:26   | 3 Laura Johnson (18) 17:46  |                             |
| 3 Jane Stafford (50) 20:08   | 4 Maddy Collinge (45) 19:55 | <b>Royal Sutton Coldfield</b>   |                             |
| <b>46 Solihull &amp; Small Heath AC</b>  | <b>'B'</b> 1:19:38          | 1 Olivia Kenney (8) 15:35   | 2 Holly Darlow (24) 18:17   |
| 1 Samantha Smith (51) 19:09  | 2 Heather Fooks (48) 19:28  | 3 Sue Curry (23) 17:54  |                             |
| 3 J Foster (51) 20:50  | 4 Jean Fleming (46) 20:11   | <b>Northbrook Ac</b>  |                             |
| <b>47 Newcastle (staffs) Ac</b>  | <b>1:20:36</b>              | 1 Rebecca Smith (25) 16:52  | 2 Amanda Deavy (26) 17:09   |
| 1 Melanie Young (34) 17:49   | 2 Rebecca Ibbs (49) 21:04   | 3 Cathrine Fenn (33) 21:26  |                             |
| 3 Belinda Riley (52) 20:50   | 4 Harriet Riley (47) 20:53  | <b>Sutton In Ashfield Harriers &amp;</b>  |                             |
| <b>48 Telford Ac</b>   | <b>'B'</b> 1:21:01          | 1 C Britnell (47) 18:42   | 2 A Whittingham (44) 19:13  |
| 1 C Lancaster (52) 19:24   | 2 Julie Kirby (36) 17:08    | 3 Amanda Clarke (41) 18:30  |                             |
| 3 Juliet Hoad (32) 18:39   | 4 Sarah Mackness (48) 25:50 | <b>Barrow Runners</b>   |                             |
| <b>49 Great Western Runners</b>  | <b>'B'</b> 1:21:24          | 1 Jacky Reynolds (65) 21:50   | 2 Sue Zurawliw (63) 22:27   |
| 1 C Barclay (54) 19:45   | 2 S Passey (55) 21:02       | 3 Lisa Rees (64) 24:38  |                             |
| 3 Linzy Ottley (54) 21:02  | 4 Veronica Ford (49) 19:35  | <b>Birchfield Harriers</b>  |                             |
| <b>50 Bournville Harriers</b>  | <b>'C'</b> 1:24:29          | 1 Rachel Denham (61) 21:08  | 2 Wendy Morant (67) 28:47   |
| 1 Kathryn Abbott (63) 21:18  | 2 M Thompson (60) 21:12     | <b>Stratford On Avon</b>  |                             |
| 3 Sarah Rock (57) 20:24  | 4 E Lander (50) 21:35       | <b>16:49</b>  |                             |
| <b>51 Halesowen C &amp; Ac</b>   | <b>'B'</b> 1:24:48          | 1 Dawn Davies (23) 16:49  |                             |
| 1 Ellen Ambrose (57) 20:09   | 2 Helen Attwood (54) 20:27  | <b>Tipton Harriers</b>  |                             |
| 3 Helena Bustin (55) 21:35   | 4 Pam Edwards (51) 22:37    | <b>'B'</b> 19:52  |                             |
| <b>52 Lichfield Rc</b>   | <b>'A'</b> 1:25:17          | 1 Hannah Smith (56) 19:52   |                             |
| 1 Sarah Brown (69) 22:46   | 2 Emma Gaffney (62) 21:01   | <b>Nuneaton Rc</b>  |                             |
| 3 Sarah Jemmett (60) 20:22   | 4 L Pinfield (52) 21:08     | <b>'B'</b> 23:15  |                             |
| <b>Event software © G.J. Fecitt (SportSoft) Tel &amp; Fax: 01204 884887</b>  |                             | <b>Fastest of all legs</b>  |                             |
| <b>Full results will be on the internet tonight at <a href="http://www.race-results.co.uk/">http://www.race-results.co.uk/</a></b> |                             | 1 Stacey Johnson  | Cannock & S 14:25           |
|  |                             | 2 Wendy Nicholls  | Cirencester 14:33           |
|  |                             | 3 H Whitmore  | Charnwood A 14:40           |
|  |                             | 4 Jane Potter   | Charnwood A 14:41           |
|  |                             | 5 Kim Fawke   | Telford Ac A 14:55          |
|  |                             | 6 Claire Martin   | Telford Ac A 14:57          |
|  |                             | = Kate Goodhead   | Bristol & W A 14:57         |
|  |                             | <b>SportSoft</b>  |                             |
|  |                             | <b>email <a href="mailto:graham@race-results.co.uk">graham@race-results.co.uk</a></b> |                             |